



# OUR LADY *of* LOURDES

## NUESTRA SEÑORA *de* LOURDES

DECEMBER 3, 2023  
FIRST SUNDAY OF ADVENT

3 DE DICIEMBRE, 2023  
PRIMER DOMINGO DE ADVIENTO



***“BE WATCHFUL! BE ALERT!  
YOU DO NOT KNOW WHEN THE TIME WILL COME.”***



Parish  
Registration



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830 23rd Street South ❖ Arlington, VA 22202 ❖ 703-684-9261 ❖ [lol@lolcc.net](mailto:lol@lolcc.net) ❖ [www.lolcc.net](http://www.lolcc.net)

## PARISH INFORMATION

### OFFICE HOURS

Monday – Friday: 8:00 AM – 4:00 PM

### REGISTRATION

Visit [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “I’m New” to join our parish.

### MASS SCHEDULE

**Sunday Mass:** 5:30 PM Vigil (Saturday)  
8:00 AM \* 10:00 AM \* 12:00 PM \* 5:00 PM (Español)

**Monday-Friday:** 6:45 AM \* 12:00 PM

**Saturday morning:** 9:00 AM

**July 4th & Thanksgiving:** 10:00 AM

**All Other Federal Holidays:** 9:00 AM

**Holy Days of Obligation:** 7:00 PM Vigil \* 6:45 AM \*  
12:00 PM \* 7:00 PM

• Note schedule changes for Christmas, Holy Week, Easter, and other Holidays and special occasions.

### CONFESSIONS

**Saturday:** 4:00 PM – 5:00 PM

**Sunday:** 4:15 PM – 4:45 PM (Español)

**Tuesday, Thursday & Friday:** 12:30 PM

• Note special Confessions schedules during Advent, Lent and Holy Week.

### ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

### EXPOSITION OF THE BLESSED SACRAMENT

**Fridays:** 12:30 PM – 3:00 PM

### ROSARY

**Monday – Friday:** 6:15 AM \* 11:30 AM

**Saturday:** 9:30 AM

### DEVOTIONS

**Miraculous Medal Novena - Wednesday:** 12:30 PM

**Divine Mercy Chaplet - Friday:** 3:00 PM

### CLERGY

Fr. Frederick H. Edlefsen, *Pastor*

Fr. Joseph R. Kenna, *Parochial Vicar*

Fr. Daniel L. Mode, *In Residence*

Fr. Steven R. Walker, *In Residence*

### STAFF

Ms. Debra Corrie, *Office Manager*

Mrs. Mary Ellen Hill, *Office Assistant*

Mrs. Esperanza Miranda, *Office Assistant*

Ms. Leigh Hasson, *Director of Religious Education (DRE)*

Mr. Tom Bartolomeo, *Director of Music*

## SACRAMENTS

### BAPTISM

Children’s Baptisms arranged by appointment.

Visit [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “Mass & More” and “Baptism” to submit a request. Or call the Rectory Office.

### FIRST HOLY COMMUNION

**Grades 1-2** prepare for First Holy Communion in our two-year CCD program. Visit [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “Get Involved” and “Religious Education” to register.

### CONFIRMATION

**Grades 7 & 8** prepare for Confirmation in our CCD program. Visit [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “Get Involved” and “Religious Education” to register. Or contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net).

**Youth Ages 14-17:** Contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

**Baptized Adults 18+:** Follow the prompts on “How Can I Help You” on our website [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) or contact the Rectory Office.

### BECOMING CATHOLIC & ADULT CONFIRMATION

The Order of Christian Initiation for Adults (OCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall with a view to receiving these Sacraments at the Easter Vigil Mass. Visit [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) and click “Get Involved” and “Explore Catholicism” to register. Or call the Rectory Office to speak with a priest.

### GODPARENTS AND CONFIRMATION SPONSORS

Have you been asked to be Godparent or Confirmation Sponsor? Go to our website and click “How Can We Help You?” and follow the prompts for Sacraments of Initiation and Godparents/Sponsors. Or call the Rectory Office.

### MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at under [WWW.OLOLCC.NET](http://WWW.OLOLCC.NET) “Mass & More” and “Marriage Prep”.



**December 3, 2023**  
**The First Sunday of Advent**  
**WEEKLY MASS INTENTIONS**

<b>SATURDAY</b>	<b>DECEMBER 2</b>
9:00 AM	Linda Dawkins by James and Maryellen Tibbs
5:30 PM	+ Ruth Eva Lewarne
<b>SUNDAY</b>	<b>DECEMBER 3</b>
	<i>First Sunday of Advent</i>
8:00 AM	+ Robert A. Rachko Sr. by Maria and Trent Hughes
10:00 AM	For all parishioners, living and deceased
12:00 PM	Jeff Karpinski by James and Maryellen Tibbs
5:00 PM (Spanish)	Celebrant's Intentions
<b>MONDAY</b>	<b>DECEMBER 4</b>
	<i>Saint John Damascene, Priest and Doctor of the Church</i>
6:45 AM	Cecilia Bolufe by Tony and Maite Fernandez
12:00 PM	+ Robert Calogero by Ed and Julie Mullen
<b>TUESDAY</b>	<b>DECEMBER 5</b>
6:45 AM	Alejandro Fernandez-Ribas by Tony and Maite Fernandez
12:00 PM	Auntie Showane Smith
<b>WEDNESDAY</b>	<b>DECEMBER 6</b>
	<i>Saint Nicholas, Bishop</i>
6:45 AM	Angela, Daniel, and Dean Sartain by Debbie Corrie
12:00 PM	+ Douglas Dusza by Diane M. Dusza
<b>THURSDAY</b>	<b>DECEMBER 7</b>
	<i>Saint Ambrose, Bishop and Doctor of the Church</i>
6:45 AM	Marco Fernandez-Ribas by Tony and Maite Fernandez
12:00 PM	Steven Massoumi by Pauline Massoumi
7:00 PM	+ Fr. Lee Gross
<b>FRIDAY</b>	<b>DECEMBER 8</b>
	<i>The Immaculate Conception of the Blessed Virgin Mary</i>
6:45 AM	+ Fr. Lee Gross
12:00 PM	+ Angelita S. Baylon by Rito G. and Hubert A. Baylon
7:00 PM	+ Deborah McCarthy Whyte by May Frances Widner

**MASS INTENTIONS**

You are invited to honor a friend, relative, or loved one with an Our Lady of Lourdes Mass! Please contact the Rectory Office at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

**Experience Advent**  
**By Fr. Frederick Edlefsen**



**“The days are coming, says the LORD, when I will fulfill the promise I made to the house of Israel and Judah.”**  
 (Jeremiah 33:14)

Advent prepares us for Christ's coming. We meditate on the Old Testament prophecies. We renew our generosity to the poor.

December 17 begins the Novena (nine-day preparation) to Christmas. Set up your manger scene that day but wait to put the Baby Jesus in his crib on Christmas Eve. Keep the Christmas tree up at least through the Epiphany. Keep the manger scene up through the Presentation (February 2). Keep the afterglow of Christ's light shining in your home throughout the short days and cold winds of January.

**Advent Tips**

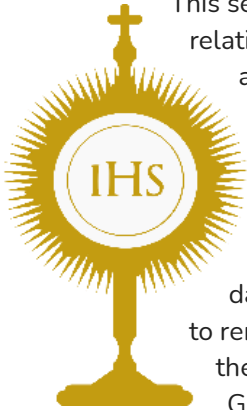
**Advent Wreath (Starting First Sunday of Advent):** Have an Advent candle lighting ceremony with family at mealtimes. The Advent Wreath represents the years from Adam to Christ's first coming and our awaiting his second coming at time's end. The purple candles represent our fallen world's darkness before dawn's light. The rose candle, which is lit on the Third Sunday of Advent, represents the first streaks of dawn before the Sunrise of Christ. This Sunday is called "Gaudete" (Rejoice) Sunday, from the Entrance Antiphon of the Mass: *"Rejoice in the Lord always: I say it again, Rejoice!"*

**St. Nicholas Day (December 6):** For families with small children, have each child put out a shoe the night before St. Nicholas Day, hoping he will pay a visit. Fill the kids' shoes with treats. Some families give gifts on both St. Nicholas Day and Christmas.

**The Mary candle (December 8, Immaculate Conception):** This is a Holy Day of Obligation. Attend Mass that day. Place a candle with a blue ribbon, or a blue candle, by a statue or picture of Mary. Light the candle at mealtime, reminding everyone of Mary's innocence and her calling to give birth to the Light of the World. Then read this prayer, adapted from the Rite of Baptism: *"This light is entrusted to you to be kept burning brightly. In Baptism, you have been enlightened by Christ. Walk always as a child of Light. Keep the flame of Faith alive in your heart. When the Lord comes, go out to meet Him with all the Saints in the Heavenly Kingdom."*

## OUR PARISH

### MESSAGE FROM THE PASTOR



This season, you are called to grow in your relationship with Jesus Christ. Fr. Edlefsen asks everyone to commit to attending one or more weekday Masses per week, going to monthly Confession, spending quiet time with the Bible before the Blessed Sacrament, and meditating daily for five minutes on the day's Mass readings. Christ is calling you to renew your faith in His real presence in the Eucharist, and your mission to bring God's life and justice to the world. Feel free to speak with a priest.

### PLEASE PRAY FOR

**Dana Gould, Paul Durand, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, Jim & Becky McManaman, Bridget Hinds, Jose Silva, Peter & Geraldine Filpi, Parfait Williams and Francis Xavier Eversole.** Please contact the Rectory at 703-684-9261 or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange.

### PRO-LIFE ROSARY

Every Tuesdays at 7:00 PM, join our Pro-Life Committee in the church to pray a weekly rosary for the unborn and put an end to abortions.



### ALTAR FLOWERS

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one, or to commemorate a special event. Sponsorship is \$50. Contact the Rectory Office at 703-684-9261 or [olol@ololcc.net](mailto:olol@ololcc.net). Next available date is February 4<sup>th</sup>, 2024.

### INVITE OUR LADY OF LOURDES HOME FOR A VISIT

Contact our Legion of Mary group at [csb1789@hotmail.com](mailto:csb1789@hotmail.com) if you want the opportunity to host the "Pilgrim Virgin" statue of Mary in your home for 1-2 weeks. Many blessings can arise from Our Lady's visit!

### PRAYER CHAIN

Have an urgent need for prayers? Members of our parish will pray for your intention. Please contact James at 703-887-7117 or [ejt@cybtek.com](mailto:ejt@cybtek.com) with your request. Please provide a first name and prayer intention for persons needing prayer

## KNIGHTS OF COLUMBUS BREAKFAST SUNDAY

DECEMBER 3<sup>RD</sup>  
after the 8 & 10 AM  
Masses

THIS  
WEEKEND!

PARISH HALL

These breakfasts will be held on the first Sunday of each month through May. Mark your calendars and bring your appetite!

### SAVE THE DATE: THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY

DECEMBER 8 is the Solemnity of the Immaculate Conception and is a Holy Day of Obligation. Additional Masses will be held at 7:00 PM on December 7 (bilingual Vigil Mass) and 7:00 PM on December 8.



### SAVE THE DATE: OUR LADY OF GUADALUPE CELEBRATION

DECEMBER 10 will be our third Annual Our Lady of Guadalupe Mass & Dinner celebration. The Sunday 5 PM Mass will be followed by a procession and celebration in the Parish Hall.

### ADVENT CONFESION SCHEDULE

Daily confession will begin from Monday, December 18 through Friday, December 22 at 7:00 PM, in addition to the regular confession times on Tuesday, Thursday and Friday of this week.

### CHRISTMAS MASSES SCHEDULE

DECEMBER 23/24  
4<sup>TH</sup> SUNDAY OF  
ADVENT

- 8:00 AM
- 10:00 AM
- 12:00 PM
- 2:30 PM (Spanish)

SUNDAY, DEC 24  
CHRISTMAS EVE

- 5:30 PM Mass (Vigil)

MONDAY, DEC 25  
CHRISTMAS DAY

- 9:00 AM
- 11:00 AM
- 2:30 PM (Spanish)

## VOLUNTEER

### Knights of Columbus Annual Christmas Tree Sale

Nov 25 - Dec 17 or until trees are sold out

Every Saturday & Sunday  
**9:00 AM TO 6:00 PM**  
Tuesday & Friday weeknights  
**6:00 PM TO 9:00 PM**

### WE NEED YOU

#### Bringing Holy Communion To the Sick and Homebound

Bringing communion to the faithful who are ill or homebound represents Christ and is an expression of faith and charity from the entire parish community toward those who cannot be present in the Eucharist. Consider participating in this very special ministry. Training will be provided. Contact the Rectory Office if interested.



### GIFT OF LIFE ADVENT GIVING TREE

November 24 – December 24 \* Grotto

The Gift of Life Advent Giving Tree returns to the Grotto of the Blessed Mother the weekend of November 24. Our Pro-Life Committee would like to raise \$7,550 this Advent to provide complete medical care for two expectant mothers via Gabriel Project.

Donations above and beyond our goal will be given to Project Rachel, a ministry offering compassionate care to those suffering the effects of abortion.

To support our Pro-Life mission, please take an envelope from the Gift of Life Advent Giving Tree, enclose your gift, and drop it in the candle donation safe in the Grotto. Please make checks payable to "Our Lady of Lourdes".

Learn more about Gabriel Project at [www.helpforpregnantwomen.org](http://www.helpforpregnantwomen.org) and Project Rachel at [www.helpafterabortion.org](http://www.helpafterabortion.org).

### ARE YOU AN ANGEL?

No experience necessary to join our "GARDENING ANGELS" to help maintain the churchyard gardens. Join in and learn as you work. Hours to fit your schedule. Please send an email to Carole DeLong at [cdelong828@aol.com](mailto:cdelong828@aol.com)



### HELPING HANDS WINTER COAT DRIVE

THIS WEEKEND

The Helping Hands team will be collecting NEW and GENTLY USED coats, and NEW hats, gloves, mittens, and scarves after masses on December 2 & 3 to benefit Catholic Charities Migration and Refugee Services. Purchase new items using this QR code.



### COUNSELING SERVICES ON SITE AT OLOL

Our parish is hosting Laura Salzmann, MA, NCC, a mental health therapist from Catholic Charities Family Services of the Diocese of Arlington. She is offering counseling services every **Wednesdays, 8 AM - 4 PM** in a classroom in the Parish Hall. Laura is a Resident in Counseling in the state of Virginia, with a master's degree in Clinical Mental Health Counseling from Franciscan University of Steubenville. She works with children, adolescents, and adults experiencing anxiety, depression, grief, trauma, life changes and interpersonal issues. Please call her at (703) 454-2437 or Family Services at (703) 687-8987 for a consultation



**Stewardship Reflection**

*"Be watchful! Be alert! You do not know when the time will come." Mark 13:33*

We all take things for granted. In particular, we take time for granted. We make our lives too busy. We plan our days, weeks, months, even years in advance. Remember, our time on earth is a gift. None of us knows how long we will be here. Start today and begin thanking God for each and every day. Take time in silence, every day, and listen to how God is calling you right now to help build His kingdom on earth.

**2023 NOVENA TO OUR LADY OF GUADALUPE LED BY BISHOP BURBIDGE**

**Monday, December 4 to Tuesday, December 12**



You are invited to join Bishop Burbidge in a Novena to Our Lady of Guadalupe, offered for the intentions of couples struggling with infertility, miscarriage or early infant death. A private Mass will be offered by Bishop Burbidge for this intention during the Novena.

Sign up to receive the Novena and submit your intentions at:

<https://ourfruitfullove.com/novena/>

**Seeking?**

Find the fullness of faith at OCA.

Ask us about the Order of Christian Initiation for Adults.  
(703) 684-9261  
<https://ololcc.net/get-involved/explore-catholicism6>

**WHO IS Mary?**  
Mary, Explained

Produced by the Arlington Diocese as part of Year Two of the Diocese Golden Jubilee celebration, this widely acclaimed 7-part video series explain the theology, traditions and devotions to Our Lady and encourages us to grow closer to her with the ultimate goal of growing closer to Christ. To watch episodes <https://www.arlingtondiocese.org/maryexplained/>

**MASS AND BRUNCH FOR ADULT CHILDREN OF DIVORCE**

Saturday, December 16 \*11:30 AM \* St. Charles Borromeo

If your parents are divorced, have found it difficult to remain focused on Jesus, or have looked for emotional and practical support in navigating family dynamics, consider joining this Mass celebrated by Father David Dufresne, from the Diocese Life-Giving Wounds retreat team and a brunch to a nearby restaurant afterwards.

**NATIONAL EUCHARISTIC REVIVAL**  
June 2023 – June 2024 Year of Parish Revival

This year, we are all called to renew our faith and life in the grace of the Church's sacraments. Father Edlefsen asks all parishioners to learn more about this year's Eucharistic Revival, taking place in parishes throughout the country.

<https://www.eucharisticrevival.org/>

**FORMED**  
Free Catholic Films, Podcasts, Audio Books & More!

As a parishioner, you have pre-paid access to FORMED, an online Catholic media streaming service. Enjoy hundreds of Catholic films, e-books, podcasts, study courses, and more on your computer, tablet, and smartphone. Register at [formed.org/signup](https://formed.org/signup) and enter zip code "22202" or "Our Lady of Lourdes VA" to sign up.

**BISHOP'S PODCAST:  
WALK HUMBLY**

Look for Bishop Burbidge's Homilies and Podcasts at [www.arlingtondiocese.org/bishop/on-the-air](http://www.arlingtondiocese.org/bishop/on-the-air) where he offers a Catholic perspective on the most recent events in our society, and he answers questions from the faithful.

**VICTIM ASSISTANCE PROGRAM  
FOR THOSE SEXUALLY ABUSED AS MINORS**

The Diocese of Arlington offers comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children survivors of sexual abuse are encouraged to contact the diocesan **Victim Assistance Coordinator** at (703) 841-2350 or visit [www.arlingtondiocese.org/victim-assistance/](http://www.arlingtondiocese.org/victim-assistance/)

**VOCATIONS**

**ADVENT DAYS OF RECOLLECTION FOR DISCERNERS**

**Saturday - Sunday, December 16 - 17**

**San Damiano Retreat Center, White Post, VA**

Take a step to find out if Christ is calling you to the priesthood or religious life and enjoy some quiet prayer time this Advent. Men's Day of Recollection is **Saturday, December 16**, with diocesan seminarians and priests; the Women's Day of Recollection is **Sunday, December 17** with the Franciscan Sisters of the Eucharist. For young adults ages 18-35 years old. Contact the Office of Vocations, [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org) or call (703) 841-2514 for more information and to register. Deadline to register is Monday, December 11.

*"Like a man away on a journey, he assigns each of us a task; be on the alert."*



**Being chosen to serve as a priest or religious is an amazing work of the Lord. Ask the Holy Spirit and our Blessed Mother to help you recognize and be faithful to your vocation.** Contact Fr. Michael Isenberg, Vocations Director, at (703) 841-2514 or email: [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org).

**STEWARDSHIP**

**FAITH DIRECT ONLINE GIVING**

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code or on the cover of this bulletin, or visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**.



**GIFTS FOR SEMINARIAN EDUCATION ENDOWMENT FUND (SEEF)**

Please support our seminarians and SEEF, through your generous contribution. SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance and books, which total almost \$45,000 per seminarian. To donate, make checks payable to: "Foundation for the CDA - SEEF." Mail to: The Foundation, 200 N. Glebe Road, Suite 811, Arlington, VA 22203. Contact (703) 841-3819 or John French at [john.french@arlingtondiocese.org](mailto:john.french@arlingtondiocese.org) with questions.

**SECOND COLLECTION NEXT WEEKEND**

**December 9 & 10 \* Catholic Charities Christmas Collection**

Through a gift to Catholic Charities of the Diocese of Arlington, you are serving the poor, protecting the vulnerable, and welcoming the newcomer. Your support helps maintain ministries that serve neighbors in need throughout the 21 counties and seven cities of our diocese. If donating with check or cash, use the special bulletin insert/contribution envelope. You may also make an online gift at [ccda.net/Christmas](http://ccda.net/Christmas).



**SPONSOR OF THE WEEK**

**Tonya McKee Finlay**

Realtor/Team Lead

(571) 221-1960 / [tmf110567@aol.com](mailto:tmf110567@aol.com)

## NUESTRA PARROQUIA

### MENSAJE DE NUESTRO PÁRROCO

Todos estamos llamados a crecer en nuestra relación con Jesucristo. El Padre Edlefsen pide a todos que se comprometan a asistir a una o más Misas diarias durante la semana, ir a la Confesión una vez al mes, pasar tiempo con la Biblia ante el Santísimo Sacramento y meditar cinco minutos sobre las lecturas de la Misa del día. Cristo te está llamando a renovar tu fe en Su presencia real en la Eucaristía, y la misión de llevar Su mensaje de vida y justicia al mundo entero.



### CONFERENCIA DE LA SOCIEDAD DE SAN VICENTE DE PAÚL

La conferencia de la Sociedad de San Vicente de Paúl (SVDP) de Nuestra Señora de Lourdes ya comenzó a proporcionar asistencia financiera para servicios públicos, alquiler y emergencias. Si desea ser voluntario con SVDP, envíe un mensaje a [SVDPOLconference@gmail.com](mailto:SVDPOLconference@gmail.com).

### BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. La carta debe tener sello de la parroquia, firmada por el párroco y ser enviada a Nuestra Señora de Lourdes una semana antes del día del bautismo. Próxima charla será el **Domingo, 31 de diciembre** en el Lourdes Center a las 6:15 PM.

### SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, por favor comunicarse con la oficina 7 -8 meses antes de la fecha del matrimonio al 703-684-9261.

### EN ORACION POR

Paul Durand, Ed Boehme, Rosa Diéquez, April García, Ron Harris, Jim y Becky McManaman, Bridget Hinds, José Silva, Peter y Geraldine Filpi, y Parfait Williams. Comuníquese con la Rectoría al 703-684-9261 o [lol@lolcc.net](mailto:lol@lolcc.net) si necesita incluir a alguien en oración.

### EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM – 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!

## Experimenta el Adviento

Por Fr. Frederick Edlefsen



**“Llegaran los días – oráculo del Señor – en que yo cumpliré la promesa que pronuncie acerca de la casa de Israel y la casa de Juda.” (Jeremias 33:14)**

El Adviento nos prepara para la venida de Cristo. Meditamos en las profecías del Antiguo Testamento. Renovamos nuestra generosidad con los pobres.

El 17 de diciembre comienza la Novena de Navidad (nueve días de preparación). Prepara tu pesebre ese día, pero espera hasta la víspera de Navidad para poner al Niño Jesús en su cuna. Mantén el árbol de Navidad en pie al menos hasta la Epifanía (7 de enero). No guardes el pesebre hasta la resentación (2 de febrero). Mantén el resplandor de la luz de Cristo brillando en tu hogar durante la oscuridad de los días de solsticio y los vientos fríos de enero.

### Consejos de Adviento

**Corona de Adviento (a partir del primer domingo de Adviento):** Con tu familia, enciende las velas de Adviento a la hora de comer. La Corona de Adviento representa los años desde Adán hasta la primera venida de Cristo y nuestra espera de su segunda venida al final de los tiempos. Las velas de color morado representan la oscuridad de nuestro mundo antes de la luz del amanecer. La vela de color rosa, que se enciende en el tercer domingo de Adviento, representa los primeros rayos del amanecer antes de la salida del sol de Cristo. Este domingo se llama "Gaudete" (Alégrate), como la Antífona de Entrada de la Misa: "Alégrense siempre en el Señor: lo digo otra vez, ¡Alégrense!"

**Día de San Nicolás (6 de diciembre):** Para las familias con niños pequeños, haga que cada niño espere la visita de San Nicolás colocando un zapato fuera de sus cuartos la noche anterior. Llena los zapatos de los niños con golosinas. Algunas familias dan regalos tanto en el día de San Nicolás como en Navidad.

**El cirio de María (8 de diciembre, Inmaculada Concepción):** Este es un día de precepto. Asiste a misa este día. Coloque una vela con una cinta azul, o una vela azul, junto a una estatua o imagen de María. Enciende la vela a la hora de comer, recordando a todos la inocencia de María y su llamado a dar a luz a la Luz del Mundo. A continuación, lee esta oración, adaptada del Rito del Bautismo: "Esta luz te ha sido confiada para que la mantengas encendida y brillante. En el Bautismo, has sido iluminado por Cristo. Camina siempre como un hijo de la Luz. Mantén viva la llama de la Fe en tu corazón. Cuando venga el Señor, sal a recibirlo con todos los santos del Reino Celestial".



## AVIVAMIENTO EUCARÍSTICO NACIONAL

Junio 2023 – Junio 2024

### Año de Avivamiento Parroquial

Durante este Año Nacional de Avivamiento Eucarístico, todos estamos llamados a renovar nuestra fe en la gracia de los sacramentos de la Iglesia. El Padre Edlefsen invita a todos los feligreses a aprender más sobre esta importante iniciativa que se está llevando a cabo en las parroquias de todo el país

<https://www.eucharisticrevival.org/>



## DONACIONES EN LÍNEA CON FAITH DIRECT

¡Nuestra parroquia acepta donaciones en línea a través de Faith Direct! Puede donar a todas las colectas y establecer pagos recurrentes en su propio horario. Para inscribirse, escanee el código QR en esta página, o en la portada del boletín, o visite [www.faithdirect.net](http://www.faithdirect.net) e ingrese código parroquial VA327.



## GRUPOS VOLUNTARIOS

### MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730.

### GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM. Comunicarse con José Ricardo Díaz al 703-622-6351 o Saul Orellana al 703-869-7095.

### LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

### LECTORES

Si deseas unirte al ministerio de la Liturgia como *lector*, comunicarse con Ana Rivera al 703-508-7751.

### UJIERES

Si quieres servir como *ujier*, comunicarse con Reynaldo Campos (703-626-5473) o Manuel Bonilla (571-594-2769).

### CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

3 DE DICIEMBRE DE 2023

### Primer Domingo de Adviento

“ ¡Vigile! ¡Manténgase alerta! Usted no sabe cuándo llegara el momento.” Marcos 13:33

Damos las cosas por sentado. En particular, damos el tiempo por sentado. Tenemos nuestras vidas demasiado ocupadas. Planificamos por adelantado nuestros días, semanas, meses y aún nuestros años. Recuerde, nuestro tiempo en la tierra es un regalo. Ninguno de nosotros sabe cuánto tiempo estaremos aquí. Empiece hoy y comience a darle gracias a Dios por todos y cada uno de nuestros días. Tómese un tiempo en silencio, todos los días, y escuche cómo Dios lo está llamando en este momento para ayudar a construir Su reino en la tierra.

## EDUCACION RELIGIOSA (CCD)

Las clases de CCD ya empezaron, pero los niños pueden unirse durante el año escolar. Para registrarse, envíe el formulario de registro que se encuentra en nuestro sitio web bajo la sección "Get Involved" y "Religious Education". Comuníquese con Leigh Hasson, nuestro DRE, a [dre@ololcc.net](mailto:dre@ololcc.net) con cualquier pregunta.

## LA INMACULADA CONCEPCION DE LA VIRGEN MARIA



**EL 8 DE DICIEMBRE** es la Solemnidad de la Inmaculada Concepción y es un día de precepto. Se llevarán a cabo misas adicionales a las 7:00 p.m. el 7 de diciembre (Misa de vigilia bilingüe) y a las 7:00 p.m. el 8 de diciembre.

## 2023 NOVENA A NUESTRA SEÑORA DE GUADALUPE

Te invitamos a unirte al Obispo Burbidge en una Novena a Nuestra Señora de Guadalupe, ofrecida por las intenciones de las parejas que luchan contra la infertilidad, el aborto espontáneo o la muerte infantil prematura. La Novena será del 4 al 12 de diciembre, fiesta de Nuestra Señora de Guadalupe. El obispo Michael Burbidge ofrecerá una misa por esta intención durante la Novena. Inscríbete aquí para recibir la Novena y envía tus intenciones: [OurFruitfulLove.com/Novena](http://OurFruitfulLove.com/Novena).

# MASS & BRUNCH

for adult children of divorce

Let's keep our focus on Jesus through  
what can be a complicated season

December 16, 2023 | 11:30am

St. Charles Borromeo Catholic Church  
3304 Washington Blvd, Arlington

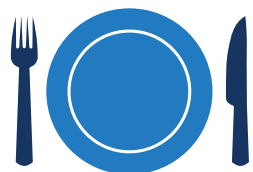
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This event is free but please RSVP at:  
[arlingtondiocese.org/acodmass](https://arlingtondiocese.org/acodmass)



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**2,133**



People provided with Mental Health Counseling

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Number of people helped with Pregnancy & Adoption services

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Prison inmates receiving Spiritual Care

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Source: Catholic Charities tracking systems, fiscal year 2023

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When anxiety was great  
within me, your consolation  
brought joy to my soul.  
Psalms 94:19

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