



OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET

 @OLOL_ARLINGTON



LET THEM
GROW
TOGETHER
UNTIL
HARVEST.

Matthew 13:30

© JPPC

JULY 19, 2026

Sixteenth Sunday in
Ordinary Time

19 DE JULIO DE 2026

Decimosexto Domingo del
Tiempo Ordinario

PARISH INFORMATION

OFFICE HOURS

Monday - Friday, 8:00 AM - 4:00 PM

REGISTRATION

Visit www.ololcc.net and click "I'm New" or scan the QR code



Parish



eGiving

Registration

MASS SCHEDULE

Sunday	5:30 PM Vigil (Saturday), 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM (Español)
Monday - Friday	6:45 AM, 12:00 PM
Saturday	9:00 AM
Holy Days of Obligation	7:00 PM (Vigil), 6:45 AM, 12:00 PM, 7:00 PM
Federal Holidays	10:00 AM (Monday-Thursday)

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

CONFESSIONS

Saturday	4:00 - 5:00 PM
Sunday	4:15 - 4:45 PM (Español)
Tuesday	12:30 PM
Thursday	12:30 PM
Friday	12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

JULY 20 MONDAY	JULY 21 TUESDAY	JULY 22 WEDNESDAY	JULY 23 THURSDAY	JULY 24 FRIDAY
Rosary 6:15 AM, 11:30 AM	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Miraculous Medal Novena 12:30 PM Legion of Mary 7:30 PM <i>Parish Hall</i>	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Exposition of the Blessed Sacrament 12:30 PM-3:00 PM Divine Mercy Chaplet 3:00 PM
JULY 25 SATURDAY	JULY 26 SUNDAY	CLERGY Fr. Frederick H. Edlefsen, Pastor Fr. Francis Peffley, Parochial Vicar Fr. Bradley Lawrence, In Residence Ft. David Whitestone, In Residence STAFF Ms. Stephanie Vindell, Office Manager Mrs. Marie Macnamara, Sacramental Records Mrs. Esperanza Miranda, Parish Assistant Mrs. Maria A González de Pastrán, Parish Assistant Ms. Alicia Hamar, Parish Assistant Ms. Leigh Hasson, Director of Religious Education (DRE) Mrs. Kathryn Retta, Director of Music		
Rosary 9:30 AM Prayer Group (Español) 5:00 PM <i>Parish Hall</i>	Bread & Brews 1:00 PM <i>McNamara's</i> Community Coffee Hour (Español) 6:00 PM <i>Parish Hall</i>			



Having a Bad Day? Try This.

Triplet

A Poem by G. K. Chesterton

I wish I were a jelly fish
That cannot fall downstairs;
Of all the things I wish to wish
I wish I were a jellyfish
That hasn't any cares
And doesn't even have to wish
'I wish I were a jellyfish
That cannot fall downstairs.'

Ostriches and Aardvarks

And Other Things Worth Considering

by Fr. Frederick Edlefsen

"Roses are red. Violets are blue. You think this will rhyme. But it won't." Per Steve Allen, "That's funny for only one reason. You expected one thing and got another."

Solemnity precedes humor. Consider Mass. Ornate vestments, gilded vessels, priestly prayers changing bread and wine into Christ's Body and Blood. Mass is a sacred absurdity. A priest processes up the church aisle in an ornate horse blanket, utters cryptic orations to which everyone responds, "Amen" or "And with your spirit." He takes bread and wine and "transubstantiates" it into Christ's Body and Blood for the forgiveness of sins. Who invented that? When God touched humans, something sacred yet absurd happened: ritual, religion, forgiveness, and love. We do it again-and-again, like gleeful children who say, "Do it again!" It's wonderful. Catholicism is a bottomless treasure chest of wonders that beget humor. Humor's art blossoms from play and poetry, from prayer and meditation, from sacrifice and redemption.

"Humor," "humility," and "human" derive from "humus", meaning "from the earth" (not to be confused with "hummus" from chickpeas). Humor and humility are realistic and yet romantic because they're about redemption. Like comedians, they don't try to be funny. They say what they see. They confess sins. "My brother was an only child," said Jack Douglas.

St. Thomas Aquinas said a lack of humor is a vice. Humor feeds fellowship, virtue, and charity. But it's a delicate flower. Humor reeks of cynicism when innocence is lost. Humor's light, rather, flows from the struggle to let grace purify the heart. This can be painful and at times disappointing. For example, Jack Douglass was so virtuous that he gave up smoking seven times. Struggle begets humor.

Wonder revives humor in playful ironies. A duck-billed platypus makes no sense. Nor do ostriches and aardvarks. No one knows why they do what they do. But they are wonderful — and funny. They are graceful parodies of grace. Embrace humor's prophecy: Paradise. "Oh Wonder! I have become a child again!"

Welcome

Are you new to the Parish?
WE INVITE YOU TO REGISTER
Use the QR code or visit
ololcc.net and select "I'm New."



Upcoming Events

Sunday, July 26



Bread & Brews

After the Noon Mass, the young adult community is heading over to McNamara's on 23rd St.

Sunday, August 2 *We ♥ Our Volunteers*

New Parishioner/Volunteer Luncheon

New Parishioners and new volunteers are invited to a luncheon on Sunday, August 2nd after the 12:00 PM Mass in the Parish Hall.

Wednesday, August 15

Talk: Fr. Steve McGraw Tells His Story

Join us at 7:00 PM in the Parish Hall for a powerful evening as Fr. McGraw shares his firsthand account of witnessing American Airlines Flight 77 crash into the Pentagon.

SAVE THE DATE

Annual Picnic

Sunday, September 13

After the Noon Mass

OUR PARISH



Honor a loved one with a Mass at Our Lady of Lourdes. Contact the Rectory Office:
703.684.9261 or OLOL@OLOLCC.net

JULY 19, 2026

Sixteenth Sunday in Ordinary Time
Weekly Mass Intentions

SATURDAY

JULY 18

St. Camillus de Lellis, Priest

9:00 AM † Melva Stevenson

5:30 PM † Bozena Marek

SUNDAY

JULY 19

Sixteenth Sunday in Ordinary Time

8:00 AM † Showane Smith

10:00 AM All Parishioners, Living & Deceased

12:00 PM † David Jordan

5:00 PM † Lauren Mahoney

MONDAY

JULY 20

St. Apollinaris, Bishop and Martyr

6:45 AM Bradley and Amanda Nadeau

12:00 PM Rica Fowler

TUESDAY

JULY 21

St. Lawrence of Brindisi, Priest and Doctor of the Church

6:45 AM † William Workman

12:00 PM † Paul Atha

WEDNESDAY

JULY 22

St. Mary Magdalene

6:45 AM Maryellen Tibbs

12:00 PM † Robin Blanton

THURSDAY

JULY 23

St. Bridget, Religious

6:45 AM † Uriel Cuadra

12:00 PM † James Cancienne

FRIDAY

JULY 24

St. Sharbel Makhluf, Priest

6:45 AM Theresa Burke

12:00 PM Mary Brown

RECTORY COOK

Our Lady of Lourdes Catholic Church Rectory Cook is a 15-hour-per-week position responsible for preparing dinners for up to four priests and, occasionally, guests at 5:00 PM on Mondays, Wednesdays, and Fridays. Meals should be healthy, balanced, and well prepared.

The Cook is also responsible for grocery shopping, maintaining a clean and well-organized kitchen, monitoring expiration dates and food safety, and preparing food to be left in the refrigerator for weekends.

A valid driver's license, proficiency in English, and the ability to lift up to 20 lbs. are required. Knowledge of food preparation, handling, and safety is essential. All employees are required to provide I-9 documentation.

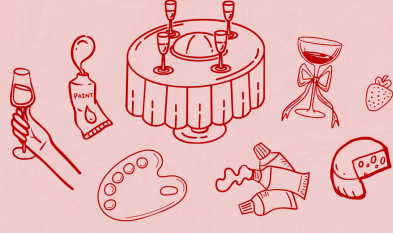
Please email your resume and cover letter to manager@ololcc.net

Salary range: \$15–\$20 per hour.
This position is not benefits-eligible.



 **OUR LADY OF LOURDES**
Arlington, Virginia

YOU'RE INVITED TO A
Sip and Paint
AT OUR LADY OF LOURDES



Join fellow parishioners for an evening of watercolor painting! The \$15 registration fee covers all materials, a canvas, step-by-step instruction, snacks, and beverages.

SUNDAY, JULY 19TH, 2:00 - 5:00 PM
830 23rd, St S, Arlington, VA 22202


RSVP

New Volunteer & New Parishioner Reception

02
AUG

- * AFTER THE NOON MASS
- * PARISH HALL
- * NO RSVP REQUIRED

Join for a reception following the Noon Mass on Sunday, August 2, to welcome new volunteers and parishioners.

All volunteers are invited and encouraged to attend to meet and welcome our newcomers.



OUR LADY
of LOURDES

Arlington, Virginia

PRAYER IN OUR PARISH

PRAYERS FOR THE DECEASED

Frank Barone, Joseph Cabral, Alexander Davis, Duane Flemming, Herman Keels, Tom Kiselak, Pasquale Menna, Milli Pugliese, Deacon Pete Walsh.

PRAYERS FOR THE ILL AND HOMEBOUND

Noel Aguilar, Matilde Cruz, Caroline "Tiger" Davidowich, Diego DiMassimo, Rica Fowler, Eileen Harp, Bobby Long, Dianne Lynott, Brian Macnamara, Julia Macnamara, Kathryn Updegraff, Dionisio Martin Vindell, Ted Wang.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.

LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. To learn more about the Legion and its work, join us for a meeting. We meet every Wednesday, 7:30-9 PM, Lourdes Center (lower level). Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

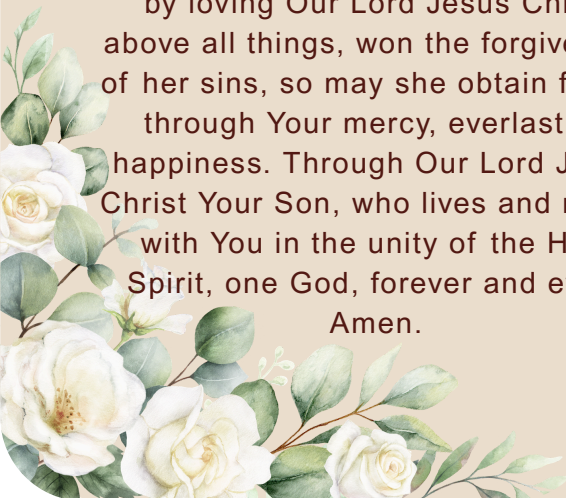
Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.



Traditional Prayer for the Feast Day of

St. Mary Magdalene

Grant to us, most merciful Father,
that as the blessed Mary Magdalen,
by loving Our Lord Jesus Christ
above all things, won the forgiveness
of her sins, so may she obtain for us,
through Your mercy, everlasting
happiness. Through Our Lord Jesus
Christ Your Son, who lives and reigns
with You in the unity of the Holy
Spirit, one God, forever and ever.
Amen.



After Flowers

This week's Altar Flowers are sponsored in
loving memory of
Peter Filpi
by the Filpi family.

Email or call the Rectory Office to schedule
703-684-9261 or OLOL@OLOLCC.net
Sponsorship is \$75. Next available date is August 16, 2026.



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit ololcc.net, click "Mass & More" and "Baptism" to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit ololcc.net, click "Get Involved," then "Religious Education" to register. Or contact dre@ololcc.net.

CONFIRMATION

Grades 7-8 prepare for confirmation in our CCD program. Visit ololcc.net, click "Get Involved" and then "Religious Education" to register. Or contact dre@ololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

OCIA is for adults 18+ seeking the Sacraments of Initiation (Baptism, Holy Communion, Confirmation). Visit ololcc.net and click "Get Involved" and "Explore Catholicism" to register. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at ololcc.net under Mass & More and Marriage Prep.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

RELIGIOUS EDUCATION



Religious Education



Interested in Becoming a CCD Teacher?

CCD seeks volunteer religion teachers for this upcoming school year. If you would like to volunteer, contact Leigh Hasson, Director of Religious Education at dre@ololcc.net or talk to a priest.

2026-27 CCD Registration is now open!

Students (K-8) & Preschool children, too!

Pre-K through 4th Grade: Sundays at 9:00 AM

5th through 8th Grade: Sundays at 11:00 AM

Contact Leigh Hasson, Director Religious Education, at dre@ololcc.net, or scan the above QR code to register.

OCIA Starts Sept. 14

The Order of Christian Initiation of Adults

- Prepares adults to receive the Sacraments of Initiation: Baptism, Confirmation and Holy Communion.
- Open to anyone who just wants to learn more about the Catholic Faith.
- Classes will be held on Mondays at 7:00 PM.



AROUND THE DIOCESE

Mass of Remembrance for Families of Child Loss

All Parents, Grandparents, relatives, and friends of child loss, from pregnancy loss through adulthood are welcome.

August 15th | 10:30 am

St. Agnes Catholic Church

1910 N. Randolph St., Arlington, VA

A light reception will follow the Mass

Celebrant & Homilist:

Most Rev. Michael F. Burbidge

Bishop of Arlington



Scan the
QR Code
to Register

For more information:
familylife@arlingtondiocese.org
703.841.2550

CATHOLIC DIOCESE OF
ARLINGTON | Office of
Marriage, Family & Respect Life

Red Bird
MINISTRIES

SUMMER STORYTIME

WITH THE SISTERS!

11:00am to 11:30am
STORIES, ACTIVITIES & SONGS!

For 3 to 5 yr olds
(with parent/guardian; siblings welcome!)

THURSDAYS
June 25
July 16
July 30
August 13

 **Pauline Books & Media**
1025 King St.
Alexandria, VA 22314
703-549-3806
paulinestore.org



VOCATIONS, STEWARDSHIP & MORE

Stewardship Reflection

"The kingdom of heaven is like a mustard seed." (Matthew 13:31)

Small acts of faith can grow into great vocations. A call to a particular vocation often begins quietly, but as you pray and nurture it, it can blossom into something beautiful. Is God placing a vocation in your heart? Talk to your priest or reach out to the Vocation Office:

(703) 841-2514

vocations@arlingtondiocese.org



Stay Connected!

Stay updated on all our community news and events by reading the weekly bulletin on our website or scan the QR code, under "About" and click "Bulletin." You can also safely and easily make your regular donations online at the QR Code under "Give". Thank you for your continued support, and have a blessed and safe summer!

Money Counters Needed

Do you have an hour to spare on Monday mornings? We are looking for volunteers to help count the weekend offertory on Mondays from 10:00 AM to 11:00 AM. If you're detail-oriented and want to serve in this vital ministry, please contact the parish office at: lol@lolcc.net

PARISHSOFT ONLINE GIVING

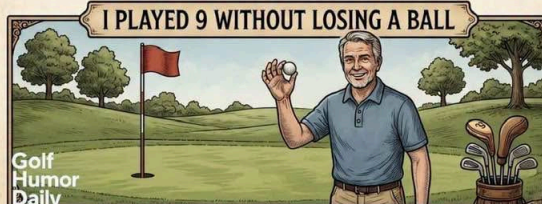
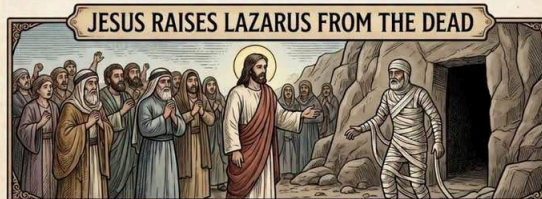
Our Lady of Lourdes accepts online donations via ParishSoft! You can donate to all our parish first, second, and special collections and set up recurring payments on your own schedule. To sign up, scan the QR code below.



Our Lady of Lourdes in Poplar, Montana

This collection helps our Friendship Parish on the Fort Peck Indian Reservation in Poplar, Montana to meet the basic necessities of their parishioners and reservation and provide spiritual and sacramental care to them. Thank you for your generosity.

HISTORY'S GREATEST MIRACLES



CARTOON OF THE WEEK

SPONSOR OF THE WEEK Woodlawn Tree Service

www.woodlawntreeservice.com/

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 26 de Julio** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

ORACIONES POR EL DIFUNTO

Eugenio Duarte, Christian David Medina, Marina Montenegro.

ORACIONES POR LOS ENFERMOS Y LOS CONFINADOS EN CASA

Vanessa Bendana, Teresa Diaz, Martha Justina Gonzalez, Ulises y Julieta Gonzalez, Grethel Valdez, Massiel Valenzuela, Noel Vargas, Dionisio Martin Vindell. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

INTENCIONES DE MISAS

Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa 703.684.9261
OLOL@OLOLCC.net



¿Tienes un mal día? Prueba el sentido del humor.

Triolet

Un poema de G. K. Chesterton

Ojalá fuera una medusa de mar
Que no puede caerse por las escaleras;
De todas las cosas que deseo desear
Ojalá fuera una medusa de mar
Que de ninguna pena se entera
Y ni siquiera tiene que desear
"Ojalá fuera una medusa de mar
Que no puede caerse por las escaleras".

Avestruces y cerdos hormigueros

Y otras cosas que vale la pena considerar

por el P. Frederick Edlefsen

"Las rosas son rojas. Las violetas son azules. Crees que esto va a rimar. Pero no lo hará". Según Steve Allen, "esto es gracioso por una sola razón. Esperabas una cosa y obtuviste otra".

La solemnidad precede al humor. Consideremos la Misa. Vestimentas ornamentadas, vasijas doradas, oraciones sacerdotales que transforman el pan y el vino en el Cuerpo y la Sangre de Cristo. La misa es un absurdo sagrado. Un sacerdote avanza por el pasillo de la iglesia con una túnica ornamentada, pronuncia oraciones crípticas a las que todos responden: "Amén" o "Y con tu espíritu". Toma el pan y el vino y los "transubstancia" en el Cuerpo y la Sangre de Cristo para el perdón de los pecados.

¿Quién inventó todo esto? Cuando Dios creó a los humanos, algo sagrado pero absurdo sucedió: el ritual, la religión, el perdón y el amor. Vivimos estas experiencias una y otra vez, como niños alegres que dicen: "¡Hazlo de nuevo!" Es maravilloso. El catolicismo es un cofre sin fondo con un tesoro maravilloso que engendra humor. El arte del humor florece del juego y la poesía, de la oración y la meditación, del sacrificio y la redención.

"Humor", "humildad" y "humano" derivan de la palabra "humus", que significa "de la tierra" (no hay que confundirlo con el "hummus" hecho de garbanzos). El "humor" y "la humildad" se basan en la realidad pero también son de naturaleza romántica porque tienen que ver con la redención. Al igual que los comediantes, no tratan de ser graciosos. Dicen lo que ven. Confiesan sus pecados.

Santo Tomás de Aquino decía que la falta de humor es un vicio. El humor alimenta el compañerismo, la virtud y la caridad. Pero es como una flor delicada. El humor se contamina de cinismo cuando pierde la inocencia. La belleza del humor, más bien, fluye de la lucha para dejar que la gracia purifique el corazón. Esto puede ser doloroso y, a veces, decepcionante. Por ejemplo, Jack Douglass, un escritor-comediante, era tan virtuoso que dejó de fumar siete veces. La lucha engendra humor.

El asombro revive el humor con ironías graciosas. Un ornitorrinco con pico de pato no tiene sentido. Tampoco los avestruces y los cerdos hormigueros. Nadie sabe por qué hacen lo que hacen. Pero son seres maravillosos y divertidos. Son ironías graciosas de la gracia divina. Abraza la profecía del humor: el Paraíso. "¡Oh, qué maravilla! ¡Me he convertido en un niño otra vez!"

Bienvenido

Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- una oportunidad única para servir en la misión de Nuestra Señora de Lourdes
- ser parte de una comunidad y una familia espiritual donde pueda crecer en santidad
- recibir preparación sacramental, y educación religiosa

Para registrarse, utilice el código QR, visite www.ololcc.net o llame a la Rectoría al 703-684-9261.



GRUPOS VOLUNTARIOS MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5-10 PM. Comunicarse con Sergio Benitez al 240-706-2447 y Natividad Joyas al 571-245-2982

LEGION DE MARIA

Se reúnen todos los viernes de 6-8 PM. Comunicarse con Rosa Benítez al 571-501-3435

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990



¿Le Interesa Ser Maestro/a de CCD?

CCD busca maestros voluntarios de religión para el próximo año escolar. Si desea ser voluntario, comuníquese con Leigh Hasson, Directora de Educación Religiosa a dre@ololcc.net o hable con un sacerdote.

¡Inscripción de CCD 2026-27 ya está abierta!

¡Estudiantes (K-8) y niños de preescolar también!

Preescolar a 4 grado:	Domingos a las 9:00 AM
De 5 a 8 grado:	Domingos a las 11:00 AM

Comuníquese con Leigh Hasson, Directora de Educación Religiosa, a dre@ololcc.net, o escanee el código QR de arriba para registrarse.

OCIA Comienza el 14 de Sept.

El Orden de Iniciación Cristiana de Adultos

- Prepara a los adultos para recibir los Sacramentos de Iniciación: Bautismo, Confirmación y Sagrada Comunión.
- Abierto a cualquier persona que desee aprender más sobre la Fe Católica.
- Las clases se llevarán a cabo los lunes a las 7:00 PM.



¡Mantente Conectado!

Manténgase al día con todas las noticias y eventos de nuestra comunidad consultando el boletín semanal en nuestro sitio web; puede acceder a él mediante el código QR, en la sección Acerca de y haciendo clic en Boletín.



OUR LADY of LOURDES

Arlington, Virginia

ololcc.net



[@olol_arlington](https://www.instagram.com/olol_arlington)



Parish Registration



Give Online



Pastor's Message



Sign Up to Volunteer

830 23rd Street South | Arlington, VA 22202 | 703-684-9261 | olol@ololcc.net | www.ololcc.net