

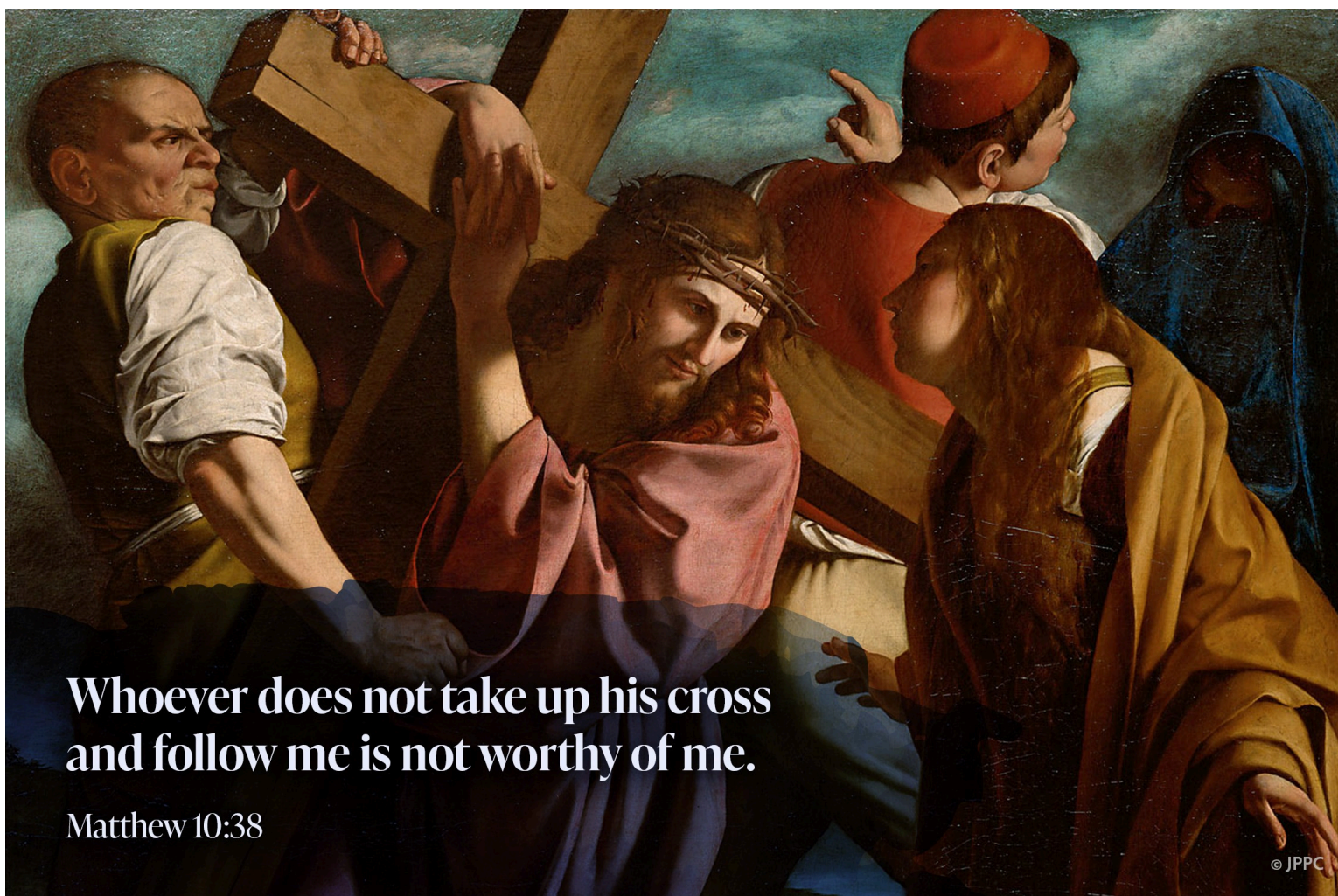


OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET

 @OLOL_ARLINGTON



**Whoever does not take up his cross
and follow me is not worthy of me.**

Matthew 10:38

JUNE 28, 2026

Thirteenth Sunday in
Ordinary Time

28 DE JUNIO DE 2026

Decimotercer Domingo del
Tiempo Ordinario

PARISH INFORMATION

OFFICE HOURS

Monday - Friday, 8:00 AM - 4:00 PM

REGISTRATION

Visit www.ololcc.net and click "I'm New" or scan the QR code



Parish



eGiving

Registration

MASS SCHEDULE

Sunday 5:30 PM Vigil (Saturday), 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM (Español)
 Monday - Friday 6:45 AM, 12:00 PM
 Saturday 9:00 AM
 Holy Days of Obligation 7:00 PM (Vigil), 6:45 AM, 12:00 PM, 7:00 PM
 Federal Holidays 10:00 AM (Monday-Thursday)


Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

CONFESSIONS

Saturday 4:00 - 5:00 PM
 Sunday 4:15 - 4:45 PM (Español)
 Tuesday 12:30 PM
 Thursday 12:30 PM
 Friday 12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

JUNE 29 MONDAY	JUNE 30 TUESDAY	JULY 1 WEDNESDAY	JULY 2 THURSDAY	JULY 3 FRIDAY
Rosary 6:15 AM, 11:30 AM	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Rosary 6:15 AM, 11:30 AM Miraculous Medal Novena 12:30 PM Legion of Mary 7:30 PM Parish Hall	Rosary 6:15 AM, 11:30 AM Pro-Life Rosary 7:00 PM	Mass 10:00 AM Confessions 10:30 AM, <i>Following Mass</i> <i>Parish Office Closed</i>
JULY 4 SATURDAY	JULY 5 SUNDAY	CLERGY Fr. Frederick H. Edlefsen, Pastor Fr. Francis Peffley, Parochial Vicar Fr. Bradley Lawrence, In Residence Fr. David Whitestone, In Residence STAFF Ms. Stephanie Vindell, Office Manager Mrs. Marie Macnamara, Sacramental Records Mrs. Esperanza Miranda, Parish Assistant Mrs. Maria A González de Pastrán, Parish Assistant Ms. Alicia Hamar, Parish Assistant Ms. Leigh Hasson, Director of Religious Education (DRE) Mrs. Kathryn Retta, Director of Music		
 Rosary 9:30 AM Prayer Group (Español) 5:00 PM Parish Hall	Community Coffee Hour (Español) 6:00 PM Parish Hall			



Why I Love My Country
Preparing for Independence Day 250
By Fr. Frederick Edlefsen

En route to New Orleans from Runway 1, I enjoy gazing from my window seat over the landscapes of America’s southeast. Flying over NoVa neighborhoods and then over UVA’s familiar campus and the Appalachian Mountains – which become more dramatic in the Smokies – I contemplate all this and the towns and winding roads that lead to the reservoirs and farms of red clay country in the Tennessee Valley. I occasionally recognize landmarks from road trips taken years ago, including an I-59 median south of Meridian, Mississippi (of childhood memory) that splits widely among southern pines and forms a woodland between the northbound and southbound lanes, giving the sensation that there’s no traffic going the opposite direction. Back in the 1970s, even Meridian had DC-9 jet service on Southern Airways – the “Aristocrat of the South.”

Sentiments and memories emerge, like prayers, when the plane approaches the Gulf of Mexico, banking west over Pascagoula, Biloxi, and Bay St. Louis, with a view of the Chandeleur Islands from the left window before passing over Lake Pontchartrain and then banking a hairpin left over swamps to land in New Orleans. Memories of landscapes and the people encountered over my lifetime make my heart grateful. I remember once thinking, while looking out an airplane’s window: “I love my country.” I felt grateful to God for gifting me with this land and its people.

We don’t choose our country. It is a gift of Providence. Patriotism should not be an occasion of bravado and boasting. On the contrary, the gift of our country should humble us and make us kinder and more generous to all people of goodwill.

This is authentic patriotism. It is perfected through the Holy Spirit’s Gift of Piety, which gives us a childlike affection and gratitude to God. It produces an interior enlightenment that makes us see the best of every culture and the beauty of every “nation and race, and language and people” (Revelation 14:6) as a gift for us and for all. Piety’s supernatural light inspires us to use the gifts we have received for the good of others. Piety is a healing balm, perfecting the virtue of Justice and blossoming in the Beatitude, “Blessed are the gentle of heart, for they shall inherit the earth” (Matthew 5:5).

More Independence Day reflections next weekend.

Welcome

Are you new to the Parish?
WE INVITE YOU TO REGISTER
 Use the QR code or visit
 lolcc.net and select “I’m New.”



Upcoming Events

Sunday, June 28

Bread & Brews

After the Noon Mass, the young adult community is heading over to McNamara’s on 23rd St.



Friday, July 3

Forth of July Observance Holiday

Independence Day is observed on July 3. One Mass at 10:00 AM followed by Confessions (no Exposition of the Blessed Sacrament) Parish Office Closed.



Sunday, July 19

Coffee and Donuts

Join us this Father’s Day for coffee and donuts after: 8:00 AM, 10:00 AM, and 12:00 PM Mass.



Sunday, July 19

Paint N’ Sip

Parishioners are invited for watercolor painting, 2:00 - 5:00 PM in the Parish Hall! There is a \$15 registration fee for the materials. Please RSVP on the website.



Sunday, August 2 *We ♥ our Volunteers*

New Parishioner/Volunteer Luncheon

New Parishioners and new volunteers are invited for a luncheon on Sunday, August 2nd after the 12:00 PM Mass in the Parish Hall.

OUR PARISH



Honor a loved one with a Mass at Our Lady of Lourdes. Contact the Rectory Office: 703.684.9261 or OLOL@OLOLCC.net

JUNE 28, 2026

Thirteenth Sunday in Ordinary Time Weekly Mass Intentions

SATURDAY		JUNE 27
<i>St. Cyril of Alexandria, Bishop and Doctor of the Church</i>		
9:00 AM	† Braun Levi	
5:30 PM	† Millie Pugliese	
SUNDAY		JUNE 28
<i>Thirteenth Sunday in Ordinary Time</i>		
8:00 AM	† Barbara and Bob Rachko	
10:00 AM	All Parishioners, Living & Deceased	
12:00 PM	† Richard Johnston	
5:00 PM	Terrence Hogan	
MONDAY		JUNE 29
<i>Ss. Peter & Paul, Apostles</i>		
6:45 AM	† William David Whiteside	
12:00 PM	† Mary Lynn Barker	
TUESDAY		JUNE 30
<i>First Martyrs of the Holy Roman Church</i>		
6:45 AM	† Morgan Day	
12:00 PM	† Baleros & DiNapoli families	
WEDNESDAY		JULY 1
<i>St. Junípero Serra, Priest</i>		
6:45 AM	† John Frye	
12:00 PM	† Mabel & John Huth	
THURSDAY		JULY 2
6:45 AM	† Holy Souls in Purgatory	
12:00 PM	† James Cancienne	
FRIDAY		JULY 3
10:00 AM	† Sharon Yun	



Rectory Cook

Our Lady of Lourdes Catholic Church Rectory Cook is a 15-hour-per-week position responsible for preparing dinners for up to four priests and, occasionally, guests at 5:00 PM on Mondays, Wednesdays, and Fridays. Meals should be healthy, balanced, and well prepared.

The Cook is also responsible for grocery shopping, maintaining a clean and well-organized kitchen, monitoring expiration dates and food safety, and preparing food to be left in the refrigerator for weekends.

A valid driver's license, proficiency in English, and the ability to lift up to 20 lbs. are required. Knowledge of food preparation, handling, and safety is essential. All employees are required to provide I-9 documentation.

Please email your resume and cover letter to manager@ololcc.net





Stay Connected!

Stay updated on all our community news and events by reading the weekly bulletin on our website at the QR Code, under "About" and click "Bulletin." You can also safely and easily make your regular donations online at the QR Code under "Give". Thank you for your continued support, and have a blessed and safe summer!

PRAYER IN OUR PARISH

PLEASE PRAY FOR

Matilde Cruz, Maj. Alexander Davis, Caroline "Tiger" Davdowich, Diego DiMassimo, Anne Durand, Geraldine Filpi, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Dianne Lynott, Brian Macnamara, Julia Macnamara, Pasquele Menna, James Merna, Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Jose Silva, Kathryn Updegraff, Lourdes Velasquez, Joyce Velde, Victor Villalobos, Ted Wang, and Ismael A. Zavala Umaña. Contact the Rectory Office, 703-684-9261 or olol@ololcc.net to add or remove a name.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.



LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. To learn more about the Legion and its work, join us for a meeting. We meet every Wednesday, 7:30-9 PM, Lourdes Center (lower level). Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

Prayer to St. Peter

O Holy Apostle, because you are the Rock upon which Almighty God has built His Church, obtain for me, I pray you, a lively faith, firm hope, and burning love.

Complete detachment from myself, contempt of the world, patience in adversity, humility in prosperity, recollection in prayer, purity of heart, a right intention in all my works, diligence in fulfilling the duties of my state of life, constancy in my resolutions, resignation to the will of God, and perseverance in the grace of God even unto death; that so, by means of your intercession and your glorious merits, I may be made worthy to appear before the chief and eternal Shepherd of souls, Jesus Christ.

Amen.

After Flowers

Email or call the Rectory Office to schedule 703-684-9261 or OLOL@OLOLCC.net
Sponsorship is \$75. Next available date is July 26, 2026.



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit ololcc.net, click "Mass & More" and "Baptism" to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit ololcc.net, click "Get Involved," then "Religious Education" to register. Or contact dre@ololcc.net.

CONFIRMATION

Grades 7-8 prepare for confirmation in our CCD program. Visit ololcc.net, click "Get Involved" and then "Religious Education" to register. Or contact dre@ololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

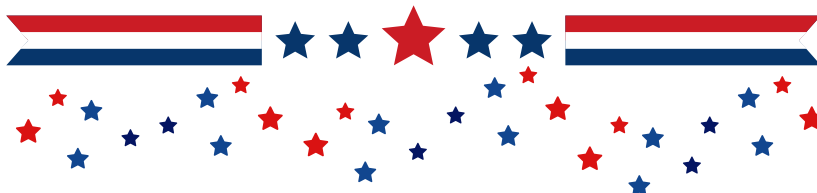
OCIA is for adults 18+ seeking the Sacraments of Initiation (Baptism, Holy Communion, Confirmation). Visit ololcc.net and click "Get Involved" and "Explore Catholicism" to register. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at ololcc.net under Mass & More and Marriage Prep.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.



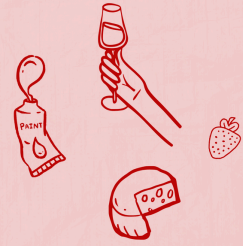


RSVP HERE

YOU'RE INVITED TO A

Sip and Paint

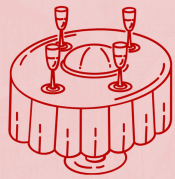
AT OUR LADY OF LOURDES



Join fellow parishioners for an evening of watercolor painting! The \$15 registration fee covers all materials, a canvas, step-by-step instruction, snacks, and beverages.



SUNDAY, JULY 19TH, 2:00 - 5:00 PM



Parish Hall

830 23rd, St S, Arlington, VA 22202



OUR LADY
of LOURDES
Arlington, Virginia

YOU'RE INVITED



JUNE 28

AFTER THE NOON MASS

YOUNG ADULT

BREAD AND BREWS



MCNAMARA'S PUB & RESTAURANT

567 23rd St S Arlington, VA 22202



Religious Education

Interested in Becoming a CCD Teacher?

CCD seeks volunteer religion teachers for this upcoming school year. If you would like to volunteer, contact Leigh Hasson, Director of Religious Education at dre@lolcc.net or talk to a priest.

2026-27 CCD Registration is now open!

Students (K-8) & Preschool children, too!

Pre-K through 4th Grade: Sundays at 9:00 AM

5th through 8th Grade: Sundays at 11:00 AM

Contact Leigh Hasson, Director Religious Education, at dre@lolcc.net, or scan the above QR code to register.

OCIA Starts Sept. 14

The Order of Christian Initiation of Adults

- Prepares adults to receive the Sacraments of Initiation: Baptism, Confirmation and Holy Communion.
- Open to anyone who just wants to learn more about the Catholic Faith.
- Classes will be held on Mondays at 7:00 PM.



MEN'S SILENT RETREAT *Following St. Joseph to Jesus*



July 10-12
Friday - Sunday

He played an essential role in the greatest event in human history; husband to Mary, adopted Father of Jesus Christ, a quiet carpenter... and a righteous man. Aside from these things we don't know much about St. Joseph — but what we do know can help us to be better Men...husbands, and fathers.

Come aside and rest awhile at our Arlington Diocesan Retreat Center at the edge of the Shenandoah Mountains in White Post, Virginia

Father John Riley will be offering Mass, Confessions and Conferences during this silent retreat for men who would like to learn from St. Joseph how to live, pray, and draw nearer to Jesus — by His Grace to become "Men after Christ's Own Heart."



Retreat cost is \$299. Financial assistance may be available. For more information or to register, please contact Father Riley at retreat@sacredheartwinchester.org or visit our website at ArlingtonDiocese.org/Retreat

God Made Them and Blessed Them:

Living the Sacrament of Marriage



July 17-19
Friday - Sunday

A retreat for married couples to contemplate the gift of their Sacrament. We will pray individually and together, pondering the graces of Marriage and reflecting on God's promises and Presence in the life of a family.

We shall also consider how God elevates the capacity of spouses to love each other and their children, and how He makes the home of a family a privileged place of healing and sanctification.

Fr. Daniel Hanley is the fourth of six children from a Catholic family. He was ordained in 2005 and has served as parochial vicar in several parishes in the Arlington Diocese. Fr. Hanley has also served as teacher and faculty member at the North American College in Rome and is currently the coordinator of the blessed Stanley Rother House of formation at Mount St. Mary's Seminary in Maryland.



Retreat cost is \$499. Financial assistance may be available. For more information or to register, please contact Deacon Maines: mark.maines@arlingtondiocese.org or visit our website at ArlingtonDiocese.org/Retreat

VOCATIONS, STEWARDSHIP & MORE

Stewardship Reflection

**"Whoever does not take up his cross and follow after me is not worthy of me."
(Matthew 10:38)**

Following Christ means embracing sacrifice. Are you willing to carry your cross, offering your hopes and dreams in order to follow Him and discover true peace and purpose? Have you asked God what He is calling you to in your life? Talk to your priest or reach out to the Vocation Office at

(703) 841-2514

vocations@arlingtondiocese.org



PARISHSOFT ONLINE GIVING

Our Lady of Lourdes accepts online donations via ParishSoft! You can donate to all our parish first, second, and special collections and set up recurring payments on your own schedule. To sign up, scan the QR code below.



Peter's Pence Collection (Collection for the Holy Father)

This collection supports the Holy Father's mission and charitable works throughout the entire world, from financial assistance to the neediest to the promotion of peace and human development. Thank you for your generosity.

A Gift from Our Parish to You.

FORMED

The Best Catholic Content.
All in One Place

Formed is the "Catholic Netflix" - a digital streaming platform and faith formation resource. Learn more & sign up at <https://lolcc.net/>



ALL COLLEGE STUDENTS
ARE WELCOME TO...

THURSDAY NIGHT GATHERINGS

HOSTED BY
CATHOLIC PATRIOTS!

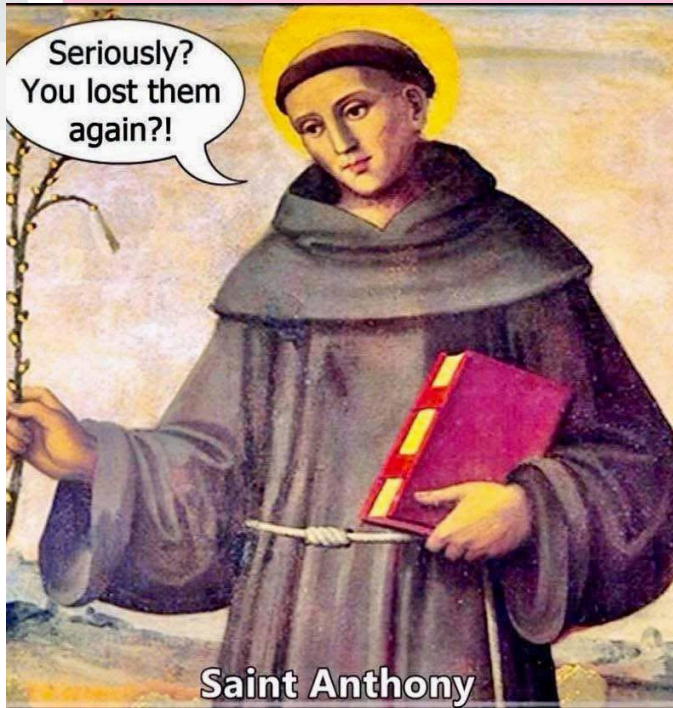
FOOD, FUN, AND
FELLOWSHIP!

THURSDAYS 7-9PM
JUNE - JULY

GMUCCM.ORG

ST. ROBERT
BELLARMINE CHAPEL
4515 ROBERTS RD
FAIRFAX, VA 22032

@CATHOLIC.PATRIOT



CARTOON OF THE WEEK

Saint Anthony

SPONSOR OF THE WEEK
Jennifer Caterini, Realtor

jcaterini@ttsir.com | (703) 609-6258

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 28 de Junio** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

EN ORACION POR

Matilde Cruz, Diego DiMassimo, Anne Durand, Geraldine Filpi, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Dianne Lynott, Brian Macnamara, Julia Macnamara, James Merna Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Jose Silva, Kathryn Updegraff, Lourdes Velasquez, Joyce Velde, Victor Villalobos, Ted Wang, and Ismael A. Zavala Umaña. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa
703.684.9261
OLOL@OLOLCC.net



Por qué amo a mi país

Preparativos para el Día de la Independencia 250
P. Frederick Edlefsen

De camino a Nueva Orleans desde la pista 1, disfruto contemplando desde mi asiento de la ventana los paisajes del sureste de Estados Unidos. Sobrevolando barrios de NoVa y luego sobre el campus familiar de UVA y las montañas Apalaches —que se vuelven más dramáticas en los Smokies— contemplo todo esto y los pueblos y caminos sinuosos que conducen a los embalses y granjas de la tierra de arcilla roja en el valle de Tennessee. De vez en cuando reconozco puntos de referencia de viajes por carretera realizados hace años, incluyendo una mediana de la I-59 al sur de Meridian, Mississippi (de memoria infantil) que se divide ampliamente entre los pinos del sur y forma un bosque entre los carriles norte y sur, dando la sensación de que no hay tráfico en sentido contrario. En los años 70, incluso Meridian tenía servicio en aviones DC-9 en Southern Airways, el "Aristócrata del Sur".

Sentimientos y recuerdos emergen, como oraciones, cuando el avión se acerca al Golfo de México, girando hacia el oeste sobre Pascagoula, Biloxi y Bay St. Louis, con vistas a las islas Chandeleur desde la ventana izquierda antes de pasar sobre el lago Pontchartrain y luego desviarse por un pantano en forma de horquilla que queda para aterrizar en Nueva Orleans. Los recuerdos de paisajes y de las personas que he encontrado a lo largo de mi vida hacen que mi corazón se llene de gratitud. Recuerdo que una vez pensé, mientras miraba por la ventana de un avión: "Amo a mi país". Me sentí agradecido a Dios por regalarme esta tierra y su gente. No elegimos nuestro país. Es un regalo de la Providencia. El patriotismo no debería ser una ocasión de fanfarronería y fanfarronería. Al contrario, el regalo de nuestro país debería humillarnos y hacernos más amables y generosos con todas las personas de buena voluntad.

Esto es patriotismo auténtico. Se perfecciona a través del Don de la Piedad del Espíritu Santo, que nos otorga un afecto y gratitud infantiles hacia Dios. Produce una iluminación interior que nos hace ver lo mejor de cada cultura y la belleza de cada "nación y raza, y lengua y pueblo" (Apocalipsis 14:6) como un regalo para nosotros y para todos. La luz sobrenatural de la piedad nos inspira a usar los dones que hemos recibido para el bien de los demás. La piedad es un bálsamo sanador, perfeccionando la virtud de la Justicia y floreciendo en la Bienaventuranza, "Bienaventurados los amables de corazón, porque heredarán la tierra" (Mateo 5:5).

Más reflexiones sobre el Día de la Independencia el próximo fin de semana.

Bienvenido

Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- una oportunidad única para servir en la misión de Nuestra Señora de Lourdes
- ser parte de una comunidad y una familia espiritual donde pueda crecer en santidad
- recibir preparación sacramental, y educación religiosa

Para registrarse, utilice el código QR, visite www.ololcc.net o llame a la Rectoría al 703-684-9261.



¿Le Interesa Ser Maestro/a de CCD?

CCD busca maestros voluntarios de religión para el próximo año escolar. Si desea ser voluntario, comuníquese con Leigh Hasson, Directora de Educación Religiosa a dre@ololcc.net o hable con un sacerdote.

¡Inscripción de CCD 2026-27 ya está abierta!

¡Estudiantes (K-8) y niños de preescolar también!

Preescolar a 4 grado:	Domingos a las 9:00 AM
De 5 a 8 grado:	Domingos a las 11:00 AM

Comuníquese con Leigh Hasson, Directora de Educación Religiosa, a dre@ololcc.net, o escanee el código QR de arriba para registrarse.

GRUPOS VOLUNTARIOS MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5-10 PM. Comunicarse con Sergio Benitez al 240-706-2447 y Natividad Joyas al 571-245-2982

LEGION DE MARIA

Se reúnen todos los viernes de 6-8 PM. Comunicarse con Rosa Benitez al 571-501-3435

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

OCIA Comienza el 14 de Sept.

El Orden de Iniciación Cristiana de Adultos

- Prepara a los adultos para recibir los Sacramentos de Iniciación: Bautismo, Confirmación y Sagrada Comunión.
- Abierto a cualquier persona que desee aprender más sobre la Fe Católica.
- Las clases se llevarán a cabo los lunes a las 7:00 PM.



¡Mantente Conectado!

Manténgase al día con todas las noticias y eventos de nuestra comunidad consultando el boletín semanal en nuestro sitio web; puede acceder a él mediante el código QR, en la sección Acerca de y haciendo clic en Boletín.



OUR LADY *of* LOURDES

Arlington, Virginia

ololcc.net



[@olol_arlington](https://www.instagram.com/olol_arlington)



Parish Registration



Give Online



Pastor's Message



Sign Up to Volunteer

830 23rd Street South | Arlington, VA 22202 | 703-684-9261 | olol@ololcc.net | www.ololcc.net