



OUR LADY *of* LOURDES

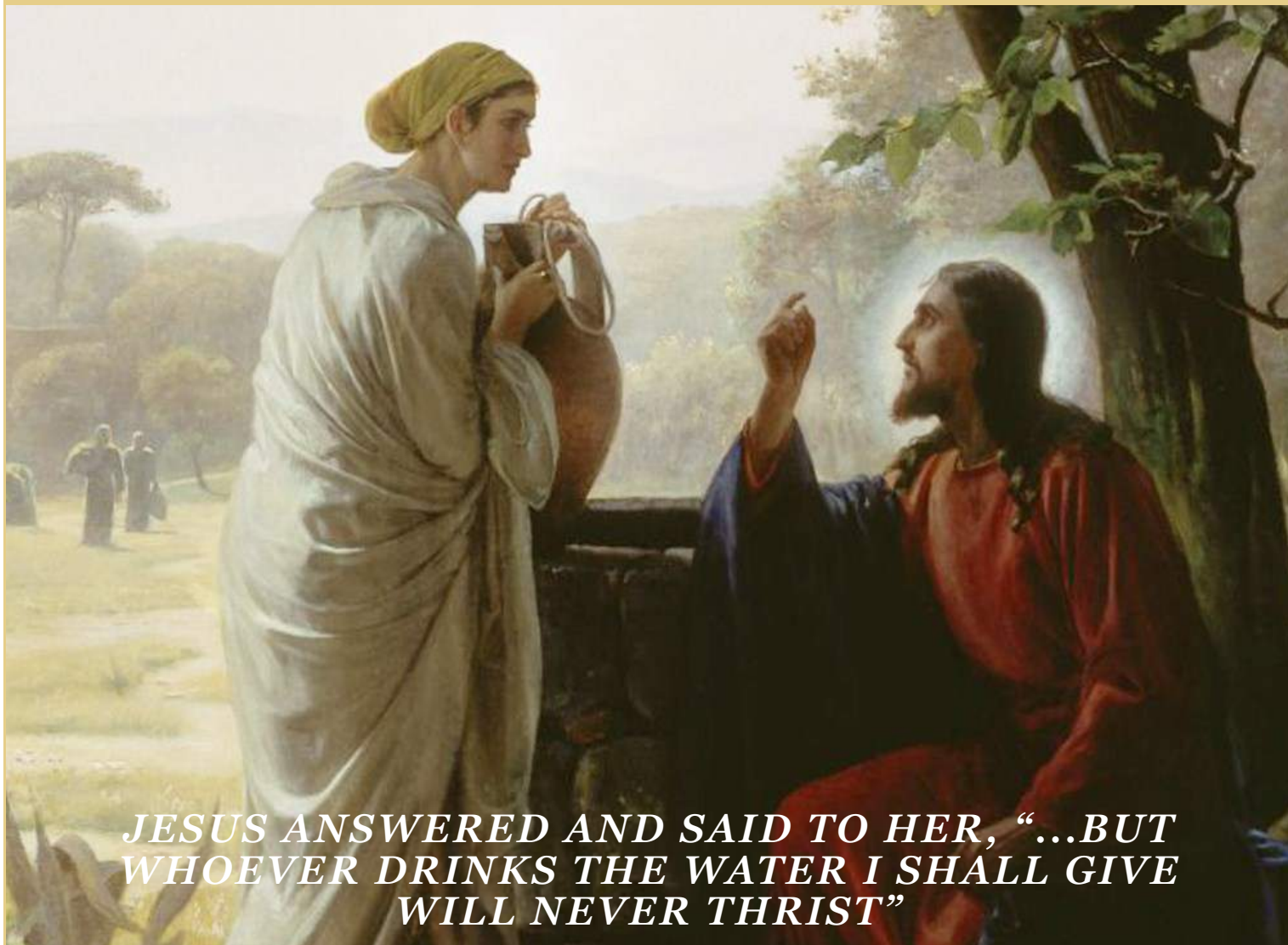
NUESTRA SEÑORA *de* LOURDES

MARCH 3, 2024

THIRD SUNDAY OF LENT

3 DE MARZO, 2024

TERCER DOMINGO DE CUARESMA



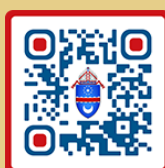
JESUS ANSWERED AND SAID TO HER, "...BUT WHOEVER DRINKS THE WATER I SHALL GIVE WILL NEVER THIRST"



Parish
Registration



Make One-Time
Donation



Bishop's
Lenten Appeal



Faith Direct for
eGiving

PARISH INFORMATION

OFFICE HOURS

Monday – Friday: 8:00 AM – 4:00 PM

REGISTRATION

Visit WWW.OLOLCC.NET and click “I’m New” to join our parish.

MASS SCHEDULE

Sunday Mass: 5:30 PM Vigil (Saturday)
8:00 AM * 10:00 AM * 12:00 PM * 5:00 PM (Español)
Monday-Friday: 6:45 AM * 12:00 PM
Saturday morning: 9:00 AM
July 4th & Thanksgiving: 10:00 AM
All Other Federal Holidays: 9:00 AM
Holy Days of Obligation: 7:00 PM Vigil * 6:45 AM *
12:00 PM * 7:00 PM

• Note schedule changes for Christmas, Holy Week, Easter, and other Holidays and special occasions.

CONFESSIONS

Saturday: 4:00 PM – 5:00 PM

Sunday: 4:15 PM – 4:45 PM (Español)

Tuesday, Thursday & Friday: 12:30 PM

• Note: Special Confession schedules during Advent, Lent and Holy Week.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

EXPOSITION OF THE BLESSED SACRAMENT

Fridays: 12:30 PM – 3:00 PM

ROSARY

Monday – Friday: 6:15 AM * 11:30 AM

Tuesday: 7:00 PM

Saturday: 9:30 AM

DEVOTIONS

Miraculous Medal Novena - Wednesday: 12:30 PM

Divine Mercy Chaplet - Friday: 3:00 PM

CLERGY

Fr. Frederick H. Edlefsen, *Pastor*

Fr. Joseph R. Kenna, *Parochial Vicar*

Fr. Daniel L. Mode, *In Residence*

Fr. Steven R. Walker, *In Residence*

STAFF

Ms. Debra Corrie, *Office Manager*

Mrs. Mary Ellen Hill, *Office Assistant*

Mrs. Esperanza Miranda, *Office Assistant*

Ms. Leigh Hasson, *Director of Religious Education (DRE)*

Mr. Tom Bartolomeo, *Director of Music*



SACRAMENTS

BAPTISM

Children’s Baptisms arranged by appointment.

Visit WWW.OLOLCC.NET and click “Mass & More” and “Baptism” to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare for First Holy Communion in our two-year CCD program. Visit WWW.OLOLCC.NET “Get Involved” and “Religious Education” to register.

CONFIRMATION

Grades 7 & 8 prepare for Confirmation in our CCD program. Visit WWW.OLOLCC.NET and click “Get Involved” and “Religious Education” to register. Or contact Leigh Hasson at dre@ololcc.net. Youth Ages 14-17: Contact Leigh Hasson at dre@ololcc.net for more information.

Baptized Adults 18+: Follow the prompts on “How Can I Help You” on our website WWW.OLOLCC.NET or contact the Rectory Office.

BECOMING CATHOLIC & ADULT CONFIRMATION

The Order of Christian Initiation for Adults (OCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall with a view to receiving these Sacraments at the Easter Vigil Mass. Visit WWW.OLOLCC.NET and click “Get Involved” and “Explore Catholicism” to register. Or call the Rectory Office to speak with a priest.

GODPARENTS AND CONFIRMATION SPONSORS

Have you been asked to be Godparent or Confirmation Sponsor? Go to our website and click “How Can We Help You?” and follow the prompts for Sacraments of Initiation and Godparents/Sponsors. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at WWW.OLOLCC.NET under “Mass & More” and “Marriage Prep”



Honor a loved one with a Mass
at Our Lady of Lourdes!

Contact the Rectory Office
703.684.9261 or OLOL@OLOLCC.net

March 3, 2024

Third Week of Lent
WEEKLY MASS INTENTIONS

SATURDAY

MARCH 2

9:00 AM Joseph and Julia Smith by The Smith Family
5:30 PM Mrs. Showane Smith

SUNDAY

MARCH 3

Third Sunday of Lent

8:00 AM + Monsignor Roy Cosby
10:00 AM All Parishioners, Living & Deceased
12:00 PM + Joseph Zimmerman by Edwin Kindler
5:00 PM (Spanish) Celebrant's Intentions

MONDAY

MARCH 4

Saint Casimir

6:45 AM + Alan Kramer by Eve Kramer
12:00 PM + Virginia Beaver by Eve Kramer

TUESDAY

MARCH 5

6:45 AM Fr. Frederick Edlefsen
12:00 PM + H.B. Long Family by Diane Dusza

WEDNESDAY

MARCH 6

6:45 AM + Jean Rathle
12:00 PM + Beverley Long by Diane Dusza

THURSDAY

MARCH 7

Saints Perpetua and Felicity, Martyrs

6:45 AM All Souls in Purgatory by the Pronczuk Family
12:00 PM + Bob Kramer by Eve Kramer

FRIDAY

MARCH 8

Saint John of God, Religious

6:45 AM + Jean Rathle
12:00 PM Chris Ngo by Chris Ngo

OUR PARISH



PRAYER IN OUR PARISH

PLEASE PRAY FOR

Dana Gould, Paul Durand, Ed Boehme, April Garcia, José Silva, Rosa Diesquez, Parfait Williams, Bridget Hinds, Peter & Geraldine Filpi, Jim & Becky McManaman, Francis Xavier Eversole, Ron Harris, Jim Weingart and Ismael A. Zavala Umaña. Contact the Rectory Office at 703-684-9261 or OLOL@OLOLCC.NET to be included.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for 1 or 2 weeks of intimate prayer. Contact the Legion of Mary at csb1789@hotmail.com.



Stewardship Reflection

"You shall not carve idols for yourselves in the shape of anything..." Exodus 20:4

How many "gods" do you put before God? "Idols" do not always take the shape of physical things, things we can touch and feel. Those are easy to recognize. Many times they take the form of things we cannot touch and are much harder to spot like pride, power, ego, time, comfort or health. Pray for God's help to prune our vices and to grow in virtue.

THE WOMAN AT THE WELL

By Fr. Frederick Edlefsen



As Jesus hung dying on the Cross, he cried out, "I thirst." He thirsted not only for water, but for us. He thirsted with his Heart.

When Jesus encountered the Samaritan woman at Jacob's well, he said to her, "Give me a drink." The well was where men went to find a wife. Jesus was indeed looking for spouse – but not in the usual sense. He was looking to woo a sinner to his mercy. He wanted a spouse, not wedded by a natural bond but by Grace. Christ revealed a new kind of romance.

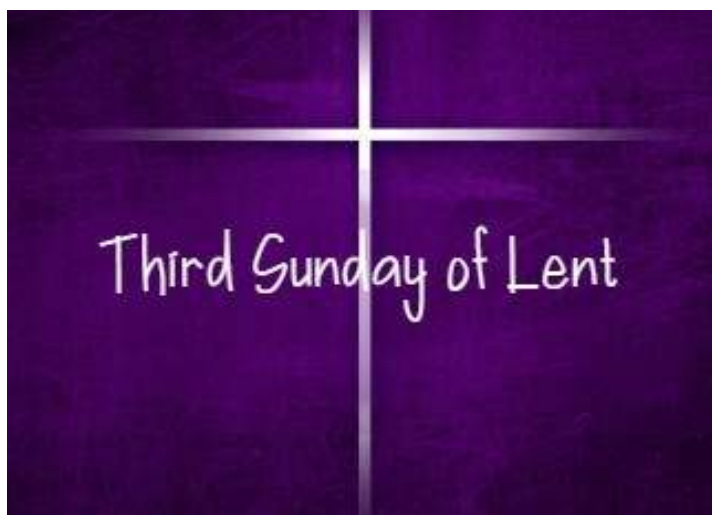
"My beloved speaks and says to me: arise, my love, my fair one, and come away; for the winter is past, the rain is over and gone. The flowers appear on the earth, the time of singing has come, and the voice of the turtle dove is heard in our land." (Song of Songs 2:10-12)

In a certain sense, the Samaritan woman was Eve. Her marriage was wounded by disobedience to God. But in Jesus, she once again found her long-lost Lover. "You have had five husbands," said Jesus, "and the one you have now is not your husband." The old Eve meets the new Adam. Romance is rekindled. Jesus removed love's obstacle: sin.

Jesus offered her "living water", that is, the Holy Spirit – who is, by definition, the mutual Love of the Father and the Son in the Trinity. The Holy Spirit is the "aroma" of Christ" (2 Corinthians 2:14). *"More delightful is your love than wine! Your name spoken is a spreading perfume...Draw me!" (Songs of Songs 1:2)*

Jesus reveals the woman's sins and purifies her. "I can see that you are a prophet," she says. "The hour is coming," says Jesus, "and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed, the Father seeks such people." She replies, "The Messiah...will tell us everything." Jesus told her everything. The woman was speechless. "Could he possibly be the Christ?" She fell in love again, for the first time.

This Lent, encounter Christ in your prayers, in your good works, in your penances, and in the confession of your sins. Make friends with the woman at the well.



Lord, let your mercy be on us, as we place **OUR TRUST** in you

Psalm 33:21



The Light is On For You
Celebrate the Sacrament of Reconciliation

**LENT IS THE PERFECT TIME TO EXPERIENCE
THE HEALING GRACE OF GOD'S MERCY**

CONFESSION SCHEDULE

WEDNESDAYS: 6:30 PM - 8:00 PM

FRIDAYS: 7:00 PM

LENT SCHEDULE

Wednesdays

6:30 PM - 8:00 PM Confessions

Fridays

7:00 PM Confessions

7:30 PM Stations of the Cross

TRIDUUM & EASTER SCHEDULE

Holy Thursday, March 28

7:00 PM Mass of the Lord's Supper
Adoration of the Blessed Sacrament following Mass
until 11:00 PM in Parish Hall

Good Friday, March 29

2:00 PM Confessions

3:00 PM Stations of the Cross

7:00 PM Liturgy of the Lord's Passion & Death

Holy Saturday, March 30

8:30 PM Easter Vigil Mass

Easter Sunday, March 31

Easter Masses * 8:00 AM * 10:00 AM
* 12:00 PM * 2:00 PM (Spanish)

LENT
A Season of Renewal



SAVE THE DATE

SAINT JOSEPH DAY

Patron Saint of the Universal Church

Tuesday, March 19

Saint Joseph Day is a Solemnity that falls in the midst of Lent, on March 19. It is not a day of fasting, but a day of feasting. Have a feast that day! Lenten penance is suspended on Saint Joseph Day.

But to continue our sacrifice of prayer...

THE BLESSED SACRAMENT WILL BE EXPOSED

Tuesday March 19

7:15 AM - 12 PM & 12:30 PM - 5:00 PM

SAINT JOSEPH, PRAY FOR US!

VOLUNTEER AT OUR LADY OF LOURDES

Share your unique gift with the parish!
Scan this QR code or visit our volunteer page on www.ololcc.net.

We have many ministries, and
WE NEED YOU.

Thank you for your support to
our Parish Community!



KNIGHTS OF COLUMBUS BREAKFAST

SUNDAY
MARCH 3



Each first Sunday of the month through May.
Mark your calendar and bring your appetite!

Did you know...

11% of our 1,041 parish families prayerfully made a sacrificial pledge to the Bishop's Lenten Appeal?

Share fully in the life of the of the parish.

Discover the joy of community.

Find a spiritual family & grow in holiness.

Register today. It's Important!

Visit our website and click "I'm New".

OLOLCC.NET

RELIGIOUS EDUCATION

FORMED

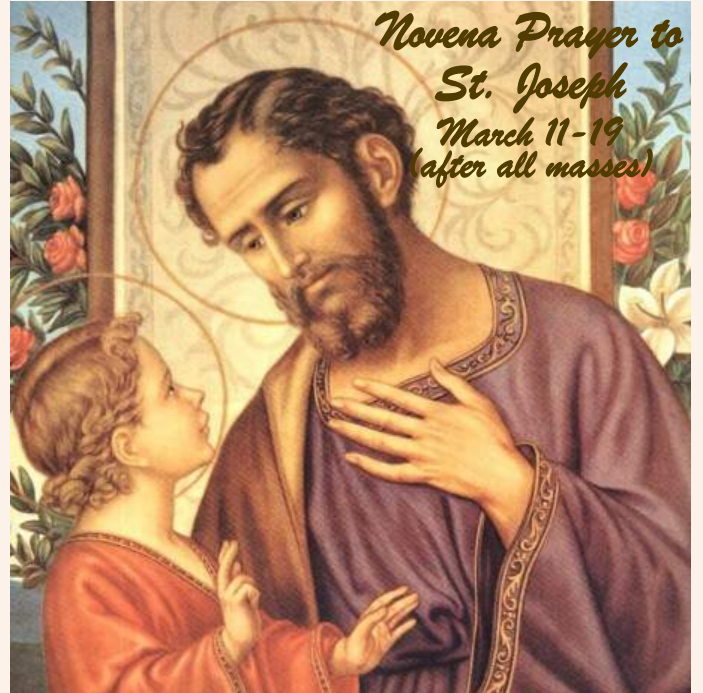
Free Catholic Films, Podcasts, Audio Books & More!

Your pre-paid access to a Catholic media service with hundreds of films, e-books, podcasts, study courses, & more is right on your computer, tablet, and your smartphone.

Register: formed.org/signup
Enter zip code "22202" or "Our Lady of Lourdes VA" to start enjoying great Catholic programming.



VOCATIONS



O blessed Joseph, guardian of the Redeemer, protector of the Virgin Mary, I ask you this day to be my guide through earthly life. I humbly beg you to bring the peace of the Holy Family to the entire human family. Bless us with your wisdom and courage. Receive all children as your own. Obtain for everyone the knowledge and love of the Heart of Jesus. Console the poor and marginalized. Guide and protect everyone through life's journey to the Face of God, now and every day, and at the hour of our death. Amen.

St. Joseph, pray for us

NATIONAL EUCHARISTIC REVIVAL

June 2023 – June 2024 Year of Parish Revival

This year, we are all called to renew our faith and life in the grace of the Church's sacraments. Father Edlefsen asks all parishioners to learn more about this year's Eucharistic Revival, taking place in parishes throughout the country.

<https://www.eucharisticrevival.org/>



RECONCILIATION

Known also as penance or confession, the sacrament of reconciliation, offers God's mercy and forgiveness and challenges us to be more virtuous. Five steps for a good confession:

- 1) Examine your conscience
- 2) Be sincerely sorry for your sins
- 3) Confess your sins
- 4) Resolve to amend your life
- 5) After confession, do the penance the priest assigns.

families that
PRAY TOGETHER
stay together.



"We proclaim Christ crucified... the power and wisdom of God".



Could Jesus be calling you to proclaim His life, death and resurrection as a priest, deacon or in consecrated life? Listen to Him and contact Fr. Michael Isenberg, Vocations Director, at (703) 841-2514 or email vocations@arlingtondiocese.org.

ARLINGTON DIOCESE



2024 BISHOP'S LENTEN APPEAL

Behold, I make all things new

This appeal provides an opportunity to unite us as a Catholic family to support over 40 programs, ministries and services helping tens of thousands of people in our diocese.

Our parish has achieved 11% of household participation to date. Help us reach our participation goal by prayerfully considering a pledge. Each donation is vital to the success of the appeal and the important work that it funds. You may complete a pledge card at Mass, mail in your pledge, or go to www.arlingtondiocese.org/BLA

PAENITENTIARIA APOSTOLICA



The Holy Father, Pope Francis, has granted the favor of a plenary indulgence on the occasion of our diocesan Golden Jubilee. The indulgence is granted to any member of the faithful who visit the Cathedral Church of Saint Thomas More on pilgrimage and carry out specific acts of prayer and devotion. The favor of the indulgence is in effect through the end of this calendar year. Please look at the full text of the decree, at <https://ololcc.net/blog/plenary-indulgence-opportunity->

STEWARDSHIP

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code or on the cover of this bulletin, or visit www.faithdirect.net and enter parish code **VA327**.



SECOND COLLECTION THIS WEEKEND

March 3 & 4 * Maintenance and Improvement

Help our church stay strong, safe and clean by donating to our parish Maintenance and Improvement Fund. Your donations keep our buildings comfortable, safe and ensure that our grounds and church look their best throughout the year. Thank you for your generosity!

Catholic Diocese of Arlington and Arlington Diocesan Council of Catholic Women

2024 WOMEN'S CONFERENCE

Behold, I Make All Things New

Saturday, March 9
St. Joseph Catholic Church
Herndon, VA

Cost is \$80.

Register at arlingtondiocese.org/women.



The Office of Marriage, Family and Respect Life of the Diocese of Arlington invites you to join a Holy Hour for healing and conversion in families, including those affected by abortion.

Tuesday, March 12
St. Leo the Great Catholic Church
Fairfax, VA

Every 2nd Tuesday of the month.
Confession will be available.



- Want to help our local needy? Check out our **Saint Vincent de Paul Society**
- Want to support our parish mission? Give online through **Faith Direct**
- Want to support our diocesan seminarians & ministries? Make a pledge to the **Bishop's Lenten Appeal**

THANK YOU FOR YOUR SUPPORT

SPONSOR OF THE WEEK

KATCHMARK

#1 Roofing Contractor in VA, MD and DC
703-817-0200 * katchmark.com

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. La carta debe tener sello de la parroquia, firmada por el párroco y ser enviada a Nuestra Señora de Lourdes una semana antes del día del bautismo. Próxima charla será el **Domingo, 31 de Marzo** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, por favor comunicarse con la oficina 7 -8 meses antes de la fecha del matrimonio al 703-684-9261.

EN ORACION POR

Dana Gould, Paul Durand, Ed Boehme, Rosa Diéquez, April García, Jim y Becky McManaman, Bridget Hinds, José Silva, Peter y Geraldine Filpi, Parfait Williams, Francis Xavier Eversole, and Ron Harris. Comuníquese con la Rectoría al 703-684-9261 o lol@lolcc.net si necesita incluir a alguien en oración.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



¿REGISTRO PARROQUIAL — POR QUE ES IMPORTANTE?

El registro parroquial ofrece una oportunidad única para participar plenamente en la vida de la parroquia, descubrir la alegría de una comunidad y una familia espiritual donde puedan crecer juntos en santidad. También es importante que se registre para que podamos atender a sus diversas necesidades, incluyendo preparación sacramental, educación religiosa y recibir certificados para ser padrinos. Para registrarse, utilice el código QR en la portada del boletín, visite www.olocc.net y haga clic en "Soy nuevo", o llame a la Rectoría al 703-684-9261.

DÍA DE SAN JOSÉ

Santo Patrono de la Iglesia Universal
Martes, 19 de marzo

El día de San José es una solemnidad que cae en medio de la Cuaresma. No es un día de ayuno, sino un día de fiesta. La penitencia cuaresmal se suspende el día de San José.

EL SANTISIMO SACRAMENTO SERÁ EXPUESTO

Martes 19 de Marzo
7:15 AM - 12 PM & 12:30 PM - 5:00 PM
¡SAN JOSÉ, RUEGA POR NOSOTROS!

La mujer en el pozo

Por el P. Frederick Edlefsen

Mientras Jesús colgaba moribundo en la Cruz, gritó: "Tengo sed". No solo tenía sed de agua, sino también de nosotros. Su sed venía de su corazón.

Cuando Jesús se encontró con la mujer samaritana en el pozo de Jacob, le dijo: "Dame de beber". El pozo era donde los hombres iban a buscar esposa. De hecho, Jesús estaba buscando esposa, pero no en el sentido habitual. Él estaba buscando a un pecador para mostrarle su misericordia. Jesús quería una esposa, no en casamiento a través de un vínculo natural, sino en unión por gracia divina. Cristo revela un nuevo tipo de romance.

"Mi amado habla y me dice: ¡levántate amada mía, y ven, hermosa mía! Porque ya pasó el invierno, cesaron y se fueron las lluvias. Las flores aparecieron sobre la tierra, ha llegado el tiempo de las canciones y se oye en nuestra tierra el arrullo de la tórtola". (Cantar de los Cantares 2:10-12)

En cierto sentido, la mujer samaritana era Eva. Su matrimonio con Adán fue herido por la desobediencia a Dios. Pero en Jesús, una vez más, Eva encuentra a su ser amado que estaba perdido desde hacia mucho tiempo. "Has tenido cinco maridos —dijo Jesús—, y el que tienes ahora no es tu marido". La antigua Eva se encuentra con el nuevo Adán. El romance se reaviva. Jesús elimina el gran obstáculo al amor: el pecado.

Jesús le ofreció a la mujer samaritana "agua viva", en otras palabras, al Espíritu Santo, que es, por definición, el Amor recíproco del Padre y del Hijo en la Divina Trinidad. El Espíritu Santo es el "aroma" de Cristo" (2 Corintios 2:14). "Porque tus amores son mas deliciosos que el vino... Tu nombre es un perfume que se derrama. Llévame contigo." (Cantar de los Cantares 1:2)

Jesús revela los pecados de la mujer y la purifica. "Señor, ya veo que eres profeta" dice la mujer. "Se acerca la hora", dice Jesús, "y ya está aquí, en que los que quieren dar culto verdadero adoraran al Padre en espíritu y en verdad, porque así es como el Padre quiere...". La mujer responde: "va a venir el Mesías...nos dará razón de todo". Jesús le revela todo. La mujer en el pozo se queda sin palabras. ¿Podría ser el Cristo? Su amor renace, por primera vez.

En esta Cuaresma, encuentra a Cristo en tus oraciones, en tus buenas obras, en tus penitencias y en la confesión de tus pecados. Hazte amigo de la mujer en el pozo.



AVIVAMIENTO EUCARÍSTICO NACIONAL

Junio 2023 – Junio 2024

Año de Avivamiento Parroquial

Durante este Año Nacional de Avivamiento Eucarístico, todos estamos llamados a renovar nuestra fe en la gracia de los sacramentos de la Iglesia. El Padre Edlefsen invita a todos los feligreses a aprender más sobre esta importante iniciativa que se está llevando a cabo en las parroquias de todo el país

<https://www.eucharisticrevival.org/>



DONACIONES EN LÍNEA CON FAITH DIRECT

¡Nuestra parroquia acepta donaciones en línea a través de Faith Direct! Puede donar a todas las colectas y establecer pagos recurrentes en su propio horario. Para inscribirse, escanee el código QR en esta página, o en la portada del boletín, o visite www.faithdirect.net e ingrese código parro-



GRUPOS VOLUNTARIOS

MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM. Comunicarse con José Ricardo Díaz al 703-622-6351 o Saul Orellana al 703-869-7095.

LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

LECTORES

Si deseas unirse al ministerio de la Liturgia como *lector*, comunicarse con Ana Rivera al 703-508-7751.

UJIERES

Si quieres servir como *ujier*, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769.

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

3 DE MARZO DE 2024

**“No tendrás otros dioses delante de mí. No te harás ninguna escultura y ninguna imagen...
Exodo 20:3-4**

¿Cuántos “dioses” pones por delante de Dios? Los “ídolos” no siempre toman la forma de cosas físicas, cosas que podemos tocar y sentir. Esos son fáciles de reconocer. Muchas veces toman la forma de cosas que no podemos tocar y son mucho más difíciles de reconocer como el orgullo, el poder, el ego, la comodidad o la salud. Ora por la ayuda de Dios para eliminar nuestros vicios y para crecer en virtudes.

LA PETICION CUARESMAL DEL OBISPO DE 2024: *HE AQUI QUE YO HARE NUEVAS TODAS LAS COSAS*

Este fin de semana se pide a cada familia que haga una promesa de contribución o una donación a la petición Cuaresmal del Obispo. Esta petición nos ofrece la oportunidad como familia católica para apoyar los programas, ministerios y servicios de ayuda a decenas de miles de personas.



Después de reflexionar sobre las bendiciones que Dios les ha dado, piensen en la posibilidad de hacer una promesa de contribución a esta importante petición que propaga el amor de Cristo en toda nuestra diócesis. ¡Gracias por su generosidad!

Para hacer una ofrenda, escanee el código QR en la esquina superior, o en la portada del boletín, o visite www.arlingtondiocese.org/BLA.

HORARIO DE CUARESMA

CONFESIONES

Miércoles : 6:30 PM - 8:00 PM
Viernes: 7:00 PM

VIA CRUCIS

Viernes: 7:30 PM

JUEVES SANTO

28 de Marzo

Misa de la Cena del Señor 7:00 PM
Adoración del Santísimo Sacramento después de la misa hasta las 11:00 PM en el Salón Parroquial.

VIERNES SANTO

29 de Marzo

Liturgia de la Pasión y Muerte del Señor 7:00 PM

SABADO SANTO

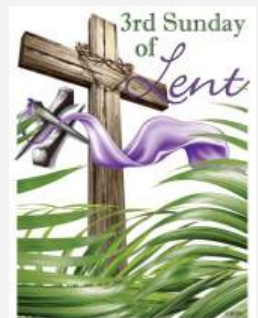
30 de Marzo

Misa de la Vigilia Pascual 8:30 PM

DOMINGO DE PASCUA

31 de Marzo

Misas de Pascua: 8:00 AM * 10:00 AM * 12:00 PM
2:00 PM (Español)



How to Go to Confession...

May the Passion of Our Lord Jesus Christ,
the intercession of the Blessed Virgin Mary and of all
the saints,
whatever good you do and suffering you endure,
heal your sins,
help you grow in holiness,
and reward you with eternal life.
Go in peace.

—*Rite of Penance*, no. 93

- 1 PREPARATION:** Before going to confession, take some time to prepare. Begin with prayer, and reflect on your life since your last confession. How have you—in your thoughts, words, and actions—neglected to live Christ’s commands to “love the Lord, your God, with all your heart, with all your soul, and with all your mind,” and to “love your neighbor as yourself” (Mt 22:37, 39)? As a help with this “examination of conscience,” you might review the Ten Commandments or the Beatitudes (Ex 20:2-17; Dt 5:6-21; Mt 5:3-10; or Lk 6:20-26).
- 2 GREETING:** The priest will welcome you; he may say a short blessing or read a Scripture passage.
- 3 THE SIGN OF THE CROSS:** Together, you and the priest will make the Sign of the Cross. You may then begin your confession with these or similar words: “Bless me, Father, for I have sinned. It has been [*give days, months, or years*] since my last confession.”
- 4 CONFESSION:** Confess all your sins to the priest. If you are unsure what to say, ask the priest for help. When you are finished, conclude with these or similar words: “I am sorry for these and all my sins.”
- 5 PENANCE:** The priest will propose an act of penance. The penance might be prayer, a work of mercy, or an act of charity. He might also counsel you on how to better live a Christian life.

- 6 ACT OF CONTRITION:** After the priest has conferred your penance, pray an Act of Contrition, expressing sorrow for your sins and resolving to sin no more. A suggested Act of Contrition is:

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy.

(*Rite of Penance*, no. 45)

- 7 ABSOLUTION:** The priest will extend his hands over your head and pronounce the words of absolution. You respond, “Amen.”
- 8 PRAISE:** The priest will usually praise the mercy of God and will invite you to do the same. For example, the priest may say, “Give thanks to the Lord for he is good.” And your response would be, “His mercy endures for ever” (*Rite of Penance*, no. 47).
- 9 DISMISSAL:** The priest will conclude the sacrament, often saying, “Go in peace.”

If it has been a while since your last confession, remember, “Do not fear” (Is 41:10). The priest will help guide you. And feel free to take this how-to guide with you! (For more information, visit www.usccb.org/confession.)

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Music by Michelle Jacobeen



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