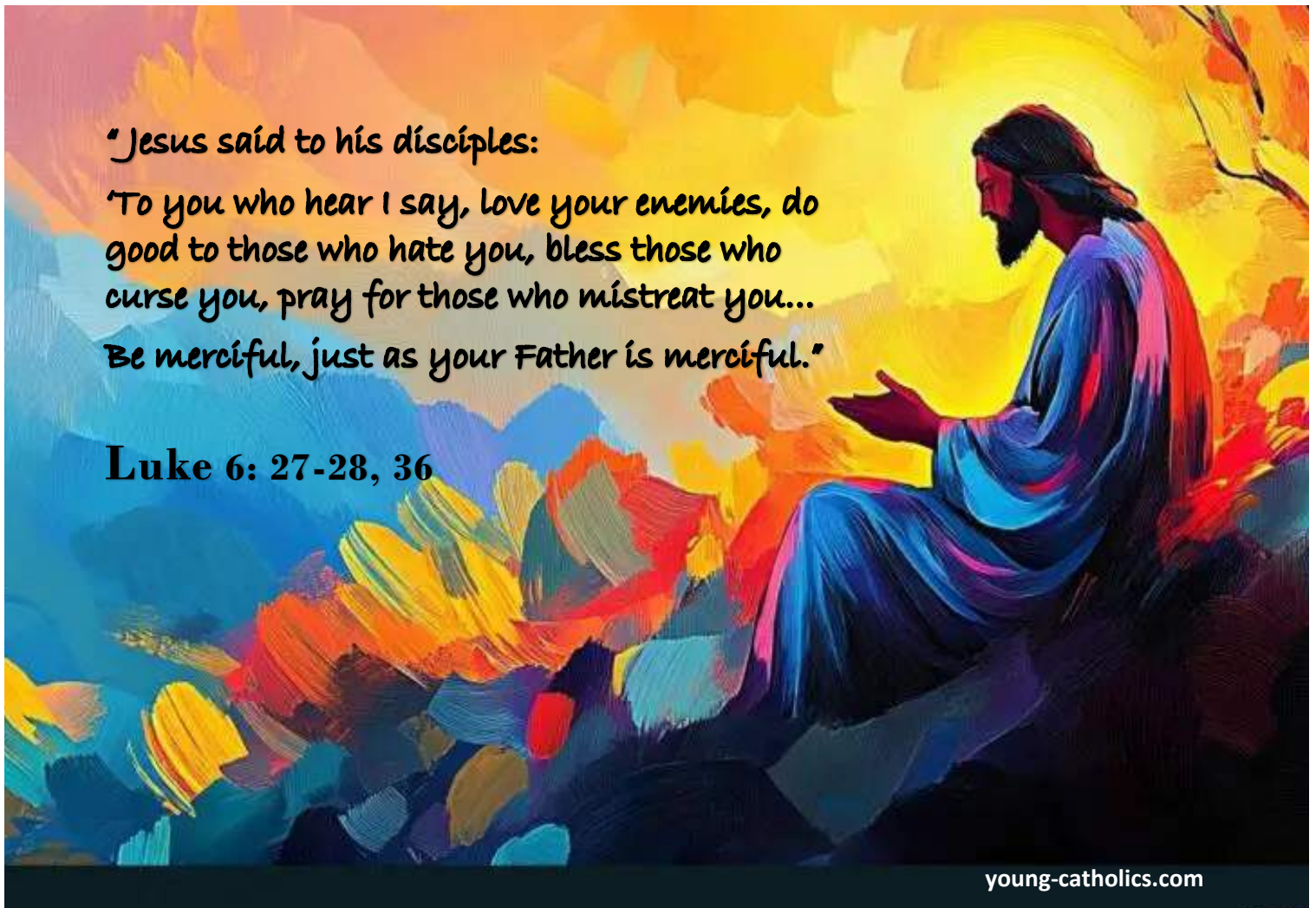




OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET
FOLLOW US ON INSTAGRAM @OLOL_ARLINGTON



FEBRUARY 23, 2025
SEVENTH SUNDAY
IN ORDINARY TIME

23 DE FEBRERO, 2025
SEPTIMO DOMINGO
DEL TIEMPO ORDINARIO

PARISH INFORMATION

OFFICE HOURS

Monday—Friday 8:00 AM—4:00 PM

REGISTRATION

WWW.OLOLCC.NET and click “I’m New” to join our parish or scan the QR code.



Parish Registration



Faith Direct for eGiving



MASS SCHEDULE

Sunday 5:30 PM Vigil (Saturday) * 8:00 AM * 10:00 AM
12:00 PM * 5:00 PM (Español)
Monday - Friday 6:45 AM * 12:00 PM
Saturday 9:00 AM
Holy Days of Obligation 7:00 PM (Vigil) * 6:45 AM * 12:00 PM *
7:00 PM
Federal Holidays 10:00 AM (Monday—Thursday)

CONFESSIONS

Saturday 4:00 PM—5:00 PM
Sunday 4:15 PM—4:45 PM (Español)
Tuesday 12:30 PM
Thursday 12:30 PM
Friday 12:30 PM

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

 24 Rosary 6:15 AM * 11:30 AM Office Closed MONDAY	 25 Rosary 6:15 AM * 11:30 AM Confessions 12:30 PM Pro-Life Rosary 7:00 PM TUESDAY	 26 Rosary 6:15 AM * 11:30 AM Miraculous Medal Novena 12:30 PM WEDNESDAY	 27 Rosary 6:15 AM * 11:30 AM Confessions 12:30 PM THURSDAY	 28 Rosary 6:15 AM * 11:30 AM Confessions 12:30 PM Exposition of the Blessed Sacrament 12:30 PM—3:00 PM Divine Mercy Chaplet 3:00 PM FRIDAY
---	--	---	---	--

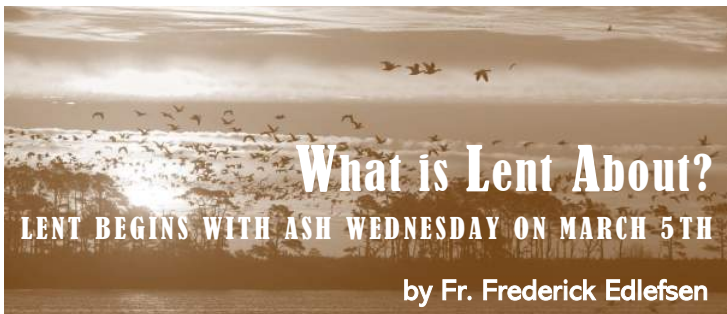
 1 Rosary 9:30 AM Confessions 4:00 PM—5:00 PM SATURDAY	 2 Knights of Columbus Breakfast 9:00 AM * 11:00 AM Confessions 4:15 PM—4:45 PM (Español) SUNDAY
--	--

CLERGY

Fr. Frederick H. Edlefsen, Pastor
 Fr. Francis Peffley, Parochial Vicar
 Fr. Daniel L. Mode, In Residence
 Fr. Steven R. Walker, In Residence

STAFF

Ms. Stephanie Vindell, Office Manager
 Mrs. Marie Macnamara, Sacramental Records
 Mrs. Esperanza Miranda, Parish Assistant
 Mrs. Ana Acuña, Parish Assistant
 Ms. Leigh Hasson, Director of Religious Education (DRE)
 Mr. Tom Bartolomeo, Director of Music



Christ invites us to join him in the desert for forty days of prayer and penance. He invites us to live on friendly terms with him. We all have personal baggage weighing down our friendship with Jesus and others. Lent breaks that down so we live by the life-giving Grace of Baptism. In this way, we will have more impact on the world in which we live.

After sin and anxiety, "sloth"—what the Greeks called *acedia* (*Catechism of the Catholic Church, 2733*)—is the third great enemy of the soul. Sloth (*acedia*) is not laziness in the common sense of the term. It's a *spiritual lethargy*—a disease of the soul. It's a subtle demon that dresses up in many disguises. Sloth may look or feel like many different things. For example, sloth can be a *spiritual restlessness, boredom, repugnance for prayer and love of neighbor*. Or, it can disguise itself behind obsessive work, discipline, pretentious piety, and strongly held political or religious opinions. Sloth can make us judgmental, even hiding behind the most righteous causes. It often conceals either a *need to control* or a *fear of letting go*—or both. Also, it can take the form of consumerism, unduly blowing cash on pleasure, picky eating, partying, obsessive shopping, or exquisite trips. Sloth begs to be entertained or amused, and it can be very petty. It hates sitting still. It resists Grace by making us either *tense and controlling* or *lax and sluggish*. Monks call it the "noonday devil."

Lent breaks it down. As *St. Benedict* says, renounce the "sloth of disobedience," open your eyes to "the deifying light," and listen with "the ear of your heart" to the warning which the divine Voice cries to you: "Today if you hear his Voice, harden not your hearts."

In Lent, abstain from meat on Ash Wednesday and Fridays. Take on a personal "penance" or "practice" like meditating, almsgiving, and giving up treats. Lent is not a spiritual workout. It's about tuning into Grace by flushing out selfishness. Simple practices like "fasting" from gossip or social media, making a weekly confession, hidden acts of love, and spiritual reading go a long way. In the end, Lent avails us to the Grace of our Baptism—the Holy Spirit's presence within.

Welcome

➔ IF YOU NEW TO THE PARISH ...

➔ IF YOU COME TO MASS REGULARLY BUT HAVE NOT REGISTERED YET ...

... WE INVITE YOU TO REGISTER!

USE THE QR CODE OR VISIT OUR WEBSITE AT OLOLCC.NET AND SELECT "I'M NEW."

Upcoming events ...

KNIGHTS OF COLUMBUS BREAKFAST

Sunday, March 2

- Join us for our monthly breakfast hosted by the Knights of Columbus
- After the 8:00 AM & 10:00 AM Masses in the Parish Hall.



ASH WEDNESDAY

March 5

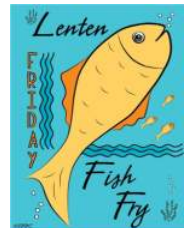
- Ashes will be distributed during Masses at 6:45 AM * 12:00 PM * 7:00 PM



LENTEN FISH FRY

Friday, March 7

- Hosted by the Knights of Columbus from 5:30 PM to 7:30 PM in the Parish Hall.
- Friends and neighbors are welcome



DONUT SUNDAY

Sunday, March 16

- After the 8:00 AM, 10:00 AM and 12:00 PM Masses on the patio in front of the church (Parish Hall in case of rain).

HELPING HANDS

FOOD DRIVE

LAST WEEKEND FOR OUR FOOD DRIVE FOR CHRIST HOUSE! Please bring donations to the Helping Hands closet, which is located behind the stained glass door at the Church entrance.

Thank you for helping to feed the hungry.

OUR PARISH



Honor a loved one with a Mass
at Our Lady of Lourdes!
Contact the Rectory Office

February 23, 2025 Seventh Week in Ordinary Time WEEKLY MASS INTENTIONS

SATURDAY

FEBRUARY 22

9:00 AM + Antonio I. Fernandez by Tony & Maite Fernandez
5:30 PM Cork & Carole Colburn

SUNDAY

FEBRUARY 23

Seventh Sunday in Ordinary Time

8:00 AM + Irena & Jozef Dasko by Danuta Pronczuk
10:00 AM All Parishioners, Living & Deceased
12:00 PM + Bob Kramer by Eve Kramer
5:00 PM + Dora Castro de Arbaiza by the Arbaiza family
(Spanish)

MONDAY

FEBRUARY 24

6:45 AM Antonio Fernandez-Ribas by Tony & Maite Fernandez
12:00 PM Kyle McGinnis

TUESDAY

FEBRUARY 25

6:45 AM Tony & Maite Fernandez
12:00 PM + Terry Klepey by Christina Marshall

WEDNESDAY

FEBRUARY 26

6:45 AM Marco Fernandez-Ribas by Tony & Maite Fernandez
12:00 PM + Marie Louise Chang by George Chang

THURSDAY

FEBRUARY 27

St. Gregory of Narek, Abbot and Doctor of the Church

6:45 AM Benjamin Alonso
12:00 PM + Virginia Beaver by Eve Kramer

FRIDAY

FEBRUARY 28

6:45 AM Alejandro Fernandez-Ribas
by Tony & Maite Fernandez
12:00 PM + Chet Shields by Duane Shields

SUPPORT OUR LADY OF LOURDES



We have a growing parish. Last fiscal year, household registration increased 8.5% while Sunday offertory collections increased 1%. In order to align Sunday giving with budgeted expenses, we'll need \$60K more collection income by the end of June 2025. If everyone pitches in by increasing regular First Collection giving or by starting to give regularly for the first time— **We can do it!**



Fathers Edlefsen and Peffley thank everyone who have increased offertory giving or started giving for the first time. If you wish to support Our Lady of Lourdes through online giving, use the above QR code, the QR code in the pew in front of you, or press the "GIVE" button on our website.

"Give something, however small, to the one in need. For it is not small to one who has nothing. Neither is it small to God, if we have given what we could."

St. Gregory Nazianzen (325—390 AD)

LENT SCHEDULE

(March 5 – April 16)



CONFESSIONS

Wednesdays* 6:30 – 8:00 PM
Fridays 7:00 PM

* no confessions on Ash Wednesday



STATIONS OF THE CROSS

Fridays 7:30 PM



FISH FRY

Friday, March 7 5:30 PM
Friday, April 11 5:30 PM



ASH WEDNESDAY

May your Ash Wednesday be a time of reflection and promise.

MARCH 5, 2025

MASS TIMES: 6:45 AM * 12:00 PM * 7:00 PM



The Light is On For You
Celebrate the Sacrament of Reconciliation

**LENT IS THE PERFECT TIME TO
EXPERIENCE THE HEALING GRACE OF
GOD'S MERCY**

CONFESSION SCHEDULE

WEDNESDAYS: 6:30 PM - 8:00 PM

FRIDAYS: 7:00 PM



Prayer in our Parish

PLEASE PRAY FOR

Albert Colbert, Mildred Cottini, Nancy Davidson, Paul Durand, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Rita Knott, Melissa Kresslein, Julio E. Lainez, Julia Macnamara, Kelly Moore, Mary O'Donoghue, Gloria Lucia Ojeda, Ana Reynaldes, Ana Rivera, Jose Silva, Kathryn Updegraff, Joyce Velde, Bill Walsh, and Ismael A. Zavala Umaña. Contact the Rectory Office at 703-684-9261 or send a message to lolol@lololcc.net to add or remove a name.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. Contact the Legion of Mary at csb1789@hotmail.com.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.



ALTAR FLOWERS

This week's Altar Flowers were provided in honor of the Allanaisssem family and in thanksgiving for God's blessings in the new year.

Email or call the Rectory Office to schedule. Sponsorship is \$50
703-684-9261 or OLOL@OLOLCC.net

Next available date is May 18th

CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit lololcc.net and click *Mass & More* and *Baptism* to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit lololcc.net, click *Get Involved* and then *Religious Education* to register. Or contact Leigh Hasson at dre@lololcc.net.

CONFIRMATION

Grades 7 & 8 prepare for confirmation in our CCD program. Visit lololcc.net, click *Get Involved* and then *Religious Education* to register. Or contact Leigh Hasson at dre@lololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Adults 18+ seeking the Sacraments of Initiation: Baptism, Holy Communion, and Confirmation, visit lololcc.net and click *Get Involved* and *Explore Catholicism* to register. Or call the Rectory Office to speak with a priest.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at lololcc.net under *Mass & More* and *Marriage Prep*.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

Would you like to volunteer?

Call us today! We need you! ©IPPC

We are looking for lectors for the 12 PM weekday Masses and sacristans for the weekend Masses. Please call the Rectory or scan the QR code if interested.



EUROPE PILGRIMAGE WITH OUR OWN FATHER PEFFLEY!

BEST OF PORTUGAL & SPAIN PILGRIMAGE

11 DAYS: OCTOBER 13 - 23, 2025

VISITING: LISBON * FATIMA * SEVILLE * GRANADA
TOLEDO * MADRID * AVILA * BARCELONA



HOSTED BY
FR. FRANCIS PEFFLEY

\$4599 FROM WASHINGTON, D.C.*

*Air/land tour price is \$4049 plus \$550 gov't taxes/airline surcharges

For More Information, Please Contact Fr. Peffley:
Tel: (703) 407-2114
Email: francispeffley@gmail.com



SPACE IS LIMITED! SIGN UP TODAY!!!

JOB OPENING AT OUR LADY OF LOURDES

ORGANIST

Our Lady of Lourdes in Arlington, VA is looking to hire an organist for the Saturday Vigil and/or Sunday morning Masses and other special occasions. The organist will be alternating with other organists and should be knowledgeable in the Catholic liturgy. Solid sightreading is a must. Send cover letter and resume to Tom Bartolomeo at barty1950@comcast.net



2025 BISHOP'S LENTEN APPEAL
CATHOLIC DIOCESE OF ARLINGTON

The 2025 BLA Commitment Sunday is next weekend! We are asking every family to participate to help our parish make our goal.



By participating in the BLA, we renew our commitment to the Lord with a response to His call to serve our brothers and sisters. You can scan the QR code above or make a donation online at: www.arlingtondiocese.org/bla

**HOLY MARY, MOTHER
OF GOD, PRAY FOR US!**

Register at formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start enjoying hundreds of films, e-books, podcasts, study courses, and more on your computer, tablet, an smartphone. For free!!



AROUND THE DIOCESE

Catholic Diocese of Arlington
Women's Conference 2025

Journey of Hope

featuring



The Most Reverend
Michael F. Burbidge
Bishop of Arlington



Laura Phelps
Author and Speaker



Sister Mary Elizabeth
Albers, SOLT
Vocations Servant, SOLT

Saturday, March 15

St. Joseph Catholic Church

750 Peachtree St., Herndon, VA

8:30 am - 2:30 pm

Register Today!

arlingtondiocese.org/women



CATHOLIC DIOCESE OF ARLINGTON

MEN'S CONFERENCE 2025 ANCHORED IN HOPE

FEATURING



MOST REV.
MICHAEL F. BURBIDGE
Bishop of Arlington,
Major Catechist & Homilist



MICHAEL
WARSAW
Chairman & CEO,
ENWTV



DR. JOHN
CUDDEBACK
Professor,
Christianism College

SATURDAY, MARCH 8

8:30 AM - 2:30 PM

ST. JOSEPH CATHOLIC CHURCH

750 PEACHTREE ST., HERNDON, VA

REGISTER TODAY!

WWW.ARLINGTONDIOCESE.ORG/MEN

For 40 days our Lord retreated into the desert to fast, to pray — and to endure temptation. Join a band of your brothers as we gather to pray and to ponder how to become men after Christ's own heart.

Finding Jesus in Lent

MEN'S SILENT RETREAT

Friday through Sunday
February 28—March 2, 2025
San Damiano Center
White Post, Virginia
Cost: \$285



Father John Riley, Spiritual Director of San Damiano shall serve in this endeavor.



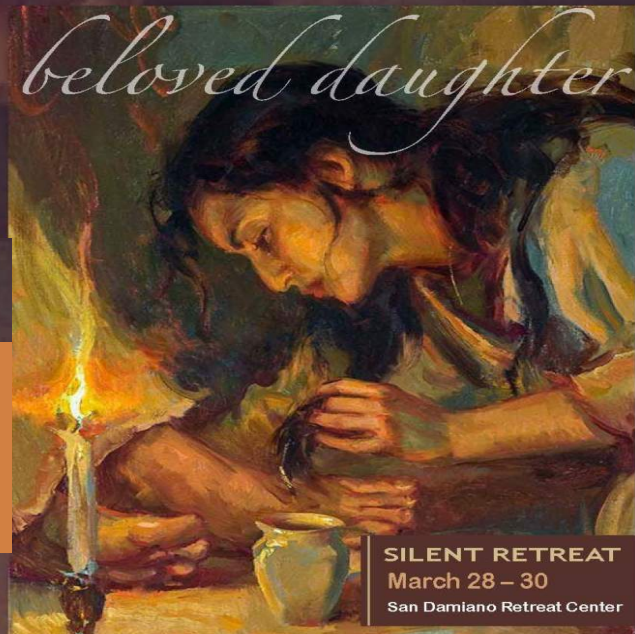
Retreat cost is \$285. Financial assistance may be available.

For more information or to register, please contact Deacon Maines:
mark.maines@arlingtondiocese.org or visit our website at ArlingtonDiocese.org/Retreat

Women Seeking Jesus in Lent

WOMEN'S SILENT RETREAT

Friday through Sunday
March 28— 30, 2025
San Damiano Center
White Post, Virginia
Cost: \$285



SILENT RETREAT
March 28 – 30
San Damiano Retreat Center

In the Gospels it is apparent that most of the time the brothers misunderstood Jesus...yet most of the women Christ encountered understood Him profoundly, and responded swiftly in a manner which delighted Him! Join Fr. Riley as we consider how to be faithful to the promptings of your "Feminine Genius" as you seek a deeper friendship and intimacy with our Lord.

"SHE HAS DONE A BEAUTIFUL THING FOR ME"

Retreat cost is \$285. Financial assistance may be available.

For more information or to register, please contact Father Riley:

retreat@sacredheartwinchester.org or visit our website at ArlingtonDiocese.org/Retreat



VOCATIONS, STEWARDSHIP & MORE

Stewardship Reflection

"But rather, love your enemies and do good to them, and lend without expecting anything back..." Luke 6:35

Easier said than done, right? But, if we are to imitate Christ, most of us need to practice mercy and compassion more frequently. Start with the little daily annoyances that we experience, the unkind word or hateful glance we receive. Instead of acting in the same way, try saying a quick prayer for that person. Praying for our enemies doesn't change them, it changes us. Mercy and compassion will keep us on the path to holiness.

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code to the right, or visit www.faithdirect.net and enter parish code **VA327**.



Faith Direct for eGiving

SECOND COLLECTION

February 22/23 * Maintenance & Improvement

Help our church stay strong, safe and clean by donating to our parish Maintenance & Improvement Fund. Your donations keep our buildings comfortable, safe and ensure that our grounds and church look their best throughout the year.

What is seminary life like?

Spend a weekend at St. Charles Borromeo Seminary and experience it firsthand.



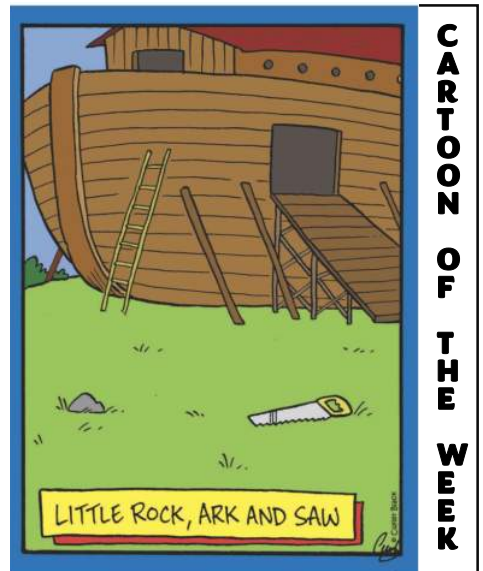
March 21-23, 2025

Depart Friday at 6:00 p.m., return Sunday by 5:00 p.m.
Cost is \$40, includes transportation, room and meals.

For men 18-35 years old



Register by March 10
vocations@arlingtondiocese.org or (703) 841-2514



"Love your enemies and do good to those who hate you" (Luke 6:27)



Priests, religious brothers and sisters, and married couples are each called to live out a vocation rooted in love and forgiveness. Is God calling you to witness to His mercy and compassion through a religious vocation? Talk to your priest or reach out to the Vocation Office at (703) 841-2514 or via email at vocations@arlingtondiocese.org.

SPONSOR OF THE WEEK

PJI Law

Wills, Trusts, & Probate for Catholic Families
703-865-6100 * welcom@pjilaw.com

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 23 de Febrero** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

EN ORACION POR

Albert Colbert, Mildred Cottini, Nancy Davidson, Paul Durand, Rosa Diesquez, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Melissa Kresslein, Julia Macnamara, Kelly Moore, Mary O'Donoghue, Gloria Lucia Ojeda, Ana Reynaldes, Ana Rivera, Jose Silva, Kathryn Updegraff, Bill Walsh, e Ismael A. Zavala Umaña. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

INTENCIONES DE MISAS



Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa
703.684.9261
OLOL@OLOLCC.net

¿De que se trata la Cuaresma?

LA CUARESMA EMPIEZA EL MIÉRCOLES DE CENIZA,
5 DE MARZO

por el P. Frederick Edlefsen

Cristo nos invita a unirnos a él en el desierto durante cuarenta días de oración y penitencia. Nos invita a vivir en términos amistosos con él. Todos tenemos una bagaje personal que pone peso en nuestra amistad con Jesús y con los demás. La Cuaresma alivia este peso para que vivamos en la gracia vivificante del Bautismo. Así, tendremos más impacto en el mundo en el que vivimos.

Después del pecado y la ansiedad, la "desidia" - lo que los griegos llamaban *acedia* (*Catecismo de la Iglesia Católica, 2733*) es el tercer gran enemigo del alma. La desidia (*acedia*) no es lo mismo que la pereza en el sentido común de la palabra. Es un *letargo espiritual*, una enfermedad del alma. Es un demonio sutil que se esconde detrás de muchos disfraces. La desidia puede verse o sentirse en muchas maneras. Por ejemplo, la desidia puede ser una *inquietud* espiritual, el *aburrimiento*, la *repugnancia por la oración y el amor al prójimo*. O bien, puede disfrazarse detrás del trabajo obsesivo, la disciplina excesiva, la piedad pretenciosa y las opiniones políticas o religiosas extremas. La desidia puede hacernos juzgar, incluso escondernos detrás de las causas más justas. A menudo oculta una necesidad de *control* o un miedo al descuido, o ambos. Además, puede tomar la forma de consumismo, al derrochar dinero indebidamente en placeres, salir de fiesta, comprar obsesivamente, comer de una manera estricta, o viajar ostentosamente. La desidia pide que se le divierta y entreteña, y puede ser muy mezquina. Odia la tranquilidad. Se resiste a la Gracia haciéndonos poner *tensos y controladores o laxos y perezosos*. Los monjes la llamaban el "diablo del mediodía".

La Cuaresma perturba la desidia. *San Benito* decía que hay que renunciar a la "desidia de la desobediencia", abrir los ojos a "*la luz divina*" y escuchar con "el oído del corazón" el mensaje que la Voz Divina nos anuncia: "Si hoy oyen su Voz, no endurezcan sus corazones".

Durante la Cuaresma, absténgase de comer carne el Miércoles de Ceniza y los Viernes. Siga una "penitencia" o "práctica" personal, como meditar, dar limosna y hacer sacrificios. La Cuaresma no es un ejercicio espiritual. Se trata de encontrar la Gracia eliminando el egoísmo. Prácticas simples como el "ayuno" (o abstinencia) de participar en chismes o redes sociales, hacer una confesión semanal, realizar actos de amor y practicar la lectura espiritual son de gran ayuda. Al final, la Cuaresma nos conduce a la Gracia de nuestro Bautismo— la presencia del Espíritu Santo en nuestro interior.



El tema de la Petición Cuaresmal del Obispo de 2025 es "Abundando en la esperanza". Este año, la meta asignada a Nuestra Señora de Lourdes es de \$168,000 en promesas de contribución. Después de reflexionar sobre las bendiciones que Dios les ha dado, y con espíritu de oración y sacrificio, piensen en hacer una promesa de contribución. Su generosidad ayudará a más de 40 ministerios y programas financiados por la Petición Cuaresmal del Obispo, los cuales ayudan a miles de personas en toda nuestra diócesis. Puede enviar su promesa de contribución a través de su sobre o escanear el código QR.

arlingtondiocese.org/BLA



PETICIÓN CUARESMA DEL OBISPO 2025
DIÓCESIS CATÓLICA DE ARLINGTON

GRUPOS VOLUNTARIOS

MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofía Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5 - 10 PM. Comunicarse con Carlos Antonio López al 703-589-2056 o María Alvarenga López al 703-940-4157

LEGION DE MARIA

Se reúnen todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473.

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769.

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

Reflexión de la Semana

"Antes bien, amen a sus enemigos, y háganles bien, y presten sin esperar nada a cambio...." Lucas 6:35

Eso es más fácil decirlo que hacerlo. Sin embargo, si queremos imitar a Cristo, necesitamos practicar la misericordia y la compasión más frecuentemente. Comience con las pequeñas dificultades que experimentamos diariamente, las palabras poco amables o las miradas mezquinas que recibimos. En lugar de actuar de la misma manera, trate de decir una rápida oración por esa persona. La misericordia y la compasión nos mantienen en el camino de la santidad.

OFICINA DEL APOSTOLADO HISPANO
DIÓCESIS CATÓLICA DE ARLINGTON

MISA EN HONOR A SAN ÓSCAR ROMERO

45 ANIVERSARIO DE SU MARTIRIO

MONS. MICHAEL BURBIDGE
CELEBRANTE

REV. JESUS MUÑOZ
PREDICADOR

"SI DENUNCIO Y CONDENO LA INJUSTICIA ES PORQUE ES MI OBLIGACIÓN COMO PASTOR DE UN PUEBLO OPRIMIDO Y HUMILLADO"

24 de marzo de 2025

Misa | 7:00pm
Recepción después de Misa

PARA MÁS INFORMACIÓN

(703) 841-3891

Santo Tomás Moro
3901 Cathedral Ln, Arlington, VA 22203

EVENTOS PARROQUIALES

DIA DE LOS PRESIDENTES

Lunes, 17 de Febrero

La oficina estará cerrada en conmemoración del Día de los Presidentes. Habrá una sola misa a las 10 AM.

DESAYUNOS DE LOS CABALLEROS DE COLÓN

Domingo, 2 de Marzo

- Ven a nuestro desayuno mensual organizado por los Caballeros de Colón.
- Después de las Misas de las 8:00 AM y 10:00 AM en el Salón Parroquial.



MIERCOLES DE CENIZA

5 de Marzo

Habrá Misas con ceniza a las 6:45 AM, 12:00 PM y 7:00 PM.



CENA DE PESCADO FRITO

Viernes, 7 de Marzo

- Disfrute una cena de pescado frito de 5:30 a 7:30 PM en el Salón Parroquial.
- Organizado por los Caballeros de Colón. Invite a familia y amigos.



The Portofino
restaurant

Nothern Italian Cuisine
Welcome to fine dining
in Crystal City

526 South 23rd St.
Arlington, VA 22202
703-979-8200
www.theportofinorestaurant.com

JOHN PATRICK
publishing company, inc.
For Advertising
Information Contact
KATHY ZECHELLO
774.245.9057
kzechello@jppc.net

KATCHMARK
A Three America Company, LLC

THE #1 ROOFING CONTRACTOR
IN VIRGINIA, MARYLAND, & DC

TRUST, QUALITY, AND PROFESSIONALISM

703-817-0200
katchmark.com

Flavio W. Nasr, DDS
General & Cosmetic Dentistry

Preventative • Restorative
Invisalign • Whitening
Veneers • Dentures

2800 Crystal Dr., Suite 320
Arlington, VA 22202
703-415-0555

Accepts Most PPO Plans

www.crystalcitydentalcare.com

COMPASS
Marga Pirozzoli, Realtor®
Associate Broker - J.D.
marga.pirozzoli@compass.com
703.585.4884

Justine Pope, Realtor®
justine.pope@compass.com
571.388.7359

Terms & Conditions: Compass is a licensed real estate brokerage that abides by Equal Housing Opportunity laws. Information is compiled from sources deemed reliable but is not guaranteed. All measurements & square footages are approximate. This is intended to solicit property already listed. Compass is licensed as Compass Real Estate in DC & as Compass in Virginia & Maryland. 1004 King St, 1st Fl., Alexandria, VA 223142 • 703.229.8935

PJI LAW

Wills, Trusts, & Probate for Catholic Families

703.865.6100 | welcome@pjilaw.com

Google ★★★★★

Serving the DC Metropolitan area since 1967

Caffi SERVICES, INC
PLUMBING HEATING HVAC REMODELING

703-836-6775

PLUMBING, HVAC, REMODELING
SERVING NORTHERN VIRGINIA SINCE 1967!

- REPAIRS
- INSTALLATIONS
- MAINTENANCE
- EMERGENCY SERVICE

1313 POWHATAN STREET • ALEXANDRIA
www.caffiservices.com

St. Anne's Retirement Community
A Catholic-Centered Community Honoring All Faiths

St. Anne's Retirement Community is a Continuing Care Retirement Community located in beautiful Lancaster County, PA!

Mention this Ad to Receive Two Free Lunch Vouchers to our Village Bistro

Call 717.285.6197 to schedule a tour!

3952 Columbia Avenue
West Hempfield Twp., PA 17512
717-285-5443 | www.StAnnesRC.org

ASK **#WHATS MY NAME**

BEFORE YOU GET IN A RIDE SHARE

in remembrance of *samantha josephson*

SAMI STOP | ASK MATCH | INFORM

Gentle Dental Care Agnes B. Fuentes, D.D.S.
Voted Top Dentist in Washingtonian & VA Living Magazine
Preventive & Cosmetic Services

2445 Army Navy Drive, Suite #100, Arlington 22206
Welcoming all New Patients • Weekday and Saturday Appointments Available
Parishioner • 703-521-7802 • www.agnesfuentesdds.com
Most PPO plans accepted. Participating provider with Cigna PPO and GEHA Dental Connection

MALLORY'S ARMY®
Foundation

United Together In The Fight Against Bullying...
Don't Just Teach Kindness...
BE KINDNESS!

www.MallorysArmy.com
(973) 440-8657 | info@mallorysarmy.org

It's easy to join our mailing list!
Just send your email address by text message:
Text MALLORYSARMY to 22828 to get started.

Message and data rates may apply.

ABC-2-Z

HANDYMAN SERVICES

NO JOB TOO BIG/SMALL
POWER WASHING
PAINTING • CARPENTRY
DRYWALL • MASONRY
LICENSED AND INSURED
703-843-8663

Tepeyac OB/GYN
Something More Than Medicine™

4001 Fair Ridge Dr., #304
Fairfax VA
703-273-9440

A CLEANING SERVICE
*Since 1985 * Lic/Insured/Bonded*
703-892-8648
Commercial and Residential
www.acleaningserviceinc.com

NEIGHBORHOOD REAL ESTATE GROUP

Cell: 571-221-1960
Email: tmf110567@aol.com
Website: www.NRERealtors.com

Tonya McKee Finlay
Realtor/Team Lead
Powered by **KWMETROCENTER** KELLERWILLIAMSREALTY

St. Joseph's Roofing, Inc.

703-716-7663 Roofing • Windows • Gutters • Siding www.SJRoof.com

RenovaSmiles
FAMILY & COSMETIC DENTISTRY

Preventive Care for a Lifetime of Healthy Smiles

1-844-336-2474 • www.renovasmiles.com
Falls Church, Woodbridge, Manassas, Arlington, Franconia and Occoquan (North Woodbridge)

Jennifer Caterini
Realtor®, Licensed in DC & VA

TTR Sotheby's
INTERNATIONAL REALTY

Cell **703-609-6258**
jcaterini@ttrsir.com (**TTRSIR.com**)

WOODLAWN TREE SERVICE
Serving NOVA since 1977
Owned & Operated by Jim Nelson
Professional Arborist

Pruning • Dead Wooding • Shrubbery Care
• Shaping Crown Reduction • Trimming
Firewood • Tree & Stump Removals

Summer Special! Discount 15% (Exp. 09/30/23)
703-780-8040
www.woodlawntree.com

Have you found **FABER?** FREE DOWNLOAD