



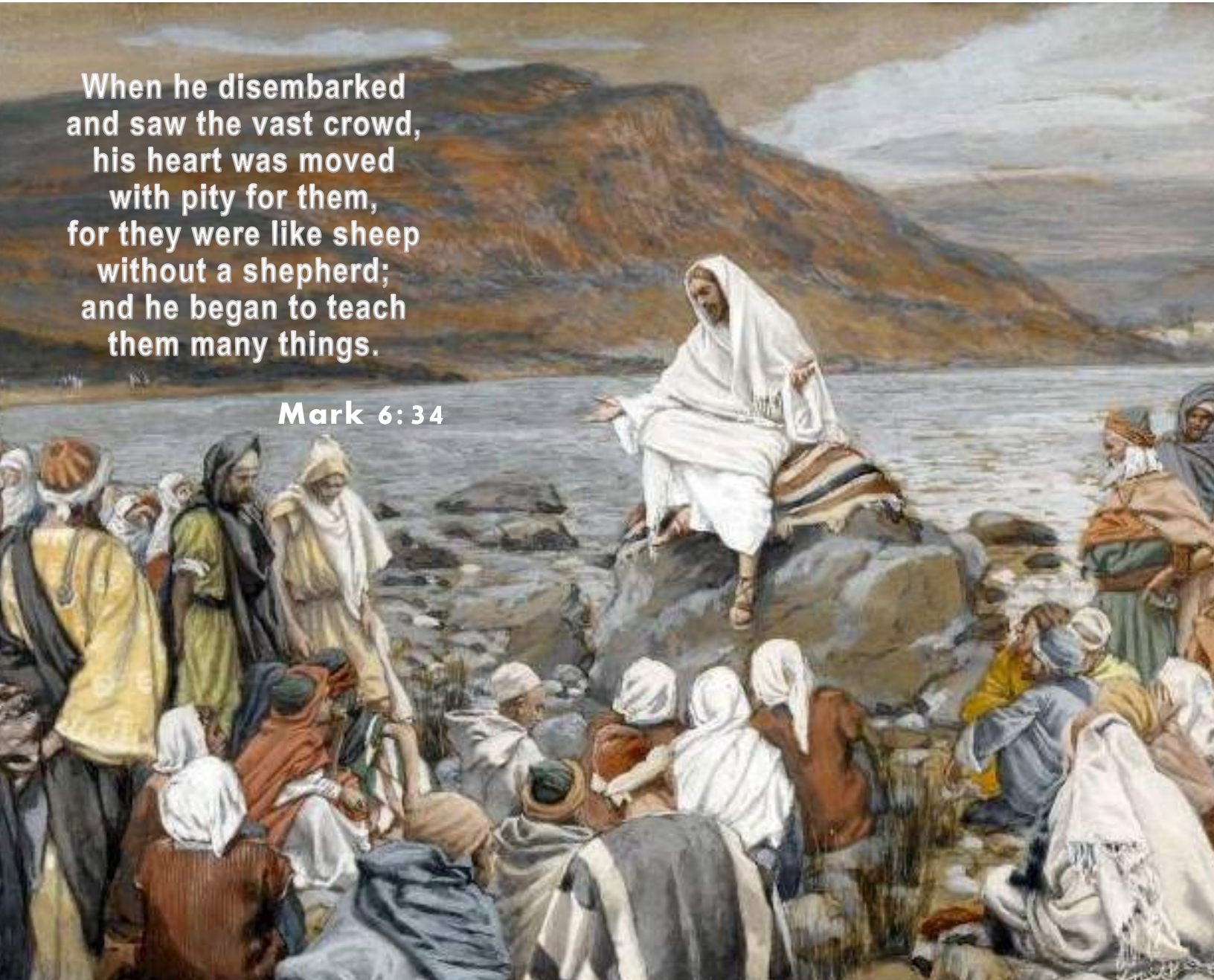
OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW. OLOLCC.NET

When he disembarked
and saw the vast crowd,
his heart was moved
with pity for them,
for they were like sheep
without a shepherd;
and he began to teach
them many things.

Mark 6:34



JULY 21, 2024
SIXTEENTH SUNDAY IN
ORDINARY TIME

21 DE JULIO, 2024
DECIMO SEXTO DOMINGO
DEL TIEMPO ORDINARIO

PARISH INFORMATION

OFFICE HOURS

Monday—Friday 8:00 AM—4:00 PM

REGISTRATION

WWW.OLOLCC.NET and click “I’m New”
to join our parish or scan the QR code.



Parish
Registration



Faith Direct
for eGiving



MASS SCHEDULE

Sunday	5:30 PM Vigil (Saturday) * 8:00 AM * 10:00 AM * 12:00 PM * 5:00 PM (Español)
Monday—Friday	6:45 AM * 12:00 PM
Saturday	9:00 AM
Holy Days of Obligation	7:00 PM (Vigil) * 6:45 AM * 12:00 PM * 7:00 PM
All Federal Holidays	10:00 AM (Monday—Thursday)

Note : Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday.

CONFESSIONS

Saturday	4:00 PM—5:00 PM
Sunday	4:15 PM—4:45 PM (Español)
Tuesday	12:30 PM
Thursday	12:30 PM
Friday	12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

22

Rosary
6:15 AM * 11:30 AM

MONDAY

23

Rosary
6:15 AM * 11:30 AM

Confessions
12:30 PM

Pro-Life Rosary
7:00 PM

TUESDAY

24

Rosary
6:15 AM * 11:30 AM

Miraculous Medal
Novena
12:30 PM

WEDNESDAY

25

Rosary
6:15 AM * 11:30 AM

Confessions
12:30 PM

THURSDAY

26

Rosary
6:15 AM * 11:30 AM

Confessions
12:30 PM

Exposition of the
Blessed Sacrament
12:30 PM—3:00 PM

Divine Mercy Chaplet
3:00 PM

FRIDAY

27

Rosary
9:30 AM

Confessions
4:00 PM—5:00 PM

SATURDAY

28

New Parishioners and
New Volunteers
Welcome Reception
1:00 PM

Confessions
4:15 PM—4:45 PM
(Español)

SUNDAY

CLERGY

Fr. Frederick H. Edlefsen, Pastor
Fr. Francis Peffley, Parochial Vicar
Fr. Daniel L. Mode, In Residence
Fr. Steven R. Walker, In Residence

STAFF

Ms. Debra Corrie, Office Manager
Mrs. Marie Macnamara, Sacramental Records
Mrs. Esperanza Miranda, Parish Assistant
Ms. Stephanie Vindell, Parish Assistant
Ms. Leigh Hasson, Director of Religious Education (DRE)
Mr. Tom Bartolomeo, Director of Music

The Mysticism of St. Anselm

Spiritual Experiences and Insights From a Great Saint (12th Century)

My soul, have you found what you are looking for? You were looking for God, and you have discovered that he is the Supreme Being, and that you could not possibly imagine anything more perfect. You have discovered that this supreme being is life itself, light, wisdom, goodness, eternal blessedness and blessed eternity. He is everywhere, and he is timeless...

Surely, Lord, inaccessible light is your dwelling place... If I fail to see this light it is because it is too bright for me. I am unable to look straight at the sun. The light in which you dwell, Lord, is beyond my understanding. It is so brilliant that I cannot bear it, I cannot turn my mind's eye toward it for any length of time. I am dazzled by its brightness, amazed by its grandeur, overwhelmed by its immensity, bewildered by its abundance.

O supreme and inaccessible light, O complete and blessed truth, how far you are from me, even though I am so near to you! How remote you are from my sight, even though I am present to yours! You are everywhere... and yet I do not see you. In you I move and have my being. Yet I cannot approach you. You are within me and around me, and yet I do not perceive you. O God, let me know you and love you so that I may find my joy in you. If I cannot do so fully in this life, let me at least make some progress every day... While I am here on earth let me learn to know you better, so that in heaven I may know you fully. Let my love for you grow deeper here, so that there I may love you fully...

O Lord, through your Son... you counsel us to ask, and you promise that you will hear us so that our joy may be complete. Lord, I am making the request that you urge us to make through your Wonder-Counselor. Give me then what you promise to give through your Truth. You, O God, are faithful. Grant that I may receive my request, so that my joy may be complete. Amen.



Welcome

Our parish welcomes
you and your family.

If you have moved to the area, or you come to Mass regularly but have not registered yet, we invite you to register today!

Use the QR code or visit our website at OLOLCC.NET and select "I'm New."



Becoming a member provides a unique opportunity to participate fully in the life of the parish.

Take
Note

Upcoming events..

COFFEE AND DONUTS... **THIS WEEKEND!**

Sunday, July 21

Join us after the 8:00 AM and 10:00 AM Masses for our monthly coffee and donuts on the patio in front of the church (Parish Hall in case of rain).

NEW PARISHIONERS AND NEW VOLUNTEERS WELCOME RECEPTION....**NEXT WEEKEND!**

Sunday, July 28

All veteran volunteers and parishioners are invited to get to know and welcome our newcomers, after the noon Mass in the Parish Hall.

TRIVIA NIGHT

Friday, August 9

All are invited to enjoy good company, laughs, snacks, beverages and active brainwaves during our Trivia Night from 7:00 PM -9:00 PM in the Parish Hall. Set up your team of four, or come and meet fellow parishioners to form a team!

ASSUMPTION OF THE BLESSED VIRGIN MARY **Thursday, August 15**

August 15th is a Holy Day of Obligation. Additional Masses will be held at 7:00 PM on August 14th and 7:00 PM on August 15th. Plan to attend Mass on this day to commemorate Mary's Assumption.

OUR PARISH



Honor a loved one with a Mass
at Our Lady of Lourdes!
Contact the Rectory Office

July 21, 2024

**Sixteenth Week in Ordinary Time
WEEKLY MASS INTENTIONS**

SATURDAY JULY 20

St. Apollinaris, Bishop and Martyr

9:00 AM Maria Fernandez by Tony and Maite Fernandez

5:30 pm Rica Fowler

SUNDAY JULY 21

Sixteenth Sunday in Ordinary Time

8:00 AM + Maria and Eddie Dybic by Maria & Trent Hughes

10:00 AM All Parishioners, Living & Deceased

12:00 PM + Emily Ochrymowicz by Maria & Trent Hughes

5:00 PM (Spanish) + Ana Maria Torres de Gomez

MONDAY JULY 22

St. Mary Magdalene

6:45 AM Mary Downey

12:00 PM + Ethelbert Eneremadu by Cajethan Ekeagwu

TUESDAY JULY 23

St. Bridget, Religious

6:45 AM + Olivia Amah by Cajethan Ekeagwu

12:00 PM Rev. Francis Peffley by OLOL Legion of Mary

WEDNESDAY JULY 24

St. Sharbel Makhlüf, Priest

6:45 AM + Mary Bergeron

12:00 PM + Beverly Long by Diane Dusza

THURSDAY JULY 25

ST. JAMES, APOSTLE

6:45 AM + Souls in Purgatory

12:00 PM + Ellen R. Pospiech

FRIDAY JULY 26

Sts. Joachim and Anne, Parents of the Blessed Virgin Mary

6:45 AM Kathryn Updegraff by Cajethan Ekeagwu

12:00 PM + Philippe Catusse

NEW PARISHIONERS And NEW VOLUNTEERS

WELCOME RECEPTION

All veteran volunteers
and parishioners are invited to get to
know our newcomers

Sunday, July 28

After the Noon Mass
In the Parish Hall



Catholic Prayers....

Litany of the Way, Prayer for the Journey

As Jesus sought the quiet of the desert,
teach us to pray.

As Jesus washed the feet of his disciples,
teach us to love.

As Jesus promised paradise to the thief on the cross,
teach us to hope.

As Jesus called Peter to walk to him across the water,
teach us to believe.

As Jesus in the garden opened his mind and heart to
God's will,
teach us to listen.

As Jesus reflected on the Law and the prophets,
teach us to learn.

As Jesus used parables to reveal the mysteries of the
Kingdom,
teach us to teach.

source: USCCB



Prayer in our Parish

PLEASE PRAY FOR

Dana Gould, Paul Durand, Ed Boehme, April Garcia, José Silva, Rosa Diesquez, Parfait Williams, Bridget Hinds, Geraldine Filpi, Jim & Becky McManaman, Francis Xavier Eversole, Ron Harris, Ismael A. Zavala Umaña, Mary O'Donoghue, Albert Colbert, and Julia Macnamara. Contact the Rectory Office at 703-684-9261 or send a message to olol@ololcc.net to be included.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. Contact the Legion of Mary at csb1789@hotmail.com.



YOUR UNIQUE Talents are needed in our parish!

VOLUNTEER

AT OUR LADY OF LOURDES

For more information, scan this QR code
Or visit our Volunteer page.
OLOLCC.net/get-involved/want-volunteer



THANK YOU FOR YOUR COMMITMENT



Altar flowers are sponsored by
our parishioners in honor of loved ones,
or to commemorate a special event.

Email or call the Rectory Office to schedule.

Sponsorship is \$50

703-684-9261 or OLOL@OLOLCC.net

Next available date is July 26th



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit ololcc.net and click *Mass & More* and *Baptism* to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program.
Visit ololcc.net

CONFIRMATION

Grades 7 & 8 prepare for confirmation in our CCD program. Visit ololcc.net, click *Get Involved* and then *Religious Education* to register. Or contact Leigh Hasson at dre@ololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Adults 18+ seeking the Sacraments of Initiation: Baptism, Holy Communion, and Confirmation, visit ololcc.net and click *Get Involved* and *Explore Catholicism* to register. Or call the Rectory Office to speak with a priest.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at ololcc.net under *Mass & More* and *Marriage Prep*.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

RELIGIOUS EDUCATION

REGISTER FOR CCD TODAY



Religious Education at Our Lady of Lourdes

Starts September 8th

Students (K-8) & Preschool Children, too!

Reduced fees for early registration.



Pre-K through 4th Grades — Sundays at 9:00 AM

5th through 8th Grades — Sundays at 11:00 AM

INTERESTED IN BECOMING A CCD TEACHER?

Our CCD catechism program for youth (grades pre-K to 8) seeks volunteer religion teachers for this upcoming school year.

Faith formation and sacramental preparation of youth is a vital mission of our parish. If you would like to volunteer, contact Leigh Hasson, Director of Religious Education at dre@ololcc.net

FORMED

THE CATHOLIC FAITH
ON DEMAND



As a parishioner, you have pre-paid access to this Catholic streaming service! Free Catholic Films, Podcasts, Audio Books, Kids Shows & More.

Register at formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start enjoying your Catholic Faith On Demand!

DO YOU WANT TO EXPLORE
CATHOLICISM?

OCTA

The Order of Christian Initiation of Adults

- ◆ Prepares adults to receive the Sacraments of Initiation: Baptism, Confirmation and Holy Communion
- ◆ Open to anyone who just wants to learn more about the Catholic Faith
- ◆ 2024-25 Classes begin on September 9, 2024.
- ◆ Classes will be held on Mondays at 7:00 PM.

To learn more

Visit ololcc.net-explore-catholic-faith



Stewardship Reflection

"He said to them, "Come away by yourselves to a deserted place and rest a while." Mark 6:31

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, How else will we know how He is calling us?

Consider making a retreat this year, spend some "alone" time with God.



Bishop Burbidge invites all young adults (10-35)!

**To the second annual
CALLED: A Conference for Young Adults!**

**Saturday, September 21, 2024
Sheraton Reston Hotel, Reston, VA**

The day will include breakout sessions, dinner, prayer, live music, and more! Complimentary childcare available during the event! Register early.



Band of Brothers Men's Retreat

**August 23-25
San Damiano Retreat Center**

A silent retreat for single men, husbands, fathers, and Priest.
Gather at Christ's feet to listen and seek Jesus in deep, quiet prayers.

For further information or to register, contact Deacon Maines at mark.maines@arlingtondiocese.org
Or visit ArlingtonDiocese.org/Retreat

Cost is \$285 (financial assistance available).

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code to the right or on the cover of this bulletin, or visit www.faithdirect.net and enter parish code **VA327**.



Faith Direct for eGiving

SECOND COLLECTION

July 20 & 21 * Maintenance & Improvement

Help our church stay strong, safe and clean by donating to our parish Maintenance & Improvement Fund. Our donations keep our buildings comfortable, safe and ensure that our grounds and church look their best throughout the year.

WANT TO SUPPORT OUR NEEDY, OUR PARISH AND OUR DIOCESE?

- **Saint Vincent de Paul Society**
Help our local needy
- **Faith Direct**
Help support our parish mission,
- **Seminarian Education Endowment Fund (SEEF)**
Support our diocese with funding for annual seminarian expenses.
Contact John French
john.french@arlingtondiocese.org
or (703) 841-3819.

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Cover: Jesus teaches the people by the sea, by James Tissot, circa 1886-1894

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. La carta debe tener sello de la parroquia, firmada por el párroco y ser enviada a Nuestra Señora de Lourdes una semana antes del día del bautismo. Próxima charla será el **Domingo, 28 de Julio** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con la oficina 7-8 meses antes de la fecha del matrimonio al 703-684-9261.

EN ORACION POR

Dana Gould, Paul Durand, Ed Boehme, Rosa Diéquez, April García, Jim y Becky McManaman, Bridget Hinds, José Silva, Geraldine Filpi, Parfait Williams, Francis Xavier Eversole, and Ron Harris. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

INTENCIONES DE MISAS



Honra a un ser querido con una Misa en Nuestra Señora de Lourdes!

Llama o envía un mensaje a la oficina
703.684.9261 or **OLOL@OLOLCC.net**

Tarjeta de Intenciones de Misa están disponibles en la Oficina.

EL MISTICISMO DE SAN ANSELMO

Experiencias espirituales y percepciones de un gran santo del siglo XII

Alma mía, ¿has encontrado lo que buscas? Estabas buscando a Dios, y has descubierto que Él es el Ser Supremo, y que no podrías imaginar nada más perfecto. Has descubierto que este ser supremo es la vida misma, la luz, la sabiduría, la bondad, la bienaventuranza eterna y la eternidad bendita. Está en todas partes, y en todo tiempo...

Ciertamente, Señor, la luz inaccesible es tu morada... Si no puedo ver esta luz es porque es demasiado brillante para mí. Soy incapaz de mirar directamente al sol. La luz en la que habitas, Señor, está más allá de mi comprensión. Es tan brillante que no puedo soportar verla ni por un momento. Estoy deslumbrado por su brillo, asombrado por su grandeza, abrumado por su inmensidad, maravillado por su abundancia.

¡Oh luz suprema e inaccesible, Oh verdad completa y bendita, cuán lejos estás de mí, aunque yo esté tan cerca de ti! ¡Cuán lejos estás de mi vista, aunque yo esté presente a la tuya! Estás en todas partes... y, sin embargo, no te veo. En ti me muevo y tengo mi ser. Sin embargo, no puedo acercarme a ti. Estás dentro de mí y a mi alrededor, y sin embargo no te percibo. Oh Dios, déjame conocerte y amarte para que pueda encontrar mi gozo en ti. Si no puedo hacerlo plenamente en esta vida, déjame al menos hacerlo un poco cada día... Mientras esté aquí en la tierra, déjame aprender a conocerte mejor, para que en el cielo pueda conocerte plenamente. Deja que mi amor por ti crezca más profundo aquí, para que allá en el cielo pueda amarte plenamente...

Oh Señor, a través de tu Hijo...nos aconsejas que pidamos, y prometes que nos escucharás para que nuestro gozo sea completo. Señor, te estoy haciendo la petición que nos instas a hacer a través de tu Maravilloso Consejero. Dame entonces lo que prometes dar a través de tu Verdad. Tú, oh Dios, eres fiel. Concédeme recibir mi petición, para que mi gozo sea completo. Amén.



Bienvenido

EL REGISTRO PARROQUIAL es IMPORTANTE

- ♦ ofrece una oportunidad única para participar plenamente en la vida de la parroquia,
- ♦ proporciona la alegría de una comunidad y una familia espiritual donde puedan crecer juntos en santidad.
- ♦ podemos atender a sus diversas necesidades, incluyendo preparación sacramental, educación religiosa y recibir certificados para ser padrinos.



Para registrarse, utilice el código QR al lado, o visite www.ololcc.net o llame a la Rectoría al 703-684-9261.

21 de JULIO — 16º Domingo del Tiempo Ordinario

“Jesús les dijo: Vengan conmigo ustedes solos a un lugar apartado y descansen un poco.” Marcos 6:31

¿Pasa tiempo, cada día, solo y en silencio escuchando como Dios lo llama? Si no es así, está perdiendo una maravillosa oportunidad para desarrollar una relación mas personal con Él. A menos que hablemos, y más importante, que escuchemos a Dios cada día ¿cómo sabremos que Él nos llama?

Considere hacer un retiro este año, pasar algún tiempo “a solas” con Dios.

DONACIONES EN LÍNEA CON FAITH DIRECT

¡Nuestra parroquia acepta donaciones en línea a través de Faith Direct! Puede donar a todas las colectas y establecer pagos recurrentes en su propio horario. Para inscribirse, escanee el código QR en esta página, o visite www.faithdirect.net e ingrese código parro-



Programa de Educación Religiosa

REGISTRESE AHORA PARA LAS CLASES DE EDUCACION RELIGIOSA!

- Estudiantes (k-8) y niños pre-escolares
- Domingos en las tardes en el Salón Parroquial
- Mas información, envíe un mensaje a Leigh Hasson a DRE@ololcc.net o haga un clic in el QR code



GRUPOS VOLUNTARIOS

MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM. Comunicarse con José Ricardo Díaz al 703-622-6351 o Saul Orellana al 703-869-7095.

LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Ana Rivera al 703-508-7751.

UJIERES

Si quieres servir como *ujier*, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769.

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

EVENTOS PARROQUIALES

CAFÉ Y DONAS

Domingo, 21 de Julio...este fin de semana!

Después de la misa de las 8:00 y 10:00 AM en el patio frente a la Iglesia (o en el Salón Parroquial en caso de lluvia).

RECEPCIÓN DE BIENVENIDA PARA NUEVOS FELIGRESES Y VOLUNTARIOS

Domingo, 28 de Julio

Todos los voluntarios y feligreses veteranos están invitados a conocer a nuestros recién llegados y darles la bienvenida, después de la Misa del mediodía en el Salón Parroquial.

NOCHE DE PREGUNTAS Y RESPUESTAS

Viernes, 9 de Agosto

Todos están invitados a disfrutar de buena compañía, comida y diversión “cerebral” durante nuestra Noche de Preguntas y Respuestas de 7-9:00 PM en el Salón Parroquial. Configura tu equipo de cuatro personas, o ven a conocer a otros feligreses para formar un equipo! Reserva antes del 7 de Agosto.

ASJB COLLEGE NIGHTS

BRIDGING THE GAP OF FAITH



Associates of
**SAINT
JOHN
BOSCO**

July 2: St. Mark, Vienna
July 11: St. Theresa, Ashburn
July 16: Holy Trinity, Gainesville
July 23: Basilica of St. Mary, Alexandria
July 30: St. Mary, Fredericksburg

All events begin at 7PM

● *Faith*

Hear current college students give talks and testimonies on multiple faith-related topics to prepare you for college

● *Fellowship*

Participate in small group discussions with other Catholic students going to your college

● *Fun*

Eat free pizza and have time to mingle with other Catholic college students

**REGISTER TODAY AT
ASJB.ORG**



**REFER 5 FRIENDS AND
RECEIVE A \$50 GIFT CARD!**





**ATTENTION ALL
COLLEGE STUDENTS**



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**THURSDAYS 7-9PM
IN JULY**

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