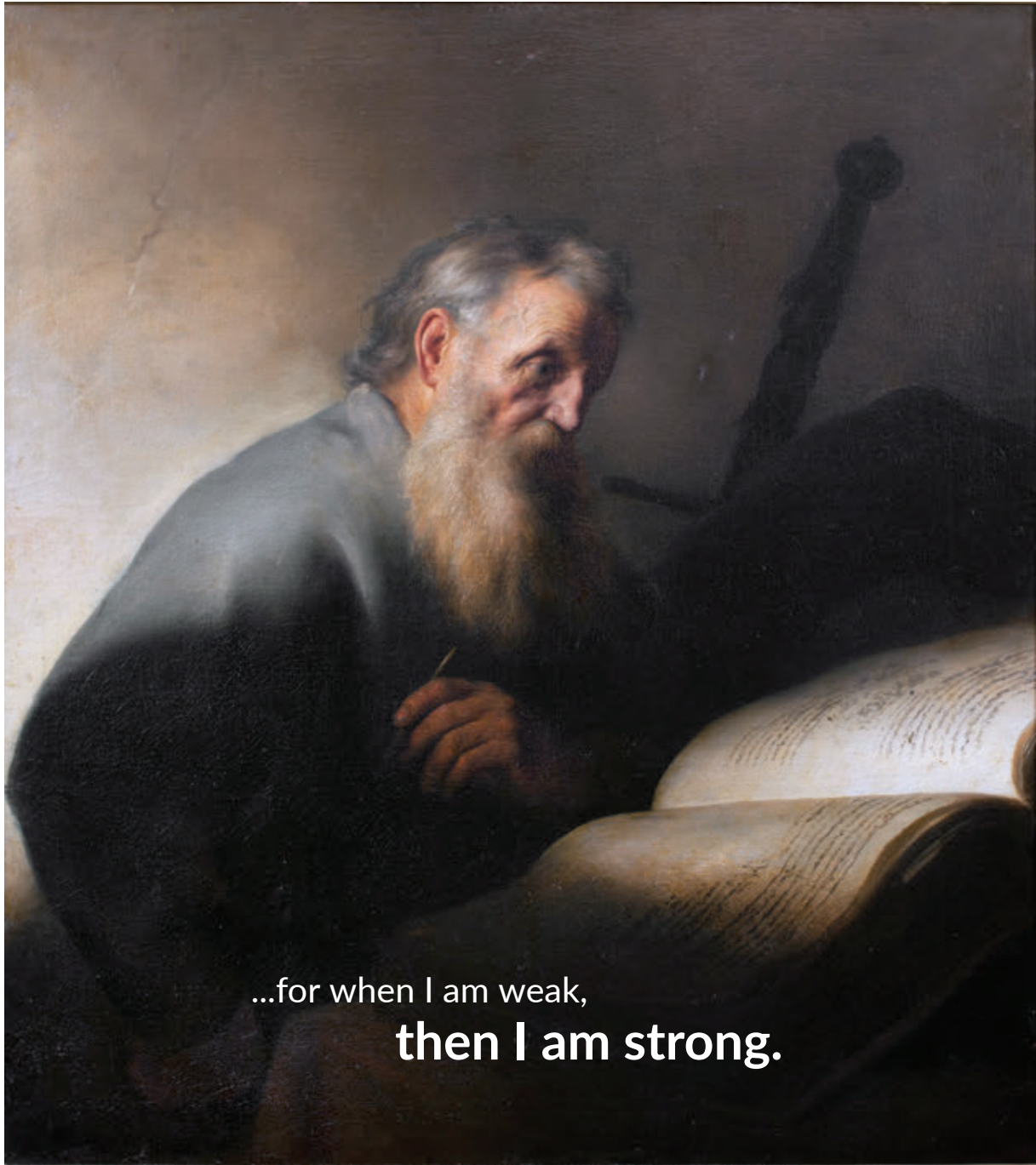


JULY 4, 2021 \* 14TH SUNDAY IN ORDINARY TIME



...for when I am weak,  
**then I am strong.**



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OUR LADY  
*of* LOURDES

Arlington, Virginia



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at our parish

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## OUR CHURCH

### CLERGY

Reverend Frederick H. Edlefsen, *Pastor*  
Reverend Joseph R. Kenna, *Parochial Vicar*  
Reverend Paul A. Berghout, *In Residence*

### STAFF

Ms. Leigh Hasson, *Director of Religious Education*  
Mr. Tom Bartolomeo, *Director of Music*  
Ms. Marianne Rodriguez, *Office Manager*  
Ms. Tatyana Rasmussen, *Sacramental Secretary*

### RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM  
Saturday: Closed  
Sunday: 9:30 AM – 1:00 PM

### PARISHIONER REGISTRATION

If you are a Catholic residing within zip code 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Register online at [www.ololcc.net](http://www.ololcc.net). Paper registration forms are available in the entrance of the church and may be submitted to the parish office.

### MASSES

Monday – Friday: 6:45 AM, 12:00 PM  
Saturday: 9:00 AM; 5:30 PM (Vigil Mass)  
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)  
Federal Holidays: 9:00 AM  
Holy Days: 12:00 PM, 7:30 PM

### CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM  
Thursday: 12:30 PM – 1:00 PM  
Friday: 12:30 PM – 1:00 PM  
Saturday: 4:00 PM – 5:00 PM  
Sunday: 4:15 PM – 4:45 PM (Spanish)  
Please contact the parish for Confessions by appointment.

### DAILY ROSARY

Monday – Friday: 6:15 AM, 11:30 AM  
Saturday: 9:30 AM

### MIRACULOUS MEDAL NOVENA

Wednesday: 12:30 PM

### EXPOSITION OF THE BLESSED SACRAMENT & BENEDICTION

Friday: 12:30 PM – 3:00 PM

### COMMUNION FOR HOMEBOUND PARISHIONERS

If you are a homebound parishioner who would like to receive Communion or anointing of the sick, or if you know a parishioner who may be interested, please contact the parish office. All recommended COVID-19 safety precautions must be observed.

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## OUR SACRAMENTS

### BAPTISM

Children's Baptisms and Baptism Preparation Classes are arranged by appointment. Please visit our website at [www.ololcc.net](http://www.ololcc.net) to learn more and submit a request.

### CONFIRMATION

#### Children Grades 7 & 8: Religious Education (CCD)

Children are Confirmed in a two-year program via CCD classes in grades 7-8. Visit our website to register for CCD.

#### Young Adults Ages 14-17: RCIC

The Rite of Christian Initiation for Children (RCIC) is available via our Religious Education program for children ages 7-17 who need the three Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Please contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

#### Baptized Adults 18+

Adults who have received both the Sacraments of Baptism and Holy Communion are encouraged to contact our office for assistance in receiving the Sacrament of Confirmation.

### SPONSORSHIP REQUIREMENTS

#### Baptism Godparents & Confirmation Sponsors

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be sacramentally Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

### FIRST HOLY COMMUNION

Children receive First Holy Communion in a two-year program via CCD classes in grades 1-2. Visit our website to register for CCD.

### MARRIAGE

Please contact a priest 7-8 months prior to your intended wedding date to begin Marriage preparation. Learn more and submit a request for preparation on our website. The Arlington Diocese's Marriage policies are available at [www.arlingtondiocese.org](http://www.arlingtondiocese.org).

### BECOMING CATHOLIC & ADULT CONFIRMATION

The Rite of Christian Initiation for Adults (RCIA) is available for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall, and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Please visit our website to learn more and submit a request.

### ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

### FUNERALS

Please contact the Rectory Office to arrange.

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## OUR PARISH

### INVITE OUR LADY OF LOURDES HOME FOR A VISIT

Our parish's Legion of Mary group is offering parishioners the opportunity to host the "Pilgrim Virgin" statue of Mary in their home for 1-2 weeks. Many blessings can arise from a visit from the Virgin! If interested, please contact the Legion of Mary via the Rectory office.

### BABY BOTTLE FUND RAISER

Thank you to everyone who donated to our Pro-Life Committee's baby bottle fund raiser in support of a Mobile Ultrasound and Pregnancy Resource Center! If you still have a baby bottle to drop off, please place your donation in the church Poor Box.

### JUNE FOOD DRIVE RESULTS

Our generous parishioners donated 316 pounds of food during our June food drive for Christ House. Thank you for helping to feed the hungry! Learn more about Christ House Food Pantry at [www.cdda.net](http://www.cdda.net).

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## THE ARLINGTON DIOCESE

### ASSISTANCE FOR VICTIMS OF SEXUAL ABUSE

The Catholic Diocese of Arlington provides assistance to anyone sexually abused as a minor by a priest, deacon, teacher, employee, or representative of the Arlington Diocese. Parents, guardians, children, and survivors of sexual abuse are encouraged to contact the diocesan Victim Assistance Coordinator to receive support, consultation, and referrals. Our diocese is committed to assisting victims/survivors throughout the healing process. For more information, please call **703-841-2530** or visit [www.arlingtondiocese.org/Child-Protection](http://www.arlingtondiocese.org/Child-Protection).

### LATIN MASSES AT ST. RITA IN ALEXANDRIA

**Tues. & Thurs. | 7:30 PM | St. Rita, Alexandria**

Latin Masses are celebrated at St. Rita Parish (3815 Russell Road, Alexandria, VA 22305) every Tuesday and Thursday at 7:30 PM. Our Lady of Lourdes parishioners are always welcome to attend!

### GMU SUMMER NIGHTS WITH CAMPUS MINISTRY

**Jul. 8, 15, 22, & 29 | 7:00 PM | GMU Campus, Fairfax, VA**

All College students and graduated high school seniors: the Campus Ministry at George Mason University is hosting Summer Thursday Night Gatherings! Come hang out and meet new friends at the St. Robert Bellarmine Chapel (4515 Roberts Rd., Fairfax, VA 22032) on the GMU Campus at 7:00 PM on Thursdays July 8, 15, 22, & 29. To stay up to date on our upcoming events, like us on Facebook @College Summers with GMU CCM or follow us on Instagram: @catholic.patriot. To find out more, visit [www.gmuccm.org](http://www.gmuccm.org) or email [gmuccm@gmail.com](mailto:gmuccm@gmail.com).

### ONE DAY MISSION TRIPS: VEGGIE FARM GLEANING

**Next Trip: Jul. 10**

Commissioned by Christ is joining Catholic Charities of Arlington's St. Lucy Project to glean crops at Parker Farms on the northern neck of Virginia through a series of One-Day Mission trips. These vegetable farm gleaning mission trips are great for families, an opportunity to help feed the hungry, and a perfect service project for church groups, bible studies, book clubs, and confirmation students. The 2021 trips are scheduled for Saturdays July 10, August 14, September 11, October 9, and November 13 (weather and crops permitting). Each trip starts at 8:00 AM and ends no later than 11:00 AM. You need not participate in all five events—just pick the mission trip(s) that fit your schedule! For more info and to sign up, visit [www.commissionedbychrist.org](http://www.commissionedbychrist.org) and click on "Get Involved" and "Volunteer Locally," or email coordinator Tom Pedagno at [tcp167@verizon.net](mailto:tcp167@verizon.net).

### PRAISE & WORSHIP HOLY HOUR

**Jul. 13 | 7:30 PM – 8:30 PM | St. Leo the Great, Fairfax**

You are invited to an evening of praise and worship on Tuesday, July 13, from 7:30 PM - 8:30 PM at St. Leo the Great Catholic Church (3700 Old Lee Hwy, Fairfax, VA 22030). Fr. Joseph Farrell will lead us in prayer along with musician, Michelle Jacobeen. Our special intention will be for healing in families, especially those wounded by abortion. Confession will be available. Learn more at [www.arlingtondiocese.org/healingandconversion](http://www.arlingtondiocese.org/healingandconversion).

### HEALING RETREAT: ADULT CHILDREN OF DIVORCE

**Jul. 30 – Aug. 1 | White Post, VA**

The Arlington Chapter of Life-Giving Wounds is hosting a three-day healing retreat focusing on overcoming the effects of parental divorce, forgiveness, and discovering our true identities as children of God. All adults who have experienced the divorce of a parent are welcome. The weekend includes presentations, small group sharing, adoration, spiritual direction, and Mass. The retreat will take place Friday, July 30, at 6:00 PM through Sunday, August 1, at 1:30 PM, and will be hosted at the San Damiano Retreat Center in White Post, VA. Tickets \$400.00. Register and learn more at [www.arlingtondiocese.org/healingretreat](http://www.arlingtondiocese.org/healingretreat).

### A WEEKEND RETREAT FOR A LIFELONG MARRIAGE

**Sep. 24-26 | Virtual**

The Worldwide Marriage Encounter Experience is a chance for you and your spouse to look deeply into your relationship with each other and with God. In one weekend, you can learn a technique for communication that will keep your marriage on the right track to be healthy for life. Register now to join the upcoming virtual Worldwide Marriage Encounter Weekend September 24-26, 2021. For more information and additional retreats, please visit [www.RenewMarriage-VANorth.org](http://www.RenewMarriage-VANorth.org) or contact us at [applications@renewmarriage-vanorth.org](mailto:applications@renewmarriage-vanorth.org) or **703-646-1521**.

### DIOCESAN PODCASTS

Find these Arlington Diocese podcasts on your favorite podcast service: **The Walk Humbly Podcast**, **Searching for More**, and **Arlington Catholic Herald Podcast!**

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## RELIGIOUS EDUCATION

### RELIGIOUS EDUCATION: CCD

#### Register your child for class this fall!

Please visit [www.ololcc.net](http://www.ololcc.net) to register your child for our 2021-22 CCD Program starting this fall. Classes for the 2021-22 school year will be held in-person on Sunday mornings in our parish hall and supplemented with additional events through the year. The 2021-22 CCD calendar and registration form are available on our website. Please visit [www.ololcc.net](http://www.ololcc.net) or contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

### RCIA BEGINS THIS SEPTEMBER

Adults who wish to become Catholic, or who are in need of First Holy Communion and Confirmation, and anyone interested in learning more about the Catholic faith, are all invited to join our RCIA program beginning Monday, September 20. Please register at [ololcc.net](http://ololcc.net) or call the parish office for more information.

### FORMED: "THE CATHOLIC NETFLIX"

#### Free Catholic Films, Podcasts, Audio Books, & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED, a Catholic media streaming service! Enjoy Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Explore the lives of priests, popes, and saints; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to [formed.org/signup](http://formed.org/signup) and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your subscription is provided by Our Lady of Lourdes and the Arlington Diocese.

### ST. JOHN PAUL THE GREAT IN-PERSON LEARNING

Saint John Paul the Great looks forward to bringing students back into the building full-time for Fall 2021! Applications are being accepted for the 2021-2022 school year, and we look forward to getting to know your family! Visit [www.jpthegreat.org](http://www.jpthegreat.org) for more information, to schedule a tour, or to begin your application today!

### VOCATIONS

"My grace is sufficient for you, for power is made perfect in weakness." God does not call the qualified, He qualifies the called. If you think He may be calling you to the priesthood or consecrated life, please contact Fr. Michael Isenberg at **703-841-2514** or [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org).

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## STEWARDSHIP

### SPONSOR ALTAR FLOWERS

We appreciate parishioners who sponsor our altar and tabernacle flowers in honor of or in memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Contact Tatyana at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange.

### SEEKING SPONSORSHIP FOR OUR 2022 CALENDAR

Our 2022 parish calendar is available for sponsorship! These calendars are made available to everyone who attends Mass at Our Lady of Lourdes. Past calendars have been dedicated in memory of a loved one, for a prayerful intention, or to commemorate a special occasion. Sponsorships can be provided by an individual or a group with a commitment of \$968.00. If you would like to sponsor the 2022 calendar, please contact Tatyana at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net).

### FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, and set up recurring payments on your own schedule. To sign up, scan the QR code on the cover of this bulletin, or visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

### STEWARDSHIP REFLECTION

"As the Lord spoke to me, the spirit entered me and set me on my feet, and I heard the one who was speaking say to me, 'Son of man, I am sending you...'" – EZEKIEL 2:2-3  
God has a plan for each of us, and He gives us the resources we need to do His work. Do not be afraid. God doesn't call the equipped, he equips the called. Answer His call.

### SPONSOR OF THE WEEK

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## PRO LIFE

### PRO-LIFE ROSARY

#### Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM in the church.

### DONATE & VOLUNTEER AT THE MARIH CENTER

The MaRiH Center is a pro-life crisis pregnancy service offering alternatives to abortion and assisting local pregnant women and their babies. We need help operating our Alexandria center, manning our phones, and sorting donations. Bilingual volunteers are especially appreciated! We also accept donations of baby clothes and baby care products. For volunteer opportunities and a list of our most needed items, please visit [www.marih.org](http://www.marih.org), or contact us at **703-370-4774** or [marihcenter@gmail.com](mailto:marihcenter@gmail.com).

### PROJECT RACHEL: HELP AFTER ABORTION

Do you know someone who may be carrying the grief, pain, and sorrow of an abortion? Please contact Project Rachel Healing Ministry for a confidential referral to a priest and/or counselor at **1-888-456-4673**, [info@helpafterabortion.org](mailto:info@helpafterabortion.org), or visit [www.helpafterabortion.org](http://www.helpafterabortion.org).

## JULY 4, 2021

### The 14<sup>th</sup> Sunday in Ordinary Time

#### WEEKLY MASS INTENTIONS

##### SATURDAY JULY 3

*St. Thomas, Apostle*

9:00 AM DeAnne Thornton +  
5:30 PM (Vigil) Louise Shields + by Duane Shields

##### SUNDAY JULY 4

*The 14<sup>th</sup> Sunday of Ordinary Time*

8:00 AM Michael Cronin + by David & Carole DeLong  
10:00 AM All Parishioners (L/D)  
12:00 PM Timothy Baldy  
5:00 PM (Spanish) TBD

##### MONDAY JULY 5

9:00 AM Mike & Michelle Tibbs  
by James & Maryellen Tibbs

##### TUESDAY JULY 6

6:45 AM Randy Gabler + by James & Maryellen Tibbs  
12:00 PM Charlotte Hicks

##### WEDNESDAY JULY 7

6:45 AM Andy & Liz Adams by James & Maryellen Tibbs  
12:00 PM John McHale + by Diane Dusza

##### THURSDAY JULY 8

6:45 AM Bill & Maureen Billerbeck +  
by James & Maryellen Tibbs  
12:00 PM Jerry Hardesty + by Eve Kramer

##### FRIDAY JULY 9

6:45 AM Paul Schendler by James & Maryellen Tibbs  
12:00 PM Diana DiGioia by Laura DeMaria

#### INDEPENDENCE DAY MASS & RECTORY HOURS

The Our Lady of Lourdes parish office will be closed in observance of Independence Day Monday, July 5. One Mass will be celebrated at 9:00 AM.

#### PLEASE PRAY FOR

**Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia,  
Ron Harris, Jim McManaman, & Jose Silva**

Names are published for one month. Please contact Tatyana at **703-684-9261** or **olol@ololcc.net** to arrange.

#### PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

#### MASS INTENTIONS—AVAILABILITIES IN JULY!

You can honor a friend, family member, or loved one with an Our Lady of Lourdes Mass! We accept intentions for all Masses except the 10:00 AM Sunday Mass. Contact Tatyana at **703-684-9261** or **olol@ololcc.net** to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

## COVID-19 NEWS

### DISPENSATION FROM SUNDAY MASS LIFTED

Effective June 26, 2021

Bishop Burbidge has lifted the dispensation from the Sunday Mass obligation in the Arlington Diocese effective Saturday, June 26, 2021. All Catholics in the diocese are once again obligated to attend Mass on Sundays (or Saturday Vigils) and Holy Days of Obligation. This obligation does not apply to those who are ill; those who have reason to believe that they were recently exposed to the coronavirus (or another serious or contagious illness); those who are confined to their home, a hospital, or nursing facility; or those with serious underlying health conditions. One should consult his or her local pastor if questions arise about the obligation to attend Mass. For current health and safety recommendations, please see the Arlington Diocese website for a COVID Resources and Response Guide for the Lay Faithful at [www.arlingtondiocese.org/coronavirus](http://www.arlingtondiocese.org/coronavirus).

### OUR LADY OF LOURDES COVID-19 SAFETY

Under the guidance of Bishop Burbidge, we have made the following updates to our COVID-19 safety policy:

- Masks are no longer required inside the church.
- Social distancing is no longer required inside the church.
- Missals and hymnals have returned to pews, and parishioners are encouraged to sing along with our choir.
- The Communion line will proceed down the center aisle.

Please continue to respect the following safety precautions:

- Receiving Communion via the hands is recommended.
- Confessions should be heard behind the screen.

### COVID-19 VACCINE: FREE WALK-IN CLINICS

Arlington County is offering free walk-in vaccine clinics with no appointments required. These clinic sites are open to all—not just Arlington residents! The clinics are offering the FIRST dose of the Moderna or Pfizer vaccines or the single dose Johnson & Johnson vaccine. The schedule rotates weekly. Find the current schedule at: [www.arlingtonva.us/covid-19/vaccines/registration](http://www.arlingtonva.us/covid-19/vaccines/registration)

## VOLUNTEER

### VOLUNTEER AT OUR LADY OF LOURDES

Everyone has a unique gift that can be shared with others. Our volunteers make the church ready for Mass, assist the priests in the liturgy, offer hospitality to our parishioners, and more! Scan the QR code on the cover of this bulletin or visit our volunteer page on [www.ololcc.net](http://www.ololcc.net) to learn more about our ministries.

### FREE CLINIC NEEDS MEDICAL PRACTITIONERS

Catholic Charities Mother of Mercy Free Medical Clinics needs doctors, nurses, and medical assistants. Please consider volunteering to help provide free, quality healthcare to low-income individuals who are uninsured or under-insured. If interested, visit <http://bit.ly/MoMnewvolunteer>. Thank you!

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