



# OUR LADY *of* LOURDES

## NUESTRA SEÑORA *de* LOURDES

OCTOBER 1, 2023

TWENTY-SIXTH SUNDAY IN ORDINARY TIME

1 DE OCTUBRE, 2023

VIGESIMO SEXTO DOMINGO DE TIEMPO ORDINARIO



***HE CAME TO THE FIRST AND SAID, "SON, GO OUT AND WORK IN THE VINEYARD TODAY." HE SAID IN REPLY, "I WILL NOT", BUT AFTERWARDS CHANGED HIS MIND AND WENT.***



Parish  
Registration



Make One-Time  
Donation



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CCD



Faith Direct for  
eGiving

830 23rd Street South ❖ Arlington, VA 22202 ❖ 703-684-9261 ❖ [olol@lolcc.net](mailto:olol@lolcc.net) ❖ [www.lolcc.net](http://www.lolcc.net)

## PARISH INFORMATION

### OFFICE HOURS

Monday – Friday: 8:00 AM – 4:00 PM

### REGISTRATION

Visit [www.ololcc.net](http://www.ololcc.net) and click “I’m New” to join our parish.

### MASS SCHEDULE

**Sunday Mass:** 5:30 PM Vigil (Saturday)  
8:00 AM \* 10:00 AM \* 12:00 PM \* 5:00 PM (Español)

**Monday-Friday:** 6:45 AM \* 12:00 PM

**Saturday morning:** 9:00 AM

**July 4th & Thanksgiving:** 10:00 AM

**All Other Federal Holidays:** 9:00 AM

**Holy Days of Obligation:** 7:00 PM Vigil \* 6:45 AM \*  
12:00 PM \* 7:00 PM

• Note schedule changes for Christmas, Holy Week, Easter, and other Holidays and special occasions.

### CONFESSIONS

**Saturday:** 4:00 PM – 5:00 PM

**Sunday:** 4:15 PM – 4:45 PM (Español)

**Tuesday, Thursday & Friday:** 12:30 PM

• Note special Confessions schedules during Advent, Lent and Holy Week.

### ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

### EXPOSITION OF THE BLESSED SACRAMENT

**Fridays:** 12:30 PM – 3:00 PM

### ROSARY

**Monday – Friday:** 6:15 AM \* 11:30 AM

**Saturday:** 9:30 AM

### DEVOTIONS

**Miraculous Medal Novena - Wednesday:** 12:30 PM

**Divine Mercy Chaplet - Friday:** 3:00 PM

### CLERGY

Fr. Frederick H. Edlefsen, *Pastor*

Fr. Joseph R. Kenna, *Parochial Vicar*

Fr. Daniel L. Mode, *In Residence*

Fr. Steven R. Walker, *In Residence*

### STAFF

Ms. Debra Corrie, *Office Manager*

Mrs. Mary Ellen Hill, *Office Assistant*

Mrs. Esperanza Miranda, *Office Assistant*

Ms. Leigh Hasson, *Director of Religious Education (DRE)*

Mr. Tom Bartolomeo, *Director of Music*

## SACRAMENTS

### BAPTISM

Children’s Baptisms arranged by appointment.

Visit [www.ololcc.net](http://www.ololcc.net) and click “Mass & More” and “Baptism” to submit a request. Or call the Rectory Office.

### FIRST HOLY COMMUNION

**Grades 1-2** prepare for First Holy Communion in our two-year CCD program. Visit [www.ololcc.net](http://www.ololcc.net) and click “Get Involved” and “Religious Education” to register.

### CONFIRMATION

**Grades 7 & 8** prepare for Confirmation in our CCD program. Visit [www.ololcc.net](http://www.ololcc.net) and click “Get Involved” and “Religious Education” to register. Or contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net).

**Youth Ages 14-17:** Contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

**Baptized Adults 18+:** Follow the prompts on “How Can I Help You” on our website [www.ololcc.net](http://www.ololcc.net) or contact the Rectory Office.

### BECOMING CATHOLIC & ADULT CONFIRMATION

The Order of Christian Initiation for Adults (OCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall with a view to receiving these Sacraments at the Easter Vigil Mass. Visit [www.ololcc.net](http://www.ololcc.net) and click “Get Involved” and “Explore Catholicism” to register. Or call the Rectory Office to speak with a priest.

### GODPARENTS AND CONFIRMATION SPONSORS

Have you been asked to be Godparent or Confirmation Sponsor? Go to our website and click “How Can We Help You?” and follow the prompts for Sacraments of Initiation and Godparents/Sponsors. Or call the Rectory Office.

### MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at [www.ololcc.net](http://www.ololcc.net) under “Mass & More” and “Marriage Prep”.



October 1, 2023

The 26th Sunday in Ordinary Time  
WEEKLY MASS INTENTIONS

SATURDAY SEPTEMBER 30

*Saint Jerome, Priest and Doctor of the Church*

9:00 AM + Ada Cerreta by Mark and Susan  
DiNapoli

5:30 PM Fr. Frederick Edlefsen

SUNDAY OCTOBER 1

*Twenty-Sixth Sunday in Ordinary Time*

8:00 AM Fr. Joseph Kenna

10:00 AM For all parishioners, living and deceased

12:00 PM + Mazi Kingsley Ijeoma by Nneka Ijeoma

5:00 PM (Spanish) Celebrant's Intentions

MONDAY OCTOBER 2

*The Holy Guardian Angels*

6:45 AM Catherine Tibbs by James and Maryellen  
Tibbs

12:00 PM Rocque (Rock) Kramer by Eve Kramer

TUESDAY OCTOBER 3

6:45 AM + Nancy Tibbs by James and Maryellen  
Tibbs

12:00 PM Fr. Daniel Mode

WEDNESDAY OCTOBER 4

*Saint Francis of Assisi*

6:45 AM Tony and Maite Fernandez by Tony  
Fernandez

12:00 PM Fr. Stephen Walker

THURSDAY OCTOBER 5

*Saint Faustina Kowalska, Virgin*

6:45 AM Alejandro Fernandez-Ribas by Tony and  
Maite Fernandez

12:00 PM Peter Filpi by Mary Downey

FRIDAY OCTOBER 6

*Saint Bruno, Priest*

6:45 AM Marco Fernandez-Ribas by Tony and  
Maite Fernandez

12:00 PM Eric Kramer by Eve Kramer

MASS INTENTIONS

You are invited to honor a friend, relative, or loved one with an Our Lady of Lourdes Mass! Please contact the Rectory Office at 703-684-9261 or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

INVITE OUR LADY OF LOURDES HOME FOR A VISIT

Our parish's Legion of Mary group is offering parishioners the opportunity to host the "Pilgrim Virgin" statue of Mary in their home for 1-2 weeks. Many blessings can arise from Our Lady's visit! Contact the Legion of Mary at [csb1789@hotmail.com](mailto:csb1789@hotmail.com)

Friendship and Holiness

By Fr. Frederick Edlefsen

***"A faithful friend is a sturdy shelter:  
he that has found one has found a treasure.  
There is nothing so precious as a faithful friend,  
and no scales can measure his excellence.  
A faithful friend is an elixir of life;  
and those who fear the Lord will find him."  
(Sirach 6:14-16)***

Students are back into the thick of school. No matter how hard they study, academics is probably not the most important thing on their minds. That's only natural. In truth, friendship is the most important experience of youth — even more than romance. In fact, a person must learn the art of being a good friend before they can be a good spouse. When I was college chaplain, I told students that good friendships are more important than good grades. Of course, some parents were displeased with this counsel. However, I stand my ground: friendship is the most formative experience of youth.

The subject is worth serious reflection.

Learning is enriched by *disciplined* reflection on questions like these:

What is a good life? What makes a good friend? What makes a good spouse? What's the role of one's feelings and affections in healthy friendships, habits of charity, and social behavior? What affections are healthy? Which ones ought to be acknowledged but not obeyed because they may do more harm than good? Which ones incline us to generosity? To selfishness?

Here's another issue to consider: Though it's possible to have many friends, is only possible to have a few *close* friends (at a given moment). But we must love everyone, with an openness to friendship. How are friendship and charity related, even though they are different? A healthy friendship grows out of itself into charity, and thereby into potentially new friendships. On the flip side, an unhealthy friendship *turns in on itself*. It's possessive or exclusive. If an unhealthy bond like this develops - which is not uncommon in youth- a time of "getting away from one another" could be an uncomfortable but life-giving experience. Healthy friendship is always honest, chaste, and freeing. It can bring out the grace of Baptism. A true friend shares in the joy of our successes and encourages us after failures. A true friend encourages us to live a virtuous and generous life.

***"A faithful friend is an elixir of life"  
(Sirach 6:16).***



## OUR PARISH

### MESSAGE FROM THE PASTOR



This season, you are called to grow in your relationship with Jesus Christ. Fr. Edlefsen asks everyone to commit to attending one or more weekday Masses per week, going to monthly Confession, spending quiet time with the Bible before the Blessed Sacrament, and meditating daily for five minutes on the day's Mass readings. Christ is calling you to renew your faith in His real presence in

the Eucharist, and your mission to bring God's life and justice to the world. Feel free to speak with a priest.

### PLEASE PRAY FOR

**Dana Gould, Paul Durand, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, Jim & Becky McManaman, Bridget Hinds, Jose Silva, Peter & Geraldine Filpi, and Parfait Williams.** Please contact the Rectory at 703-684-9261 or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange.

### PRO-LIFE ROSARY

**Tuesdays \* 7:00 PM \* Our Lady of Lourdes**

Join our Pro-Life Committee in the church to pray a weekly rosary for the unborn and put an end to abortions.



### PRAYER CHAIN

Have an urgent need for prayers? Members of our parish will pray for your intention. Please contact James at 703-887-7117 or [ejt@cybtek.com](mailto:ejt@cybtek.com) with your request. Please provide a first name and prayer intention for persons needing prayer.

### ALTAR FLOWERS

**This week's Altar Flowers were provided in honor of the Blessed Virgin Mary and Estella & Soleme**

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one, or to commemorate a special event. Sponsorship is \$50. Contact the Rectory Office at 703-684-9261 or [olol@ololcc.net](mailto:olol@ololcc.net). **Next available date is October 22nd.**

### SAINT VINCENT DE PAUL SOCIETY (SVDP)

The Society of St. Vincent de Paul (SVDP) is still looking for volunteers. If you would like to volunteer, please send an email to [SVDPOLOLconference@gmail.com](mailto:SVDPOLOLconference@gmail.com).

### COUNSELING SERVICES ON SITE AT OLOL

Our parish is hosting Laura Salzmann, MA, NCC, a mental health therapist from Catholic Charities Family Services of the Diocese of Arlington. She will be offering counseling services every **Wednesdays from 8 AM to 4 PM in the Parish Hall**. Laura is a Resident in Counseling in the state of Virginia, with a master's degree in Clinical Mental Health Counseling from Franciscan University of Steubenville. She works with children, adolescents, and adults experiencing anxiety, depression, grief, trauma, life changes and interpersonal issues. If you are interested in a consultation, please call her at (703) 454-2437 or Family Services' direct intake line at (703) 687-8987.

### OCTOBER IS THE MONTH OF THE HOLY ROSARY!

Father Edlefsen encourages all to pray at least a decade of the Rosary daily, while contemplating Christ's life, and devoting ourselves to the Blessed Mother. **October 7 is the Feast Day of Our Lady of the Rosary.**



## JOB OPENING

### HELP WANTED: SNOW REMOVAL CONTRACTOR

Our Lady of Lourdes is seeking a reliable snow removal contractor for this winter. If you know someone who plows at 2" and cleats walkways at 1", please contact Debbie Corrie, our Office Manager, in the parish office.

### PART TIME MAINTENANCE AND SAFETY FACILITATOR

Our Lady of Lourdes seeks a Maintenance & Safety Facilitator for 10-20 hours/week to perform routine and ad hoc maintenance/handyman tasks in the Church, Rectory, Office and a Parish Hall with kitchen and classrooms. Ensures good repair of facilities and grounds. Routinely inspects drains, sum pumps, appliances, generator, thermostats, smoke detectors, and other devices. Serves as point of contact for contractors and facility inspectors. Sets up and takes down tables and chairs for events. Background check and diocesan child protection compliance required. Submit all inquiries to [olol@ololcc.net](mailto:olol@ololcc.net) with the headline MAINTENANCE.

## VOLUNTEER

### VOLUNTEER AT OUR LADY OF LOURDES

Share your unique gift with the parish! Scan this QR code or visit our volunteer page on [www.ololcc.net](http://www.ololcc.net). We have



many ministries, and we need YOU. The greatest needs are for sacristans, money counters, choir singers and CCD Teachers. Hispano-hablantes, you are especially needed to help our Saint Vincent de Paul ministry. Thank you for your support to our Parish Community!

### ARE YOU AN ANGEL?

No experience necessary to join our "GARDENING ANGELS" to help maintain the churchyard gardens. Join in and learn as you work. Hours to fit your schedule. Please send an email to Carole DeLong at [cdelong828@aol.com](mailto:cdelong828@aol.com).



### A FEW GOOD MEN NEEDED

Boys in the 4<sup>th</sup> grade or older are invited to serve at the Altar. If your son would like to be trained as an Altar Server, please contact Joe Mazel at [joe.mazel4@gmail.com](mailto:joe.mazel4@gmail.com). Once trained, boys will be scheduled to serve one Mass per weekend. Siblings may serve together.



### ST. MARTIN DE PORRES SENIOR CENTER SEEKS VOLUNTEERS

Help is needed at Catholic Charities St. Martin de Porres Senior Center in Alexandria. The center is seeking nurses for health and wellness check, nutritionists, exercise instructors and arts and crafts instructors. Hours are Monday-Friday from 9 AM to 1:30 PM. For more information or to sign up, please visit <https://bit.ly/SMDPVOL> , or call (703) 224-1478.

## RELIGIOUS EDUCATION

**WELCOME CCD STUDENTS**

**REGISTRATION IS STILL OPEN**

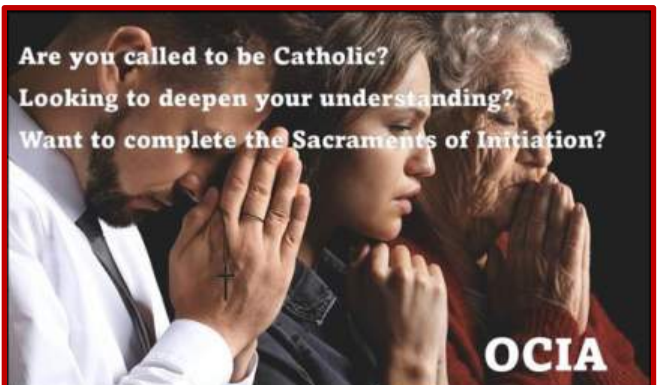
Sign up at <https://ololcc.net/get-involved/religious-education>

Any questions please contact Leigh Hasson, Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net)

**Stewardship Reflection**  
*"Do nothing out of selfishness; rather, humbly regard others as more important than yourselves..."*  
*Philippians 2:3*

Pride and ego are hard things to control. We see how others act or dress and think we are superior to them. We idolize our own self-image. But, if we truly believe everything is a gift from God, we recognize all the people that God has put in our lives as gifts! Pray every day for the people in your life: your family, friends, and those who make you angry.

Are you called to be Catholic?  
Looking to deepen your understanding?  
Want to complete the Sacraments of Initiation?



**OCIA**

**Your journey of faith starts September 11th.  
Mondays at 7pm in the Parish Hall.  
Come Home to the Catholic Church.**

[www.ololcc.net](http://www.ololcc.net)

703-684-9261

## FORMED

Free Catholic Films, Podcasts, Audio Books & More!



As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED, an online Catholic media streaming service. Enjoy hundreds of Catholic films, e-books, podcasts, study courses, and more on your computer, tablet, and smartphone. Register at [formed.org/signup](https://formed.org/signup) and enter zip code "22202" or "Our Lady of Lourdes VA" to start using this service.

## MARY, EXPLAINED



Bishop Burbidge invites us to look at Mary, our Blessed Mother, and imitate her example of receiving the Word and bearing the Word into the world. Produced by the Arlington Diocese, this 7-part video series explain the theology, traditions and devotions to Our Lady and encourages us to grow closer to her with the ultimate goal of growing closer Christ.

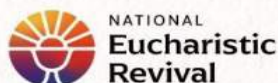
<https://www.arlingtondiocese.org/maryexplained/>

## NATIONAL EUCHARISTIC REVIVAL

June 2023 – June 2024 Year of Parish Revival

This year, we are all called to renew our faith and life in the grace of the Church's sacraments. Father Edlefsen asks all parishioners to learn more about this year's Eucharistic Revival, taking place in parishes throughout the country.

<https://www.eucharisticrevival.org/>



## THE ARLINGTON DIOCESE

### A JUBILEE JOURNEY WITH MARY

**Marian Pilgrimage to Celebrate the Diocese's Jubilee Year.**

Mary has been given titles from Scripture, from teachings of the Church, and from many instances that Mary visited places on the earth to encourage people to spend more time in prayer with Jesus. There are 11 churches in the Diocese of Arlington which are named after Mary or one of her many titles. In preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to visit as many of those churches named after the Blessed Mother and spend time in prayer at each! **Our Lady of Lourdes is one of the 11 churches that made the list!**

<https://www.arlingtondiocese.org/jubileejourney/>

### DIOCESAN PILGRIMAGE TO EMMITSBURG

**Saturday, October 7\* 9 AM – 3 PM\* Emmitsburg, MD**

Join Bishop Michael F. Burbidge and our diocesan family on a pilgrimage to the National Shrine of Saint Elizabeth Ann Seton and the National Shrine Grotto of Our Lady of Lourdes, in Emmitsburg, MD. The day will include a talk on Saint Elizabeth Ann Seton, Mass, procession, and Eucharistic Adoration. For mor information and full schedule, see the bulletin ad or visit:

<https://www.arlingtondiocese.org/pilgrimage-emmitsburg/>

### PRAISE AND WORSHIP HOLY HOUR FOR HEALING AND CONVERSION

**Tuesday, October 10\* 7:30 PM\***

**St. Leo the Great**

Bishop Burbidge will lead in prayer along with musician Michelle Jacobee for the conversion and healing in families. The Sacrament of Reconciliation will be available.

### MASS FOR MARRIAGE JUBILARIANS

**Sunday, October 15\* 3 PM\* St. Agnes, Arlington**

Celebrating a golden or silver wedding anniversary this year? Were you married in 1973 or 1998? Then join Bishop Michael Burbidge for the 2023 Mass for Jubilarians to be celebrated on Sunday, October 15, 2023. To

register, please contact our Rectory Office no later than Monday, October 2, 2023. For more info, visit [www.arlingtondiocese.org/MJM](https://www.arlingtondiocese.org/MJM).





**BISHOP'S PODCAST:  
WALK HUMBLY**

Look for Bishop Burbidge's Homilies and Podcasts at [www.arlingtondiocese.org/bishop/on-the-air](http://www.arlingtondiocese.org/bishop/on-the-air) where he offers a Catholic perspective on the most recent events in our society, and he answers questions from the faithful.

**VICTIM ASSISTANCE PROGRAM FOR THOSE SEXUALLY ABUSED AS MINORS**

The Diocese of Arlington offers comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children survivors of sexual abuse are encouraged to contact the diocesan **Victim Assistance Coordinator** at (703) 841-2350 or visit [www.arlingtondiocese.org/victim-assistance/](http://www.arlingtondiocese.org/victim-assistance/)

**VOCATIONS**

**COOKING UP SOME FUN WITH FIAT**

**Saturday, October 14 \* 10 AM – 3 PM \* Washington D.C.**  
The Little Sisters of the Poor are cooking up some fun for high school girls interested in growing spirituality and exploring their vocation. The day will take place at the St. Jeanne Jugan Residence in Washington D.C, and will include Mass, baking, lunch and adoration. Visit [www.ArlingtonDiocese.org/FIAT](http://www.ArlingtonDiocese.org/FIAT) or call (703) 841-2514. Space is limited. **Register by October 6.**


**Young Men Ages 16-35**

**Of sound Mind and Body  
Who believe in the Gospel of Jesus Christ  
And love his Catholic Church....  
YOU ARE INVITED!**



**"Come and see!"  
Bishop Burbidge  
invites you to a "Saint  
Andrew Dinner" at St.  
Louis Catholic Church  
in Alexandria at 6 PM  
on Friday, October 20.**

The bishop will speak and answer questions about the priesthood. Fr. Edlefsen will be happy to join you. If interested, please contact Fr. Edlefsen at the parish office. Of course, no commitments necessary!  
Just "come and see" (John 1:39-41).



**"He humbled Himself and became obedient..."**

If the Lord invites you to follow Him in humble obedience as a priest or in the consecrated life, how will you respond?  
Contact Fr. Michael Isenberg,  
Vocations Director, at (703) 841-2514  
or email:  
[vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org).

**LOVING THROUGH LOSS COUPLE'S WORKSHOP**

**Saturday, October 28 \* 9 AM \* St. Thomas á Becket , Reston**  
For families who have experienced the loss of a child from pregnancy through adulthood, this one-day workshop helps couples understand how the trauma of child loss affects the family dynamic, while teaching them how to love each other through the complexity of child loss. The day will begin with Mass, followed by personal testimonies from families of loss, time for reflection, spiritual direction, and group discussion. Cost is \$80 per couple. Register at [www.arlingtondiocese.org/redbird](http://www.arlingtondiocese.org/redbird)

**STEWARDSHIP**

**FAITH DIRECT ONLINE GIVING**

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code below or on the cover of this bulletin, or visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**.



**SHARING OUR GIFTS**

As Christians we are asked to nurture our many gifts during our lifetime and return them to our Heavenly Father with an increase. One way we can do that is to help our parish meet its future needs by including a bequest to Our Lady of Lourdes in your will. For more information, call the Diocesan Planned Giving Office at (703) 841-3819 or visit [www.arlingtondiocese.planmylegacy.org](http://www.arlingtondiocese.planmylegacy.org).

**SECOND COLLECTION NEXT WEEKEND**

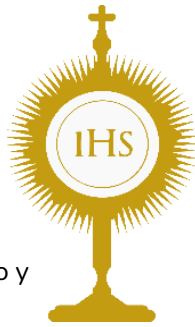
**October 7 & 8 \* Maintenance & Improvement Fund**

**SPONSOR OF THE WEEK**  
**Regency Care of Arlington**  
[Regencycarearlington.com](http://Regencycarearlington.com) / (703) 920-5700

## NUESTRA PARROQUIA

### MENSAJE DE NUESTRO PÁRROCO

Todos estamos llamados a crecer en nuestra relación con Jesucristo. El Padre Edlefsen pide a todos que se comprometan a asistir a una o más Misas diarias durante la semana, ir a la Confesión una vez al mes, pasar tiempo con la Biblia ante el Santísimo Sacramento y meditar cinco minutos sobre las lecturas de la Misa del día. Cristo te está llamando a renovar tu fe en Su presencia real en la Eucaristía, y la misión de llevar el mensaje de vida y justicia de Dios al mundo.



### CONFERENCIA DE LA SOCIEDAD DE SAN VICENTE DE PAÚL (SVDP)

La conferencia de la Sociedad de San Vicente de Paúl (SVDP) de Nuestra Señora de Lourdes ya comenzó a proporcionar asistencia financiera para servicios públicos, alquiler y emergencias. Si desea ser voluntario con SVDP, envíe un mensaje a [SVDPOLconference@gmail.com](mailto:SVDPOLconference@gmail.com).

### BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. La carta debe tener sello de la parroquia, firmada por el párroco y ser enviada a Nuestra Señora de Lourdes una semana antes del día del bautismo. Próxima charla pre-bautismal será el **Domingo, Octubre 29** en el Lourdes Center a las 6:15 PM.

### SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, por favor comunicarse con la oficina 7 -8 meses antes de la fecha del matrimonio al 703-684-9261.

### POR FAVOR OREN POR

Paul Durand, Ed Boehme, Rosa Diéquez, April García, Ron Harris, Jim y Becky McManaman, Bridget Hinds, José Silva, Peter y Geraldine Filpi, y Parfait Williams. Comuníquese con la Rectoría al 703-684-9261 o [olol@lolcc.net](mailto:olol@lolcc.net) si necesita incluir a alguien en oración.

### EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM – 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!

## Amistad y Santidad

P. Frederick Edlefsen

**"El amigo fiel es seguro refugio,  
el que le encuentra, ha encontrado un tesoro.  
El amigo fiel no tiene precio,  
no hay peso que mida su valor.  
El amigo fiel es un elixir de la vida,  
los que temen al Señor lo encontrarán".  
(Eclesiástico 6:14-16)**

Los estudiantes han regresado de lleno a las escuelas. Pero no importa cuánto estudien, los estudios probablemente no sea lo más importante en sus mentes. Esto es natural. En realidad, la amistad es la experiencia más importante durante la juventud, incluso más que el romance. De hecho, una persona debe aprender el arte de ser un buen amigo antes de que pueda ser un buen cónyuge. Cuando era capellán de la universidad, les decía a los estudiantes que los buenos amigos son más importantes que las buenas calificaciones. Por supuesto, a algunos padres no les gustaba este consejo. Sin embargo, lo reitero: la amistad es la experiencia más formativa de la juventud. Este tema merece una seria reflexión.

El aprendizaje se enriquece con una *reflexión disciplinada* sobre preguntas como las siguientes: ¿Qué es una buena vida? ¿Qué hace a un buen amigo? ¿Qué hace a un buen cónyuge? ¿Cuál es el papel de nuestros propios sentimientos y afectos en la formación de buenas amistades, los hábitos de caridad y el comportamiento social? ¿Qué afectos son saludables? ¿Cuáles deben ser reconocidos pero no darles seguimiento porque pueden hacer más daño que bien? ¿Qué apreciaciones nos inclinan a la generosidad? ¿Al egoísmo?

Hay otro tema a considerar aquí: aunque es posible tener muchos amigos, solo son pocos los amigos *cercanos* (en un momento dado). Sin embargo, debemos amar a todos, con el corazón abierto a la amistad. ¿Y cómo se relacionan la amistad y la caridad, aunque sean diferentes? Una amistad sana crece fuera de sí misma en caridad, y por lo tanto tiene el potencial de crecer. Por otro lado, una amistad dañina *se enfoca en ella misma*. Se vuelve posesiva o exclusiva. Si se desarrolla un vínculo malsano como éste, lo cual ocurre a menudo en la juventud, es el momento de "alejarse el uno del otro", lo cual podría ser una experiencia incómoda pero muy beneficiosa. Una amistad sana siempre es honesta, pura y liberadora. Puede sacar a relucir la gracia del Bautismo. Un verdadero amigo comparte la alegría de nuestros éxitos y nos anima después de los fracasos. Un verdadero amigo nos anima a vivir una vida virtuosa y generosa.

**"El amigo fiel es un elixir de la vida"  
(Eclesiástico 6:16).**



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Junio 2023 – Junio 2024

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Durante este Año Nacional de Avivamiento Eucarístico, todos estamos llamados a renovar nuestra fe en la gracia de los sacramentos de la Iglesia. El Padre Edlefsen invita a todos los feligreses a aprender más sobre esta importante iniciativa que se está llevando a cabo en las parroquias de todo el país  
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## EDUCACION RELIGIOSA (CCD)

Las clases de CCD ya empezaron, pero los niños pueden unirse durante el año escolar. Para registrarse, envíe el formulario de registro que se encuentra en nuestro sitio web bajo la sección "Get Involved" y "Religious Education". Comuníquese con Leigh Hasson, nuestro DRE, a [dre@ololcc.net](mailto:dre@ololcc.net) con cualquier pregunta.

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Si está interesado, ponte en contacto con el P. Edlefsen en la oficina parroquial.

"Ven y veras" (Juan 1:39-41).

**1 DE OCTUBRE DE 2023**

**Domingo 26o del Tiempo Ordinario**

"No hagan nada por rivalidad ni orgullo. Sean humildes y cada uno considere a los demás como más importantes que si mismo..." Filipenses 2:3

El orgullo y el ego son difíciles de controlar. Vemos como se visten o actúan los demás y pensamos que somos superiores a ellos. Idealizamos nuestra propia imagen. Sin embargo, si realmente creemos que todas las cosas son dones de Dios, reconoceremos como regalos a todas las personas que Dios ha puesto en nuestras vidas.

## GRUPOS VOLUNTARIOS

### MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730.

### GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM. Comunicarse con José Granados al 703-869-9469 o Sergio Benitez al 240-706-2447.

### LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

### LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Ana Rivera al 703-508-7751.

### UJIERES

Si quieres servir como *ujier*, comunicarse con Reynaldo Campos (703-626-5473) o Manuel Bonilla (571-594-2769).

### CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

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