



OUR LADY *of* LOURDES

NUESTRA SEÑORA *de* LOURDES

AUGUST 6, 2023

THE TRANSFIGURATION OF THE LORD

6 DE AGOSTO, 2023

LA TRANSFIGURACIÓN DEL SEÑOR



*This is my beloved Son, with whom I am well pleased;
listen to him.*



Parish
Registration



Make One-Time
Donation



Sign Up
for CCD **NOW**



Faith Direct for
eGiving

PARISH INFORMATION

OFFICE HOURS

Monday – Friday: 8:00 AM – 4:00 PM

REGISTRATION

Visit www.ololcc.net and click “I’m New” to join our parish.

MASS SCHEDULE

Sunday Mass: 5:30 PM Vigil (Saturday)
8:00 AM * 10:00 AM * 12:00 PM * 5:00 PM (Español)

Monday-Friday: 6:45 AM * 12:00 PM

Saturday morning: 9:00 AM

July 4th & Thanksgiving: 10:00 AM

All Other Federal Holidays: 9:00 AM

Holy Days of Obligation: 7:00 PM Vigil * 6:45 AM *
12:00 PM * 7:00 PM

• Note schedule changes for Christmas, Holy Week, Easter, and other Holidays and special occasions.

CONFESSIONS

Saturday: 4:00 PM – 5:00 PM

Sunday: 4:15 PM – 4:45 PM (Español)

Tuesday, Thursday & Friday: 12:30 PM

• Note special Confessions schedules during Advent, Lent and Holy Week.

ANNOINTING, HOMEBOUND & FUNERALS

Contact the Rectory Office.

EXPOSITION OF THE BLESSED SACRAMENT

Fridays: 12:30 PM – 3:00 PM

ROSARY

Monday – Friday: 6:15 AM * 11:30 AM

Saturday: 9:30 AM

DEVOTIONS

Miraculous Medal Novena - Wednesday: 12:30 PM

Divine Mercy Chaplet - Friday: 3:00 PM

CLERGY

Fr. Frederick H. Edlefsen, *Pastor*

Fr. Joseph R. Kenna, *Parochial Vicar*

Fr. Daniel L. Mode, *In Residence*

Fr. Steven R. Walker, *In Residence*

STAFF

Ms. Debra Corrie, *Office Manager*

Mrs. Mary Ellen Hill, *Office Assistant*

Mrs. Esperanza Miranda, *Office Assistant*

Ms. Leigh Hasson, *Director of Religious Education (DRE)*

Mr. Tom Bartolomeo, *Director of Music*

SACRAMENTS

BAPTISM

Children’s Baptisms arranged by appointment.

Visit www.ololcc.net and click “Mass & More” and “Baptism” to submit a request. Or call the Rectory Office.

FIRST HOLY COMMUNION

Grades 1-2 prepare for First Holy Communion in our two-year CCD program. Visit www.ololcc.net and click “Get Involved” and “Religious Education” to register.

CONFIRMATION

Grades 7 & 8 prepare for Confirmation in our CCD program. Visit www.ololcc.net and click “Get Involved” and “Religious Education” to register. Or contact Leigh Hasson at dre@ololcc.net.

Youth Ages 14-17: Contact Leigh Hasson at dre@ololcc.net for more information.

Baptized Adults 18+: Follow the prompts on “How Can I Help You” on our website www.ololcc.net or contact the Rectory Office.

BECOMING CATHOLIC & ADULT CONFIRMATION

The Order of Christian Initiation for Adults (OCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall with a view to receiving these Sacraments at the Easter Vigil Mass. Visit www.ololcc.net and click “Get Involved” and “Explore Catholicism” to register. Or call the Rectory Office to speak with a priest.

GODPARENTS AND CONFIRMATION SPONSORS

Have you been asked to be Godparent or Confirmation Sponsor? Go to our website and click “How Can We Help You?” and follow the prompts for Sacraments of Initiation and Godparents/Sponsors. Or call the Rectory Office.

MARRIAGE PREPARATION

Contact a priest at least 7-8 months before your wedding date to begin preparation. Submit a request at www.ololcc.net under “Mass & More” and “Marriage Prep”.



August 6, 2023

The Transfiguration of the Lord

WEEKLY MASS INTENTIONS

SATURDAY AUGUST 5

9:00 AM Celebrant's Intentions
5:30 PM + James Harp Sr. by the Harp Family

SUNDAY AUGUST 6

The Transfiguration of the Lord
8:00 AM + Robert A. Rachko Sr. by Maria Hughes
10:00 AM For all parishioners, living and deceased
12:00 PM + Roberta Clara Briganti Abbruzzese by Linda Abbruzzese
5:00 PM (Spanish Celebrant's Intentions)

MONDAY AUGUST 7

St. Sixtus II, Pope, and Companions, Martyrs
6:45 AM + Donald Campbell by Kevin & Mary Flanagan
12:00 PM Celebrant's Intentions

TUESDAY AUGUST 8

6:45 AM Nick Vetrano by Janet Vetrano
12:00 PM Celebrant's Intentions

WEDNESDAY AUGUST 9

St. Teresa Benedicta of the Cross, Virgin and Martyr
6:45 AM Nick Vetrano by Janet Vetrano
12:00 PM + Martin Edlefsen

THURSDAY AUGUST 10

St. Lawrence, Deacon and Martyr
6:45 AM Nick Vetrano by Janet Vetrano
12:00 PM Celebrant's Intentions

FRIDAY AUGUST 11

St. Clare, Virgin
6:45 AM Celebrant's Intentions
12:00 PM OLOL Community, Peace and Grace by Chris Ngo

MASS INTENTIONS

You are invited to honor a friend, relative, or loved one with an Our Lady of Lourdes Mass! Please contact the Rectory Office at **703-684-9261** or olol@ololcc.net to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

ALTAR FLOWERS

This week's Altar Flowers were provided in loving memory of Roberta Clara Briganti Abbruzzese by Linda and Michael Abbruzzese

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one, or to commemorate a special event. Sponsorship is \$50. Contact the Rectory Office at 703-684-9261 or olol@ololcc.net. Next available date is September 3rd.

Virtues

By Fr. Frederick Edlefsen

Virtues are *habits* – or settled dispositions – that incline us to do something *good*. But what is meant by *good*? Aristotle said *good* is “that which all men desire.” In other words, the *good* is the natural object of human *desire* and *will*. A cold glass of water is perceived as a *good* on a hot day. A human will desire it and freely choose to drink it. But not all *goods* are easily perceived.

Human *desire* and *will* are blind faculties. A person's intelligence first needs to *identify* and *know* what is good. Moreover, evil often disguises itself as good, like a cold glass of water laced with arsenic. The intellectual habit of *knowing (and seeing) the good to be done and the evil to be avoided* is called the virtue of Prudence. Prudence is practical wisdom. It is the most important human virtue. Without it, the human *will* has nothing to go by, and it risks choosing something harmful. Prudence is required for the other *moral (cardinal) virtues* of *Justice, Courage, and Temperance*.

The cardinal virtues of Justice, Courage, and Temperance need Prudence to operate. If you have all four cardinal virtues, you can skillfully perform a variety of good actions. The more you practice a particular virtue, guided by Prudence, the more artful you will become in doing the *good*.

The cardinal virtues of *Prudence, Justice, Courage, and Temperance* are often called “human” or “moral” because of the natural human ability to cultivate them to some degree. They are the roots of other virtues, like kindness, gratitude, generosity, perseverance, and patience – to name a few. These virtues are cultivated by practice, but not perfectly. We all fall short because of the effects of *original sin*, natural limitations, or bad habits. Therefore, we need the Gifts of the Holy Spirit to take us beyond our limitations.

Some virtues are purely supernatural and are ordinarily received by Baptism. These are the *theological virtues: Faith, Hope and Charity (Love)*. “So now faith, hope, and love abide...” (1 Corinthians 13:13). As with the cardinal virtues, the Gifts of the Holy Spirit raise the theological virtues to new level.

Read my previous articles about the Spirit's Gifts on the website to see the connection. Or stay tuned! More on this point is forthcoming!

OUR PARISH

MESSAGE FROM THE PASTOR

This summer, you are called to grow in your relationship with Jesus Christ. Fr. Edlefsen asks everyone to commit to attending one or more weekday Masses per week, going to monthly Confession, spending quiet time with the Bible before the Blessed Sacrament, and meditating daily for five minutes on the day's Mass readings. Christ is calling you to renew your faith in His real presence in the Eucharist, and your mission to bring God's life and justice to the world. Feel free to speak with a priest.



SAINT VINCENT DE PAUL SOCIETY (SVDP)

The Society of St. Vincent de Paul (SVDP) is still looking for volunteers. If you would like to volunteer, please send an email to SVDPLOLconference@gmail.com.

PLEASE PRAY FOR

Dana Gould, Paul Durand, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, Jim & Becky McManaman, Bridget Hinds, Jose Silva, and Peter & Geraldine Filpi. Please contact the Rectory at 703-684-9261 or lol@lolcc.net to arrange.

PRO-LIFE ROSARY

Tuesdays * 7:00 PM * Our Lady of Lourdes

Join our Pro-Life Committee in the church to pray a weekly rosary for the unborn and put an end to abortions.



PRAYER CHAIN

Have an urgent need for prayers? Members of our parish will pray for your intention. Please contact James at 703-887-7117 or ejt@cybtek.com with your request. Please provide a first name and prayer intention for persons needing prayer.

INVITE OUR LADY OF LOURDES HOME FOR A VISIT

Our parish's Legion of Mary group is offering parishioners the opportunity to host the "Pilgrim Virgin" statue of Mary in their home for 1-2 weeks. Many blessings can arise from Our Lady's visit! Contact the Legion of Mary at csb1789@hotmail.com

PARISH REGISTRATION – WHY IT'S IMPORTANT?

Parish registration provides a unique opportunity to participate fully in the life of the parish, discover the joy of community, and to find a spiritual family where you can grow in holiness together. To register in our parish, please use the QR code on the bulletin cover or visit our website www.olocc.net and click "I'm New".

SUMMER CLEANING

Calling All Volunteer Coordinators and Volunteers! It's summer clean-up time in the rectory storage. We need your help to identify items stored in the rectory building. Please send an email or bring a written list of items to the Rectory Office by July 31. Include owner, list of items, photos, approximate weight of large items or any information that will be helpful. Thank you!

SAVE THE DATE: THE ASSUMPTION OF THE BLESSED VIRGIN MARY

August 15th is the Solemn Feast of the Assumption of Mary and is a Holy Day of Obligation. Additional Masses will be held at 7:00 PM on August 14th and 7:00 PM on August 15th. Plan to attend Mass on that day to celebrate Mary's Assumption.



SAVE THE DATE: KNIGHTS OF COLUMBUS BREAKFAST

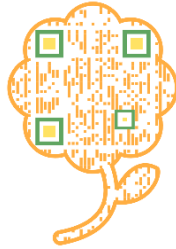
Starting on **Sunday, September 3**, after the 8:00 and 10:00 AM Masses, the Knights of Columbus will have their first monthly breakfast of the season in the Parish Hall. These breakfasts are held on the first Sunday of each month through May.



VOLUNTEER

VOLUNTEER AT OUR LADY OF LOURDES

Share your unique gift with the parish! Scan this QR code or visit our volunteer page on www.ololcc.net. We have many ministries, and we need **YOU**. The greatest needs are for sacristans, money counters, choir singers and CCD Teachers. **Hispanohablantes**, you are especially needed to help start our St. Vincent de Paul ministry for our neighbors in need. Thank you for your support to our Parish Community!



BE AN ANGEL

"*GARDENING ANGELS*" needed to help maintain the churchyard gardens. No experience necessary. Join in and learn as you work. Hours to fit your schedule. Please send an email to Carole DeLong at cdejong828@aol.com.




A FEW GOOD MEN NEEDED

Boys in the 4th grade or older are invited to serve at the Altar. If your son would like to be trained as an **Altar Server**, please contact Joe Mazel at joe.mazel4@gmail.com. Once trained, boys will be scheduled to serve one Mass per weekend. Siblings may serve together.




RELIGIOUS EDUCATION

CCD
Religious Education



CCD sign up is open now for 2023—2024.
Give your children the gift that nourishes their growing faith.
dre@ololcc.net | <https://ololcc.net/get-involved/religious-education>

Come Home to the Catholic Church



ORDER OF CHRISTIAN INITIATION OF ADULTS (OCIA)

- ☀ Would you or someone you know like to become Catholic?
- ☀ Are you a baptized Catholic adult but still need Confirmation or First Communion?
- ☀ Do you just want to explore Catholicism?
- ☀ Are you already a fully initiated Catholic but want a refresher course on your faith?

If you answered "YES" to any of these questions, the **Order of Christian Initiation of Adults (OCIA)** is for you. Starting this **September 11**, RCIA classes will be held on Mondays at 7:00 PM in a Parish Hall classroom. These classes prepare *catechumens* (people preparing for Baptism) and *candidates* (baptized people preparing for Confirmation and/or Communion) to receive these sacraments at the Easter Vigil Mass on March 30, 2024. To sign up for classes, please see our website www.ololcc.net or contact the parish office.

FORMED

Free Catholic Films, Podcasts, Audio Books & More!



As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED – nicknamed “Catholic Netflix” – an online Catholic media streaming service. Enjoy hundreds of Catholic films, e-books, podcasts, study courses, and more on your computer, tablet, and smartphone. Register at formed.org/signup and enter zip code “22202” or “Our Lady of Lourdes VA” to start using this service as a fun way to grow in your faith.

MARY, EXPLAINED



OBishop Burbidge invites us to look at Mary, our Blessed Mother, and imitate her example of receiving the Word and bearing the Word into the world. Produced by the Arlington Diocese and featured religious, priests and lay faithful, the 7-part video series explain the theology, traditions and devotions to Our Lady and encourages us to grow closer to her with the ultimate goal of growing closer Christ. A short video is released every month.

<https://www.arlingtondiocese.org/maryexplained/>

FEAST OF THE TRANSFIGURATION OF THE LORD

” This is my beloved Son; listen to him.” Are you being called to help the Lord feed His people with the truth of His gospel as a priest, deacon or in the consecrated life? If you think God may be calling you to serve Him more closely, contact Fr. Michael Isenberg, Vocations Director, at (703) 841-2514 or email: vocations@arlingtondiocese.org.

THE ARLINGTON DIOCESE

A JUBILEE JOURNEY WITH MARY

Marian Pilgrimage to Celebrate the Diocese’s Jubilee Year.

Mary has been given titles from Scripture, from teachings of the Church, and from many instances that Mary visited places on the earth to encourage people to spend more time in prayer with Jesus. There are 11 churches in the Diocese of Arlington which are named after Mary or one of her many titles. In preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to visit as many of those churches named after the Blessed Mother and spend time in prayer at each! **Our Lady of Lourdes is one of the 11 churches that made the list!**

<https://www.arlingtondiocese.org/jubileejourney/>

PRAISE AND WORSHIP HOLY HOUR FOR HEALING AND CONVERSION.

Tuesday, August 8 * 7:30 PM * St. Leo the Great, Fairfax

Join a hoy hour of praise and worship led by Fr. Joseph Moschetto along with musician Valerie & Rocco Repetski. Our special intention is for the conversion and healing in families. The Sacrament of Reconciliation will be available.

MASS AND ROSARY IN THANKSGIVING FOR THE GIFT OF HUMAN LIFE

Saturday, August 19 * 9 AM * Good Shephard, Alexandria

Join Bishop Burbidge for Holy Mass in Thanksgiving for the Gift of Human Life at Good Shephard Catholic Church followed by a rosary at the Sherwood abortion facility at 2616 Sherwood Hall Lane, Alexandria, VA 22306.

MASS FOR MULTICULTURAL COMMUNITIES 2023

Friday, August 25 * 7 PM * Nativity Catholic Church

Celebrate our unity in diversity! All are invited to the annual Mass for Multicultural Communities celebrated by Bishop Michael Burbidge, con-celebrated by priests of The Diocese of Arlington on Friday, August 25, 2023. Mass will be followed by a reception featuring cultural dishes and performances! mcm@arlingtondiocese.org

CALLED: A CONFERENCE FOR YOUNG ADULTS

Saturday, September 23 * Sheraton Reston Hotel

Bishop Burbidge invites all young adults (ages 19-35, single and married) to join him for the annual Mass for Young Adults and an inspirational keynote from Mr. Sam Goodwin. The day will also include breakout sessions, dinner, prayer, live music, vendors and even complimentary childcare!

<https://www.arlingtondiocese.org/young-adult-ministry/called/>

MASS FOR MARRIAGE JUBILARIANS

Sunday, October 15 * 3 PM * St. Agnes, Arlington

Celebrating a golden or silver wedding anniversary this year? Were you married in 1973 or 1998? Then join Bishop Michael Burbidge for the 2023 Mass for Jubilarians to be celebrated on Sunday, October 15, 2023. To register, please contact our Rectory Office no later than Monday, October 2, 2023. For more info, visit www.arlingtondiocese.org/MJM.



BISHOP'S PODCAST: WALK HUMBLY

Look for Bishop Burbidge's Homilies and Podcasts at www.arlingtondiocese.org/bishop/on-the-air. Bishop Burbidge offers a Catholic perspective on the most recent events in the news and our society, and he answers questions from the faithful.

VICTIM ASSISTANCE PROGRAM FOR THOSE SEXUALLY ABUSED AS MINORS

The Diocese of Arlington offers comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children survivors of sexual abuse are invited and encouraged to contact the diocesan **Victim Assistance Coordinator** for support, consultation, referrals and overall assistance throughout the healing process. Contact **(703) 841-2350** or visit www.arlingtondiocese.org/victim-assistance/

VOCATIONS

SUNDAYS WITH THE SISTERS REJOICE TOUR 2023

All events are on Sun. 2 - 5 PM

The *Sundays with the Sisters Rejoice Tour 2023* is a chance to witness the joy of religious life during this year of preparation for our diocesan jubilee in 2024. The tour features events at a different convent each month. **Single women ages 18-50** are invited and no registration needed. RSVP to vocations@arlingtondiocese.org the Monday prior to the gathering(s) if you wish to attend.

Next on the Schedule:

Sept 24 – Poor Clares, Mother of the Church Monastery

Oct 22 – Adorers of the Holy Cross (English and Vietnamese)

ST. CATHERINE OF SIENA WOMEN'S SILENT RETREAT

August 11-13 * San Damiano Retreat Center, White Post, VA

St. Catherine is one of the four women Doctors of the Church. A mystic and crusader, she composed over 400 letters & prayers. With plenty of time to read, rest, think and pray, this retreat will be led by Fr. James Hudgins at the San Damiano Spiritual Life Center in White Post, VA, Cost is \$285. Contact Deacon Mark Maines to register at mark.maines@arlingtondiocese.org

NATIONAL EUCHARISTIC REVIVAL

June 2023 – June 2024 Year of Parish Revival

An initiative of the US Bishops and promoted by Bishop Burbidge, the National Eucharistic Revival Year aims to deepen our relationship with Jesus Christ through the celebration of the Eucharist. To learn more about this initiative, visit <https://www.eucharisticrevival.org/>

STEWARDSHIP

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code below or on the cover of this bulletin, or visit www.faithdirect.net and enter parish code **VA327**.



ESTATE PLANNING FOR YOU...AND OUR PARISH

Giving is a very important part of the life of a person devoted to Jesus Christ. Planned giving simply means planning for the future, whether it is your retirement or the future of your parish community. Your planned gift is a tangible way to express your unending gratitude to God for a lifetime of blessings. For more information on naming our parish or the diocese in you will, contact your attorney or visit arlingtondiocese.planmylegacy.org

SECOND COLLECTION NEXT WEEKEND

August 12 & 13 * Saint Vincent de Paul Society Fund

SPONSOR OF THE WEEK

Murphy Funeral Homes

Dignity Memorial
(703) 920-4800

NUESTRA PARROQUIA

MENSAJE DE NUESTRO PÁRROCO

Este verano, estás llamado a crecer en tu relación con Jesucristo. El P. Edlefsen pide a todos que se comprometan a asistir a una o más Misas diarias durante la semana, a ir a la Confesión una vez al mes, a pasar tiempo con la Biblia ante el Santísimo Sacramento y a meditar diariamente durante cinco minutos sobre las lecturas de la Misa del día. Cristo te está llamando a renovar tu fe en Su presencia real en la Eucaristía, y tu misión de llevar el mensaje de vida y justicia de Dios al mundo. Siéntase libre de hablar con un sacerdote.

CONFERENCIA DE LA SOCIEDAD DE SAN VICENTE DE PAÚL (SVDP)

La conferencia de la Sociedad de San Vicente de Paúl (SVDP) de Nuestra Señora de Lourdes ya comenzó a proporcionar asistencia financiera para servicios públicos, alquiler y emergencias. Si desea ser voluntario con SVDP, envíe un correo electrónico a SVDPOLconference@gmail.com

BAUTISMOS

Para bautismos, los padres y padrinos deben asistir a la charla pre-bautismal, el último domingo de cada mes, después de la Misa. Los padrinos deben ser *católicos practicantes*, es decir personas que van a Misa cada domingo. Si el padrino/madrina no es feligrés de Nuestra Señora de Lourdes, debe traer una carta de su parroquia certificando que es elegible y tiene todos los requisitos para apadrinar. La carta debe tener sello de la parroquia, firmada por el párroco y traerla a la parroquia de Nuestra Señora de Lourdes una semana antes del día del bautismo. La próxima charla pre-bautismal será el **Domingo, 30 de Julio** en el Lourdes Center, a las 6:15 PM.

SACRAMENTO DEL MATRIMONIO

Para casarse por la Iglesia debe comunicarse con la oficina 7 -8 meses antes de la fecha del matrimonio al 703-684-9261.

POR FAVOR OREN POR

Paul Durand, Ed Boehme, Rosa Diéquez, April García, Ron Harris, Jim y Becky McManaman, Bridget Hinds, José Silva y Peter y Geraldine Filpi. Comuníquese con la Rectoría al 703-684-9261 o lol@lolcc.net si necesita incluir a alguien en oración.

Virtudes

Por el P. Frederick Edlefsen

Las virtudes son *hábitos* - o predisposiciones firmes, que nos inclinan a hacer *el bien*. Pero ¿qué se entiende por *bien*? Aristóteles dijo que *el bien* es "lo que todos los hombres desean". En otras palabras, *el bien* es el objetivo natural que el deseo y la voluntad humana persiguen. Un vaso de agua fría se percibe como algo *bueno* en un día caluroso. El ser humano lo deseará y libremente elegirá beberlo. Pero no todo lo *bueno* se percibe fácilmente.

El *deseo* y la *voluntad* son facultades humanas ciegas. El razonamiento de una persona primero necesita *identificar* y *saber* lo que es bueno. Además, el mal a menudo se disfraza de bien, como el caso de un vaso de agua fría mezclada con arsénico. El hábito intelectual de *conocer* (y *ver*) *el bien que hay que hacer* y *el mal que hay que evitar* es la llamada virtud de la Prudencia. La Prudencia es sabiduría práctica. Es la virtud humana más importante. Sin ella, la *voluntad humana* no tiene destino, y corre el riesgo de elegir algo dañino. La prudencia es necesaria para las otras *virtudes morales* (*cardinales*) de la *Justicia*, la *Fortaleza* y la *Templanza*.

Las virtudes cardinales de la Justicia, la Fortaleza y la Templanza necesitan la Prudencia para operar. Si tienes estas cuatro virtudes cardinales, se te hará más fácil realizar acciones buenas. Cuanto más practiques estas virtudes, guiadas por la prudencia, hacer *el bien* resulta más fácil.

Las virtudes cardinales de la *Prudencia*, la *Justicia*, la *Fortaleza* y la *Templanza* a menudo se llaman "humanas" o "morales" debido a la capacidad humana de cultivarlas hasta cierto punto. Son las raíces de otras virtudes, como la bondad, la gratitud, la generosidad, la perseverancia y la paciencia, por nombrar algunas. Estas virtudes se cultivan mediante la práctica, pero de una manera imperfecta. Todos nos quedamos cortos es este esfuerzo debido a los efectos del *pecado original*, limitaciones naturales o malos hábitos. Por lo tanto, necesitamos los Dones del Espíritu Santo para llevarnos más allá de nuestras limitaciones.

Algunas virtudes son puramente sobrenaturales y son ordinariamente recibidas durante el Bautismo. Estas virtudes se llaman *virtudes teologales* y son: la *Fe*, la *Esperanza* y la *Caridad* (*Amor*). "Ahora, así la fe, la esperanza y el amor permanecen..." (1 Corintios 13:13). Al igual que con las virtudes cardinales, los Dones del Espíritu Santo elevan las virtudes teologales a un nuevo nivel.

Lea mis artículos anteriores sobre los dones del Espíritu en el sitio web para ver la conexión. ¡Estén atentos! ¡Próximamente se publicará más sobre estos temas!

EXPOSICION DEL SANTISIMO SACRAMENTO

Todos los viernes se expone el Santísimo Sacramento de 12:30 PM – 3 PM. Se retira con el rezo de la Coronilla de la Divina Misericordia. ¡El Señor te espera para tener un encuentro personal contigo!



DONACIONES EN LÍNEA CON FAITH DIRECT

¡Nuestra Señora de Lourdes acepta donaciones en línea a través de Faith Direct! Puede donar a todas las colectas de nuestra parroquia y establecer pagos recurrentes en su propio horario. Para inscribirse, escanee el código QR en esta página, o en la portada del boletín, o visite www.faithdirect.net e ingrese código parroquial VA327.

REGISTRO PARROQUIAL -¿Por qué es IMPORTANTE?

El registro parroquial ofrece una oportunidad única para participar plenamente en la vida de la parroquia, descubrir la alegría de una comunidad y una familia espiritual donde puedan crecer juntos en santidad. También es importante que se registre para que podamos atender a sus diversas necesidades, incluyendo preparación sacramental, educación religiosa y recibirlos para ser padrinos. Para registrarse, utilice el código QR en la portada del boletín, visite nuestro sitio web www.olocc.net y haga click en "Soy nuevo", o comuníquese con la Rectoría al 703-684-9261..

GRUPOS VOLUNTARIOS

MONAGUILLOS

Niños/jóvenes que desean servir como monaguillos deben asistir a las clases de catequesis todos los domingos para continuar con su preparación espiritual. Comunicarse con la oficina o Sofía Quishpe al 703-395-4730.

GRUPO DE ORACION

Se reúne todos los sábados de 5 - 10 PM Comunicarse con José Granados al 703-869-9469 o Sergio Benitez al 240-706-2447.

LEGION DE MARIA

Se reúne todos los viernes de 6 - 8 PM Comunicarse con Rosa Benítez al 571-501-3435.

LECTORES

Si deseas unirte al ministerio de la Liturgia como lector, comunicarse con Ana Rivera al 703-508-7751.

UJIERES

Si quieres servir como ujier, comunicarse con Reynaldo Campos (703-626-5473) o Manuel Borilla (571-594-2769).

CORO

Si deseas ser miembro del coro, comunicarse con Cristina Campos al 703-627-9990

EDUCACIÓN RELIGIOSA

REGÍSTRESE AHORA PARA CCD

Las clases de CCD se llevarán a cabo los domingos por la mañana, y los niños pueden unirse durante todo el año escolar. Para registrarse, envíe el formulario de registro de CCD que se encuentra en nuestro sitio web bajo la sección "Get Involved" y "Religious Education". El primer día de clase será **el domingo 10 de Septiembre**. Por favor, póngase en contacto con Leigh Hasson, nuestro DRE, a dre@ololcc.net con cualquier pregunta

6 DE AGOSTO DE 2023

LA TRANSFIGURACIÓN DEL SEÑOR

"Una voz salió de la nube, diciendo: "Este es Mi Hijo amado en quien Yo estoy complacido; escúchenlo a Él." – Mateo 17:5. Cuando Pedro, Santiago y Juan oyeron esto inmediatamente se postraron en el piso ante Él y tenían "mucho miedo. Nosotros también debemos responder de la misma manera cuando oímos la voz de Dios. ¿Cuántas veces nos sentimos temerosos cuando nos invitan a participar más completamente en la vida de la iglesia? ¿O, cuando alguien dice algo negativo acerca de la Iglesia, y tenemos miedo de responder? Recuerde, nosotros también somos los hijos amados de Dios; Jesús está allí para ayudarnos, pero necesitamos escuchar.

LA DIÓCESIS DE ARLINGTON

UN CAMINO DE JUBILEO CON MARIA

¿Sabías que hay 11 iglesias en la Diócesis de Arlington que llevan el nombre de un título de María? Durante este segundo año del Jubileo de Oro de la Diócesis, se nos anima a centrarnos en María y su papel de llevarnos a Jesús. ¡Con este fin, el obispo Burbidge nos invita a visitar tantas de esas 11 iglesias como sea posible y pasar tiempo en oración en cada una! Nuestra Señora de Lourdes es una de ellas. ¡Esperamos que esta iniciativa nos anime a crecer en nuestra comprensión de María y devoción por ella! www.arlingtondiocese.org/jubileejourney

AVIVAMIENTO EUCARÍSTICO NACIONAL

Junio 2023 – Junio 2024 Año de Avivamiento Parroquial
Una iniciativa de los obispos de los Estados Unidos y promovida por el obispo Burbidge, el Año Nacional de Avivamiento Eucarístico tiene como objetivo profundizar nuestra relación con Jesucristo a través de la celebración de la Eucaristía. Para obtener más información sobre esta importante iniciativa, visite <https://www.eucharisticrevival.org/>

Did you know that there are 11 churches in the Diocese of Arlington named after the Blessed Mother?



A Jubilee Journey with Mary

During this second year of preparation for the Diocesan Jubilee, Bishop Burbidge invites you to visit as many of these churches as possible through this Marian journey!



#ArlingtonJubilee



To join the journey, scan the QR code or go to:
www.arlingtondiocese.org/jubileejourney



Mass & Rosary in Thanksgiving for Human Life

Saturday, August 19

Mass: 9:00 AM

**Good Shepherd Catholic Church
8710 Mt. Vernon Hwy., Alexandria, VA**



**Most Reverend Michael F. Burbidge
Celebrant and Homilist**

Rosary to follow outside 2616 Sherwood Hall Ln. after Mass



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