

February 7, 2021 • Fifth Sunday in Ordinary Time



OUR LADY OF LOURDES CATHOLIC CHURCH

830 23rd Street South, Arlington, VA 22202
703-684-9261 | lol@lolcc.net | www.lolcc.net

OUR CHURCH

CONTACT

830 23rd Street South, Arlington, VA 22202
703-684-9261
olol@ololcc.net
www.ololcc.net

CLERGY

Reverend Frederick H. Edlefsen, *Pastor*
Reverend Joseph R. Kenna, *Parochial Vicar*
Reverend Paul A. Berghout, *In Residence*

STAFF

Ms. Leigh Hasson, *Director of Religious Education*
Mr. Tom Bartolomeo, *Director of Music*
Ms. Marianne Rodriguez, *Office Manager*
Ms. Tatyana Rasmussen, *Sacramental Secretary*

RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM
Saturday: Closed
Sunday: 9:30 AM – 1:00 PM

PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Register online at www.ololcc.net. Paper registration forms are available in the entrance of the church and in the rectory office, and should be submitted to the rectory office.

MASSES

Monday – Friday: 6:45 AM, 12:00 PM
Saturday: 9:00 AM; 5:30 PM (Vigil Mass)
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)
Federal Holidays: 9:00 AM
Holy Days: 12:00 PM, 7:30 PM

CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM
Thursday: 12:30 PM – 1:00 PM
Friday: 12:30 PM – 1:00 PM
Saturday: 4:00 PM – 5:00 PM
Sunday: 4:15 PM – 4:45 PM (Spanish)
Please contact our office for Confessions by appointment.

DAILY ROSARY

Monday – Friday: 6:15 AM, 11:30 AM
Saturday: 9:30 AM

MIRACULOUS MEDAL NOVENA

Wednesday: 12:30 PM

EXPOSITION OF THE BLESSED SACRAMENT & BENEDICTION

Friday: 12:30 PM – 3:00 PM

OUR SACRAMENTS

BAPTISM

Children's Baptisms and Baptism Preparation Classes are arranged by appointment. Please visit our website at www.ololcc.net to learn more, or contact Tatyana Rasmussen at the rectory office.

FIRST COMMUNION

Please contact our Director of Religious Education at dre@ololcc.net for more information.

CONFIRMATION

Please contact our Director of Religious Education at dre@ololcc.net for more information.
Adult Confirmation classes for individuals who have already received both the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Tatyana Rasmussen at the rectory office to register.

RITE OF CHRISTIAN INITIATION (RCIC & RCIA)

RCIA classes are available for adults age 18 or older in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall, and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. RCIC preparation is available via our Religious Education program for children ages 7-17 who need the Sacraments of initiation. Please visit our website at www.ololcc.net to learn more, or contact Tatyana Rasmussen at the rectory office.

MARRIAGE

Please contact a priest 7-8 months prior to your intended wedding date to begin Marriage preparation. Learn more on our website at www.ololcc.net. An overview of the Arlington Diocese's Marriage preparation policies is available at www.arlingtondiocese.org.

ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

FUNERALS

Please contact the Rectory Office to arrange.

SPONSORSHIP REQUIREMENTS

For Baptism Godparents & Confirmation Sponsors

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be sacramentally Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

PRO-LIFE ROSARY

Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM in the church.

NEW: CONFESSIONS, EXPOSITION OF THE BLESSED SACRAMENT

Fridays | 12:30 PM – 3:00 PM | Our Lady of Lourdes

We now have confessions every Friday following the 12:00 PM Mass, from 12:30 PM – until the last person in line is heard, and Exposition of the Blessed Sacrament from 12:30 PM – 3:00 PM.

ADULT EDUCATION

Second Tuesdays, Monthly | 7:00 PM | Parish Hall

We are excited to announce a new Adult Education class for our parish community, "Jesus: The Way, the Truth, and the Life" published by Ascension Press. Classes will be held on the second Tuesday of each month at 7:00 PM in the parish hall beginning January 12, 2021. All parishioners are invited! Please contact our Director of Religious Education dre@ololcc.net with questions or if you would like to be sent an invitation to join the class virtually. Class Dates: Feb. 9, Mar. 9, Apr. 13, May 11

RELIGIOUS EDUCATION: CCD

This year's CCD program combines virtual instruction with in-person classroom sessions. Students in grade 2 (First Communion candidates) and grade 8 (Confirmation candidates) meet for in-person classes every Sunday. Students in all other grades receive virtual lessons via the Spirit of Truth curriculum and meet monthly for in-person events on their grade's designated Saturday. All in-person activities are conducted in the parish hall with COVID-19 mitigation practices observed. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on www.ololcc.net, or contact our Director of Religious Education at dre@ololcc.net.

We Need CCD Teachers: Do you love your faith? Enjoy working with children? Please come help our Religious Education Program! Teachers must submit to a background check, attend a 4-hour Child Protection seminar, and sign an Oath of Fidelity to the Catholic faith. For more information, please contact our Director of Religious Education at dre@ololcc.net.

MASS INTENTIONS

We are accepting intentions for 6:45 AM and 12:00 PM Masses Monday-Friday, Saturday 9:00 AM Masses, 5:30 PM Saturday Vigil Masses, and 8:00 AM and 12:00 PM Sunday Masses. Our 10:00 AM Sunday Mass will continue to be celebrated for all parishioners. Please contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

OUR LADY OF LOURDES COVID-19 SAFETY

Please take the following precautions while in church:

- ◆ Face masks must be worn inside the church
- ◆ A social distance of 6 feet must be maintained at all times, including while seated in pews and while in line for Communion
- ◆ Receiving Communion via the hands is recommended
- ◆ Confessions must be heard behind the screen

Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese. This dispensation is extended until further notice.

Bishop Burbidge respectfully suggests that the following individuals continue to stay home on Sundays:

- ◆ those above the age of 65
- ◆ those with an increased risk due to health conditions
- ◆ anyone experiencing flu-like symptoms or who may have been exposed to COVID-19

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A prayer of Spiritual Communion follows:

My Jesus,

I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.

For detailed health and safety recommendations, please see the Arlington Diocese website for an Arlington COVID Response Guide for the Lay Faithful: www.arlingtondiocese.org.

COVID-19 VACCINE AVAILABLE

COVID-19 vaccines are being scheduled in Arlington County for the following groups: people age 75+; healthcare personnel; residents and staff of long term care facilities.

Pre-registration for a COVID-19 vaccine is available for the following groups: people aged 65+; people aged 16-64 years with a high risk medical condition or disability that increases their risk of severe illness from COVID-19. Additional groups are able to preregister via their employer.

Individuals who qualify for a vaccination may pre-register at www.arlingtonva.us/covid-19/vaccines. You will be contacted when a vaccine and scheduling is available for your priority group.

ASSISTANCE FOR VICTIMS OF SEXUAL ABUSE

The Catholic Diocese of Arlington provides assistance to anyone sexually abused as a minor by a priest, deacon, teacher, employee, or representative of the Arlington Diocese. Parents, guardians, children, and survivors of sexual abuse are encouraged to contact the diocesan Victim Assistance Coordinator to receive support, consultation, and referrals. Our diocese is committed to assisting victims/survivors throughout the healing process. For more information, please call **703-841-2530** or visit www.arlingtondiocese.org/Child-Protection.

SECOND COLLECTION NEXT WEEKEND

Feb. 13 & 14: Maintenance & Improvement Fund

Help us keep our church strong, safe, clean, and comfortable by donating to our parish Maintenance and Improvement Fund! Your donations help us cover the costs of extra cleaning supplies and equipment to combat COVID-19. Donations also keep our church warm and dry in the colder weather, and our parking lot and walkways clear of ice and snow throughout the winter. Thank you!

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own schedule. To sign up, please visit www.faithdirect.net and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

2021 BISHOP'S LENTEN APPEAL

This weekend, every household in our parish will be asked to make a pledge or gift to the 2021 Bishop's Lenten Appeal. The BLA supports our diocesan programs and ministries which provide services that no single parish could supply on its own. Our Lady of Lourdes' 2021 parish goal is 100% parishioner participation to raise \$148,000.00. Every donation is vital to the success of the BLA. Make a contribution by mailing in the BLA envelope sent to your home by the Arlington diocese, or by completing a commitment card at Mass. Give online by visiting www.arlingtondiocese.com and clicking "Donate," or by scanning the QR code with your smartphone:



STEWARDSHIP REFLECTION

"Rising very early before dawn, He left and went off to a deserted place, where He prayed...He told them, 'Let us go on to the nearby villages that I may preach there also. For this purpose have I come.'" - MARK 1:35, 38

In today's Gospel reading, we see a perfect example of stewardship. Jesus gives His time to do all that God wishes— healing the sick and preaching. But before He begins, Jesus makes time to be alone with God in prayer. It is through prayer, spending time with God, that we find the strength to do what He wishes us to do. Be sure to find time every day to be with God.

SPONSOR OF THE WEEK

The Portofino Restaurant

PROJECT RACHEL: HELP AFTER ABORTION

If your child has died due to abortion, the Church has a special word for you: "The Church is aware of the many factors which may have influenced your decision, and she does not doubt that, in many cases, it was a painful and even shattering decision. [...] The Father of Mercies is ready to give you His forgiveness and His peace in the sacrament of Reconciliation." (Pope Saint John Paul II, EV 99) For confidential assistance, contact Project Rachel at **1-888-456-4673** or projectrachel@arlingtondiocese.org.

PRAISE AND WORSHIP HOLY HOUR

Feb. 9 | 7:30 PM – 8:30 PM | St. Leo the Great, Fairfax & Online

Join us for prayer, praise, and worship on Tuesday, February 9 from 7:30 PM - 8:30 PM at St. Leo the Great Catholic Church (3700 Old Lee Hwy, Fairfax, VA 22030). Fr. Stephen Vaccaro will lead us in prayer along with musician Marie Miller. Our special intention will be for conversion and healing in families. Confessions will be available. All are welcome! To join us live from home, go to www.arlingtondiocese.org/healingandconversion. Email info@helpafterabortion.org for assistance.

BISHOP'S MASS FOR WORLD MARRIAGE SUNDAY

Feb. 14 | 12:30 PM | St. Theresa, Ashburn

Celebrate World Marriage Sunday and Valentine's Day! Join Bishop Burbidge for a 12:30 PM Mass on February 14, 2021, at Saint Theresa Catholic Church (21371 St. Theresa Lane, Ashburn, VA 20147). All married couples and families are welcome. Please RSVP at www.arlingtondiocese.org/wms21!

BISHOP'S MASS IN THANKSGIVING FOR LIFE

Feb. 27 | 8:30 AM | St. James, Falls Church

Join us for a Mass in Thanksgiving for the Gift of Human Life with Bishop Burbidge as celebrant on Saturday, February 27, 2021 at 8:30 AM at St. James Catholic Church (103 North Spring Street, Falls Church, VA 22046). A rosary will follow outside at the abortion facility on 900 South Washington Street, Falls Church.

DIOCESAN E-NEWSLETTER

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to get the latest news on the Arlington Diocese—all straight to your inbox! Sign up for the Diocesan E-Newsletter at <http://bit.ly/CDASignup>.

VOCATIONS

"Woe to me if I do not preach the Gospel!" Could God be calling you to spread His Word and His love as a priest, deacon, religious brother, or sister? Contact Fr. Michael Isenberg at **703-841-2514** or michael.isenberg@arlingtondiocese.org.

LATIN MASSES AT ST. RITA IN ALEXANDRIA

Latin Masses are celebrated at St. Rita Parish (3815 Russell Road, Alexandria, VA 22305) every Tuesday and Thursday at 7:30 PM. Parishioners of Our Lady of Lourdes are most welcome to participate in these nearby Latin Masses!

FORMED: "THE CATHOLIC NETFLIX"

Free Catholic Films, Podcasts, Audio Books, & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

FEBRUARY 7, 2021

The Fifth Sunday in Ordinary Time

WEEKLY MASS INTENTIONS

SATURDAY FEBRUARY 6

9:00 AM Our Lady of Lourdes Novena Mass

5:30 PM (Vigil) Our Lady of Lourdes

SUNDAY FEBRUARY 7

The Fifth Sunday in Ordinary Time

8:00 AM Our Lady of Lourdes

10:00 AM All Parishioners (L/D)

12:00 PM Our Lady of Lourdes Novena Mass

5:00 PM (Spanish) Our Lady of Lourdes

MONDAY FEBRUARY 8

6:45 AM Ken Downey + by Mary Downey

12:00 PM Our Lady of Lourdes Novena Mass

TUESDAY FEBRUARY 9

6:45 AM Special Intention

12:00 PM Our Lady of Lourdes Novena Mass

WEDNESDAY FEBRUARY 10

St. Scholastica, Virgin

6:45 AM Rev. Robert A. Lange + by Jasmine Clark

12:00 PM Our Lady of Lourdes Novena Mass

THURSDAY FEBRUARY 11

Our Lady of Lourdes

6:45 AM Rito G. & Angelita S. Baylon (L/D)

by Hubert Baylon

12:00 PM Our Lady of Lourdes Novena Mass

FRIDAY FEBRUARY 12

6:45 AM Rev. Robert E. Avella + by Jasmine Clark

12:00 PM John P. McHale +

by Mary Ann McHale & Jeff Corson

PLEASE PRAY FOR

Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia,

Ron Harris, & Jose Silva

Names are published for one month. Please contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange.

OUR LADY OF LOURDES NOVENA OF MASSES

The following liturgies remain to be celebrated as part of the Our Lady of Lourdes Novena of Masses, with the ninth and final Mass celebrated by Bishop Burbidge at 12:00 PM on the Feast of Our Lady of Lourdes, February 11.

5. Sunday, February 7: 12:00 PM

6. Monday, February 8: 12:00 PM

7. Tuesday, February 9: 12:00 PM

8. Wednesday, February 10: 12:00 PM

9. Thursday, February 11: 12:00 AM – The Feast of Our Lady of Lourdes, Mass celebrated by Bishop Burbidge

The loved ones whose names are written on your novena offertory envelopes will be remembered at these Masses. Fr. Edlefsen's story about Mary's apparition to St. Bernadette can be read on our website at www.ololcc.net

WEEKLY EVENT CALENDAR

SUNDAY

9:00 AM

CCD Grade 2 (Parish Hall)

9:00 AM

CCD Grades Pre-K, K, 1, 3, & 4 (Virtual)

10:45 AM

CCD Grade 8 (Parish Hall)

11:00 AM

CCD Grades 5, 6, & 7 (Virtual)

4:15 PM

Spanish Confessions (Church)

MONDAY

6:15 AM

Rosary (Church)

11:30 AM

Rosary (Church)

6:00 PM

Scouts (Parish Hall)

7:00 PM

RCIA (Parish Hall)

TUESDAY

6:15 AM

Rosary (Church)

11:30 AM

Rosary (Church)

12:30 PM

Confessions (Church)

7:00 PM

Pro-Life Rosary (Church)

7:00 PM

Adult Education (Parish Hall)

WEDNESDAY

6:15 AM

Rosary (Church)

11:30 AM

Rosary (Church)

12:30 PM

Miraculous Medal Novena (Church)

THURSDAY

11:30 AM

Rosary (Church)

12:30 PM

Confessions (Church)

FRIDAY

12:30 PM

Exposition of the Blessed Sacrament (Church)

12:30 PM

Confessions (Church)

3:00 PM

Chaplet of Divine Mercy (Church)

SATURDAY

9:30 AM

Rosary (Church)

2:00 PM

Scouts Merit Badge (Parish Hall)

4:00 PM

Confessions (Church)

SUNDAY

4:15 PM

Spanish Confessions (Church)

2020 DONATION ACKNOWLEDGEMENTS MAILED

We have mailed out 2020 Donation Acknowledgement Letters to registered parishioners who made contributions to our first and second collections via offertory envelopes over the last year. Faith Direct online giving provides a separate acknowledgement statement for its users. Thank you for your generosity! If you would like to receive offertory envelopes via mail, please contact Tatyana at **703-684-9261** or olol@ololcc.net. To register for Faith Direct and give online, please visit www.faithdirect.net and enter parish code **VA327**.

COMMUNION FOR HOMEBOUND PARISHIONERS

Bishop Burbidge has given permission for priests to make visits to the homebound as long as they observe COVID-19 guidelines. If you are a homebound parishioner of Our Lady of Lourdes who would like a priest to bring you Communion or the sacraments of the sick, or if you know of someone who may be interested in a visit, please contact the parish office at **703-684-9261** or olol@ololcc.net.

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