

OUR CHURCH

CONTACT

830 23rd Street South, Arlington, VA 22202
703-684-9261
olol@comcast.net
www.ololcc.net

CLERGY

Reverend Monsignor Robert E. Avella, *Pastor*
Reverend Joseph R. Kenna, *Parochial Vicar*
Reverend Paul A. Berghout, *In Residence*

STAFF

Ms. Mary Beth Harney, *Director of Religious Education*
Mr. Tom Bartolomeo, *Director of Music*
Mrs. Janet Rowlands, *Office Manager*
Ms. Tatyana Rasmussen, *Sacramental Secretary*

RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM
Saturdays: Closed
Sundays: 9:30 AM – 1:00 PM

PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Registration forms are available in the entrance of the church and in the rectory office. Completed forms should be submitted to the rectory office (or put through our mail slot after business hours).

MASSES

Monday – Friday: 6:45 AM, 12:00 PM
Saturdays: 9:00 AM, 5:30 PM (Sunday Vigil Mass)
Sundays: 8:00 AM, 10:30 AM, 12:00 PM, 5:00 PM (Spanish)
Federal Holidays: 9:00 AM
Holy Days: 6:15 AM, 12:00 PM, 7:30 PM

CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM
Thursday: 12:30 PM – 1:00 PM
Saturdays: 4:00 PM – 5:00 PM
Sundays: 4:30 PM – 5:00 PM (Spanish)
Please contact our office for Confessions by appointment.

MIRACULOUS MEDAL NOVENA

Wednesdays: 12:30 PM

EUCCHARISTIC HOLY HOUR & BENEDICTION

First Friday of the Month: 12:30 PM – 1:30 PM

OUR SACRAMENTS

BAPTISM

Baptisms are performed in a group on the third Sunday of the month immediately following the 12:00 PM Mass, at roughly 1:00 PM. Please contact Ms. Tatyana Rasmussen at the rectory office to arrange.

FIRST COMMUNION

Sacramental preparation for First Communion is a 2-year process via CCD classes beginning in Grade 1 and ending in Grade 2. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information.

CONFIRMATION

Confirmation for children is a 2-year process via CCD classes beginning in Grade 6 and ending in Grade 8. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information. Adult Confirmation classes for individuals who have already received the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

RITE OF CHRISTIAN INITIATION (RCIA)

RCIA classes are available for adult parishioners in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

MARRIAGE

Please contact a priest 6 months prior to your intended wedding date to begin marriage preparation. An overview of the Arlington Diocese's marriage preparation policies is available on the diocesan website: www.arlingtondiocese.org.

ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

FUNERALS

Please contact the Rectory Office to arrange.

SPONSORSHIP REQUIREMENTS

For Godparents, Confirmation Sponsors, & Proxies

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

PRO-LIFE ROSARY

Cancelled until further notice!

Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM at Our Lady of Lourdes.

YOUNG ADULT PRAISE & WORSHIP WITH FR. PASCAL

Cancelled until further notice!

First Tuesdays | 8:00 PM – 9:00 PM | Our Lady of Lourdes

Come meet our new priest in residence, Fr. Pascal, and other young adults from across our diocese on June 2 and the first Tuesday of every month for evenings of praise and worship! Meetings are from 8:00 PM – 9:00 PM at Our Lady of Lourdes Church. Fr. Pascal will give a brief spiritual talk and hear confessions at each event.

CARD NIGHT

Cancelled until further notice!

Thursdays | 6:00 PM – 9:00 PM | Our Lady of Lourdes

All are invited to join in for Bridge on Thursday evenings in the Grade 2 Classroom in the Parish Hall from 6:00 PM – 9:00 PM. Come over and play a few hands with fellow parishioners! If interested, please call the Rectory at 703-684-9261 to leave your name and number.

RELIGIOUS EDUCATION

All Classes Cancelled until further notice!

CCD classes meet every Sunday throughout the academic year from 9:00 AM - 10:15 AM for preschool-grade 5 and 10:30 AM - 11:45 AM for grades 6-12 in the lower level of the Parish Hall. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on www.ololcc.net, or contact Mary Beth Harney at dre@ololcc.net.

ADULT EDUCATION SERIES

Cancelled until further notice!

BAPTISMS SUSPENDED THROUGH MAY

As a health and safety precaution, Our Lady of Lourdes parish is suspending Baptisms and Baptism Classes through May 2020. We hope to resume Baptisms in June 2020. Please contact Tatyana at **703-684-9261** or olol@comcast.net for updates and scheduling.

SPONSOR OF THE WEEK

Crystal City Dental Care: Flavio W. Nasr, DDS

DIOCESAN COVID-19 RESOURCES PAGE

Where to Live Stream Masses & More!

The Arlington Diocese has provided a Covid-19 resource page with links to livestreamed and recorded Masses, prayers, daily readings, and more! Please visit: www.arlingtondiocese.org/covid19resources.

DIOCESAN E-NEWSLETTER

Get the latest on our diocese's response to Covid-19 and all diocesan news straight to your inbox! Sign up for the Diocesan E-Newsletter at <http://bit.ly/CDAsignup>.

DIOCESAN PODCASTS

Search for these Arlington diocese podcasts on your smart device!

The Walk Humbly Podcast: Hear Bishop Burbidge address recent Church news, listen to his homilies, and enjoy his mini reflections.

Searching for More: Listen to interviews and discussions on a range of topics affecting Catholics in today's world. Some podcasts will emanate from inspiring talks, speeches, homilies, and lectures given throughout the Diocese.

Arlington Catholic Herald Podcast: The Catholic Herald's weekly podcast takes you behind the scenes of the top local Catholic headlines. Listen for in-depth interviews with Catholic leaders and newsmakers, as well as stories of faith and inspiration.

THE ARLINGTON DIOCESE ON SOCIAL MEDIA

TWITTER: Follow the Arlington Diocese ([@arlingtonchurch](https://twitter.com/arlingtonchurch)) and Bishop Burbidge ([@BishopBurbidge](https://twitter.com/BishopBurbidge))!

YOUTUBE: Subscribe to "Catholic Diocese of Arlington" on Youtube for diocesan media, event and homily recordings, Bishop Burbidge's 2Minutes2Virtue series, and more!

FACEBOOK: Find upcoming events and engage with your Catholic community at www.facebook.com/arlingtondiocese.

LEAVE A LEGACY OF LOVE & FAITH

Your last will and testament can leave a legacy of your faith by helping to pass it on to others. When drafting your will, after taking care of your family, you may consider naming Our Lady of Lourdes parish and/or the Catholic Diocese of Arlington as a recipient of your estate. For more info, please contact the Diocesan Planned Giving Office at **703-841-3819** or visit www.arlingtondiocese.planyourlegacy.org.

PROJECT RACHEL: HELP AFTER ABORTION

If your child has died due to abortion, the Church has a special word for you: "The Church is aware of the many factors which may have influenced your decision, and she does not doubt that, in many cases, it was a painful and even shattering decision. [...] The Father of Mercies is ready to give you His forgiveness and His peace in the sacrament of Reconciliation." (Pope Saint John Paul II, EV 99) For confidential assistance, contact Project Rachel at **1-888-456-4673** or projectrachel@arlingtondiocese.org.

GUADALUPE CATHOLIC RADIO

Tune in to Guadalupe Catholic Radio Network on 1160 AM!

SPONSOR OUR 2021 CALENDAR

Every year, Our Lady of Lourdes provides a religious calendar for our parishioners through the generosity of a sponsor. We are currently seeking a generous business, family, or individual to sponsor our 2021 calendar. The cost of sponsorship is \$952.00, and our sponsor has the opportunity to include a dedication, advertisement, or special message on our 2021 calendars. If interested, please contact the rectory office at **703-684-9261** or olol@comcast.net.

FORMED: "THE CATHOLIC NETFLIX"

Free Catholic Films, Podcasts, Audio Books, & More!

Need some at-home entertainment while maintaining a social distance? As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy hundreds of Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; watch Catholic documentaries; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

MASS INTENTIONS

Our Mass calendar is open through June 30, 2020!

We are now scheduling Mass intentions through June 30, 2020! Would you like to have a Mass offered for a special intention, in honor of a loved one, or for the repose of the soul of someone departed? Contact the rectory office in person, via phone, or email to arrange. Daily 6:45 AM, 12:00 Noon, and Saturday 9:00 AM Masses only. Sunday Masses are not available. A voluntary donation of \$10.00 per Mass is suggested.

OUR LADY OF LOURDES POOR BOX

Did you know that we have a poor box located in the back of the church? All donations placed in our poor box are used to assist our less fortunate neighbors in covering essential expenses such as food, rent, utilities, prescriptions, etc. All recipients are pre-screened by the parish priests. Thank you for your charity!

RECENTLY MOVED?

Don't forget to inform the rectory office of your new address so you can continue to receive your offering envelopes! Please call Tatyana at 703-684-9261 or email olol@comcast.net.

VOCATIONS

"They received the Holy Spirit." The Blessed Virgin Mary intercedes for your faithfulness to the vocation to which the Spirit is leading you. Do you think God may be calling you to serve Him as a priest, deacon, or in the religious life? Call Fr. Michael Isenberg at **703-841-2514** or write to michael.isenberg@arlingtondiocese.org.

2020 BISHOP'S LENTEN APPEAL

♦ We have raised **\$137,277.00** and reached **93%** of our parish goal of **\$148,000.00** with **21%** household participation as of May 14!

Have you made your pledge to the Bishop's Lenten Appeal? The BLA supports our Diocese in its mission of sharing the love and mercy of Christ through serving the needy, educating and forming youth, encouraging vocations, promoting a culture of life, and assisting the clergy, religious, and lay people who help build and strengthen our diocesan Church. After such marvelous generosity last year allowed Our Lady of Lourdes to reach our parish's monetary goal, our aim for 2020 is achieving the same success through an increase in the number of individual donations. **We are striving for 100% parishioner participation. Your support is more important than the amount—a donation of \$1.00 is just as vital as a larger sum, and helps us achieve our participation goal!** Please join us to continue God's work of spirituality, education, and charity. Learn more about the many ministries supported by the BLA and make your donation online at www.arlingtondiocese.org/bishops-lenten-appeal.

HELP OUR LADY QUEEN OF PEACE FOOD PANTRY!

The Our Lady Queen of Peace Food Pantry is open on Wednesdays from 9:30 AM - 11:30 AM in Fr. Ray Hall (2700 South 19th Street, Arlington, Virginia, 22204). They are serving more people than ever due to the current COVID-19 crisis and are in great need of donations! They have provided the following list as an example of highly requested items:

- 1 bag of rice, any size (bigger ones will be split into a 1 lbs. bag)
- 1 bag of dry beans, 1 lbs. or two cans of beans (prefer black, pinto or small red beans)
- 1 pack of long or short pasta
- 1 jar of pasta sauce approx. 24 oz. (any flavor is great)
- 1 box of low sugar cereals (eg. Rice Krispies, Corn Flakes, Cheerios)
- 1 can of corn approx. 16 oz
- 1 can of green vegetables approx. 16 oz (eg. green beans, sweet peas)
- 1 can of fruit in light syrup or in its own juices
- 2 cans of tuna or packs of tuna in water or oil
- 1 bottle of oil, 48 oz.
- 1 bag of Tortimasa (no cornmeal)

Donation bins to drop off items will be available outside at the back of Fr. Ray Hall from 10:00 AM until 1:00 PM Monday through Friday. It will be under the overhead near the back door. On Mondays, two bins will be out in front of the handicap parking spots, which are located behind Fr. Ray Hall. Thank you for your generosity!

STEWARDSHIP REFLECTION

"I am praying for them..." JOHN 17: 9

Prayer is the foundation of our Faith and the foundation of Stewardship. Pray in good times and in bad. Prayer is always the first and best option in any situation, not just the last resort. Pray for those you love and for those who do not treat you well. Pray to give praise, to thank God, and to ask Him for help. Pray to see what God wants you to do with the gifts He has given you.

MAY 24, 2020

THE ASCENSION OF THE LORD

WEEKLY MASS INTENTIONS

All public Masses suspended through May 28!

The Our Lady of Lourdes priests will offer private Masses for the listed intention of the day. If you would like to reschedule your Mass intention, please contact the rectory office.

SATURDAY VIGIL MAY 23

5:30 PM All Parishioners (L/D)

SUNDAY MAY 24

The Ascension of the Lord

8:00 AM All Parishioners (L/D)

10:30 AM All Parishioners (L/D)

12:00 PM All Parishioners (L/D)

MONDAY MAY 25

9:00 AM All Military Men & Women (L/D)

TUESDAY MAY 26

6:45 AM Our Lady of Lourdes Parish Priests

12:00 PM Louise Shields + by Duane Shields

WEDNESDAY MAY 27

6:45 AM Nick Vetrano & Family by Janet Vetrano

12:00 PM John F. Walsh + by the Eucharistic Ministers

THURSDAY MAY 28

6:45 AM The Merino Chavez Brothers + by Gabriela Merino

12:00 PM Mary Wahoski + by the Eucharistic Ministers

FRIDAY MAY 29

6:45 AM (Private) Madonna De Grasse + by Eve Kramer

12:00 PM (Public*) Joseph Giblein + by Karen Downey

SATURDAY MAY 30

9:00 AM (Private) All Parishioners (L/D)

*Pending the entry of Arlington County into Phase One of reopening, the 12:00 PM Mass on Friday, May 29, will be our first Mass open to the public. Please see the Arlington Diocese website for an Arlington COVID Response Guide for the Lay Faithful on how to safely participate in this Mass: www.arlingtondiocese.org. More guidelines will follow in next week's bulletin. Masses marked Private are NOT open to the public!

WEEKLY EVENT CALENDAR

All parish events cancelled until further notice!

PLEASE PRAY FOR

Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia,

Don Guffey, Ron Harris, & Jose Silva

Names published for one month. Contact the rectory to arrange.

YOU CAN MAIL US YOUR OFFERTORY ENVELOPES!

Want to continue your weekly donations to our parish without signing up for Faith Direct online giving? Simply mail your offertory envelopes and contributions to our rectory office address: **Our Lady of Lourdes Catholic Church, 830 23rd Street South, Arlington, VA 22202**

PUBLIC MASSES SUSPENDED THROUGH MAY 28

Arlington County remains in Phase Zero of Virginia's reopening plan until Friday, May 29. By order of Bishop Burbidge, with advice from the President of the United States of America and the CDC,

ALL PUBLIC MASSES (DAILY AND WEEKEND), CONFESSIONS, AND PRAYER SERVICES HAVE BEEN SUSPENDED. ALL PARISH ACTIVITIES HAVE BEEN CANCELLED.

Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese. This dispensation continues beyond May 28 and is extended until further notice. When Masses resume, Bishop Burbidge respectfully suggests that those above the age of 65, all at-risk individuals, and anyone experiencing flu-like symptoms continue to stay home on Sundays.

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A sample prayer of Spiritual Communion follows:

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

CHURCH & PARISH HALL PROFESSIONALLY SANITIZED

For the health and safety of our parishioners, Our Lady of Lourdes has contracted Jani-King to provide professional sanitization and disinfection of our church, parish hall, and rectory. Their service uses an EPA Registered Chemical that kills 99% of all bacteria and viruses, including COVID-19. In addition to these professional disinfections, our parish staff are regularly cleaning and sanitizing the church. While we still recommend the use of personal protection equipment and vigilant hand washing, we hope that these precautions will help bring our parishioners some peace of mind as we look forward to resuming our normal activities.

SECOND COLLECTION NEXT WEEKEND

May 30 & 31: Maintenance & Improvement Fund

Help us keep our church strong, safe, clean, and comfortable by donating to our parish maintenance and improvement fund. Your donations will help us cover the costs of extra cleaning supplies and equipment, contracts with professional disinfecting services, and hiring extra personnel to combat COVID-19. Thank you!

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own schedule. To sign up, please visit www.faithdirect.net and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!