

FEBRUARY 6, 2022 * THE 5TH SUNDAY IN ORDINARY TIME



When they brought their boats to the shore,
they left everything and followed him.



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OUR LADY
of LOURDES
Arlington, Virginia



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at our parish

830 23rd Street South Arlington, VA 22202
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OUR CHURCH

CLERGY

Reverend Frederick H. Edlefsen, *Pastor*
Reverend Joseph R. Kenna, *Parochial Vicar*
Reverend Paul A. Berghout, *In Residence*

STAFF

Ms. Leigh Hasson, *Director of Religious Education*
Mr. Tom Bartolomeo, *Director of Music*
Ms. Marianne Rodriguez, *Office Manager*
Ms. Tatyana Rasmussen, *Sacramental Secretary*

RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM
Saturday: Closed
Sunday: 9:30 AM – 1:00 PM

PARISHIONER REGISTRATION

If you are a Catholic residing within zip code 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Register online at www.ololcc.net. Paper registration forms are available in the entrance of the church and may be submitted to the parish office.

MASSSES

Monday – Friday: 6:45 AM, 12:00 PM
Saturday: 9:00 AM; 5:30 PM Vigil
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)
Federal Holidays: 9:00 AM
Holy Days: 7:00 PM Vigil, 6:45 AM, 12:00 PM, 7:00 PM

CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM
Thursday: 12:30 PM – 1:00 PM
Friday: 12:30 PM – 1:00 PM
Saturday: 4:00 PM – 5:00 PM
Sunday: 4:15 PM – 4:45 PM (Spanish)
Please contact the parish office for Confessions by appointment.

DAILY ROSARY

Monday – Friday: 6:15 AM, 11:30 AM
Saturday: 9:30 AM

MIRACULOUS MEDAL NOVENA

Wednesday: 12:30 PM

EXPOSITION OF THE BLESSED SACRAMENT & BENEDICTION

Friday: 12:30 PM – 3:00 PM

COMMUNION FOR HOMEBOUND PARISHIONERS

If you are a homebound parishioner who would like to receive Communion or anointing of the sick, or if you know a parishioner who may be interested, please contact the parish office. All recommended COVID-19 safety precautions must be observed.

OUR SACRAMENTS

BAPTISM

Children's Baptisms and Baptism Preparation Classes are arranged by appointment. Visit www.ololcc.net and click "Mass & More" and "Baptism" to submit a request.

CONFIRMATION

Children Grades 7 & 8: Religious Education (CCD)

Children are Confirmed in a two-year program via CCD classes in grades 7-8. Visit www.ololcc.net and click "Get Involved" and "Religious Education" to register for CCD.

Young Adults Ages 14-17: RCIC

The Rite of Christian Initiation for Children (RCIC) is available for children ages 7-17 who need the three Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Please contact Leigh Hasson at dre@ololcc.net for more information.

Baptized Adults 18+

Adults who have received both the Sacraments of Baptism and Holy Communion are encouraged to contact our office for assistance in receiving the Sacrament of Confirmation.

SPONSORSHIP REQUIREMENTS

Baptism Godparents & Confirmation Sponsors

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be sacramentally Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

FIRST HOLY COMMUNION

Children receive First Holy Communion in a two-year program via CCD classes in grades 1-2. Visit www.ololcc.net and click "Get Involved" and "Religious Education" to register for CCD.

MARRIAGE

Please contact a priest 7-8 months prior to your intended wedding date to begin Marriage preparation. Learn more and submit a request at www.ololcc.net under "Mass & More" and "Marriage Prep."

BECOMING CATHOLIC & ADULT CONFIRMATION

The Rite of Christian Initiation for Adults (RCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall, and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Visit www.ololcc.net and click "Get Involved" and "Explore Catholicism" to register.

ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

FUNERALS

Please contact the Rectory Office to arrange.

OUR PARISH



FORTY HOURS AND A FEAST!

February 9-11

“Lord, teach us to pray” (Luke 11:1). February 9– 11 will be a special mini-retreat at Our Lady of Lourdes. We will hold a “Forty Hours Devotion,” which includes evening Masses, Exposition of the Blessed Sacrament, devotions, opportunities for silent prayer, and mini teaching sessions about “how to pray.” Forty Hours concludes on Friday, February 11—the Feast of Our Lady of Lourdes—with a 5:30 PM Mass, a procession with the Blessed Sacrament, and a dinner party. Sign up for a period of prayer in the “You’re Invited” section of the website or in the church vestibule. See the website for the full 40 Hours schedule.

Wednesday, February 9

7:00 PM Mass

Exposition of the Blessed Sacrament 8:00 PM – 9:00 PM

Thursday, February 10

6:45 AM Mass followed by

Exposition of the Blessed Sacrament until 7:00 PM

7:00 PM Spanish Mass

Exposition of the Blessed Sacrament 8:00 PM – 9:00 PM

Friday, February 11

6:45 AM Mass followed by

Exposition of the Blessed Sacrament until 5:30 PM

5:30 PM Feast Day Mass of Our Lady of Lourdes

6:30 PM Dinner and Party

Availability: That’s All God Asks of You

Fr. Frederick Edlefsen

I wrote in last week’s bulletin that meditation begins with pondering God’s word, known as “mental prayer.” Bible reading is key because it feeds you with spiritual thoughts. This leads to “affective prayer” – deeper meditation. Affections, or acts of love, spring from your heart to God. Meditation moves from the “head” to the “heart.” It’s about availability to God. If you let this happen, the Holy Spirit may take you to another level: the “prayer of simplicity.” The “Prayer of simplicity” is a loving gaze on God with the “vision of faith.” You don’t “see” something. You “perceive” or “gaze” upon God with the “eye of the soul.” A profound sense of serenity is felt. This makes you available for God’s gift of “contemplation” – purely mystical prayer. Contemplation is an invasion by God. You’re overcome. Joy and freedom, even when suffering, take over. Generosity grows, especially toward the weak and poor.

Get into the habit of being available to God. Come to Forty Hours Devotion this week!

CUARENTA HORAS Y LA FIESTA!

9–11 de Febrero

“Señor, enseñanos a orar” (Lucas 11:1) Del 9 – 11 de Febrero tendremos un “mini-retiro” muy especial en Nuestra Señora de Lourdes. Estaremos haciendo “Cuarenta Horas de Devoción”, que incluirá Misas en la tarde, Exposición del Santísimo Sacramento, devociones, oportunidades para meditar y homilias de “como orar”. Las Cuarenta Horas concluirán el Viernes, 11 Febrero, con la Fiesta de Nuestra Señora de Lourdes- una Misa a las 5:30 pm, procesión con el Santísimo Sacramento y una fiesta con Cena incluida. Anótese para un tiempo para orar in la sección del “website” que dice “Estas invitado” o en el vestíbulo de la Iglesia. Vea la información en el “website” para el horario completo sobre las Cuarenta (40) Horas de Devoción.

Miercoles, 9 Febrero

7:00 PM Misa

Exposición del Santísimo Sacramento 8:00 PM – 9:00 PM

Jueves, 10 Febrero

6:45 AM Misa seguida por

Exposición del Santísimo Sacramento hasta las 7:00 PM

7:00 PM Misa en Español

Exposición del Santísimo Sacramento de 8:00 PM – 9:00 PM

Viernes, 11 Febrero

6:45 AM Misa seguida por

Exposición del Santísimo Sacramento hasta las 5:30 PM

5:30 PM Día de Fiesta, Misa de Nuestra Señora de Lourdes

6:30 PM Cena y Fiesta

Disponibilidad : Es todo lo que Dios pide de Ti

Padre Frederick Edlefsen

Yo escribí en el boletín de la semana pasada que la meditación comienza cuando reflexionamos sobre la Palabra de Dios, conocida como “oración mental”. La lectura de la Biblia es fundamental porque te alimenta con pensamientos espirituales. Esto te lleva a la “oración afectiva”, una meditación mas profunda. Afecciones o actos de amor, brótan de tu Corazón hacia Dios. La Meditación se mueve de “la cabeza” hacia “el Corazón”. Es acerca de la “disponibilidad” que tengas para Dios. Si permites que esto suceda, el Espíritu Santo te puede llevar a otro nivel: la “oración de la sencillez o la simplicidad”.

La “oración de la sencillez o simplicidad” es una mirada de amor hacia Dios con la “visión de la Fe”. Tu no “vez” algo. Tu “percibes” o “miras” a Dios con los “ojos del alma”. Se siente un profundo sentimiento de serenidad. Esto te hace estar disponible para el regalo de Dios de la “contemplación”, puramente “oración mística”. La “contemplación” es una invasión de Dios. Te Supera. Alegría y libertad te invaden, aun en el sufrimiento. La generosidad aumenta, especialmente hacia los pobres, debiles y desvalidos.

Comienza el habito de estar disponible para Dios. Ven, asiste a las Cuarenta Horas de Devoción esta semana del 9 – 11 de Febrero 2022.

75TH ANNIVERSARY CELEBRATORY DINNER

Feb. 11 * 6:45 PM * Parish Hall

There will be a celebratory dinner in the Parish Hall to conclude the 40 Hours Devotion. An **RSVP IS REQUIRED** to attend. Please see the "You're Invited" section of the website.

OUR LADY OF LOURDES NOVENA OF MASSES

Feb. 3 - 11

The following liturgies remain to be celebrated as part of the Our Lady of Lourdes Novena of Masses, with the ninth and final Mass celebrated on the Feast of Our Lady of Lourdes. The loved ones whose names are written on your novena offertory envelopes are being honored in our novena prayers.

3. Saturday, February 5: 9:00 AM
4. Sunday, February 6: 12:00 PM
5. Monday, February 7: 6:45 AM
6. Tuesday, February 8: 12:00 PM
7. Wednesday, February 9: 7:00 PM
8. Thursday, February 10: 7:00 PM
9. Friday, February 11: 5:30 PM

FEBRUARY FOOD DRIVE

Feb. 12-20

Our Lady of Lourdes Helping Hands volunteers will be collecting nonperishables for Christ House Food Pantry the weekends of February 12-13 and 19-20.

*****Please ensure that donated items are NOT in bulk! Items are separately placed in food bags for distribution!**

Special February Requests:

- ♦ Ground Coffee
- ♦ Sugar, white or brown (32 oz. or 80 oz.)
- ♦ Peanut butter (16 oz.) and Jelly (15-18 oz.)
- ♦ Canned fruit (15 oz.)
- ♦ Canned stewed tomatoes (15 oz.)
- ♦ Cooking oil (48 oz.)
- ♦ Salt (~16 oz.)

Christ House always appreciates the following suggested items:

- ♦ Boxed breakfast cereals
- ♦ Canned chicken, corned beef, and spam
- ♦ Canned vegetables (15 oz.)
- ♦ Red kidney beans, black beans, and baked beans (15 oz.)
- ♦ Canned pasta and chili (15 oz.)
- ♦ Macaroni & cheese (7.25 oz.)
- ♦ Flour
- ♦ Toilet paper
- ♦ Aldi gift cards

Place donations in the collection bins in the church entrance on the designated weekends. Christ House provides food for low-income households, children, the elderly, and the homeless in Alexandria and surrounding areas. Learn more about Christ House at www.cdda.net. Thank you for helping to feed the hungry!

THE ARLINGTON DIOCESE

LATIN MASSES AT ST. RITA IN ALEXANDRIA

Sun., Tues., & Thurs. * St. Rita, Alexandria

Latin Masses are celebrated at St. Rita Parish (3815 Russell Road, Alexandria, VA 22305) every Sunday at 9:00 AM, and on Tuesday and Thursday at 7:30 PM. Our Lady of Lourdes parishioners are always welcome to attend!

ASSISTANCE FOR VICTIMS OF SEXUAL ABUSE

The Catholic Diocese of Arlington provides assistance to anyone sexually abused as a minor by a priest, deacon, teacher, employee, or representative of the Arlington Diocese. Parents, guardians, children, and survivors of sexual abuse are encouraged to contact the diocesan Victim Assistance Coordinator to receive support, consultation, and referrals. Our diocese is committed to assisting victims/survivors throughout the healing process. For more information, please call **703-841-2530** or visit www.arlingtondiocese.org/Child-Protection.

STEWARDSHIP

2022 BISHOP'S LENTEN APPEAL (BLA)

BLA Commitment Sunday is next weekend! Once a year we are asked to make a pledge to support the work of our diocesan programs and ministries which provide services that no parish could provide on its own. Our parish goal is 100% participation, and we hope to raise \$154,000.00. By participating in the BLA, we remember the gift that Christ Himself gave us through His body and blood, and are asked to respond to His call to serve our brothers and sisters. Visit www.arlingtondiocese.org or scan the QR code to make a gift today.



SECOND COLLECTION NEXT WEEKEND

Feb. 12 & 13: Maintenance & Improvement Fund

Help our church stay strong, safe, and clean by donating to our parish Maintenance and Improvement Fund! Your donations keep our buildings comfortable in the winter weather and ensure our grounds and landscaping look their best throughout the year. These funds also enable us to make necessary structural, mechanical, and security improvements across our campus.

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code on the cover of this bulletin, or visit www.faithdirect.net and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

SPONSOR OF THE WEEK

Marga Pirozzoli & Justine Pope, Compass Realtors

February 6, 2022

THE FIFTH SUNDAY IN ORDINARY TIME

WEEKLY MASS INTENTIONS

SATURDAY FEBRUARY 5

St. Agatha, Virgin & Martyr

9:00 AM Our Lady of Lourdes Novena Mass

5:30 PM Diane Hagmann + by Eve Kramer

SUNDAY FEBRUARY 6

The Fifth Sunday in Ordinary Time

8:00 AM John Robert Titone + by Mary Frances Widner

10:00 AM All parishioners, living and deceased

12:00 PM Our Lady of Lourdes Novena Mass

5:00 PM (Spanish) TBD

MONDAY FEBRUARY 7

6:45 AM Our Lady of Lourdes Novena Mass

12:00 PM Kostas "Dino" Sambrakos +

TUESDAY FEBRUARY 8

6:45 AM Kenneth Downey +

12:00 PM Our Lady of Lourdes Novena Mass

WEDNESDAY FEBRUARY 9

6:45 AM Gerarde Barth +

12:00 PM Hazel Thompson + by Eve Kramer

7:00 PM Our Lady of Lourdes Novena Mass

THURSDAY FEBRUARY 10

St. Scholastica, Virgin

6:45 AM Cedric Oatis

12:00 PM Orine Francis Haacke +

7:00 PM (Spanish) Our Lady of Lourdes Novena Mass

FRIDAY FEBRUARY 11

6:45 AM Nick Vetrano by Janet Vetrano

12:00 PM Ron & Dee Artim

5:30 PM Our Lady of Lourdes Novena Mass

THIS WEEK'S ALTAR FLOWERS WERE PROVIDED...

In Loving Memory of Ralph & Elizabeth Carr

By Mary Carr

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one, or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange.

PLEASE PRAY FOR

Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, & Jose Silva

Names are published for one month. Please contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange.

PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

2021 DONATION ACKNOWLEDGEMENTS

Our Lady of Lourdes will be mailing acknowledgement letters for donations made in the year 2021 by registered parishioners using our offertory envelopes. Faith Direct Online Giving provides separate acknowledgement statements for its users. If you would like to receive offertory envelopes via mail, please contact Tatyana at **703-684-9261** or olol@ololcc.net. Thank you for your generosity!

VOLUNTEER

VOLUNTEER AT OUR LADY OF LOURDES

Everyone has a unique gift to be shared with others. Scan the QR code on the cover of this bulletin or visit our volunteer page on www.ololcc.net to learn more about our parish ministries.

RELIGIOUS EDUCATION

RELIGIOUS EDUCATION: CCD

This year's CCD Program has begun, but families can continue to register at Sunday classes or online throughout the year! The 2021-22 CCD calendar and registration form are available on our website. Please visit www.ololcc.net and click "Get Involved" to register, or contact our Director of Religious Education at dre@ololcc.net for more information.

PRO LIFE

PRO-LIFE ROSARY

Tuesdays * 7:00 PM * Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM in the church.

MASS & SIDEWALK ROSARY WITH BISHOP BURBIDGE

Feb. 12 | 8:30 AM | Old Town Alexandria, VA

Please mark your calendars and plan to attend this powerful day of prayer to end abortion in our diocese. After 8:30 AM Mass at the Basilica of St. Mary we will pray a rosary in front of the abortion facility at 2839 Duke Street in Alexandria. Details can be found at www.arlingtondiocese.org/respectlifemass. For more information and instructions to RSVP, please contact respectlife@arlingtondiocese.org.

FREE ULTRASOUND EXAM COUPON

Pregnant (or think you might be) and considering abortion? Please call or text **703-946-3077** to schedule your free ultrasound today with ABC Women's Health and Ultrasound Center. If you need a ride, we can help with transportation. Se habla español. Visit www.abcwomenshealth.com to learn more. This coupon is valid for one free ultrasound. Limit one per client.



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