



OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

WWW.OLOLCC.NET

 @OLOL_ARLINGTON



Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained.

JOHN 20:22-23

© JPPC

MAY 24, 2026

Pentecost Sunday

24 DE MAYO DE 2026

Domingo de Pentecostés

PARISH INFORMATION

OFFICE HOURS

Monday - Friday, 8:00 AM - 4:00 PM

REGISTRATION

Visit www.ololcc.net and click "I'm New" or scan the QR code



Parish



eGiving

Registration

MASS SCHEDULE

Sunday 5:30 PM Vigil (Saturday), 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM (Español)
 Monday - Friday 6:45 AM, 12:00 PM
 Saturday 9:00 AM
 Holy Days of Obligation 7:00 PM (Vigil), 6:45 AM, 12:00 PM, 7:00 PM
 Federal Holidays 10:00 AM (Monday-Thursday)

Note: Schedule changes for Christmas, Holy Week, Easter and Federal Holidays that fall on a Friday. Check our website www.ololcc.net for specific times.

CONFESSIONS

Saturday 4:00 - 5:00 PM
 Sunday 4:15 - 4:45 PM (Español)
 Tuesday 12:30 PM
 Thursday 12:30 PM
 Friday 12:30 PM

Note: Special Confession schedules during Advent, Lent & Holy Week.

THIS WEEK AT OLOL

MAY 25 MONDAY	MAY 26 TUESDAY	MAY 27 WEDNESDAY	MAY 28 THURSDAY	MAY 29 FRIDAY
<p>MEMORIAL DAY</p> <p>Mass 10:00 AM</p> <p>Rosary 6:15 AM, 11:30 AM</p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Pro-Life Rosary 7:00 PM</p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Miraculous Medal Novena 12:30 PM</p> <p>Legion of Mary 7:30 PM <i>Parish Hall</i></p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Pro-Life Rosary 7:00 PM</p>	<p>Rosary 6:15 AM, 11:30 AM</p> <p>Exposition of the Blessed Sacrament 12:30 PM-3:00 PM</p> <p>Divine Mercy Chaplet 3:00 PM</p>
MAY 30 SATURDAY	MAY 31 SUNDAY	CLERGY		
<p>Rosary 9:30 AM</p> <p>Prayer Group (Español) 5:00 PM <i>Parish Hall</i></p> <p>Volunteer Fair After the 5:30 PM Masses</p>	<p>The Solemnity of the Most Holy Trinity</p> <p>Volunteer Fair After the 8:00 AM, 10:00 AM, and 12:00 PM Masses</p> <p>Bread & Brews 1:00 PM</p> <p>Community Coffee Hour (Español) 6:00 PM <i>Parish Hall</i></p>	<p>Fr. Frederick H. Edlefsen, Pastor Fr. Francis Peffley, Parochial Vicar Fr. Bradley Lawrence, In Residence Fr. Noah Morey, In Residence</p>		
		STAFF		
		<p>Ms. Stephanie Vindell, Office Manager Mrs. Marie Macnamara, Sacramental Records Mrs. Esperanza Miranda, Parish Assistant Mrs. Maria A González de Pastrán, Parish Assistant Ms. Alicia Hamar, Parish Assistant Ms. Leigh Hasson, Director of Religious Education (DRE) Mrs. Kathryn Retta, Director of Music</p>		



What is the Holy Spirit's Gift of Wisdom?

A Pentecost Reflection

By Fr. Frederick Edlefsen

Welcome to Pentecost! The Holy Spirit gives us supernatural gifts, subtle "intuitions," first in Baptism and then more deeply at Confirmation. Wisdom is usually the first Gift of the Spirit mentioned among the seven (Isaiah 11:2-3). The Gifts are not to be confused with virtues or good habits. Rather, like sails on a ship, the Gifts make us available and open to the breath of the Holy Spirit, "The Spirit blows where he wills..." (John 3:8).

Wisdom is the Gift of intimacy with Christ. Through Wisdom, we bond deeply with Jesus in friendship, giving us supernatural insight because Jesus is the Father's Word through whom everything is created and redeemed. Pray for this Gift if you feel far from God, anxious, confused, or sad. Through Wisdom, the Spirit awakens a supernatural sense of God's closeness and peace. Through Wisdom, we "savor" God's presence, "Taste and see the goodness of the Lord" (Psalm 34:8).

Wisdom perfects love and joyfully blossoms in the Beatitude, "Blessed are the peacemakers, for they shall be called children of God." "Dear Lord, grant me Wisdom, the attendant at your throne" (Book of Wisdom 9:4).

Welcome

Are you new to the Parish?

WE INVITE YOU TO REGISTER

Use the QR code or visit ololcc.net and select "I'm New."



Upcoming Events

Sunday, May 24



Volunteer Luncheon

All volunteers are invited to a luncheon after the Noon Mass in the Parish Hall as a thank you for all your work to support our parish.

Monday, May 25

Memorial Day

One Mass at 10:00 AM.
Parish Office will be closed.



Saturday-Sunday, May 30-31

Volunteer Fair

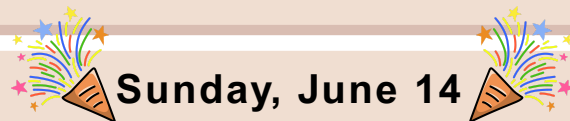
All volunteer ministries will be present after the weekend masses for you to learn more and sign up to get involved in our Parish.



Sunday, May 31

Bread & Brews

After the Noon Mass, the young adult community is heading over to McNamara's on 23rd St.



Sunday, June 14

Fr. Edlefsen's 25th Sacerdotal Anniversary

All are invited to celebrate Father Frederick Edlefsen's 25th anniversary of priestly ordination after the Noon Mass in the Parish Hall.

Weekend of June 13-14

Food & Clothing Drive

Please place food and spices, as well as new men's business attire (such as dress shirts, khakis, and socks) in the Helping Hands closet.



OUR PARISH



Honor a loved one with a Mass at Our Lady of Lourdes. Contact the Rectory Office: 703.684.9261 or OLOL@OLOLCC.net

MAY 24, 2026 Pentecost Sunday Weekly Mass Intentions

SATURDAY MAY 23

9:00 AM Sharyn Tomita
5:30 PM † John M Slanoc

SUNDAY MAY 24

Pentecost Sunday

8:00 AM † Angelita S. Baylon
10:00 AM All Parishioners, Living & Deceased
12:00 PM † Louise Shields
5:00 PM † Martha Campos

MONDAY MAY 25

The Blessed Virgin Mary, Mother of the Church

10:00 AM † Dawn Binner

TUESDAY MAY 26

St. Philip Neri, Priest

6:45 AM † Mary and Casey Wahoski
12:00 PM Clara Pastran

WEDNESDAY MAY 27

St. Augustine of Canterbury, Bishop

6:45 AM † Viola and Francis Fedewa
12:00 PM † John McHale

THURSDAY MAY 28

6:45 AM † Paul Carrier
12:00 PM † Madonna De Grasse

FRIDAY MAY 29

St. Pius VI, Pope

6:45 AM † Millie Pugliese
12:00 PM † Delilah Kritz

Join the Altar Server Team! *Help the priest offer the Holy Sacrifice of the Mass.*

Qualifications:

- Boys and girls in grades 4-12.
- Must have received First Communion.
- Reverent and attentive.



Contact the Parish Office at olol@ololcc.net

Rectory Cook

Our Lady of Lourdes Catholic Church Rectory Cook is a 15-hour-per-week position responsible for preparing dinners for up to four priests and, occasionally, guests at 5:00 PM on Mondays, Wednesdays, and Fridays. Meals should be healthy, balanced, and well prepared.

The Cook is also responsible for grocery shopping, maintaining a clean and well-organized kitchen, monitoring expiration dates and food safety, and preparing food to be left in the refrigerator for weekends.

A valid driver's license, proficiency in English, and the ability to lift up to 20 lbs. are required. Knowledge of food preparation, handling, and safety is essential. All employees are required to provide I-9 documentation.

Please email your resume and cover letter to manager@ololcc.net



PRAYER IN OUR PARISH

PLEASE PRAY FOR

Matilde Cruz, Diego DiMassimo, Anne Durand, Geraldine Filpi, April Garcia, John Gargiulo, Ron Harris, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Brian Macnamara, Julia Macnamara, James Merna Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Jose Silva, Kathryn Updegraff, Lourdes Velasquez, Joyce Velde, Victor Villalobos, and Ismael A. Zavala Umaña. Contact the Rectory Office, 703-684-9261 or lolol@lololcc.net to add or remove a name.

PRO-LIFE ROSARY

Together we pray, through the power of the Rosary, for a culture of life. Join us every Tuesday at 7:00 PM, in the church to pray for the unborn and for an end to abortion.

LEGION OF MARY

Hosting the Pilgrim Virgin statue is a beautiful way to honor Jesus and Our Lady, to invite God's blessings into your home, and to unite your family in prayer! Bring the "Pilgrim Virgin" to your home for intimate prayer. To learn more about the Legion and its work, join us for a meeting. We meet every Wednesday, 7:30-9 PM, Lourdes Center (lower level). Contact the Legion of Mary at csb1789@hotmail.com.

PRAYER CHAIN

Do you have an urgent need for prayer? Members of our parish will pray for your intention. Contact James at 703-887-7117 or ejt@cybtek.com to arrange. Provide only a first name and the prayer intention for the person(s) in need of prayer.



After Flowers

This week's Altar Flowers are sponsored in thanksgiving for

Mary Downey

by Danuta Pronczuk.

Email or call the Rectory Office to schedule 703-684-9261 or LOLOL@OLOLCC.net

Sponsorship is \$50.

Next available date is May 31, 2026.



CELEBRATING THE SACRAMENTS AT OLOL

BAPTISMS

Visit lololcc.net, click "Mass & More" and "Baptism" to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare in our two-year CCD program. Visit lololcc.net, click "Get Involved," then "Religious Education" to register. Or contact dre@lololcc.net.

CONFIRMATION

Grades 7-8 prepare for confirmation in our CCD program. Visit lololcc.net, click "Get Involved" and then "Religious Education" to register. Or contact dre@lololcc.net.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

OCIA is for adults 18+ seeking the Sacraments of Initiation (Baptism, Holy Communion, Confirmation). Visit lololcc.net and click "Get Involved" and "Explore Catholicism" to register. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at lololcc.net under Mass & More and Marriage Prep.

ANNONING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

Hail Holy Queen

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.



OUR LADY
of LOURDES
Arlington, Virginia

All volunteers are invited to

JOIN US FOR A

Volunteer Luncheon

SUNDAY, MAY 24

Immediately following the 12:00 PM Mass
in the Parish Main Hall

Please RSVP:



FOOD+CLOTHING DONATIONS

Drop off items before all Masses

JUNE 13+14

MEN'S BUSINESS ATTIRE

NEW ITEMS ONLY

(medium-sized dress shirts,
khakis, and socks)

to help our neighbors pursue
professional job opportunities
and full-time employment



MRS Menswear

SUGGESTIONS FOR FOOD

(basmati rice, green tea, dates,
black pepper, cinnamon,
cardamom, sesame oil, etc.)

Amazon Wishlists

Donations purchased
from Costco or other
retailers are equally
welcome



MRS Pantry



OUR LADY
of LOURDES
Arlington, Virginia

Father Edlefsen's
**25TH SACERDOTAL
ANNIVERSARY**



All are invited to celebrate our Pastor's 25th anniversary
of priestly ordination.

JUNE | 14 | 1:00 PM

Parish Hall
830 23rd St S,
Arlington, Virginia 22202



OUR LADY
of LOURDES
Arlington, Virginia

Annual Volunteer Fair

May 30 - 31

Are you looking for a way to deepen your faith, meet fellow parishioners, and give back to our Parish? Join us after the 5:30 PM Saturday Mass and the 8:00 AM, 10:00 AM, and 12:00 PM Sunday Masses for our Annual Volunteer Fair!

No matter your skillset or available time, there is a ministry that is right for you!



Volunteer Opportunities at OLOL:

- **ALTER GUILDE/ALTAR FLOWERS** keep the church beautiful by caring for the sacred vessels, linens, candles, liturgical dressings, tabernacle, and arrange flowers for the church.
- **ALTER SERVERS** are youths who ensure the liturgy flows smoothly during Masses.
- **CCD TEACHERS** explain and share the basic fundamentals of the faith with the young people of the parish and prepare them to receive Sacraments.
- **CCD HALL MONITOR/ASSISTANT TEACHER** ensure the safety of children attending CCD.
- **CHOR** participants bring joy and the magic of music to the Masses.
- **CHURCH DECORATING:** Decorate the Church for Christmas and Easter.
- **EXTRAORDINARY MINISTER OF HOLY COMMUNION:** distribute Holy Communion at Mass or bring Holy Communion to those who are unable to attend Mass in their homes.
- **GARDENING COMMUNITY** works on small garden projects on the church lawn and flower beds.
- **HELPING HANDS** collects and delivers nonperishable food to Christ House every other month. They also organize biannual drives to support Migration & Refugee Services.
- **HOSPITALITY** helps organize and plan events, dinners, and socials to bring the parish together.
- **KNIGHTS OF COLUMBUS**, a Catholic men's fraternal organization, supports and serves the parish community.
- **LECTORS** read from the Sanctuary during weekend and week day Masses.
- **LEGION OF MARY** members meet, pray, work in pairs to reach out to those interested in the Catholic faith, and visit homebound individuals or those in need.
- **MONEY COUNTERS** steward the offertory collections by working in teams of three or more.
- **PRO LIFE VOLUNTEERING** supports pro-life activities and provide assistance to pregnancy resource centers.
- **SACRISTANS** assist before Mass to prepare the sanctuary for worship.
- **ST. VINCENT DE PAUL** members help neighbors in emergency situations with financial support and friendship.
- **USHER** greet parishioners, pass out bulletins, and take up collection during Mass.



Apply using the QR code to learn more. A volunteer coordinator will be in touch to provide more information, scheduling details, and training.

VOCATIONS, STEWARDSHIP & MORE

Stewardship Reflection

"Receive the Holy Spirit." (John 20:22)

If you think God may be offering you the grace of cooperating with the Holy Spirit by serving Him and His people as a priest or in the consecrated life, contact your priest or reach out to the Vocation Office at

(703) 841-2514
vocations@arlingtondiocese.org



Interested in Becoming Catholic?

Are you or someone you know interested in joining the Catholic Church? Or perhaps you need to receive one or more of the Sacraments of Initiation (Baptism, Confirmation, or Eucharist)? Registration is now open for the Order of Christian Initiation for Adults (OCIA). Classes begin on September 14. To sign up, please visit the "Parish News" section of our website. We look forward to walking this journey of faith with you!



PARISHSOFT ONLINE GIVING

Our Lady of Lourdes accepts online donations via ParishSoft! You can donate to all our parish first, second, and special collections and set up recurring payments on your own schedule. To sign up, scan the QR code below.



Maintenance and Improvement

Help our church stay functional, comfortable, safe, clean, and looking good throughout the year. Thank you for your generous support.



CARTOON OF THE WEEK

SPONSOR OF THE WEEK

John H. Lange
Plumbing & Heating
jplumbingsolutions.com

NUESTRA PARROQUIA

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible para apadrinar. Próxima charla será el **Domingo, 31 de Mayo** en el Salón Parroquial a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia, comuníquese con Manuel y Sara Bonilla al 571-594-6441, por lo menos 7-8 meses antes de la fecha del matrimonio.

EN ORACION POR

Matilde Cruz, Diego DiMassimo, Anne Durand, Geraldine Filpi, April Garcia, John Gargiulo, Rocque (Rock) Kramer, Melissa Kresslein, Julio E. Lainez, Bobby Long, Brian Macnamara, Julia Macnamara, James Merna Kelly Moore, Mary O'Donoghue, Ana Reynaldes, Jose Silva, Kathryn Updegraff, Lourdes Velasquez, Joyce Velde, Victor Villalobos, and Ismael A. Zavala Umaña. Comuníquese con la Rectoría al 703-684-9261 o olol@ololcc.net si necesita incluir a alguien en esta lista.

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM a 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



APOSTALADO HISPANO

La oficina del Apostolado Hispano tiene como misión principal acompañar a las familias inmigrantes a ser parte integral de nuestra Diócesis de Arlington, Virginia, ofreciendo diversos programas y ministerios para reforzar una sólida espiritualidad pastoral en la Nueva Evangelización. Para más información visite <https://www.arlingtondiocese.org/apostolado-hispano/>

Honra a un ser querido con una Misa!

Llama o envía un mensaje a la Rectoría para ofrecer una Misa
703.684.9261
OLOL@OLOLCC.net



¿Cuál es el Don de la Sabiduría del Espíritu Santo?

Una reflexión de Pentecostés
Por el padre Frederick Edlefsen

¡Bienvenidos a Pentecostés! El Espíritu Santo nos otorga dones sobrenaturales, sutiles "intuiciones", primero en el Bautismo y luego más profundamente en la Confirmación. La sabiduría suele ser el primer Don del Espíritu mencionado entre los siete (Isaías 11:2-3). Los Dones no deben confundirse con virtudes ni buenos hábitos. Más bien, los Dones, como las velas de un barco, nos hacen disponibles y abiertos al aliento del Espíritu Santo. "El Espíritu sopla donde quiere..." (Juan 3:8).

La sabiduría es el Don de la intimidad con Cristo. A través de la Sabiduría, nos vinculamos más profundamente en la amistad con Jesús, dándonos una visión sobrenatural porque Jesús es la Palabra del Padre, a través de la cual todo es creado y redimido. Ora por este Don si te sientes lejos de Dios, ansioso, confundido o triste. A través de la Sabiduría, el Espíritu despierta en nosotros un sentido sobrenatural de la cercanía y la paz de Dios. A través de la Sabiduría, "saboreamos" la presencia de Dios: "Prueben y vean la bondad del Señor" (Salmo 34:8).

La Sabiduría perfecciona el amor y con alegría florece en la Bienaventuranza: "*Bienaventurados los pacificadores, porque serán llamados hijos de Dios.*" "*Amado Señor, concédeme la Sabiduría, que comparte tu trono*" (Libro de la Sabiduría 9:4).

Bienvenido

Le Invitamos a Registrarse!

El registro parroquial le ofrece:

- una oportunidad única para servir en la misión de Nuestra Señora de Lourdes
- ser parte de una comunidad y una familia espiritual donde pueda crecer en santidad
- recibir preparación sacramental, y educación religiosa

Para registrarse, utilice el código QR, visite www.olocc.net o llame a la Rectoría al 703-684-9261.



Oportunidades de voluntariado:

- **Ayudantes de Hospitalidad:** Organizan y planifican eventos, cenas y actividades sociales para fomentar la unión de la parroquia.
- **Caballeros de Colón:** Organización católica fraternal masculina que apoya y sirve a la comunidad parroquial.
- **Catequistas (CCD):** Explican y comparten los fundamentos básicos de la fe con los jóvenes de la parroquia y los preparan para recibir los Sacramentos.
- **Comunidad de Jardinería:** Trabajan en pequeños proyectos de jardinería en las zonas verdes y áreas de flores de la iglesia.
- **Contadores de Ofrendas:** Cuentan las colectas del ofertorio trabajando en equipos de tres o más personas.
- **Gremio del Altar / Flores del Altar:** Mantienen hermosa la iglesia cuidando de los vasos sagrados, los lienzos, las velas, las vestiduras litúrgicas y el sagrario, además de arreglar las flores de la iglesia.
- **Grupo de decoración de la Iglesia:** Decoran la iglesia para las festividades de Navidad y Pascua.
- **Helping Hands:** Recolectan y entregan alimentos no perecederos a *Christ House* cada dos meses. También organizan campañas bianuales para apoyar a los Servicios de Migración y Refugiados de la Diócesis de Arlington.
- **Lectores:** Leen desde el santuario en las Misas semanales y de fin de semana.
- **Miembros de la Legión de María:** Se reúnen, rezan y trabajan en parejas para acercarse a quienes están interesados en la fe católica. Y visitan a personas confinadas en sus hogares o a quienes tienen alguna necesidad.
- **Miembros de San Vicente de Paúl:** Ayudan a los vecinos en situaciones de emergencia, ofreciendo apoyo financiero.
- **Ministros Extraordinarios de la Sagrada Comunión:** Distribuyen la Sagrada Comunión durante la Misa o la llevan a los hogares de aquellos que no pueden asistir a la iglesia.
- **Monitores / Asistentes de Catequesis (CCD):** Velan por la seguridad de los niños que asisten a las clases de catecismo.
- **Sacristanes:** Asisten antes de la Misa para preparar el santuario para la celebración de la liturgia
- **Ujieres:** Reciben a los feligreses, distribuyen los boletines y realizan la colecta durante la Misa.
- **Voluntariado Pro-vida:** Apoyan actividades en defensa de la vida y brindan asistencia a centros de recursos para embarazadas.



Nuestros talleres de naturalización se llevan a cabo en un formato grupal donde abogados voluntarios y entrenados son emparejados con los solicitantes. Juntos, y con el apoyo del personal legal de Hogar, preparan los documentos necesarios para solicitar la naturalización.

Sábado 13 de Junio 2026
St. John Neumann Catholic Church
11900 Lawyers Rd, Reston, VA 20191

Se recomienda fuertemente la preinscripción. El ingreso de participantes comienza a las 9:00 a.m. Para preinscribirse, escanee el código QR o envíe un correo electrónico a citizenship.hogar@ccda.net



Costo de asistencia: \$135

Se aceptan tarjeta, efectivo exacto o cheque.

Incluye evaluación de elegibilidad, preparación de formularios, presentación, y actualizaciones mientras la solicitud está pendiente.

Para más información sobre por qué debería considerar convertirse en ciudadano estadounidense, visite: <https://www.uscis.gov/citizenship/apply-for-citizenship>

PARA MAS INFORMACION:

(703) 534-9805 ext. 1507 o 1514 | citizenship.hogar@ccda.net | www.ccda.net

[f CatholicCharitiesArlington](#) [t @CCDArlington](#) [i @CatholicCharitiesCDA](#)



Regístrese utilizando el código QR para obtener más información. Un coordinador de voluntarios se pondrá en contacto con usted para brindarle más detalles, información sobre horarios y capacitación.

