



OUR LADY  
*of* LOURDES

Arlington, Virginia

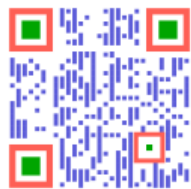
**July 2, 2023 \* The 13th Sunday in Ordinary  
Time**



Whoever finds his life will lose it, and whoever  
loses his life for my sake will find it



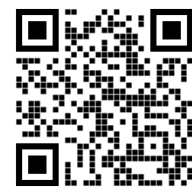
**Parish  
Registration**



**Make a One-Time  
Donation**



**Sign Up for CCD**



**Switch to Faith Direct  
for Regular Giving**

**830 23rd Street South Arlington, VA 22202 \* 703-684-9261 \* [olol@ololcc.net](mailto:olol@ololcc.net) \* [www.ololcc.net](http://www.ololcc.net)**

## PARISH INFORMATION

### OFFICE HOURS

**Monday – Friday:** 8:00 AM – 4:00 PM

### REGISTRATION

Visit [www.ololcc.net](http://www.ololcc.net) and click “I’m New” to join our parish.

### MASS SCHEDULE

**Sunday Mass:** 5:30 PM Vigil (Saturday)  
8:00 AM \* 10:00 AM \* 12:00 PM \* 5:00 PM (Español)

**Monday-Friday:** 6:45 AM \* 12:00 PM

**Saturday morning:** 9:00 AM

**July 4th & Thanksgiving:** 10:00 AM

**All Other Federal Holidays:** 9:00 AM

**Holy Days of Obligation:** 7:00 PM Vigil \* 6:45 AM \*  
12:00 PM \* 7:00 PM

• Note schedule changes for Christmas, Holy Week, Easter, and other Holidays and special occasions.

### CONFESSIONS

**Saturday:** 4:00 PM – 5:00 PM

**Sunday:** 4:15 PM – 4:45 PM (Español)

**Tuesday:** 12:00 PM

**Thursday & Friday:** 12:30 PM

• Note special Confessions schedules during Advent, Lent and Holy Week.

### ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

### EXPOSITION OF THE BLESSED SACRAMENT

**Fridays:** 12:30 PM – 3:00 PM

### ROSARY

**Monday – Friday:** 6:15 AM \* 11:30 AM

**Saturday:** 9:30 AM

### DEVOTIONS

**Miraculous Medal Novena - Wednesday:** 12:30 PM

**Divine Mercy Chaplet - Friday:** 3:00 PM

### CLERGY

Fr. Frederick H. Edlefsen, *Pastor*

Fr. Joseph R. Kenna, *Parochial Vicar*

Fr. Daniel L. Mode, *In Residence*

Fr. Steven R. Walker, *In Residence*

### STAFF

Ms. Debra Corrie, *Office Manager*

Mrs. Mary Ellen Hill, *Office Assistant*

Mrs. Esperanza Miranda, *Office Assistant*

Ms. Leigh Hasson, *Director of Religious Education (DRE)*

Mr. Tom Bartolomeo, *Director of Music*

## SACRAMENTS

### BAPTISM

Children’s Baptisms arranged by appointment.

Visit [www.ololcc.net](http://www.ololcc.net) and click “Mass & More” and “Baptism” to submit a request. Or call the Rectory Office.

### FIRST HOLY COMMUNION

**Grades 1-2** prepare for First Holy Communion in our two-year CCD program. Visit [www.ololcc.net](http://www.ololcc.net) and click “Get Involved” and “Religious Education” to register.

### CONFIRMATION

**Grades 7 & 8** prepare for Confirmation in our CCD program. Visit [www.ololcc.net](http://www.ololcc.net) and click “Get Involved” and “Religious Education” to register. Or contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net).

**Youth Ages 14-17:** Contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

**Baptized Adults 18+:** Follow the prompts on “How Can I Help You” on our website [www.ololcc.net](http://www.ololcc.net) or contact the Rectory Office.

### BECOMING CATHOLIC & ADULT CONFIRMATION

The Rite of Christian Initiation for Adults (RCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall with a view to receiving these Sacraments at the Easter Vigil Mass. Visit [www.ololcc.net](http://www.ololcc.net) and click “Get Involved” and “Explore Catholicism” to register. Or call the Rectory Office to speak with a priest.

### GODPARENTS AND CONFIRMATION SPONSORS

Have you been asked to be Godparent or Confirmation Sponsor? Go to our website and click “How Can We Help You?” and follow the prompts for Sacraments of Initiation and Godparents/Sponsors. Or call the Rectory Office.

### MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at [www.ololcc.net](http://www.ololcc.net) under “Mass & More” and “Marriage Prep”.



July 2, 2023  
The 13<sup>th</sup> Sunday in Ordinary Time

WEEKLY MASS INTENTIONS

SATURDAY JULY 1

*St. Junipero Serra, Priest*

9:00 AM + Captain Zeb Knott by Rita Knott  
5:30 PM Hugo Noé by The Noé-Chavez Family

SUNDAY JULY 2

*Thirteenth Sunday in Ordinary Time*

8:00 AM + Robert A. Rachko, Sr. by Maria Hughes  
10:00 AM For all parishioners, living and deceased  
12:00 PM Judy and Richard Weimer by Fr. Frederick Edlefsen

5:00 PM (Spanish Celebrant's Intentions)

MONDAY JULY 3

*St. Thomas, Apostle*

6:45 AM Nick Vetrano by Janet Vetrano  
12:00 PM Fr. Lino Rico Rostro by Fr. Frederick Edlefsen

TUESDAY JULY 4

10:00 AM Thomas W. Myers by Fr. Frederick Edlefsen

WEDNESDAY JULY 5

*St. Anthony Zaccaria, Priest; St. Elizabeth of Portugal*

6:45 AM Nick Vetrano by Janet Vetrano  
12:00 + Esperanza Merlos de Orellana by The OLOL staff

THURSDAY JULY 6 PM Carol Breast

*St. Maria Goretti, Virgin and Martyr*

6:45 AM Nick Vetrano by Janet Vetrano  
12:00 PM Intentions of the Venoit Family by The Venoit Family

FRIDAY JULY 7

6:45 AM Mike Tibbs by James and Maryellen Tibbs  
12:00 PM + Esperanza Merlos de Orellana by The OLOL staff

MASS INTENTIONS

You are invited to honor a friend, relative, or loved one with an Our Lady of Lourdes Mass! Please contact the Rectory Office at 703-684-9261 or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

What is the Holy Spirit's Gift of Counsel?

By Fr. Edlefsen

The Holy Spirit's subtle "whispers" play like background music throughout our lives. Like sails on a ship, the Gifts make us available and open to the Holy Spirit's breath.

So far, I've written three articles on the Gifts of the Spirit: Wisdom, Understanding, and Knowledge. Through Wisdom, we become intimate with Christ. Through Understanding, our faith is deepened. Through Knowledge, we see the human condition as it really is: beautiful, profoundly broken and sinful, but redeemed by Christ. This article is about the Gift of Counsel.

Life is full of impasses and impossible situations, thanks to Adam's fall. At times, we do not know what to say or do. We struggle to carry our own virtue. Our best judgment, and all the best advice, falls short. But God knows exactly what we should say or do, and what we should not say or not do, in any given situation. Through the Gift of Counsel, the Holy Spirit puts God's thought in our mind, God's action in our heart, and God's word on our lips. Through Counsel, the Holy Spirit moves us to not only do or say the *right thing*, but to do or say it at the *right time*. Our words and actions fall fruitfully into the fertile soil of another person's soul, with life-giving effect. When the Holy Spirit works through Counsel, we may or may not perceive it. However, if we pray daily for this Gift, we become powerful instruments of God's grace and providence.

Counsel is a practical Gift. Pray for it especially when you are in difficult or troubling circumstances, or before important discussions, giving advice, teaching, or dealing with a "tough case." ***Counsel perfects the virtue of prudence (good judgment). It produces the Beatitude, "Blessed are merciful, for they shall receive mercy." Counsel blossoms into mercy.***

A shoot will sprout from the stump of Jesse.

From his roots a branch will blossom.

The Spirit of the Lord will rest on him—  
the Spirit of Wisdom and of Understanding,  
the Spirit of Counsel and of Courage,  
the Spirit of Knowledge and Fear of the Lord—  
and his Delight is Fear of the Lord. (Isaiah 11:1-3)



Photo Credits: Illustration by Abigail Witte

## OUR PARISH

### MESSAGE FROM THE PASTOR

This summer, you are called to grow in your relationship with Jesus Christ. Fr. Edlefsen asks everyone to commit to attending one or more weekday Masses per week, going to monthly Confession, spending quiet time with the Bible before the Blessed Sacrament, and meditating daily for five minutes on the day's Mass readings. Christ is calling you to renew your faith in His real presence in the Eucharist, and your mission to bring God's life and justice to the world. Feel free to speak with a priest.



### SAINT VINCENT DE PAUL SOCIETY (SVDP)

The Society of St. Vincent de Paul (SVDP) is still looking for volunteers. If you would like to volunteer, please send an email to [SVDPLOLconference@gmail.com](mailto:SVDPLOLconference@gmail.com). Next meeting as a conference will be on Tuesday, July 11 at 7:00 PM at the Parish Hall.

### HELPING HANDS FOOD DRIVE – THANK YOU!

Thank you for your generous support to our June food drive to benefit Christ House. Through your support, you are helping feed the hungry!

### PLEASE PRAY FOR

**Paul Durand, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, Jim & Becky McManaman, Bridget Hinds, Jose Silva, and Peter & Geraldine Filpi.** Please contact the Rectory at 703-684-9261 or [lol@lolcc.net](mailto:lol@lolcc.net) to arrange.

### PRO-LIFE ROSARY

**Tuesdays \* 7:00 PM \* Our Lady of Lourdes**

Join our Pro-Life Committee in the church to pray a weekly rosary for the unborn and put an end to abortions.



### PRAYER CHAIN

Have an urgent need for prayers? Members of our parish will pray for your intention. Please contact James at 703-887-7117 or [ejt@cybtek.com](mailto:ejt@cybtek.com) with your request. Please provide a first name and prayer intention for persons needing prayer.

### ALTAR FLOWERS

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one, or to commemorate a special event. Sponsorship is \$50/week. Please contact the Rectory Office at 703-684-9261 or [lol@lolcc.net](mailto:lol@lolcc.net) to arrange. **Next available date is July 9.**

### PARISH REGISTRATION – WHY IS IMPORTANT?

Parish registration provides a unique opportunity to participate fully in the life of the parish, discover the joy of community, and to find a spiritual family where you can grow in holiness together. To register in our parish, please use the QR code on the bulletin cover or visit our website [www.olocc.net](http://www.olocc.net) and click "I'm New".

### SAVE THE DATE: New Parishioners, New Volunteers, and All Volunteers!

Attention new parishioners, and all volunteers, new and veteran! You are invited to a reception after the Noon mass on **Sunday, July 30<sup>th</sup>**, to get to know one another as well as meet our new volunteers and new parishioners. There will be food and drinks for everyone in the Parish Hall and time to connect and have fun.

### PARISH OFFICE CLOSED JULY 4<sup>th</sup>

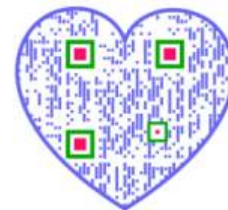
The Parish Office will be closed on Tuesday July 4th in observance of Independence Day.



## VOLUNTEER

### VOLUNTEER AT OUR LADY OF LOURDES

Everyone has a unique gift to be shared with others. Scan the volunteer QR code on the cover of this bulletin or visit our volunteer page on [www.olocc.net](http://www.olocc.net) to learn more about our parish ministries. We are still in great need for sacristans, money counters, choir singers and CCD Teachers. Thank you for your support to our Parish Community!





## RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

- Would you or someone you know like to become Catholic?
- Are you already baptized Catholic adult but still need Confirmation or First Communion?
- Do you just want to explore Catholicism?
- Are you already a fully initiated Catholic but want a refresher course on your faith?

If you answered “yes” to any of these questions, the **Rite of Christian Initiation of Adults (RCIA)** is for you. Starting this September 11, RCIA classes will be held on Mondays at 7:00 PM in a Parish Hall classroom. These classes prepare *catechumens* (people preparing for Baptism) and *candidates* (baptized people preparing for Confirmation and/or Communion) to receive these sacraments at the Easter Vigil Mass on March 30, 2024. To sign up for classes, please see our website [www.ololcc.net](http://www.ololcc.net) or contact the parish office.

## BE AN ANGEL

“*GARDENING ANGELS*” needed to help maintain the churchyard gardens. No experience necessary. Join in and learn as you work. Hours to fit your schedule. Please send an email to Carole DeLong at [cdeLong828@aol.com](mailto:cdeLong828@aol.com).

## A FEW GOOD MEN NEEDED



**Boys in the 4<sup>th</sup> grade or older** are invited to serve at the Altar. If your son would like to be trained as an **Altar Server**, please contact Joe Mazel at [joe.mazel14@gmail.com](mailto:joe.mazel14@gmail.com). Once trained, boys will be scheduled to serve one Mass per weekend. Siblings may serve together.

## RELIGIOUS EDUCATION

### REGISTER NOW FOR CCD

CCD classes are held on Sunday mornings, and children can join throughout the school year. To register, submit the CCD Sign Up Form on our website under “Get Involved” and “Religious Education.” Please contact Leigh Hasson, our DRE, at [dre@ololcc.net](mailto:dre@ololcc.net) with any questions.

## INTERESTED IN BECOMING A CCD TEACHER?

### DO YOU WANT TO PASS ON THE FAITH TO OUR YOUTH?

Our CCD catechism program for youth (grades pre-K to 8) seeks volunteer religion teachers for this upcoming school year, starting in September. Faith formation and sacramental preparation of youth is a vital mission of our parish. It’s also an opportunity to join a fun and creative team of mission-oriented volunteers. If you would like to join that mission, **please contact Leigh Hasson, our Director of Religious Education, at [dre@ololcc.net](mailto:dre@ololcc.net)**.

## FORMED

### Free Catholic Films, Podcasts, Audio Books & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED – nicknamed “Catholic Netflix” – an online Catholic media streaming service! Enjoy hundreds of Catholic films, e-books, podcasts, study courses, and more on your computer, tablet, and smartphone. Register at [formed.org/signup](http://formed.org/signup) and enter zip code “22202” or “Our Lady of Lourdes VA” to start using this service as a fun way to grow in your faith.

## THE ARLINGTON DIOCESE

### A JUBILEE JOURNEY WITH MARY

Marian Pilgrimage to Celebrate the Diocese’s Jubilee Year Mary has been given titles from Scripture, from teachings of the Church, and from many instances that Mary visited places on the earth to encourage people to spend more

time in prayer with Jesus. There are 11 churches in the Diocese of Arlington which are named after Mary or one of her many titles. During this second year of preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to visit as many of those churches named after the Blessed Mother and spend time in prayer at each! Our Lady of Lourdes is one of the 11 churches that made the list! Learn more at:

<https://www.arlingtondiocese.org/jubileejourney/>

### GMU CATHOLIC CAMPUS MINISTRY

#### Thursday Night Gatherings at GMU CM

All current college students and high school students (class of 2023) are invited to join the Catholic Patriots of George Mason University every Thursday in the months of June and July from 7-9 p.m. at the Chapel for faith, fun, and fellowship. 4515 Roberts Road, Fairfax, VA. Go to [gmuccm.org](http://gmuccm.org) for more information.

### PRAISE AND WORSHIP HOLY HOUR FOR HEALING AND CONVERSION.

**Tuesday, July 11 \*7:30 - 8:30 PM \* St. Leo the Great, Fairfax**  
Join in praise and worship. Fr. Robert Wagner will lead in prayer along with musician Michelle Jacobeen. Our special intention is for the conversion and healing in families. The Sacrament of Reconciliation will be available.



### VICTIM ASSISTANCE PROGRAM FOR THOSE SEXUALLY ABUSED AS MINORS

The Catholic Diocese of Arlington offers comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan **Victim Assistance Coordinator**, who will provide support, consultation, and referrals. The Catholic Diocese of Arlington is committed to assisting victims/survivors throughout the healing process. Visit [www.arlingtondiocese.org/victim-assistance/](http://www.arlingtondiocese.org/victim-assistance/) or contact (703) 841-2350 for more information.

### BISHOP'S PODCAST: WALK HUMBLY

Look for Bishop Burbidge's Homilies and Podcasts at [www.arlingtondiocese.org/bishop/on-the-air](http://www.arlingtondiocese.org/bishop/on-the-air). Bishop Burbidge offers a Catholic perspective on the most recent events in the news and our society, and he answers questions from the faithful.

### MARY, EXPLAINED

During the second year of preparation for the Diocese's Golden Jubilee, Bishop Burbidge invites us to look at Mary, our Blessed Mother, and imitate her example of receiving the Word and bearing the Word into the world. To help us with this, the Diocese has prepared a 7-part video series in which religious, priests and lay faithful from our diocese explain the theology, traditions and devotions about Our Lady so that we can all grow closer to her with the ultimate goal of growing closer to Christ. A short video is released every month. To watch, visit <https://www.arlingtondiocese.org/maryexplained/>

## STEWARDSHIP

### FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code below or on the cover of this bulletin, or visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code VA327.



### ESTATE PLANNING FOR YOU...AND OUR PARISH

Giving is a very important part of the life of a person devoted to Jesus Christ. Planned giving simply means planning for the future, whether it is your retirement or the future of your parish community. Your planned gift is a tangible way to express your unending gratitude to God for a lifetime of blessings. For more information on naming our parish or the diocese in you will, contact your attorney or visit [arlingtondiocese.planmylegacy.org](http://arlingtondiocese.planmylegacy.org)

### SECOND COLLECTION NEXT WEEKEND

**July 8 & 9 \* Pastoral Solidarity Fund for Africa**

### SPONSOR OF THE WEEK

**St. Anne's Retirement Community.** A Catholic-centered community. 717-285-6197. [www.StAnnesRC.org](http://www.StAnnesRC.org)

## VOCATIONS

### SUNDAYS WITH THE SISTERS REJOICE TOUR 2023

All events are on Sun. 2 - 5 PM

The Sundays with the Sisters Rejoice Tour 2023 is a chance to witness the joy of these religious sisters. An initiative for the year of preparation for our diocesan jubilee in 2024. The tour features events at a different convent each month, bringing together sisters and lay women for prayer and community. **For single women ages 18-50.** No registration needed, RSVP to [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org) the Monday prior to the gathering(s) if you wish to attend.

**Next on the Schedule:**

July 23 – Poor Sisters of St. Joseph (in Spanish)

Sept 24 – Poor Clares, Mother of the Church Monastery

### SERMON ON THE MOUNT MEN'S SILENT RETREAT

**July 14-16 \* San Damiano Retreat Center, White Post**

All Diocesan men are invited to join Fr. William Saunders from Friday-Sunday, July 14-16 at the San Damiano Spiritual Life Center in White Post, VA to explore the Sermon on the Mount beginning with personal self-examination through the Beatitudes, living the fullness of the moral life facing the challenges of today, and spiritual strengthening through prayer, fasting, and almsgiving. Retreat cost is \$285. For further information or to register for this retreat, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).

### SENIORS SILENT RETREAT

**July 21-23 \* San Damiano Retreat Center, White Post, VA**

Isn't it a challenge, living in the midst of our 'throwaway culture,' for those who are 'full of years,' to understand our place in the world - and in our Church? Join Fr. John Riley, Spiritual Director at San Damiano, from Friday-Sunday, July 21-23, 2023, as we search the Scriptures, pray with Jesus in the Gospels, and consider the Crosses and the Consolations of Old Age. Retreat cost is \$285, and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).

### ST. CATHERINE OF SIENA WOMEN'S SILENT RETREAT

**August 11-13 \* San Damiano Retreat Center, White Post, VA**

Join Fr. James Hudgins, Pastor at St. Theresa Catholic Church, to read and rest, think and pray with Jesus and Catherine from Friday-Sunday, August 11-13 at the San Damiano Spiritual Life Center in White Post, VA. Saint Catherine is one of the four women who are identified as

a Doctor of the Church. A mystic and crusader, she composed over 400 letters, her Dialog, and prayers. Retreat cost is \$285. For further information or to register, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).

### NATIONAL EUCHARISTIC REVIVAL Year of Parish Revival

June 2023 – June 2024 is every parish's year for a National Eucharistic Revival, an initiative of the US Bishops and promoted by Bishop Burbidge to deepen our relationship with Jesus Christ through the celebration of the Eucharist. To learn more about this exciting initiative and how you can be a part of it, see the ad in the bulletin or visit <https://www.eucharisticrevival.org/>

***"HE THAT SHALL LOSE HIS LIFE FOR ME, SHALL FIND IT"***

Find your life by answering God's call in your life, Seek him as you strive for holiness. If you need help discerning your vocation, contact Fr. Michael Isenberg, Vocations Director, at (703) 841-2514 or email: [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org).



Bulletin Cover Art: Yelin, Rudolf. The Sermon on the Mount. Circa 1912.

## NUESTRA PARROQUIA

### MENSAJE DE NUESTRO PASTOR

Este verano, estás llamado a crecer en tu relación con Jesucristo. El P. Edlefsen pide a todos que se comprometan a asistir a una o más Misas diarias durante la semana, a ir a la Confesión una vez al mes, a pasar tiempo con la Biblia ante el Santísimo Sacramento y a meditar diariamente durante cinco minutos sobre las lecturas de la Misa del día. Cristo te está llamando a renovar tu fe en Su presencia real en la Eucaristía, y tu misión de llevar el mensaje de vida y justicia de Dios al mundo. Siéntase libre de hablar con un sacerdote.

### CONFERENCIA DE LA SOCIEDAD DE SAN VICENTE DE PAÚL (SVDP)

La conferencia de la Sociedad de San Vicente de Paúl (SVDP) de Nuestra Señora de Lourdes ya comenzó a proporcionar asistencia financiera para servicios públicos, alquiler y otra asistencia financiera de emergencia. Si desea ser voluntario con SVDP, envíe un correo electrónico a [SVDPOLconference@gmail.com](mailto:SVDPOLconference@gmail.com)

### BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, o sea, personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible y tiene todos los requisitos para apadrinar un niño/niña. La carta debe tener sello de la parroquia, firmada por el párroco y traerla a la parroquia de Nuestra Señora de Lourdes una semana antes del día del bautismo. La próxima charla pre-bautismal será el **Domingo, 30 de Julio, 2023** en el Lourdes Center, a las 6:15 PM después de la Misa.

### SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia debe comunicarse con la oficina 7 -8 meses antes de la fecha del matrimonio al 703-684-9261.

### POR FAVOR, OREN POR

Paul Durand, Ed Boehme, Rosa Diéquez, April García, Ron Harris, Jim y Becky McManaman, Bridget Hinds, José Silva y Peter y Geraldine Filpi.

## ¿Cuál es el don de Consejo del Espíritu Santo?

Por el P. Edlefsen

Los sutiles "susurros" del Espíritu Santo suenan como música de fondo a lo largo de nuestras vidas. Como velas en un barco, los Dones nos hacen disponibles y abiertos al aliento del Espíritu Santo.

Hasta ahora, he escrito tres artículos sobre los Dones del Espíritu: Sabiduría, Entendimiento y Conocimiento. A través de la Sabiduría, nos volvemos íntimos con Cristo. A través del Entendimiento, nuestra fe se profundiza. A través del Conocimiento, vemos la condición humana como realmente es: hermosa, profundamente quebrantada y pecaminosa, pero redimida por Cristo. Este artículo trata sobre el don del Consejo.

La vida está llena de callejones sin salida y situaciones imposibles, gracias al pecado original de Adán. A veces, no sabemos qué decir o que hacer. Luchamos por mantener nuestra propia moralidad.

Nuestro mejor juicio, y todos los mejores consejos, se quedan cortos. Pero Dios sabe exactamente lo que debemos decir o hacer, y lo que no debemos decir o no hacer, en cualquier situación dada.

A través del don del Consejo, el Espíritu Santo pone el pensamiento de Dios en nuestra mente, la acción de Dios en nuestro corazón y la palabra de Dios en nuestros labios. A través del Consejo, el Espíritu Santo nos mueve no solo a hacer o decir *lo correcto*, sino a hacerlo o decirlo en el *momento adecuado*.

Nuestras palabras y acciones caen fructíferamente en el suelo fértil del alma de otra persona, creando un efecto vital. Cuando el Espíritu Santo obra a través del Consejo, podemos o no percibirlo. Sin embargo, si oramos diariamente por este Don, nos convertimos en poderosos instrumentos de la gracia y providencia de Dios.

El Consejo es un don práctico. Ore por ello, especialmente cuando se encuentre en circunstancias difíciles o preocupantes, o antes de emprender discusiones importantes, dar consejos, enseñar o lidiar con un "caso difícil". ***El consejo perfecciona la virtud de la prudencia (buen juicio). Produce la Bienaventuranza: "Bienaventurados los misericordiosos, porque ellos recibirán misericordia". El consejo florece en la misericordia.***

Saldrá una rama del tronco de Jesé  
Y un retoño brotara de sus raíces  
Sobre él reposara el Espíritu del Señor:  
Espíritu de Sabiduría y de Inteligencia,  
Espíritu de Consejo y de Fortaleza,  
Espíritu de Conocimiento y Temor del Señor:  
y lo inspirará el Temor del Señor. (Isaías 11:1-3)



Photo Credits: Illustration by Abigail Witte



Comuníquese con la Rectoría al 703-684-9261 o [olol@ololcc.net](mailto:olol@ololcc.net) si necesita incluir a alguien en oración.

## EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM – 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!

## DONACIONES EN LÍNEA CON FAITH DIRECT



¡Nuestra Señora de Lourdes acepta donaciones en línea a través de Faith Direct! Puede donar a todas las colectas de nuestra parroquia y establecer pagos recurrentes en su propio horario. Para inscribirse, escanee el código QR que se indica abajo o en la portada de este boletín, o visite [www.faithdirect.net](http://www.faithdirect.net) e ingrese código parroquial VA327.

## REGISTRO PARROQUIAL - ¿POR QUÉ ES IMPORTANTE?

El registro parroquial ofrece una oportunidad única para participar plenamente en la vida de la parroquia, descubrir la alegría de una comunidad y una familia espiritual donde puedan crecer juntos en santidad. También es importante que se registre para que podamos atender a sus diversas necesidades, incluyendo preparación sacramental, educación religiosa y recibir certificados para ser padrinos. Para registrarse en nuestra parroquia, utilice el código QR en la portada del boletín, visite nuestro sitio web [www.ololcc.net](http://www.ololcc.net) y haga click en "Soy nuevo", o comuníquese con la Rectoría al 703-684-9261..

## GRUPOS VOLUNTARIOS

### MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730.

### GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM. Comunicarse con José Granados al 703-869-9469 o Sergio Benitez al 240-706-2447.

### LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM. Comunicarse con Rosa Benítez al 571-501-3435.

### LECTORES

Si deseas unirte al ministerio de la Liturgia como *lector*, comuníquese con Ana Rivera al 703-508-7751.

## UJIERES

Si quieres servir como *ujier*, comunicarse con Reynaldo Campos (703-626-5473) o Manuel Bonilla (571-594-2769).

## CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990.

## EDUCACIÓN RELIGIOSA

### ¿INTERESADO EN SER CATEQUISTA?

Si quieres transmitir la fe a nuestros jóvenes, nuestro programa de catecismo en español para jóvenes (grados pre-K a 8) busca maestros voluntarios de religión para este próximo año

escolar, que comienza en septiembre.

La formación en la fe y la preparación

sacramental de los jóvenes es una

misión vital de nuestra parroquia. También es una

oportunidad para unirse a un equipo diverso de voluntarios

animados a cumplir esta misión. Si desea unirse a este

equipo, comunicarse con Leigh Hasson, nuestra Directora

de Educación Religiosa, a [dre@ololcc.net](mailto:dre@ololcc.net).



### 13o DOMINGO DEL TIEMPO ORDINARIO

**"...y el que no toma su cruz y me sigue no es digno de mi." Mateo 10:38.**

El papa Benedicto XVI dijo: "El mundo ofrece su comodidad, pero no fuimos hechos para la comodidad, sino fuimos hechos para la grandeza". La "comodidad" me pone a mi primero. "Tomar tu cruz y seguir a Jesús" pone a Dios y a los demás primero. ¡Tome su cruz, pídale a Jesús que lo guíe para utilizar sus dones y viva la vida que Dios tiene dispuesta para usted!

## LA DIÓCESIS DE ARLINGTON

### UN CAMINO DE JUBILEO CON MARIA

¿Sabías que hay 11 iglesias en la Diócesis de Arlington que llevan el nombre de un título de María? Durante este segundo año de preparación para el Jubileo de Oro de la Diócesis, se nos anima a todos a centrarnos en María y su papel de llevarnos a Jesús. ¡Con este fin, el obispo Burbidge nos invita a visitar tantas de esas 11 iglesias como sea posible y pasar tiempo en oración en cada una! Nuestra Señora de Lourdes es una de ellas. Visite [www.arlingtondiocese.org/jubileejourney](http://www.arlingtondiocese.org/jubileejourney) para obtener más información. ¡Esperamos que esta iniciativa nos anime a crecer en nuestra comprensión de María y nuestra devoción por ella!

# Ready to be a part of something life-changing?

It's an exciting time to be Catholic! The National Eucharistic Revival is a movement to restore understanding and devotion to the Eucharist: the greatest gift God has ever given to humanity and the very source of our strength. Encounter the reality of the Real Presence, and fall in love with your faith like never before.

## WAYS TO EXPERIENCE THE REVIVAL

- ◆ Join a Eucharistic Revival small group.
- ◆ Sign up for the *Heart of the Revival* newsletter.
- ◆ Keep an eye out for upcoming Revival events in your area.
- ◆ Explore our free library of videos on the Eucharist for information and inspiration!
- ◆ Intercede for the Revival through prayer and fasting.
- ◆ Register for the long-awaited National Eucharistic Congress.
- ◆ Learn more about the historic National Eucharistic Pilgrimage.
- ◆ Help bring the Revival to your parish!

SCAN THE CODE TO GET STARTED!

[eucharisticrevival.org](http://eucharisticrevival.org)





# A year after Dobbs

Women supported by Catholic ministries

## BABY SUPPLIES



**392,750**  
diapers

**20,355**  
packages of wipes

**4,089**  
cans of formula

## HOUSING



**\$1.36 million**

in rental/utilities assistance  
Single moms with children had the greatest need

**10,182** people and their  
families prevented from  
becoming homeless

## JOBS



**318** women assisted  
in finding **stable**  
**employment**

## PRENATAL CARE



**\$877,900**

in **medical**  
**care** provided

**1,039**  
**women** served

\* This is a snapshot of work being done in the Arlington diocese from a May 2023 survey. Responses came from 24 parishes, Gabriel Project partners, Catholic Charities ministries, St. Vincent de Paul societies, Knights of Columbus councils, and other organizations in the Diocese. The data represents donations and efforts that took place between June 24, 2022 and June 16, 2023.

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