



OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET

 @OLOL_ARLINGTON



Whoever
wishes to
come after me
must deny
himself, take
up his cross,
and follow me.

MATTHEW 16:24

© JPPC

AUGUST 30, 2026

Twenty-Second Sunday in
Ordinary Time

30 DE AGOSTO DE 2026

Vigésimosegundo Domingo del
Tiempo Ordinario

PARISH INFORMATION

OFFICE HOURS

Monday - Friday, 8:00 AM - 4:00 PM

REGISTRATION

Visit www.ololcc.net and click "I'm New" or scan the QR code



Parish



eGiving

Registration

MASS SCHEDULE

Sunday	5:30 PM Vigil (Saturday), 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM (Español)
Monday - Friday	6:45 AM, 12:00 PM
Saturday	9:00 AM
Holy Days of Obligation	7:00 PM (Vigil), 6:45 AM, 12:00 PM, 7:00 PM
Federal Holidays	10:00 AM (Monday-Thursday)

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

CONFESSIONS

Saturday	4:00 - 5:00 PM
Sunday	4:15 - 4:45 PM (Español)
Tuesday	12:30 PM
Thursday	12:30 PM
Friday	12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

AUGUST MONDAY 31	SEPTEMBER TUESDAY 1	SEPTEMBER WEDNESDAY 2	SEPTEMBER THURSDAY 3	SEPTEMBER FRIDAY 4
Rosary 6:15 AM, 11:30 AM	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Miraculous Medal Novena 12:30 PM Legion of Mary 7:30 PM <i>Parish Hall</i>	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Exposition of the Blessed Sacrament 12:30 PM-3:00 PM Divine Mercy Chaplet 3:00 PM
SEPTEMBER SATURDAY 5	SEPTEMBER SUNDAY 6	CLERGY Fr. Frederick H. Edlefsen, Pastor Fr. Francis Peffley, Parochial Vicar Fr. Bradley Lawrence, In Residence Fr. David Whitestone, In Residence STAFF Ms. Stephanie Vindell, Office Manager Mrs. Marie Macnamara, Sacramental Records Mrs. Esperanza Miranda, Parish Assistant Mrs. Maria A González de Pastrán, Parish Assistant Ms. Alicia Hamar, Parish Assistant Ms. Leigh Hasson, Director of Religious Education (DRE) Mrs. Kathryn Retta, Director of Music		
Rosary 9:30 AM Prayer Group (Español) 5:00 PM <i>Parish Hall</i>	Community Coffee Hour (Español) 6:00 PM <i>Parish Hall</i>			



Following Christ

Fr. Frederick Edlefsen

**"There are two ways, the one of life, the other of death;
But between the two, there is a great difference."
(Didache – Teaching of the Twelve Apostles, 60AD)**

**"Whoever wishes to come after me must deny himself, take
up his cross, and follow me." (Matthew 16: 24)**

A man wanted to know the Way. "Good master, what good work shall I do to have eternal life?" Christ gives only one answer to such questions: "Follow me." The Gospel does not say what came of the man. It just says he went away sad because he had many possessions. So, we are left to wonder if he later changed his mind and put aside everything to follow Christ or if he clung to his "possessions." We are not told. Yet, this Gospel passage raises question for us: What are the "possessions" that make us "go away sad?" They might be material possessions, or they might be something else: attitudes, opinions, lifestyles, attachments, etc. Referring to the rich young man (Matthew 19:16-22), Pope St. John Paul II said, "The question which the rich young man puts to Jesus of Nazareth is one which rises from the depths of his heart. It is an essential and unavoidable question for the life of every man, for it is about the moral good which must be done, and about eternal life. The young man senses that there is a connection between moral good and the fulfillment of his own destiny" (The Splendor of Truth, 8).

The Catechism teaches, "Desire for true happiness frees man from his immoderate attachment to the goods of this world so that he can find his fulfillment in the vision and beatitude of God. The promise [of seeing God] surpasses all beatitude.... In Scripture, to see is to possess.... Whoever sees God has obtained all the goods of which he can conceive."

Finally, Luke's Gospel sums it up: "As they were proceeding on their journey someone said to him, "I will follow you wherever you go." Jesus answered, "Foxes have dens and birds of the sky have nests, but the Son of Man has nowhere to rest his head" (Luke 9:57-62). What is the earthly cost of following Christ?

Welcome

Are you new to the Parish?
WE INVITE YOU TO REGISTER
Use the QR code or visit
ololcc.net and select "I'm New."



Upcoming Events

August 29-30

Non Perishable Food Drive



Please place food and spices in the Helping Hands closet at the back of the church during the weekends of August 22-23 and 29-30.

Monday, September 7

Labor Day

One Mass at 10:00 AM.

Parish Office will be closed.



Sunday, September 13

Open House for CCD



Families with children entering CCD this year are encouraged to attend an open house on Sunday, September 13th, 11:00 AM in the Parish Hall.

Wednesday, September 16

"Say Yes to Life" Holy Hour with Father Peffley

At 7:00 PM, a Holy Hour will be offered for the voters of the Commonwealth of Virginia, that they may say "YES" to life by voting "NO" on the proposed pro-abortion amendment.

Sunday, September 20

Donut Sunday

Join us for coffee and donuts after:
8:00 AM, 10:00 AM, 12:00 PM Mass



Sunday, September 27

World Day of Migrants and Refugees

Father Jamie Workman, Vicar General of the Arlington Diocese, will celebrate the 10:00 AM Mass on the occasion of the World Day of Migrants and Refugees.



OUR PARISH



Honor a loved one with a Mass at Our Lady of Lourdes. Contact the Rectory Office:
703.684.9261 or OLOL@OLOLCC.net

AUGUST 30, 2026

Twenty-Second Sunday in Ordinary Time
Weekly Mass Intentions

SATURDAY

AUGUST 29

The Passion of St. John the Baptist

9:00 AM † Sara and Maurice Duncan

5:30 PM † Sara and Maurice Duncan

SUNDAY

AUGUST 30

Twenty-Second Sunday in Ordinary Time

8:00 AM † Barbara and Bob Rachko

10:00 AM All Parishioners, Living & Deceased

12:00 PM † Leo Magahum

5:00 PM † Virginia Pietrobon

MONDAY

AUGUST 31

6:45 AM Danuta Pronczuk

12:00 PM Joy Biscari

TUESDAY

SEPTEMBER 1

6:45 AM Tim Lynch

12:00 PM Frederic Allanaisssem and Family

WEDNESDAY

SEPTEMBER 2

6:45 AM † John Frye

12:00 PM † Stephen Dusza

THURSDAY

SEPTEMBER 3

St. Gregory the Great, Pope and Doctor of the Church

6:45 AM † Antonio Lim

12:00 PM † David M. Maddox

FRIDAY

SEPTEMBER 4

6:45 AM † Joachim Ekeagwu

12:00 PM † Lolita Supnet

Commitment Month

September is Commitment Month at Our Lady of Lourdes. Help our Parish by prayerfully increasing your weekly or monthly Offertory - or First Collection - giving to keep us on sound financial footing. This can be done electronically through ParishSoft, using the QR Code in the pews, at the church entrance, in the bulletin, or by pressing the GIVE button on our website. Every gift counts. Fr. Edlefsen will speak about our parish and its needs at all Masses on September 13, the same day as our annual Parish Picnic.



eGiving

BACKPACK DRIVE

IT'S THAT TIME OF YEAR AGAIN!

As students prepare to head back to school, many families in our community are in need of a little extra support.



Drop off backpacks after mass September 12 & 13.

If you have any questions, please contact Donna Hansberry at dchansberry@gmail.com.

OLOL is focusing on assisting Migration and Refugee Services (MRS), part of Catholic Charities, as it helps those from other countries become self-sufficient and productive members of American society.



OUR LADY
of LOURDES
Arlington, Virginia

**HELPING
HANDS**

PRAYER IN OUR PARISH

PRAYERS FOR THE DECEASED

Frank Barone, Joseph Cabral, Alexander Davis, Betty Delgado, Duane Flemming, Jane Garten, and Janet Healy Weeks.

PRAYERS FOR THE ILL AND HOMEBOUND

Noel Aguilar, Caleb Conkle, Matilde Cruz, Caroline "Tiger" Davidowich, Diego DiMassimo, Rica Fowler, Eileen Harp, Bobby Long, Dianne Lynott, Brian Macnamara, Julia Macnamara, Kathryn Updegraff, Lourdes Velasquez, Dionisio Martin Vindell, Ted Wang.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.

LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. To learn more about the Legion and its work, join us for a meeting. We meet every Wednesday, 7:30-9 PM, Lourdes Center (lower level). Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.



After Flowers

This week's Altar Flowers are sponsored in loving memory of

Irena, Józef and Zosia Prónczuk
by Danuta Prónczuk.

Email or call the Rectory Office to schedule
703-684-9261 or OLOL@OLOLCC.net

Sponsorship is \$75. Next available date is September 6, 2026.



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit ololcc.net, click "Mass & More" and "Baptism" to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit ololcc.net, click "Get Involved," then "Religious Education" to register. Or contact dre@ololcc.net.

CONFIRMATION

Grades 7-8 prepare for confirmation in our CCD program. Visit ololcc.net, click "Get Involved" and then "Religious Education" to register. Or contact dre@ololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

OCIA is for adults 18+ seeking the Sacraments of Initiation (Baptism, Holy Communion, Confirmation). Visit ololcc.net and click "Get Involved" and "Explore Catholicism" to register. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at ololcc.net under Mass & More and Marriage Prep.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.



ALL ARE INVITED TO THE

PARISH PICNIC



SEPTEMBER 13 | AFTER THE NOON MASS

Come hungry and enjoy delicious grilled favorites served by the Knights of Columbus alongside authentic taquitos provided by our Spanish Community!

The afternoon will be packed with non-stop entertainment and friendly competition. Watch amazing juggling by Father Peffley, enjoy live music, and face painting. Games will be running all afternoon for every age, including tug-of-war, three-legged races, a water balloon toss, or show off your moves in musical chairs. Jump into lawn games like cornhole, ring toss, bean bag toss, hula hooping, and a gold coin hunt!

Whether you're jumping into the action or cheering from the sidelines, there's something fun around every corner.



OUR LADY
of LOURDES
Arlington, Virginia



Interested in Becoming a CCD Teacher?

CCD seeks volunteer religion teachers for this upcoming school year. If you would like to volunteer, contact Leigh Hasson, Director of Religious Education at dre@ololcc.net or talk to a priest.

2026-27 CCD Registration is now open!

Students (K-8) & Preschool children, too!

Pre-K through 4th Grade:	Sundays at 9:00 AM
5th through 8th Grade:	Sundays at 11:00 AM

Contact Leigh Hasson, Director Religious Education, at dre@ololcc.net, or scan the above QR code to register.

OCIA Starts Sept. 14

The Order of Christian Initiation of Adults

- Prepares adults to receive the Sacraments of Initiation: Baptism, Confirmation and Holy Communion.
- Open to anyone who just wants to learn more about the Catholic Faith.
- Classes will be held on Mondays at 7:00 PM.



✱ SUNDAY, AUGUST 30,
AFTER THE NOON MASS

YOUNG ADULT[✱] BREAD AND BREWS

All are welcome!

MCMAMARA'S PUB & RESTAURANT
567 23rd St S Arlington, VA 22202



OUR LADY *of* LOURDES



Married in 1976 or 2001?

All golden and silver jubilarians are welcome!
Contact your parish office today to register!



Sunday October 18, 2026

Cathedral of St. Thomas More | 2:30 pm
3901 Cathedral Lane, Arlington, VA

The Most Reverend Michael F. Burbidge
Bishop of Arlington | Principal Celebrant & Homilist



Office of
Marriage, Family and Respect Life

703.841.2550
familylife@arlingtondiocese.org

Contact the parish office by September 30 to register

VOCATIONS, STEWARDSHIP & MORE

Stewardship Reflection

"Whoever wishes to come after me must deny himself, take up his cross, and follow me." (Matthew 16:24)

Jesus entrusts His Church to faithful servants and calls each of us to lay down our lives in love and service. Priests, religious, and married couples all share in this call to embrace sacrifice for the good of others. Consider how God may be inviting you. If you feel called to the priesthood or consecrated life, talk to your priest or reach out to the Vocation Office at

(703) 841-2514

vocations@arlingtondiocese.org



VOLUNTEERS ARE NEEDED
TO SUPPORT THE

PARISH PICNIC

The Parish Picnic will take place after the Noon Mass on Sunday, September 13th. Volunteers are needed for set up, to manage the activities, and clean up. Sign up at the QR Code.



What's on the Virginia Ballot

The "Virginia Right to Reproductive Freedom Amendment" (Ballot Question 1) and the "Virginia Remove Constitutional Same-Sex Marriage Ban Amendment" (Ballot Question 2) are on the ballot this November in Virginia. All Catholics are encouraged to vote NO. Learn more:



Catholic Diocese of
Arlington



Virginia Catholic
Conference



PARISHSOFT ONLINE GIVING

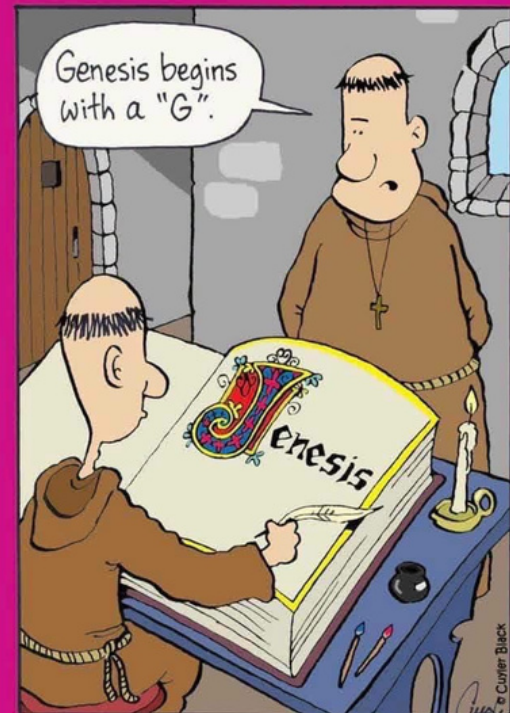
Our Lady of Lourdes accepts online donations via ParishSoft! You can donate to all our parish first, second, and special collections and set up recurring payments on your own schedule. To sign up, scan the QR code below.



Religious Education

All donations will benefit the Our Lady of Lourdes Religious Education Program and will provide school materials for our CCD students. Thanks for your generous support.

thank you



CARTOON OF THE WEEK

SPONSOR OF THE WEEK

Compass

Marga Pirozzoli, Realtor, 703-585-4884
Justine Pope, Realtor, 571-388-7359

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 30 de Agosto** en el Salón Parroquial a las 6:15 PM. Para mas informacion, contactar a Sara Bonilla al 571-594-6441.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

ORACIONES POR LOS DIFUNTOS

Christian David Medina, Pilar Hernandez

ORACIONES POR LOS ENFERMOS Y LOS CONFINADOS EN CASA

Vanessa Bendana, Jennifer, Calderon, Teresa Diaz, Ulises y Julieta Gonzalez, Dionisio Martin Vindell. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

INTENCIONES DE MISAS

Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa
703.684.9261
OLOL@OLOLCC.net



Siguiendo a Cristo

P. Frederick Edlefsen

**"Hay dos caminos, uno de la vida y el otro de la muerte; pero entre ambos, hay una gran diferencia."
(Didaché – Enseñanza de los Doce Apóstoles, 60 d.C.)**

"El que quiera venir detrás de mí, que renuncie a sí mismo, que cargue con su cruz y me siga" (Mateo 16:24)

Un hombre quería conocer el Camino a la vida eterna. "Buen maestro, ¿qué buenas obras debo hacer para conseguir la vida eterna?" Cristo da una sola respuesta a tales preguntas: "Sígueme." El Evangelio no cuenta qué fue de ese hombre. Solo dice que se fue triste porque tenía muchas pertenencias. Así que nos queda preguntarnos si más tarde el hombre cambió de opinión y dejó todo a un lado para seguir a Cristo o si se aferró a sus "posesiones". El Evangelio no lo dice. Sin embargo, este pasaje del Evangelio nos plantea la pregunta: ¿Cuáles son las "posesiones" que nos hacen "irnos tristes"? Pueden ser posesiones materiales, o pueden ser de otro tipo: actitudes, opiniones, estilos de vida, apegos, etc. Refiriéndose al joven rico (Mateo 19:16-22), el papa San Juan Pablo II dijo: "La pregunta que el joven rico plantea a Jesús de Nazaret es una que surge de lo más profundo de su corazón. Es una cuestión esencial e ineludible para la vida de todo hombre, pues se refiere al bien moral que debemos seguir y, a la vida eterna. El joven percibe que existe una conexión entre el bien moral y el cumplimiento de su propio destino" (El Esplendor de la Verdad, 8).

El Catecismo enseña: "El deseo de obtener la verdadera felicidad libera al hombre de su apego incontrolado a los bienes de este mundo, a fin de que pueda encontrar su realización completa en la visión y la bienaventuranza de Dios. La promesa [de ver a Dios] supera toda bienaventuranza.... En las Escrituras, ver es poseer.... Quien ve a Dios ha obtenido todos los bienes que se puedan concebir."

Finalmente, el Evangelio de Lucas lo resume de esta manera: Mientras iban caminando, alguien le dijo a Jesús: «¿Te seguiré adonde vayas!». Jesús le respondió: «Los zorros tienen sus cuevas y las aves del cielo sus nidos, pero el Hijo del hombre no tiene dónde reclinar la cabeza». (Lucas 9:57-62). ¿Cuál es el costo terrenal de seguir a Cristo?

Bienvenido



Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- una oportunidad única para servir en la misión de Nuestra Señora de Lourdes
- ser parte de una comunidad y una familia espiritual donde pueda crecer en santidad
- recibir preparación sacramental, y educación religiosa Para registrarse, utilice el código QR, visite www.olocc.net o llame a la Rectoría al 703-684-9261.

GRUPOS VOLUNTARIOS MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos.

Comunicarse con la oficina o Sofía Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5-10 PM. Comunicarse con Sergio Benitez al 240-706-2447 y Natividad Joyas al 571-245-2982

LEGION DE MARIA

Se reúnen todos los viernes de 6-8 PM. Comunicarse con Rosa Benitez al 571-501-3435

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

MARCA TU CALENDARIO
**PICNIC
ANUAL**

Domingo, 13 de Septiembre

Después de la Misa del Mediodía

Sábado, 19 de septiembre de 2026
Hyatt Regency Reston

¡El Obispo Burbidge invita a todos los jóvenes adultos (19-35)!

Presentación Principal de Shereen Yusuff en inglés

Misa con el Obispo Burbidge

Presentación Principal de Padre Rafael Capó en español

Presentaciones - Cena - Música en vivo y clases de baile de salsa - Cuidado de Niños Gratuito

Presentado por la Oficina de Ministerios de Jóvenes, Campus y Jóvenes Adultos

Para obtener más información e inscribirte:

Ponte en contacto con el ministerio de jóvenes adultos de tu parroquia para obtener un descuento de 10 dólares.

Misa para Jubileos Matrimoniales

¿Casados en los años 1976 o 2001?
¡Todas las parejas celebrando bodas de oro y plata están invitadas!
¡Contáctense con sus oficinas parroquiales para registrarse!

Domingo 18 de octubre, 2026
Catedral de Santo Tomas Moro | 2:30 pm
3901 Cathedral Lane, Arlington, VA

Monseñor Michael F. Burbidge
Obispo de Arlington | Celebrante Principal & Homilista

Llame a la Rectoría antes del 30 de Septiembre para registrarse.



OUR LADY *of* LOURDES

Arlington, Virginia

ololcc.net



[@olol_arlington](https://www.instagram.com/olol_arlington)



Parish Registration



Give Online



Pastor's Message



Sign Up to Volunteer

830 23rd Street South | Arlington, VA 22202 | 703-684-9261 | olol@ololcc.net | www.ololcc.net