

# OUR CHURCH

## CONTACT

830 23<sup>rd</sup> Street South, Arlington, VA 22202  
703-684-9261  
olol@comcast.net  
www.ololcc.net

## CLERGY

Reverend Monsignor Robert E. Avella, *Pastor*  
Reverend Joseph R. Kenna, *Parochial Vicar*  
Reverend Paul A. Berghout, *In Residence*

## STAFF

Ms. Mary Beth Harney, *Director of Religious Education*  
Mr. Tom Bartolomeo, *Director of Music*  
Mrs. Janet Rowlands, *Office Manager*  
Ms. Tatyana Rasmussen, *Sacramental Secretary*

## RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM  
Saturdays: Closed  
Sundays: 9:30 AM – 1:00 PM

## PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Registration forms are available in the entrance of the church and in the rectory office. Completed forms should be submitted to the rectory office (or put through our mail slot after business hours).

## MASSES

Monday – Friday: 12:00 PM  
Saturdays: 5:30 PM (Vigil Mass)  
Sundays: 10:00 AM, 12:00 PM; 5:00 PM (Spanish)  
Federal Holidays: 9:00 AM  
Holy Days: 12:00 PM, 7:30 PM

## CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM  
Thursday: 12:30 PM – 1:00 PM  
Saturdays: 4:00 PM – 5:00 PM  
Sundays: 4:30 PM – 5:00 PM (Spanish)  
Please contact our office for Confessions by appointment.

## MIRACULOUS MEDAL NOVENA

Wednesdays: 12:30 PM

## EUCCHARISTIC HOLY HOUR & BENEDICTION

First Friday of the Month: 12:30 PM – 1:30 PM

# OUR SACRAMENTS

## BAPTISM

Baptisms are performed in a group on the third Sunday of the month immediately following the 12:00 PM Mass, at roughly 1:00 PM. Please contact Ms. Tatyana Rasmussen at the rectory office to arrange.

## FIRST COMMUNION

Sacramental preparation for First Communion is a 2-year process via CCD classes beginning in Grade 1 and ending in Grade 2. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information.

## CONFIRMATION

Confirmation for children is a 2-year process via CCD classes beginning in Grade 6 and ending in Grade 8. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information. Adult Confirmation classes for individuals who have already received the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

## RITE OF CHRISTIAN INITIATION (RCIA)

RCIA classes are available for adult parishioners in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

## MARRIAGE

Please contact a priest 6 months prior to your intended wedding date to begin marriage preparation. An overview of the Arlington Diocese's marriage preparation policies is available on the diocesan website: [www.arlingtondiocese.org](http://www.arlingtondiocese.org).

## ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

## FUNERALS

Please contact the Rectory Office to arrange.

## SPONSORSHIP REQUIREMENTS

### For Godparents, Confirmation Sponsors, & Proxies

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

## PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

## PRO-LIFE ROSARY

### Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM at Our Lady of Lourdes.

## YOUNG ADULT PRAISE & WORSHIP WITH FR. PASCAL

### First Tuesdays | 8:00 PM – 9:00 PM | Our Lady of Lourdes

Come meet our new priest in residence, Fr. Pascal, and other young adults from across our diocese on July 7 and the first Tuesday of every month for evenings of praise and worship! Meetings are from 8:00 PM – 9:00 PM at Our Lady of Lourdes Church. Fr. Pascal will give a brief spiritual talk and hear confessions at each event.

## CARD NIGHT

### Cancelled until further notice!

### Thursdays | 6:00 PM – 9:00 PM | Our Lady of Lourdes

All are invited to join in for Bridge on Thursday evenings in the Grade 2 Classroom in the Parish Hall from 6:00 PM – 9:00 PM. Come over and play a few hands with fellow parishioners! If interested, please call the Rectory at 703-684-9261 to leave your name and number.

## RELIGIOUS EDUCATION -- CCD TEACHERS NEEDED!

Do you love your faith? Enjoy working with children? Please come help our Religious Education School Sunday mornings! Class times are listed below. Teachers must submit to a background check, attend a 4-hour Child Protection seminar, and sign an Oath of Fidelity to the Catholic faith. For more information, please contact Mary Beth Harney at [dre@ololcc.net](mailto:dre@ololcc.net).

CCD classes meet every Sunday throughout the academic year. Preschool-grade 5 classes meet from 9:00 AM - 10:15 AM, grade 6-8 classes meet from 10:30 AM - 11:45 AM. High school students meet the last Sunday of each month from 10:30 AM - 12:30 PM. All classes are held in the parish hall. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on [www.ololcc.net](http://www.ololcc.net), or contact Mary Beth Harney at [dre@ololcc.net](mailto:dre@ololcc.net).

## ADULT EDUCATION SERIES—VOLUNTEERS NEEDED!

We need volunteers to help run our Adult Education classes. Be as involved as you like—from simply being the person to play the DVD to directing group discussion, or anything in between! For more information, please contact Mary Beth Harney at [dre@ololcc.net](mailto:dre@ololcc.net).

## GUADALUPE CATHOLIC RADIO

Tune in to Guadalupe Catholic Radio Network on 1160 AM!

## FORMED: "THE CATHOLIC NETFLIX"

### Free Catholic Films, Podcasts, Audio Books, & More!

Need some at-home entertainment while maintaining a social distance? As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy hundreds of Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; watch Catholic documentaries; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to [formed.org/signup](http://formed.org/signup) and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

## VOLUNTEERS NEEDED: FREE MEDICAL CLINIC

Catholic Charities will open a second free medical clinic for poor, uninsured, and under-insured adults in late April and needs volunteer medical professionals and other volunteers to operate the clinic. The Mother of Mercy Free Medical Clinic, Woodbridge, will open at 13900 Church Hill, Woodbridge, VA 22191. Nurses and doctors, including internists, cardiologists, gynecologists, and other specialists, as well as nutritionists, physical therapists, and others are needed! To learn more, please contact Alexandra Luevano at **703- 335-2779 ext. 15** or [alexandra.luevano@ccda.net](mailto:alexandra.luevano@ccda.net).

## DIOCESAN COVID-19 RESOURCES PAGE

### Where to Live Stream Masses & More!

The Arlington Diocese has provided a Covid-19 resource page with links to livestreamed and recorded Masses, prayers, daily readings, and more! Please visit: [www.arlingtondiocese.org/covid19resources](http://www.arlingtondiocese.org/covid19resources).

## DIOCESAN E-NEWSLETTER

Get the latest on our diocese's response to Covid-19 and all diocesan news straight to your inbox! Sign up for the Diocesan E-Newsletter at <http://bit.ly/CDAsignup>.

## VOCATIONS

"So do not be afraid; you are worth more than many sparrows." God is always looking out for us. If He is calling you to be a priest, deacon, sister, or brother, there is nothing to fear. Call Fr. Michael Isenberg at **703-841-2514** or write to [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org).

## PROJECT RACHEL: HELP AFTER ABORTION

Are you experiencing feelings of shame, guilt, regret, and sadness concerning an abortion? Project Rachel can help with confidential referrals to trained clergy, professional counselors, retreats, and aftercare gatherings. Contact Project Rachel at **1-888-456-4673**, [info@helpafterabortion.org](mailto:info@helpafterabortion.org), or visit [www.helpafterabortion.org](http://www.helpafterabortion.org).

## RECENTLY MOVED?

Don't forget to inform the rectory office of your new address so you can continue to receive your offering envelopes! Please call Tatyana at 703-684-9261 or email [olol@comcast.net](mailto:olol@comcast.net).

## SECOND COLLECTION NEXT WEEKEND

### June 27 & 28: Holy Father Peter's Pence

Next weekend, we will take up the Peter's Pence Collection, which provides Pope Francis with the funds to carry out charitable works around the world. Proceeds benefit our brothers and sisters on the margins of society, including victims of war, oppression, and natural disasters. For more information, visit [www.usccb.org/peters-pence](http://www.usccb.org/peters-pence).

## 2020 BISHOP'S LENTEN APPEAL

♦ **Less than \$10,000 to go!** We have raised **\$139,027.00** and reached **94%** of our parish goal of **\$148,000.00** with **21%** household participation as of May 28!

Have you made your pledge to the Bishop's Lenten Appeal? The BLA supports our Diocese in its mission of sharing the love and mercy of Christ through serving the needy, educating and forming youth, encouraging vocations, promoting a culture of life, and assisting the clergy, religious, and lay people who help build and strengthen our diocesan Church. After such marvelous generosity last year allowed Our Lady of Lourdes to reach our parish's monetary goal, our aim for 2020 is achieving the same success through an increase in the number of individual donations. **We are striving for 100% parishioner participation. Your support is more important than the amount—a donation of \$1.00 is just as vital as a larger sum, and helps us achieve our participation goal!** Please join us to continue God's work of spirituality, education, and charity. Learn more about the many ministries supported by the BLA and make your donation online at [www.arlingtondiocese.org/bishops-lenten-appeal](http://www.arlingtondiocese.org/bishops-lenten-appeal).

## FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own schedule. To sign up, please visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

## YOU CAN MAIL US YOUR OFFERTORY ENVELOPES!

Want to continue your weekly donations to our parish without signing up for Faith Direct online giving? Simply mail your offertory envelopes and contributions to our rectory office address: **Our Lady of Lourdes Catholic Church, 830 23<sup>rd</sup> Street South, Arlington, VA 22202**

## STEWARDSHIP REFLECTION

"Everyone who acknowledges me before others I will acknowledge before my heavenly Father." MATTHEW 10:32

Would others know that you are Catholic by the way you act and speak? Do you share your Catholic faith with others? Do you defend your Catholic faith when the situation arises? Do you pray in public before meals? Ask God for the strength and courage to be a joyful witness of our Catholic faith when the opportunity presents itself. Let us become the radiant light that we are called to be!

## FATHER'S DAY NOVENA SCHEDULE

Our Lady of Lourdes priests will celebrate 9 Masses in honor of Father's Day! Only Masses denoted "**Public**" may be attended by parishioners. To participate in the private Masses, you are welcome to make a spiritual communion at home and pray for your father.

1. **Sunday, June 21: 10:00 AM (Public)**
2. **Monday, June 22: 12:00 PM (Public)**
3. Tuesday, June 23: 6:45 AM (Private)
4. **Wednesday, June 24: 12:00 PM (Public)**
5. Thursday, June 25: 6:45 AM (Private)
6. **Friday, June 26: 12:00 PM (Public)**
7. Saturday, June 27: 9:00 AM (Private)
8. **Sunday, June 28: 10:00 AM (Public)**
9. Monday, June 29: 6:45 AM (Private)

## MASS INTENTIONS

### Our Mass calendar is open through the end of 2020!

We are now scheduling Mass intentions through December 31, 2020! Would you like to have a Mass offered for a special intention, in honor of a loved one, or for the repose of the soul of someone departed? Contact the rectory office in person, via phone, or email to arrange. Daily 6:45 AM, 12:00 Noon, and Saturday 9:00 AM Masses only. Sunday Masses are not available. A voluntary donation of \$10.00 per Mass is suggested.

## SPONSOR ALTAR FLOWERS

You can sponsor altar and tabernacle flowers in honor of or in memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or [olol@comcast.net](mailto:olol@comcast.net) to arrange.

Upcoming Weeks Available: July 4, July 12, July 19, July 26

## SPONSOR OUR 2021 CALENDAR

Every year, Our Lady of Lourdes provides a religious calendar for our parishioners through the generosity of a sponsor. We are currently seeking a generous business, family, or individual to sponsor our 2021 calendar. The cost of sponsorship is \$952.00, and our sponsor has the opportunity to include a dedication, advertisement, or special message on our 2021 calendars. If interested, please contact the rectory office at **703-684-9261** or [olol@comcast.net](mailto:olol@comcast.net).

## OUR LADY OF LOURDES POOR BOX

Did you know that we have a poor box located in the back of the church? All donations placed in our poor box are used to assist our less fortunate neighbors in covering essential expenses such as food, rent, utilities, prescriptions, etc. All recipients are pre-screened by the parish priests. Thank you for your charity!

## SPONSOR OF THE WEEK

The **#WHATSMYNAME** Movement

# JUNE 21, 2020

THE 12<sup>TH</sup> SUNDAY IN ORDINARY TIME

## WEEKLY MASS INTENTIONS

Our Lady of Lourdes is open for public Masses with a revised schedule. Only Masses marked "Public" may be attended by parishioners. Masses marked "Private" will be celebrated to honor Mass intentions booked prior to the COVID-19 pandemic. Private Masses are NOT open to the public. If you would like to reschedule your Mass intention, please contact the rectory office.

<b>SATURDAY VIGIL</b>	<b>JUNE 20</b>
5:30 PM (Public)	All Parishioners (L/D)
<b>SUNDAY</b>	<b>JUNE 21</b>
10:00 AM (Public)	Father's Day Novena Mass
12:00 PM (Public)	All Parishioners (L/D)
<b>MONDAY</b>	<b>JUNE 22</b>
6:45 AM (Private)	John Kelley + by Mary Downey
12:00 PM (Public)	Father's Day Novena Mass
<b>TUESDAY</b>	<b>JUNE 23</b>
6:45 AM (Private)	Father's Day Novena Mass
12:00 PM (Public)	Ralph & Alesandra + by <b>Ciro Taddeo</b>
<b>WEDNESDAY</b>	<b>JUNE 24</b>
<i>The Nativity of St. John the Baptist</i>	
6:45 AM (Private)	David Merino Gines by Gabriela Merino
12:00 PM (Public)	Father's Day Novena Mass
<b>THURSDAY</b>	<b>JUNE 25</b>
6:45 AM (Private)	Father's Day Novena Mass
12:00 PM (Public)	Special Intention by <b>Mary Downey</b>
<b>FRIDAY</b>	<b>JUNE 26</b>
6:45 AM (Private)	Angelita Baylon + by Hubert Baylon
12:00 PM (Public)	Father's Day Novena Mass
<b>SATURDAY</b>	<b>JUNE 27</b>
9:00 AM (Private)	Father's Day Novena Mass

## WEEKLY EVENT CALENDAR

All parish events cancelled until further notice!

## PLEASE PRAY FOR

**Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, & Jose Silva**

Names published for one month. Contact the rectory to arrange.

## CHURCH & PARISH HALL PROFESSIONALLY SANITIZED

For the health and safety of our parishioners, Our Lady of Lourdes has contracted Jani-King to provide professional sanitization of our church, parish hall, and rectory. Their service uses an EPA Registered Chemical that kills 99% of all bacteria and viruses, including COVID-19. In addition to these professional disinfections, our parish staff are regularly cleaning and sanitizing the church. While we still recommend the use of personal protection equipment and vigilant hand washing, we hope that these precautions will help bring our parishioners some peace of mind as we resume our services.

## NEW PUBLIC MASS & CONFESSION SCHEDULE!

As Arlington County proceeds through Phase Two of Virginia's reopening plan, Our Lady of Lourdes is open with a new Mass and Confession schedule. Our new schedule allows for thorough cleaning of our facilities between all services.

**Parishioners are asked to take the following precautions in church:**

- ◆ Church capacity must remain under 50%, or below 350 people
- ◆ Face masks must be worn inside the church
- ◆ A social distance of 6 feet must be maintained at all times, including while seated in pews and while in line for Communion
- ◆ Receiving Communion via the hands is recommended
- ◆ Confessions must be heard behind the screen

## CHURCH OPEN HOURS

Monday: 11:00 AM - 5:00 PM  
Tuesday - Friday: 9:00 AM - 5:00 PM  
Saturday: 8:00 AM - 6:30 PM  
Sunday: 9:00 AM - 6:00 PM

## MASSES

Monday - Friday: 12:00 PM  
Saturday: 5:30 PM (Vigil)  
Sunday: 10:00 AM and 12:00 PM; 5:00 PM (Spanish)  
We have suspended weekday 6:45 AM Masses, Saturday 9:00 AM Masses, and Sunday 8:00 AM Masses. Private Masses will continue to be celebrated for Mass intentions arranged prior to the COVID-19 pandemic. These private Masses are NOT open to the public.

## CONFESSIONS

Tuesday: 12:30 PM  
Thursday: 12:30 PM  
Saturday: 4:00 PM - 5:00 PM  
Sunday: 4:00 PM - 4:45 PM (Spanish)

**Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese. This dispensation continues through our reopening and is extended until further notice. Bishop Burbidge respectfully suggests that the following individuals continue to stay home on Sundays:**

- ◆ those above the age of 65
- ◆ those with an increased risk due to health conditions
- ◆ anyone experiencing flu-like symptoms or who may have been exposed to COVID-19

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A sample prayer of Spiritual Communion follows:

*My Jesus,*

*I believe that You are present in the Most Holy Sacrament.*

*I love You above all things, and I desire to receive You into my soul.*

*Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.*

*I embrace You as if You were already there and unite myself wholly to You.*

*Never permit me to be separated from You.*

*Amen.*

For detailed health and safety recommendations, please see the Arlington Diocese website for an Arlington COVID Response Guide for the Lay Faithful: [www.arlingtondiocese.org](http://www.arlingtondiocese.org).