



OUR LADY *of* LOURDES

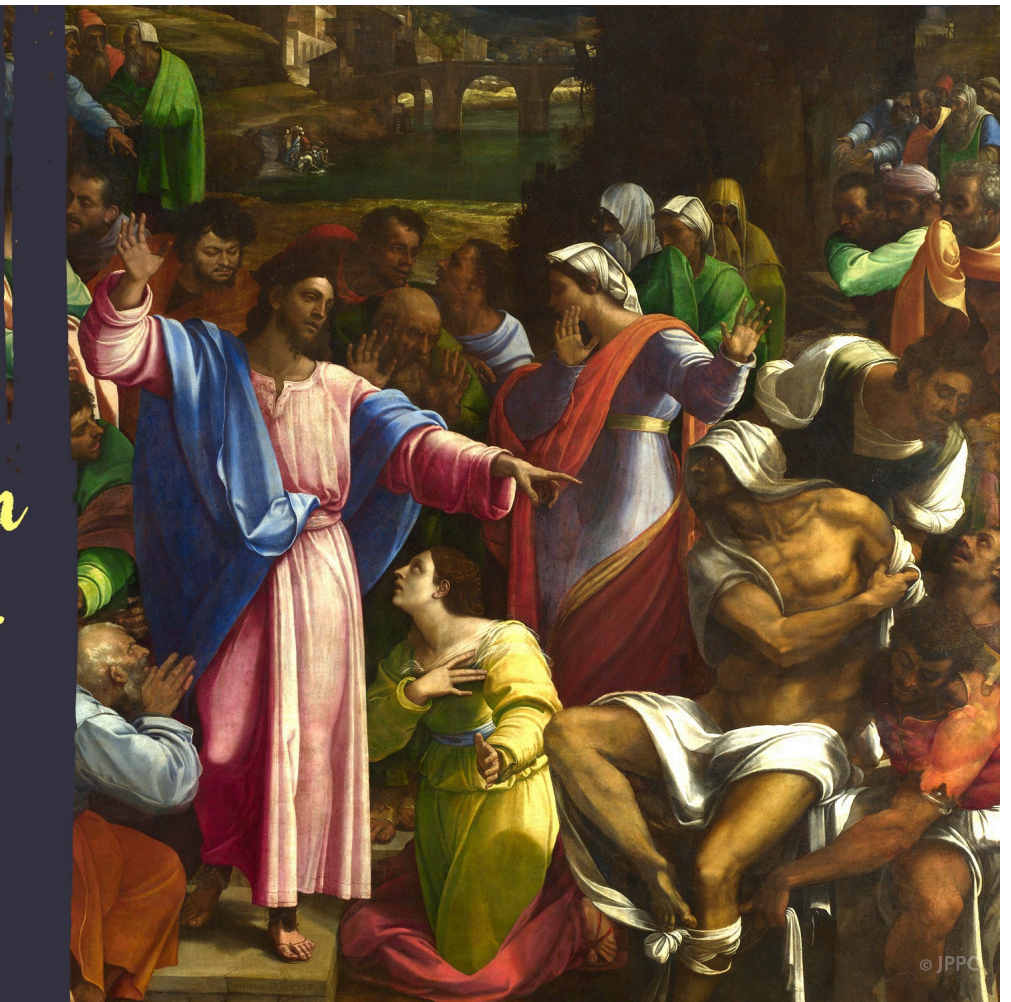
NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET

 @OLOL_ARLINGTON

*I am the
resurrection
and the life.*

JOHN 11:25



MARCH 22, 2026

Fifth Sunday of Lent

22 DE MARZO DE 2026

Quinto Domingo de Cuaresma

PARISH INFORMATION

OFFICE HOURS

Monday - Friday 8:00 AM - 4:00 PM

REGISTRATION

To register, visit www.ololcc.net, and click "I'm New" or scan the QR code.



Parish Registration



eGiving

MASS SCHEDULE

Sunday 5:30 PM Vigil (Saturday), 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM (Español)
 Monday - Friday 6:45 AM, 12:00 PM
 Saturday 9:00 AM
 Holy Days of Obligation 7:00 PM (Vigil), 6:45 AM, 12:00 PM, 7:00 PM
 Federal Holidays 10:00 AM (Monday-Thursday)


Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

CONFESSIONS

Saturday 4:00 - 5:00 PM
 Sunday 4:15 - 4:45 PM (Español)
 Tuesday 12:30 PM
 Thursday 12:30 PM
 Friday 12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

MARCH MONDAY 23	MARCH TUESDAY 24	MARCH WEDNESDAY 25	MARCH THURSDAY 26	MARCH FRIDAY 27
<p>Rosary 6:15 AM, 11:30 AM</p> <p>Scout Meeting 7:00 PM <i>Parish Hall</i></p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Pro-Life Rosary 7:00 PM</p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Miraculous Medal Novena 12:30 PM</p> <p> The Light is On, Confessions 6:30 PM</p> <p>Legion of Mary 7:30 PM <i>Parish Hall</i></p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Pro-Life Rosary 7:00 PM</p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Exposition of the Blessed Sacrament 12:30 PM-3:00 PM</p> <p>Divine Mercy Chaplet 3:00 PM</p> <p> Confessions 7:00</p> <p> Stations of the Cross 7:30</p>
MARCH SATURDAY 28	MARCH SUNDAY 29	<p>CLERGY</p> <p>Fr. Frederick H. Edlefsen, Pastor Fr. Francis Peffley, Parochial Vicar Fr. Bradley Lawrence, In Residence Fr. Noah Morey, In Residence</p> <p>STAFF</p> <p>Ms. Stephanie Vindell, Office Manager Mrs. Marie Macnamara, Sacramental Records Mrs. Esperanza Miranda, Parish Assistant Mrs. Maria A González de Pastrán, Parish Assistant Ms. Alicia Hamar, Parish Assistant Ms. Leigh Hasson, Director of Religious Education (DRE) Mrs. Kathryn Retta, Director of Music</p>		
<p>Rosary 9:30 AM</p> <p>Prayer Group (Español) 5:00 PM <i>Parish Hall</i></p>	<p>Palm Sunday</p> <p>Bread & Brews 1:00 PM <i>McNamara's</i></p> <p>Community Coffee Hour (Español) 6:00 PM <i>Parish Hall</i></p> 			



Encountering Others From the Life of Nathaniel Hawthorne

By Fr. Frederick Edlefsen

Nathaniel Hawthorne (1804–1864) remains one of America’s preeminent novelists, best known for his masterpiece, *The Scarlet Letter*. Yet, his literary legacy is mirrored by a profound family legacy of compassion. In 1891, his youngest daughter, Rose, converted to Catholicism and later founded the Dominican Sisters of Hawthorne, a community dedicated to serving incurable cancer patients. This "heart for the suffering" was a trait she inherited directly from her father.

Rose recalled her father’s encounter with a “wretched and rheumy” child at a workhouse in Liverpool, England:

“It was a wretched, pale, half-torpid little thing, with a humor in its eye which the Governor said was scurvy. I never saw, till a few moments afterward, a child that I should feel less inclined to fondle. But this little sickly, humor-eaten fright prowled around me, taking hold of my skirts, following at my heels, and at last held up its hands, smiled in my face, and standing directly before me, insisted on my taking it up! Not that it said a word, for I rather think it was underwritten, and could not talk; but its face expressed such perfect confidence that it was going to be taken up and made much of, that it was impossible not to do it. It was as if God had promised the child this favor on my behalf, and that I must needs fulfill that contract. I held my undesirable burden a little while, and after setting the child down, it still followed me, holding two of my fingers and playing with them, just as if it were a child of my own. It was a foundling, and out of all humankind it chose me to be its father! We went upstairs into another ward; and on coming down again there was this same child waiting for me, with a sickly smile around its defaced mouth, and its dim-red eyes I should never have forgiven myself if I had repelled its advances” (Hawthorne 1850). “Out of all humankind it chose me to be its father!” “I should never have forgiven myself if I had repelled its advances.” Rose said these were her father’s greatest words. People come and go in our lives. But we love them. As the Gospel of John notes, “The wind blows where it wills” (John 3:8). The Holy Spirit makes us spiritual mothers and fathers to others – if only for a moment.

Welcome

Are you new to the Parish?
WE INVITE YOU TO REGISTER
Use the QR code or visit OLOLCC.NET
and select “I’m New.”



Upcoming Events

Sunday, March 29

Bread & Brews

Join us after the Noon Mass at McNamara’s on 23rd St for a young adult gathering.



Tuesday, March 31

Father Peffley will host his second Lenten Talk on the "**Passion of Christ and the Shroud of Turin**" at 7:00 PM in the Parish Hall.



Saturday, April 4

Blessing of the Food

Join Father Peffley in a blessing of the Easter breads, foods, and baskets in the church at 9:00 AM on Holy Saturday.



Sunday, April 5

Easter Egg Hunt!

Join for our annual Easter egg hunt hung after the 10:00 AM Mass in the Parish lawn!



OUR PARISH



Honor a loved one with a Mass at Our Lady of Lourdes. Contact the Rectory Office: 703.684.9261 or OLOL@OLOLCC.net

MARCH 22, 2026 Fifth Sunday of Lent Weekly Mass Intentions

SATURDAY		MARCH 21
9:00 AM	† Irena and Josef Dasko	
5:30 PM	† John Frye	
SUNDAY		MARCH 22
<i>Fifth Sunday of Lent</i>		
8:00 AM	† Irena and Josef Pronczuk	
10:00 AM	All Parishioners, Living & Deceased	
12:00 PM	† Leah Davis	
5:00 PM	† Holy Souls in Purgatory	
MONDAY		MARCH 23
<i>St. Turibius of Mogrovejo, Bishop</i>		
6:45 AM	Michael and Colin Duncan	
12:00 PM	† Marc Walko	
TUESDAY		MARCH 24
6:45 AM	† Holy Souls in Purgatory	
12:00 PM	† Rodd Frye	
WEDNESDAY		MARCH 25
<i>Annunciation of the Lord</i>		
6:45 AM	† Agnes and George Merlino	
12:00 PM	In Thanksgiving for Mark DiNapoli	
THURSDAY		MARCH 26
6:45 AM	† George Fasano	
12:00 PM	† Dianne Merlino	
FRIDAY		MARCH 27
6:45 AM	† David Walko	
12:00 PM	† Phil Eckert	

Lent Schedule

February 20 – March 27
*See page 6 for Holy Week Schedule (March 29-April 4)

Wednesdays
“Light is On”
Confessions 6:30-8:00 PM

Fridays
Confessions - 7:00 PM
Stations of the Cross - 7:30 PM



Please consider sponsoring our weekly altar flowers. This can be done in honor or in memory of a loved one, to commemorate a special event, or as a way to support our Parish. Sponsorships are \$50. Email or call the Rectory Office to schedule 703-684-9261 or OLOL@OLOLCC.net

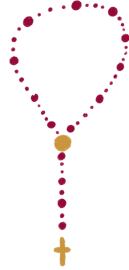
PRAYER IN OUR PARISH

PLEASE PRAY FOR

Albert Bernard, Matilde Cruz, Diego DiMassimo, Anne Durand, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Julia Macnamara, James Merna Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Jose Silva, Kathryn Updegraff, Lourdes Velasquez, Joyce Velde, Victor Villalobos, and Ismael A. Zavala Umaña. Contact the Rectory Office, 703-684-9261 or lolol@lololcc.net to add or remove a name.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.



LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. To learn more about the Legion and its work, join us for a meeting. We meet every Wednesday, 7:30-9 PM, Lourdes Center (lower level). Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.



Annunciation of the Lord Prayer

Most glorious and ever-virgin Mary, when the Archangel Gabriel appeared to you to announce the coming of God within your virginal womb, you inquired with humility how this could be. The Archangel spoke further, and you assented to this divine mystery with all your heart. Please pray for me, that I may always consent to the will of God in my life so that your divine Son may also be conceived in my soul to continue His saving work of redemption. Mother Mary, pray for me. Jesus, I trust in You.

After Flowers

Email or call the Rectory Office to schedule 703-684-9261 or LOL@LOLCC.net
Sponsorship is \$50.
Next available date is April 26, 2026.



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit lololcc.net, click "Mass & More" and "Baptism" to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit lololcc.net, click "Get Involved," then "Religious Education" to register. Or contact dre@lololcc.net.

CONFIRMATION

Grades 7-8 prepare for confirmation in our CCD program. Visit lololcc.net, click "Get Involved" and then "Religious Education" to register. Or contact dre@lololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

OICIA is for adults 18+ seeking the Sacraments of Initiation (Baptism, Holy Communion, Confirmation). Visit lololcc.net and click "Get Involved" and "Explore Catholicism" to register. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at lololcc.net under Mass & More and Marriage Prep.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.





Holy Week

SCHEDULE

Confessions

Tuesday, March 31, 12:30 PM

Wednesday, April 1, 6:30 – 8:00 PM

Good Friday, April 3, 1:30 – 3:00 PM

Holy Saturday, April 4, 3:30 – 5:00 PM

Holy Thursday, April 2

Mass of the Lord's Supper, 7:00 PM

Adoration of the Blessed Sacrament until 12:00 AM

(in Parish Hall)

Good Friday, April 3

Stations of the Cross, 3:00 PM

Liturgy of the Lord's Passion and Death, 7:00 PM

Holy Saturday, April 4

Easter Vigil Mass, 8:30 PM

Easter Sunday, April 5

Easter Mass:

8:00 AM, 10:00 AM, 12:00 PM, 2:00 PM (Spanish)

YOU'RE INVITED



MARCH 29
AFTER THE NOON MASS
YOUNG ADULT
BREAD AND BREWS



MCNAMARA'S PUB & RESTAURANT

567 23rd St S Arlington, VA 22202



The Passion of Christ & the Shroud of Turin

A Lenten Talk by Father Peffley
March 31st, 7 PM in the Parish Hall

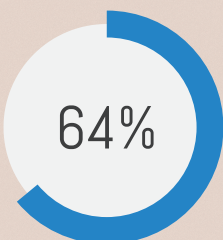


VOCATIONS, STEWARDSHIP & MORE

IN *Christ*
WE ARE *One*



To date, we have reached in gifts and pledges combined, 64% of our Parish goal for the Bishop's Lenten Appeal, with 10% of our families participating. We need your help to bridge the gap! Our goal isn't just about the total collected—it's about every family joining in. Your support changes lives across our Diocese.



Visit arlingtondiocese.org/bla Or Scan the QR code


PARISHSOFT ONLINE GIVING

Our Lady of Lourdes accepts online donations via ParishSoft! You can donate to all our parish first, second, and special collections and set up recurring payments on your own schedule. To sign up, scan the QR code below.




Easter Flowers

Help us decorate for Easter Sunday. Donations to this collection will be used to purchase Easter flowers and other greenery to decorate our church. Thank you for your generous support.



On the evening of Holy Thursday, April 2nd, travel to seven different churches to spend time in adoration of Jesus and reflect upon his agony in the garden. Scan the QR code for a pilgrimage guide and to download reflections.

Separate reflections available in English and Spanish for adults, teens, or for parents with young children.



Our Lady of Lourdes is among the 7 Parishes in the pilgrimage!

VOLUNTEERS NEEDED

We are seeking volunteers for the following ministries:

Saint Vincent de Paul - Spanish speaking volunteers are needed for helping our neighbors in need.

Sacristans for the 12:00 PM weekday Mass. Sacristans assist before Mass to prepare the sanctuary for worship.

CCD teachers for grade 5-7. CCD teachers explain and share the basic fundamentals of the faith with the young people of the parish and prepare them to receive Sacraments.



Sign up at the QR code.



CARTOON OF THE WEEK

SPONSOR OF THE WEEK
Crystal City Dental Care
crystalcitydentalcare.com

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 29 de Marzo** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

EN ORACION POR

Albert Bernard, Matilde Cruz, Diego DiMassimo, Anne Durand, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Julia Macnamara, James Merna Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Jose Silva, Kathryn Updegraff, Lourdes Velasquez, Joyce Velde, Victor Villalobos, and Ismael A. Zavala Umaña. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa
703.684.9261
OLOL@OLOLCC.net



Encuentros con otros

Un extracto de la vida de Nathaniel Hawthorne
Padre Frederick Edlefsen

Nathaniel Hawthorne (1804-1864) es uno de los novelistas más famosos de Estados Unidos. "La letra escarlata" (1850) es considerada su obra maestra.

En 1891, su hija menor, Rose, y su marido se convirtieron al catolicismo. Años después, ella fundó el convento de las Hermanas Dominicas de Hawthorne en Nueva York, atendiendo a pacientes con cáncer incurable. Esta "afección para las personas que sufrían" era una característica que heredó de su padre.

Rose siempre recordó el encuentro que tuvo su padre con un niño "despojado y reumático" en un hospicio de Liverpool, Inglaterra: "Era una criatura triste, pálida, medio adormecida, con una mirada en los ojos que el gobernador calificó de escorbuto. Nunca vi, hasta unos momentos después, un niño que me hiciera sentir menos inclinado a tocar. Pero esta pequeña criatura, enfermizo y asustado merodeaba a mi alrededor, agarrando mis vestimentas, siguiéndome a todas partes, finalmente levantó las manos, me sonrió a la cara y, se puso de pie justo delante de mí, insistiendo en que lo alzara. No dijo ninguna palabra, porque más bien creo que era discapacitado y no podía hablar. Pero su rostro expresaba una confianza tan absoluta de que iba a ser alzado, que era imposible no hacerlo. Era como si Dios le hubiera prometido ese favor al niño en mi nombre, y que yo debía cumplir ese contrato. Alze mi carga indeseable por un rato, y al bajar al niño de mis brazos, el pequeño seguía siguiéndome, sujetando dos de mis dedos y jugando con ellos, como si fuera un hijo propio. Era un huérfano, y entre toda la humanidad, me eligió a mí como su padre. Subimos a otra sala; y al bajar de nuevo encontré a ese mismo niño esperándome, con una sonrisa enfermiza alrededor de su boca deformada, y sus ojos apagados. Nunca me habría perdonado si hubiera rechazado sus brazos"

"¡De toda la humanidad me eligió a mí como su padre!" "Nunca me habría perdonado si hubiera rechazado sus brazos". Rose dijo que esas fueron las mejores palabras de su padre. La gente va y viene en nuestras vidas. Y las amamos. El evangelio de San Juan nos dice "El viento sopla donde quiere" (Juan 3:8). El Espíritu Santo nos hace madres y padres espirituales para los demás, aunque solo sea por un momento.

Bienvenido

Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- una oportunidad única para servir en la misión de Nuestra Señora de Lourdes
- ser parte de una comunidad y una familia espiritual donde pueda crecer en santidad
- recibir preparación sacramental, y educación religiosa

Para registrarse, utilice el código QR, visite www.olocc.net o llame a la Rectoría al 703-684-9261.



GRUPOS VOLUNTARIOS MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos. Comunicarse con la oficina o Sofia Quishpe al 703-395-4730

GRUPO DE ORACION

Se reúnen todos los sábados de 5-10 PM. Comunicarse con Sergio Benitez al 240-706-2447 y Natividad Joyas al 571-245-2982

LEGION DE MARIA

Se reúnen todos los viernes de 6-8 PM. Comunicarse con Rosa Benitez al 571-501-3435

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Reynaldo Campos al 703-626-5473

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos al 703-626-5473 o Manuel Bonilla al 571-594-2769

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

7 IGLESIAS PEREGRINAJE

PARTICIPA EN UNA ANTIGUA TRADICIÓN CATÓLICA PARA PREPARARSE EN ORACIÓN PARA LA PASCUA DE ESTE AÑO

En la noche de Jueves Santo, 2 de abril, viaja a siete iglesias diferentes para dedicar tiempo a la adoración de Jesús y reflexionar sobre su agonía en el jardín. Escanee el código QR para obtener una guía de peregrinación y descargar reflexiones.

Reflexiones separadas disponibles en inglés y español para adultos, adolescentes, o padres con niños pequeños.

DIÓCESIS DE ARLINGTON
Ministerios de Jóvenes, Campus y Jóvenes Adultos



Considere patrocinar nuestro arreglo floral semanal. Puede hacerlo en honor o memoria de un ser querido, para conmemorar un evento especial o como una forma de apoyar a nuestra parroquia. El patrocinio tiene un costo de \$50. Si está interesado, envíe un correo electrónico o llame a la oficina parroquial al 703-684-9261 o escriba a OLOL@OLOLCC.net

EN Cristo SOMOS Uno

¡Ayúdanos a alcanzar la meta! Hasta la fecha, hemos alcanzado el 64% de nuestra meta parroquial para la Campaña Cuaresmal del Obispo, con la participación del 10% de nuestras familias. ¡Necesitamos tu ayuda para alcanzar nuestra meta! Nuestro objetivo no se trata solo del total recaudado, sino de la participación de cada familia. Ya sea que elijas una donación o una contribución mensual recurrente, tu apoyo tiene el poder de cambiar vidas en toda nuestra Diócesis.

Para donar: visita arlingtondiocese.org/bla
O, toma uno de los sobres que está en las bancas, o escanea el código QR de arriba.

Horario de Semana Santa



Confesiones

Martes 31 de Marzo, 12:30 PM

Miércoles 1 de Abril, 6:30 – 8:00 PM

Viernes Santo, 3 de Abril, 1:30 – 3:00 PM

Sábado Santo, 4 de Abril, 3:30 – 5:00 PM

Jueves Santo, 2 de Abril

Misa de la Cena del Señor, 7:00 PM

Adoración al Santísimo Sacramento hasta las 12:00 AM (en el Salón Parroquial)

Viernes Santo, 3 de Abril

Vía Crucis, 3:00 PM

Liturgia de la Pasión y Muerte del Señor, 7:00 PM

Sábado Santo, 4 de Abril

Misa de Vigilia Pascual, 8:30 PM

Domingo de Pascua, 5 de Abril

Misa de Pascua:

8:00 AM, 10:00 AM, 12:00 PM, 2:00 PM (Español)