



OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW. OLOLCC.NET
FOLLOW US ON INSTAGRAM @OLOL_ARLINGTON



MAY 4, 2025
THIRD SUNDAY OF EASTER

4 DE MAYO, 2025
TERCER DOMINGO DE PASCUA

PARISH INFORMATION

OFFICE HOURS

Monday—Friday 8:00 AM—4:00 PM

REGISTRATION

WWW.OLOLCC.NET and click “I’m New” to join our parish or scan the QR code.



Parish
Registration



Faith Direct
for eGiving



MASS SCHEDULE

Sunday	5:30 PM Vigil (Saturday) * 8:00 AM * 10:00 AM 12:00 PM * 5:00 PM (Español)
Monday - Friday	6:45 AM * 12:00 PM
Saturday	9:00 AM
Holy Days of Obligation	7:00 PM (Vigil) * 6:45 AM * 12:00 PM * 7:00 PM
Federal Holidays	10:00 AM (Monday—Thursday)

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololccnet for specific times.

CONFESSIONS

Saturday	4:00 PM—5:00 PM
Sunday	4:15 PM—4:45 PM (Español)
Tuesday	12:30 PM
Thursday	12:30 PM
Friday	12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

5

Rosary
6:15 AM * 11:30 AM

MONDAY

6

Rosary
6:15 AM * 11:30 AM

Confessions
12:30 PM

Pro-Life Rosary
7:00 PM

TUESDAY

7

Rosary
6:15 AM * 11:30 AM

Miraculous Medal
Novena
12:30 PM

WEDNESDAY

8

Rosary
6:15 AM * 11:30 AM

Confessions
12:30 PM

THURSDAY

9

Rosary
6:15 AM * 11:30 AM

Confessions
12:30 PM

Exposition of the
Blessed Sacrament
12:30 PM—3:00 PM

Divine Mercy Chaplet
3:00 PM

FRIDAY

10

Rosary
9:30 AM

Confessions
4:00 PM—5:00 PM

SATURDAY

11

Confessions
4:15 PM—4:45 PM
(Español)

SUNDAY

CLERGY

Fr. Frederick H. Edlefsen, Pastor
Fr. Francis Peffley, Parochial Vicar
Fr. Daniel L. Mode, In Residence
Fr. Steven R. Walker, In Residence

STAFF

Ms. Stephanie Vindell, Office Manager
Mrs. Marie Macnamara, Sacramental Records
Mrs. Esperanza Miranda, Parish Assistant
Mrs. Mara Auxiliadora González de Pastrán, Parish Assistant
Ms. Leigh Hasson, Director of Religious Education (DRE)
Mr. Kathryn Retta, Director of Music

Pope Francis (rest in peace) says, “Slow Down”

By Father Steve Loftus

(Posted by my good friend and Pastor of Holy Trinity
Catholic Church in Bloomington, Illinois)

By Fr. Frederick Edlefsen

“Inner peace is closely related to care for ecology and for the common good because, lived out authentically, it is reflected in a balanced lifestyle together with a capacity for wonder, which takes us to a deeper understanding of life. Nature is filled with words of love, but how can we listen to them amid constant noise, interminable and nerve-wracking distractions, or the cult of appearances? Many people today sense a profound imbalance which drives them to frenetic activity and makes them feel busy, in a constant hurry that in turn leads them to ride roughshod over everything around them. This too affects how they treat the environment. An integral ecology includes taking time to recover a serene harmony with creation, reflecting on our lifestyle and our ideals, and contemplating the Creator who lives among us and surrounds us...” “We are speaking of an attitude of the heart, one which approaches life with serene attentiveness, which is capable of being fully present to someone without thinking of what comes next, which accepts each moment as a gift from God to be lived to the full. Jesus taught us this attitude when He invited us to contemplate the lilies of the field and the birds of the air, or when seeing the rich young man and knowing his restlessness, ‘He looked at him with love’ (Mark 10:21). He was completely present to everyone and to everything, and in this way, He showed us the way to overcome that unhealthy anxiety which makes us superficial, aggressive and compulsive consumers.” (Pope Francis, *Laudato Si*, 225-226)

More wisdom from the master:

“At the end, we will find ourselves face to face with the infinite beauty of God (cf. 1 Cor 13:12), and be able to read with admiration and happiness the mystery of the universe, which with us will share in unending plenitude. Even now we are journeying towards the sabbath of eternity, the new Jerusalem, towards our common home in heaven. Jesus says: “I make all things new” (Rev 21:5). Eternal life will be a shared experience of awe, in which each creature, resplendently transfigured, will take its rightful place and have something to give those poor men and women who will have been liberated once and for all.” (*Laudato Si*, 243)

ARE YOU NEW TO THE PARISH ?
DO YOU COME TO MASS REGULARLY ?
BUT HAVE NOT YET REGISTERED ...

WE INVITE YOU TO REGISTER!

USE THE ABOVE QR CODE OR VISIT OUR WEBSITE
AT OLOLCC.NET AND SELECT "I'M NEW."



Welcome



Upcoming events

KNIGHTS OF COLUMBUS BREAKFAST Sunday, May 4... *this weekend!*

- Join us for our monthly breakfast hosted by the Knights of Columbus.
- After the 8:00 & 10:00 AM Masses in the Parish Hall.



VOLUNTEER APPRECIATION LUNCH Sunday, May 25

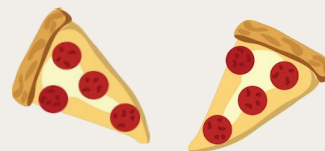
- All volunteers are invited to our Volunteer Appreciation Luncheon in the Parish Hall.
- After the 12: PM Mass. Catered by the Hard Times Cafe

MEMORIAL DAY MASS Monday, May 26

- Come to honor and pray for our fallen heroes at our 10:00 AM Memorial Day Mass.

YOUNG ADULT PIZZA SOCIAL Sunday, June 8

- Join us for an afternoon of fun, food & fellowship after the 12:00 PM Mass at Nighthawk Brewery & Pizza on Joyce St.
- Bring friends and come to meet new ones!



OUR PARISH



Honor a loved one with a Mass
at Our Lady of Lourdes!
Contact the Rectory Office
703.684.9261 or OLOL@OLOLCC.net

May 4, 2025 Third Week of Easter WEEKLY MASS INTENTIONS

SATURDAY

MAY 3

Sts. Philip and James, Apostles

9:00 AM + Ulises Gonzalez Cruz by Pastran Gonzalez family

5:30 PM + Anne Marie Ndiaye by Francois Ba

SUNDAY

MAY 4

Third Sunday of Easter

8:00 AM Audrey Urbanczyk by Danuta Pronczuk

10:00 AM All Parishioners, Living & Deceased

12:00 PM Roque (Rock) Kramer by Eve Kramer

5:00 PM Celebrant's Intentions

(Spanish)

MONDAY

MAY 5

6:45 AM Antonio Fernandez-Ribas by Tony & Maite Fernandez

12:00 PM Thea & Steve Perry by Danuta Pronczuk

TUESDAY

MAY 6

6:45 AM + Ruby de Leon by Solita Wakefield

12:00 PM + Martin Alexander

WEDNESDAY

MAY 7

6:45 AM Celebrant's Intentions

12:00 PM + Mabel Huth by Diane Dusza

THURSDAY

MAY 8

6:45 AM Tony & Maite Fernandez

12:00 PM Marina Berrios by Isabel Deegan

FRIDAY

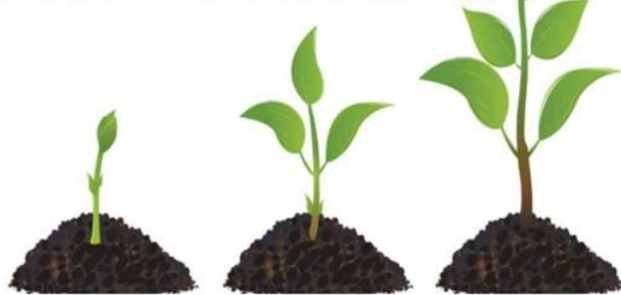
MAY 9

6:45 AM Alejandro Fernandez-Ribas by Tony & Maite Fernandez

12:00 PM + Perfecto Reyes Caylao by Angela Policarpio



SUPPORT OUR LADY OF LOURDES



We have a growing parish. Last fiscal year, household registration increased 8.5% while Sunday offertory collections increased 1%. In order to align Sunday giving with budgeted expenses, we'll need \$60K more collection income by the end of June 2025. If everyone pitches in—by increasing regular First Collection giving or by starting to give regularly for the first time— **We can do it!**



Fathers Edlefsen and Peffley thank everyone who have increased offertory giving or started giving for the first time. If you wish to support Our Lady of Lourdes through online giving, use the above QR code, the QR code in the pew in front of you, or press the "GIVE" button on our website.

MAY is the month of MARY

a special time to honor
our Blessed Mother!

Give Mary a special
attention in your prayers
this month!





Prayer in our Parish

PLEASE PRAY FOR

Albert Colbert, Mildred Cottini, Nancy Davidson, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Rita Knott, Melissa Kresslein, Julio E. Lainez, Julia Macnamara, Kelly Moore, Mary O'Donoghue, Gloria Lucia Ojeda, Ana Reynaldes, Ana Rivera, Jose Silva, Kathryn Updegraff, Joyce Velde, and Ismael A. Zavala Umaña. Contact the Rectory Office at 703-684-9261 or send a message to olol@ololcc.net to add or remove a name.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.



LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

Catholic Prayers....

Prayer for Memorial Day

God of power and mercy,
You destroy war and put down earthly pride
banish violence from our midst
and wipe away our tears,
That we may all deserve to be called your sons
And daughters.
Keep in your mercy those men and women
Who have died in the cause of freedom
And bring them safely
Into your kingdom of justice and peace
We ask this through Jesus Christ our Lord.
Amen.

Source: USCCB.org

ALTAR FLOWERS

This week's Altar Flowers
were provided in recognition of
Kathryn Updegraff
by the Altar Guild & Flower team

Email or call the Rectory Office to schedule.
Sponsorship is \$50
703-684-9261 or OLOL@OLOLCC.net

Next available date is June 1st

CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit ololcc.net and click *Mass & More* and *Baptism* to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit ololcc.net, click *Get Involved* and then *Religious Education* to register. Or contact Leigh Hasson at dre@ololcc.net.

CONFIRMATION

Grades 7 & 8 prepare for confirmation in our CCD program. Visit ololcc.net, click *Get Involved* and then *Religious Education* to register. Or contact Leigh Hasson at dre@ololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Adults 18+ seeking the Sacraments of Initiation: Baptism, Holy Communion, and Confirmation, visit ololcc.net and click *Get Involved* and *Explore Catholicism* to register. Or call the Rectory Office to speak with a priest.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at ololcc.net under *Mass & More* and *Marriage Prep*.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

RELIGIOUS EDUCATION

CONGRATULATIONS TO ALL THOSE CANDIDATES WHO WILL RECEIVE THE SACRAMENT OF CONFIRMATION NEXT WEEK!!



MAY THE HOLY SPIRIT POUR FORTH HIS GIFTS UPON YOU ABUNDANTLY.

Religious Education

Students (K-8) & Preschool children, too!

Pre-K through 4th Grade: Sundays at 9:00 AM
5th through 8th Grade: Sundays at 11:00 AM

Contact Leigh Hasson, Director of Religious Education, at dre@ololcc.net if you have any questions, or scan the QR to register.

Register at formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start enjoying hundreds of films, e-books, podcasts, study courses, and more on your computer, tablet, an smartphone. For free!!



AROUND THE DIOCESE

SCAN ME

MAKE A PLEDGE TODAY HELP US REACH OUR GOAL!

Thank you to those who have pledged to the Bishop's Lenten Appeal! If you have yet to make your gift, please prayerfully reflect on your blessings and consider making a commitment. Our Lady of Lourdes has reached 74% of its pledge goal. Help us reach 100% by pledging to the BLA today. The BLA supports many diocesan ministries and seminarian formation. Every pledge counts! You may mail a pledge, scan the QR code, or go online to www.arlingtondiocese.org/BLA.

2025 BISHOP'S LENTEN APPEAL
CATHOLIC DIOCESE OF ARLINGTON

The Most Reverend
Timothy P. Broglio, J.C.D.,
Archbishop for the Military Services, USA,
cordially invites you and your guests to attend the

31st Annual Memorial Mass
Sunday, 18 May 2025
4:30 PM

Great Upper Church of the
Basilica of the National Shrine of
the Immaculate Conception
Washington, D.C.

The Memorial Mass is offered as a tribute to our deceased veterans. **For reserved seating at the Mass, please register by 12 May 2025.**

<https://www.milarch.org/memorialmass/>

Did you know that Bishop Michael F. Burbidge hosts The Walk Humbly Podcast where he offers a Catholic perspective on the most recent events taking place in the news and our society, and he even answers questions from the faithful. Tune in to listen at Interviews and discussion about faith, family, and Catholic culture.



VOCATIONS, STEWARDSHIP & MORE

Stewardship Reflection

"...Peter was distressed that Jesus had said to him a third time, 'Do you love me?' and he said to him, 'Lord, you know everything; you know that I love you'" John 21:17

How often do you actually say the words "I love you" to Jesus, to family members, or to friends? We are made to be in relationship with God and each other. Sincerely telling someone that you love them is the best gift you can give them because it comes from your heart. You are giving them the gift of yourself. We all were made by love and for love. Tell someone you love them every day.

Finding Jesus with

St. Thérèse of Lisieux

WOMEN'S SILENT RETREAT

Friday through Sunday

June 13— 15, 2025

San Damiano Center

White Post, Virginia

Cost: \$285.

Come to learn how Thérèse's spiritual doctrine can be applied in our very occupied, day-to-day lives, and assist us in enduring and embracing difficulties in prayer, and patiently putting up with people who challenge us.

For more information or to register, please contact Father Riley:

retreat@sacredheartwinchester.org
or visit arlingtondiocese.org/Retreat

"It is the Lord!" (John 21:7)

Recognizing Jesus in your life opens the door to responding to His call. If you feel His presence prompting you toward a vocation, consider talking to your priest or reach out to the Vocation Office at (703) 841-2514 or via email at vocations@arlingtondiocese.org.

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code to the right, or visit www.faithdirect.net and enter parish code **VA327**.

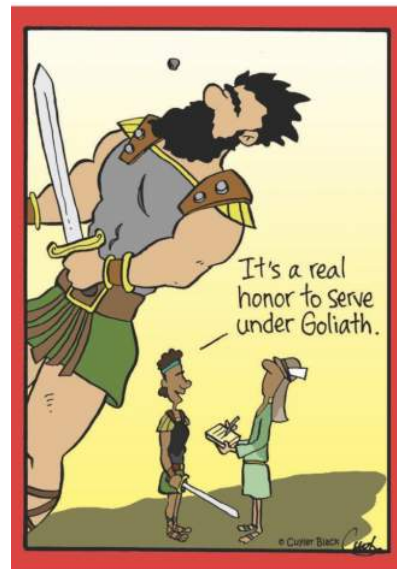


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SECOND COLLECTION

May 3/4 * Mother's Day Novena of Masses

A Novena of Masses will be offered from May 3rd to 11th in honor of all mothers, godmothers and mother-figures in our lives. All those whose names are written on your novena offertory envelopes will be honored through prayer at these Masses.



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Cathedral Concerts

Hallelujah!

A transcendent Easter concert
featuring the Cathedral Choir and a chamber orchestra
performing seasonal selections from Handel's *Messiah*

Sunday, **May 4**
at **3:30 pm**

Cathedral of Saint Thomas More
3901 Cathedral Lane, Arlington, VA





Are you ...

...an expectant mom?

...first-time mom?

...in a high risk pregnancy?

...looking to be connected
to your community?

Gabriel Project has volunteers to help you with:

- Information and education as you prepare for your baby's birth.
- Companionship, encouragement and a listening ear.
- Introductions to groups and key contacts in your area.
- Connections to resources in your local community.
- Invitations to special opportunities, activities and events.



For more information, contact:

Gabriel Project Parish-Based Pregnancy Help

Confidential Helpline: (703) 841-3810

info@helpforpregnantwomen.org

www.helpforpregnantwomen.org

Office of Marriage, Family and Respect Life
Catholic Diocese of Arlington
(703) 841-2550 | familylife@arlingtondiocese.org



spiritual, emotional & material support

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 27 de Abril** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

EN ORACION POR

Albert Colbert, Mildred Cottini, Nancy Davidson, Rosa Diesquez, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Melissa Kresslein, Julia Macnamara, Kelly Moore, Mary O'Donoghue, Gloria Lucia Ojeda, Ana Reynaldes, Ana Rivera, Jose Silva, Kathryn Updegraff, Bill Walsh, e Ismael A. Zavala Umaña. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

INTENCIONES DE MISAS



Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa
703.684.9261
OLOL@OLOLCC.net

El Papa Francisco (que en paz descanse) dice: “Mas Despacio”

Por el Padre Steve Loftus

(Escrito por mi buen amigo y pastor de la Iglesia de La Santísima Trinidad en Bloomington, Illinois)

por P. Frederick Edlefsen

“La paz interior de las personas tiene mucho que ver con el cuidado de la ecología y con el bien común, porque, auténticamente vivida, se refleja en un estilo de vida equilibrado unido a una capacidad de admiración que lleva a la profundidad de la vida. La naturaleza está llena de palabras de amor, pero ¿cómo podremos escucharlas en medio del ruido constante, de la distracción permanente y ansiosa, o del culto a la apariencia? Muchas personas experimentan un profundo desequilibrio que las mueve a hacer las cosas a toda velocidad para sentirse ocupadas, en una prisa constante que a su vez las lleva a atropellar todo lo que tienen a su alrededor. Esto tiene un impacto en el modo como se trata al ambiente. Una ecología integral implica dedicar algo de tiempo para recuperar la serena armonía con la creación, para reflexionar acerca de nuestro estilo de vida y nuestros ideales, para contemplar al Creador, que vive entre nosotros y en lo que nos rodea, cuya presencia «no debe ser fabricada sino descubierta, develada» “Estamos hablando de una actitud del corazón, que vive todo con serena atención, que sabe estar plenamente presente ante alguien sin estar pensando en lo que viene después, que se entrega a cada momento como don divino que debe ser plenamente vivido. Jesús nos enseñaba esta actitud cuando nos invitaba a mirar los lirios del campo y las aves del cielo, o cuando, ante la presencia de un hombre inquieto, «detuvo en él su mirada, y lo amó» (Mc 10,21). Él sí que estaba plenamente presente ante cada ser humano y ante cada criatura, y así nos mostró un camino para superar la ansiedad enfermiza que nos vuelve superficiales, agresivos y consumistas desenfrenados.”

Mas sabiduría del maestro:

“Al final nos encontraremos cara a cara frente a la infinita belleza de Dios (cf. 1 Co 13,12) y podremos leer con feliz admiración el misterio del universo, que participará con nosotros de la plenitud sin fin. Sí, estamos viajando hacia el sábado de la eternidad, hacia la nueva Jerusalén, hacia la casa común del cielo. Jesús nos dice: «Yo hago nuevas todas las cosas» (Ap 21,5). La vida eterna será un asombro compartido, donde cada criatura, luminosamente transformada, ocupará su lugar y tendrá algo para aportar a los pobres definitivamente liberados.”

Bienvenido

Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- ♦ una oportunidad única para participar plenamente en la vida de la parroquia,
- ♦ ser parte de una comunidad y una familia espiritual donde usted pueda crecer en santidad.
- ♦ recibir preparación sacramental, educación religiosa y certificados para ser padrinos.

Para registrarse, utilice el código QR, visite www.ololcc.net o llame a la Rectoría al 703-684-9261.



Reflexión de la Semana

"... A Pedro le dolió que por tercera vez Jesús le hubiera preguntado: '¿Me quieres?' Así que dijo: - Señor, tu lo sabes todo; tu sabes que te quiero." Juan 21:17

Que tan a menudo usted le dice las palabras "te amo" a Jesús, a los miembros de su familia, o a sus amigos? Fuimos hechos para estar en una relación con Dios y con los demás. Decirle sinceramente a alguien que lo ama es el mejor regalo que puede darle porque viene directamente de su corazón. Usted les dará el don de usted mismo. Todos fuimos hechos por amor y para el amor. Cada día dígame a alguien que lo ama.

GRUPOS VOLUNTARIOS

MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5-10 PM. Comunicarse con Carlos Antonio López al 703-589-2056 o María Alvarenga López al 703-940-4157

LEGION DE MARIA

Se reúnen todos los viernes de 6-8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473.

UIJERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769.

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

Abundando EN LA esperanza



Cada donación, grande o pequeña, es vital para el éxito de la Petición Cuaresmal del Obispo. Puede enviar su promesa de contribución por correo postal, escanear el código QR, o hacerla en línea a: arlingtondiocese.org/BLA



SCAN ME

PETICIÓN CUARESMA DEL OBISPO 2025
DIOCESIS CATÓLICA DE ARLINGTON

EVENTOS PARROQUIALES

DESAYUNOS DE LOS CABALLEROS DE COLÓN Domingo, 4 de Mayo

- Ven a nuestro desayuno mensual organizado por los Caballeros de Colón.
- Después de las Misas de las 8:00 AM y 10:00 AM en el Salón Parroquial.



ALMUERZO EN HONOR A LOS VOLUNTARIOS Domingo, 25 de Mayo

- Todos los voluntarios están invitados a un almuerzo en su honor en el Salón Parroquial
- Después de la Misa de las 12:00 PM

MISA DEL DIA DE LOS CAIDOS EN COMBATE Lunes, 26 de Mayo

- Venga a la Misa de las 10:00 AM a honrar y orar por nuestros héroes caídos.

PIZZA SOCIAL PARA JÓVENES ADULTOS Domingo, 8 de Junio

- Ven a una tarde de compañerismo, diversión y pizza después de la Misa de las 12:PM
- Lugar: Nighthawk Brewery & Pizza en Joyce Street, Arlington.



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