



# OUR LADY *of* LOURDES

## NUESTRA SEÑORA *de* LOURDES

OCTOBER 22, 2023

22 DE OCTUBRE, 2023

TWENTY-NINTH SUNDAY IN ORDINARY TIME

VIGESIMO NOVENO DOMINGO DE TIEMPO ORDINARIO



***THEN REPAY TO CAESAR WHAT BELONGS TO CAESAR  
AND TO GOD WHAT BELONGS TO GOD***



Parish  
Registration



Make One-Time  
Donation



Sign Up for  
CCD



Faith Direct for  
eGiving

830 23rd Street South ❖ Arlington, VA 22202 ❖ 703-684-9261 ❖ [olol@ololcc.net](mailto:olol@ololcc.net) ❖ [www.ololcc.net](http://www.ololcc.net)

## PARISH INFORMATION

### OFFICE HOURS

Monday – Friday: 8:00 AM – 4:00 PM

### REGISTRATION

Visit [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “I’m New” to join our parish.

### MASS SCHEDULE

**Sunday Mass:** 5:30 PM Vigil (Saturday)  
8:00 AM \* 10:00 AM \* 12:00 PM \* 5:00 PM (Español)

**Monday-Friday:** 6:45 AM \* 12:00 PM

**Saturday morning:** 9:00 AM

**July 4th & Thanksgiving:** 10:00 AM

**All Other Federal Holidays:** 9:00 AM

**Holy Days of Obligation:** 7:00 PM Vigil \* 6:45 AM \*  
12:00 PM \* 7:00 PM

• Note schedule changes for Christmas, Holy Week, Easter, and other Holidays and special occasions.

### CONFESSIONS

**Saturday:** 4:00 PM – 5:00 PM

**Sunday:** 4:15 PM – 4:45 PM (Español)

**Tuesday, Thursday & Friday:** 12:30 PM

• Note special Confessions schedules during Advent, Lent and Holy Week.

### ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

### EXPOSITION OF THE BLESSED SACRAMENT

**Fridays:** 12:30 PM – 3:00 PM

### ROSARY

**Monday – Friday:** 6:15 AM \* 11:30 AM

**Saturday:** 9:30 AM

### DEVOTIONS

**Miraculous Medal Novena - Wednesday:** 12:30 PM

**Divine Mercy Chaplet - Friday:** 3:00 PM

### CLERGY

Fr. Frederick H. Edlefsen, *Pastor*

Fr. Joseph R. Kenna, *Parochial Vicar*

Fr. Daniel L. Mode, *In Residence*

Fr. Steven R. Walker, *In Residence*

### STAFF

Ms. Debra Corrie, *Office Manager*

Mrs. Mary Ellen Hill, *Office Assistant*

Mrs. Esperanza Miranda, *Office Assistant*

Ms. Leigh Hasson, *Director of Religious Education (DRE)*

Mr. Tom Bartolomeo, *Director of Music*

## SACRAMENTS

### BAPTISM

Children’s Baptisms arranged by appointment.

Visit [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “Mass & More” and “Baptism” to submit a request. Or call the Rectory Office.

### FIRST HOLY COMMUNION

**Grades 1-2** prepare for First Holy Communion in our two-year CCD program. Visit [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “Get Involved” and “Religious Education” to register.

### CONFIRMATION

**Grades 7 & 8** prepare for Confirmation in our CCD program. Visit [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “Get Involved” and “Religious Education” to register. Or contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net).

**Youth Ages 14-17:** Contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

**Baptized Adults 18+:** Follow the prompts on “How Can I Help You” on our website [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) or contact the Rectory Office.

### BECOMING CATHOLIC & ADULT CONFIRMATION

The Order of Christian Initiation for Adults (OCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall with a view to receiving these Sacraments at the Easter Vigil Mass. Visit [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “Get Involved” and “Explore Catholicism” to register. Or call the Rectory Office to speak with a priest.

### GODPARENTS AND CONFIRMATION SPONSORS

Have you been asked to be Godparent or Confirmation Sponsor? Go to our website and click “How Can We Help You?” and follow the prompts for Sacraments of Initiation and Godparents/Sponsors. Or call the Rectory Office.

### MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at under [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) “Mass & More” and “Marriage Prep”.



October 22, 2023

The 29th Sunday in Ordinary Time  
WEEKLY MASS INTENTIONS

<b>SATURDAY</b>	<b>OCTOBER 21</b>
9:00 AM	Nick Vetrano by Janet Vetrano
5:30 PM	+ Irena and Jozef Pronczuk by the Pronczuk family
<b>SUNDAY</b>	<b>OCTOBER 22</b>
<i>Twenty-Ninth Sunday in Ordinary Time</i>	
8:00 AM	+ Mazi Kingsley Ijeoma by Nneka Ijeoma
10:00 AM	For all parishioners, living and deceased
12:00 PM	Eve Kramer
5:00 PM (Spanish)	Celebrant's Intentions
<b>MONDAY</b>	<b>OCTOBER 23</b>
<i>St. John of Capistrano, Priest</i>	
6:45 AM	Dean Philip Corrie Sartain by Debbie Corrie
12:00 PM	Alyce and John Raphael Venoit by Sheila Venoit
<b>TUESDAY</b>	<b>OCTOBER 24</b>
<i>Saint Anthony Mary Claret, Bishop</i>	
6:45 AM	Alyce and John Raphael Venoit by Sheila Venoit
12:00 PM	+ Mary Lee Larvadain
<b>WEDNESDAY</b>	<b>OCTOBER 25</b>
6:45 AM	Fr. Frederick Edlefsen
12:00 PM	+ Francis and Joe Pluchinsky by Diane M. Dusza
<b>THURSDAY</b>	<b>OCTOBER 26</b>
6:45 AM	Fr. Joseph Kenna
12:00 PM	Rita Knott by James and Maryellen Tibbs
<b>FRIDAY</b>	<b>OCTOBER 27</b>
6:45 AM	Fr. Daniel Mode
12:00 PM	The Afghani Women of the World

**MASS INTENTIONS**

You are invited to honor a friend, relative, or loved one with an Our Lady of Lourdes Mass! Please contact the Rectory Office at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

**INVITE OUR LADY OF LOURDES HOME FOR A VISIT**

Our parish's Legion of Mary group is offering parishioners the opportunity to host the "*Pilgrim Virgin*" statue of Mary in their home for 1-2 weeks. Many blessings can arise from Our Lady's visit! Contact the Legion of Mary at [csb1789@hotmail.com](mailto:csb1789@hotmail.com)

The Angel of Ordinary Life  
Adapted from "Walking with St. Raphael"  
By Fr. Lawrence Lovacik



St. Raphael the Archangel journeys in disguise by your side. He is God's hidden messenger. Read *The Book of Tobit*. Raphael instructs and comforts you, as he did for Tobias. You will not be spared of fear, doubt, or suffering. But confide in the Archangel. If you do, fear, doubt, and suffering will not control you. But you must have faith! Raphael promises joy in the end. He is joy's Angel.

**Angel of Happy Meetings**

Raphael is a patron of youth. He guided Tobias' dangerous journey through a strange world. He preserved Tobias' innocence. He delivered his future wife Sara from the evil spirits and misfortune. He does the same for us all today.

Saint Raphael is the Angel of happy meetings and wise choices. Through Raphael, Tobias met his bride. Tobias was unsure of himself until Raphael arranged a meeting with Sara. Raphael unites people. At times, he separates people when it is wise — even when it's emotionally painful — to stave off harmful relationships. Trust Raphael, like Tobias did. Bring him your difficulties in prayer. Seek his help in temptations. He will navigate you.

**Angel of Everyday Life**

St. Raphael's devotion to Tobias showed itself in ordinary life. Tobias obeys the Archangel, despite of his inclinations. With the Angel's help, Tobias subdues a monster which then gives him food and medicine. Tobias obeys the Angel and meets Sara, who brings him happiness and prosperity. Obeying the Angel, Tobias runs ahead of Sara to meet his father and mother. In the end, when Tobias gratefully offers Raphael gifts, he stunningly discovers that his guide is not a man, but God's Angel.

Grace attaches itself to anything, from relieving headaches to deathbed conversions. In everything, Raphael manages your affairs. The Spirit understands your problems, including life's impossibilities and impasses. But you must ask him and then trust him. When Raphael revealed himself to Tobias, he said: "*Now when you... prayed, it was I who presented the record of your prayer before the Glory of the Lord*" (*Tobit 12:12*).



## OUR PARISH

### MESSAGE FROM THE PASTOR



This season, you are called to grow in your relationship with Jesus Christ. Fr. Edlefsen asks everyone to commit to attending one or more weekday Masses per week, going to monthly Confession, spending quiet time with the Bible before the Blessed Sacrament, and meditating daily for five minutes on the day's Mass readings. Christ is calling you to renew your faith in His real presence in the Eucharist, and your mission to bring God's life and justice to the world. Feel free to speak with a priest.

### PLEASE PRAY FOR

**Dana Gould, Paul Durand, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, Jim & Becky McManaman, Bridget Hinds, Jose Silva, Peter & Geraldine Filpi, Parfait Williams and Francis Xavier Eversole.** Please contact the Rectory at 703-684-9261 or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange.

### PRO-LIFE ROSARY

**Tuesdays \* 7:00 PM \* Our Lady of Lourdes**

Join our Pro-Life Committee in the church to pray a weekly rosary for the unborn and put an end to abortions.



### PRAYER CHAIN

Have an urgent need for prayers? Members of our parish will pray for your intention. Please contact James at 703-887-7117 or [ejt@cybtek.com](mailto:ejt@cybtek.com) with your request. Please provide a first name and prayer intention for persons needing prayer.

### ALTAR FLOWERS

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one, or to commemorate a special event. Sponsorship is \$50. Contact the Rectory Office at 703-684-9261 or [olol@ololcc.net](mailto:olol@ololcc.net). Next available date is October 29th.

### PARISH OFFICE CLOSED: OCTOBER 20<sup>TH</sup>.

Office will be closed on Friday, October 20th for staff training.

### COUNSELING SERVICES ON SITE AT OLOL

Our parish is hosting Laura Salzmann, MA, NCC, a mental health therapist from Catholic Charities Family Services of the Diocese of Arlington. She is offering counseling services every **Wednesdays, 8 AM - 4 PM** in a classroom in the Parish Hall. Laura is a Resident in Counseling in the state of Virginia, with a master's degree in Clinical Mental Health Counseling from Franciscan University of Steubenville. She works with children, adolescents, and adults experiencing anxiety, depression, grief, trauma, life changes and interpersonal issues. Please call her at (703) 454-2437 or Family Services at (703) 687-8987 for a consultation

### OCTOBER IS THE MONTH OF THE HOLY ROSARY!

Father Edlefsen encourages all to pray the Rosary daily for world peace, as we contemplate Christ's life, and devote ourselves to the Blessed Mother.



### SAVE THE DATE: SOLEMNITY OF ALL SAINTS

**November 1<sup>st</sup>** is the Solemn Feast of All Saints and a Holy Day of Obligation. Everyone should attend Mass that day.

MASS SCHEDULE  
SOLEMNITY OF ALL SAINTS  
**Tuesday, Oct 31: 7:00 PM (Vigil)**  
**Wednesday, Nov 1: 6:45 AM \* 12:00 PM \* 7:00 PM**



### SAVE THE DATE: ALL SOULS' DAY

**November 2<sup>nd</sup>** is the Commemoration of All the Faithful Departed (All Souls' Day). Plan to attend Mass on this day to commemorate our departed loved ones.

## VOLUNTEER

### VOLUNTEER AT OUR LADY OF LOURDES

Share your unique gift with the parish! Scan this QR code or visit our volunteer page on [www.ololcc.net](http://www.ololcc.net). We have



many ministries, and we need YOU. The greatest needs are for sacristans, money counters, choir singers and CCD Teachers. Hispano-hablantes, you are especially needed to help our Saint Vincent de Paul ministry. Thank you for your support to our Parish Community!

### ARE YOU AN ANGEL?

No experience necessary to join our "GARDENING ANGELS" to help maintain the churchyard gardens. Join in and learn as you work. Hours to fit your schedule. Please send an email to Carole DeLong at [cdelong828@aol.com](mailto:cdelong828@aol.com).



### A FEW GOOD MEN NEEDED

Boys in the 4<sup>th</sup> grade or older are invited to serve at the Altar. If your son would like to be trained as an Altar Server, please contact Joe Mazel at [joe.mazel4@gmail.com](mailto:joe.mazel4@gmail.com). Once trained, boys will be scheduled to serve one Mass per weekend. Siblings may serve together.



### HELPING HANDS OCTOBER FOOD DRIVE – LAST WEEKEND!

This is the last weekend to support The Helping Hands team in collecting food donations for Christ House Food Pantry. Thanks for your generosity.

### ST. MARTIN DE PORRES SENIOR CENTER SEEKS VOLUNTEERS

Catholic Charities St. Martin de Porres Senior Center, located in the city of Alexandria is seeking nurses for health and wellness check, nutritionists, exercise instructors and arts and crafts instructors. Center hours are Monday-Friday from 9 AM to 1:30 PM. For more information or to sign up, please visit <https://bit.ly/SMDPVOL>,

## RELIGIOUS EDUCATION

**WELCOME CCD STUDENTS**

**REGISTRATION IS STILL OPEN**

Sign up at <https://ololcc.net/get-involved/religious-education>

Any questions please contact Leigh Hasson, Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net)

### Stewardship Reflection

*"Render therefore to Caesar the things that are Caesar's and to God the things that are God's"*  
*Matthew 22:21*

Everything we are and everything we have belongs to God. We aren't "owners" of anything, we are merely "stewards" of the gifts God has given each of us. All God is asking is that we give back a portion of what He gave us. This is the essence of Stewardship. God should be our first priority in everything.



**Seeking?**

Find the fullness of faith at OCIA.

Ask us about the Order of Christian Initiation for Adults.  
(703) 684-9261  
<https://ololcc.net/get-involved/explore-catholicism6>

## FORMED

Free Catholic Films, Podcasts, Audio Books & More!



As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED, an online Catholic media streaming service. Enjoy hundreds of Catholic films, e-books, podcasts, study courses, and more on your computer, tablet, and smartphone. Register at [formed.org/signup](https://formed.org/signup) and enter zip code “22202” or “Our Lady of Lourdes VA” to start using this service.

## MARY, EXPLAINED



Bishop Burbidge invites us to look at Mary, our Blessed Mother, and imitate her example of receiving the Word and bearing the Word into the world. Produced by the Arlington Diocese, this 7-part video series explain the theology, traditions and devotions to Our Lady and encourages us to grow closer to her with the ultimate goal of growing closer Christ.

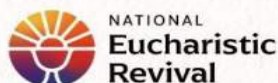
<https://www.arlingtondiocese.org/maryexplained/>

## NATIONAL EUCHARISTIC REVIVAL

June 2023 – June 2024 Year of Parish Revival

This year, we are all called to renew our faith and life in the grace of the Church’s sacraments. Father Edlefsen asks all parishioners to learn more about this year’s Eucharistic Revival, taking place in parishes throughout the country.

<https://www.eucharisticrevival.org/>



## THE ARLINGTON DIOCESE

### A JUBILEE JOURNEY WITH MARY

**Marian Pilgrimage to Celebrate the Diocese’s Jubilee Year.**

Mary has been given titles from Scripture, from teachings of the Church, and from many instances that Mary visited places on the earth to encourage people to spend more time in prayer with Jesus. There are 11 churches in the Diocese of Arlington which are named after Mary or one of her many titles. In preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to visit as many of those churches named after the Blessed Mother and spend time in prayer at each! **Our Lady of Lourdes is one of the 11 churches that made the list!**

<https://www.arlingtondiocese.org/jubileejourney/>

### CATHOLIC BAR ASSOCIATION CONFERENCE

**Friday -Saturday, October 27-28 \* George Mason University, Arlington Campus**

The Catholic Bar Association (CBA), the nation’s leading association of Catholic lawyers, is holding its Annual Conference and General Assembly. Bishop Michael Burbidge will be the celebrant



and homilist for the concluding Red Mass, followed by a banquet. To register, visit [www.catholicbar.org/CBA2023](http://www.catholicbar.org/CBA2023)

### LOVING THROUGH LOSS COUPLE’S WORKSHOP

**Saturday, October 28 \* 9 AM \* St. Thomas á Becket , Reston**

For families who have experienced the loss of a child from pregnancy through adulthood, this one-day workshop helps couples understand how the trauma of child loss affects the family dynamic, while teaching them how to love each other through the complexity of child loss. The day will begin with Mass, followed by personal testimonies, time for reflection, spiritual direction, and group discussion. Cost is \$80 per couple. Register at

[www.arlingtondiocese.org/redbird](http://www.arlingtondiocese.org/redbird)

### MASS IN CELEBRATION FOR RESPECT LIFE MONTH

**Sunday, October 29 \* 11 AM \* St. Joseph, Alexandria**


Join the Most Reverend Michael F. Burbidge, Bishop of Arlington, at St. Joseph Catholic Church in Alexandria, for the Mass to celebrate Respect Life Month. All are welcome!

Please read Bishop Burbidge’s statements for Respect Life Month in this bulletin.



**BISHOP'S PODCAST:  
WALK HUMBLY**

Look for Bishop Burbidge's Homilies and Podcasts at [www.arlingtondiocese.org/bishop/on-the-air](http://www.arlingtondiocese.org/bishop/on-the-air) where he offers a Catholic perspective on the most recent events in our society, and he answers questions from the faithful.



**“...for our gospel did not come to you in word only, but also in power and in the Holy Spirit and with full conviction.”**

How will you respond God's love? Is He asking you to follow Him by serving in the priesthood or consecrated life? Contact Fr. Michael Isenberg, Vocations Director, at (703) 841-2514 or email: [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org).

**VICTIM ASSISTANCE PROGRAM FOR THOSE SEXUALLY ABUSED AS MINORS**

The Diocese of Arlington offers comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children survivors of sexual abuse are encouraged to contact the diocesan **Victim Assistance Coordinator** at (703) 841-2350 or visit [www.arlingtondiocese.org/victim-assistance/](http://www.arlingtondiocese.org/victim-assistance/)

**VOCATIONS**

**YOUNG ADULT – FRASSATI RETREAT**

**Friday - Sunday, November 10-12 \* San Damiano Retreat Center, White Post, VA**

Young adults ages 21-35 are invited to join a weekend of spiritual adventure during which participants will scale the peaks and navigate the troughs of the spiritual life under the guidance of Pier Frassatti and Jesus Christ. For the more adventurous souls, there will be an opportunity for a Sunday afternoon excursion to the summit of a Blue Ridge Peak. Cost is \$285. For further information or to register for this retreat, contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org) or see the bulletin ad.

**LADIES: DISCOVER THE GIFTS YOU HAVE BEEN GIVEN**

**Saturday, November 11 \* 9 AM – 4 PM \* St. Thomas à Becket**

This event, hosted by the Diocese of Arlington's Office of Marriage, Family and Respect Life and created by The GIVEN Institute, is designed to inspire you to receive the gift you are, to realize the gifts you have been given, and respond with the gift that only you can give. The events include talks, and opportunities for Mass, Confession and Adoration. Cost is \$55. To learn more or register visit <http://giveninstitute.com/arlington-given-gathering/>.

**STEWARDSHIP**

**FAITH DIRECT ONLINE GIVING**

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code below or on the cover of this bulletin, or visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**.



**SHARING OUR GIFTS**

As Christians we are asked to nurture our many gifts during our lifetime and return them to our Heavenly Father with an increase. One way we can do that is to help our parish meet its future needs by including a bequest to Our Lady of Lourdes in your will. For more information, call the Diocesan Planned Giving Office at (703) 841-3819 or visit [www.arlingtondiocese.planmylegacy.org](http://www.arlingtondiocese.planmylegacy.org).

**SECOND COLLECTION NEXT WEEKEND**

**October 28 & 29 \* Maintenance and Improvement Fund**

Help our church stay strong, safe, and clean by donating to our Parish Maintenance and Improvement Fund. Your donations keep our buildings comfortable and ensure that our grounds and landscaping look their best throughout the year. These funds also enable us to make necessary structural, mechanical and security improvements across our campus. Thank you!

**SPONSOR OF THE WEEK**

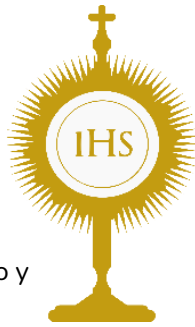
**Tepeyac OB/GYN**

4001 Fair Ridge Dr., #304 Fairfax VA  
(703) 273-9440

## NUESTRA PARROQUIA

### MENSAJE DE NUESTRO PÁRROCO

Todos estamos llamados a crecer en nuestra relación con Jesucristo. El Padre Edlefsen pide a todos que se comprometan a asistir a una o más Misas diarias durante la semana, ir a la Confesión una vez al mes, pasar tiempo con la Biblia ante el Santísimo Sacramento y meditar cinco minutos sobre las lecturas de la Misa del día. Cristo te está llamando a renovar tu fe en Su presencia real en la Eucaristía, y la misión de llevar el mensaje de vida y justicia de Dios al mundo.



### CONFERENCIA DE LA SOCIEDAD DE SAN VICENTE DE PAÚL (SVDP)

La conferencia de la Sociedad de San Vicente de Paúl (SVDP) de Nuestra Señora de Lourdes ya comenzó a proporcionar asistencia financiera para servicios públicos, alquiler y emergencias. Si desea ser voluntario con SVDP, envíe un mensaje a [SVDPOLconference@gmail.com](mailto:SVDPOLconference@gmail.com).

### BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. La carta debe tener sello de la parroquia, firmada por el párroco y ser enviada a Nuestra Señora de Lourdes una semana antes del día del bautismo. Próxima charla será el **Domingo, 29 de octubre** en el Lourdes Center a las 6:15 PM.

### SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, por favor comunicarse con la oficina 7 -8 meses antes de la fecha del matrimonio al 703-684-9261.

### POR FAVOR OREN POR

Paul Durand, Ed Boehme, Rosa Diéquez, April García, Ron Harris, Jim y Becky McManaman, Bridget Hinds, José Silva, Peter y Geraldine Filpi, y Parfait Williams. Comuníquese con la Rectoría al 703-684-9261 o [olol@lolcc.net](mailto:olol@lolcc.net) si necesita incluir a alguien en oración.

### EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM – 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!

## El Ángel de la Vida Ordinaria

### Adaptado de "Caminando con San Rafael"

Por Fr. Lawrence Lovacik



El Arcángel San Rafael viaja incógnitamente a tu lado. Él es el mensajero secreto de Dios. Lee *El libro de Tobías*. Rafael te instruye y te consuela, como lo hizo con Tobías. No te librarás del miedo, la duda o del sufrimiento. Pero confía en el Arcángel. Si lo haces, el miedo, la duda y el sufrimiento no te controlarán. ¡Pero debes tener fe! Rafael promete alegría al final. Él es el ángel de la alegría.

#### *Ángel de los Encuentros Felices*

Rafael es el patrón de la juventud. Él guió a Tobías en un peligroso viaje a través de un mundo adverso. Preservó la inocencia de Tobías. Libró a la futura esposa de Tobías – Sara - de los espíritus malvados y de la desgracia. Él hace lo mismo por todos nosotros hoy.

San Rafael es el ángel de los encuentros felices y de las decisiones sabias. A través de Rafael, Tobías conoció a su novia. Tobías tenía muchas dudas sobre él mismo hasta que Rafael concertó una reunión con Sara. Rafael une a la gente. Pero cuando es prudente, a veces separa a las personas incluso cuando es emocionalmente doloroso a fin de evitar relaciones dañinas. Confía en Rafael, como lo hizo Tobías. Tráele tus dificultades con tus oraciones. Busca su ayuda durante las tentaciones. Él te guiará.

#### *Ángel de la vida cotidiana*

La devoción de San Rafael por Tobías se manifestaba en la vida ordinaria. Tobías obedece al Arcángel, a pesar de sus propios deseos. Con la ayuda del Ángel, Tobías domina a un monstruo que luego le da comida y medicinas. Tobías obedece al ángel y conoce a Sara, quien le trae felicidad y prosperidad. Obedeciendo las direcciones del Ángel, Tobías corre delante de Sara para encontrarse con los padres de Sara. Al final, Tobías le ofrece regalos a Rafael en agradecimiento, y descubre con gran sorpresa que su guía no es un hombre, sino el ángel de Dios.

La gracia se adhiere a cualquier cosa, desde aliviar dolores de cabeza hasta conversiones en el lecho de muerte. En todo, Rafael maneja tus asuntos. El Espíritu comprende tus problemas, incluso las imposibilidades y los impasses de la vida. Debes pedir su ayuda y luego confiar en él. Cuando Rafael se reveló a Tobías, le dijo: *"Ahora bien, cuando tú... orabas, fui yo quien presenté tu oración delante de la gloria del Señor"* (Tobías 12:12).



## AVIVAMIENTO EUCARÍSTICO NACIONAL

Junio 2023 – Junio 2024

Año de Avivamiento Parroquial

Durante este Año Nacional de Avivamiento Eucarístico, todos estamos llamados a renovar nuestra fe en la gracia de los sacramentos de la Iglesia. El Padre Edlefsen invita a todos los feligreses a aprender más sobre esta importante iniciativa que se está llevando a cabo en las parroquias de todo el país

<https://www.eucharisticrevival.org/>



22 DE OCTUBRE DE 2023

Domingo 29o del Tiempo Ordinario

“Dad al Cesar lo que es del Cesar y  
a Dios lo que es de Dios”  
Mateo 22:21

Todo lo que somos y todo lo que tenemos le pertenece a Dios. No somos los dueños de nada, somos simples “administradores” de los dones que hemos recibido de Dios. Todo lo que Dios nos pide es que demos parte de lo que El nos ha dado. Esa es la esencia de la Corresponsabilidad. Dios debe ser nuestra prioridad en todo. Todo lo demás viene en segundo lugar, especialmente nuestro dinero.

## DONACIONES EN LÍNEA CON FAITH DIRECT

¡Nuestra parroquia acepta donaciones en línea a través de Faith Direct! Puede donar a todas las colectas y establecer pagos recurrentes en su propio horario. Para inscribirse, escanee el código QR en esta página, o en la portada del boletín, o visite [www.faithdirect.net](http://www.faithdirect.net) e ingrese código parroquial VA327.



## EDUCACION RELIGIOSA (CCD)

Las clases de CCD ya empezaron, pero los niños pueden unirse durante el año escolar. Para registrarse, envíe el formulario de registro que se encuentra en nuestro sitio web bajo la sección "Get Involved" y "Religious Education". Comuníquese con Leigh Hasson, nuestro DRE, a [dre@ololcc.net](mailto:dre@ololcc.net) con cualquier pregunta.

## GRUPOS VOLUNTARIOS

### MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730.

### GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM. Comunicarse con José Granados al 703-869-9469 o Sergio Benitez al 240-706-2447.

### LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

### LECTORES

Si deseas unirse al ministerio de la Liturgia como *lector*, comunicarse con Ana Rivera al 703-508-7751.

### UJIERES

Si quieres servir como *ujier*, comunicarse con Reynaldo Campos (703-626-5473) o Manuel Bonilla (571-594-2769).

### CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

## JOVENES ADULTOS – RETIRO FRASSATI

**Viernes - Domingo, 10-12 de noviembre \* San Damiano Retreat Center, White Post, VA**

Jóvenes adultos de 21 a 35 años están invitados a un fin de semana de aventura espiritual durante el cual los participantes escalarán los picos y navegarán por los valles de la vida espiritual bajo la guía de Pier Frassatti y Jesucristo. Para los más aventurados, habrá una excursión a la cima de uno de los picos del Blue Ridge el domingo por la tarde. Costo es de \$285. Ayuda financiera disponible. Para obtener más información o registrarse en este retiro, comuníquese con el diácono Mark Maines [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).

## ¡OCTUBRE ES EL MES DEL SANTO ROSARIO!

El Padre Edlefsen anima a todos a rezar al menos un Rosario diariamente por la paz mundial, mientras contemplamos la vida de Cristo, y nos dedicamos a la Santísima Virgen.



## Statement from Bishop Michael F. Burbidge on Respect Life Month

For more than half a century, the Catholic Church in the United States has paused at the start of October to celebrate Respect Life Month. During this month, we give special thanks to God for the gift of every human life, made in his image and likeness. We also acknowledge the dignity of every human life from conception until natural death.

This year's Respect Life Month theme calls Catholics to embrace “radical solidarity” with pregnant mothers and their children. We live out that solidarity as we walk with vulnerable mothers through Catholic Charities and parish-based ministries like Gabriel Project, both of which surround expectant families with the practical, material and spiritual resources they need to choose life. As Catholics, we are committed to never abandoning mothers in need. With the generous support of clergy, donors and volunteers, we offer spiritual, financial and emotional help to mothers and families across our region through these ministries.

We live out radical solidarity through Project Rachel, a program which invites those hurting from their participation in abortion to experience the healing mercy of Christ and embraces them with compassion. We also show radical solidarity through our adoption ministries, which support birth mothers who choose to place their children in adoptive homes and provide resources to couples who welcome these children into their families.

Finally, we demonstrate radical solidarity when we advocate for policies and laws that enhance family life and protect the vulnerable, particularly the child in the womb.

Sadly, despite the Supreme Court's decision overturning Roe v. Wade, abortion remains legal during all nine months of pregnancy in the Commonwealth of Virginia. The government has many responsibilities, but the defense of life is its most fundamental. Defending life requires us to entrust the reins of government only to those who will protect the most vulnerable among us. This is an obligation we must take seriously and carry out prayerfully.

Next month, Virginia will be holding a critical election, as every seat in the General Assembly is on the ballot. I encourage the faithful and all people of goodwill to join in radical solidarity with the unborn, their mothers and other vulnerable persons by voting for candidates who defend life at every stage.

May Mary our Mother intercede for us as we strive to build a future for Virginia in which every life is cherished and protected in law.

*For more information on the upcoming election, please see the [pastoral letter](#) issued recently by Bishop Burbidge and Bishop Knestout through the Virginia Catholic Conference.*

## **Declaración del obispo Michael F. Burbidge sobre el Mes del Respeto a la Vida**

Durante más de medio siglo, la Iglesia Católica de los Estados Unidos ha hecho una pausa a principios de octubre para celebrar el Mes del Respeto a la Vida. Durante este mes, damos gracias especiales a Dios por el don de cada vida humana, hecha a su imagen y semejanza. También reconocemos la dignidad de toda vida humana desde la concepción hasta la muerte natural.

El tema del Mes del Respeto a la Vida de este año llama a los católicos a abrazar la "solidaridad radical" con las madres embarazadas y sus hijos. Vivimos esa solidaridad cuando acompañamos a las madres vulnerables a través de Caridades Católicas y de ministerios parroquiales como el Proyecto Gabriel, que rodean a las familias embarazadas de los recursos prácticos, materiales y espirituales que necesitan para elegir la vida. Como católicos, nos comprometemos a no abandonar nunca a las madres necesitadas. Con el generoso apoyo del clero, los donantes y los voluntarios, ofrecemos ayuda espiritual, económica y emocional a madres y familias de toda nuestra región a través de estos ministerios.

Vivimos la solidaridad radical a través del Proyecto Raquel, un programa que invita a las personas heridas por su participación en el aborto a experimentar la misericordia sanadora de Cristo y las abraza con compasión. También mostramos solidaridad radical a través de nuestros ministerios de adopción, que apoyan a las madres biológicas que deciden colocar a sus hijos en hogares adoptivos y proporcionan recursos a las parejas que acogen a estos niños en sus familias.

Por último, demostramos solidaridad radical cuando abogamos por políticas y leyes que mejoren la vida familiar y protejan a los vulnerables, en particular al niño en el vientre materno.

Lamentablemente, a pesar de la decisión del Tribunal Supremo que anuló el caso Roe contra Wade, el aborto sigue siendo legal durante los nueve meses de embarazo en el Estado de Virginia. El gobierno tiene muchas responsabilidades, pero la defensa de la vida es la más fundamental. Defender la vida exige que confiemos las riendas del gobierno sólo a quienes protegerán a los más vulnerables de entre nosotros. Se trata de una obligación que debemos tomarnos en serio y cumplir en oración.

El mes que viene, Virginia celebrará unas elecciones críticas, ya que todos los escaños de la Asamblea General están en la papeleta. Animo a los fieles y a todas las personas de buena voluntad a que se unan en solidaridad radical con los no nacidos, sus madres y otras personas vulnerables votando por candidatos que defiendan la vida en todas sus etapas.

Que María, nuestra Madre, interceda por nosotros mientras nos esforzamos por construir un futuro para Virginia en el que cada vida sea apreciada y protegida por la ley.

*Para más información sobre las próximas elecciones, consulte [la carta pastoral](#) publicada recientemente por el obispo Burbidge y el obispo Knestout a través de la Conferencia Católica de Virginia.*





*Nothern Italian Cuisine  
Welcome to fine dining  
in Crystal City*



526 South 23rd St.  
Arlington, VA 22202  
**703-979-8200**  
www.theportofinorestaurant.com

catering@thebozzellis.com  
**Catering For  
Every Occasion**  
-24 Hr Notice Required-  
*Bozzellis*  
"Make Space for Pizza"

**Murphy Funeral  
Homes**  
Dignity Memorial  
2410 Wilson Blvd., Arlington  
**703-603-920-4800**



www.maidtoclean.com  
703-299-0101  
20% off first cleaning for new clients

**KATCHMARK**  
THE #1 ROOFING CONTRACTOR  
IN VIRGINIA, MARYLAND, & DC  
TRUST, QUALITY, AND PROFESSIONALISM

**703-817-0200**  
katchmark.com



**COMPASS**  
**Marga Pirozzoli, Realtor®**  
Associate Broker - J.D.  
marga.pirozzoli@compass.com  
703.585.4884  
**Justine Pope, Realtor®**  
justine.pope@compass.com  
571.388.7359

Terms & Conditions: Compass is a licensed real estate brokerage that abides by Equal Housing Opportunity laws. Information is compiled from sources deemed reliable but is not guaranteed. All measurements & square footages are approximate. This is intended to solicit property already listed. Compass is licensed as Compass Real Estate in DC & as Compass in Virginia & Maryland. 1004 King St, 1st Fl., Alexandria, VA 223142 - 703.229.8935



# Wills, Trusts, & Probate for Catholic Families

703.865.6100 | welcome@pjilaw.com



1785 S. Hayes St., Arlington, VA  
**703-920-5700 • regencycarearlington.com**  
PT, OT, ST, Skilled Nursing, Respite, Memory Care &  
Vent/Trach units & Onsite Hemodialysis

**Paragon Assisted Living** **Trusted Senior Care Provider**  
Potomac House Communities *at Your Home...or Ours!*  
We welcome residents into warm home settings, care for them with respect  
and devotion, and ensure their days are filled with hope, purpose and joy.  
Call Us to Schedule a Tour: **571-378-0295**  
www.paragonassistedliving.com

**Caffi SERVICES, INC**  
**PLUMBING HEATING HVAC REMODELING**  
1313 POWHATAN STREET ALEXANDRIA, VA 22314-1342  
**(703) 836-6775**  
www.caffiservices.com service@caffiservices.com  
*Serving the DC Metropolitan area since 1967*

**Tepeyac OB/GYN**  
Something More Than Medicine®  
4001 Fair Ridge Dr., #304  
Fairfax VA  
**703-273-9440**

**Paragon home care**  
An established, premier home care provider  
awarded the "Best of Home Care" Award for  
the highest customer satisfaction ratings  
based on blind survey of clients.  
Call Us For A Free Assessment Today (703) 942-8950 | www.paragonhomecare.com

**A CLEANING SERVICE**  
Since 1985 \* Lic/Insured/Bonded  
**703-892-8648**  
Commercial and Residential  
www.acleaningserviceinc.com

**Agnes B. Fuentes, DDS Complete Family Dental Care**  
Voted Top Dentist 2022 & 2023 in Washingtonian & VA Living Magazine  
Preventive & Cosmetic Services ♦ One Hour In-office Tooth Whitening Offered  
2445 Army Navy Drive, Suite #100, Arlington 22206  
We offer complimentary consultations for invisalign  
We welcome new patients • Saturday & early morning appointments available  
Parishioner • 703-521-7802 • www.agnesfuentesdds.com  
Most PPO plans accepted/participating providers with Cigna PPO and GEHA dental connections



Cell: 571-221-1960  
Email: tmf110567@aol.com  
Website: www.NRERealtors.com

**Tonya McKee Finlay**  
**Realtor/Team Lead**  
Powered by **kwmetrocenter**  
RELIABLE REAL ESTATE

# St. Joseph's Roofing, Inc.

703-716-7663 Roofing • Windows • Gutters • Siding www.SJRoof.com

**St. Anne's Retirement Community**  
A Catholic-Centered Community...  
Sponsored by the Adorers of the Blood of Christ  
St. Anne's Retirement Community is a CCRC (Continuing Care Retirement  
Community) located in West Hempfield Township (Lancaster County), PA!  
We offer:  
• Resident Priest • Daily Mass  
• Weekly Confession  
• Rosary and Divine Mercy Chaplet  
• Weekly Spiritual Programs  
Located close to major cities by train or car:  
• Philadelphia, PA 85 Miles  
• Baltimore, MD 68 Miles  
• Washington, D.C. 109 Miles  
• New York City, NY 169 Miles  
**717.285.6197 • www.StAnnesRC.org**  
3952 Columbia Ave., West Hempfield Twp., PA 17512

When anxiety was great  
within me, your consolation  
brought joy to my soul.  
Psalms 94:19

**WOODLAWN TREE SERVICE**  
Serving NOVA since 1977  
Owned & Operated by Jim Nelson  
Professional Arborist  
Pruning • Dead Wooding • Shrubbery Care  
• Shaping Crown Reduction • Trimming  
Firewood • Tree & Stump Removals  
Summer Special  
Discount 15%  
(Exp. 09/30/23) **703-780-8040**  
www.woodlawn-tree.com

**JOHN H. LANGE**  
**PLUMBING & HEATING**  
**703-536-5060**  
FINE NAME IN PLUMBING!  
General Plumbing - Sewer & Water  
Installation, Replacement & Repairs  
Water Heaters - Disposals  
Pumps - Supply & Install  
**24 HOUR EMERGENCY SERVICE**

**Preventive Care for a Lifetime of Healthy Smiles**  
**RenovaSmiles** 1-844-336-2474 • www.renovasmiles.com  
Falls Church Woodbridge, Manassas, Arlington, and Franconia.

**Jennifer Caterini**  
Realtor®, Licensed in DC & VA  
**TTR Sotheby's** INTERNATIONAL REALTY  
Cell **703-609-6258**  
jcaterini@ttrsir.com (**TTRSIR.com**)



check out the latest offerings by your bulletin sponsors  
**Finding FABER**  
by downloading our free app

