



OUR LADY *of* LOURDES

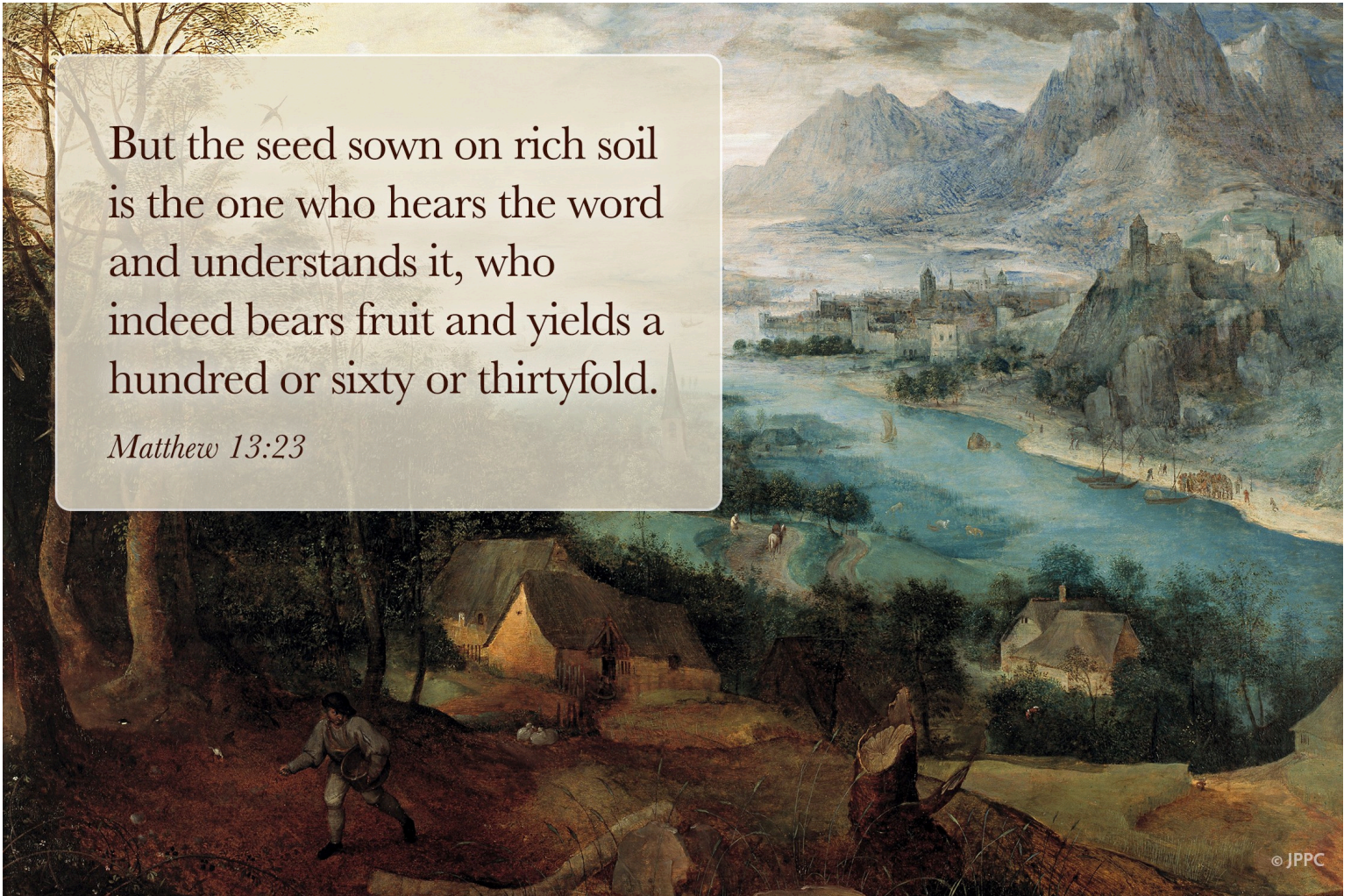
NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET

 @OLOL_ARLINGTON

But the seed sown on rich soil
is the one who hears the word
and understands it, who
indeed bears fruit and yields a
hundred or sixty or thirtyfold.

Matthew 13:23



JULY 12, 2026

Fifteenth Sunday in
Ordinary Time

12 DE JULIO DE 2026

Decimoquinto Domingo del
Tiempo Ordinario

PARISH INFORMATION

OFFICE HOURS

Monday - Friday, 8:00 AM - 4:00 PM

REGISTRATION

Visit www.ololcc.net and click "I'm New" or scan the QR code



Parish



eGiving

Registration

MASS SCHEDULE

Sunday	5:30 PM Vigil (Saturday), 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM (Español)
Monday - Friday	6:45 AM, 12:00 PM
Saturday	9:00 AM
Holy Days of Obligation	7:00 PM (Vigil), 6:45 AM, 12:00 PM, 7:00 PM
Federal Holidays	10:00 AM (Monday-Thursday)

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

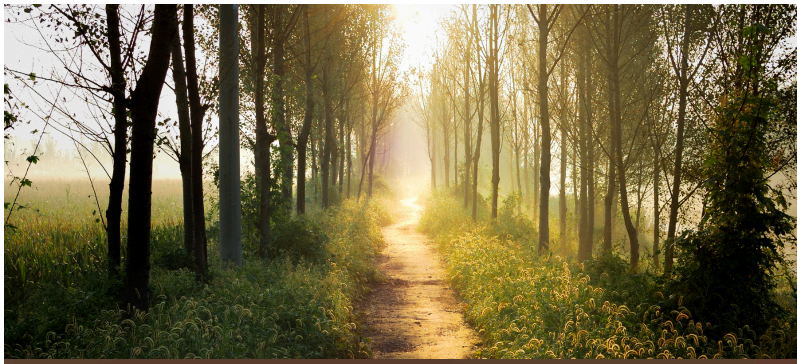
CONFESSIONS

Saturday	4:00 - 5:00 PM
Sunday	4:15 - 4:45 PM (Español)
Tuesday	12:30 PM
Thursday	12:30 PM
Friday	12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

JULY 13 MONDAY	JULY 14 TUESDAY	JULY 15 WEDNESDAY	JULY 16 THURSDAY	JULY 17 FRIDAY
Rosary 6:15 AM, 11:30 AM	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Miraculous Medal Novena 12:30 PM Legion of Mary 7:30 PM Parish Hall	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Exposition of the Blessed Sacrament 12:30 PM-3:00 PM Divine Mercy Chaplet 3:00 PM
JULY 18 SATURDAY	JULY 19 SUNDAY	CLERGY Fr. Frederick H. Edlefsen, Pastor Fr. Francis Peffley, Parochial Vicar Fr. Bradley Lawrence, In Residence Ft. David Whitestone, In Residence STAFF Ms. Stephanie Vindell, Office Manager Mrs. Marie Macnamara, Sacramental Records Mrs. Esperanza Miranda, Parish Assistant Mrs. Maria A González de Pastrán, Parish Assistant Ms. Alicia Hamar, Parish Assistant Ms. Leigh Hasson, Director of Religious Education (DRE) Mrs. Kathryn Retta, Director of Music		
Rosary 9:30 AM Prayer Group (Español) 5:00 PM Parish Hall	Coffee & Donuts After the 8:00 AM, 10:00 AM, and 12:00 PM Mass Community Coffee Hour (Español) 6:00 PM Parish Hall			



July's Medieval Mysticism

By Fr. Frederick Edlefsen

Long before Christ, kings were reckoned mediators between the gods and the realm. In medieval Europe, emperors and kings were "priestly" mediators of a Corpus Mysticum Christi (a Mystical Body of Christ), a baptized body politic. Promising young men fled to hermitages and monasteries. Meet the 13th century Franciscan mystic, theologian, and bishop: St. Bonaventure. His feast day is July 15.

Excerpt From *The Journey of the Mind to God*

By St. Bonaventure

Christ is both the way and the door...the staircase and the vehicle..."the mystery hidden from the ages." A man should turn his full attention to this throne of mercy and should gaze at him hanging on the cross... [through which] he will pass over the Red Sea, leaving Egypt, and entering the desert. There he will taste the hidden manna, and rest with Christ in the sepulcher, as if he were dead to things outside... We must transform the peak of our affections, directing them to God alone. This is a sacred mystical experience.

If you ask how such things occur, seek the answer in God's grace, not in doctrine; in the longing of the will, not in the understanding; in the sighs of prayer, not in research; seek the bridegroom not the teacher; God and not man; darkness not daylight; and look not to the light but rather to the raging fire that carries the soul to God with intense fervor and glowing love. The fire is God, and the furnace is in Jerusalem, fired by Christ in the ardor of his loving passion... Anyone who cherishes this kind of death can see God, for it is certainly true that, "No man can look upon me and live." Let us die, then, and enter into the darkness, silencing our anxieties, our passions and all the fantasies of our imagination. Let us pass over with the crucified Christ "from this world to the Father," so that, when the Father has shown himself to us, we can say with Philip, "It is enough." We may hear with Paul: "My grace is sufficient for you;" and we can rejoice with David, saying, "My flesh and my heart fail me, but God is the strength of my heart and my heritage forever. Blessed be the Lord forever and let all the people say: Amen. Amen!"

Welcome

Are you new to the Parish?
WE INVITE YOU TO REGISTER
Use the QR code or visit
ololcc.net and select "I'm New."



Upcoming Events

Sunday, July 19

Coffee and Donuts

Join us for coffee and donuts after:
8:00 AM, 10:00 AM, and 12:00 PM Mass



Sunday, July 19

Paint N' Sip

Parishioners are invited for watercolor painting, 2:00 - 5:00 PM in the Parish Hall!
There is a \$15 registration fee for the materials.



Sunday, July 26

Bread & Brews

After the Noon Mass, the young adult community is heading over to McNamara's on 23rd St.



Sunday, August 2 *We ♥ Our Volunteers*

New Parishioner/Volunteer Luncheon

New Parishioners and new volunteers are invited to a luncheon on Sunday, August 2nd after the 12:00 PM Mass in the Parish Hall.

Wednesday, August 15

Talk: Fr. Steve McGraw Tells His Story

Join us at 7:00 PM in the Parish Hall for a powerful evening as Fr. McGraw shares his firsthand account of witnessing American Airlines Flight 77 crash into the Pentagon.

OUR PARISH



Honor a loved one with a Mass at Our Lady of Lourdes. Contact the Rectory Office:
703.684.9261 or OLOL@OLOLCC.net

JULY 12, 2026

**Fifteenth Sunday in Ordinary Time
Weekly Mass Intentions**

SATURDAY

9:00 AM † Zosia Pronczuk
5:30 PM † Paul Durand

JULY 11

SUNDAY

Fifteenth Sunday in Ordinary Time

8:00 AM † Barbara and Bob Rachko
10:00 AM All Parishioners, Living & Deceased
12:00 PM † Roy Percival
5:00 PM † Veronica Maddox

JULY 12

MONDAY

St. Henry
6:45 AM † Rita Knott
12:00 PM Rocque (Rock) Kramer

JULY 13

TUESDAY

St. Kateri Tekakwitha, Virgin
6:45 AM Rev. Frederick Edlefsen
12:00 PM † Millie Pugliese

JULY 14

WEDNESDAY

St. Bonaventure, Bishop and Doctor of the Church
6:45 AM Kathryn Updegraff
12:00 PM † John McHale

JULY 15

THURSDAY

Our Lady of Mount Carmel
6:45 AM † Maurice Duncan
12:00 PM † Angelita S. Baylon

JULY 16

FRIDAY

6:45 AM † Melva Stevenson
12:00 PM † Phil Eckert

JULY 17

RECTORY COOK

Our Lady of Lourdes Catholic Church Rectory Cook is a 15-hour-per-week position responsible for preparing dinners for up to four priests and, occasionally, guests at 5:00 PM on Mondays, Wednesdays, and Fridays. Meals should be healthy, balanced, and well prepared.

The Cook is also responsible for grocery shopping, maintaining a clean and well-organized kitchen, monitoring expiration dates and food safety, and preparing food to be left in the refrigerator for weekends.

A valid driver's license, proficiency in English, and the ability to lift up to 20 lbs. are required. Knowledge of food preparation, handling, and safety is essential. All employees are required to provide I-9 documentation.

Please email your resume and cover letter to manager@ololcc.net

Salary range: \$15–\$20 per hour.
This position is not benefits-eligible.



Thanks to donations from St Lucy's warehouse, the muscle of wonderful volunteers, and your support, over 100 boxes of nonperishable food and multiple items of men's business attire are ready for distribution to those in need.
Thank you for your generosity.



Stay Connected!

Stay updated on all our community news and events by reading the weekly bulletin on our website or scan the QR code, under "About" and click "Bulletin." You can also safely and easily make your regular donations online at the QR Code under "Give". Thank you for your continued support, and have a blessed and safe summer!

PRAYER IN OUR PARISH

PRAYERS FOR THE DECEASED

Frank Barone, Joseph Cabral, Alexander Davis, Duane Flemming, Herman Keels, Tom Kiselak, Rocque (Rock) Kramer, Pasquale Menna, Milli Pugliese, Deacon Pete Walsh.

PRAYERS FOR THE ILL AND HOMEBOUND

Noel Aguilar, Matilde Cruz, Caroline "Tiger" Davidowich, Diego DiMassimo, Rica Fowler, Eileen Harp, Bobby Long, Dianne Lynott, Brian Macnamara, Julia Macnamara, Kathryn Updegraff, Dionisio Martin Vindell, Ted Wang.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.



LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. To learn more about the Legion and its work, join us for a meeting. We meet every Wednesday, 7:30-9 PM, Lourdes Center (lower level). Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

Prayer to the

*Blessed Virgin
Our Lady of Mount Carmel*

Oh, most beautiful flower of Mount Carmel, fruitful vine, splendour of Heaven.

Blessed Mother of the Son of God; Immaculate Virgin, assist me in my necessity

Oh, Star of the Sea, help me and show me you are my Mother.

Oh, Holy Mary, Mother of God, Queen of Heaven and Earth,

I humbly beseech you from the bottom of my heart to succour me in my necessity
(Mention your request here)

There are none that can withstand your power.

Oh, Mary, conceived without sin, pray for us who have recourse to thee (3 times)

Holy Mary, I place this prayer in your hands (3 times)
Thank you for your mercy towards me and mine. Amen.

This prayer is known as the 'never known to fail prayer' and should be said for 3 consecutive days.

After Flowers

This week's Altar Flowers are sponsored in loving memory of

Peter Filpi

by the Filpi family.

Email or call the Rectory Office to schedule
703-684-9261 or OLOL@OLOLCC.net
Sponsorship is \$75. Next available date is August 16, 2026.



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit ololcc.net, click "Mass & More" and "Baptism" to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit ololcc.net, click "Get Involved," then "Religious Education" to register. Or contact dre@ololcc.net.

CONFIRMATION

Grades 7-8 prepare for confirmation in our CCD program. Visit ololcc.net, click "Get Involved" and then "Religious Education" to register. Or contact dre@ololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

OCIA is for adults 18+ seeking the Sacraments of Initiation (Baptism, Holy Communion, Confirmation). Visit ololcc.net and click "Get Involved" and "Explore Catholicism" to register. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at ololcc.net under Mass & More and Marriage Prep.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.



RSVP HERE

YOU'RE INVITED TO A

Sip and Paint

AT OUR LADY OF LOURDES



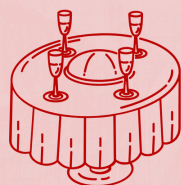
Join fellow parishioners for an evening of watercolor painting! The \$15 registration fee covers all materials, a canvas, step-by-step instruction, snacks, and beverages.



SUNDAY, JULY 19TH, 2:00 - 5:00 PM

Parish Hall

830 23rd, St S, Arlington, VA 22202



OUR LADY
of LOURDES
Arlington, Virginia

YOU'RE INVITED



JULY 26

AFTER THE NOON MASS

YOUNG ADULT

BREAD AND BREWS



MCNAMARA'S PUB & RESTAURANT

567 23rd St S Arlington, VA 22202

RELIGIOUS EDUCATION



Religious Education



Interested in Becoming a CCD Teacher?

CCD seeks volunteer religion teachers for this upcoming school year. If you would like to volunteer, contact Leigh Hasson, Director of Religious Education at dre@lolcc.net or talk to a priest.

2026-27 CCD Registration is now open!

Students (K-8) & Preschool children, too!

Pre-K through 4th Grade: Sundays at 9:00 AM

5th through 8th Grade: Sundays at 11:00 AM

Contact Leigh Hasson, Director Religious Education, at dre@lolcc.net, or scan the above QR code to register.

OCIA Starts Sept. 14

The Order of Christian Initiation of Adults

- Prepares adults to receive the Sacraments of Initiation: Baptism, Confirmation and Holy Communion.
- Open to anyone who just wants to learn more about the Catholic Faith.
- Classes will be held on Mondays at 7:00 PM.



AROUND THE DIOCESE

INFERTILITY IS A HEAVY BURDEN THAT NOT EVERYONE UNDERSTANDS, BUT YOU DON'T HAVE TO CARRY IT ALONE!

Infertility can be an isolating experience, impacting our marriage and other relationships, and testing our faith. This Springs in the Desert Small Group is a place to acknowledge the pain and complex emotions associated with infertility and loss by encountering others who are on the same path. We invite you to join us as we overcome isolation through prayer, sharing, community, and reclaiming our identities as beloved daughters of God.

OUR WOMEN'S SMALL GROUP IS A TIME OF PRAYER, HEALING, AND FRIENDSHIP.

 St. Joseph's on Capitol Hill
313 2nd St NE,
Washington, DC 20002

 Start Date TBD

 Contact Renee Stack at
rasmussenr2019@gmail.com
or at 661-333-0927

SPRINGSINTHEDESERT.ORG/SMALL-GROUPS

Mass of Remembrance for Families of Child Loss

All Parents, Grandparents, relatives, and friends of child loss, from pregnancy loss through adulthood are welcome.

August 15th | 10:30 am

St. Agnes Catholic Church

1910 N. Randolph St., Arlington, VA

A light reception will follow the Mass

Celebrant & Homilist:

Most Rev. Michael F. Burbidge

Bishop of Arlington



Scan the QR Code to Register

For more information:
familylife@arlingtondiocese.org
703.841.2550

Mass and Rosary in Thanksgiving for the Gift of Human Life

Everyone is invited to celebrate a Mass & Rosary in Thanksgiving for the Gift of Human Life with Bishop Burbidge on July 18th at St. James in Falls Church at 8:30am!

VOCATIONS, STEWARDSHIP & MORE

Stewardship Reflection

**"The seed that falls on good ground
will yield a fruitful harvest."**

(Matthew 13:23)

God's Word bears fruit in hearts that are open and receptive. Pray that more hearts will be opened generously to however God may be calling them. Gently encourage young people to consider priesthood, consecrated life, or sacramental marriage as ways to respond with a joyful "yes" to God's plan. For more information contact the Office of Vocations:

(703) 841-2514

vocations@arlingtondiocese.org



PARISHSOFT ONLINE GIVING

Our Lady of Lourdes accepts online donations via ParishSoft! You can donate to all our parish first, second, and special collections and set up recurring payments on your own schedule. To sign up, scan the QR code below.



Pastoral Solidarity Fund for the Church in Africa

This collection provides grants to finance pastoral projects that support the maintenance and growth of the Church in Africa, including outreach programs, schools, evangelization, and clergy education. Thank you for your generosity.

SUMMER STORYTIME

WITH THE SISTERS!

11:00am to 11:30am
STORIES, ACTIVITIES & SONGS!

For 3 to 5 yr olds
(with parent/guardian; siblings welcome!)

THURSDAYS

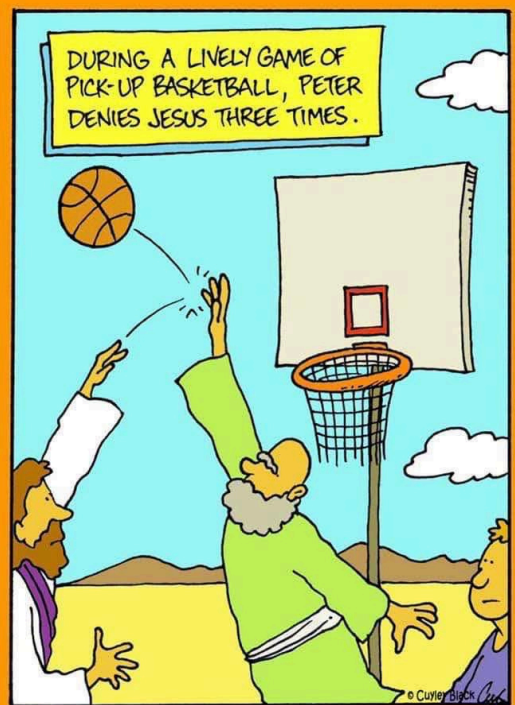
June 25

July 16

July 30

August 13

 **Pauline Books & Media**
1025 King St.
Alexandria, VA 22314
703-549-3806
paulinestore.org



CARTOON OF THE WEEK

SPONSOR OF THE WEEK
Woodlawn Tree Service

www.woodlawntreeservice.com/

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 26 de Julio** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

ORACIONES POR EL DIFUNTO

Eugenio Duarte, Christian David Medina, Marina Montenegro.

ORACIONES POR LOS ENFERMOS Y LOS CONFINADOS EN CASA

Vanessa Bendana, Teresa Diaz, Martha Justina Gonzalez, Ulises y Julieta Gonzalez, Grethel Valdez, Massiel Valenzuela, Noel Vargas, Dionisio Martin Vindell. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!

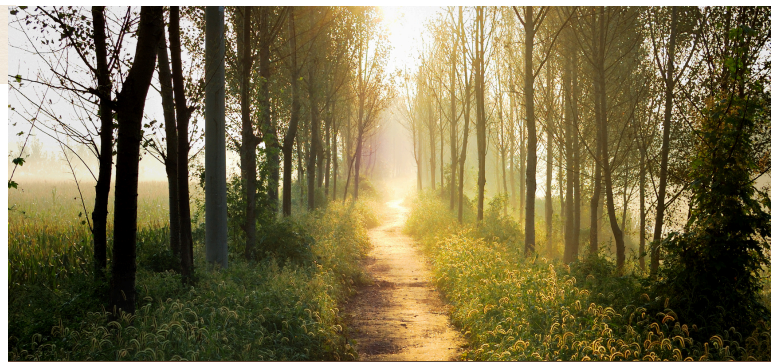
APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

INTENCIONES DE MISAS

Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa 703.684.9261
OLOL@OLOLCC.net



El misticismo medieval en el mes de julio

P. Frederick Edlefsen

Mucho antes de Cristo, los reyes eran considerados mediadores entre los dioses y el reino. En la Europa medieval, los emperadores y reyes eran los mediadores "sacerdotales" del Corpus Mysticum Christi (el Cuerpo Místico de Cristo), un cuerpo bautizado en la política. Los jóvenes prometedores huían a los monasterios u otros refugios. Conoce al místico, teólogo y obispo franciscano del siglo XIII: San Buenaventura. Su fiesta es el 15 de julio.

Un extracto de "Itinerario del Alma hacia Dios"

por San Bonaventura

Cristo es el camino y la puerta... la escala y el vehículo... "El misterio oculto por siglos". El hombre debe dirigir toda su atención al trono de Su misericordia y mirarlo colgado en la cruz... (en virtud de la cual) pasará a través del mar Rojo, saliendo de Egipto y entrando al desierto. Allí probará el maná escondido, y descansará con Cristo en el sepulcro, como si estuviera muerto para las cosas de afuera... Y en este tránsito...debemos transformar la cima de nuestros afectos, dirigiéndolos solo a Dios. Esta es una experiencia mística sagrada.

Y si preguntas cómo ocurren tales cosas, busca la respuesta en la gracia de Dios, no en la doctrina; en el anhelo de la voluntad, no en el entendimiento; en los suspiros de la oración, no en el estudio; busca al esposo, no al maestro; a Dios y no al hombre; a las tinieblas, no a la claridad; y no mires a la luz, sino más bien al fuego intenso que lleva el alma a Dios con intenso fervor y amor resplandeciente. El fuego es Dios, y cuyo horno está en Jerusalén, encendido por Cristo en el ardor de su pasión amorosa... Cualquiera que aprecie esta clase de muerte puede ver a Dios, porque sin duda alguna, son ciertas estas palabras: "No me verá hombre alguno sin morir". Muramos pues, y entremos en las tinieblas, silenciando nuestras ansiedades, nuestras pasiones y todas las fantasías de nuestra imaginación. Pasemos con Cristo crucificado "de este mundo al Padre", para que, cuando el Padre se haya mostrado a nosotros, podamos decir con Felipe: "Esto nos basta"; podamos escuchar con San Pablo: "Bástate mi gracia"; y podemos regocijarnos con David, diciendo: "Mi carne y mi corazón desfallecen, pero Dios es la fortaleza de mi corazón y herencia mía por toda la eternidad. Bendito sea el Señor por siempre y que todo el pueblo diga: Así sea, Así sea!".

Bienvenido

Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- una oportunidad única para servir en la misión de Nuestra Señora de Lourdes
- ser parte de una comunidad y una familia espiritual donde pueda crecer en santidad
- recibir preparación sacramental, y educación religiosa

Para registrarse, utilice el código QR, visite www.ololcc.net o llame a la Rectoría al 703-684-9261.



GRUPOS VOLUNTARIOS MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5-10 PM. Comunicarse con Sergio Benitez al 240-706-2447 y Natividad Joyas al 571-245-2982

LEGION DE MARIA

Se reúnen todos los viernes de 6-8 PM. Comunicarse con Rosa Benítez al 571-501-3435

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990



¿Le Interesa Ser Maestro/a de CCD?

CCD busca maestros voluntarios de religión para el próximo año escolar. Si desea ser voluntario, comuníquese con Leigh Hasson, Directora de Educación Religiosa a dre@ololcc.net o hable con un sacerdote.

¡Inscripción de CCD 2026-27 ya está abierta!

¡Estudiantes (K-8) y niños de preescolar también!

Preescolar a 4 grado:	Domingos a las 9:00 AM
De 5 a 8 grado:	Domingos a las 11:00 AM

Comuníquese con Leigh Hasson, Directora de Educación Religiosa, a dre@ololcc.net, o escanee el código QR de arriba para registrarse.

OCIA Comienza el 14 de Sept.

El Orden de Iniciación Cristiana de Adultos

- Prepara a los adultos para recibir los Sacramentos de Iniciación: Bautismo, Confirmación y Sagrada Comunión.
- Abierto a cualquier persona que desee aprender más sobre la Fe Católica.
- Las clases se llevarán a cabo los lunes a las 7:00 PM.



¡Mantente Conectado!

Manténgase al día con todas las noticias y eventos de nuestra comunidad consultando el boletín semanal en nuestro sitio web; puede acceder a él mediante el código QR, en la sección Acerca de y haciendo clic en Boletín.



OUR LADY of LOURDES

Arlington, Virginia

ololcc.net



[@olol_arlington](https://www.instagram.com/olol_arlington)



Parish Registration



Give Online



Pastor's Message



Sign Up to Volunteer

830 23rd Street South | Arlington, VA 22202 | 703-684-9261 | olol@ololcc.net | www.ololcc.net