



OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW. OLOLCC.NET

FOLLOW US ON INSTAGRAM @OLOL_ARLINGTON



APRIL 13, 2025
PALM SUNDAY
OF THE PASSION OF THE LORD

13 DE ABRIL, 2025
DOMINGO DE RAMOS
DE LA PASION DEL SEÑOR

PARISH INFORMATION

OFFICE HOURS

Monday—Friday 8:00 AM—4:00 PM

REGISTRATION

WWW.OLOLCC.NET and click “I’m New” to join our parish or scan the QR code.



Parish
Registration



Faith Direct
for eGiving



MASS SCHEDULE

Sunday	5:30 PM Vigil (Saturday) * 8:00 AM * 10:00 AM 12:00 PM * 5:00 PM (Español)
Monday - Friday	6:45 AM * 12:00 PM
Saturday	9:00 AM
Holy Days of Obligation	7:00 PM (Vigil) * 6:45 AM * 12:00 PM * 7:00 PM
Federal Holidays	10:00 AM (Monday—Thursday)

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololccnet for specific times.

CONFESSIONS

Saturday	4:00 PM—5:00 PM
Sunday	4:15 PM—4:45 PM (Español)
Tuesday	12:30 PM
Thursday	12:30 PM
Friday	12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

14

Rosary
6:15 AM * 11:30 AM

**MONDAY
OF HOLY WEEK**

15

Rosary
6:15 AM * 11:30 AM

Confessions
12:30 PM

Pro-Life Rosary
7:00 PM

**TUESDAY
OF HOLY WEEK**

16

Rosary
6:15 AM * 11:30 AM

Miraculous Medal
Novena
12:30 PM

Confessions
6:30 PM—8:00 PM

**WEDNESDAY
OF HOLY WEEK**

17

Rosary
6:15 AM * 11:30 AM

MASS OF THE LORD'S
SUPPER
7:00 PM

Exposition of the
Blessed Sacrament
8:30 PM—12:00 PM

HOLY THURSDAY
Office Closed (PM)

18

Confessions
1:30 PM—3:00 PM

Exposition of the
Blessed Sacrament
12:30 PM—3:00 PM

Stations of the Cross
3:00 PM

LITURGY OF THE
LORD'S PASSION
7:00 PM

GOOD FRIDAY
Office Closed

19

Easter Food Blessing
9:00 AM

Confessions
3:00 PM—5:00 PM

EASTER VIGIL MASS
8:30 PM

HOLY SATURDAY

20

Easter Egg Hunt
11:00 AM

EASTER SUNDAY

CLERGY

Fr. Frederick H. Edlefsen, Pastor
Fr. Francis Peffley, Parochial Vicar
Fr. Daniel L. Mode, In Residence
Fr. Steven R. Walker, In Residence

STAFF

Ms. Stephanie Vindell, Office Manager
Mrs. Marie Macnamara, Sacramental Records
Mrs. Esperanza Miranda, Parish Assistant
Mrs. Mara Auxiliadora González de Pastrán, Parish Assistant
Ms. Leigh Hasson, Director of Religious Education (DRE)
Mr. Tom Bartolomeo, Director of Music

Holy Week's Paschal Triduum

Come and Experience the World's Three Most Important Days

By Fr. Frederick Edlefsen

Lent ends on Wednesday of Holy Week. Holy Thursday begins what is known as the *Pascal Triduum*. Triduum means "three days" or "three events": The Last Supper, the Crucifixion, and the Resurrection. How do we experience it?

✠ Holy Thursday

The Mass of the Lord's Supper (7:00 PM)

The *Triduum* begins at 7 PM on Holy Thursday with the *Mass of the Lord's Supper*. This Mass commemorates the Last Supper, when Jesus instituted the Eucharist and the Priesthood. The Gospel story, from John 13, of Jesus washing his Apostles' feet is read. After the homily, the priest washes some parishioners' feet, doing what Jesus did at the Last Supper. "Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet" (John 13:14). In ancient Israel, washing with water was a rite that had three meanings. Firstly, it implied humility. As St. Augustine said, "When the body is bent at the feet of a brother, the feeling of humility is made to rise in the heart." Secondly, it was a Jewish purification rite, symbolizing repentance for sins. As John the Baptist said, "I baptize you with water for repentance" (Matthew 3:11). Thirdly, washing with water was part of the rite of ordaining a Levite to the priesthood of Aaron. "You shall bring Aaron and his sons to the door of the meeting tent and wash them with water" (Exodus 29:4). When Peter objects to being washed, Jesus replies, "If I do not wash you, you have no inheritance with me (John 13:8). In the Old Testament, the word "inheritance" or "heritage" refers to the gift of the priesthood (see Deuteronomy 10:9). In other words, unless Peter is washed by Jesus, he will not partake of Christ's priesthood.

After the Mass of the Lord's Supper, the priest incenses the Eucharist and makes a solemn procession with the Sacrament. Everyone joins the procession to the Parish Hall, where the Eucharist will be placed in a "repository" (tabernacle) decorated with flowers. The procession represents Christ's journey from the Last Supper to the Garden of Gethsemane. "When Jesus had spoken these words, he went forth with his disciples across the Kidron Valley, where there was a garden, which he and the disciples entered" (John 18:1). This begins the Passion of the Lord, where Jesus prays and sweats great drops of blood (Luke 22:44). With Peter, James and John, we are invited to pray with Jesus. "So, could you not keep watch with Me for one hour" (Matthew 26:40)? Meanwhile, the Altar in the church is stripped.



✠ Good Friday

The Liturgy of the Lord's Passion (7:00 PM)

This day recalls Christ's crucifixion and the world's salvation from sin. The sanctuary is bare. The tabernacle is empty. No decorations. At 7 PM, the *Liturgy of the Lord's Passion* begins. Sometimes it's called the "Mass of the Pre-Sanctified Gifts" because no consecration of the Eucharist takes place. The St. John's Passion Narrative is read. The Crucifix is venerated. People receive Communion that was consecrated on Holy Thursday. The liturgy ends in silence. "Father, into your hands I commend my spirit" (Luke 23:46).

✠ Holy Saturday

Easter Vigil Mass (8:30 PM)

Holy Saturday marks Christ's descent to the dead. There is no liturgy on this day, at least not until after sundown. At 8:30 PM, the Easter Vigil Mass begins with the *Lucinarium* (Service of Light), which takes place outside the church, with the blessing of the fire, of time, and of the tall Pascal Candle. "Christ yesterday and today, the Beginning and the End, the Alpha and the Omega, all time belongs to Him, and all the ages, to Him be glory and power, through every age and forever. Amen." (*Lucinarium* prayer of blessing). The Pascal Candle will be lit at all baptisms and funerals throughout the year. The *Exsultet*, an ancient hymn that recalls the Passover and Exodus, is sung. "This is the night, when once you led our forebears, Israel's children, from slavery in Egypt and made them pass dry-shod through the Red Sea" (from the *Exsultet*). Seven Old Testament readings are read, retracing the steps of salvation history. After singing the *Gloria*, a passage from St. Paul's Letter to the Romans is read. "Consequently, you too must think of yourselves as being dead to sin and living for God in Christ Jesus"

(Romans 6:11-14). The Gospel of the Resurrection is read, catechumens are baptized, and the baptized are confirmed and receive Holy Communion. The Mass concludes with a "double Alleluia," expressing our joy and hope in the Resurrection.

"Very early when the sun had risen, on the first day of the week, they came to the tomb.... On entering the tomb they saw a young man sitting on the right side, clothed in a white robe, and they were utterly amazed. He said to them, 'Do not be amazed! You seek Jesus of Nazareth, the crucified. He has been raised; he is not here'" (Mark 16: 2-6). Come, experience the narrative. Join us at the Easter Triduum.

HOLY WEEK SCHEDULE

HOLY WEEK CONFESSIONS

- Tuesday, April 15 * 12:30 PM
- Wednesday, April 16 * 6:30—8:00 PM
- Good Friday, April 18 * 1:30—3:00 PM
- Holy Saturday, April 19 * 3:00—5:00 PM

MASSES AND PRAYER SERVICES TRIDUUM AND EASTER

HOLY THURSDAY, APRIL 17

- Mass of the Lord's Supper * 7:00 PM
- Adoration of the Blessed Sacrament until 12:00 midnight (in Parish Hall)

GOOD FRIDAY, APRIL 18

- Stations of the Cross * 3:00 PM
- Liturgy of the Lord's Passion & Death * 7:00 PM

HOLY SATURDAY, APRIL 19

- Easter Vigil Mass * 8:30 PM

EASTER SUNDAY, APRIL 20

- Easter Masses * 8:00 AM * 10:00 AM * 12:00 PM * 2:00 PM (Spanish)

OUR LADY OF LOURDES PARISH CHILDREN'S EASTER EGG HUNT



after the 10AM Mass
Hosted by your Knights of Columbus

The Light is On For You *Celebrate the Sacrament of Reconciliation*

Going to Confession

1. The priest gives a blessing or greeting.
2. Make the Sign of the Cross and say,
"Bless me father, for I have sinned.
My last confession was..." (give weeks, months, or years).
3. Confess all your sins to the priest.
(If you are unsure or uneasy, tell him and ask for help.)
4. Say, "I am sorry for these and all my sins."
5. The priest gives a penance and offers advice to help you become a better Catholic.
6. Say an Act of Contrition, expressing your sorrow for your sins.
7. The priest, acting in the person of Christ, then absolves you from your sins.

Act of Contrition

*My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.
Our Savior Jesus Christ suffered and died for us.
In his name, my God, have mercy.*

FOOD DRIVE

Drop off items
after mass in the
Helping Hands
vestibule
APRIL 26/27

SPECIAL REQUEST ITEMS

In support of Afghan Refugees in our area

SUGGESTED DRY PANTRY LIST

- | | |
|---|---|
| ☒ Green Tea Bags
(plain, no flavors) | ☒ Dried Beans
(kidney, split peas or chickpeas) |
| ☒ Medjool dates (pitted) | ☒ Dry Yeast Packets |
| ☒ Afghan Rice
(Brands: Mother Rice, Afghan Darbar Rice or Ahwaa Bars) | ☒ Tomato Paste |
| ☒ Rice (Supplies limited - Substitute Basmati rice or elbow macaroni) | ☒ Nuts (almonds, pistachios, pine nuts or walnuts) |
| ☒ Bag of lentils
(red, green or brown) | ☒ Chickpeas (canned) |
| | ☒ Spices (Salt, Pepper, Cumin, Coriander, Turmeric, Dried Mint, Cardamom Seeds, Peppercorns)
* larger sizes if possible |

Halal Markets in the area:
<https://tinyurl.com/ysvtjn37>
Walmart / Target / Safeway /
Giant / Amazon Prime may also
carry some of these items.

Note: Canned vegetables are not favored
with the exception of chickpeas

If you have any questions, please contact Donna Hansberry at dchansberry@gmail.com

LOL is focusing on assisting Migration and Refugee Services (MRS), part of Catholic Charities, as it helps those from other countries become self-sufficient and productive members of American society.



OUR LADY
of LOURDES
Arlington, Virginia

**HELPING
HANDS**

YOU'RE INVITED TO OUR OLOL YOUNG ADULT



PIZZA PARTY AT NIGHTHAWK

HAVE FUN
&
MEET NEW
FRIENDS



**Nighthawk
Brewery & Pizza**

**1201 S. Joyce Street,
Arlington, VA
22202**

SUNDAY

April 27

June 8

July 13

**1 PM (AFTER
NOON MASS)**

OUR PARISH



Honor a loved one with a Mass
at Our Lady of Lourdes!
Contact the Rectory Office
703.684.9261 or OLOL@OLOLCC.net

April 13, 2025 Holy Week WEEKLY MASS INTENTIONS

SATURDAY

APRIL 12

9:00 AM Marco Fernandez-Ribas by Tony & Maite Fernandez
5:30 PM Ann Durand by Ruben & Michelle Lopez

SUNDAY

APRIL 13

Palm Sunday

8:00 AM + Gerald Plunkett by Berta Plunkett
10:00 AM All Parishioners, Living & Deceased
12:00 PM + Maria Frances Fernandez by Solita Wakefield
5:00 PM Celebrant's Intentions
(Spanish)

MONDAY

APRIL 14

6:45 AM Julie by James & Maryellen Tibbs
12:00 PM + Mercedes Vicente by Angela Policarpio

TUESDAY

APRIL 15

6:45 AM Maria Fernandez by Tony & Maite Fernandez
12:00 PM + Joe Belen by Angela Policarpio

WEDNESDAY

APRIL 16

6:45 AM Rev. Jay Biber by James & Maryellen Tibbs
12:00 PM + Chet Shields by Duane Shields

THURSDAY

APRIL 17

Holy Thursday

7:00 PM + Bernard Lauhengco by Angela Policarpio

FRIDAY

APRIL 18

Friday of the Passion of the Lord (Good Friday)

HOLY WEEK

The Parish Office will be closed from 1:00 PM Holy
Thursday, April 17 through Easter Monday, April 21.
The office will reopen on Tuesday, April 22.

SUPPORT OUR LADY OF LOURDES



We have a growing parish. Last fiscal year, household registration increased 8.5% while Sunday offertory collections increased only 1%. In order to align Sunday giving with budgeted expenses, we'll need \$60K more collection income by the end of June 2025. If everyone pitches in—by increasing First Collection giving or by starting to give regularly for the first time— **We can do it!**



Fathers Edlefsen and Peffley thank everyone who have increased offertory giving or started giving for the first time. If you wish to support Our Lady of Lourdes through online giving, use the above QR code, the QR code in the pew in front of you, or press the "GIVE" button on our website.

Welcome

IF YOU ARE NEW TO THE PARISH OR COME TO MASS
REGULARLY BUT HAVE NOT REGISTERED,

WE INVITE YOU TO REGISTER!

USE THE ABOVE QR CODE OR VISIT OUR WEBSITE
AT OLOLCC.NET AND SELECT "I'M NEW."





Prayer in our Parish

PLEASE PRAY FOR

Carlo Cannonito, Phyllis Cannonito, Albert Colbert, Mildred Cottini, Nancy Davidson, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Rita Knott, Melissa Kresslein, Julio E. Lainez, Julia Macnamara, Kelly Moore, Mary O'Donoghue, Gloria Lucia Ojeda, Ana Reynaldes, Ana Rivera, Jose Silva, Kathryn Updegraff, Joyce Velde, and Ismael A. Zavala Umaña. Contact the Rectory Office at 703-684-9261 or send a message to lol@lolcc.net to add or remove a name.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.



LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

JOB OPENING FULL TIME OFFICE ASSISTANT

Our Lady of Lourdes seeks a full-time Office Assistant (OA) to assist the front office (approximately 30 hours per week). This position serves as a receptionist: greet visitors, answer phones, respond to emails and other correspondence, direct message to the appropriate person, and perform administrative duties as a member of the office team. The OA may help to schedule Mass intentions, sacraments and other events, update the parishioner database, and prepare correspondence. Must have excellent organizational, interpersonal, and grammatical skills, as well as be able to multitask effectively. Knowledge of Microsoft Office, graphic design platforms, and Google suite skills highly desirable. To apply, send your resume and cover letter to lol@lolcc.net with OFFICE ASSISTANT in the subject line.

ALTAR FLOWERS

Altar flowers are sponsored by our parishioners in honor of loved ones, or to commemorate a special event.

Email or call the Rectory Office to schedule.
Sponsorship is \$50
703-684-9261 or LOL@LOLCC.net

Altar Flower Sponsorships will be paused during Lent.
Next available date is May 25th

CELEBRATING THE SACRAMENTS AT LOL

BAPTISMS

Visit lolcc.net and click *Mass & More* and *Baptism* to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit lolcc.net, click *Get Involved* and then *Religious Education* to register. Or contact Leigh Hasson at dre@lolcc.net.

CONFIRMATION

Grades 7 & 8 prepare for confirmation in our CCD program. Visit lolcc.net, click *Get Involved* and then *Religious Education* to register. Or contact Leigh Hasson at dre@lolcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Adults 18+ seeking the Sacraments of Initiation: Baptism, Holy Communion, and Confirmation, visit lolcc.net and click *Get Involved* and *Explore Catholicism* to register. Or call the Rectory Office to speak with a priest.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at lolcc.net under *Mass & More* and *Marriage Prep*.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

OUR PARISH

Upcoming events

BLESSING OF EASTER FOOD

Saturday, April 19

- Father Peffley will bless Easter food baskets.
- 9:00 AM in the vestibule of the church.



EASTER EGG HUNT

Sunday, April 20

- Join us for our Easter Egg Hunt after the 10:00 AM Mass. All kids invited.
- Hosted by the Knights of Columbus



YOUNG ADULT PIZZA SOCIAL

- An afternoon of fun, food & fellowship after the Noon Mass at *Nighthawk Brewery & Pizza*.
- Bring friends and meet new ones!



DIVINE MERCY CHAPLET AND ADORATION

Sunday, April 27

- Exposition of the Blessed Sacrament at 3:00 PM
- Divine Mercy Chaplet & Confessions led by Father Peffley.



Would you like to volunteer?



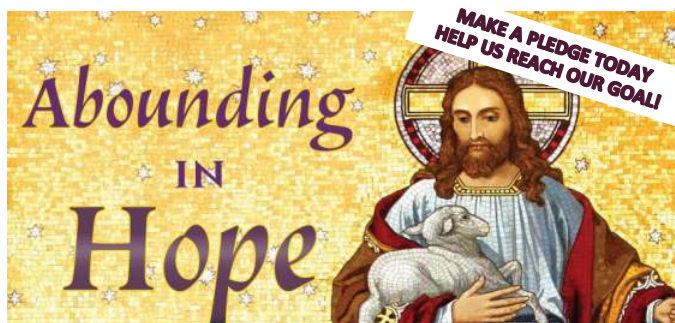
We are currently looking for volunteers to serve as:

- lectors for the 12 PM weekday Masses
- sacristans for the weekend Masses, and
- money counters.

Please contact the Parish Office or scan the QR code if you interested in these or other volunteer opportunities.

Thank you for your commitment!

AROUND THE DIOCESE



Thank you to those who have pledged to the Bishop's Lenten Appeal! If you have yet to make your gift, please prayerfully reflect on your blessings and consider making a commitment. Our Lady of Lourdes has reached 70% of its pledge goal. Help us reach 100% by pledging to the BLA today. The BLA supports many diocesan ministries and seminarian formation. Every pledge counts! You may mail a pledge, scan the QR code, or go online to www.arlingtondiocese.org/BLA.



SCAN ME

2025 BISHOP'S LENTEN APPEAL
CATHOLIC DIOCESE OF ARLINGTON

7 Churches Pilgrimage on Holy Thursday

The Office of Youth, Campus and Young Adult Ministries invites you to enter into this pilgrimage of remaining with Jesus in the garden.

Select seven churches from the route that works best for you or your group and spend time in silent prayer at an Altar of Repose in each of these churches, which happens directly after the Mass of the Lord's Supper and lasts throughout midnight.

Our Lady of Lourdes is one of the churches in the "Olive" pilgrimage route (Alexandria route)



For more information on pilgrimage routes, guides and reflections, scan the QR code or visit <https://www.arlingtondiocese.org/young-adult-ministry/7-churches-pilgrimage/>

VOCATIONS, STEWARDSHIP & MORE

Stewardship Reflection

"...I tell you, Peter, before the cock crows this day, you will deny three times that you know me."

How many times have you heard someone make a disparaging comment about God or our Catholic faith?

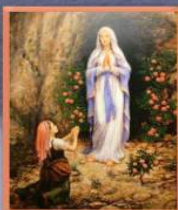
Do you remain quiet so not to cause a disturbance?

Or, because you don't want people to think negatively about you? Or, because you don't think you know enough about the Catholic faith? Pray for the courage to speak up and enter into a respectful conversation when the opportunity to talk about our faith arises.

Joyfully share your faith with others.

Finding Jesus with

Mary & the Rosary



Catholics certainly recognize the power and preeminence of the Rosary in our Spiritual tradition. But most of us also have a great deal of difficulty praying the Rosary, and often feel as if we are just "going through the motions."

WOMEN'S SILENT RETREAT
Friday through Sunday
May 2 - 4, 2025
San Damiano Retreat Center
White Post, Virginia

Retreat cost is \$285. Financial assistance may be available.

For more information or to register, please contact Father Riley:

retreat@sacredheartwinchester.org or visit our website at ArlingtonDiocese.org/Retreat



"Father, into your hands I commend my spirit." (Luke 23:46)



Jesus' words reveal the ultimate trust and surrender to God's will. In vocations, we're invited to echo this trust, placing our lives in God's hands and answering His call with courage and faith. As we enter Holy Week, consider whether God is calling you to serve the Church as a priest, or religious brother or sister. Talk to your priest or reach out to the Vocation Office at (703) 841-2514 or via email at vocations@arlingtondiocese.org.

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code to the right, or visit www.faithdirect.net and enter parish code **VA327**.



Faith Direct for eGiving

SECOND COLLECTION

April 12/13 * Maintenance & Improvement

Help our church stay strong, safe and clean by donating to our parish Maintenance & Improvement Fund. Your donations keep our buildings comfortable, safe and ensure that our grounds and church look their best throughout the year.



CARTOON OF THE WEEK

SPONSOR OF THE WEEK

Tepeyac OB/GYN

Something more than Medicine
703-273-9440 * www.tepeyacobgyn.com

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 27 de Abril** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

EN ORACION POR

Albert Colbert, Mildred Cottini, Nancy Davidson, Rosa Diesquez, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Melissa Kresslein, Julia Macnamara, Kelly Moore, Mary O'Donoghue, Gloria Lucia Ojeda, Ana Reynaldes, Ana Rivera, Jose Silva, Kathryn Updegraff, Bill Walsh, e Ismael A. Zavala Umaña. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!

APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

INTENCIONES DE MISAS



**Honra a un ser querido
con una Misa!**

Llama o envía un mensaje a la
Rectoría para ofrecer una Misa
703.684.9261
OLOL@OLOLCC.net

Triduo Pascual de Semana Santa

**Cómo vivir los tres días
mas importantes del mundo**



por P. Frederick Edlefsen

La Cuaresma termina el miércoles de Semana Santa. El Jueves Santo comienza lo que se conoce como el *Triduo Pascual*. Triduo significa "tres días" o "tres eventos": La Última Cena, la Crucifixión y la Resurrección. ¿Cómo vivimos el Triduo Pascual?

Jueves Santo

Misa de la Cena del Señor (7:00 PM)

El *Triduo* comienza a las 7:00 PM del Jueves Santo con la *Misa de la Cena del Señor*. Esta Misa conmemora la Última Cena, cuando Jesús instituyó la Eucaristía y el Sacerdocio. Se lee el relato del evangelio de Juan 13: Jesús lavando los pies de sus apóstoles. Después de la homilía, el sacerdote lava los pies de algunos feligreses, así como lo hizo Jesús en la Última Cena. "Si yo, que soy el Señor y el Maestro, les he lavado los pies, ustedes también deben lavarse los pies unos a otros" (Juan 13:14). En el antiguo Israel, lavarse con agua era un rito que tenía tres significados. En primer lugar, implicaba humildad. Como decía San Agustín: "Cuando el cuerpo se dobla a los pies de un hermano, el sentimiento de humildad se eleva en el corazón". En segundo lugar, era un rito de purificación entre los judíos, que simbolizaba el arrepentimiento de los pecados. Como dijo Juan el Bautista: "Yo los bautizo con agua para que se conviertan" (Mateo 3:11). En tercer lugar, lavarse con agua era parte del rito de consagrar a un levita al sacerdocio de Aarón. "Llevarás a Aarón y a sus hijos a la puerta de la Carpa del Encuentro, y los lavarás con agua" (Éxodo 29:4). Cuando Pedro se opone a que sus pies sean lavados, Jesús responde: "Si yo no te lavo, no podrás compartir mi herencia" (Juan 13:8). En el Antiguo Testamento, la palabra "herencia" se refiere al don del sacerdocio (véase Deuteronomio 10:9). En otras palabras, a menos que Pedro sea lavado por Jesús, no participará del sacerdocio de Cristo.

Después de la Misa de la Cena del Señor, el sacerdote quema incienso alrededor de la Eucaristía y dirige una solemne procesión con el Santísimo. Todos se unen a la procesión hasta el Salón Parroquial, donde el Santísimo será colocada en tabernáculo decorado con flores. La procesión representa el viaje de Cristo desde la Última Cena hasta el Huerto de Getsemaní. "Cuando Jesús hubo dicho estas palabras, salió con sus discípulos a

hacia el valle de Cedrón, donde había un huerto, en el cual Jesús y los discípulos entraron" (Juan 18:1). Así comienza la Pasión del Señor, donde Jesús ora y suda grandes gotas de sangre (Lucas 22:44). Con Pedro, Santiago y Juan, estamos invitados a orar con Jesús. ¿Es posible que no hayan podido quedarse despiertos conmigo por una hora" (Mateo 26:40)? Mientras tanto, el altar de la iglesia es despojado.

Viernes Santo

Liturgia de la Pasión del Señor (19:00 horas)

En este día se recuerda la crucifixión de Cristo y la salvación del mundo del pecado. El santuario está vacío. El tabernáculo está vacío. Sin decoraciones. A las 7:00 PM comienza la *Liturgia de la Pasión del Señor*. A veces se le llama la "Misa de los Dones Pre-Santificados" porque no se lleva a cabo ninguna consagración de la Eucaristía. Se lee la narración de la Pasión según San Juan. Se venera el Crucifijo. La gente recibe la Comunión que fue consagrada el Jueves Santo. La liturgia termina en silencio. "Padre, en tus manos encomiendo mi espíritu" (Lucas 23:46).

Sábado Santo

Misa de la Vigilia Pascual (8:30 PM)

El Sábado Santo marca el descenso de Cristo a los muertos. No hay liturgia en este día, al menos no hasta después de la puesta del sol. A las 8:30 PM, comienza la Misa de la Vigilia Pascual con el *Lucinarium* (Servicio de la Luz), que tiene lugar fuera de la iglesia, con la bendición del fuego, y del Cirio Pascual. "Cristo ayer y hoy, el Principio y el Fin, el Alfa y la Omega, todo el tiempo le pertenece a Él, y todos los siglos, a Él sea la gloria y el poder, a través de todas las edades y por los siglos. Amén". (*Oración de bendición del Lucinarium*). El Cirio Pascual se encenderá en todos los bautizos y funerales durante todo el año. Se *canta el Exsultet*, un antiguo himno que recuerda la Pascua y el Éxodo. "Esta es la noche en que una vez sacaste a nuestros antepasados, los hijos de Israel, de la esclavitud en Egipto y los hiciste pasar a través del Mar Rojo" (del *Exsultet*). Se leen siete lecturas del Antiguo Testamento, recorriendo los pasos de la historia de la salvación. Después de cantar el *Gloria*, se lee un pasaje de la Carta de San Pablo a los Romanos. "Por tanto, vosotros también debéis pensar que estáis muertos al pecado y que vivís para Dios en Cristo Jesús" (Romanos 6:11-14). Se lee el Evangelio de la Resurrección, se bautiza a los catecúmenos, se confirma y se recibe la Sagrada Comunión. La Misa concluye con un "doble Aleluya", que expresa nuestra alegría y esperanza en la Resurrección.

"Muy de mañana, cuando salió el sol, el primer día de la semana, fueron al sepulcro... Al entrar en el sepulcro vieron a un joven sentado a la derecha, vestido con una túnica blanca, y quedaron completamente asombrados. Él les dijo: "¡No se asombren! Buscan a Jesús de Nazaret, el crucificado. Él ha resucitado; él no está aquí" (Marcos 16:2-6). Ven, experimenta la narrativa. Únase a nosotros en el Triduo Pascual.

IGLESIA DE NUESTRA SEÑORA DE LOURDES

BÚSQUEDA DE HUEVOS DE PASCUA PARA NIÑOS

después de la Misa de 10AM

Organizada por sus
Caballeros de Colón



HORARIO DE SEMANA SANTA

JUEVES SANTO

17 de Abril

Misa de la Cena del Señor 7:00 PM

Adoración del Santísimo Sacramento después de la misa hasta medianoche en el Salón Parroquial.

VIERNES SANTO

18 de Abril

Liturgia de la Pasión y Muerte del Señor 7:00 PM

SABADO SANTO

19 de Abril

Misa de la Vigilia Pascual 8:30 PM

DOMINGO DE PASCUA

20 de Abril

Misas de Pascua: 8:00 AM * 10:00 AM * 12:00 PM
2:00 PM (Español)

EVENTOS PARROQUIALES

BENDICION DE ALIMENTOS DE PASCUA

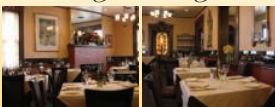
Sábado, 19 de Abril

- El Padre Peffley bendecirá canastas de alimentos de Pascua
- A las 9:00 AM en el vestíbulo de la Iglesia. Te esperamos.



The Portofino
restaurant

Northern Italian Cuisine
Welcome to fine dining
in Crystal City



526 South 23rd St.
Arlington, VA 22202
703-979-8200
www.theportofinorestaurant.com



JOHN PATRICK
publishing company, inc.
For Advertising
Information Contact
KATHY ZECHELLO
774.245.9057
kzechello@jppc.net

Serving the DC Metropolitan area since 1967

Caffi SERVICES, INC
PLUMBING HEATING HVAC REMODELING

703-836-6775

PLUMBING, HVAC, REMODELING
SERVING NORTHERN VIRGINIA SINCE 1967!



✕ REPAIRS
✕ INSTALLATIONS
✕ MAINTENANCE
✕ EMERGENCY SERVICE

1313 POWHATAN STREET • ALEXANDRIA
www.caffiservices.com

 **MALLORY'S ARMY®**
Foundation

United Together In The Fight
Against Bullying...
Don't Just Teach Kindness...
BE KINDNESS!

www.MallorysArmy.com
(973) 440-8657 | info@mallorysarmy.org

It's easy to join our mailing list!
Just send your email address by text message:
Text MALLORYSARMY to 22828 to get started.

 Message and data rates may apply.

KATCHMARK
A TRENAMERICA COMPANY, LLC

THE #1 ROOFING CONTRACTOR
IN VIRGINIA, MARYLAND, & DC
TRUST, QUALITY, AND PROFESSIONALISM

703-817-0200
katchmark.com

Flavio W. Nasr, DDS
General & Cosmetic
Dentistry

Preventative • Restorative
Invisalign • Whitening
Veneers • Dentures

2800 Crystal Dr., Suite 320
Arlington, VA 22202
703-415-0555

Accepts Most PPO Plans
www.crystalcitydentalcare.com

COMPASS
Marga Pirozzoli, Realtor®
Associate Broker - J.D.
marga.pirozzoli@compass.com
703.585.4884

Justine Pope, Realtor®
justine.pope@compass.com
571.388.7359

Terms & Conditions: Compass is a licensed real estate brokerage that abides by Equal Housing Opportunity laws. Information is compiled from sources deemed reliable but is not guaranteed. All measurements & square footages are approximate. This is intended to solicit property already listed. Compass is licensed as Compass Real Estate in DC & as Compass in Virginia & Maryland. 1004 King St, 1st Fl., Alexandria, VA 223142 • 703.229.8935

PJI LAW

**Wills, Trusts, & Probate
for Catholic Families**

703.865.6100 | welcome@pjilaw.com



A CLEANING SERVICE
Since 1985 * Lic/Insured/Bonded
703-892-8648
Commercial and Residential
www.acleaningserviceinc.com

 **St. Anne's**
Retirement Community
A Catholic-Centered Community Honoring All Faiths



St. Anne's Retirement Community is a
Continuing Care Retirement
Community located in beautiful
Lancaster County, PA!

Mention this Ad to Receive
Two Free Lunch Vouchers
to our Village Bistro

Call 717.285.6197 to schedule a tour!

3952 Columbia Avenue
West Hempfield Twp., PA 17512
717-285-5443 | www.StAnnesRC.org

 **Tepeyac OB/GYN**
Something More Than Medicine™

4001 Fair Ridge Dr., #304
Fairfax VA
703-273-9440

 **FOUNDING FARMERS**
ALEXANDRIA



461 Swann Ave, Alexandria, VA 22301
WeAreFoundingFarmers.com

Gentle Dental Care Agnes B. Fuentes, D.D.S.
Voted Top Dentist in Washingtonian & VA Living Magazine
Preventive & Cosmetic Services

2445 Army Navy Drive, Suite #100, Arlington 22206
Welcoming all New Patients • Weekday and Saturday Appointments Available
Parishioner • 703-521-7802 • www.agnesfuentesdds.com
Most PPO plans accepted. Participating provider with Cigna PPO and GEHA Dental Connection

ABC-2-Z

KIRITPAI HANDYMAN SERVICES

NO JOB TOO BIG/SMALL
POWER WASHING
PAINTING • CARPENTRY
DRYWALL • MASONRY
LICENSED AND INSURED
703-843-8663

RIDESHARING SAFETY TIPS
BEFORE YOU GET IN A RIDE SHARE

Ask **#WHATS MYNAME**
in remembrance of
Samantha Josephson

 **NEIGHBORHOOD REAL ESTATE GROUP**

Cell: 571-221-1960
Email: tmf110567@aol.com
Website: www.NRERealtors.com

Tonya McKee Finlay
Realtor/Team Lead
Powered by **KWMETROCENTER**
KELLERWILLIAMSREALTY



 **St. Joseph's Roofing, Inc.**

703-716-7663 Roofing • Windows • Gutters • Siding **www.SJRoof.com**

 **RenovaSmiles**
FAMILY & COSMETIC DENTISTRY

Preventive Care for a Lifetime of Healthy Smiles

1-844-336-2474 • www.renovasmiles.com

Falls Church, Woodbridge, Manassas, Arlington, Franconia and Occoquan (North Woodbridge)



Jennifer Caterini
Realtor®, Licensed in DC & VA

TTR Sotheby's
INTERNATIONAL REALTY
jcaterini@ttrsir.com (TTRSIR.com)

Cell **703-609-6258**



WOODLAWN TREE SERVICE
Serving NOVA since 1977
Owned & Operated by Jim Nelson
Professional Arborist

Pruning • Dead Wooding • Shrubbery Care
• Shaping Crown Reduction • Trimming
Firewood • Tree & Stump Removals

703-780-8040
Summer Special Discount 15%
(Exp. 09/30/25) www.woodlawntree.com

 **Have you found FABER?**

FREE DOWNLOAD

