

# OUR CHURCH

## CONTACT

830 23<sup>rd</sup> Street South, Arlington, VA 22202  
703-684-9261  
olol@comcast.net  
www.ololcc.net

## CLERGY

Reverend Monsignor Robert E. Avella, *Pastor*  
Reverend Joseph R. Kenna, *Parochial Vicar*  
Reverend Paul A. Berghout, *In Residence*

## STAFF

Ms. Mary Beth Harney, *Director of Religious Education*  
Mr. Tom Bartolomeo, *Director of Music*  
Mrs. Janet Rowlands, *Office Manager*  
Ms. Tatyana Rasmussen, *Sacramental Secretary*

## RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM  
Saturdays: Closed  
Sundays: 9:30 AM – 1:00 PM

## PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Registration forms are available in the entrance of the church and in the rectory office. Completed forms should be submitted to the rectory office (or put through our mail slot after business hours).

## MASSES

Monday – Friday: 6:45 AM, 12:00 PM  
Saturdays: 9:00 AM, 5:30 PM (Sunday Vigil Mass)  
Sundays: 8:00 AM, 10:30 AM, 12:00 PM, 5:00 PM (Spanish)  
Federal Holidays: 9:00 AM  
Holy Days: 6:15 AM, 12:00 PM, 7:30 PM

## CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM  
Thursday: 12:30 PM – 1:00 PM  
Saturdays: 4:00 PM – 5:00 PM  
Sundays: 4:30 PM – 5:00 PM (Spanish)  
Please contact our office for Confessions by appointment.

## MIRACULOUS MEDAL NOVENA

Wednesdays: 12:30 PM

## EUCCHARISTIC HOLY HOUR & BENEDICTION

First Friday of the Month: 12:30 PM – 1:30 PM

# OUR SACRAMENTS

## BAPTISM

Baptisms are performed in a group on the third Sunday of the month immediately following the 12:00 PM Mass, at roughly 1:00 PM. Please contact Ms. Tatyana Rasmussen at the rectory office to arrange.

## FIRST COMMUNION

Sacramental preparation for First Communion is a 2-year process via CCD classes beginning in Grade 1 and ending in Grade 2. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information.

## CONFIRMATION

Confirmation for children is a 2-year process via CCD classes beginning in Grade 6 and ending in Grade 8. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information. Adult Confirmation classes for individuals who have already received the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

## RITE OF CHRISTIAN INITIATION (RCIA)

RCIA classes are available for adult parishioners in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

## MARRIAGE

Please contact a priest 6 months prior to your intended wedding date to begin marriage preparation. An overview of the Arlington Diocese's marriage preparation policies is available on the diocesan website: [www.arlingtondiocese.org](http://www.arlingtondiocese.org).

## ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

## FUNERALS

Please contact the Rectory Office to arrange.

## SPONSORSHIP REQUIREMENTS

### For Godparents, Confirmation Sponsors, & Proxies

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

## PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

## PRO-LIFE ROSARY

**Cancelled until further notice!**

**Tuesdays | 7:00 PM | Our Lady of Lourdes**

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM at Our Lady of Lourdes.

## YOUNG ADULT PRAISE & WORSHIP WITH FR. PASCAL

**Cancelled until further notice!**

**First Tuesdays | 8:00 PM – 9:00 PM | Our Lady of Lourdes**

Come meet our new priest in residence, Fr. Pascal, and other young adults from across our diocese on May 5 and the first Tuesday of every month for evenings of praise and worship! Meetings are from 8:00 PM – 9:00 PM at Our Lady of Lourdes Church. Fr. Pascal will give a brief spiritual talk and hear confessions at each event.

## CARD NIGHT

**Cancelled until further notice!**

**Thursdays | 6:00 PM – 9:00 PM | Our Lady of Lourdes**

All are invited to join in for Bridge on Thursday evenings in the Grade 2 Classroom in the Parish Hall from 6:00 PM – 9:00 PM. Come over and play a few hands with fellow parishioners! If interested, please call the Rectory at 703-684-9261 to leave your name and number.

## RELIGIOUS EDUCATION

**All Classes Cancelled until further notice!**

CCD classes meet every Sunday throughout the academic year from 9:00 AM - 10:15 AM for preschool-grade 5 and 10:30 AM - 11:45 AM for grades 6-12 in the lower level of the Parish Hall. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on [www.ololcc.net](http://www.ololcc.net), or contact Mary Beth Harney at [dre@ololcc.net](mailto:dre@ololcc.net).

## ADULT EDUCATION SERIES

**Cancelled until further notice!**

## VOCATIONS

On this Good Shepherd Sunday we celebrate the World Day of Prayer for Vocations. Please pray for an increase in vocations to the priesthood, diaconate, and consecrated life, especially within our own diocese. Do you think you may be called to be a shepherd to God's people? Call Fr. Michael Isenberg at **703-841-2514** or write to [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org).

## SPONSOR OF THE WEEK

Anna Salon & Spa

## DIOCESAN COVID-19 RESOURCES PAGE

**Where to Live Stream Masses & More!**

The Arlington Diocese has provided a Covid-19 resource page with links to livestreamed and recorded Masses, prayers, daily readings, and more! Please visit: [www.arlingtondiocese.org/covid19resources](http://www.arlingtondiocese.org/covid19resources).

## DIOCESAN E-NEWSLETTER

Get the latest on our diocese's response to Covid-19, cancellations, and all diocesan news—straight to your inbox! Sign up for the Diocesan E-Newsletter at <http://bit.ly/CDAsignup>.

## DIOCESAN PODCASTS

Search for these Arlington diocese podcasts on your smart device!

**The Walk Humbly Podcast:** Hear Bishop Burbidge address recent Church news, listen to his homilies, and enjoy his mini reflections.

**Searching for More:** Listen to interviews and discussions on a range of topics affecting Catholics in today's world. Some podcasts will emanate from inspiring talks, speeches, homilies, and lectures given throughout the Diocese.

**Arlington Catholic Herald Podcast:** The Catholic Herald's weekly podcast takes you behind the scenes of the top local Catholic headlines. Listen for in-depth interviews with Catholic leaders and newsmakers, as well as stories of faith and inspiration.

## THE ARLINGTON DIOCESE ON SOCIAL MEDIA

**TWITTER:** Follow the Arlington Diocese ([@arlingtonchurch](https://twitter.com/arlingtonchurch)) and Bishop Burbidge ([@BishopBurbidge](https://twitter.com/BishopBurbidge))!

**YOUTUBE:** Subscribe to "Catholic Diocese of Arlington" on Youtube for diocesan media, event and homily recordings, Bishop Burbidge's 2Minutes2Virtue series, and more!

**FACEBOOK:** Find upcoming events and engage with your Catholic community at [www.facebook.com/arlingtondiocese](http://www.facebook.com/arlingtondiocese).

## VIRTUAL PRAISE & WORSHIP HOLY HOUR

Due to the current Covid-19 situation, we will be live streaming the monthly *Praise and Worship for Conversion and Healing in Families* Holy Hour at 7:30 PM on Tuesday, May 12, from Saint Ambrose Catholic Church in Annandale, VA. This month we will feature Catholic musician Mike Tenney with Fr. Joseph Bergida as homilist. Please join us in praying for healing and conversion in families, and for an end to Covid-19 crisis. Visit [stambroseva.org/mass](http://stambroseva.org/mass) at 7:30 PM on May 12 to start streaming!

## ASSISTANCE FOR VICTIMS OF SEXUAL ABUSE

The Catholic Diocese of Arlington provides assistance to anyone sexually abused as a minor by a priest, deacon, teacher, employee, or representative of the Arlington Diocese. Parents, guardians, children, and survivors of sexual abuse are encouraged to contact the diocesan Victim Assistance Coordinator to receive support, consultation, and referrals. Our diocese is committed to assisting victims/survivors throughout the healing process. For more information, please call 703-841-2530 or visit [www.arlingtondiocese.org/Child-Protection](http://www.arlingtondiocese.org/Child-Protection).

## GROCERY & MEDICINE DELIVERY FOR HIGH-RISK INDIVIDUALS BY ROTARY INTERNATIONAL

Can't get out of your house to get necessary medicine or groceries? In response to the COVID-19 pandemic, a team of Rotary International members and volunteers are providing high-risk individuals in DC, Maryland, and Virginia with home delivery of essential goods! From 9:00 AM – 6:00 PM, any high-risk individual (the elderly, the disabled, or those with an auto-immune disorder or severe injury) unable to leave their home can call **240-781-6586** to coordinate essential grocery and medicine pick-up and home delivery. Interested in volunteering? Please email [rotary.covid19response@gmail.com](mailto:rotary.covid19response@gmail.com).

## SPONSOR OUR 2021 CALENDAR

Every year, Our Lady of Lourdes provides a religious calendar for our parishioners through the generosity of a sponsor. We are currently seeking a generous business, family, or individual to sponsor our 2021 calendar. The cost of sponsorship is \$952.00, and our sponsor has the opportunity to include a dedication, advertisement, or special message on our 2021 calendars. If interested, please contact the rectory office at **703-684-9261** or [olol@comcast.net](mailto:olol@comcast.net).

## FORMED: "THE CATHOLIC NETFLIX"

### Free Catholic Films, Podcasts, Audio Books, & More!

Need some at-home entertainment while maintaining a social distance? As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy hundreds of Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; watch Catholic documentaries; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to [formed.org/signup](http://formed.org/signup) and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

## OUR LADY OF LOURDES POOR BOX

Did you know that we have a poor box located in the back of the church? All donations placed in our poor box are used to assist our less fortunate neighbors in covering essential expenses such as food, rent, utilities, prescriptions, etc. All recipients are pre-screened by the parish priests. Thank you for your charity!

## PROJECT RACHEL: HELP AFTER ABORTION

You are not alone. The pain and sorrow of past abortions need not endure for a life-time. Please contact Project Rachel for confidential referrals to trained clergy, professional counselors, and healing retreats at **1-888-456-4673**, [info@helpafterabortion.org](mailto:info@helpafterabortion.org), or visit [www.helpafterabortion.org](http://www.helpafterabortion.org).

## RECENTLY MOVED?

Don't forget to inform the rectory office of your new address so you can continue to receive your offering envelopes! Please call Tatyana at **703-684-9261** or email [olol@comcast.net](mailto:olol@comcast.net).

## 2020 BISHOP'S LENTEN APPEAL

♦ We have raised **\$134,277.00** and reached **91%** of our parish goal of **\$148,000.00** with **20%** household participation as of Apr. 23!

Have you made your pledge to the Bishop's Lenten Appeal? The BLA supports our Diocese in its mission of sharing the love and mercy of Christ through serving the needy, educating and forming youth, encouraging vocations, promoting a culture of life, and assisting the clergy, religious, and lay people who help build and strengthen our diocesan Church. After such marvelous generosity last year allowed Our Lady of Lourdes to reach our parish's monetary goal, our aim for 2020 is achieving the same success through an increase in the number of individual donations. **We are striving for 100% parishioner participation. Your support is more important than the amount—a donation of \$1.00 is just as vital as a larger sum, and helps us achieve our participation goal!** Please join us to continue God's work of spirituality, education, and charity. Learn more about the many ministries supported by the BLA and make your donation online at [www.arlingtondiocese.org/bishops-lenten-appeal](http://www.arlingtondiocese.org/bishops-lenten-appeal).

## STEWARDSHIP REFLECTION

"And Peter said to them, 'Repent, and be baptized, every one of you, in the name of Jesus Christ...'" ACTS 2:38

The word "repent" means to turn from sin, to change our actions. Change that is permanent comes from within. It requires prayer, discipline, and perseverance. Change is hard; we must recognize that we are broken and that we need help. The good news is that we are not alone in our journey! Ask Jesus daily for guidance, and patiently listen for His response.

## HELP OUR LADY QUEEN OF PEACE FOOD PANTRY!

The Our Lady Queen of Peace Food Pantry is open on Wednesdays from 9:30 AM - 11:30 AM in Fr. Ray Hall (2700 South 19<sup>th</sup> Street, Arlington, Virginia, 22204). They are serving more people than ever due to the current COVID-19 crisis and are in great need of donations! They have provided the following list as an example of highly requested items:

- 1 bag of rice, any size (bigger ones will be split into a 1 lbs. bag)
- 1 bag of dry beans, 1 lbs. or two cans of beans (prefer black, pinto or small red beans)
- 1 pack of long or short pasta
- 1 jar of pasta sauce approx. 24 oz. (any flavor is great)
- 1 box of low sugar cereals (eg. Rice Krispies, Corn Flakes, Cheerios)
- 1 can of corn approx. 16 oz
- 1 can of green vegetables approx. 16 oz (eg. green beans, sweet peas)
- 1 can of fruit in light syrup or in its own juices
- 2 cans of tuna or packs of tuna in water or oil
- 1 bottle of oil, 48 oz.
- 1 bag of Tortimasa (no cornmeal)

Donation bins to drop off items will be available outside at the back of Fr. Ray Hall from 10:00 AM until 1:00 PM Monday through Friday. It will be under the overhead near the back door. On Mondays, two bins will be out in front of the handicap parking spots, which are located behind Fr. Ray Hall. Thank you for your generosity!

# MAY 3, 2020

## THE 4<sup>TH</sup> SUNDAY OF EASTER

### WEEKLY MASS INTENTIONS

#### All public Masses cancelled until further notice!

The Our Lady of Lourdes priests will offer private Masses for the listed intention of the day. If you would like to reschedule your Mass intention, please contact the rectory office.

#### SATURDAY VIGIL MAY 2

5:30 PM All Parishioners (L/D)

#### SUNDAY MAY 3

8:00 AM All Parishioners (L/D)

10:30 AM All Parishioners (L/D)

12:00 PM All Parishioners (L/D)

#### MONDAY MAY 4

6:45 AM Our Lady of Lourdes Priests by Jasmine Clark

12:00 PM Rochelle De Grasse by Eve Kramer

#### TUESDAY MAY 5

6:45 AM Our Lady of Lourdes Priests

12:00 PM Nancy Baker + by Mary Frances Widner

#### WEDNESDAY MAY 6

6:45 AM Domeng Cabioc +

12:00 PM John & Mabel Huth + by Diane Dusza

#### THURSDAY MAY 7

6:45 AM Steve Cash + by Mary Beth Harney

12:00 PM Sr. Veronica, PCCN

#### FRIDAY MAY 8

6:45 AM Tommy Del Priore + by Bobby Flaim

12:00 PM Eve Kramer by Chelle De Grasse

#### SATURDAY MAY 9

9:00 AM Guillermo & Estelita Baleros + by the Baleros Family

### WEEKLY EVENT CALENDAR

#### All parish events cancelled until further notice!

### THIS WEEK'S ALTAR FLOWERS WERE PROVIDED...

#### In Honor of Msgr. Avella's 71<sup>st</sup> Birthday and 45<sup>th</sup> Anniversary of Priestly Ordination

You can sponsor altar and tabernacle flowers in honor of or in memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or **olol@comcast.net** to arrange.

Upcoming Weeks Available: May 10, May 17, May 24, May 31

### PLEASE PRAY FOR

Dee Artim, Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, & Jose Silva

Names published for one month. Contact the rectory to arrange.

### SECOND COLLECTION NEXT WEEKEND

May 9 & 10: Parish Needs

### PUBLIC MASSES CANCELLED UNTIL FURTHER NOTICE

By order of Bishop Burbidge, with advice from the President of the United States of America and the CDC, **ALL PUBLIC MASSES (DAILY AND WEEKEND), CONFESSIONS, AND PRAYER SERVICES HAVE BEEN CANCELLED UNTIL FURTHER NOTICE. ALL PARISH ACTIVITIES HAVE BEEN CANCELLED UNTIL FURTHER NOTICE.** Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese.

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A sample prayer of Spiritual Communion follows:

*My Jesus,*

*I believe that You are present in the Most Holy Sacrament.*

*I love You above all things, and I desire to receive You into my soul.*

*Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.*

*I embrace You as if You were already there and unite myself wholly to You.*

*Never permit me to be separated from You.*

*Amen.*

### MOTHER'S DAY NOVENA SCHEDULE

Our Lady of Lourdes priests will celebrate 9 Masses in honor of Mother's Day! All Masses are currently closed to the public, but you are welcome to make a spiritual communion at home and pray for your mother to participate in this novena. Masses may not be celebrated at the exact times listed.

Sunday, May 10: 10:30 AM

Monday, May 11: 12:00 PM

Tuesday, May 12: 6:45 AM

Wednesday, May 13: 12:00 PM

Thursday, May 14: 6:45 AM

Friday, May 15: 12:00 PM

Saturday, May 16: 9:00 AM

Sunday, May 17: 10:30 AM

Monday, May 18: 6:45 AM

### FAITH DIRECT ONLINE GIVING

How can you support Our Lady of Lourdes while Masses are suspended? We accept online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own weekly, monthly, or annual schedule. To sign up, please visit **www.faithdirect.net** and enter parish code **VA327**. Thank you for your generous support in this time of uncertainty! (Online donations to the Bishop's Lenten Appeal must be made via the diocesan website: **www.arlingtondiocese.org/bishops-lenten-appeal**.)

### YOU CAN MAIL US YOUR OFFERTORY ENVELOPES!

Want to continue your weekly donations to our parish without signing up for Faith Direct online giving? Please mail your offertory envelopes and contributions to our rectory office address:

**Our Lady of Lourdes Catholic Church**

**830 23<sup>rd</sup> Street South**

**Arlington, VA 22202**