



OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET

 @OLOL_ARLINGTON

*Were not our **hearts burning**
within us while he spoke to us
on the way and opened the
scriptures to us?*

LUKE 24:32



APRIL 19, 2026

Third Sunday of Easter

19 DE ABRIL DE 2026

Tercer domingo de Pascua

PARISH INFORMATION

OFFICE HOURS

Monday - Friday, 8:00 AM - 4:00 PM

REGISTRATION

Visit www.ololcc.net and click "I'm New" or scan the QR code



Parish



eGiving

Registration

MASS SCHEDULE

Sunday 5:30 PM Vigil (Saturday), 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM (Español)
 Monday - Friday 6:45 AM, 12:00 PM
 Saturday 9:00 AM
 Holy Days of Obligation 7:00 PM (Vigil), 6:45 AM, 12:00 PM, 7:00 PM
 Federal Holidays 10:00 AM (Monday-Thursday)

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

CONFESSIONS

Saturday 4:00 - 5:00 PM
 Sunday 4:15 - 4:45 PM (Español)
 Tuesday 12:30 PM
 Thursday 12:30 PM
 Friday 12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

APRIL MONDAY 20	APRIL TUESDAY 21	APRIL WEDNESDAY 22	APRIL THURSDAY 23	APRIL FRIDAY 24
Rosary 6:15 AM, 11:30 AM Scout Meeting 7:00 PM <i>Parish Hall</i>	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Miraculous Medal Novena 12:30 PM Legion of Mary 7:30 PM <i>Parish Hall</i>	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Exposition of the Blessed Sacrament 12:30 PM-3:00 PM Divine Mercy Chaplet 3:00 PM
APRIL SATURDAY 25	APRIL SUNDAY 26	CLERGY Fr. Frederick H. Edlefsen, Pastor Fr. Francis Peffley, Parochial Vicar Fr. Bradley Lawrence, In Residence Fr. Noah Morey, In Residence STAFF Ms. Stephanie Vindell, Office Manager Mrs. Marie Macnamara, Sacramental Records Mrs. Esperanza Miranda, Parish Assistant Mrs. Maria A González de Pastrán, Parish Assistant Ms. Alicia Hamar, Parish Assistant Ms. Leigh Hasson, Director of Religious Education (DRE) Mrs. Kathryn Retta, Director of Music		
Rosary 9:30 AM Prayer Group (Español) 5:00 PM <i>Parish Hall</i>	May Crowning 11:00 AM Bread & Brews 1:00 PM <i>McNamara's Pub</i> Community Coffee Hour (Español) 6:00 PM <i>Parish Hall</i>			



On the Road

By Fr. Frederick Edlefsen

Jesus joins two travelers who were on the road to Emmaus. Where was Emmaus? We're not sure. The name "Emmaus" is said to derive from a Hebrew word suggesting "hot springs" or "healing baths" or a "place of transformation." So, the wayfarers en route to Emmaus could just as well be any of us. We're not exactly sure where we're going. But wherever it is, the journey of Faith is healing and transforming and leads to Heaven.

The travelers – Cleopas and an unnamed other – were not expecting another companion. They were discussing the latest news: their Prophet and Savior was crucified and killed, and now they say he is risen from the dead. Without invitation – and without knowing who this person was – the subject of their conversation joins them. He listens and asks questions. They marveled at his ignorance. "We hoped that this Jesus would be the one to redeem Israel" and "some women" said they found his tomb empty and heard angels say he was alive. I bet the travelers couldn't wait to get to "hot springs."

Jesus butted in: "You fools." He explained how the Scriptures foretold all that came to pass. He was out of their depth, but the travelers' hearts "burned within" beyond their understanding. As sunset casted long shadows, they invited this buttinsky to stay with them at an inn. That evening, they broke bread together, and they recognized him. Then he vanished. They were stuck with bill.

This is our story. Life's journey is a road to a place of healing springs – to Emmaus. We walk and talk on earth, and most of what we say is guessing. But that's OK. We're trying to figure it out. But every now and then, the divine Truth, Beauty, and Goodness silences our talk and our hearts burn with a sense of wonder and the promise of new life. We ask Christ to "stay with us" as the sun sets on our brief lives.

At Mass and in Holy Communion, we recognize the Risen Lord in the "breaking of the bread." We recognize him in Confession when he forgives us. We recognize him when we love our neighbor as ourselves. Though the sun sets on history and the shadows of time obscure the divine Light, we know Christ is Risen! He is with us always until the End of the Age.

Upcoming Events

Sunday, April 19

Coffee & Donuts



Coffee & Donuts will be available after the 8:00, 10:00, and 12:00 Masses on April 19th. Come for the coffee, stay for the community!

Sunday, April 26

May Crowning



After the 10:00 AM Mass, all are invited to participate in the May Crowning tradition that recognized Mary as the Queen of Heaven.

Sunday, April 26

Bread & Brews



Join us after the Noon Mass at McNamara's on 23rd St for a young adult gathering.

Sunday, May 3

Knights of Columbus Brunch



Join us for Pancakes, made-to-order omelet, coffee cake, bacon, sausage, fresh fruit, and much more in the Parish Hall.

Sunday, May 24

Volunteer Luncheon



All volunteers are invited to join for a luncheon after the Noon Mass as a thank you for all your work to support our parish.

Saturday-Sunday, May 30-31

Volunteer Fair

All volunteer ministries will be present after the weekend masses for you to learn more and sign up to get involved in our Parish.



OUR PARISH



Welcome

Are you new to the Parish?
WE INVITE YOU TO REGISTER
 Use the QR code or visit ololcc.net
 and select "I'm New."



Honor a loved one with a Mass at Our Lady of Lourdes. Contact the Rectory Office: 703.684.9261 or OLOL@OLOLCC.net

APRIL 19, 2026
 Third Sunday of Easter
 Weekly Mass Intentions

SATURDAY

9:00 AM † Showane Smith
 5:30 PM Rev. Francis Peffley

APRIL 18

SUNDAY

Third Sunday of Easter

8:00 AM † Barbara and Bob Rachko
 10:00 AM All Parishioners, Living & Deceased
 12:00 PM † John Frye
 5:00 PM † Melva Stevenson

APRIL 19

MONDAY

6:45 AM Jim & Carol Johnson
 12:00 PM † Adam Beaver

APRIL 20

TUESDAY

St. Anselm. Bishop and Doctor of the Church

6:45 AM John Merlino
 12:00 PM † Sean Harrington

APRIL 21

WEDNESDAY

6:45 AM † James Cancienne
 12:00 PM Andrew Lopus

APRIL 22

THURSDAY

St. George, St. Adalbert, Martyrs

6:45 AM † James Cancienne
 12:00 PM Julian Frye

APRIL 23

FRIDAY

St. Fidelis of Sigmaringen, Priest and Martyr

6:45 AM Bradley and Amanda Nadeau
 12:00 PM † Phil Eckert

APRIL 24

Please consider sponsoring our weekly altar flowers. This can be done in honor or in memory of a loved one, to commemorate a special event, or as a way to support our Parish. Sponsorships are \$50. Email or call the Rectory Office to schedule 703-684-9261 or OLOL@OLOLCC.net.

VOLUNTEERS NEEDED

We are seeking volunteers for the following ministries:
Saint Vincent de Paul - Spanish speaking volunteers are needed for helping our neighbors in need.
Sacristans for the 12:00 PM weekday Mass. Sacristans assist before Mass to prepare the sanctuary for worship.
CCD teachers for grade 5-7. CCD teachers explain and share the basic fundamentals of the faith with the young people of the parish and prepare them to receive Sacraments.
Money Counters. Counters steward the offertory collections gathered during Mass by working in teams of three or more.

Sign up at the QR code.



PRAYER IN OUR PARISH

PLEASE PRAY FOR

Matilde Cruz, Diego DiMassimo, Anne Durand, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Brian Macnamara, Julia Macnamara, James Merna Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Jose Silva, Kathryn Updegraff, Lourdes Velasquez, Joyce Velde, Victor Villalobos, and Ismael A. Zavala Umaña. Contact the Rectory Office, 703-684-9261 or lol@lolcc.net to add or remove a name.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.



LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. To learn more about the Legion and its work, join us for a meeting. We meet every Wednesday, 7:30-9 PM, Lourdes Center (lower level). Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

Prayer from

*St. Anselm
of Canterbury*

O Lord my God,
teach my heart this day
where and how to seek you,
where and how to find you.
Amen.



After Flowers

This week's Altar Flowers
are sponsored in loving memory of
Gladys Johanna Villalobos
by Marilyn and David Caballero

Email or call the Rectory Office to schedule
703-684-9261 or LOL@LOLCC.net
Sponsorship is \$50.
Next available date is April 26, 2026.



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit lolcc.net, click "Mass & More" and "Baptism" to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit lolcc.net, click "Get Involved," then "Religious Education" to register. Or contact dre@lolcc.net.

CONFIRMATION

Grades 7-8 prepare for confirmation in our CCD program. Visit lolcc.net, click "Get Involved" and then "Religious Education" to register. Or contact dre@lolcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

OCIA is for adults 18+ seeking the Sacraments of Initiation (Baptism, Holy Communion, Confirmation). Visit lolcc.net and click "Get Involved" and "Explore Catholicism" to register. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at lolcc.net under Mass & More and Marriage Prep.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

All volunteers are invited to

JOIN US FOR A

Volunteer Luncheon

SUNDAY, MAY 24

Immediately following the 12:00 PM Mass
in the Parish Main Hall

Delicious Cuisine • Warm Conversations



OUR LADY
of LOURDES
Arlington, Virginia



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of LOURDES
Arlington, Virginia

Annual Volunteer Fair

May 30 - 31

Are you looking for a way to deepen your faith, meet fellow parishioners, and give back to our Parish? Join us after the 5:30 PM Saturday Mass and the 8:00 AM, 10:00 AM, and 12:00 PM Sunday Masses for our Annual Volunteer Fair!

No matter your skillset or available time, there is a ministry that is right for you!



YOU'RE INVITED



APRIL 26
AFTER THE
NOON MASS



YOUNG ADULT BREAD AND BREWS

All are welcome!

MCNAMARA'S PUB & RESTAURANT

567 23rd St S Arlington, VA 22202



OUR LADY *of* LOURDES

PENANCE

A BRIEF GUIDE TO THE SACRAMENTS

Not only does it [the Sacrament of Penance] free us from our sins but it also challenges us to have the same kind of compassion and forgiveness for those who sin against us. We are liberated to be forgivers. We obtain new insight into the words of the Prayer of St. Francis: "It is in pardoning that we are pardoned."

Jesus entrusted the ministry of reconciliation to the Church. The Sacrament of Penance is God's gift to us so that any sin committed after Baptism can be forgiven. In confession we have the opportunity to repent and recover the grace of friendship with God. It is a holy moment in which we place ourselves in his presence and honestly acknowledge our sins, especially mortal sins. With absolution, we are reconciled to God and the Church. The Sacrament helps us stay close to the truth that we cannot live without God. "In him we live and move and have our being" (Acts 17:28). (United States Catholic Catechism for Adults)

“ Penance is an experience of the gift of God's boundless mercy. ”

The Act of Contrition

At the end of confession, the priest will invite you to say an Act of Contrition. This prayer helps you to express how sorry you are for your sins.


O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

Explore more about Penance & Reconciliation



AROUND THE DIOCESE

Cathedral Concerts
HE IS RISEN INDEED!



Scan Me

A joyful Easter concert featuring the Cathedral Choir and a chamber orchestra performing works by J. S. Bach, J. M. Haydn, W. A. Mozart, and more

Sunday, May 3 at 3:30 pm

Cathedral of Saint Thomas More
3901 Cathedral Lane
Arlington, Virginia

DIOCESE OF ARLINGTON
DIOCESAN
FESTIVAL

★ CELEBRATING FAITH + FREEDOM ★

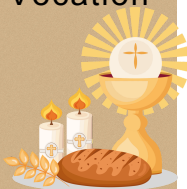
Save the date for the 2026 Diocesan Festival on Saturday, June 13 in Berryville, Virginia! Join thousands of Catholics from across the Diocese at the Clarke County Fairgrounds for a joyful celebration of faith, freedom and community. As in years past, the festival will open by giving thanks to God with a Vigil Mass celebrated by Bishop Burbidge, followed by live music, food and drink, amusement rides for children, local vendors, and so much more fun for the whole family. Mark your calendar and stay tuned — more details and registration coming soon on arlingtondiocese.org/festival.

VOCATIONS, STEWARDSHIP & MORE

Stewardship Reflection

“Then their eyes were opened and they recognized Him.” (Luke 24:31)

Do you recognize Christ in your life and hope to make Him known to others? Perhaps you are being called to the priesthood or consecrated life. If you are considering this possibility, contact your priest or reach out to the Vocation Office at (703) 841-2514 or via email: vocations@arlingtondiocese.org.



Canned Food Drive

April 18-19 & April 25-26

The Helping Hands Ministry will be collecting canned foods the weekend of April 18-19 and April 25-26, all canned foods would be very much appreciated! Canned foods can be placed in the Helping Hands closet in the back of the church.

Are you Interested in Learning More About Becoming Catholic?

On Monday, May 4th, at 7:00 PM, Father Edlefsen will hold an informational meeting for adults interested in the Order of Christian Initiation for Adults (OCIA). This meeting is for adults or sponsor interested in learning more about the process of becoming Catholic, Baptism, Confirmation, and First Holy Communion.

Fr. Edlefsen will answer questions you may about becoming Catholic, being confirmed, or being a sacramental sponsor.

OCIA classes begin on Monday, September 14 at 7:00 PM.

PARISHSOFT ONLINE GIVING

Our Lady of Lourdes accepts online donations via ParishSoft! You can donate to all our parish first, second, and special collections and set up recurring payments on your own schedule. To sign up, scan the QR code below.



Maintenance and Improvement

Help our church stay functional, comfortable, safe, clean, and looking good throughout the year. Thank you for your generous support.



CARTOON OF THE WEEK

SPONSOR OF THE WEEK
John Patrick Printing
jppc.net/

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 26 de Abril** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

EN ORACION POR

Matilde Cruz, Diego DiMassimo, Anne Durand, Geraldine Filpi, April Garcia, John Gargiulo, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Brian Macnamara, Julia Macnamara, James Merna Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Jose Silva, Kathryn Updegraff, Lourdes Velasquez, Joyce Velde, Victor Villalobos, and Ismael A. Zavala Umaña. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa
703.684.9261
OLOL@OLOLCC.net



En el camino

Padre Frederick Edlefsen

Jesús se une a dos viajeros que iban en el camino a Emaús. ¿Dónde estaba Emaús? No estamos seguros. Se dice que el nombre "Emaús" deriva de una palabra hebrea que sugiere "aguas termales" o "baños curativos" o un "lugar de transformación". Así que los viajeros de camino a Emaús podrían ser cualquiera de nosotros, ya que no estamos del todo seguros a dónde vamos. Pero dondequiera que esté, el camino de la Fe es sanador y transformador y conduce al Cielo.

Los viajeros – Cleopas y otro sin nombre – no esperaban compañía. Estaban discutiendo las últimas noticias: su Profeta y Salvador había sido crucificado y asesinado, y ahora dicen que ha resucitado. Sin invitación —y sin saber quién es esa persona— el sujeto de su conversación se une a ella. Este sujeto escucha y hace preguntas. Los viajeros se maravillan de su ignorancia. "Esperábamos que este Jesús fuera quien iba a redimir a Israel" y "algunas mujeres" dijeron que encontraron su tumba vacía y oyeron a los ángeles decir que estaba vivo. Estoy seguro que los viajeros no podían esperar para llegar a su destino.

Jesús les interrumpió diciendo: "Ingenuos", y explicó cómo las Escrituras predijeron todo lo que sucedió. Aunque sus palabras estaban fuera de su entendimiento, los corazones de los viajeros "ardían por dentro" más allá de su comprensión. Mientras el atardecer proyectaba largas sombras, los viajeros invitaron a este "entrometido" a quedarse con ellos en una posada. Esa noche, compartieron alimentos juntos y ellos lo reconocieron. Luego desapareció. Se quedaron con la incertidumbre. Esta es nuestra historia. El viaje de la vida es un camino hacia un lugar de manantiales sanadores – hacia Emaús. Caminamos y nos comunicamos en la tierra, y la mayoría de lo que decimos son suposiciones. Pero está bien. Lo estamos intentando. Pero de vez en cuando, la Verdad, la Belleza y la Bondad divinas silencian nuestra conversación y nuestros corazones arden con un sentido de asombro —y la promesa de una nueva vida. Le pedimos a Cristo que "permanezca con nosotros" mientras el sol se pone en nuestras breves vidas.

En la Misa y en la Sagrada Comunión, reconocemos al Señor Resucitado al "compartir el pan". Lo reconocemos en la Confesión cuando nos perdona. Lo reconocemos cuando amamos al prójimo como a nosotros mismos. Aunque el sol se pone en la historia de los tiempos y las sombras del tiempo oscurecen la Luz divina, ¡sabemos que Cristo ha resucitado! Está con nosotros siempre hasta el fin de los tiempos.

Bienvenido

Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- una oportunidad única para servir en la misión de Nuestra Señora de Lourdes
- ser parte de una comunidad y una familia espiritual donde pueda crecer en santidad
- recibir preparación sacramental, y educación religiosa

Para registrarse, utilice el código QR, visite www.olocc.net o llame a la Rectoría al 703-684-9261.



Considere patrocinar nuestro arreglo floral semanal. Puede hacerlo en honor o memoria de un ser querido, para conmemorar un evento especial o como una forma de apoyar a nuestra parroquia. El patrocinio tiene un costo de \$50. Si está interesado, envíe un correo electrónico o llame a la oficina parroquial al 703-684-9261 o escriba a OLOL@OLOLCC.net

GRUPOS VOLUNTARIOS MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5-10 PM. Comunicarse con Sergio Benitez al 240-706-2447 y Natividad Joyas al 571-245-2982

LEGION DE MARIA

Se reúnen todos los viernes de 6-8 PM. Comunicarse con Rosa Benitez al 571-501-3435

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

APOSTOLADO HISPANO
DIÓCESIS DE ARLINGTON

Retiros
PREMATRIMONIALES

El programa del Retiro Pre-Matrimonial está diseñado para estimular a la reflexión y el debate sobre aspectos claves dentro del matrimonio y la vida familiar.

FECHAS:

7 DE FEBRERO SACRED HEART WINCHESTER	16 DE MAYO 80 N GLEBE RD. ARLINGTON
21 DE MARZO 80 N GLEBE RD. ARLINGTON	11 DE JULIO PRECIOUS BLOOD CULPEPER
17 DE OCTUBRE 80 N GLEBE RD.	

HORARIO: 9:00 am - 5:00 pm

📞 (703) 841-3891 📧 apostolado@arlingtondiocese.org 🌐 www.arlingtondiocese.org/apostolado-hispano/

Oración de

San Anselmo de Canterbury

Oh, Señor, Dios mío, enseña a mi corazón este día, dónde y cómo buscarte, dónde y cómo encontrarte.

Amén.

