



OUR LADY
of LOURDES
Arlington, Virginia

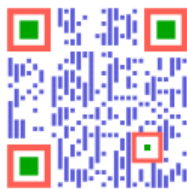
July 9, 2023 * The 14th Sunday in Ordinary Time



Come to me, all you who labor and are burdened,
and I will give you rest



**Parish
Registration**



**Make a One-Time
Donation**



Sign Up for CCD



**Switch to Faith Direct
for Regular Giving**

PARISH INFORMATION

OFFICE HOURS

Monday – Friday: 8:00 AM – 4:00 PM

REGISTRATION

Visit www.ololcc.net and click “I’m New” to join our parish.

MASS SCHEDULE

Sunday Mass: 5:30 PM Vigil (Saturday)
8:00 AM * 10:00 AM * 12:00 PM * 5:00 PM (Español)

Monday-Friday: 6:45 AM * 12:00 PM

Saturday morning: 9:00 AM

July 4th & Thanksgiving: 10:00 AM

All Other Federal Holidays: 9:00 AM

Holy Days of Obligation: 7:00 PM Vigil * 6:45 AM *
12:00 PM * 7:00 PM

• Note schedule changes for Christmas, Holy Week, Easter, and other Holidays and special occasions.

CONFESSIONS

Saturday: 4:00 PM – 5:00 PM

Sunday: 4:15 PM – 4:45 PM (Español)

Tuesday: 12:00 PM

Thursday & Friday: 12:30 PM

• Note special Confessions schedules during Advent, Lent and Holy Week.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

EXPOSITION OF THE BLESSED SACRAMENT

Fridays: 12:30 PM – 3:00 PM

ROSARY

Monday – Friday: 6:15 AM * 11:30 AM

Saturday: 9:30 AM

DEVOTIONS

Miraculous Medal Novena - Wednesday: 12:30 PM

Divine Mercy Chaplet - Friday: 3:00 PM

CLERGY

Fr. Frederick H. Edlefsen, *Pastor*

Fr. Joseph R. Kenna, *Parochial Vicar*

Fr. Daniel L. Mode, *In Residence*

Fr. Steven R. Walker, *In Residence*

STAFF

Ms. Debra Corrie, *Office Manager*

Mrs. Mary Ellen Hill, *Office Assistant*

Mrs. Esperanza Miranda, *Office Assistant*

Ms. Leigh Hasson, *Director of Religious Education (DRE)*

Mr. Tom Bartolomeo, *Director of Music*

SACRAMENTS

BAPTISM

Children’s Baptisms arranged by appointment.

Visit www.ololcc.net and click “Mass & More” and “Baptism” to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare for First Holy Communion in our two-year CCD program. Visit www.ololcc.net and click “Get Involved” and “Religious Education” to register.

CONFIRMATION

Grades 7 & 8 prepare for Confirmation in our CCD program. Visit www.ololcc.net and click “Get Involved” and “Religious Education” to register. Or contact Leigh Hasson at dre@ololcc.net.

Youth Ages 14-17: Contact Leigh Hasson at dre@ololcc.net for more information.

Baptized Adults 18+: Follow the prompts on “How Can I Help You” on our website www.ololcc.net or contact the Rectory Office.

BECOMING CATHOLIC & ADULT CONFIRMATION

The Rite of Christian Initiation for Adults (RCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall with a view to receiving these Sacraments at the Easter Vigil Mass. Visit www.ololcc.net and click “Get Involved” and “Explore Catholicism” to register. Or call the Rectory Office to speak with a priest.

GODPARENTS AND CONFIRMATION SPONSORS

Have you been asked to be Godparent or Confirmation Sponsor? Go to our website and click “How Can We Help You?” and follow the prompts for Sacraments of Initiation and Godparents/Sponsors. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at www.ololcc.net under “Mass & More” and “Marriage Prep”.



July 9, 2023
The 14th Sunday in Ordinary Time

WEEKLY MASS INTENTIONS

SATURDAY JULY 8

9:00 AM + Katherine Mashburn by Suzanne Tierney
5:30 PM + Harris DesOrmeaux by Suzanne Tierney

SUNDAY JULY 9

Fourteenth Sunday in Ordinary Time

8:00 AM + Robert A. Rachko, Sr. by Maria Hughes
10:00 AM For all parishioners, living and deceased
12:00 PM + Kate Stojakovich by Leslie Armstrong
5:00 PM (Spanish Celebrant's Intentions)

MONDAY JULY 10

6:45 AM + Father Ben Klucinec by Dan Keyes
12:00 PM + Karen Leef Rogers by Joseph D. Rogers

TUESDAY JULY 11

St. Benedict, Abbot

6:45 AM Rocque (Rock) Kramer by Eve Kramer
12:00 PM + Helen Caulfield by Marie Macnamara

WEDNESDAY JULY 12

6:45 AM + Greg Wall by Fr. Frederick Edlefsen
12:00 PM + Beverly Long by Diane M. Dusza

THURSDAY JULY 13

St. Henry

6:45 AM Intentions of Marianne Rodriguez
12:00 PM + Fr. Paul Watson

FRIDAY JULY 14

St. Kateri Tekakwitha, Virgin

6:45 AM Alison by Bonnie Ryan
12:00 PM + Fr. Robert A. Lange

MASS INTENTIONS

You are invited to honor a friend, relative, or loved one with an Our Lady of Lourdes Mass! Please contact the Rectory Office at 703-684-9261 or olol@ololcc.net to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

ALTAR FLOWERS

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one, or to commemorate a special event. Sponsorship is \$50 per week. Please contact the Rectory Office at 703-684-9261 or olol@ololcc.net to arrange. **Next available date is July 23.**

What is the Holy Spirit's Gift of Piety?

By Fr. Edlefsen

The Holy Spirit's subtle "whispers" play like background music throughout our lives. Like sails on a ship, the Gifts of the Holy Spirit make us available and open to the Spirit's breath.

So far, I've written articles on four Gifts of the Spirit: Wisdom, Understanding, Knowledge, and Counsel. Through Wisdom, we become intimate with Christ. Through Understanding, our faith is deepened. Through Knowledge, we see the human condition as it really is: beautiful, profoundly broken and sinful, but redeemed by Christ. Through Counsel, God places his good word on our lips and his good action in our heart – at the right time. This article is about the Gift of Piety.

Piety is not what you may think it is. It probably won't inspire you say lots of lengthy prayers. Rather, Piety gives a deep sense of *gratitude* – and *affection* – to God the Father for creating you, and to Jesus Christ for redeeming you. It also makes you *grateful* for everything and everyone whom you love. Piety is the Gift of the Spirit that give you, like St. Therese of Lisieux, "spiritual childhood." "Unless you change and become like little children, you cannot enter the kingdom of heaven. Whoever humbles himself like this child will be the greatest in the kingdom of heaven" (Matthew 18:3-4).

Piety can sanctify affections and emotions, whether they are good or bad, pleasant or unpleasant. Pray for this Gift if you suffer from emotional troubles, or if you're tempted to re-live painful experiences. It's especially fruitful if you call upon the Virgin Mary and St. Joseph when praying for Piety. This Gift often works like a healing balm. Piety may be most fruitful after an extended period of quiet meditation, perhaps 20-30 minutes. On occasion, an inner calm may emerge from within the soul, and you may sense the Holy Spirit's presence. If this happens, try not to narrate or analyze old memories or emotions that may resurface as well. Just let them be, without comment. Allow the Holy Spirit do what he wills in your soul. *Piety perfects the virtue of Justice, and it produces the Beatitude, "Blessed are the gentle of heart, for they shall inherit the earth."*



Photo Credits: Illustration by Abigail Witte

OUR PARISH

MESSAGE FROM THE PASTOR

This summer, you are called to grow in your relationship with Jesus Christ. Fr. Edlefsen asks everyone to commit to attending one or more weekday Masses per week, going to monthly Confession, spending quiet time with the Bible before the Blessed Sacrament, and meditating daily for five minutes on the day's Mass readings. Christ is calling you to renew your faith in His real presence in the Eucharist, and your mission to bring God's life and justice to the world. Feel free to speak with a priest.



SAINT VINCENT DE PAUL SOCIETY (SVDP)

The Society of St. Vincent de Paul (SVDP) is still looking for volunteers. If you would like to volunteer, please send an email to SVDPLOLconference@gmail.com. Next meeting as a conference will be on Tuesday, July 11 at 7:00 PM at the Parish Hall.

PLEASE PRAY FOR

Paul Durand, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, Jim & Becky McManaman, Bridget Hinds, Jose Silva, and Peter & Geraldine Filpi. Please contact the Rectory at 703-684-9261 or lol@lolcc.net to arrange.

PRO-LIFE ROSARY

Tuesdays * 7:00 PM * Our Lady of Lourdes

Join our Pro-Life Committee in the church to pray a weekly rosary for the unborn and put an end to abortions.



PRAYER CHAIN

Have an urgent need for prayers?

Members of our parish will pray for your intention. Please contact James at 703-887-7117 or ejt@cybtek.com with your request. Please provide a first name and prayer intention for persons needing prayer.

PARISH REGISTRATION – WHY IS IMPORTANT?

Parish registration provides a unique opportunity to participate fully in the life of the parish, discover the joy of community, and to find a spiritual family where you can

grow in holiness together. To register in our parish, please use the QR code on the bulletin cover or visit our website www.ololcc.net and click "I'm New".

SAVE THE DATE: New Parishioners, New Volunteers, and All Volunteers!

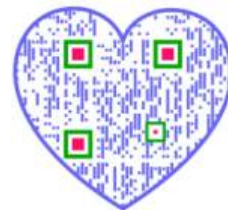
Attention new parishioners, and all volunteers, new and veteran! You are invited to a reception after the Noon mass on **Sunday, July 30th**, to get to know one another as well as meet our new volunteers and new parishioners. There will be food and drinks for everyone in the Parish Hall and time to connect and have fun.



VOLUNTEER

VOLUNTEER AT OUR LADY OF LOURDES

Everyone has a unique gift to be shared with others. Scan the volunteer QR code on the cover of this bulletin or visit our volunteer page on www.ololcc.net to learn more about our parish ministries. We are still in great need for sacristans, money counters, choir singers and CCD Teachers. Thank you for your support to our Parish Community!



BE AN ANGEL

"*GARDENING ANGELS*" needed to help maintain the churchyard gardens. No experience necessary. Join in and learn as you work. Hours to fit your schedule. Please send an email to Carole DeLong at cdejong828@aol.com.





RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

- Would you or someone you know like to become Catholic?
- Are you already baptized Catholic adult but still need Confirmation or First Communion?
- Do you just want to explore Catholicism?
- Are you already a fully initiated Catholic but want a refresher course on your faith?

If you answered “yes” to any of these questions, the **Rite of Christian Initiation of Adults (RCIA)** is for you. Starting this September 11, RCIA classes will be held on Mondays at 7:00 PM in a Parish Hall classroom. These classes prepare *catechumens* (people preparing for Baptism) and *candidates* (baptized people preparing for Confirmation and/or Communion) to receive these sacraments at the Easter Vigil Mass on March 30, 2024. To sign up for classes, please see our website www.ololcc.net or contact the parish office.

A FEW GOOD MEN NEEDED



Boys in the 4th grade or older are invited to serve at the Altar. If your son would like to be trained as an **Altar Server**, please contact Joe Mazel at joe.mazel4@gmail.com. Once trained, boys will be scheduled to serve one Mass per weekend. Siblings may serve together.

RELIGIOUS EDUCATION

REGISTER NOW FOR CCD

CCD classes are held on Sunday mornings, and children can join throughout the school year. To register, submit the CCD Sign Up Form on our website under “Get Involved” and “Religious Education.” Please contact Leigh Hasson, our DRE, at dre@ololcc.net with any questions.

INTERESTED IN BECOMING A CCD TEACHER?

DO YOU WANT TO PASS ON THE FAITH TO OUR YOUTH?

Our CCD catechism program for youth (grades pre-K to 8) seeks volunteer religion teachers for this upcoming school year, starting in September. Faith formation and sacramental preparation of youth is a vital mission of our parish. It’s also an opportunity to join a fun and creative

team of mission-oriented volunteers. If you would like to join that mission, **please contact Leigh Hasson, our Director of Religious Education, at dre@ololcc.net.**

FORMED

Free Catholic Films, Podcasts, Audio Books & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED – nicknamed “Catholic Netflix” – an online Catholic media streaming service! Enjoy hundreds of Catholic films, e-books, podcasts, study courses, and more on your computer, tablet, and smartphone. Register at formed.org/signup and enter zip code “22202” or “Our Lady of Lourdes VA” to start using this service as a fun way to grow in your faith.



THE ARLINGTON DIOCESE

A JUBILEE JOURNEY WITH MARY

Marian Pilgrimage to Celebrate the Diocese’s Jubilee Year Mary has been given titles from Scripture, from teachings of the Church, and from many instances that Mary visited places on the earth to encourage people to spend more time in prayer with Jesus. There are 11 churches in the Diocese of Arlington which are named after Mary or one

of her many titles. During this second year of preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to visit as many of those churches named after the Blessed Mother and spend time in prayer at each! Our Lady of Lourdes is one of the 11 churches that made the list! Learn more at:

<https://www.arlingtondiocese.org/jubileejourney/>

GMU CATHOLIC CAMPUS MINISTRY

Thursday Night Gatherings at GMU CM

All current college students and high school students (class of 2023) are invited to join the Catholic Patriots of George Mason University every Thursday in the month of July from 7-9 p.m. at the Chapel for faith, fun, and fellowship. 4515 Roberts Road, Fairfax, VA. Go to gmuccm.org for more information.

PRAISE AND WORSHIP HOLY HOUR FOR HEALING AND CONVERSION.

Tuesday, July 11 *7:30 - 8:30 PM * St. Leo the Great, Fairfax

Join in praise and worship. Fr. Robert Wagner will lead in prayer along with musician Michelle Jacobeen. Our special intention is for the conversion and healing in families. The Sacrament of Reconciliation will be available.



VICTIM ASSISTANCE PROGRAM FOR THOSE SEXUALLY ABUSED AS MINORS

The Catholic Diocese of Arlington offers comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan **Victim Assistance Coordinator**, who will provide support, consultation, and referrals. The Catholic Diocese of Arlington is committed to assisting victims/survivors throughout the healing process. Visit www.arlingtondiocese.org/victim-assistance/ or contact (703) 841-2350 for more information.

BISHOP'S PODCAST: WALK HUMBLY

Look for Bishop Burbidge's Homilies and Podcasts at www.arlingtondiocese.org/bishop/on-the-air. Bishop Burbidge offers a Catholic perspective on the most recent events in the news and our society, and he answers questions from the faithful.

MARY, EXPLAINED

During the second year of preparation for the Diocese's Golden Jubilee, Bishop Burbidge invites us to look at Mary, our Blessed Mother, and imitate her example of receiving the Word and bearing the Word into the world. To help us with this, the Diocese has prepared a 7-part video series in which religious, priests and lay faithful from our diocese explain the theology, traditions and devotions about Our Lady so that we can all grow closer to her with the ultimate goal of growing closer to Christ. A short video is released every month. To watch, visit <https://www.arlingtondiocese.org/maryexplained/>

STEWARDSHIP

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code below or on the cover of this bulletin, or visit www.faithdirect.net and enter parish code VA327.



ESTATE PLANNING FOR YOU...AND OUR PARISH

Giving is a very important part of the life of a person devoted to Jesus Christ. Planned giving simply means planning for the future, whether it is your retirement or the future of your parish community. Your planned gift is a tangible way to express your unending gratitude to God for a lifetime of blessings. For more information on naming our parish or the diocese in you will, contact your attorney or visit arlingtondiocese.planmylegacy.org

SECOND COLLECTION NEXT WEEKEND

July 15 & 16 * Saint Vincent de Paul Society Fund

SPONSOR OF THE WEEK

The Portofino Restaurant. Northern Italian Cuisine. Arlington, VA. www.theportofinorestaurant.com

VOCATIONS

SUNDAYS WITH THE SISTERS REJOICE TOUR 2023

All events are on Sun. 2 - 5 PM

The Sundays with the Sisters Rejoice Tour 2023 is a chance to witness the joy of these religious sisters. An initiative for the year of preparation for our diocesan jubilee in 2024. The tour features events at a different convent each month, bringing together sisters and lay women for prayer and community. **For single women ages 18-50.** No registration needed, RSVP to vocations@arlingtondiocese.org the Monday prior to the gathering(s) if you wish to attend.

Next on the Schedule:

July 23 – Poor Sisters of St. Joseph (in Spanish)

Sept 24 – Poor Clares, Mother of the Church Monastery

SERMON ON THE MOUNT MEN'S SILENT RETREAT

July 14-16 * San Damiano Retreat Center, White Post

All Diocesan men are invited to join Fr. William Saunders from Friday-Sunday, July 14-16 at the San Damiano Spiritual Life Center in White Post, VA to explore the Sermon on the Mount beginning with personal self-examination through the Beatitudes, living the fullness of the moral life facing the challenges of today, and spiritual strengthening through prayer, fasting, and almsgiving. Retreat cost is \$285. For further information or to register for this retreat, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

SENIORS SILENT RETREAT

July 21-23 * San Damiano Retreat Center, White Post, VA

Isn't it a challenge, living in the midst of our 'throwaway culture,' for those who are 'full of years,' to understand our place in the world - and in our Church? Join Fr. John Riley, Spiritual Director at San Damiano, from Friday-Sunday, July 21-23, 2023, as we search the Scriptures, pray with Jesus in the Gospels, and consider the Crosses and the Consolations of Old Age. Retreat cost is \$285, and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

ST. CATHERINE OF SIENA WOMEN'S SILENT RETREAT

August 11-13 * San Damiano Retreat Center, White Post, VA

Join Fr. James Hudgins, Pastor at St. Theresa Catholic Church, to read and rest, think and pray with Jesus and Catherine from Friday-Sunday, August 11-13 at the San Damiano Spiritual Life Center in White Post, VA. Saint Catherine is one of the four women who are identified as

a Doctor of the Church. A mystic and crusader, she composed over 400 letters, her Dialog, and prayers. Retreat cost is \$285. For further information or to register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

NATIONAL EUCHARISTIC REVIVAL Year of Parish Revival

June 2023 – June 2024 is every parish's year for a National Eucharistic Revival, an initiative of the US Bishops and promoted by Bishop Burbidge to deepen our relationship with Jesus Christ through the celebration of the Eucharist. To learn more about this exciting initiative and how you can be a part of it, see the ad in the bulletin or visit <https://www.eucharisticrevival.org/>

"YOU ARE IN THE SPIRIT, SINCE THE SPIRIT OF GOD DWELLS IN YOU."

Is the Holy Spirit leading you or someone you know to serve Christ and His Church as a priest or in the consecrated life? If you are discerning your vocation, contact Fr. Michael Isenberg, Vocations Director, at (703) 841-2514 or email: vocations@arlingtondiocese.org.



NUESTRA PARROQUIA

MENSAJE DE NUESTRO PASTOR

Este verano, estás llamado a crecer en tu relación con Jesucristo. El P. Edlefsen pide a todos que se comprometan a asistir a una o más Misas diarias durante la semana, a ir a la Confesión una vez al mes, a pasar tiempo con la Biblia ante el Santísimo Sacramento y a meditar diariamente durante cinco minutos sobre las lecturas de la Misa del día. Cristo te está llamando a renovar tu fe en Su presencia real en la Eucaristía, y tu misión de llevar el mensaje de vida y justicia de Dios al mundo. Siéntase libre de hablar con un sacerdote.

CONFERENCIA DE LA SOCIEDAD DE SAN VICENTE DE PAÚL (SVDP)

La conferencia de la Sociedad de San Vicente de Paúl (SVDP) de Nuestra Señora de Lourdes ya comenzó a proporcionar asistencia financiera para servicios públicos, alquiler y otra asistencia financiera de emergencia. Si desea ser voluntario con SVDP, envíe un correo electrónico a SVDPOLconference@gmail.com

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, o sea, personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible y tiene todos los requisitos para apadrinar un niño/niña. La carta debe tener sello de la parroquia, firmada por el párroco y traerla a la parroquia de Nuestra Señora de Lourdes una semana antes del día del bautismo. La próxima charla pre-bautismal será el **Domingo, 30 de Julio, 2023** en el Lourdes Center, a las 6:15 PM después de la Misa.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia debe comunicarse con la oficina 7 -8 meses antes de la fecha del matrimonio al 703-684-9261.

POR FAVOR, OREN POR

Paul Durand, Ed Boehme, Rosa Diéquez, April García, Ron Harris, Jim y Becky McManaman, Bridget Hinds, José Silva y Peter y Geraldine Filpi.

¿Cuál es el don de Piedad del Espíritu Santo?

Por el P. Edlefsen

Los sutiles "susurros" del Espíritu Santo suenan como música de fondo a lo largo de nuestras vidas. Como velas en un barco, los Dones del Espíritu Santo nos hacen estar disponibles y abiertos al aliento del Espíritu Santo.

Hasta ahora he escrito artículos sobre cuatro Dones del Espíritu: Sabiduría, Entendimiento, Conocimiento y Consejo. A través de la Sabiduría, nos volvemos íntimos con Cristo. A través del entendimiento, nuestra fe se profundiza. A través del Conocimiento, vemos la condición humana como realmente es: hermosa, profundamente quebrantada y pecaminosa, pero redimida por Cristo. A través del Consejo, Dios pone su palabra bondadosa en nuestros labios y acción bienhechora en nuestro corazón en el preciso momento. Este artículo es sobre el Don de la Piedad.

La Piedad no es lo que piensas que es. Probablemente no te inspira a rezar largamente. Más bien, la Piedad da un profundo sentido de *gratitud* – y *afecto* – hacia Dios Padre por crearte, y hacia Jesucristo por redimirte. También te hace *sentir agradecido* por todo y por todos los que amas. La Piedad es el don del Espíritu que, como decía Santa Teresita de Lisieux, te da "infancia espiritual". "En verdad les digo, si no cambian y no llegan a ser como niños, nunca entrarán en el Reino de los Cielos. El que se haga pequeño como este niño, ése será el más grande en el Reino de los Cielos" (Mateo 18:3-4).

La Piedad puede santificar los afectos y las emociones, ya sean buenos o malos, agradables o desagradables. Ore por este don si sufres de problemas emocionales, o si estás tentado a revivir experiencias dolorosas. Es especialmente fructífero si invocas a la Virgen María y a San José cuando rezas por el don de la Piedad.

Este don a menudo funciona como un bálsamo del alma. La piedad puede ser más fructífera después de un período tranquilo de meditación de 20-30 minutos de duración. En ocasiones, puede surgir una gran calma interior, y puedes sentir la presencia del Espíritu Santo. Si esto sucede, trate de no recontar o analizar viejos recuerdos o emociones que también puedan resurgir. Solo déjalos pasar, sin pensar en ellos. Permite que el Espíritu Santo haga lo que quiera en tu alma. ***La piedad perfecciona la virtud de la Justicia, y produce la Bienaventuranza: "Bienaventurados los mansos de corazón, porque ellos heredarán la tierra".***



Photo Credits: Illustration by Abigail Witte

Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en oración.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM – 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!

DONACIONES EN LÍNEA CON FAITH DIRECT



¡Nuestra Señora de Lourdes acepta donaciones en línea a través de Faith Direct! Puede donar a todas las colectas de nuestra parroquia y establecer pagos recurrentes en su propio horario. Para inscribirse, escanee el código QR que se indica abajo o en la portada de este boletín, o visite www.faithdirect.net e ingrese código parroquial VA327.

REGISTRO PARROQUIAL - ¿POR QUÉ ES IMPORTANTE?

El registro parroquial ofrece una oportunidad única para participar plenamente en la vida de la parroquia, descubrir la alegría de una comunidad y una familia espiritual donde puedan crecer juntos en santidad. También es importante que se registre para que podamos atender a sus diversas necesidades, incluyendo preparación sacramental, educación religiosa y recibir certificados para ser padrinos. Para registrarse en nuestra parroquia, utilice el código QR en la portada del boletín, visite nuestro sitio web www.ololcc.net y haga click en "Soy nuevo", o comuníquese con la Rectoría al 703-684-9261..

GRUPOS VOLUNTARIOS

MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730.

GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM. Comunicarse con José Granados al 703-869-9469 o Sergio Benitez al 240-706-2447.

LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

LECTORES

Si deseas unirte al ministerio de la Liturgia como *lector*, comuníquese con Ana Rivera al 703-508-7751.

UJIERES

Si quieres servir como *ujier*, comunicarse con Reynaldo Campos (703-626-5473) o Manuel Bonilla (571-594-2769).

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990.

EDUCACIÓN RELIGIOSA

¿INTERESADO EN SER CATEQUISTA?

Si quieres transmitir la fe a nuestros jóvenes, nuestro programa de catecismo en español para jóvenes (grados pre-K a 8) busca maestros voluntarios de religión para este próximo año escolar, que comienza en septiembre.

La formación en la fe y la preparación sacramental de los jóvenes es una



misión vital de nuestra parroquia. También es una oportunidad para unirse a un equipo diverso de voluntarios animados a cumplir esta misión. Si desea unirse a este equipo, comunicarse con Leigh Hasson, nuestra Directora de Educación Religiosa, a dre@ololcc.net.

REFLEXION - 14o DOMINGO DEL TIEMPO ORDINARIO

“Porque mi yugo es fácil y mi carga ligera.” Mateo 11:30

Cuando piensas que debemos ser buenos administradores, puedes pensar que Dios esta pidiendo demasiado de nosotros cuando nos llama generosamente a compartir nuestro tiempo, talento y tesoro. Sin embargo, debemos recordar que no somos “propietarios” de nada, somos simples “administradores” de los dones que Dios nos ha otorgado. Todo lo que Él nos pide es que, en gratitud, devolvamos una pequeña parte de lo que Él nos ha dado.

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becoming homeless

JOBS



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in finding **stable**
employment

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\$877,900

in **medical**
care provided

1,039
women served

* This is a snapshot of work being done in the Arlington diocese from a May 2023 survey. Responses came from 24 parishes, Gabriel Project partners, Catholic Charities ministries, St. Vincent de Paul societies, Knights of Columbus councils, and other organizations in the Diocese. The data represents donations and efforts that took place between June 24, 2022 and June 16, 2023.

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