

OUR CHURCH

CONTACT

830 23rd Street South, Arlington, VA 22202
703-684-9261
olol@comcast.net
www.ololcc.net

CLERGY

Reverend Monsignor Robert E. Avella, *Pastor*
Reverend Joseph R. Kenna, *Parochial Vicar*
Reverend Paul A. Berghout, *In Residence*

STAFF

Ms. Mary Beth Harney, *Director of Religious Education*
Mr. Tom Bartolomeo, *Director of Music*
Mrs. Janet Rowlands, *Office Manager*
Ms. Tatyana Rasmussen, *Sacramental Secretary*

RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM
Saturdays: Closed
Sundays: 9:30 AM – 1:00 PM

PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Registration forms are available in the entrance of the church and in the rectory office. Completed forms should be submitted to the rectory office (or put through our mail slot after business hours).

MASSES

Monday – Friday: 12:00 PM
Saturdays: 5:30 PM (Vigil Mass)
Sundays: 10:00 AM, 12:00 PM; 5:00 PM (Spanish)
Federal Holidays: 9:00 AM
Holy Days: 12:00 PM, 7:30 PM

CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM
Thursday: 12:30 PM – 1:00 PM
Saturdays: 4:00 PM – 5:00 PM
Sundays: 4:30 PM – 5:00 PM (Spanish)
Please contact our office for Confessions by appointment.

MIRACULOUS MEDAL NOVENA

Wednesdays: 12:30 PM

EUCCHARISTIC HOLY HOUR & BENEDICTION

First Friday of the Month: 12:30 PM – 1:30 PM

OUR SACRAMENTS

BAPTISM

Baptisms are performed in a group on the third Sunday of the month immediately following the 12:00 PM Mass, at roughly 1:00 PM. Please contact Ms. Tatyana Rasmussen at the rectory office to arrange.

FIRST COMMUNION

Sacramental preparation for First Communion is a 2-year process via CCD classes beginning in Grade 1 and ending in Grade 2. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information.

CONFIRMATION

Confirmation for children is a 2-year process via CCD classes beginning in Grade 6 and ending in Grade 8. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information. Adult Confirmation classes for individuals who have already received the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

RITE OF CHRISTIAN INITIATION (RCIA)

RCIA classes are available for adult parishioners in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

MARRIAGE

Please contact a priest 6 months prior to your intended wedding date to begin marriage preparation. An overview of the Arlington Diocese's marriage preparation policies is available on the diocesan website: www.arlingtondiocese.org.

ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

FUNERALS

Please contact the Rectory Office to arrange.

SPONSORSHIP REQUIREMENTS

For Godparents, Confirmation Sponsors, & Proxies

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

PRO-LIFE ROSARY

Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM at Our Lady of Lourdes.

YOUNG ADULT PRAISE & WORSHIP WITH FR. PASCAL

First Tuesdays | 8:00 PM – 9:00 PM | Our Lady of Lourdes

Come meet our new priest in residence, Fr. Pascal, and other young adults from across our diocese on July 7 and the first Tuesday of every month for evenings of praise and worship! Meetings are from 8:00 PM – 9:00 PM at Our Lady of Lourdes Church. Fr. Pascal will give a brief spiritual talk and hear confessions at each event.

CARD NIGHT

Cancelled until further notice!

Thursdays | 6:00 PM – 9:00 PM | Our Lady of Lourdes

All are invited to join in for Bridge on Thursday evenings in the Grade 2 Classroom in the Parish Hall from 6:00 PM – 9:00 PM. Come over and play a few hands with fellow parishioners! If interested, please call the Rectory at 703-684-9261 to leave your name and number.

RELIGIOUS EDUCATION -- CCD TEACHERS NEEDED!

Do you love your faith? Enjoy working with children? Please come help our Religious Education School Sunday mornings! Class times are listed below. Teachers must submit to a background check, attend a 4-hour Child Protection seminar, and sign an Oath of Fidelity to the Catholic faith. For more information, please contact Mary Beth Harney at dre@ololcc.net.

CCD classes meet every Sunday throughout the academic year. Preschool-grade 5 classes meet from 9:00 AM - 10:15 AM, grade 6-8 classes meet from 10:30 AM - 11:45 AM. High school students meet the last Sunday of each month from 10:30 AM - 12:30 PM. All classes are held in the parish hall. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on www.ololcc.net, or contact Mary Beth Harney at dre@ololcc.net.

ADULT EDUCATION SERIES—VOLUNTEERS NEEDED!

We need volunteers to help run our Adult Education classes. Be as involved as you like—from simply being the person to play the DVD to directing group discussion, or anything in between! For more information, please contact Mary Beth Harney at dre@ololcc.net.

GUADALUPE CATHOLIC RADIO

Tune in to Guadalupe Catholic Radio Network on 1160 AM!

FORMED: "THE CATHOLIC NETFLIX"

Free Catholic Films, Podcasts, Audio Books, & More!

Need some at-home entertainment while maintaining a social distance? As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy hundreds of Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; watch Catholic documentaries; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

MASS FOR HEALING OF SEXUAL ABUSE

June 18 | 6:00 PM | St. Luke

Bishop Burbidge will celebrate a Mass for the healing of victims/survivors of sexual abuse on Thursday, June 18, at 6:00 PM at St. Luke (7001 Georgetown Pike, McLean, VA 22101.) All Catholics are invited to pray for the end to abuse and the recovery of those affected. To learn more or to receive confidential assistance, please contact the Office of Victim Assistance at **703-841-2530** or victimassistance@arlingtondiocese.org.

DIOCESAN COVID-19 RESOURCES PAGE

Where to Live Stream Masses & More!

The Arlington Diocese has provided a Covid-19 resource page with links to livestreamed and recorded Masses, prayers, daily readings, and more! Please visit: www.arlingtondiocese.org/covid19resources.

DIOCESAN E-NEWSLETTER

Get the latest on our diocese's response to Covid-19 and all diocesan news straight to your inbox! Sign up for the Diocesan E-Newsletter at <http://bit.ly/CDAsignup>.

VOCATIONS

Jesus has given us His body to eat and His blood to drink so as to nourish us on our journey towards heaven. All are called in Christ, and some are chosen to serve His church as priests and in the consecrated life. Are you among them? Call Fr. Michael Isenberg at **703-841-2514** or write to michael.isenberg@arlingtondiocese.org.

PROJECT RACHEL: HELP AFTER ABORTION

"The community should be open to welcome back all who repent of having participated in the grave sin of abortion, and should guide them with pastoral charity to accept the grace of forgiveness, the need for penance, and the joy of entering once more into the new life of Christ." (Pope Benedict XVI) If you or someone you know is suffering after an abortion, contact Project Rachel for confidential care and assistance. Please call **1-888-456-4673**, email info@helpafterabortion.org, or visit www.helpafterabortion.org.

SECOND COLLECTION NEXT WEEKEND

June 20 & 21: Maintenance & Improvement Fund

Help us keep our church strong, safe, clean, and comfortable by donating to our parish Maintenance and Improvement Fund! Your donations will help us cover the costs of extra cleaning supplies and equipment, contracts with professional disinfecting services, and hiring extra personnel to combat COVID-19. Thank you!

2020 BISHOP'S LENTEN APPEAL

♦ **Less than \$10,000 to go!** We have raised **\$139,027.00** and reached **94%** of our parish goal of **\$148,000.00** with **21%** household participation as of May 28!

Have you made your pledge to the Bishop's Lenten Appeal? The BLA supports our Diocese in its mission of sharing the love and mercy of Christ through serving the needy, educating and forming youth, encouraging vocations, promoting a culture of life, and assisting the clergy, religious, and lay people who help build and strengthen our diocesan Church. After such marvelous generosity last year allowed Our Lady of Lourdes to reach our parish's monetary goal, our aim for 2020 is achieving the same success through an increase in the number of individual donations. **We are striving for 100% parishioner participation. Your support is more important than the amount—a donation of \$1.00 is just as vital as a larger sum, and helps us achieve our participation goal!** Please join us to continue God's work of spirituality, education, and charity. Learn more about the many ministries supported by the BLA and make your donation online at www.arlingtondiocese.org/bishops-lenten-appeal.

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own schedule. To sign up, please visit www.faithdirect.net and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

YOU CAN MAIL US YOUR OFFERTORY ENVELOPES!

Want to continue your weekly donations to our parish without signing up for Faith Direct online giving? Simply mail your offertory envelopes and contributions to our rectory office address: **Our Lady of Lourdes Catholic Church, 830 23rd Street South, Arlington, VA 22202**

STEWARDSHIP REFLECTION

"Because there is one bread, we who are many are one body, for we all partake of the one bread." 1 CORINTHIANS 10:17

As disciples of Jesus, we are called to lead holy lives and invite others to join us. Living a stewardship lifestyle, being grateful and generous with our gifts, serves a twofold purpose. One, it helps build God's kingdom here on earth. Two, it helps us strengthen each other's relationship with God the Father, Jesus, and the Holy Spirit. Generosity is our roadmap to Heaven. Let's help each other get there!

FATHER'S DAY NOVENA SCHEDULE

Our Lady of Lourdes priests will celebrate 9 Masses in honor of Father's Day! Only Masses denoted "**Public**" may be attended by parishioners. To participate in the private Masses, you are welcome to make a spiritual communion at home and pray for your father.

1. **Sunday, June 21: 10:00 AM (Public)**
2. **Monday, June 22: 12:00 PM (Public)**
3. Tuesday, June 23: 6:45 AM (Private)
4. **Wednesday, June 24: 12:00 PM (Public)**
5. Thursday, June 25: 6:45 AM (Private)
6. **Friday, June 26: 12:00 PM (Public)**
7. Saturday, June 27: 9:00 AM (Private)
8. **Sunday, June 28: 10:00 AM (Public)**
9. Monday, June 29: 6:45 AM (Private)

MASS INTENTIONS

Our Mass calendar is open through the end of 2020!

We are now scheduling Mass intentions through December 31, 2020! Would you like to have a Mass offered for a special intention, in honor of a loved one, or for the repose of the soul of someone departed? Contact the rectory office in person, via phone, or email to arrange. Daily 6:45 AM, 12:00 Noon, and Saturday 9:00 AM Masses only. Sunday Masses are not available. A voluntary donation of \$10.00 per Mass is suggested.

SPONSOR OUR 2021 CALENDAR

Every year, Our Lady of Lourdes provides a religious calendar for our parishioners through the generosity of a sponsor. We are currently seeking a generous business, family, or individual to sponsor our 2021 calendar. The cost of sponsorship is \$952.00, and our sponsor has the opportunity to include a dedication, advertisement, or special message on our 2021 calendars. If interested, please contact the rectory office at **703-684-9261** or lol@comcast.net.

OUR LADY OF LOURDES POOR BOX

Did you know that we have a poor box located in the back of the church? All donations placed in our poor box are used to assist our less fortunate neighbors in covering essential expenses such as food, rent, utilities, prescriptions, etc. All recipients are pre-screened by the parish priests. Thank you for your charity!

RECENTLY MOVED?

Don't forget to inform the rectory office of your new address so you can continue to receive your offering envelopes! Please call Tatyana at 703-684-9261 or email lol@comcast.net.

SPONSOR OF THE WEEK

John H. Lange Plumbing & Heating

JUNE 14, 2020

CORPUS CHRISTI

WEEKLY MASS INTENTIONS

Our Lady of Lourdes is open for public Masses with a revised schedule. Only Masses marked "Public" may be attended by parishioners. Masses marked "Private" will be celebrated to honor Mass intentions booked prior to the COVID-19 pandemic. Private Masses are NOT open to the public. If you would like to reschedule your Mass intention, please contact the rectory office.

SATURDAY VIGIL	JUNE 13
5:30 PM (Public)	All Parishioners (L/D)
SUNDAY	JUNE 14
10:00 AM (Public)	All Parishioners (L/D)
12:00 PM (Public)	All Parishioners (L/D)
MONDAY	JUNE 15
6:45 AM (Private)	All Parishioners (L/D)
12:00 PM (Public)	Ruth Kramer + by Eve Kramer
TUESDAY	JUNE 16
6:45 AM (Private)	All Parishioners (L/D)
12:00 PM (Public)	Rev. James Barkett by Tim & Marian Hartzell
WEDNESDAY	JUNE 17
6:45 AM (Private)	All Parishioners (L/D)
12:00 PM (Public)	Special Intention by Mary Downey
THURSDAY	JUNE 18
6:45 AM (Private)	All Parishioners (L/D)
12:00 PM (Public)	Robert Shubster + Catherine Peterson
FRIDAY	JUNE 19
<i>The Solemnity of the Most Sacred Heart of Jesus</i>	
6:45 AM (Private)	All Parishioners (L/D)
12:00 PM (Public)	Ethan Williams + Catherine Peterson
SATURDAY	JUNE 20
<i>The Immaculate Heart of the Blessed Virgin Mary</i>	
9:00 AM (Private)	All Parishioners (L/D)

WEEKLY EVENT CALENDAR

All parish events cancelled until further notice!

PLEASE PRAY FOR

**Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia,
Don Guffey, Ron Harris, & Jose Silva**

Names published for one month. Contact the rectory to arrange.

CHURCH & PARISH HALL PROFESSIONALLY SANITIZED

For the health and safety of our parishioners, Our Lady of Lourdes has contracted Jani-King to provide professional sanitization of our church, parish hall, and rectory. Their service uses an EPA Registered Chemical that kills 99% of all bacteria and viruses, including COVID-19. In addition to these professional disinfections, our parish staff are regularly cleaning and sanitizing the church. While we still recommend the use of personal protection equipment and vigilant hand washing, we hope that these precautions will help bring our parishioners some peace of mind as we resume our services.

NEW PUBLIC MASS & CONFESSION SCHEDULE!

As Arlington County enters Phase One of Virginia's reopening plan, Our Lady of Lourdes will begin celebrating public Masses and providing the Sacrament of Reconciliation!

Parishioners are asked to take the following precautions in church:

- ◆ Church capacity must remain under 50%, or below 350 people
- ◆ Face masks must be worn inside the church
- ◆ A social distance of 6 feet must be maintained at all times, including while seated in pews and while in line for Communion
- ◆ Receiving Communion via the hands is recommended
- ◆ Confessions must be heard behind the screen

We have revised our schedule to allow for thorough cleaning between all services. Our new schedule is as follows:

CHURCH OPEN HOURS

Monday: 11:00 AM - 5:00 PM
Tuesday - Friday: 9:00 AM - 5:00 PM
Saturday: 8:00 AM - 6:30 PM
Sunday: 9:00 AM - 6:00 PM

MASSES

Monday - Friday: 12:00 PM
Saturday: 5:30 PM (Vigil)
Sunday: 10:00 AM and 12:00 PM; 5:00 PM (Spanish)
We have suspended weekday 6:45 AM Masses, Saturday 9:00 AM Masses, and Sunday 8:00 AM Masses. Private Masses will continue to be celebrated for Mass intentions arranged prior to the COVID-19 pandemic. These private Masses are NOT open to the public.

CONFESSIONS

Tuesday: 12:30 PM
Thursday: 12:30 PM
Saturday: 4:00 PM - 5:00 PM
Sunday: 4:00 PM - 4:45 PM (Spanish)

Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese. This dispensation continues through our reopening and is extended until further notice. Bishop Burbidge respectfully suggests that the following individuals continue to stay home on Sundays:

- ◆ those above the age of 65
- ◆ those with an increased risk due to health conditions
- ◆ anyone experiencing flu-like symptoms or who may have been exposed to COVID-19

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A sample prayer of Spiritual Communion follows:

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

For detailed health and safety recommendations, please see the Arlington Diocese website for an Arlington COVID Response Guide for the Lay Faithful: www.arlingtondiocese.org