



# OUR LADY *of* LOURDES

## NUESTRA SEÑORA *de* LOURDES

WWW. OLOLCC.NET  
FOLLOW US ON INSTAGRAM @OLOL\_ARLINGTON

There is no other  
commandment  
*greater* than these.

MARK 12:31



© JPPC

NOVEMBER 3, 2024  
THIRTY-FIRST SUNDAY IN  
ORDINARY TIME

3 DE NOVIEMBRE, 2024  
TRIGESIMO PRIMERO DOMINGO  
DEL TIEMPO ORDINARIO

## PARISH INFORMATION

### OFFICE HOURS

Monday—Friday 8:00 AM—4:00 PM

### REGISTRATION

[WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “I’m New” to join our parish or scan the QR code.



Parish  
Registration



Faith Direct  
for eGiving



### MASS SCHEDULE

Sunday	5:30 PM Vigil (Saturday) * 8:00 AM * 10:00 AM 12:00 PM * 5:00 PM (Español)
Monday - Friday	6:45 AM * 12:00 PM
Saturday	9:00 AM
Holy Days of Obligation	7:00 PM (Vigil) * 6:45 AM * 12:00 PM * 7:00 PM
All Federal Holidays	10:00 AM (Monday—Thursday)

Note : Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website [www.ololccnet](http://www.ololccnet) for specific times.

### CONFESSIONS

Saturday	4:00 PM—5:00 PM
Sunday	4:15 PM—4:45 PM (Español)
Tuesday	12:30 PM
Thursday	12:30 PM
Friday	12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

### THIS WEEK AT OLOL

4	5	6	7	8
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9	10	<b>CLERGY</b>		
SATURDAY	SUNDAY	Fr. Frederick H. Edlefsen, Pastor Fr. Francis Peffley, Parochial Vicar Fr. Daniel L. Mode, In Residence Fr. Steven R. Walker, In Residence		
<b>STAFF</b>				
Ms. Debra Corrie, Office Manager Mrs. Marie Macnamara, Sacramental Records Mrs. Esperanza Miranda, Parish Assistant Ms. Stephanie Vindell, Parish Assistant Ms. Leigh Hason, Director of Religious Education (DRE) Mr. Tom Bartolomeo, Director of Music				

## The Elegance of Christian Death A November Reflection

By Fr. Frederick Edlefsen



***“Go forth, Christian soul, from this world in the name of God the almighty Father, who created you, in the name of Jesus Christ, Son of the living God, who suffered for you, in the name of the Holy Spirit, who was poured out upon you, go forth, faithful Christian. May you live in peace this day, may your home be with God in Zion, with Mary, the virgin Mother of God, with Joseph, and all the angels and saints.” (Prayer in the rite of “Commendation for the Dying”)***

Death is not the last word. It is the supreme moment in life’s “forever”. We should prepare for this. Death is a metaphor for life’s most elegant and noble *action* — for oneself, for loved ones, and for the world. Christ turned death into a free and lifegiving art that says, “Let there be Light” (Genesis 1:3).

To be near and with a dying person is an intimate privilege. Their subtle gestures and groanings are a language hard to interpret. The grief of witnessing death conceals a profound love. Take the time to say a rosary, the Litany of Saints, or other prayers at the side of a dying person. It makes their life’s supreme act more elegant—and lifegiving— for the world.

Usually, the dying person’s mind seems neither lucid nor penitent. This does not indicate anything unholy. We rarely understand or perceive the indications of grace or grief. We must acknowledge and surrender to these dilemmas while comforting dying people with prayer and presence.

Call a priest in advance to administer the Last Rites. Don’t wait until the last minute. Last Rites consist of Absolution and Apostolic Pardon, Anointing of the Sick, and last Holy Communion (even if the person can receive only a fragment of the sacred host). Once the Last Rites are given, let go. Make a cross on the dying person’s forehead. Then take the dying person’s hand and gently place it into the hand of Christ. This is a great act of Hope. Christ will personally accompany them through death’s tunnel into Eternal Light and Peace.

For those of us left in the griefs of time, its best to say little or nothing — except to pray.

***“Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.”***



## Our Parish Welcomes You and Your Family.

If you have moved to the area, or you come to Mass regularly but have not registered yet, we invite you to register today!

Use the QR code or visit our website at [OLOLCC.NET](http://OLOLCC.NET) and select “I’m New.”

Become a member and find out many ways to get involved, connect with others and grow in holiness together!

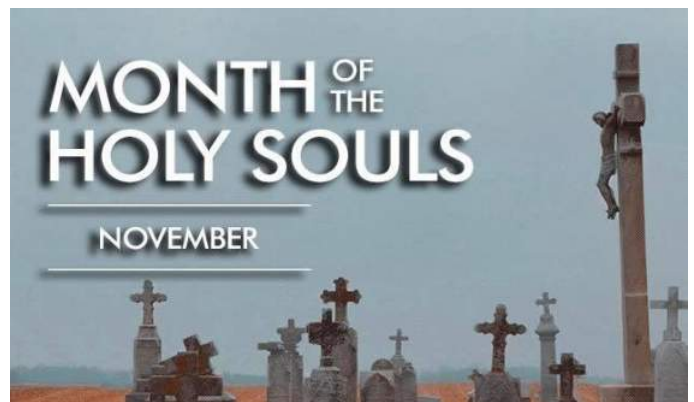


### PLENARY INDULGENCE FOR DECEASED LOVED ONES

In November, the Church provides opportunities for Catholics to obtain plenary indulgences for the Holy Souls. From now through November 8th, you may gain an All Souls “plenary indulgence” for deceased loved ones by visiting a cemetery and praying for the faithful departed.

*A plenary indulgence is a grace granted by the Catholic Church through the merits of Jesus Christ to remove the temporal punishment due to sin. The indulgence applies to sins already forgiven. A plenary indulgence cleanses the soul as if the person had just been baptized.*

*“The following conditions apply for receiving any indulgence: being a Catholic in the state of grace, going to Confession (within 20 days before or after), receiving the Holy Eucharist, preferably on that day, and praying for the intentions of the Holy Father”* source: [www.EWTN.com](http://www.EWTN.com)



Take Note

## Upcoming events..

### **KNIGHTS OF COLUMBUS BREAKFAST** Sunday, November 3... *this weekend!*

Join us for our monthly breakfast hosted by the Knights of Columbus, after the 8:00 AM and 10:00 AM Masses in the Parish Hall. Bring your appetite!



### **GAME NIGHT** Friday, November 8

Join fellow parishioners (21+) at 7:00 PM in the Parish Hall for an evening of laughter and friendly competition. Bring your favorite board or card game(s) and a dish or drink to share. Sponsored by the Hospitality Committee.



### **VETERAN'S DAY** Monday, November 11

Come to honor and pray for our Veterans at our 10:00 AM Veteran's Day Mass. Parish will be closed on this day.



### **FILL-THE-CRUISER HOLIDAY TOY DRIVE**

**Saturday, November 16**  
The Arlington County Police Department will host their Annual Fill the Cruiser Toy Drive in our parking lot from 11:00 AM to 3:00 PM. Come to drop off new, unwrapped toys to benefit a child in need!



### **SOCIAL PIZZA AND GAME PARTY** Sunday, November 24

Young adults and friends are invited to a social and to watch the Commodores game at Night-hawk Brewery on Pentagon Row after the Mass.



## Catholic Prayers....

### *Prayers for the Holy Souls in Purgatory*

The "Eternal Rest" prayer can be prayed all year. Passing a cemetery and praying this prayer can help out the souls in need.

**Eternal** rest grant to them, O Lord.  
And let the perpetual light shine upon them.  
And may the souls of all the faithful departed,  
through the mercy of God, rest in peace.  
**Amen.**

The "Eternal Rest" prayer can be inserted in between decades of the Rosary, and can be added to the end of the "Prayer Before Meals":

**Bless** us, O Lord, and these thy gifts,  
Which we are about to receive,  
from Thy bounty,  
Through Christ, our Lord, Amen.  
And may the souls of the faithful departed,  
Through the mercy of God,  
rest in peace. **Amen.**

Source: catholicculture.org

**"If, during life, we have been kind to the suffering souls in Purgatory, God will see that help be not denied us after death."**

**-St. Paul of the Cross**

### **OUR LADY OF LOURDES IN ARLINGTON HAS A NEW SISTER PARISH!**

*Our Lady of Lourdes in Poplar, Montana,*  
located on the Fort Peck Indian Reservation.

To learn more about our new sister parish and give online, visit  
visit <https://catholicextension.org/lourdes>

Our Lady of Lourdes  
Parish Hall

**FRIDAY**  
**Nov. 8th**  
**7:00PM**

# Game Night



**Free Entry**  
**21+**

Hosted by:  
**Hospitality  
Committee**

An evening of laughter and friendly competition!  
Bring your favorite board and card games and  
remember to bring food or drink to share.

830 23rd Street S.  
Arlington, VA 22202



## OUR PARISH



Honor a loved one with a Mass  
at Our Lady of Lourdes!  
Contact the Rectory Office

### November 3, 2024 Thirty-First Week in Ordinary Time WEEKLY MASS INTENTIONS

#### SATURDAY

NOVEMBER 2

*All Souls' Day*

9:00 AM Patrick Kelly

5:30 PM + Angelita S. Baylon by Rito G. & Hubert A. Baylon

#### SUNDAY

NOVEMBER 3

*Thirty-First Sunday in Ordinary Time*

8:00 AM + Marie & Eddie Dybicz by Maria & Trent Hughes

10:00 AM All Parishioners, Living & Deceased

12:00 PM Bobby O'Neill

5:00 PM (Spanish) Celebrant's Intentions

#### MONDAY

NOVEMBER 4

*St. Charles Borromeo, Bishop*

6:45 AM + Holy Souls in Purgatory

12:00 PM Jazmin Byrnes by Christopher Byrnes

#### TUESDAY

NOVEMBER 5

6:45 AM Pam Kelley

12:00 PM Pam Kelley

#### WEDNESDAY

NOVEMBER 6

6:45 AM Rev. Daniel Mode

12:00 PM Rocque (Rock) Kramer by Eve Kramer

#### THURSDAY

NOVEMBER 7

6:45 AM Rev. Frederick Edlefsen

12:00 PM + Ruth Kramer by Eve Kramer

#### FRIDAY

NOVEMBER 8

6:45 AM Kimberly English

12:00 PM + Deceased Members of the Legion of Mary  
by OLOL Legion of Mary

## FUND OUR MISSION



Last fiscal year, Sunday offertory collections increased 1% while household registration increased 8.5%. To align Sunday giving with budgeted expenses, we'll need \$60,000 more collection income from now through June 2025.



### FUND OUR MISSION - SUGGESTED WEEKLY OFFERING

ANNUAL FAMILY INCOME	4%	3%	2%
\$25,000.00	\$19.00	\$14.00	\$10.00
\$50,000.00	\$38.00	\$29.00	\$20.00
\$75,000.00	\$58.00	\$43.00	\$30.00
\$100,000.00	\$77.00	\$58.00	\$38.00
\$125,000.00	\$96.00	\$72.00	\$48.00
\$150,000.00	\$115.00	\$87.00	\$58.00
\$200,000.00	\$154.00	\$115.00	\$77.00

Fathers Edlefsen and Pefley thank everyone who increased offertory giving or started giving for the first time. If you wish to support Our Lady of Lourdes through online giving, use the above QR code, the QR code in the pew in front of you, or press the "GIVE" button on our website.

*Thank You  
For your generous support!*

*Would you like to volunteer?*



We are looking for sacristans to help at the 5:30 PM Vigil and 12:00 PM Sunday Masses. Please contact the Parish Office if interested.



## Prayer in our Parish

### PLEASE PRAY FOR

Albert Colbert, Nancy Davidson, Paul Durand, Rosa Diesquez, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, Ron Harris, Julia Macnamara, Margaret Martini, Kelly Moore, Mary O'Donoghue, Gloria Lucia Ojeda, Ana Rivera, Jose Silva, Kathryn Updegraff, Bill Wallace, Bill Walsh, and Ismael A. Zavala Umaña. Contact the Rectory Office at 703-684-9261 or send a message to [olol@ololcc.net](mailto:olol@ololcc.net) to add or remove a name.

### PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or [ejt@cybtek.com](mailto:ejt@cybtek.com) to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

### LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. Contact the Legion of Mary at [csb1789@hotmail.com](mailto:csb1789@hotmail.com).

### PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.

This week's Altar Flowers were provided in thanksgiving for **David Caballero** and in loving memory of **Gabriel Cruz** by Marilyn Nevy Cruz

Email or call the Rectory Office to schedule.  
Sponsorship is \$50  
703-684-9261 or [OLOL@OLOLCC.net](mailto:OLOL@OLOLCC.net)

**Next available date is November 10**

## CELEBRATING THE SACRAMENTS AT OLOL

### BAPTISMS

Visit [ololcc.net](http://ololcc.net) and click *Mass & More* and *Baptism* to submit a request. Or call the Rectory Office.

### FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit [ololcc.net](http://ololcc.net)

### CONFIRMATION

Grades 7 & 8 prepare for confirmation in our CCD program. Visit [ololcc.net](http://ololcc.net), click *Get Involved* and then *Religious Education* to register. Or contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net).

### ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Adults 18+ seeking the Sacraments of Initiation: Baptism, Holy Communion, and Confirmation, visit [ololcc.net](http://ololcc.net) and click *Get Involved* and *Explore Catholicism* to register. Or call the Rectory Office to speak with a priest.

### MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at [ololcc.net](http://ololcc.net) under *Mass & More* and *Marriage Prep*.

### ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

## Book of Remembrance &

# All Souls Novena

Prayers for the faithful departed



**NOVEMBER 1st** began a Novena for the deceased.

You may contribute to our All Souls Novena in remembrance of your deceased loved ones via Faith Direct or offertory envelopes.

Also, our **Book of Remembrance** will be open in the church entrance throughout November. Add the names of deceased loved ones whom you would like to be remembered in our prayers.

## ALL SOULS NOVENA NAMES

A novena of Masses will be offered from November 1 to November 9 in remembrance for the faithful departed. All those whose names were written on your novena offertory envelopes will be honored through prayer at these Masses and will be remembered through the month of November.

Harold Alexander, Robert Wayne Alexander, Norm Allen, Msgr. Avella, Maria Aviles, Antonio Baleros, Estelita Baleros, Guillermo Baleros, Matilde Banal, Tom Banner, Tricia Barber, Francis J. Beirne, Rita Beirne, Kyle Bowman, Joan Buonanno, Norman Buonanno, Jane Burkemper, Roger Burkemper, Philomena Bancroft, Luis Cabrera, Ramon Cabrera, Maria Dolores Chavez, Pedro Antonio Chavez, Chris and Janis, Adele Corrie, Ethel McCarty Corrie, Fred "Crocky" Corrie, Glenna Corrie, Jude Corrie, Philip Corrie, Mary Albertine Court, Bruce Court, Mr. Joseph Crocitto, Mr. and Mrs. Joseph Crocitto, Fidel Cortez, Gladys Cruz, Msgr. Cunningham, Deceased members of the Demma and Tieso family, Deceased members of the Kelly and Fricano families, Deceased members of the Kozminski and Vetrano families, Deceased member of the Ngo family, Deceased members of the Rochard and Sliaty families, Deceased members of the Scowden family, Deceased members of the Walsh, Walker, Patrizio and Dillon families, Deceased members and friends of the Dedrick, Kronenberger, Laduca and Mazel families, Deceased siblings, parents and grandparents of the Harman Family, G. Dende, H. Dende, P. Dende, Angelo Di Napoli, Anna Di Napoli, Antonietta Di Napoli, Kenneth Downey, Ladislaw Dusza, Louis & Leona Dusza, Jane Ellebrecht, Kathryn Ermentrout, Margaret Farkas, Theresa Farkas, Antonio I. Fernandez, Antonio & Maria Fernandez, Mr. Gary Flanagan, Mr. & Mrs. William Flanagan, Mr. Timothy Flanagan, Beth Ann Gallagher, Maria Elizabeth Gabbert, Mason Gabbert, Juana Garcia, Albert & Helen Gawryla, Marie Geary, Ryan Gebler, Jacqueline Harris, Michael J. Harris, Ronald E. Harris, Nicoletta and Laszlo Hary, Ms. Helen & Ms. Carolyn, Maria Hernandez, Rafael Hernandez, Genevieve Hogan, John F. Hogan, Holy Souls in Purgatory, Arpad Horvath, Janos Horvath, Julianna & Lajos Horvath, Lajos & Rozalia Horvath, Henry Homberg, Anna A. Huth, Killian & Magdalena Huth, Mary Huth, Michael and Mary Kakalic, James Keller, John & Elizabeth Keller, Helen and John Kelley, John A. Kelley, John Kokal, Frances and John Kudlak, Floro Llaneta, Marion and John Leon, Rev. Joseph Loftus, C. Lynott, J. Lynott, L. Lynott, M. Lynott, Leo Magahum, Margaret McHale, Mom & Dad, Marty & Shane, Alfred Marx, Ossie Keen Marx, Larry Miller, Joseph and Marguerite Miranda, Agnes R. Murphy, Nancy and Illeme, Martha Ngo, Msgr. Nolan, Alojzy & Stephanie Oleksy, OLOL priests who have passed, Juliana O'Neill, Carlos & Esperanza Orellana, Bill Oughterson, Leila Oughterson, E. Lorraine Penland, Ray B. Penland, Robert M. Penland, Penny and Theresa, Frida Pineda, Nora Pineda, Behar Rama, Estrella Ribas, Mario Ribas, Erena Riveron, Beth Roach, Karen Leef Rogers, Mike Rove, Feliciano Salunga, Herb & Marion Shay, Howard "Buddy" Sartain, Virginia Sartain, W. Stallwed, Chester Stankiewicz, Eddie Stankiewicz, Helen Stankiewicz, Norb & Dorothy Strosser, Jose Torres, William Torres, Silvio Vindell, Eugene & Frances Wingerter, Alicia Zarceño, Martha Zarceño, Mauricio Zarceño, Roberto Zarceño.

## AROUND THE DIOCESE



**Tuesday, Nov. 12  
7:30 PM**

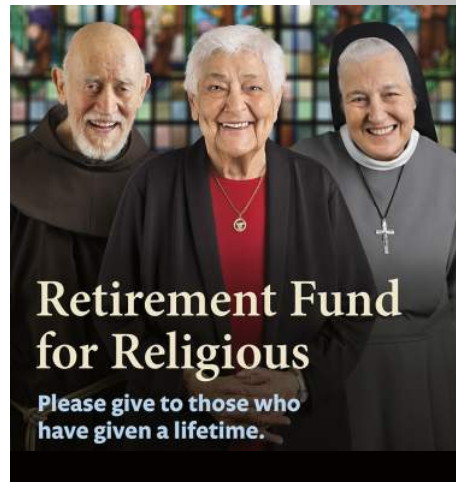
**St. Leo the Great  
Fairfax, VA**

The Office of Marriage, Family & Respect Life of the Diocese of Arlington

Invites you to join a Holy Hour for healing & conversion in families, including those affected by abortion. Musical prelude at 7:15 PM.

Confessions will be available.

Adoration from 7:30—8:30 PM



**Retirement Fund  
for Religious**

**Please give to those who  
have given a lifetime.**

Our aging religious have dedicated their lives to service for little to no pay. Now they need your help. Please donate to the Retirement Fund for Religious collection at Mass next weekend.

[retiredreligious.org](http://retiredreligious.org)

## CATHOLIC CHARITIES

### MOTHER OF MERCY FREE CLINIC

#### SEEKING SPANISH INTERPRETERS/VOLUNTEERS!

Please consider volunteering as an Interpreter for the Catholic Charities Mother of Mercy Free Medical Clinics. You can volunteer remotely or in-person at the Manassas or Woodbridge locations. The clinics provide free, quality healthcare to low-income individuals who are uninsured or under-insured.

*"In the poor and outcast we see Christ's face; by loving and helping the poor, we love and serve Christ."*

Pope Francis.

If interested, follow this link or scan QR code

[Mother of Mercy New Volunteer](#)





## VOCATIONS, STEWARDSHIP & MORE

### *Stewardship Reflection*

“And ‘to love him with all your heart, with all your understanding, with all your strength, and to love your neighbor as yourself’ is worth more than all the burnt offerings and sacrifices.” Mark 12:33

*Of all the gifts that God give us, the one He wants the most is our heart. He wants us to share out of our love for Him, not out of obligation. Using our talent in parish ministry and contributing money to support our parish mission is important, but it's more important to spend time in prayer with God daily and discern how He is calling us to be generous with all of our visible and invisible gifts.*

## Quo Vadis Father-Son Seminary Visit

**November 23, 2024**

**9 AM–12 PM**

**St. John Paul II Seminary, Washington DC**

Join Fr. Isenberg and seminarians to learn more about college seminary and how to know if it's for you. Fathers welcome but not required.

**Cost: \$15 per person**

Questions? Contact 703-841-2514  
or [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org)



**“What do you want Me to do for you?”  
What do you ask of the Lord?**

If you are looking for clarity in your vocation, contact Fr. Michael Isenberg at (703) 841-2514 or [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org)

### FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code to the right, or visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**.

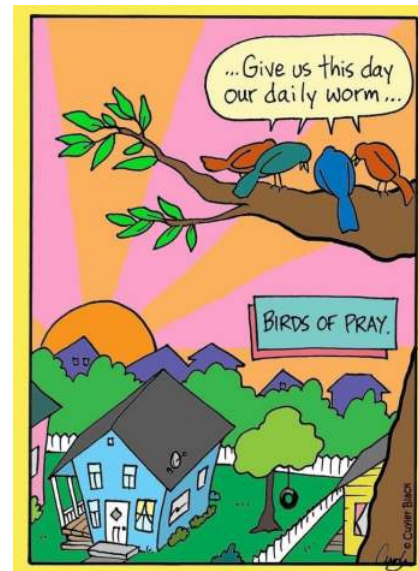


Faith Direct for  
eGiving

### SECOND COLLECTION

**November 2/3 \* Maintenance & Improvement**

Help our church stay strong, safe and clean by donating to our parish Maintenance & Improvement Fund. Your donations keep our buildings comfortable, safe and ensure that our grounds and church look their best throughout the year.



**CARTOON OF THE WEEK**

### SPONSOR OF THE WEEK

**RenovaSmiles**

Preventive Care for a Lifetime of Healthy Smiles  
1-844-336-2474 \* [www.renovasmiles.com](http://www.renovasmiles.com)

## NUESTRA PARROQUIA

### BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. La carta debe tener sello de la parroquia, firmada por el párroco y ser enviada a Nuestra Señora de Lourdes una semana antes del día del bautismo. Próxima charla será el **Domingo, 24 de Noviembre** en el Salón Parroquial a las 6:15 PM.

### SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

### EN ORACION POR

Paul Durand, Ed Boehme, Rosa Diéquez, April García, Jim y Becky McManaman, Bridget Hinds, José Silva, Geraldine Filpi, Parfait Williams, Francis Xavier Eversole, Ana Rivera and Ron Harris. Comuníquese con la Rectoría al 703-684-9261 o [olol@ololcc.net](mailto:olol@ololcc.net) si necesita incluir a alguien en esta lista.

### EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



### APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

### INTENCIONES DE MISAS



#### Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa  
703.684.9261  
[OLOL@OLOLCC.net](mailto:OLOL@OLOLCC.net)

## La Elegancia de la Muerte Cristiana

### Una reflexión de Noviembre

Por el P. Frederick Edlefsen



**"Deja este mundo, alma Cristiana, en el nombre de Dios Padre todopoderoso, que te creó, en el nombre de Jesucristo, Hijo del Dios vivo, que sufrió por ti, en el nombre del Espíritu Santo, que fue derramado sobre ti, sal adelante, cristiano fiel. Que vivas en paz hoy, que tu hogar esté con Dios en Sión, con María, la virgen Madre de Dios, con José y con todos los ángeles y santos".**  
**(Oración en el rito de "Invocación para los moribundos")**

La muerte no es la última palabra. Es el momento supremo en el "para siempre" de la vida. Debemos prepararnos para este momento. La muerte es una metáfora de la acción más elegante y noble de la vida para uno mismo, para los seres queridos y para el mundo. Cristo convirtió la muerte en un arte gratuito y vivificante que dice: "Hágase la luz" (Génesis 1:3).

Estar cerca y con una persona agonizante es un privilegio único. Sus sutiles gestos y gemidos son un lenguaje difícil de interpretar. El dolor de presenciar la muerte esconde un amor profundo. Tómese el tiempo para rezar un rosario, la Letanía de los Santos u otras oraciones al lado de una persona moribunda. Estas oraciones ayudan a que el acto supremo de su vida sea más elegante y vivificante para el mundo.

Por lo general, la mente de la persona agonizante no parece ni lúcida ni penitente. Esto no indica nada impío. Rara vez entendemos o percibimos las indicaciones de gracia o dolor. Debemos reconocer y rendirnos a estos dilemas mientras consolamos a las personas moribundas con oración y presencia.

Llame a un sacerdote para administrar los últimos ritos con anticipación. No esperes hasta el último minuto. La extrema unción consiste en la absolución y el perdón apostólico, la unción de los enfermos y la última comunión (incluso si la persona pueda recibir solo un fragmento de la hostia consagrada). Una vez que se dan los últimos ritos, prepárate para dejar ir a la persona. Haz una cruz en la frente de la persona moribunda. Luego toma su mano y colócala suavemente en la mano de Cristo. Este es un gran acto de esperanza. Cristo los acompañará personalmente a través del túnel de la muerte hacia la Luz y la Paz Eterna.

Para nosotros que nos quedamos en las penas del tiempo, es mejor decir poco o nada, excepto orar en este momento.

**"Concédeles, oh Señor, el descanso eterno, y que brille sobre ellos la luz perpetua".**

# Bienvenido

## Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- ♦ una oportunidad única para participar plenamente en la vida de la parroquia,
- ♦ ser parte de una comunidad y una familia espiritual donde usted pueda crecer en santidad.
- ♦ recursos para recibir preparación sacramental, educación religiosa y certificados para ser padrinos.

Para registrarse, utilice el código QR abajo, o visite [www.olocc.net](http://www.olocc.net) o llame a la Rectoría al 703-684-9261.



Envíe un mensaje a Leigh Hasson, Director de Educación Religiosa a [dre@ololcc.net](mailto:dre@ololcc.net) si usted tiene alguna pregunta, o escanee el código QR para registrarse.

Pre-K hasta 4º Grado: Sundays at 9:00 AM  
5º hasta 8º Grado: Sundays at 11:00 AM

## Reflexión de la Semana

“Y amarle con todo el corazón y con todo el entendimiento y con todas las fuerzas, y amar al prójimo como a uno mismo, es mas importante que todos los holocaustos y sacrificios” Marcos 12:33

De todos los dones que Dios nos da, el que Él más quiere es nuestro corazón. Él quiere que compartamos nuestro amor por Él, no por obligación. Utilizar nuestros talentos en los ministerios parroquiales y contribuir con nuestro dinero es importante, pero es más importante pasar tiempo en oración con Dios diariamente y discernir como Él nos llama a ser generosos con nuestros dones.

Yo Soy  
El Pan  
de Vida



## GRUPOS VOLUNTARIOS

### MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

### GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM. Comunicarse con Carlos Antonio H. López al 703-589-2056 o María Alvarenga López al 703-940-4157

### LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

### LECTORES

Si deseas unirme al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473.

### UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769.

### CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

## EVENTOS PARROQUIALES

### DESAYUNO DE LOS CABALLEROS DE COLON Domingo, 3 de Noviembre

Ven a nuestro desayuno mensual organizado por los Caballeros de Colon, después de las Misas de las 8:00 AM y 10:00 AM en el Salón Parroquial.

### DIA DE LOS VETERANOS Lunes, 11 de Noviembre

Venga a honrar y orar por nuestros Veteranos en nuestra misa del Dia de los Veteranos a las 10:00 AM. La oficina estar cerrada este día.

### COLECTA DE JUGUETES NAVIDEÑA Sábado, 16 de Noviembre

El Departamento de Policía del Condado de Arlington organizará su colecta anual de juguetes "Fill the Cruiser" en nuestro estacionamiento desde las 11:00 AM hasta las 3:00 PM. Ven a dejar juguetes nuevos y sin envolver para beneficiar a un niño necesitado.



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