



OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET

 @OLOL_ARLINGTON



THIS IS MY
BELOVED SON,
WITH WHOM I AM
WELL PLEASED;
listen to him.

MATTHEW 17:5

© JPPC

MARCH 1, 2026

Second Sunday of Lent

1 DE MARZO DE 2026

Segundo Domingo de Cuaresma

PARISH INFORMATION

OFFICE HOURS

Monday - Friday 8:00 AM - 4:00 PM

REGISTRATION

To register, visit www.ololcc.net, and click "I'm New" or scan the QR code.



Parish Registration



eGiving

MASS SCHEDULE

Sunday 5:30 PM Vigil (Saturday), 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM (Español)
 Monday - Friday 6:45 AM, 12:00 PM
 Saturday 9:00 AM
 Holy Days of Obligation 7:00 PM (Vigil), 6:45 AM, 12:00 PM, 7:00 PM
 Federal Holidays 10:00 AM (Monday-Thursday)

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

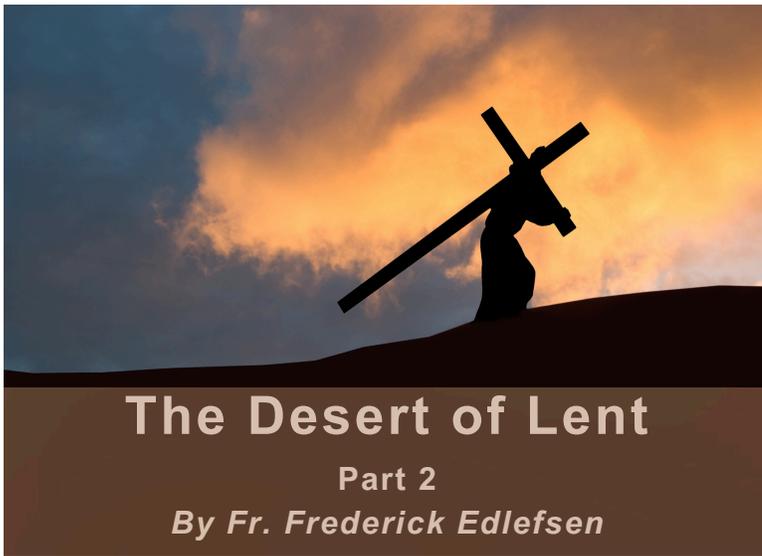
CONFESSIONS

Saturday 4:00 - 5:00 PM
 Sunday 4:15 - 4:45 PM (Español)
 Tuesday 12:30 PM
 Thursday 12:30 PM
 Friday 12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

MARCH MONDAY 2	MARCH TUESDAY 3	MARCH WEDNESDAY 4	MARCH THURSDAY 5	MARCH FRIDAY 6
<p>Rosary 6:15 AM, 11:30 AM</p> <p>Scout Meeting 7:00 PM <i>Parish Hall</i></p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Pro-Life Rosary 7:00 PM</p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Miraculous Medal Novena 12:30 PM</p> <p> The Light is On, Confessions 6:30 PM</p> <p>Legion of Mary 7:30 PM <i>Parish Hall</i></p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Pro-Life Rosary 7:00 PM</p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Exposition of the Blessed Sacrament 12:30 PM-3:00 PM</p> <p>Divine Mercy Chaplet 3:00 PM</p> <p>Fish Fry 5:30 - 7:30 PM</p> <p> Confessions 7:00</p> <p> Stations of the Cross 7:30</p>
MARCH SATURDAY 7	MARCH SUNDAY 8	<p>CLERGY Fr. Frederick H. Edlefsen, Pastor Fr. Francis Peffley, Parochial Vicar Fr. Bradley Lawrence, In Residence Fr. Noah Morey, In Residence</p> <p>STAFF Ms. Stephanie Vindell, Office Manager Mrs. Marie Macnamara, Sacramental Records Mrs. Esperanza Miranda, Parish Assistant Mrs. Maria A González de Pastrán, Parish Assistant Ms. Alicia Hamar, Parish Assistant Ms. Leigh Hasson, Director of Religious Education (DRE) Mrs. Kathryn Retta, Director of Music</p>		
<p>Rosary 9:30 AM</p> <p>Prayer Group (Español) 5:00 PM <i>Parish Hall</i></p>	<p>Community Coffee Hour (Español) 6:00 PM <i>Parish Hall</i></p>			



The Desert of Lent

Part 2

By Fr. Frederick Edlefsen

In the Bible, fleeing to the desert is what holy people do for a while to prepare for a mission that God gives them. Moses and Elijah passed time in the desert before fulfilling their missions. John the Baptist and Jesus did the same. Jesus returned to the wilderness often, and he prayed all night before appointing his Twelve Apostles. After St. Paul had his vision of Christ, he fled to the wilderness for three years for before visiting Peter and beginning his mission. St. John was in the wilderness on the Isle of Patmos when God revealed the great apocalyptic vision. The Book of Revelation also says that, when the Church is pursued by Satan, she takes refuge in the desert. Christ was taken to the desert by St. Joseph to flee the persecutions of king Herod.

The wilderness is a solemn place, though austere. The prophet Hosea hears God's voice say to his beloved spouse, Israel, "I will allure her; I will lead her into the desert and speak tenderly to her heart" (Hosea 2:16). And again, God says, "Like finding grapes in the desert, I have found Israel" (Hosea 9:10).

Likewise, Holy Spirit invites us to the wilderness of Lent to "Speak tenderly to our hearts." He finds us sweetly available to him, "like grapes in the desert."

And for us, what is this wilderness? It is the desert of fasting, almsgiving, penance, and prayer. It is the desert of solitude with God. That's the desert of Lent. It is a fruitful and life-giving desert if we are willing deny ourselves for the sake of following Christ.

And finally, I'd like to point out, that Lent prepares us for the End of Time. As Christ's life and death prepared him for his Resurrection, so the disciplines of Lent prepare us for our own resurrection at the Last Judgment. During this holy season, allow the Holy Spirit to lead you into the desert of penance and prayer. May He enkindle the divine flame of Love in your hearts and make you attentive and watchful for the coming of Christ.

Welcome

Are you new to the Parish?

WE INVITE YOU TO REGISTER

Use the QR code or visit OLOLCC.NET and select "I'm New."



Upcoming Events

Friday, March 6

Fish Fry

The Nights of Columbus are hosting their annual Lenten Fish Fry in the Parish Hall, 5:30 - 7:30 PM.



Tuesday, March 10

Pizza with the Pope

Father Edlefsen will host a talk and discussion titled "**Pope John XXIII and the Catholic Outlook for International Cooperation**" at 7:00 PM in the Parish Hall



Saturday, March 21

St. Joseph's Spaghetti Dinner

Join us after the 5:30 PM Mass for a Spaghetti Dinner in the Parish Hall.



Sunday, March 29

Bread & Brews

Join us after the Noon Mass at McNamara's on 23rd St for a young adult gathering.



Tuesday, March 31

Father Peffley will host his second Lenten Talk on the "**Passion of Christ and the Shroud of Turin**" at 7:00 PM in the Parish Hall.



OUR PARISH



Honor a loved one with a Mass at Our Lady of Lourdes. Contact the Rectory Office: 703.684.9261 or OLOL@OLOLCC.net

MARCH 1, 2026

Second Sunday of Lent Weekly Mass Intentions

SATURDAY

9:00 AM † Chet Shields
5:30 PM † Virginia Beaver

FEBRUARY 28

SUNDAY

Second Sunday of Lent

8:00 AM † Angelita S. Baylon
10:00 AM All Parishioners, Living & Deceased
12:00 PM Celebrant's Intentions
5:00 PM Celebrant's Intentions

MARCH 1

MONDAY

6:45 AM † Holy Souls in Purgatory
12:00 PM † Melva Stevenson

MARCH 2

TUESDAY

St. Katharine Drexel, Virgin

6:45 AM Celebrant's Intentions
12:00 PM Rocque (Rock) Kramer

MARCH 3

WEDNESDAY

St. Casimir

6:45 AM † Joachim Ekeagwu
12:00 PM Mark Herberger

MARCH 4

THURSDAY

6:45 AM Melva Stevenson
12:00 PM † Veronica Maddox

MARCH 5

FRIDAY

6:45 AM † Donna, Thomas, and Mark Baker
12:00 PM † Alan Kramer

MARCH 6



Lent Schedule

February 20 – March 27

**See page 5 for
Holy Week Schedule
(March 29-April 4)*

Wednesdays

"Light is On"

Confessions 6:30-8:00 PM

Fridays

Confessions - 7:00 PM

Stations of the Cross - 7:30 PM



A St. Joseph Novena will be prayed after each Mass from March 11 - March 19.

PRAYER IN OUR PARISH

PLEASE PRAY FOR

Albert Bernard, Diego DiMassimo, Anne Durand, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Julia Macnamara, James Merna Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Ana Rivera, Jose Silva, Kathryn Updegraff, Lourdes Velasquez, Joyce Velde, and Ismael A. Zavala Umaña. Contact the Rectory Office, 703-684-9261 or olol@ololcc.net to add or remove a name.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.



LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. To learn more about the Legion and its work, join us for a meeting. We meet every Wednesday, 7:30-9 PM, Lourdes Center (lower level). Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.

Evening Prayer for Lent

Heavenly Father,

The evening has come and the day is done. Let your peace wash over me and the people I love.

Wipe away my troubles. Cleanse me of worry and doubt. Give deep and peaceful rest to my heart, mind, and soul, so I may rise in the morning ready to love you and all those who cross my path.

Amen.

After Flowers

Email or call the Rectory Office to schedule
703-684-9261 or LOL@LOLCC.net

Sponsorship is \$50.

Next available date is April 26, 2026.



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit ololcc.net, click "Mass & More" and "Baptism" to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit ololcc.net, click "Get Involved," then "Religious Education" to register. Or contact dre@ololcc.net.

CONFIRMATION

Grades 7-8 prepare for confirmation in our CCD program. Visit ololcc.net, click "Get Involved" and then "Religious Education" to register. Or contact dre@ololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

OCIA is for adults 18+ seeking the Sacraments of Initiation (Baptism, Holy Communion, Confirmation). Visit ololcc.net and click "Get Involved" and "Explore Catholicism" to register. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at ololcc.net under Mass & More and Marriage Prep.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.





Holy Week

SCHEDULE

Confessions

Tuesday, March 31, 12:30 PM

Wednesday, April 1, 6:30 – 8:00 PM

Good Friday, April 3, 1:30 – 3:00 PM

Holy Saturday, April 4, 3:30 – 5:00 PM

Holy Thursday, April 2

Mass of the Lord's Supper, 7:00 PM

*Adoration of the Blessed Sacrament until 12:00 AM
(in Parish Hall)*

Good Friday, April 3

Stations of the Cross, 3:00 PM

Liturgy of the Lord's Passion and Death, 7:00 PM

Holy Saturday, April 4

Easter Vigil Mass, 8:30 PM

Easter Sunday, April 5

Easter Mass:

8:00 AM, 10:00 AM, 12:00 PM, 2:00 PM (Spanish)

Lenten Fish Fry



5:30 - 7:30 PM
MARCH 6

The Knights of Columbus will be serving delicious fried and baked cod, cole slaw, red beans and rice, and french fries plus wine, beer and soft drinks for a suggested donation of \$20 per person or \$50 for your family.



**Knights of
Columbus®**

**IN THE PARISH HALL
800 23RD STREET**

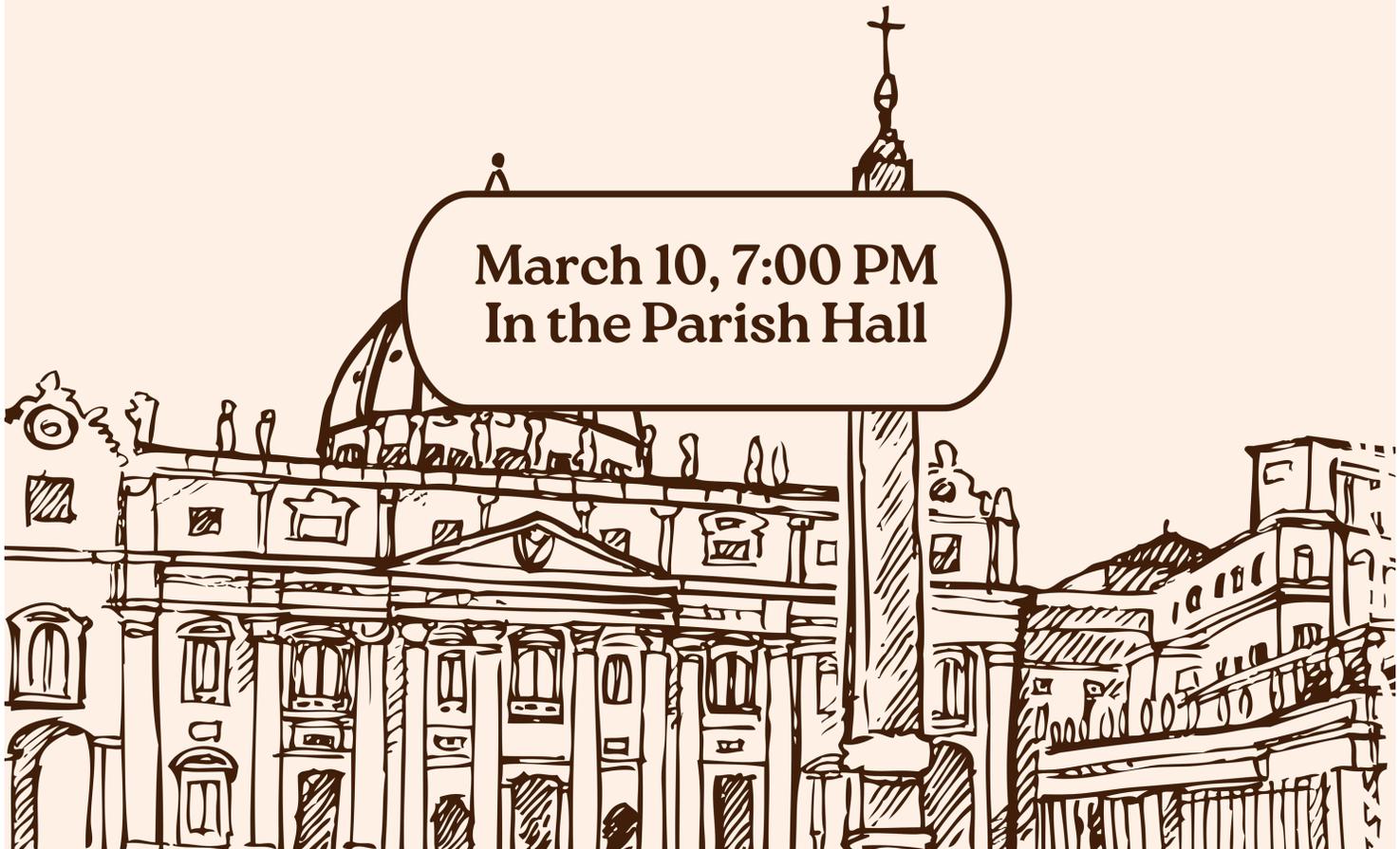


You're Invited

Father Edlefsen will host a Pizza with the Pope

**"Pope John XXIII & the
Catholic Outlook for
International Cooperation"**

March 10, 7:00 PM
In the Parish Hall



VOCATIONS, STEWARDSHIP & MORE

IN *Christ*
WE ARE *One*



Thank you to everyone who participated in the BLA! If you haven't yet had a chance to make your gift, we still need your help. Every family matters in helping our parish reach goal. No gift is too small. Your participation supports vital ministries our parish depends on: seminarian formation, religious education, youth ministry, Catholic Charities, and more. Consider a monthly recurring gift to spread your generosity throughout the year. You can also give a one-time gift or pledge. Give today at arlingtondiocese.org/bla or scan the QR code above.

PARISHSOFT ONLINE GIVING

Our Lady of Lourdes accepts online donations via ParishSoft! You can donate to all our parish first, second, and special collections and set up recurring payments on your own schedule. To sign up, scan the QR code below.

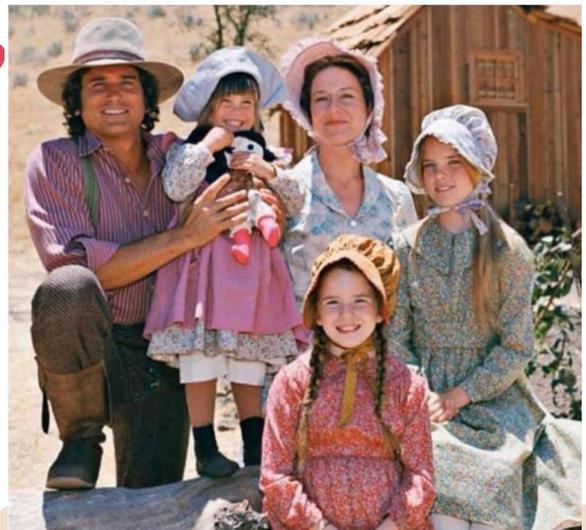


Maintenance and Improvement

Help our church stay functional, comfortable, safe, clean, and looking good throughout the year. Thank you for your generous support.

Thank you

Catholics who gave up social media for Lent be like...



CARTOON OF THE WEEK

SPONSOR OF THE WEEK

Gentle Dental

gentledental.interdent.com/

CCD Teachers Needed

Our CCD catechism program for youth (grades pre-K to 8th) seeks volunteer religion teachers for this upcoming school year. Faith formation and sacramental preparation of youth is a vital mission of our parish. If you would like to volunteer, contact Leigh Hasson, Director of Religious Education at dre@lolcc.net or talk to a priest.



CRS Rice Bowl responds to global hunger and poverty through prayer, fasting and almsgiving. Visit crsricebowl.org/week-1

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 29 de Marzo** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

EN ORACION POR

Albert Bernard, Diego DiMassimo, Anne Durand, John Elfervig, Francis Xavier Eversole, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Julia Macnamara, James Merna Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Ana Rivera, Jose Silva, Kathryn Updegraff, Lourdes Velasquez, Joyce Velde, and Ismael A. Zavala Umaña. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!

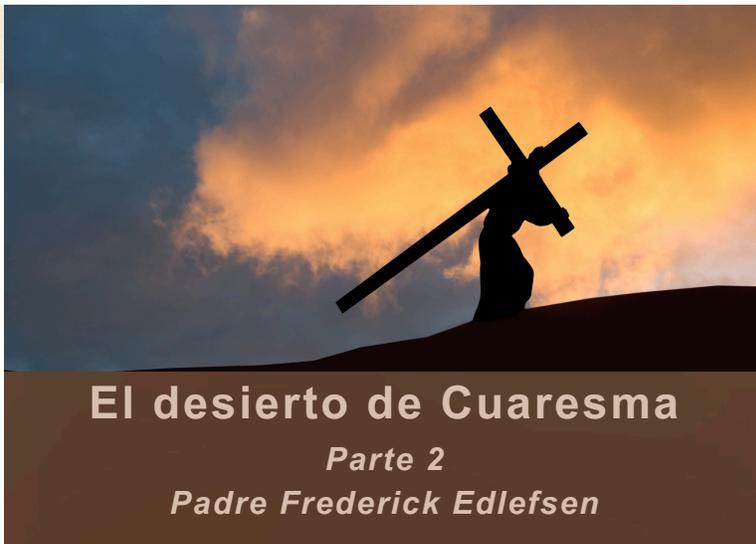


APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa
703.684.9261
OLOL@OLOLCC.net



El desierto de Cuaresma

Parte 2

Padre Frederick Edlefsen

En la Sagrada Escritura, el desierto es el lugar al que acuden las personas santas para prepararse, en silencio y recogimiento, para la misión que Dios les confía. Moisés y Elías pasaron tiempo en el desierto antes de cumplir el encargo del Señor. Juan el Bautista y el mismo Jesús siguieron ese mismo camino. Con frecuencia, Jesús se retiraba al desierto y pasaba la noche en oración antes de tomar decisiones fundamentales, como la elección de los Doce Apóstoles.

Después de su encuentro con Cristo, San Pablo se retiró al desierto durante tres años antes de visitar a Pedro y comenzar su misión apostólica. San Juan, por su parte, se encontraba en el desierto de la isla de Patmos cuando Dios le reveló la gran visión del Apocalipsis. Incluso el Libro del Apocalipsis nos recuerda que, cuando la Iglesia es perseguida por Satanás, encuentra refugio en el desierto. Asimismo, Cristo fue llevado al desierto por San José para huir de la persecución del rey Herodes.

El desierto es un lugar solemne y austero, pero profundamente fecundo. El profeta Oseas escucha a Dios decir an Israel: «La atraeré, la conduciré al desierto y hablaré a su corazón» (Oseas 2,16). Y nuevamente el Señor afirma: «Como uvas encontradas en el desierto, así encontré an Israel» (Oseas 9,10). De la misma manera, el Espíritu Santo nos invita al desierto cuaresmal para hablar con ternura a nuestros corazones y encontrarnos disponibles a su gracia, como uvas en medio del desierto. Para nosotros, ¿qué representa hoy ese desierto? Es el desierto del ayuno, de la limosna, de la penitencia y de la oración. Es el desierto del silencio y de la soledad con Dios. Ese es el verdadero desierto de la Cuaresma: un desierto fecundo, que da vida, si estamos dispuestos a negarnos a nosotros mismos para seguir a Cristo.

Finalmente, la Cuaresma también nos prepara para el fin de los tiempos. Así como la vida, pasión y muerte de Cristo lo condujeron a la Resurrección, las disciplinas cuaresmales nos preparan a nosotros para nuestra propia resurrección en el Juicio Final. Durante este tiempo santo, permitamos que el Espíritu Santo nos guíe al desierto de la penitencia y la oración, que encienda en nuestros corazones la llama divina del Amor y nos mantenga atentos y vigilantes ante la venida del Señor.

Bienvenido

Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- una oportunidad única para servir en la misión de Nuestra Señora de Lourdes
- ser parte de una comunidad y una familia espiritual donde pueda crecer en santidad
- recibir preparación sacramental, y educación religiosa

Para registrarse, utilice el código QR, visite www.olocc.net o llame a la Rectoría al 703-684-9261.



GRUPOS VOLUNTARIOS MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5-10 PM. Comunicarse con Sergio Benitez al 240-706-2447 y Natividad Joyas al 571-245-2982

LEGION DE MARIA

Se reúnen todos los viernes de 6-8 PM. Comunicarse con Rosa Benitez al 571-501-3435

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

Semana Santa CROMOGRAMA

Confesiones

Martes 31 de Marzo, 12:30 PM
Miércoles 1 de Abril, 6:30 – 8:00 PM
Viernes Santo, 3 de Abril, 1:30 – 3:00 PM
Sábado Santo, 4 de Abril, 3:30 – 5:00 PM

Jueves Santo, 2 de Abril

Misa de la Cena del Señor, 7:00 PM
Adoración al Santísimo Sacramento hasta las 12:00 AM (en el Salón Parroquial)

Viernes Santo, 3 de Abril

Vía Crucis, 3:00 PM
Liturgia de la Pasión y Muerte del Señor, 7:00 PM

Sábado Santo, 4 de Abril

Misa de Vigilia Pascual, 8:30 PM

Domingo de Pascua, 5 de Abril

Misa de Pascua:
8:00 AM, 10:00 AM, 12:00 PM, 2:00 PM (Español)

EN Cristo SOMOS Uno

¡Gracias a todos los que participaron en la Petición Cuaresmal del Obispo! Si aún no ha tenido la oportunidad de hacer una donación, todavía necesitamos su ayuda. Cada familia es importante para que alcancemos nuestra meta. No hay donación pequeña. Su participación apoya ministerios vitales de los que depende nuestra parroquia: la formación de seminaristas, la educación religiosa, la pastoral juvenil, Caridades Católicas y muchos más. Considere hacer una donación mensual recurrente para extender su generosidad a lo largo del año. Done hoy mismo en arlingtondiocese.org/bla o escanee el código QR:

CRS PLATO de ARROZ

¡CAMBIA VIDAS ESTA CUARESMA!

Escanea el código QR para donar.

Plato de Arroz de CRS responde al hambre y la pobreza mundial mediante la oración, el ayuno y la limosna. Visite crsricebowl.org/week