



# OUR LADY *of* LOURDES

## NUESTRA SEÑORA *de* LOURDES

WWW. OLOLCC.NET

FOLLOW US ON INSTAGRAM @OLOL\_ARLINGTON



*There is no one who performs a mighty deed in my name  
who can at the same time speak ill of me.  
For whoever is not against us is for us.*

SEPTEMBER 29, 2024  
TWENTY-SIXTH SUNDAY IN  
ORDINARY TIME

29 DE SEPTIEMBRE, 2024  
VIGÉSIMO SEXTO DOMINGO  
DEL TIEMPO ORDINARIO

# PARISH INFORMATION

## OFFICE HOURS

Monday—Friday 8:00 AM—4:00 PM

## REGISTRATION

[WWW.OLOLCC.NET](http://www.ololcc.net) and click “I’m New” to join our parish or scan the QR code.



Parish  
Registration



Faith Direct  
for eGiving



## MASS SCHEDULE

Sunday	5:30 PM Vigil (Saturday) * 8:00 AM * 10:00 AM * 12:00 PM * 5:00 PM (Español)
Monday - Friday	6:45 AM * 12:00 PM
Saturday	9:00 AM
Holy Days of Obligation	7:00 PM (Vigil) * 6:45 AM * 12:00 PM * 7:00 PM
All Federal Holidays	10:00 AM (Monday—Thursday)

Note : Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday.  
Check our website [www.ololcc.net](http://www.ololcc.net) for specific times.

## CONFESSIONS

Saturday	4:00 PM—5:00 PM
Sunday	4:15 PM—4:45 PM (Español)
Tuesday	12:30 PM
Thursday	12:30 PM
Friday	12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

## THIS WEEK AT OLOL

**30**

Rosary  
6:15 AM \* 11:30 AM

**MONDAY**

**1**

Rosary  
6:15 AM \* 11:30 AM

Confessions  
12:30 PM

Pro-Life Rosary  
7:00 PM

**TUESDAY**

**2**

Rosary  
6:15 AM \* 11:30 AM

Miraculous Medal  
Novena  
12:30 PM

**WEDNESDAY**

**3**

Rosary  
6:15 AM \* 11:30 AM

Confessions  
12:30 PM

**THURSDAY**

**4**

Rosary  
6:15 AM \* 11:30 AM

Confessions  
12:30 PM

Exposition of the  
Blessed Sacrament  
12:30 PM—3:00 PM

Divine Mercy Chaplet  
3:00 PM

**FRIDAY**

**5**

Rosary  
9:30 AM

Confessions  
4:00 PM—5:00 PM

**SATURDAY**

**6**

Knights of Columbus  
Breakfast  
9:00 AM \* 11:00 AM

Pet Blessing  
1:00 PM

Confessions  
4:15 PM—4:45 PM  
(Español)

**SUNDAY**

## CLERGY

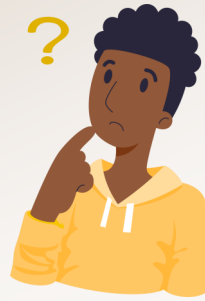
Fr. Frederick H. Edlefsen, Pastor  
Fr. Francis Peffley, Parochial Vicar  
Fr. Daniel L. Mode, In Residence  
Fr. Steven R. Walker, In Residence

## STAFF

Ms. Debra Corrie, Office Manager  
Mrs. Marie Macnamara, Sacramental Records  
Mrs. Esperanza Miranda, Parish Assistant  
Ms. Stephanie Vindell, Parish Assistant  
Ms. Leigh Hasson, Director of Religious Education (DRE)  
Mr. Tom Bartolomeo, Director of Music

# What's a Good Life?

## Good Questions for Young Adults



By Fr. Frederick Edlefsen

How do you want to live? Do you want a family? Do you want a mission as a single person? In Aristotle's words, "What is a good life?" The Church asks the same question but with a twist, "What's your vocation?" "What's your calling?"

Young adults often ponder careers, as they should. College students ask, "What *do I want to do* after college?" Graduates ask, "What *do I do* now?". Good questions.

Take it to another level. What do you *have the grace to do*? "What I want to do" is a good question. But "what I have the grace to do" is a deeper question, potentially in agreement with "what I want to do". What "I want for me" is about your career. What "gift I have to give" is about your *vocation*. To be sure, "what you want" and "what you can give" are not necessarily opposites. Grace purifies "what you want" and turns it into generosity. You get back from what you give. That's how love works. Welcome to the wonderful world of being human!

There's no sharp dividing-line between *career* and *vocation*. But there's a difference. A vocation flows into a career, like a river into a desert. A career receives new life when you reflect and meditate in silence, making yourself available to the *grace of your Confirmation*. Confirmation turns Baptism into a vocation—Christ's mission.

A vocation transforms a career into a labor of love, a life-giving gift to the world. Without a vocation, a career becomes a lonely pit of "me and myself". A vocation transforms a career into an act of love for God, family, neighbor, and the world. Vocations purge careers of selfishness. Vocations bless careers with generosity.

"What does it profit a man to gain the whole world and yet lose his soul?" (Matthew 16:26). Christ suggests vocation in the Greatest Commandment, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind" and its sequel, "Love your neighbor as yourself" (Matthew 22:37-39). Our world needs *careers formed by vocations*.

Vocations create friendships and solidarity. Vocations are love in real time. Vocations are Christ in action, here and now, through your life. **What's your calling?**

welcome

Our parish welcomes you and your family.



If you have moved to the area, or you come to Mass regularly but have not registered yet, we invite you to register today!

Use the QR code or visit our website at [OLOLCC.NET](http://OLOLCC.NET) and select "I'm New."

Becoming a member provides a unique opportunity to participate fully in the life of the parish.

Take Note

## Upcoming events..

### KNIGHTS OF COLUMBUS BREAKFAST

Sunday, October 6

Save the date and join us for our first monthly breakfast hosted by the Knights of Columbus, after the 8:00 AM and 10:00 AM Masses in the Parish Hall. These breakfasts will be held on the first Sunday of each month through May. Mark your calendars and bring your appetite!



### BLESSING OF ANIMALS

Sunday, October 6

In honor of the feast of St. Francis of Assisi, bring your furry best friend for a blessing in front of the church after the 12:00 PM Mass. All pets are invited!



### COLUMBUS AND INDIGENOUS PEOPLES' DAY MASS

Monday, October 14

There will be one Mass at 10:00 AM. Office will be closed in observance of this Federal Holiday.





# Prayer in our Parish

## PLEASE PRAY FOR

Paul Durand, April Garcia, José Silva, Rosa Diesquez, Parfait Williams, Geraldine Filpi, Francis Xavier Eversole, Ron Harris, Ismael A. Zavala Umaña, Mary O'Donoghue, Albert Colbert, Julia Macnamara, Ana Rivera, Bill Walsh, Gloria Lucia Ojeda, Kathryn Updegraff, Kelly Moore, and John Elfervig. Contact the Rectory Office at 703-684-9261 or send a message to [olol@ololcc.net](mailto:olol@ololcc.net) to be included.

## PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or [ejt@cybtek.com](mailto:ejt@cybtek.com) to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

## LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. Contact the Legion of Mary at [csb1789@hotmail.com](mailto:csb1789@hotmail.com).

## PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.



YOUR UNIQUE TALENTS are needed in our parish!

# VOLUNTEER

## AT OUR LADY OF LOURDES

For more information, scan this QR code  
Or visit our Volunteer page.

[OLOLCC.net/get-involved/want-volunteer](http://OLOLCC.net/get-involved/want-volunteer)



THANK YOU FOR YOUR COMMITMENT

# ALTAR FLOWERS

This week's Altar Flowers  
were provided in loving memory of  
Elena Demma Watson  
by Carole DeLong

Email or call the Rectory Office to schedule.  
Sponsorship is \$50  
703-684-9261 or [OLOL@OLOLCC.net](mailto:OLOL@OLOLCC.net)

**Next available date is October 6**

## CELEBRATING THE SACRAMENTS AT OLOL

### BAPTISMS

Visit [ololcc.net](http://ololcc.net) and click *Mass & More* and *Baptism* to submit a request. Or call the Rectory Office.

### FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program.  
Visit [ololcc.net](http://ololcc.net)

### CONFIRMATION

Grades 7 & 8 prepare for confirmation in our CCD program. Visit [ololcc.net](http://ololcc.net), click *Get Involved* and then *Religious Education* to register. Or contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net).

### ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Adults 18+ seeking the Sacraments of Initiation: Baptism, Holy Communion, and Confirmation, visit [ololcc.net](http://ololcc.net) and click *Get Involved* and *Explore Catholicism* to register. Or call the Rectory Office to speak with a priest.

### MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at [ololcc.net](http://ololcc.net) under *Mass & More* and *Marriage Prep*.

### ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

## AROUND THE DIOCESE

Registration is still open!



# Religious Education

**Students (K-8) & Preschool children, too!**

Pre-K through 4th Grade: Sundays at 9:00 AM  
5th through 8th Grade: Sundays at 11:00 AM

Contact Leigh Hasson, Director of Religious Education, at [dre@lolcc.net](mailto:dre@lolcc.net) if you have any questions, or scan the QR to register.



## CELEBRATING A GOLDEN OR SILVER WEDDING ANNIVERSARY THIS YEAR?



If you were married in 1974 or 1999, please join Bishop Michael Burbidge for the

**2024 Mass for Jubilarians**  
to be celebrated on

**Sunday, October 20th at 3:30 PM**  
Cathedral of St. Thomas More, Arlington

Contact the Parish Office to register no later than  
October 2, 2024.

# OCTA

Registration is still open

## The Order of Christian Initiation of Adults

- + Prepares adults to receive the Sacraments of Initiation: **Baptism, Confirmation and Holy Communion**
- + Open to anyone who just wants to learn more about the Catholic Faith
- + Classes will be held on Mondays at 7:00 PM.



To learn more  
Visit [lolcc.net-explore-catholic-faith](http://lolcc.net-explore-catholic-faith)

## HISPANIC HERITAGE MASS & FESTIVAL

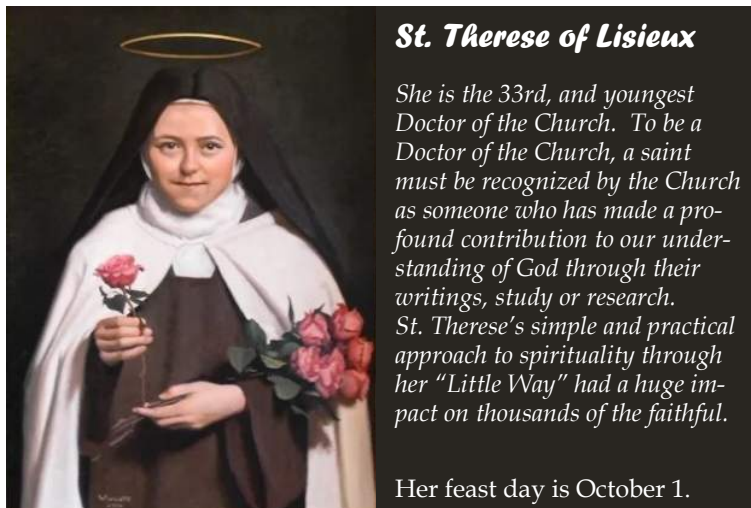
Sunday, October 13

Cathedral of Saint Thomas More, Arlington

Come to celebrate the rich spirituality, faith traditions, diverse cultural music, and regional food of our Hispanic brothers and sisters during the annual Hispanic Heritage Mass and Festival.

**Bishop Burbidge will celebrate Mass at 12:30 PM.**

Free admission and food will be available for purchase



### St. Therese of Lisieux

She is the 33rd, and youngest Doctor of the Church. To be a Doctor of the Church, a saint must be recognized by the Church as someone who has made a profound contribution to our understanding of God through their writings, study or research. St. Therese's simple and practical approach to spirituality through her "Little Way" had a huge impact on thousands of the faithful.

Her feast day is October 1.

### MASS FOR PERSONS WITH DISABILITIES

OCTOBER 13, 2024

9:00 AM

St. Mark Catholic Church, Vienna

Join Most Rev. Bishop Michael Burbidge and families across the Diocese of Arlington for the Annual Mass for Persons with Disabilities, as we celebrate and give thanks to God for the blessings that our brothers, sisters and children with disabilities bring to our lives.

Porto Charities will host a light breakfast after the Mass.

For more information, visit [www.portocharities.org/events](http://www.portocharities.org/events)

# Mass IN CELEBRATION OF RESPECT LIFE MONTH

October 6th, 2024 | 12:00pm

St. Ambrose Catholic Church  
Annandale, VA



## The Most Reverend Michael F. Burbidge

Bishop of Arlington | Principal Celebrant and Homilist



Catholic Diocese of Arlington | Office of Marriage, Family and Respect Life  
(703) 841-2550 | [familylife@arlingtondiocese.org](mailto:familylife@arlingtondiocese.org)

### Stewardship Reflection

“Anyone who gives you a cup of water to drink because you belong to Christ, amen, I say to you, will surely not lose his reward.” Mark 9:41

*We are made in God’s image and likeness. We tend to forget this. When you look at others, do you see the face of Jesus in them? When others look at you, do they see the face of Jesus in you? When we realize that all lives matter to God, then gratitude and generosity become easier.*

### FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code to the right, or visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**.



Faith Direct for eGiving

### SECOND COLLECTION

September 28/29 \* Maintenance & Improvement Fund

Help our church stay strong, safe and clean by donating to our parish Maintenance & Improvement Fund. Your donations keep our buildings comfortable, safe and ensure that our grounds and church look their best throughout the year.



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Or visit

[fsc-calledtobe.org](http://fsc-calledtobe.org)



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of Christian Charity

God Calls You.  
We Invite You.



“Would that all the Lord’s people were prophets...”

All Catholics share the prophetic ministry of the Lord through baptism. Is He calling you to bear witness to Him in the consecrated life? Contact Fr. Michael Isenberg at [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org) or (703) 841-2514.



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**10.13.2024**

# **HISPANIC HERITAGE MASS AND FESTIVAL**

**WITH BISHOP MICHAEL BURBIDGE**



**FOOD | LIVE MUSIC | GAMES**

**Mass (Spanish): 12:30pm**

**Festival: 11am - 6pm**

**CATHEDRAL OF ST. THOMAS MORE**  
3901 CATHEDRAL LN, ARLINGTON, VA 22203

## NUESTRA PARROQUIA

### BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. La carta debe tener sello de la parroquia, firmada por el párroco y ser enviada a Nuestra Señora de Lourdes una semana antes del día del bautismo. Próxima charla será el **Domingo, 27 de Octubre** en el Salón Parroquial a las 6:15 PM.

### SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

### EN ORACION POR

Paul Durand, Ed Boehme, Rosa Diéquez, April García, Jim y Becky McManaman, Bridget Hinds, José Silva, Geraldine Filpi, Parfait Williams, Francis Xavier Eversole, Ana Rivera and Ron Harris. Comuníquese con la Rectoría al 703-684-9261 o [olol@ololcc.net](mailto:olol@ololcc.net) si necesita incluir a alguien en esta lista.

### EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



### APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

### INTENCIONES DE MISAS

#### Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa  
703.684.9261 or  
[OLOL@OLOLCC.net](mailto:OLOL@OLOLCC.net)

## ¿Qué es una buena vida?

### Buenas preguntas para adultos jóvenes

Por el P. Frederick Edlefsen

¿Como quieres vivir? ¿Quieres una familia? ¿Quieres una vida como una persona soltera? En las palabras de Aristóteles: "¿Qué es una buena vida?" La Iglesia hace la misma pregunta pero con un giro: "¿Cuál es tu *vocación*?" —¿Cuál es tu *llamada*?

Los adultos jóvenes a menudo reflexionan sobre *sus carreras*, lo cual es bueno que hagan. Los estudiantes universitarios preguntan: "¿Qué *quiero hacer después de la universidad*?" Los que están ya graduados preguntan: "¿Qué *hago ahora*?". Todas son buenas preguntas.

Ahora llévalas a otro nivel. ¿Qué *gracia o dones tienes para ofrecer*? "¿Qué quiero hacer?" es una buena pregunta. Pero "¿Qué gracia o dones tengo?" es una pregunta más profunda, que puede estar en armonía con "lo que quiero hacer". Lo que "quiero para mí" es sobre tu *carrera*. El "don que tengo para dar" tiene que ver con tu *vocación*. Ciertamente, "lo que quieres" y "lo que puedes dar" no son realidades necesariamente opuestas. La gracia purifica "lo que quieres" y lo convierte en generosidad. Tu recibes de lo que das a los demás. Así es como funciona el amor. ¡Bienvenidos al maravilloso mundo del ser humano!

No hay una división exacta entre la *carrera* y la *vocación*. Pero hay una diferencia. La *vocación* da vida a la *carrera*, como un río a un desierto. Una *carrera* se aviva cuando reflexionas y meditas en silencio, poniéndote a disposición de la *gracia que recibiste en tu Confirmación*. La Confirmación convierte el Bautismo en una *vocación*— la misión de Cristo.

La *vocación* transforma una *carrera* en una obra de amor, un regalo vivificante para el mundo. Sin una *vocación*, una *carrera* se convierte en un campo solitario de "yo y yo mismo". Una *vocación* transforma una *carrera* en un acto de amor a Dios, a la familia, al prójimo y al mundo. Las *vocaciones* purgan las *carreras* de egoísmo. Las *vocaciones* bendicen las *carreras* con generosidad.

"¿De qué le sirve al hombre ganar el mundo entero si pierde su alma" (Mateo 16:26)? Cristo señala el valor de la *vocación* en el Mandamiento Más Grande que nos dio, "Amarás al Señor, tu Dios, con todo tu corazón, con toda tu alma y con todo tu espíritu" y su secuela, "Amarás a tu prójimo como a ti mismo" (Mateo 22:37-39). Nuestro mundo necesita *carreras formadas por vocaciones*.

Las *vocaciones* crean amistades y solidaridad. Las *vocaciones* son amor en tiempo real. Las *vocaciones* son Cristo en acción, aquí y ahora, y a través de tu vida. **¿Cuál es tu *vocación*?**

# Bienvenido

## Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- ♦ una oportunidad única para participar plenamente en la vida de la parroquia,
- ♦ ser parte de una comunidad y una familia espiritual donde usted pueda crecer en santidad.
- ♦ recursos para recibir preparación sacramental, educación religiosa y certificados para ser padrinos.

Para registrarse, utilice el código QR abajo, o visite [www.olocc.net](http://www.olocc.net) o llame a la Rectoría al 703-684-9261.



## Yo Soy El Pan de Vida



## GRUPOS VOLUNTARIOS

### MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

### GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM. Comunicarse con José Ricardo Díaz al 703-622-6351 o Saul Orellana al 703-869-7095.

### LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

### LECTORES

Si deseas unirte al ministerio de la Liturgia como *lector*, comunicarse con Reynaldo Campos al 703-626-5473.

### UJIERES

Si quieres servir como *ujier*, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769.

### CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

## Programa de Educación Religiosa

### TODAVIA PUEDE REGISTRARSE PARA LAS CLASES DE EDUCACION RELIGIOSA!

- Estudiantes (k-8) y niños pre-escolares
- Domingos en las tardes en el Salón Parroquial
- Mas información, envíe un mensaje a Leigh Hasson, DRE@ololcc.net o haga un clic in el QR code



## Reflexión de la Semana

“Cualquiera que les dé un vaso de agua en mi nombre, por ser ustedes de Cristo, no perderá su recompensa.” Marcos 9:41

Somos hechos a imagen y semejanza de Dios. Tenemos la tendencia a olvidar eso. Cuando miramos a otros, ¿ves la cara de Jesús en ellos? Cuando otros te miran, ¿ven en ti la cara de Jesús? Cuando nos damos cuenta de que todas las vidas son importantes para Dios, entonces son más fáciles la generosidad y el agradecimiento.

## EVENTOS PARROQUIALES

### DESAYUNO DE LOS CABALLEROS DE COLÓN Domingo, 6 de Octubre

Ven a nuestro primer desayuno mensual organizado por los Caballeros de Colon, después de las misas de las 8:00 AM y 10:00 AM en el Salón Parroquial.

### BENDICION DE LOS ANIMALES Domingo, 6 de Octubre

Traiga a su mascota a una bendición de animales frente a la iglesia después de la Misa de las 12:00 PM, en honor de la fiesta de San Francisco de Asis.



### FESTIVAL DE LA HERENCIA HISPANA Domingo, 13 de Octubre

Acompáñanos a celebrar el Festival de la Herencia Hispana en la Catedral de Santo Tomas desde las 11:00 AM a 6:00 PM. Habrá música en vivo, comida internacional, y diversión para niños. El Obispo Michael Burbidge oficiara la Misa en español a las 12:30 PM. Te esperamos!



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