



OUR LADY *of* LOURDES

Arlington, Virginia

JULY 16, 2023

FIFTEENTH SUNDAY IN ORDINARY TIME



*“ The seed is the word of God, Christ is the sower.
All who come to him will have life forever. ”*



Parish
Registration



Make One-Time
Donation



Sign Up
for CCD *Today!*



Faith Direct for
eGiving

PARISH INFORMATION

OFFICE HOURS

Monday – Friday: 8:00 AM – 4:00 PM

REGISTRATION

Visit www.ololcc.net and click “I’m New” to join our parish.

MASS SCHEDULE

Sunday Mass: 5:30 PM Vigil (Saturday)
8:00 AM * 10:00 AM * 12:00 PM * 5:00 PM (Español)

Monday-Friday: 6:45 AM * 12:00 PM

Saturday morning: 9:00 AM

July 4th & Thanksgiving: 10:00 AM

All Other Federal Holidays: 9:00 AM

Holy Days of Obligation: 7:00 PM Vigil * 6:45 AM *
12:00 PM * 7:00 PM

- Note schedule changes for Christmas, Holy Week, Easter, and other Holidays and special occasions.

CONFESSIONS

Saturday: 4:00 PM – 5:00 PM

Sunday: 4:15 PM – 4:45 PM (Español)

Tuesday, Thursday & Friday: 12:30 PM

- Note special Confessions schedules during Advent, Lent and Holy Week.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

EXPOSITION OF THE BLESSED SACRAMENT

Fridays: 12:30 PM – 3:00 PM

ROSARY

Monday – Friday: 6:15 AM * 11:30 AM

Saturday: 9:30 AM

DEVOTIONS

Miraculous Medal Novena - Wednesday: 12:30 PM

Divine Mercy Chaplet - Friday: 3:00 PM

CLERGY

Fr. Frederick H. Edlefsen, *Pastor*

Fr. Joseph R. Kenna, *Parochial Vicar*

Fr. Daniel L. Mode, *In Residence*

Fr. Steven R. Walker, *In Residence*

STAFF

Ms. Debra Corrie, *Office Manager*

Mrs. Mary Ellen Hill, *Office Assistant*

Mrs. Esperanza Miranda, *Office Assistant*

Ms. Leigh Hasson, *Director of Religious Education (DRE)*

Mr. Tom Bartolomeo, *Director of Music*

SACRAMENTS

BAPTISM

Children’s Baptisms arranged by appointment.

Visit www.ololcc.net and click “Mass & More” and “Baptism” to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare for First Holy Communion in our two-year CCD program. Visit www.ololcc.net and click “Get Involved” and “Religious Education” to register.

CONFIRMATION

Grades 7 & 8 prepare for Confirmation in our CCD program. Visit www.ololcc.net and click “Get Involved” and “Religious Education” to register. Or contact Leigh Hasson at dre@ololcc.net.

Youth Ages 14-17: Contact Leigh Hasson at dre@ololcc.net for more information.

Baptized Adults 18+: Follow the prompts on “How Can I Help You” on our website www.ololcc.net or contact the Rectory Office.

BECOMING CATHOLIC & ADULT CONFIRMATION

The Order of Christian Initiation for Adults (OCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall with a view to receiving these Sacraments at the Easter Vigil Mass. Visit www.ololcc.net and click “Get Involved” and “Explore Catholicism” to register. Or call the Rectory Office to speak with a priest.

GODPARENTS AND CONFIRMATION SPONSORS

Have you been asked to be Godparent or Confirmation Sponsor? Go to our website and click “How Can We Help You?” and follow the prompts for Sacraments of Initiation and Godparents/Sponsors. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at www.ololcc.net under “Mass & More” and “Marriage Prep”.



July 16, 2023
The 15th Sunday in Ordinary Time

WEEKLY MASS INTENTIONS

SATURDAY JULY 15

Saint Bonaventure, Bishop and Doctor of the Church

9:00 AM + Julius "Trip" Daigle III by Suzanne Tierney

5:30 PM + Angelita S. Baylon by Rito & Hubert Baylon

SUNDAY JULY 16

Fifteenth Sunday in Ordinary Time

8:00 AM + Captain Zeb Knott by Rita Knott

10:00 AM For all parishioners, living and deceased

12:00 PM + Fr. F. Robert Avela

5:00 PM (Spanish Celebrant's Intentions)

MONDAY JULY 17

6:45 AM + William V. Fischetti by the Fischetti Family

12:00 PM + Tina Turner

TUESDAY JULY 18

Saint Camillus de Lellis, Priest

6:45 AM + Esperanza Merlos de Orellana by the Miranda Family

12:00 PM + Ruth Kramer by Eve Kramer

WEDNESDAY JULY 19

6:45 AM + Lauren Mahoney by Ed & Jullie Mullen and Family

12:00 PM + John McHale by Diane M. Dusza

THURSDAY JULY 20

Saint Apollinaris, Bishop and Martyr

6:45 AM Intentions of Mate Parjovic by Marianne Rodriguez

12:00 PM + Luz Maria Bultron-Alvarez by Ana Rivera

FRIDAY JULY 21

St. Lawrence of Brindisi, Priest and Doctor of the Church

6:45 AM + Daniel A. Smith by Joyce Wilson & Family

12:00 PM + Esperanza Merlos de Orellana by the Miranda Family

MASS INTENTIONS

You are invited to honor a friend, relative, or loved one with an Our Lady of Lourdes Mass! Please contact the Rectory Office at **703-684-9261** or **olol@ololcc.net** to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

What is the Holy Spirit's Gift of Fortitude?

By Fr. Edlefsen

The Holy Spirit's gentle "whispers" quietly play like background music, behind the scenes of life's circumstances. Like a ship's sails, the Spirit's Gifts catch the "wind" of the Spirit's breath, and we are inspired to pray or act as only God knows we should. To be under the influence of the Spirit's Gifts is the essence of Christian mysticism and holiness.

In the previous five bulletins, I've written about the Gifts of Wisdom, Understanding, Knowledge, Counsel, and Piety. These articles are on our website. Through Wisdom, we become intimate with Christ. Through Understanding, our faith is deepened. Through Knowledge, we see humans as beautifully made, profoundly broken, yet redeemed by Christ. Through Counsel, God places his good word on our lips and his good action in our heart – at the right time. Through Piety, we receive a "spiritual childhood" that gives us a loving sense of affection and gratitude to God. This article is about the Gift of Fortitude.

The words "courage" and "fortitude" may be interchangeable. However, I will use "courage" to identify a *virtue* and use "fortitude" to identify the *Gift of the Spirit*. Virtues and the Gifts of the Holy Spirit are different phenomena. A *virtue is a habit* to do the good; whereas a *Gift is a disposition* to be moved by the Holy Spirit. The *virtue of courage* is the habit of doing the good when it is uncomfortable, daunting, sacrificial, or even life-threatening. The *Gift of Fortitude* elevates the virtue of courage to a purely divine level. By Fortitude, we bear a radical or heroic witness to Christ or "what is right" when it requires a great personal sacrifice, perhaps even our life. The martyrs are the most notable examples of Fortitude in action.

Pray for Fortitude when your faith is challenged. Through Fortitude, the Spirit grants perseverance in faith, hope, and love - and in bearing witness to Christ – when spiritual trials or temptations last a long time. "The one who endures to the end, he will be saved" (Matthew 24:13). Fortitude draws upon the grace of Confirmation to give you a serene energy, in midst of trial, from which you will draw strength. ***The Gift of Fortitude perfects the virtue of Courage, and it produces the Beatitude, "Blessed are those who thirst for justice, for they shall be satisfied."***



Photo Credits: Illustration by Abigail Witte

OUR PARISH

MESSAGE FROM THE PASTOR

This summer, you are called to grow in your relationship with Jesus Christ. Fr. Edlefsen asks everyone to commit to attending one or more weekday Masses per week, going to monthly Confession, spending quiet time with the Bible before the Blessed Sacrament, and meditating daily for five minutes on the day's Mass readings. Christ is calling you to renew your faith in His real presence in the Eucharist, and your mission to bring God's life and justice to the world. Feel free to speak with a priest.



SAINT VINCENT DE PAUL SOCIETY (SVDP)

The Society of St. Vincent de Paul (SVDP) is still looking for volunteers. If you would like to volunteer, please send an email to SVDPLOLconference@gmail.com.

PLEASE PRAY FOR

Paul Durand, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, Jim & Becky McManaman, Bridget Hinds, Jose Silva, and Peter & Geraldine Filpi. Please contact the Rectory at 703-684-9261 or olol@ololcc.net to arrange.

PRO-LIFE ROSARY

Tuesdays * 7:00 PM * Our Lady of Lourdes
Join our Pro-Life Committee in the church to pray a weekly rosary for the unborn and put an end to abortions.



PRAYER CHAIN

Have an urgent need for prayers? Members of our parish will pray for your intention. Please contact James at 703-887-7117 or ejt@cybtek.com with your request. Please provide a first name and prayer intention for persons needing prayer.

PARISH REGISTRATION – WHY IS IMPORTANT?

Parish registration provides a unique opportunity to participate fully in the life of the parish, discover the joy of community, and to find a spiritual family where you can grow in holiness together. To register in our parish, please use the QR code on the bulletin cover or visit our website www.ololcc.net and click "I'm New".

ALTAR FLOWERS

This week's Altar Flowers were provided in loving memory of Carti Kentra and all her family, friends, and loved ones.

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one, or to commemorate a special event. Sponsorship is \$50. Contact the Rectory Office at 703-684-9261 or olol@ololcc.net. Next available date is July 23.

SAVE THE DATE: New Parishioners, New Volunteers, and All Volunteers!

Attention new parishioners, and all volunteers, new and veteran! You are invited to a reception after the Noon mass on **Sunday, July 30th**, to get to know one another as well as meet our new volunteers and new parishioners. There will be food and drinks for everyone in the Parish Hall and time to connect and have fun.



INVITE OUR LADY OF LOURDES HOME FOR A VISIT

Our parish's Legion of Mary group is offering parishioners the opportunity to host the "Pilgrim Virgin" statue of Mary in their home for 1-2 weeks. Many blessings can arise from Our Lady's visit! Contact the Legion of Mary at csb1789@hotmail.com



A Reflection on Baseball

By Father Steve Loftus

[I share this summer reflection from a longtime friend and pastor in the Diocese of Peoria, Illinois. In a previous life, he was a pitcher for University of Illinois. As for me, a 3rd generation graduate of Louisiana State University – and a proud uncle of a nephew who's carrying the tradition into the 4th generation – my baseball pride is now in LSU's recent winning of the College World Series against Florida State, who nonetheless proved an admirable foe in the all-American game. But as Fr. Loftus mentions, even the most leisurely traditions of our culture suggest something beyond time. Fr. Frederick Edlefsen]



In central Illinois in the 1950s, when the world and I were young, the air was saturated with baseball – with, that is, broadcasts of the Cubs and White Sox and Cardinals and Browns. And the unreasonably black and almost perfectly flat topsoil of Central Illinois, then as now, was wonderfully configured for smooth infields and lush green outfields, one after another, toward the horizon. (George Will, in Ken Burn's Baseball)

The absence of a clock is matched by the perfection of the calendar. The season begins in the hopefulness of early spring and it flourishes in the heat of the summer and then it breaks hearts in the nippy evening of late October. (George Vecsey, Baseball)

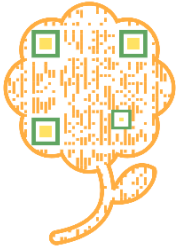
No other sport has the kind of down time that baseball has, the pauses that lead its detractors to call it boring but that are actually its greatest strength, providing the time needed to build relationships with the people around you. (Brad Balukjian, The Wax Pack: On the Open Road in Search of Baseball's Afterlife)

Many of us remember “playing ball” in July. I played baseball into my senior year of college. But in the fall of 1991, I turned in my uniform to Coach “Itch” Jones. It was fun while it lasted, but it was time to move on. Nothing lasts forever on this earth. What did I gain from all those years of baseball? Friendships: my teammates, coaches, even the familiar umpires and rival players. I think we can say likewise about other sports, work, clubs, choirs, schools, neighborhoods: I take with me, I remember, I hold in my heart, all of those persons whom I have met, all of those friendships that I have made. They all are made in the image of God. He loves them, and so do I, and I entrust them to God, especially in the Holy Mass, the greatest Prayer that miraculously brings together the dead and the living, the past and the present. “The better part of one’s life consists of his friendships,” said Abraham Lincoln. May God bless them, take care of them, and bring them to Heaven.

By Fr. Steve Loftus

VOLUNTEER

VOLUNTEER AT OUR LADY OF LOURDES



Share your unique gift with the parish! Scan this QR code or visit our volunteer page on www.ololcc.net. We have many ministries, and we need **YOU**. The greatest needs are for sacristans, money counters, choir singers and CCD Teachers. **Hispanohablantes**,

you are especially needed to help start our St. Vincent de Paul ministry for our neighbors in need. Thank you for your support to our Parish Community!

BE AN ANGEL

"*GARDENING ANGELS*" needed to help maintain the churchyard gardens. No experience necessary. Join in and learn as you work. Hours to fit your schedule. Please send an email to Carole DeLong at cdelong828@aol.com.



INTERESTED IN BECOMING A CCD TEACHER?

DO YOU WANT TO PASS ON THE FAITH TO OUR YOUTH? Our CCD catechism program for youth (grades pre-K to 8) seeks volunteer religion teachers for this upcoming school year, starting in September. Faith formation and sacramental preparation of youth is a vital mission of our parish. It's also an opportunity to join a fun and creative team of mission-oriented volunteers. If you would like to join that mission, **please contact Leigh Hasson, our Director of Religious Education, at dre@ololcc.net.**

A FEW GOOD MEN NEEDED



Boys in the 4th grade or older are invited to serve at the Altar. If your son would like to be trained as an **Altar Server**, please contact Joe Mazel at joe.mazel4@gmail.com. Once trained, boys will be scheduled to serve one Mass per weekend. Siblings may serve together.

RELIGIOUS EDUCATION

REGISTER NOW FOR CCD - Early Registration until August 21!

Preparation for the upcoming academic year is going well! CCD classes will be held on Sunday mornings, and children can join throughout the school year. To register, submit the CCD Sign Up Form on our website under "Get Involved" and "Religious Education." Early Registration is ongoing until **Monday, August 21**. First day of class will be **Sunday, September 10**. Please contact Leigh Hasson, our DRE, at dre@ololcc.net with any questions.



Come Home to the Catholic Church

ORDER OF CHRISTIAN INITIATION OF ADULTS (OCIA)

- Would you or someone you know like to become Catholic?**
- Are you a baptized Catholic adult but still need Confirmation or First Communion?**
- Do you just want to explore Catholicism?**
- Are you already a fully initiated Catholic but want a refresher course on your faith?**

If you answered "YES" to any of these questions, the **Order of Christian Initiation of Adults (OCIA)** is for you. Starting this **September 11**, RCIA classes will be held on Mondays at 7:00 PM in a Parish Hall classroom. These classes prepare *catechumens* (people preparing for Baptism) and *candidates* (baptized people preparing for Confirmation and/or Communion) to receive these sacraments at the Easter Vigil Mass on March 30, 2024. To sign up for classes, please see our website www.ololcc.net or contact the parish office.

FORMED

Free Catholic Films, Podcasts, Audio Books & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED – nicknamed “Catholic Netflix” – an online Catholic media streaming service. Enjoy hundreds of Catholic films, e-books, podcasts, study courses, and more on your computer, tablet, and smartphone. Register at formed.org/signup and enter zip code “22202” or “Our Lady of Lourdes VA” to start using this service as a fun way to grow in your faith.



July from 7-9 p.m. at the Chapel for faith, fun, and fellowship. 4515 Roberts Road, Fairfax, VA. Go to gmucm.org for more information.

ST. JOHN BOSCO COLLEGE NIGHTS

All rising college freshman are invited to attend an Associates of St. John Bosco College Night hosted at several parishes throughout the Diocese. Listen to panel of current college students give testimony about living out their Catholic faith on their college campuses. This is a great opportunity for students to meet fellow Catholics from their colleges and to learn about how to be a faithful Catholic on campus. Free pizza dinner is provided. For location information and to register for free, visit ASJB.org

VICTIM ASSISTANCE PROGRAM FOR THOSE SEXUALLY ABUSED AS MINORS

The Catholic Diocese of Arlington offers comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan **Victim Assistance Coordinator**, who will provide support, consultation, referrals as well as assistance throughout the healing process. Visit www.arlingtondiocese.org/victim-assistance/ or contact (703) 841-2350 for more information.

MARY, EXPLAINED



THE ARLINGTON DIOCESE

A JUBILEE JOURNEY WITH MARY

Marian Pilgrimage to Celebrate the Diocese's Jubilee Year.

Mary has been given titles from Scripture, from teachings of the Church, and from many instances that Mary visited places on the earth to encourage people to spend more time in prayer with Jesus. There are 11 churches in the Diocese of Arlington which are named after Mary or one of her many titles. In preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to visit as many of those churches named after the Blessed Mother and spend time in prayer at each! **Our Lady of Lourdes is one of the 11 churches that made the list!** Learn more at: <https://www.arlingtondiocese.org/jubileejourney/>

GMU CATHOLIC CAMPUS MINISTRY

Thursday Night Gatherings at GMU CM

All current college students and high school students (class of 2023) are invited to join the Catholic Patriots of George Mason University **every Thursday** in the month of

Bishop Burbidge invites us to look at Mary, our Blessed Mother, and imitate her example of receiving the Word and bearing the Word into the world. Produced by Arlington Diocese, the 7-part video series encourages us to grow closer to Our Lady with the ultimate goal of growing closer Christ. A short video is released every month. To watch, visit <https://www.arlingtondiocese.org/maryexplained/>

BISHOP'S PODCAST: WALK HUMBLY

Look for Bishop Burbidge's Homilies and Podcasts at www.arlingtondiocese.org/bishop/on-the-air. Bishop Burbidge offers a Catholic perspective on the most recent events in the news and our society, and he answers questions from the faithful.

STEWARDSHIP

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code below or on the cover of this bulletin, or visit www.faithdirect.net and enter parish code **VA327**.



ESTATE PLANNING FOR YOU...AND OUR PARISH

Giving is a very important part of the life of a person devoted to Jesus Christ. Planned giving simply means planning for the future, whether it is your retirement or the future of your parish community. Your planned gift is a tangible way to express your unending gratitude to God for a lifetime of blessings. For more information on naming our parish or the diocese in your will, contact your attorney or visit arlingtondiocese.planmylegacy.org

SECOND COLLECTION NEXT WEEKEND

July 22 & 23 * Parish Religious Education Fund

SPONSOR OF THE WEEK

Flavio W. Nasr, DDS
General & Cosmetic Dentistry
Arlington, VA. (703) 415-0555

VOCATIONS

SUNDAYS WITH THE SISTERS REJOICE TOUR 2023

All events are on Sun. 2 - 5 PM

The *Sundays with the Sisters Rejoice Tour 2023* is a chance to witness the joy of religious life during this year of preparation for our diocesan jubilee in 2024. The tour features events at a different convent each month. **Single**

women ages 18-50 are invited and no registration needed. RSVP to vocations@arlingtondiocese.org the Monday prior to the gathering(s) if you wish to attend.

Next on the Schedule:

July 23 – Poor Sisters of St. Joseph (in Spanish)

Sept 24 – Poor Clares, Mother of the Church Monastery

SENIORS SILENT RETREAT

July 21-23 * San Damiano Retreat Center, White Post, VA

Isn't it a challenge, living our 'throwaway culture,' for those who are 'full of years,' to understand our place in the world - and in our Church? Join **Fr. John Riley**, Spiritual Director at San Damiano, from Friday-Sunday, July 21-23, 2023, in a retreat to study the Scriptures, pray with Jesus in the Gospels, and consider the Crosses and the Consolations of Old Age. Retreat cost is \$285, and financial assistance may be available. For further information or to register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

ST. CATHERINE OF SIENA WOMEN'S SILENT RETREAT

August 11-13 * San Damiano Retreat Center, White Post, VA

St. Catherine is one of the four women Doctors of the Church. A mystic and crusader, she composed over 400 letters & prayers. Fr. James Hudgins, Pastor at St. Theresa Catholic Church, leads the silent retreat. Time to read, rest, think, & pray. **Friday-Sunday, August 11-13** at the San Damiano Spiritual Life Center in White Post, VA. \$285 Contact Deacon Mark Maines to register. mark.maines@arlingtondiocese.org

NATIONAL EUCHARISTIC REVIVAL

June 2023 – June 2024 Year of Parish Revival

An initiative of the US Bishops and promoted by Bishop Burbidge, the National Eucharistic Revival Year aims to deepen our relationship with Jesus Christ through the celebration of the Eucharist. To learn more about this initiative, see the ad in the bulletin or visit <https://www.eucharisticrevival.org/>

FOCUS - Fellowship of Catholic University Students

FOCUS is a Catholic apostolate that forms Catholic missionaries rooted in Church teaching, prayer, Scripture and evangelization. To learn more about FOCUS, visit <https://focus.org/>

Bulletin Cover Art: *The Sower* image, by John Richardson,

NUESTRA PARROQUIA

MENSAJE DE NUESTRO PASTOR

Este verano, estás llamado a crecer en tu relación con Jesucristo. El P. Edlefsen pide a todos que se comprometan a asistir a una o más Misas diarias durante la semana, a ir a la Confesión una vez al mes, a pasar tiempo con la Biblia ante el Santísimo Sacramento y a meditar diariamente durante cinco minutos sobre las lecturas de la Misa del día. Cristo te está llamando a renovar tu fe en Su presencia real en la Eucaristía, y tu misión de llevar el mensaje de vida y justicia de Dios al mundo. Siéntase libre de hablar con un sacerdote.

CONFERENCIA DE LA SOCIEDAD DE SAN VICENTE DE PAÚL (SVDP)

La conferencia de la Sociedad de San Vicente de Paúl (SVDP) de Nuestra Señora de Lourdes ya comenzó a proporcionar asistencia financiera para servicios públicos, alquiler y emergencias. Si desea ser voluntario con SVDP, envíe un correo electrónico a SVDPOLconference@gmail.com

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible y tiene todos los requisitos para apadrinar. La carta debe tener sello de la parroquia, firmada por el párroco y traerla a la parroquia de Nuestra Señora de Lourdes una semana antes del día del bautismo. La próxima charla pre-bautismal será el **Domingo, 30 de Julio** en el Lourdes Center, a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia debe comunicarse con la oficina 7 -8 meses antes de la fecha del matrimonio al 703-684-9261.

POR FAVOR OREN POR

Paul Durand, Ed Boehme, Rosa Diéquez, April García, Ron Harris, Jim y Becky McManaman, Bridget Hinds, José Silva y Peter y Geraldine Filpi. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en oración.

¿Cuál es el don de Fortaleza del Espíritu Santo?

Por el P. Edlefsen

Los suaves "susurros" del Espíritu Santo suenan silenciosamente como música de fondo detrás de las escenas que conforman la vida. Al igual que las velas de un barco, los Dones del Espíritu atrapan el "soplo" del aliento del Espíritu, y nos inspiran a orar o actuar como solo Dios sabe que debemos hacer. Estar bajo la influencia de los dones del Espíritu es la esencia del misticismo y la santidad cristiana.

En los cinco boletines anteriores, he escrito sobre los dones de la Sabiduría, el Entendimiento, el Conocimiento, el Consejo y la Piedad. Puedes encontrar estos artículos en nuestra página del sitio web. A través de la Sabiduría, nos volvemos íntimos con Cristo. A través del Entendimiento, nuestra fe se profundiza. A través del Conocimiento, vemos la belleza de los seres humanos, profundamente quebrantados, pero redimidos en Cristo. A través del Consejo, Dios pone su divina palabra en nuestros labios y su buena acción en nuestro corazón en el momento adecuado. A través de la Piedad, recibimos una "infancia espiritual" que nos da un sentido amoroso de afecto y gratitud a Dios. Este artículo trata sobre el don de la Fortaleza.

Las palabras "coraje" y "fortaleza" pueden ser intercambiables. Sin embargo, usaré "coraje" para identificar una *virtud* y usaré "fortaleza" para identificar el *Don del Espíritu*. Las virtudes y los dones del Espíritu Santo son fenómenos diferentes. Una *virtud es el hábito* de hacer el bien; mientras que *un Don es la disposición* a ser inspirado por el Espíritu Santo. La *virtud del coraje* es el hábito de hacer el bien cuando es incómodo, desalentador, sacrificado o incluso peligroso. El *Don de Fortaleza eleva* el valor de la virtud a un nivel puramente divino. La Fortaleza nos permite ser testigos radicales y heroicos en Cristo o de "lo que es justo" aun cuando requiera un gran sacrificio personal, incluso nuestra vida. Los mártires son los ejemplos más notables de la Fortaleza en acción.

Ore por Fortaleza cuando su fe sea desafiada. A través de la fortaleza, el Espíritu concede perseverancia en la fe, la esperanza el amor, y en dar testimonio de Cristo - cuando las pruebas o tentaciones espirituales duran por mucho tiempo. "El que persevere hasta el fin, será salvo" (Mateo 24:13). La Fortaleza se inspira de la gracia recibida durante la Confirmación para darte una energía serena de la que sacaras fuerzas en medio de tus tribulaciones. *El Don de la Fortaleza perfecciona la virtud del Coraje, y produce la Bienaventuranza: "Bienaventurados los que tienen sed de justicia, porque ellos serán satisfechos".*



Photo Credits: Illustration by Abigail Witte

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM – 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!

DONACIONES EN LÍNEA CON FAITH DIRECT



¡Nuestra Señora de Lourdes acepta donaciones en línea a través de Faith Direct! Puede donar a todas las colectas de nuestra parroquia y establecer pagos recurrentes en su propio horario. Para

inscribirse, escanee el código QR que se indica abajo o en la portada de este boletín, o visite www.faithdirect.net e ingrese código parroquial VA327.

REGISTRO PARROQUIAL - ¿POR QUÉ ES IMPORTANTE?

El registro parroquial ofrece una oportunidad única para participar plenamente en la vida de la parroquia, descubrir la alegría de una comunidad y una familia espiritual donde puedan crecer juntos en santidad. También es importante que se registre para que podamos atender a sus diversas necesidades, incluyendo preparación sacramental, educación religiosa y recibir certificados para ser padrinos. Para registrarse en nuestra parroquia, utilice el código QR en la portada del boletín, visite nuestro sitio web www.olocc.net y haga click en "Soy nuevo", o comuníquese con la Rectoría al 703-684-9261..

GRUPOS VOLUNTARIOS

MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofía Quishpe al 703-395-4730.

GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM. Comunicarse con José Granados al 703-869-9469 o Sergio Benitez al 240-706-2447.

LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

LECTORES

Si deseas unirte al ministerio de la Liturgia como *lector*, comunicarse con Ana Rivera al 703-508-7751.

UJIERES

Si quieres servir como *ujier*, comunicarse con Reynaldo Campos (703-626-5473) o Manuel Bonilla (571-594-2769).

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990.

EDUCACIÓN RELIGIOSA

¿INTERESADO EN SER CATEQUISTA?

Si quieres transmitir la fe a nuestros jóvenes, nuestro programa de catecismo en español para jóvenes (grados pre-K a 8) busca maestros voluntarios de religión para este próximo año escolar, que comienza en septiembre. La formación en la fe y la preparación sacramental de los jóvenes es una misión vital de nuestra parroquia. También es una oportunidad para unirse a un equipo diverso de voluntarios animados a cumplir esta misión. Si desea unirse a este equipo, comunicarse con Leigh Hasson, nuestra Directora de Educación Religiosa, a dre@ololcc.net.



REGÍSTRESE AHORA PARA CCD - ¡Inscripción temprana hasta el 21 de agosto!

Las clases de CCD se llevarán a cabo los domingos por la mañana, y los niños pueden unirse durante todo el año escolar. Para registrarse, envíe el formulario de registro de CCD en nuestro sitio web bajo "Get Involved" y "Religious Education". La inscripción temprana estará hasta **el lunes 21 de agosto**. El primer día de clase será **el domingo 10 de septiembre**. Por favor, póngase en contacto con Leigh Hasson, nuestro DRE, en dre@ololcc.net con cualquier pregunta

LA DIÓCESIS DE ARLINGTON

UN CAMINO DE JUBILEO CON MARIA

¿Sabías que hay 11 iglesias en la Diócesis de Arlington que llevan el nombre de un título de María? Durante este segundo año de preparación para el Jubileo de Oro de la Diócesis, se nos anima a todos a centrarnos en María y su papel de llevarnos a Jesús. ¡Con este fin, el obispo Burbidge nos invita a visitar tantas de esas 11 iglesias como sea posible y pasar tiempo en oración en cada una! Nuestra Señora de Lourdes es una de ellas. Visite www.arlingtondiocese.org/jubileejourney para obtener más información. ¡Esperamos que esta iniciativa nos anime a crecer en nuestra comprensión de María y nuestra devoción por ella!



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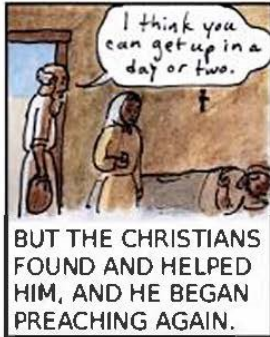
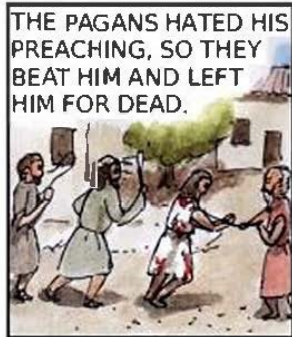
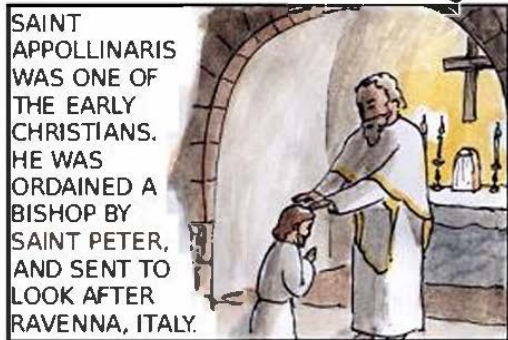
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KIDS' BULLETIN



Our Lady of Lourdes Catholic Church

Isaiah 55 Unscramble

Unscramble the words to finish today's first reading!

Thus says the _____: [DRLO]

Just as from the heavens

the _____ [NIRA] and _____ [OWNS]

come down

and do not return there

till they have watered the _____, [HRATE]

making it fertile and fruitful,

giving _____ [EDSE] to the one who sows

and _____ [EBDRA] to the one who eats,

so shall my word be

that goes forth from my _____; [TOUMH]

my _____ [DOWR] shall not return to me void,

but shall do my will,

achieving the end for which I _____ [NTSE] it.

FIFTEENTH SUNDAY IN ORDINARY TIME

