
OUR CHURCH

CLERGY

Reverend Frederick H. Edlefsen, *Pastor*
Reverend Joseph R. Kenna, *Parochial Vicar*
Reverend Daniel L. Mode, *In Residence*
Reverend Steven R. Walker, *In Residence*

STAFF

Ms. Leigh Hasson, *Director of Religious Education*
Mr. Tom Bartolomeo, *Director of Music*
Ms. Marianne Rodriguez, *Office Manager*
Ms. Tatyana Rasmussen, *Sacramental Secretary*
Mr. Beauvais Bellevue, *Facilities Manager*

RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM; 12:30 PM – 4:00 PM
Saturday: Closed
Sunday: 9:30 AM – 1:00 PM

PARISHIONER REGISTRATION

If you are a local Catholic, please register as our parishioner! Visit www.ololcc.net and click “I’m New” for a registration form.

MASSES

Monday – Friday: 6:45 AM, 12:00 PM
Saturday: 9:00 AM; 5:30 PM Vigil
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)
Independence Day and Thanksgiving Day: 10:00 AM
All Other Federal Holidays: 9:00 AM
Holy Days: 7:00 PM Vigil, 6:45 AM, 12:00 PM, 7:00 PM

CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM
Thursday: 12:30 PM – 1:00 PM
Friday: 12:30 PM – 1:00 PM
Saturday: 4:00 PM – 5:00 PM
Sunday: 4:15 PM – 4:45 PM (Spanish)
Please contact the parish office for Confessions by appointment.

DAILY ROSARY

Monday – Friday: 6:15 AM, 11:30 AM
Saturday: 9:30 AM

PARISH DEVOTIONS

Miraculous Medal Novena * Wednesday: 12:30 PM
Litany of the Sacred Heart * Friday: 12:30 PM
Divine Mercy Chaplet * Friday: 3:00 PM

EXPOSITION OF THE BLESSED SACRAMENT

Friday: 12:30 PM – 3:00 PM

COMMUNION FOR HOMEBOUND PARISHIONERS

Homebound parishioners who would like to receive Communion or anointing of the sick may contact the parish office.

OUR SACRAMENTS

BAPTISM

Children’s Baptisms and Baptism Preparation Classes are arranged by appointment. Visit www.ololcc.net and click “Mass & More” and “Baptism” to submit a request.

FIRST HOLY COMMUNION

Children in grades 1-2 receive First Holy Communion in a two-year program via CCD classes. Visit www.ololcc.net and click “Get Involved” and “Religious Education” to register for CCD.

CONFIRMATION

Children Grades 7 & 8: Religious Education (CCD)

Children in grades 7-8 are Confirmed in a two-year program via CCD classes. Visit www.ololcc.net and click “Get Involved” and “Religious Education” to register for CCD.

Young Adults Ages 14-17: RCIC

The Rite of Christian Initiation for Children (RCIC) is available for children ages 7-17 who need the three Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Please contact Leigh Hasson at dre@ololcc.net for more information.

Baptized Adults 18+

Adults who have received both the Sacraments of Baptism and Holy Communion are encouraged to contact our office for assistance in receiving the Sacrament of Confirmation.

BECOMING CATHOLIC & ADULT CONFIRMATION

The Rite of Christian Initiation for Adults (RCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall, and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Visit www.ololcc.net and click “Get Involved” and “Explore Catholicism” to register.

SPONSORSHIP REQUIREMENTS

Baptism Godparents & Confirmation Sponsors

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If Married, must be sacramentally Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

MARRIAGE

Please contact a priest 7-8 months prior to your intended wedding date to begin Marriage preparation. Submit a request at www.ololcc.net under “Mass & More” and “Marriage Prep.”

ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

FUNERALS

Please contact the Rectory Office to arrange.

OUR PARISH

AUGUST FOOD DRIVE

Aug. 20-28

Our Lady of Lourdes Helping Hands volunteers will be collecting nonperishables for Christ House Food Pantry the weekends of August 20-21 and August 27-28.

*****Please no bulk items! Items are separately placed in food bags for distribution!**

Christ House suggests the following items.

- ♦ Ground coffee and creamer
- ♦ Boxed breakfast cereals
- ♦ Oatmeal
- ♦ Peanut butter (16 oz.) and Jelly (15-18 oz.)
- ♦ Canned chicken, corned beef, and spam
- ♦ Canned vegetables (15 oz.)
- ♦ Canned fruits (15 oz.)
- ♦ Canned pasta and chili (15 oz.)
- ♦ Dried pasta and pasta sauce
- ♦ Macaroni & cheese (7.25 oz.)
- ♦ Red kidney beans, black beans, and baked beans (15 oz.)
- ♦ Diced or stewed tomatoes, tomato sauce (15 oz.)
- ♦ Sugar, white or brown (32 oz. or 80 oz.)
- ♦ Flour, white or wheat, and Instant Corn Masa Flour
- ♦ Canola oil and vegetable oil (48 oz.)
- ♦ Toilet paper

Place donations in the collection bins in the church entrance on the designated weekends. Christ House provides food for low-income households, children, the elderly, and the homeless in Alexandria and surrounding areas. Learn more about Christ House at www.cdda.net. Thanks for helping to feed the hungry!



YOU'RE INVITED: PARISH PICNIC

FOOD * GAMES * FUN

Sep. 18 * 1:00 PM – 5:00 PM

Everyone—all parishioners, neighbors, and friends—are invited for lunch following the Noon Mass Sunday, September 18 from 1:00 PM until 5:00 PM. The Knights of Columbus will be grilling hamburgers and hot dogs, gift certificates and handmade items will be raffled off (bring cash!), plus face painting and games!

THE ARLINGTON DIOCESE

TRUTH, BEAUTY, GOODNESS: EVENINGS OF JOY

Aug. 15 * 6:30 PM – 8:30 PM * Crystal City Sports Pub, Arlington

Experience T.B.G.—a vibrant evening filled with life and culture! Each T.B.G. night features a speaker to share a short story, a musician to fill the air with jubilation, and an artist to sew the venue with beauty. We also frequently have a charity present to provide an opportunity to give back to the community. Held at various restaurants throughout Northern Virginia, this is the perfect place for people who are searching for meaning or not sure what they believe. Our next event will be Monday, August 15, from 6:30 PM - 8:30 PM at Crystal City Sports Pub in Arlington. This celebration of the Feast of the Assumption will feature a reflection by Bishop Burbidge and will benefit the Mother of Light Center. Free wings and appetizers! Stay tuned to the diocesan young adult ministry Facebook page for more info: www.facebook.com/pg/arlingtonYAM/events.

DAY OF PRAYER FOR MENTAL HEALTH

Aug. 27 * 11:00 AM – 3:00 PM * St. Luke, McLean

Please join us Saturday, August 27, from 11:00 AM – 3:00 PM for a Day of Prayer for Mental Health at St. Luke Catholic Church in McLean. Fr. Jamie Workman, Vicar General, will celebrate Mass while Ian Masson, MA, LPC, of IPS Institute will present on "The Communion of Saints: Relationships and Their Role in Mental Health." Email stlabrecommunity@gmail.com for more info.

ST. MARY OF SORROWS LABOR DAY PICNIC

Sep. 5 * 10:00 AM – 2:00 PM * St. Mary of Sorrows, Fairfax

St. Mary of Sorrows Parish invites our diocesan family to attend the longest running picnic in Fairfax County—146 years! This event will be held Labor Day Monday, September 5, starting with Mass at 10:00 AM. Fun and games will follow from 11:00 – 2:00 PM. Bring your own picnic lunch or pre-order the famous Knights of Columbus Chicken Dinner using the QR code and pick up at the picnic. Please contact smoslaborday@gmail.com with any questions.



ANNUAL FATHER CAPODANNO MASS

Sep. 6 | 6:30 PM | Basilica of the National Shrine of the Immaculate Conception, DC

The Memorial Mass for Father Vincent R. Capodanno, MM, will be held on Tuesday, September 6 at 6:30 PM in the Crypt Church of the Basilica of the National Shrine of the Immaculate Conception, 400 Michigan Avenue, NE, Washington, D.C. His Excellency, the Most Reverend Timothy P. Broglio, J.C.D., Archbishop for the Military Services, will be the principal celebrant. This annual Mass is celebrated in memory of Father Capodanno, killed in Vietnam on September 4, 1967, as he aided embattled Marines. Father Capodanno posthumously received the Medal of Honor, and, in May 2006, the Catholic Church officially proclaimed him a Servant of God and thus formally initiated his Cause for Canonization. For more information, visit www.CapodannoGuild.org. All are invited

to attend the Memorial Mass on the 55th anniversary of his death. Open seating; please plan to arrive early. Military members are encouraged to wear uniform of the day, and business attire is appropriate for civilians.

NATIONAL CONFERENCE FOR SINGLE CATHOLICS Sep. 16-18 * Chantilly, VA

Join hundreds of single Catholics from across the country (and beyond!) at the 21st National Conference for Single Catholics at the Westfields Marriott in Chantilly, VA September 16-18, 2022. The weekend includes talks by dynamic speakers, music, social events, Mass, adoration, opportunities for confession, fellowship, food, and more. Visit www.NationalCatholicSingles.com for more info and registration. Call **512-766-5798** with any questions.

WEEKEND RETREAT FOR MARRIED COUPLES Sep. 23-25 * Crown Plaza, Reston

Getting ready for the new school year means lots of time and focus spent on your children. Once school begins, why not give yourselves some time together? Make a Worldwide Marriage Encounter Weekend Experience! Our next retreat will be held September 23-25 at the Crowne Plaza in Reston, VA. Only a few spots are available, so sign up soon! To register, go to www.WWME.org, click "Apply" and search on Virginia. Feel free to contact Mark and Cathy Stangler at **703-378-4150** or mstang1987@aol.com with any questions.

MASS FOR JUBILARIANS

Oct. 16 * 3:00 PM * St. Thomas More, Arlington

Celebrating a golden or silver wedding anniversary this year? Married in 1972 or 1997? If so, you are invited to join Bishop Michael F. Burbidge for the 2022 Mass for Jubilarians to be celebrated on Sunday, October 16 at 3:00 PM at the Cathedral of St. Thomas More in Arlington. To register, please contact Tatyana at the Our Lady of Lourdes parish office no later than October 3. For more info, visit www.arlingtondiocese.org/MJM.

ESOL, GED Prep, CompTIA, & CITIZENSHIP CLASSES

Catholic Charities provides English for Speakers of Other Languages (ESOL), ESOL for Childcare, Computer Literacy, GED, CompTIA, and Citizenship preparation! Enrollment is open for classes beginning in August and September 2022. Multiple class levels available; 12-week semesters; materials included. Seats are limited. Please contact Catholic Charities of the Diocese of Arlington at **571-208-1572** or ewd1@ccda.net to schedule an appointment for registration and tuition details.

RELIGIOUS EDUCATION

VOCATIONS

"I have come to set the earth on fire..." Are you being called to carry the fire of the Lord to his people as a priest, deacon, or in the consecrated life? Contact Fr. Michael Isenberg in the diocesan Office of Vocations at **703-841-2514** or michael.isenberg@arlingtondiocese.org.

REGISTER NOW FOR CCD

It's time to enroll your loved one in our 2022-23 CCD program! CCD classes will be held Sunday mornings beginning September 11. To register, submit the form on our website under "Get Involved" and "Religious Education." Please contact Leigh Hasson, our DRE, at dre@ololcc.net with any questions.

RCIA BEGINS IN SEPTEMBER

For Adults Seeking Baptism and Confirmation

If you or someone you know would like to join the Catholic Church, be confirmed, or just learn more about the faith, the "Rite of Christian Initiation for Adults" (RCIA) begins Monday, September 19. Classes will be held every Monday at 7:00 PM, with a view to receiving the Sacraments of Initiation at the Easter Vigil in 2023. If interested, please fill out the online registration form on our website or contact the parish office. If you have questions, one of the priests would be happy to speak with you.

FORMED

Free Catholic Films, Podcasts, Audio Books, & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED, a Catholic media streaming service! Enjoy Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Go to www.formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

STEWARDSHIP

MISSION APPEAL 2022

Aug. 27-28

Fr. Marianus Isaac Arockiaraj of the Diocese of Kumbakonam will visit Our Lady of Lourdes the weekend of August 27-28 for the 2022 Mission Appeal. Fr. Arockiaraj will celebrate our 8:00 AM Mass on August 28 and speak at all Masses that weekend about our mission parishes in Kumbakonam. This appeal helps our brothers and sisters in India who do not have access to the pastoral services that support and grow their faith: Mass, the Sacraments, religious education, and basic needs like food, shelter, and healthcare. If donating by check, please make payable to "Our Lady of Lourdes" and write "MCP" in the memo line. Thank you for supporting the global Church!

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code on the cover of this bulletin, or visit www.faithdirect.net and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

SPONSOR OF THE WEEK

Paragon Home Care & Assisted Living

August 14, 2022

The 20th Sunday in Ordinary Time

WEEKLY MASS INTENTIONS

SATURDAY AUGUST 13

The Transfiguration of the Lord

9:00 AM Juan Ochoa

5:30 PM Nancy Kennedy + by Mary Frances Widner

SUNDAY AUGUST 14

The 20th Sunday in Ordinary Time

8:00 AM Genoveva Mundo +

10:00 AM All parishioners, living and deceased

12:00 PM Jose Alberto Valle +

5:00 PM (Spanish) TBD

MONDAY AUGUST 15

6:45 AM Shirley Kalich by James & Maryellen Tibbs

12:00 PM Angelita S. Baylon +
by Rito G. & Hubert Baylon

TUESDAY AUGUST 16

6:45 AM Isabel Saenz Montañez + by Cecilia Martin

12:00 PM Capt. Zebb Knott + by Rita Knott

WEDNESDAY AUGUST 17

6:45 AM Nick Vetrano by Janet Vetrano

12:00 PM Eve Kramer by Ruth & Bob Kramer

THURSDAY AUGUST 18

6:45 AM Teocloro Leñan Morales + Cecilia Martin

12:00 PM Mary Mendieta

FRIDAY AUGUST 19

6:45 AM John Donald Durand +

by James & Maryellen Tibbs
12:00 PM Ray & Peggy Dubriske + by Jenny Oldham

THE ASSUMPTION OF THE BLESSED VIRGIN MARY

The Assumption of the Blessed Virgin Mary, August 15, is not a Holy Day of Obligation in the year 2022. We will have our regular schedule of Masses at 6:45 AM and 12:00 PM on Monday.

PLEASE PRAY FOR

Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, Jim & Becky McManaman, & Jose Silva

Names are published for one month. Please contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange.

SPONSOR ALTAR FLOWERS

Parishioners are welcome to sponsor our altar and tabernacle flowers in honor/memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange.

VOLUNTEER

CCD TEACHERS NEEDED

Our Lady of Lourdes' CCD program needs teachers. If you are willing to help in the faith formation of our parish youth, this opportunity is for you! Please contact the Rectory or our Director of Religious Education for more information.

PRO LIFE

PRO-LIFE ROSARY

Tuesdays * 7:00 PM * Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM in the church.

MARY'S SHELTER SUMMER SOIREE

Aug. 13 * 6:00 PM – 10:00 PM * Fredericksburg

You're invited to the 12th Annual Mary's Shelter Summer Soiree at the Fredericksburg Expo Center on August 13 from 6:00 PM – 10:00 PM. Mary's Shelter provides housing and a Christ-centered program of guidance and care for women facing a crisis during pregnancy. You can support this pro-life ministry and learn about the great services it provides to mothers and babies at this amazing evening event. Tickets are free; please RSVP by August 8 at www.marysshelterva.org. Contact us at **540-374-3407** or info@marysshelterva.org to learn more.

POST-ABORTION RETREAT FOR WOMEN

Oct. 15

You are not alone. Take the first step toward healing. An After Abortion Retreat for women who have experienced abortion will be held on Saturday, October 15. These group healing events are conducted in a private and peaceful setting, in English and Spanish, and based on the Entering Canaan model. For confidential inquiries, please contact Project Rachel Ministry at **703-841-2504** or info@helpafterabortion.org.

DONATE & VOLUNTEER AT THE MARIH CENTER

The MaRiH Center is a pro-life crisis pregnancy service offering alternatives to abortion and assisting local pregnant women and their babies. We need help operating our Alexandria center, manning our phones, and sorting donations. All training is provided. Bilingual volunteers are especially appreciated! We also accept donations of baby clothes and baby care products. For volunteer opportunities and a list of our most needed items, please visit www.marih.org, or contact us at **703-370-4774** or marihcenter@gmail.com.

PROJECT RACHEL: HELP AFTER ABORTION

Are you experiencing feelings of shame, guilt, regret, and sadness concerning an abortion? Project Rachel can help with confidential referrals to trained clergy, counselors, retreats, and more. Contact Project Rachel at **1-888-456-4673**, info@helpafterabortion.org, or visit www.helpafterabortion.org.