



OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET
 @OLOL_ARLINGTON



Take **courage**, it is I;
do not be afraid.

MATTHEW 14:27

AUGUST 9, 2026

Nineteenth Sunday in
Ordinary Time

9 DE AGOSTO DE 2026

Decimonoveno Domingo del
Tiempo Ordinario

PARISH INFORMATION

OFFICE HOURS

Monday - Friday, 8:00 AM - 4:00 PM

REGISTRATION

Visit www.ololcc.net and click "I'm New" or scan the QR code



Parish



eGiving

Registration

MASS SCHEDULE

Sunday	5:30 PM Vigil (Saturday), 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM (Español)
Monday - Friday	6:45 AM, 12:00 PM
Saturday	9:00 AM
Holy Days of Obligation	7:00 PM (Vigil), 6:45 AM, 12:00 PM, 7:00 PM
Federal Holidays	10:00 AM (Monday-Thursday)

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

CONFESSIONS

Saturday	4:00 - 5:00 PM
Sunday	4:15 - 4:45 PM (Español)
Tuesday	12:30 PM
Thursday	12:30 PM
Friday	12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

AUGUST MONDAY 10	AUGUST TUESDAY 11	AUGUST WEDNESDAY 12	AUGUST THURSDAY 13	AUGUST FRIDAY 14
Rosary 6:15 AM, 11:30 AM	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Miraculous Medal Novena 12:30 PM Legion of Mary 7:30 PM Parish Hall	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Exposition of the Blessed Sacrament 12:30 PM-3:00 PM Divine Mercy Chaplet 3:00 PM
AUGUST SATURDAY 15	AUGUST SUNDAY 16	CLERGY Fr. Frederick H. Edlefsen, Pastor Fr. Francis Peffley, Parochial Vicar Fr. Bradley Lawrence, In Residence Fr. David Whitestone, In Residence STAFF Ms. Stephanie Vindell, Office Manager Mrs. Marie Macnamara, Sacramental Records Mrs. Esperanza Miranda, Parish Assistant Mrs. Maria A González de Pastrán, Parish Assistant Ms. Alicia Hamar, Parish Assistant Ms. Leigh Hasson, Director of Religious Education (DRE) Mrs. Kathryn Retta, Director of Music		
Assumption of the Blessed Virgin Mary Rosary 9:30 AM Pizza with the Pope talk 6:30 PM Parish Hall	Community Coffee Hour (Español) 6:00 PM Parish Hall			



The Mysteries of Matthew 14

By Fr. Frederick Edlefsen

The Gospels at Mass, lately, have been from Matthew 14. Last Sunday, we heard about Jesus boating across the sea to pray after the death of John the Baptist. Upon arrival, crowds awaited him, seeking healings. That evening, the Apostles suggested sending them to town to buy supper. But Jesus said, "Feed them yourselves," though they only had five loaves and two fish. Then Jesus performed a miracle. He multiplied their meagre portion and fed the crowds, with leftovers to boot.

This Sunday, we hear the sequel. After feeding the crowd, the Apostles are sent home in the boat that evening while Jesus stayed behind to pray. It was a windy and frightful night on the open water. Then, the Apostles saw what they thought was a ghost on the sea. But it was Jesus who said, "Take courage, it is I; do not be afraid." Upon request, Christ bids Peter to walk on the water. Peter did so until he became afraid. He began to sink in fear and begged Jesus to save him. "O you of little faith," said Jesus, "Why did you doubt?" When Jesus and Peter boarded the boat, all was calm.

These two memoirs of Matthew 14 are a good follow up to the parables of Matthew 13, from which we heard last month. In the parables, Jesus uses images and allegories to explain God's Kingdom. In Matthew 14, Jesus performs miracles by which people experience God's Kingdom. Feeding the crowds, without buying food, reveals that Heaven is a whole new order and way of life, different from what we experience now. In this world, we buy supper. But, in the Heaven, the all-Provident Father feeds us in a whole new way. "To the one who is victorious, I will give some of the manna that is hidden in Heaven" (Revelation 2:17).

In today's Gospel, Jesus' miracle reveals the calm of God's Kingdom that sustains his Catholic Church in its journey through history. In time's turbulent waters, we are always "walking on water." When we experience fear, Christ's words to Peter beckon us: "Do not be afraid; take courage." The Lord of history resolves everything in himself. "To him who conquers, I will grant to eat from the tree of life, which is in the Paradise of God" (Revelation 2:7).

Welcome

Are you new to the Parish?
WE INVITE YOU TO REGISTER
Use the QR code or visit
ololcc.net and select "I'm New."



Upcoming Events

Saturday, August 15

Pizza with the Pope talk

Join us at 6:30 PM in the Parish Hall for a powerful evening as Fr. McGraw shares his firsthand account of witnessing American Airlines Flight 77 crash into the Pentagon.



Saturday, August 15

Assumption of the Blessed Virgin Mary

On this day we celebrate the Assumption of the Blessed Virgin Mary when, at the end of her earthly life, Mary was taken body and soul into heavenly glory. All are encouraged to attend Mass, although this is not a Holy Day of Obligation this year.

Sunday, August 16

Donut Sunday

Join us for coffee and donuts after:
8:00 AM, 10:00 AM, 12:00 PM Mass



Weekend of August 15-16

Annual Mission Appeal



A missionary partnership between the Diocese of Arlington, VA, and the Diocese of San Juan de la Maguana, in the Dominican Republic, the Bánica Mission has created a special bond between the two communities of faithful.

Sunday, August 30

Bread and Brews

After the Noon Mass, the young adult community is heading over to McNamara's on 23rd St.



OUR PARISH



Honor a loved one with a Mass at Our Lady of Lourdes. Contact the Rectory Office:
703.684.9261 or OLOL@OLOLCC.net

AUGUST 9, 2026

Nineteenth Sunday in Ordinary Time
Weekly Mass Intentions

SATURDAY

St. Dominic, Priest

9:00 AM † Pasquale Menna
5:30 PM † Juan Gil Sanchez

SUNDAY

Nineteenth Sunday in Ordinary Time

8:00 AM † Barbara and Bob Rachko
10:00 AM All Parishioners, Living & Deceased
12:00 PM Andrew and Lucy Grabowski
5:00 PM Ulises & Sharyn Pastran

MONDAY

St. Lawrence, Deacon and Martyr

6:45 AM † Tony Segreto
12:00 PM Tim Lynch

TUESDAY

St. Clare, Virgin

6:45 AM † Melva Stevenson
12:00 PM † John Herberger

WEDNESDAY

St. Jane Frances de Chantal, Religious

6:45 AM † Therese Tieso
12:00 PM † Beverley Long

THURSDAY

Ss. Pontian, Pope & Hippolytus, Priest, Martyrs

6:45 AM † Melva Stevenson
12:00 PM † Michelle Phi-Phi Nguyen

FRIDAY

St. Maximilian Mary Kolbe, Priest and Martyr

6:45 AM † Paul Salgado
12:00 PM Slawomir, Marysia and Piotrek Pronczuk

AUGUST 8

AUGUST 9

AUGUST 10

AUGUST 11

AUGUST 12

AUGUST 13

AUGUST 14



SAVE THE DATE

Annual Picnic

Sunday, September 13

After the Noon Mass

RECTORY COOK

Our Lady of Lourdes Catholic Church Rectory Cook is a 15-hour-per-week position responsible for preparing dinners for up to four priests and, occasionally, guests at 5:00 PM on Mondays, Wednesdays, and Fridays. Meals should be healthy, balanced, and well prepared.

The Cook is also responsible for grocery shopping, maintaining a clean and well-organized kitchen, monitoring expiration dates and food safety, and preparing food to be left in the refrigerator for weekends.

A valid driver's license, proficiency in English, and the ability to lift up to 20 lbs. are required. Knowledge of food preparation, handling, and safety is essential. All employees are required to provide I-9 documentation.

Please email your resume and cover letter to manager@ololcc.net

Salary range: \$15–\$20 per hour.

This position is not benefits-eligible.



WITNESSING 9-11 AT THE
PENTAGON: FR. STEVE
MCGRAW TELLS HIS STORY

PIZZA WITH THE POPE

*SATURDAY,
AUGUST 15,
6:30 PM*

Parish Hall
830 23rd, St S,
Arlington, VA 22202



OUR LADY
of LOURDES
Arlington, Virginia



SPEAKER:

Father Stephen McGraw

On the morning of September 11, 2001, Father Stephen McGraw was a newly ordained priest on his way to a funeral at Arlington National Cemetery. He never expected that he would be on the front lines of one of the most defining moments in American history.

Come hear this extraordinary story of faith, providence, and service in the face of tragedy.

Pizza and drinks will be generously provided by the Knights of Columbus

PRAYER IN OUR PARISH

PRAYERS FOR THE DECEASED

Frank Barone, Joseph Cabral, Alexander Davis, Betty Delgado, Duane Flemming, Herman Keels, Tom Kiselak, Pasquale Menna, Milli Pugliese, Deacon Pete Walsh.

PRAYERS FOR THE ILL AND HOMEBOUND

Noel Aguilar, Caleb Conkle, Matilde Cruz, Caroline "Tiger" Davidowich, Diego DiMassimo, Rica Fowler, Janet Garten, Eileen Harp, Bobby Long, Dianne Lynott, Brian Macnamara, Julia Macnamara, Kathryn Updegraff, Lourdes Velasquez, Dionisio Martin Vindell, Ted Wang.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.

LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. To learn more about the Legion and its work, join us for a meeting. We meet every Wednesday, 7:30-9 PM, Lourdes Center (lower level). Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.



Prayer for the Feast of the Assumption

O Immaculate Mary, Assumed into heaven, you who are most blessed in the vision of God. You are near to God by your grace and by your privileges. Let our souls fly after you, let them fly along your radiant path. Comfort us from heaven, O merciful Mother, and guide us along your ways of purity and hope.
Amen.



After Flowers

This week's Altar Flowers are sponsored in loving memory of
Therese Tieso
by Demma-Tieso families.

Email or call the Rectory Office to schedule
703-684-9261 or OLOL@OLOLCC.net
Sponsorship is \$75. Next available date is September 6, 2026.



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit ololcc.net, click "Mass & More" and "Baptism" to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit ololcc.net, click "Get Involved," then "Religious Education" to register. Or contact dre@ololcc.net.

CONFIRMATION

Grades 7-8 prepare for confirmation in our CCD program. Visit ololcc.net, click "Get Involved" and then "Religious Education" to register. Or contact dre@ololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

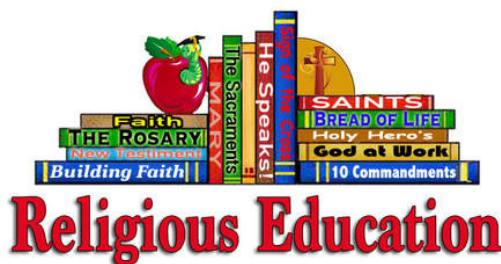
OCIA is for adults 18+ seeking the Sacraments of Initiation (Baptism, Holy Communion, Confirmation). Visit ololcc.net and click "Get Involved" and "Explore Catholicism" to register. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at ololcc.net under Mass & More and Marriage Prep.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.



Religious Education



Interested in Becoming a CCD Teacher?

CCD seeks volunteer religion teachers for this upcoming school year. If you would like to volunteer, contact Leigh Hasson, Director of Religious Education at dre@ololcc.net or talk to a priest.

2026-27 CCD Registration is now open!

Students (K-8) & Preschool children, too!

Pre-K through 4th Grade: Sundays at 9:00 AM

5th through 8th Grade: Sundays at 11:00 AM

Contact Leigh Hasson, Director Religious Education, at dre@ololcc.net, or scan the above QR code to register.

OCIA Starts Sept. 14

The Order of Christian Initiation of Adults

- Prepares adults to receive the Sacraments of Initiation: Baptism, Confirmation and Holy Communion.
- Open to anyone who just wants to learn more about the Catholic Faith.
- Classes will be held on Mondays at 7:00 PM.



ARLINGTON MISSIONS



This August 15-16, our parish mission organization is Banica. This appeal helps our brothers and sisters who do not have access to basic pastoral services that support and grow their faith, like Mass, the sacraments, religious education as well as basic needs – like food, shelter, and healthcare. You can support these organizations through next week's 2nd Collection. If donating by check, please make your check payable to our parish and put "MCP" in the memo line. Through your support, the MCP Appeal helps these mission organizations form vibrant faith communities and strengthens the global Church. Please be generous.

In addition to the day-to-day administration of the parochial needs, the Bánica Mission runs several extracurricular programs for families and students in the mission. These additional programs are funded entirely by private donations from parishioners with the Diocese of Arlington.

- **Jovenes Misioneros Scholarship Program:** Provides full tuition scholarships to students attending college in Santo Domingo, the capital of the Dominican Republic.
- **Sponsor a Family Program:** Assists selected families with food and medical expenses.
- **Sponsor a Seminarian Program:** Assists students at the seminary with living and educational expenses as they study and prepare for the priesthood.

VOLUNTEERS NEEDED



We are seeking volunteers for the following ministries:

- **Saint Vincent de Paul.** Spanish speaking volunteers are needed for helping our neighbors in need.
- **Money Counters Needed.** Volunteers are needed to help count the weekend offertory on Mondays from 10:00 AM to 11:00 AM.
- **CCD teachers for grade 5-7.** CCD teachers explain and share the basic fundamentals of the faith with the young people of the parish and prepare them to receive Sacraments.

VOCATIONS, STEWARDSHIP & MORE

Stewardship Reflection

**"Take courage, it is I; do not be afraid."
(Matthew 14:27)**

In the midst of uncertainty and challenge, Jesus calls us to trust in His presence. Vocations invite us to step out in faith, whether to priesthood, consecrated life, or sacramental marriage, placing our lives in His hands and allowing Him to guide us. How is He calling you? Talk to your priest or reach out to the Vocation Office at

(703) 841-2514

vocations@arlingtondiocese.org



A Huge Thank You to Our New Volunteers, Parishioners, Hospitality Team!

A heartfelt thank you to everyone who attended our New Volunteer and New Parishioner Luncheon! It was a joyful afternoon spent sharing a meal, making new connections, and welcoming new faces into our parish family. We are especially grateful for the key role our volunteers play in every corner of our community.

PARISHSOFT ONLINE GIVING

Our Lady of Lourdes accepts online donations via ParishSoft! You can donate to all our parish first, second, and special collections and set up recurring payments on your own schedule. To sign up, scan the QR code below.



Maintenance and Improvement

This collection will provide funding for the replacing of the HVAC unit for the Church building. Help us keep our church comfortable and welcoming. Thank you for your generous support.



YOU ARE INVITED

Annual Catholic
Mental Health
Day of Prayer

“Grounded in Jesus
Truth: Lifestyles for
Mental Health”

Nurturing Mind,
Body and Spirit

With Holy Mass celebrated by
BISHOP MICHAEL F. BURBIDGE

KEYNOTE SPEAKERS
DEACON BRAD WATKINS :
FR. LINO

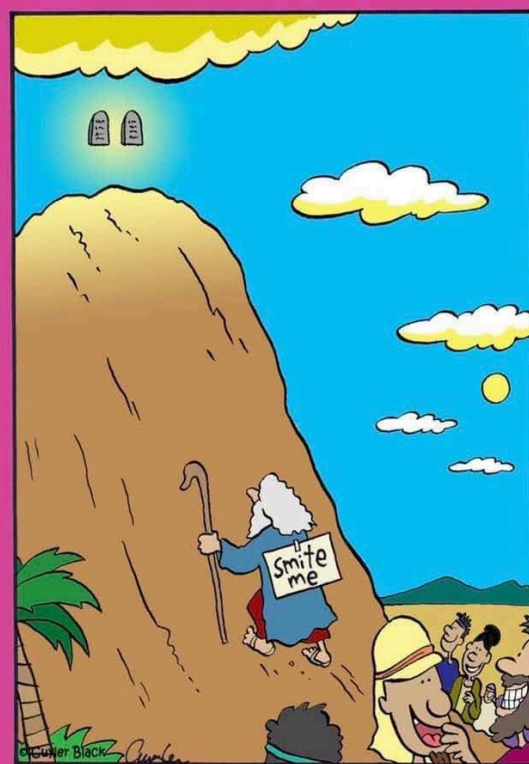
REGISTRATION:
\$25

✠ Confession; lunch; small group sharing

8:30-2:15
August 22, 2026

Good Shepherd Catholic
Church
8710 Mt. Vernon Hwy
Alexandria VA 22309

Hosted by the Diocese of
Arlington, Divine Mercy
University and the Saint
Labre Community



CARTOON OF THE WEEK

SPONSOR OF THE WEEK

Caffi Services

www.caffiservices.com

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 30 de Agosto** en el Salón Parroquial a las 6:15 PM. Para mas informacion, contactar a Sara Bonilla al 571-594-6441.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

ORACIONES POR EL DIFUNTO

Eugenio Duarte, Christian David Medina, Pilar Hernandez, Marina Montenegro.

ORACIONES POR LOS ENFERMOS Y LOS CONFINADOS EN CASA

Vanessa Bendana, Teresa Diaz, Martha Justina Gonzalez, Ulises y Julieta Gonzalez, Grethel Valdez, Massiel Valenzuela, Noel Vargas, Dionisio Martin Vindell. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa 703.684.9261
OLOL@OLOLCC.net



Los Misterios de Mateo 14

Padre Frederick Edlefsen

Los Evangelios que se han leído ultimamente en la Misa, han sido de Mateo 14. El domingo pasado, escuchamos sobre Jesús cruzando el mar en una barca para orar tras la muerte de Juan el Bautista. Al desembarcar, las multitudes lo esperaban buscando sanación. Esa noche, los Apóstoles sugirieron enviarlos a las aldeas para que compraran sus propios alimentos. Pero Jesús les dijo: «Denles de comer ustedes mismos», aunque solo tenían cinco panes y dos peces. Entonces Jesús realizó un milagro. Multiplicó la escasa ración, alimentó a la multitud, y todavía hubo sobras.

Este domingo, escuchamos la secuela. Después de alimentar a la multitud, los apóstoles son enviados a casa en el bote esa misma tarde, mientras Jesús se quedó a orar. Era una noche de mucho viento y aterradora sobre las aguas abiertas. Entonces, los Apóstoles vieron lo que creyeron que era un fantasma en el mar. Pero era Jesús quien les dijo: "Ánimo, soy yo, no tengan miedo". Entonces Cristo ordena a Pedro que camine sobre las aguas. Pedro lo hizo, pero al sentir el viento, tuvo miedo y empezó a hundirse y suplicó a Jesús que le salvara. "Oh, hombre de poca fe", dijo Jesús, "¿por qué dudaste?" Cuando Jesús y Pedro subieron al barco, todo se puso en calma.

Estos dos relatos de Mateo 14 son una buena continuación de las parábolas de Mateo 13, que escuchamos el mes pasado. En las parábolas, Jesús utiliza imágenes y alegorías para explicar el Reino de Dios. En Mateo 14, Jesús realiza milagros mediante los cuales las personas experimentan el Reino de Dios. Alimentar a las multitudes, sin comprar alimentos, revela que el Cielo es un orden y una forma de vida completamente nuevos, diferentes de lo que experimentamos ahora. En este mundo, nosotros compramos la comida que nos alimenta. Pero, en el Cielo, el Padre todo Proveedor nos alimenta de una manera completamente nueva. "Al vencedor, le daré del maná escondido que está en el Cielo" (Apocalipsis 2:17).

En el Evangelio de hoy, el milagro de Jesús revela la calma del Reino de Dios que sostiene a su Iglesia Católica en su viaje a lo largo de la historia. En las aguas turbulentas del tiempo, siempre estamos "caminando sobre el agua". Cuando experimentamos miedo, las palabras de Cristo a Pedro nos alertan: "Ánimo, no tengan miedo." El Dios Eterno resuelve todo en sí mismo. "Al vencedor, le daré a comer del árbol de la vida, que está en el Paraíso de Dios" (Apocalipsis 2:7).

Bienvenido

Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- una oportunidad única para servir en la misión de Nuestra Señora de Lourdes
- ser parte de una comunidad y una familia espiritual donde pueda crecer en santidad
- recibir preparación sacramental, y educación religiosa

Para registrarse, utilice el código QR, visite www.ololcc.net o llame a la Rectoría al 703-684-9261.



¿Le Interesa Ser Maestro/a de CCD?

CCD busca maestros voluntarios de religión para el próximo año escolar. Si desea ser voluntario, comuníquese con Leigh Hasson, Directora de Educación Religiosa a dre@ololcc.net o hable con un sacerdote.

¡Inscripción de CCD 2026-27 ya está abierta!

¡Estudiantes (K-8) y niños de preescolar también!

Preescolar a 4 grado:	Domingos a las 9:00 AM
De 5 a 8 grado:	Domingos a las 11:00 AM

Comuníquese con Leigh Hasson, Directora de Educación Religiosa, a dre@ololcc.net, o escanee el código QR de arriba para registrarse.

GRUPOS VOLUNTARIOS MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5-10 PM. Comunicarse con Sergio Benitez al 240-706-2447 y Natividad Joyas al 571-245-2982

LEGION DE MARIA

Se reúnen todos los viernes de 6-8 PM. Comunicarse con Rosa Benítez al 571-501-3435

LECTORES

Si deseas unirse al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

MARCA TU CALENDARIO

Picnic Anual

Domingo, 13 de Septiembre

Después de la Misa del Mediodía

LA LEGIÓN DE MARIA

LOS INVITA A CELEBRAR LA ASUNCION DE LA VIRGEN MARIA

el sábado 15 de Agosto

INCIANDO CON LA SANTA MISA A LAS 9AM
DESPUES EN EL SALON PARROQUIAL
HASTA LA 1PM

Nuestra Señora de Lourdes
830 23rd st s Arlington VA, 22202

Si usted está interesado en saber mas sobre la Legion de Maria, eres tambien bienvenido a este evento



OUR LADY *of* LOURDES

Arlington, Virginia

ololcc.net



[@olol_arlington](https://www.instagram.com/olol_arlington)



Parish Registration



Give Online



Pastor's Message



Sign Up to Volunteer

830 23rd Street South | Arlington, VA 22202 | 703-684-9261 | olol@ololcc.net | www.ololcc.net