OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET
@OLOL_ARLINGTON

JANUARY 18, 2026

Second Sunday in Ordinary Time

18 DE ENERO DE 2026

Segundo domingo del Tiempo Ordinario

830 23rd Street South | Arlington, VA 22202 | 703-684-9261 | olol@ololcc.net | www.ololcc.net

PARISH INFORMATION

OFFICE HOURS

Monday - Friday 8:00 AM - 4:00 PM

REGISTRATION

To register, visit www.ololcc.net, and click "I'm New" or scan the QR code.

Parish Registration

eGiving

MASS SCHEDULE

Sunday	5:30 PM Vigil (Saturday), 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM (Español)
Monday - Friday	6:45 AM, 12:00 PM
Saturday	9:00 AM
Holy Days of Obligation	7:00 PM (Vigil), 6:45 AM, 12:00 PM, 7:00 PM
Federal Holidays	10:00 AM (Monday-Thursday)

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

CONFESSIONS

Saturday	4:00 - 5:00 PM
Sunday	4:15 - 4:45 PM (Español)
Tuesday	12:30 PM
Thursday	12:30 PM
Friday	12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

JANUARY MONDAY 19	JANUARY TUESDAY 20	JANUARY WEDNESDAY 21	JANUARY THURSDAY 22	JANUARY FRIDAY 23
MLK Day **Rosary** 6:15 AM, 11:30 AM **Mass** 10:00 AM **Scout Meeting** 7:00 PM *Parish Hall* Parish Office Closed	**Rosary** 6:15 AM, 11:30 AM **Pro-Life Rosary** 7:00 PM	**Rosary** 6:15 AM, 11:30 AM **Miraculous Medal Novena** 12:30 PM **Legion of Mary** 7:30 PM *Parish Hall*	**Rosary** 6:15 AM, 11:30 AM **Pro-Life Rosary** 7:00 PM	**Rosary** 6:15 AM, 11:30 AM **Exposition of the Blessed Sacrament** 12:30 PM-3:00 PM **Divine Mercy Chaplet** 3:00 PM

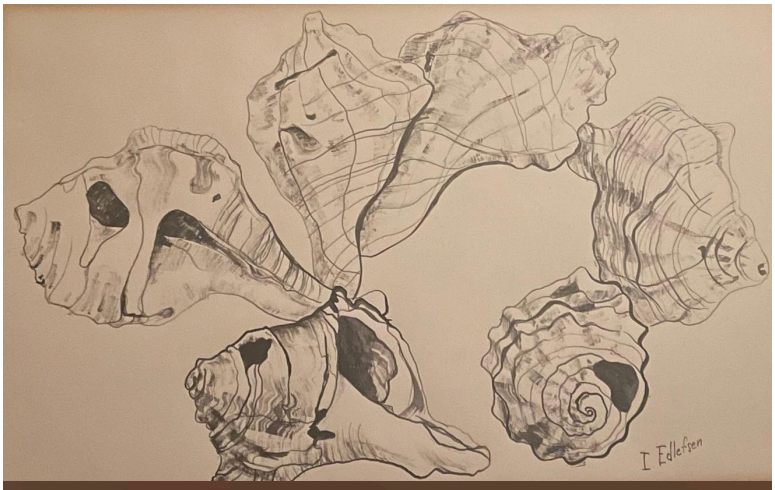
JANUARY SATURDAY 24	JANUARY SUNDAY 25
Rosary 9:30 AM **Prayer Group** (Español) 5:00 PM *Parish Hall*	**Bread & Brews** 1:00 PM *McNamara's Pub* **Community Coffee Hour** (Español) 6:00 PM *Parish Hall*

CLERGY

Fr. Frederick H. Edlefsen, Pastor
Fr. Francis Peffley, Parochial Vicar
Fr. Bradley Lawrence, In Residence
Fr. Noah Morey, In Residence

STAFF

Ms. Stephanie Vindell, Office Manager
Mrs. Marie Macnamara, Sacramental Records
Mrs. Esperanza Miranda, Parish Assistant
Mrs. Maria A González de Pastrán, Parish Assistant
Ms. Alicia Hamar, Parish Assistant
Ms. Leigh Hasson, Director of Religious Education (DRE)
Mrs. Kathryn Retta, Director of Music



Growing Up Pro-Life

By Fr. Frederick Edlefsen

Back in the 1970's, my mom and dad got involved in the "Right to Life" movement. Nothing strident or partisan, like things are today. But they were grieved when the Supreme Court green-lighted the violation of unborn babies. Mom was an artist, empathic to all things delicate, vulnerable, and small. She contemplated everything's "soul." Dad taught high school English and Drama. He had a soft spot in his heart for the riffraff, personally choosing a group he called the "dirty dozen" to star in *MASH*, a play he directed based on the popular sitcom. Perhaps dad's connection with the "dirty dozen" was influenced by his radio days at WNNJ in Newton, New Jersey in the late 1960s. As a DJ and newsman, he accompanied military personnel to inform parents of their son's death in Vietnam. What would a young radio man say at such a grievous moment? He made a delicate request: "Tell me about your son." The grieving parents opened up. They had something to tell the whole world – about their son.

During Gulf Coast vacations, mom combed beaches for seashells, contemplating their intricate colors, curves, and textures. She often sketched or water-colored them. Her moral conscience expressed these sensibilities: destroying intricate beauty was repugnant to sensibilities. Nature's sacraments reveal God's mind. But, in our rough-spoken world, the seashells of human life were being smashed before the ocean of God could craft their beauty.

One Advent, my Catholic high school collected gifts for needy children. Mom, Dad, and I brought our presents to a poor family. But when we entered their apartment, the family's father expressly turned his back on us, perhaps in shame or resentment. But the mother and children accepted our presents. In truth, I am still conflicted and convicted by the experience. It opened my eyes to a social problem. But social problems are also personal. They intimately touch upon a person's dignity. Decades have since passed, and I'm still processing this.

Once a baby comes from the womb into the world, it must be given life again and again and again. Even a father who must watch his children receive charity needs to be given life. Being pro-life is more than stopping death. It's affirmative. Giving life – again and again and again – is a way of life. That's what I learned from growing up pro-life.

Welcome

ARE YOU NEW TO THE PARISH?
WE INVITE YOU TO REGISTER
Use the QR code or visit
OLOLCC.NET and select "I'm New."

Upcoming Events

Monday, January 19

Martin Luther King Day

One mass at 10:00 AM.
Parish Office Closed.

Sunday, January 25

Bread & Brews

Join us after the Noon Mass at McNamara's on 23rd St for a young adult gathering.

Sunday, February 1

Knights of Columbus Brunch

Join us after the 8:00 AM and 10:00 AM Masses for the best brunch on 23rd Street!

February 5 - 7

40 Hours Devotion

Forty Hours Devotion is a mini-retreat for the whole parish. Its main feature is prayer and meditation before the Blessed Sacrament, which is "the source and summit of the Christian life." Sign Up at the schedule at the QR code.

Saturday, February 7

Our Lady of Lourdes Feast Day

Dinner party at 7:00 PM in the Parish Hall to celebrate the Feast of Our Lady of Lourdes. All are invited!
RSVP at the QR code.

OUR PARISH

Honor a loved one with a Mass at Our Lady of Lourdes. Contact the Rectory Office: 703.684.9261 or OLOL@OLOLCC.net

JANUARY 18, 2026

Second Sunday in Ordinary Time

Weekly Mass Intentions

SATURDAY	**JANUARY 17**
St. Anthony of Egypt, Abbot	
9:00 AM	Celebrant's Intentions
5:30 PM	† Leonora LaLonde
SUNDAY	**JANUARY 18**
Second Sunday in Ordinary Time	
8:00 AM	Our Lady of Lourdes parish during Forty Hours Devotion
10:00 AM	All Parishioners, Living & Deceased
12:00 PM	† Gordon Evans
5:00 PM	Celebrant's Intentions
MONDAY	**JANUARY 19**
10:00 AM	† Showane Smith
TUESDAY	**JANUARY 20**
St. Fabian, Pope and Martyr, St. Sebastian, Martyr	
6:45 AM	† Frank Faivor
12:00 PM	† Tarif A. Wilson
WEDNESDAY	**JANUARY 21**
St. Agnes, Virgin and Martyr	
6:45 AM	† Eugene Smith
12:00 PM	† Holy Souls in Purgatory
THURSDAY	**JANUARY 22**
Day of Prayer for the Legal Protection of Unborn Children	
6:45 AM	Celebrant's Intentions
12:00 PM	Celebrant's Intentions
FRIDAY	**JANUARY 23**
St. Vincent, Martyr, St. Marianne Cope, Virgin	
6:45 AM	Celebrant's Intentions
12:00 PM	Celebrant's Intentions

Support the Bishop's Lenten Appeal

The Bishop's Lenten Appeal (BLA) strengthens the bonds of faith that join us together as a Catholic family and provides the resources to assure the continued presence of Jesus Christ's Gospel message and ministry across our diocese.

Whether promoting vocations, educating our future priests, providing lay ministry formation, teaching, evangelizing, providing outreach to youth, young adults and those in need, the programs and ministries of the BLA touch every parish and parishioner in our diocese!

PRAYER IN OUR PARISH

PLEASE PRAY FOR

Nancy Davidson, Anne Durand, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Julia Macnamara, James Merna Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Ana Rivera, Jose Silva, Kathryn Updegraft, Joyce Velde, and Ismael A. Zavala Umaña. Contact the Rectory Office, 703-684-9261 or olol@ololcc.net to add or remove a name.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.

LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. To learn more about the Legion and its work, join us for a meeting. We meet every Wednesday, 7:30-9 PM, Lourdes Center (lower level). Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

A Prayer for Life

Father and maker of all,
you adorn all creation
with splendor and beauty,
and fashion human lives
in your image and likeness.
Awaken in every heart
reverence for the work of your hands,
and renew among your people
a readiness to nurture and sustain
your precious gift of life.
Grant this through our Lord
Jesus Christ, your Son,
who lives and reigns with you in
the unity of the Holy Spirit,
God forever and ever.
Amen

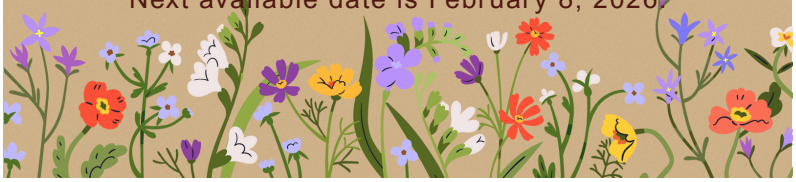
Altar Flowers

This week's Altar Flowers
are sponsored in loving memory of

Tarif A. Wilson

by Katie Jo Younkins.

Email or call the Rectory Office to schedule
703-684-9261 or OLOL@OLOLCC.net
Sponsorship is $50.
Next available date is February 8, 2026.



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit ololcc.net, click "Mass & More" and "Baptism" to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit ololcc.net, click "Get Involved," then "Religious Education" to register. Or contact dre@ololcc.net.

CONFIRMATION

Grades 7-8 prepare for confirmation in our CCD program. Visit ololcc.net, click "Get Involved" and then "Religious Education" to register. Or contact dre@ololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

OCIA is for adults 18+ seeking the Sacraments of Initiation (Baptism, Holy Communion, Confirmation). Visit ololcc.net and click "Get Involved" and "Explore Catholicism" to register. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at ololcc.net under Mass & More and Marriage Prep.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

40 Hours Devotion

with Adoration of the Blessed Sacrament

Thurs **FEB 5**	**7:00 PM Mass & Exposition of the Blessed Sacrament** Devotional Prayers and Reflection by Fr. Peffley Our Lady of Lourdes Novena Prayer Litany of Our Lady of Light (Our Lady of Hope) Silent Prayer 9:00 PM Night Prayer
Fri **FEB 6**	**6:45 AM Mass & Exposition of the Blessed Sacrament** Our Lady of Lourdes Novena Prayer Litany of Our Lady of Light (Our Lady of Hope) 11:30 AM Rosary **12:00 PM Mass** 12:30 PM Exposition & Silent Prayer Our Lady of Lourdes Novena Prayer (Our Lady of Hope), Litany of the Sacred Heart 12:30 - 1:00 PM Confessions 3:00 PM Chaplet of Divine Mercy Silent Prayer until 7:00 PM **7:00 PM Mass (Spanish)** 8:00 PM Prayers (Spanish) 9:00 PM Benediction
Sat **FEB 7**	**9:00 AM Mass & Exposition of the Blessed Sacrament** Our Lady of Lourdes Novena Prayer Litany of Our Lady of Light (Our Lady of Hope) Silent Prayer 2:00 PM Guided Meditation for CCD Families 4:00 PM - 5:00 PM Confessions **5:30 PM Mass of Our Lady of Lourdes** 6:30 PM Procession with the Blessed Sacrament 6:45 PM Solemn Benediction **7:00 PM Dinner Party in the Parish Hall, celebrating the Feast of Our Lady of Lourdes** *(RSVP Required)*

SIGN UP FOR ADORATION SLOTS AT THE QR CODE BELOW

OUR LADY of LOURDES

Feast Day Celebration Dinner

Saturday, February 7
7:00 PM
In the Parish Hall

Join us to conclude our 40 Hours Devotion, taking place February 5-7, with a Mass of Our Lady of Lourdes at 5:30 PM, followed by a Procession with the Blessed Sacrament, a Solemn Benediction at 6:45, and finally an Our Lady of Lourdes Feast Day Dinner in the Parish Hall at 7:00 PM.

Note that RSVP is required for the dinner. RSVP using the QR code.

830 23rd Street South | Arlington, VA 22202 | 703-684-9261 | olol@ololcc.net | www.ololcc.net

VOCATIONS, STEWARDSHIP & MORE

Word of Life January 2026

All are encouraged to pray for the protection of human life throughout the month of January, including during the 9 Days for Life Novena (January 16 - 24) and Day of Prayer for the Legal Protection of Unborn Children (January 22). The January Action Guide is available to help parishes, schools, and ministries highlight the sacredness of human life and prayer for the protection of unborn children.

A Prayer for Hope

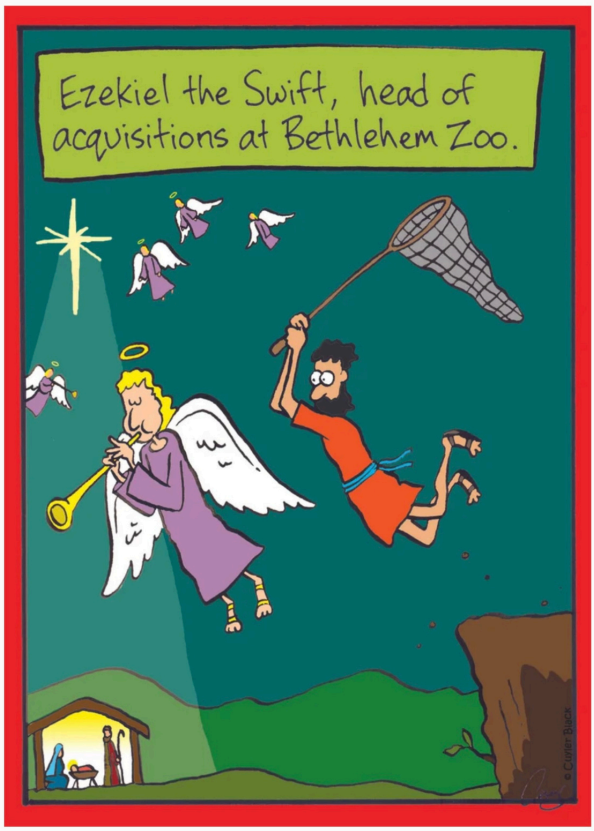
Heavenly Father, in the sacrament of Baptism, you have given us the gift of new life. Through your son our Lord Jesus Christ and the Holy Spirit, you have made us your own.
Help us to recognize the gift of human life as a sign of hope in our world.
Reveal to us the places where your precious gift of life is most in need of protection and strengthen us to defend life in all stages and circumstances, from the child in the womb to the elderly and dying.
Guided by your Holy Spirit, guard us from discouragement and give us the grace to be messengers of hope, filled with confidence that nothing can separate us from your love.
Through Christ our Lord. Amen.

PARISHSOFT ONLINE GIVING

Our Lady of Lourdes accepts online donations via ParishSoft! You can donate to all our parish first, second, and special collections and set up recurring payments on your own schedule. To sign up, scan the QR code below.

SECOND COLLECTION
Maintenance & Improvement Fund
Help our church stay functional, comfortable, safe, clean, and looking good throughout the year. Thank you for your generous support.

CARTOON OF THE WEEK



SPONSOR OF THE WEEK

St Joseph's Roofing
sjroof.com

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 25 de Enero** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

EN ORACION POR

Nancy Davidson, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Melissa Kresslein, Julio E. LaInez, Julia Macnamara, Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Ana Rivera, Jose Silva, Kathryn Updegraft, Joyce Velde, e Ismael A. Zavala Umaña. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia ¡El Señor te espera para tener un encuentro personal contigo!

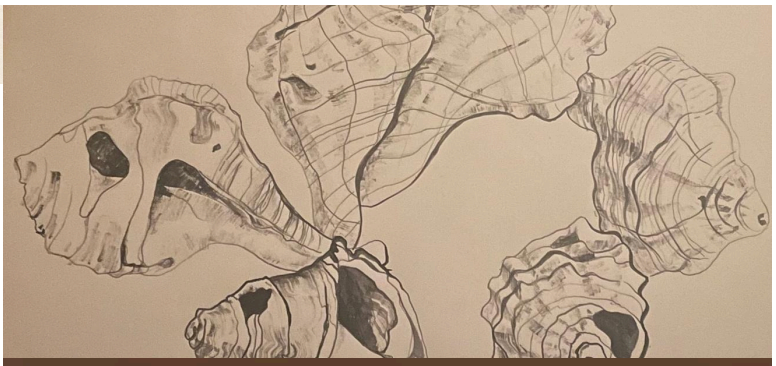
APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite https://www.arlingtondiocese.org/apostolado-hispano/

INTENCIONES DE MISAS

Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa
703.684.9261
OLOL@OLOLCC.net



Creciendo Pro-Vida

Por el P. Fr. Frederick Edlefsen

En los años 70, mi madre y mi padre se involucraron en el movimiento por el "Derecho a la Vida". Nada estrepitoso ni partidista, como lo que ocurre hoy en día. Pero si les causó una gran pena cuando la Corte Suprema dio luz verde contra toda protección para los bebés no nacidos. Mi madre era una artista, empática con todo lo que fuera delicado, vulnerable y pequeño. Ella contemplaba el "alma" de todo. Mi padre era profesor de Inglés y de teatro en una escuela secundaria. El prefería trabajar con jóvenes "problemáticos", y entre ellos escogió un grupo al que llamó "la docena sucia" para protagonizar MASH, una obra que él mismo dirigió basada en la popular comedia de televisión. Quizá la conexión que mi padre tenía con la "docena sucia" estaba influenciada por sus dias de locutor en la radio WNNJ en Newton, Nueva Jersey, a finales de los años 60. Como DJ y periodista, mi padre acompañaba al personal militar cuando tenían que informar a los padres de la muerte de sus hijos en Vietnam. ¿Qué diría un joven de la radio en un momento tan doloroso? Mi padre hacía una petición delicada: "Háblame de tu hijo." Los padres en duelo le obedecían. Ellos tenían algo que contar sobre su hijo al mundo entero.

Durante unas vacaciones en la costa del Golfo, mi madre peinaba las playas en busca de conchas, contemplando sus intrincados colores, curvas y texturas. A menudo las dibujaba o pintaba en acuarela. Su conciencia moral expresaba estas sensibilidades: destruir la belleza intrínseca de algo era repugnante a los sentidos. Los signos de la naturaleza revelan el pensamiento de Dios. Pero, en nuestro mundo escabroso, las conchas de la vida humana están siendo destruidas antes de que el mar de Dios pueda forjar su belleza.

Durante una temporada de Adviento, mi escuela recogió regalos para niños necesitados. Mis padres y yo llevamos nuestros regalos a una familia pobre. Pero cuando entramos en su apartamento, el padre de la familia nos dio la espalda, quizá por vergüenza o resentimiento. Pero la madre y los niños aceptaron los regalos. Todavía sigo confundido y convicto por la experiencia. Me abrió los ojos a un problema social. Pero los problemas sociales también son muy personales. Tocan íntimamente la dignidad de una persona. Han pasado décadas desde ese entonces, y todavía pienso en este momento.

Una vez que un bebé nace del vientre materno, y viene al mundo, se le debe afirmar su vida una y otra y otra vez. Incluso un padre que debe ver a sus hijos recibir caridad necesita afirmación. Estar a favor de la vida es más que estar contra la muerte. Es afirmarla en todo momento. Afirmar la vida —una y otra y otra vez— es la manera de vivir. Eso es lo que aprendí creciendo Pro-Vida.

Bienvenido

Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- una oportunidad única para servir en la misión de Nuestra Señora de Lourdes
- ser parte de una comunidad y una familia espiritual donde pueda crecer en santidad
- recibir preparación sacramental, y educación religiosa

Para registrarse, utilice el código QR, visite www.olocc.net o llame a la Rectoría al 703-684-9261.

NUESTRA SEÑORA *de* LOURDES

Cena en celebración a la Fiesta de Nuestra Senora de Lourdes en el Salón Parroquial, 7:00 PM

Sábado, 7 de Febrero
7:00 PM
En el Salón Parroquial

Se requiere confirmación de asistencia.
Escanee el QR code para registrase.

GRUPOS VOLUNTARIOS MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5-10 PM. Comunicarse con Sergio Benitez al 240-706-2447 y Natividad Joyas al 571-245-2982

LEGION DE MARIA

Se reúnen todos los viernes de 6-8 PM. Comunicarse con Rosa Benítez al 571-501-3435

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

Apoye la Peticion Cuaresmal del Obispo

La Peticion Cuaresmal del Obispo (BLA) fortalece los lazos de fe que nos unen como familia católica y proporciona los recursos necesarios para asegurar la presencia continua del mensaje y el ministerio del Evangelio de Jesucristo en toda nuestra diócesis.

Ya sea promoviendo vocaciones, formando a nuestros futuros sacerdotes, brindando formación para el ministerio laico, enseñando, evangelizando o brindando apoyo a jóvenes, adultos jóvenes y personas necesitadas, ¡los programas y ministerios de la BLA impactan a cada parroquia y feligrés de nuestra diócesis!

¡Gracias por su generosidad!

40 Devoción de Horas

con Adoración al Santísimo Sacramento

Jueves DE FEBRERO 5

7:00 PM Santa Misa y Exposición del Santisimo Sacramento
Después de la Misa:
- Oraciones devocionales y reflexión por el P. Peffley
- Tiempo de oración en silencio
- Letanía de Nuestra Señora de Lourdes
- Oración Final de la Noche, 9:00 PM.

Viernes DE FEBRERO 6

6:45 AM Santa Misa y Exposición del Santisimo Sacramento
Después de la Misa:
- Novena a Nuestra Señora de Lourdes
- 7:30 AM Tiempo de oración en silencio
- 11:30 AM Rosario

12:00 PM Santa Misa
- 12:30 PM Exposición y tiempo de oración en silencio
- 12:30 – 1:00 PM Confesiones
- 3:00 PM Coronilla de la Divina Misericordia

7:00 PM Santa Misa (en español)
Después de la Misa:
- Oraciones (en español), 8:00 PM
- Bendición, 9:00 PM

Sábado DE FEBRERO 7

9:00 AM Santa Misa y Exposición del Santisimo Sacramento
Después de la Misa:
- Novena a Nuestra Señora de Lourdes y tiempo de oración en silencio
- 4:00 – 5:00 PM Confesiones

5:30 PM Misa de Nuestra Señora de Lourdes
- 6:30 PM Procesión con el Santísimo Sacramento
- 6:45 PM Bendición Solemne

7:00 PM Cena en celebración a la Fiesta de Nuestra Señora de Lourdes
en el Salón Parroquial
(Se requiere confirmación de asistencia)

REGÍSTRATE PARA LAS SESIONES DE ADORACIÓN ESCANEANDO EL CÓDIGO QR.

ES NECESARIO CONFIRMAR LA ASISTENCIA. REGÍSTRESE ESCANEANDO EL CÓDIGO QR QUE APARECE A CONTINUACIÓN.