

OUR CHURCH

CONTACT

830 23rd Street South, Arlington, VA 22202
703-684-9261
olol@comcast.net
www.ololcc.net

CLERGY

Reverend Frederick H. Edlefsen, *Pastor*
Reverend Joseph R. Kenna, *Parochial Vicar*
Reverend Paul A. Berghout, *In Residence*

STAFF

Ms. Mary Beth Harney, *Director of Religious Education*
Mr. Tom Bartolomeo, *Director of Music*
Mrs. Janet Rowlands, *Office Manager*
Ms. Tatyana Rasmussen, *Sacramental Secretary*

RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM
Saturdays: Closed
Sundays: 9:30 AM – 1:00 PM

PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Registration forms are available in the entrance of the church and in the rectory office. Completed forms should be submitted to the rectory office (or put through our mail slot after business hours).

MASSES

Monday – Friday: 6:45 AM, 12:00 PM
Saturdays: 9:00 AM; 5:30 PM (Vigil Mass)
Sundays: 8:00 AM, 10:30 AM, 12:00 PM; 5:00 PM (Spanish)
Federal Holidays: 9:00 AM
Holy Days: 12:00 PM, 7:30 PM

CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM
Thursday: 12:30 PM – 1:00 PM
Saturdays: 4:00 PM – 5:00 PM
Sundays: 4:30 PM – 5:00 PM (Spanish)
Please contact our office for Confessions by appointment.

MIRACULOUS MEDAL NOVENA

Wednesdays: 12:30 PM

EUCCHARISTIC HOLY HOUR & BENEDICTION

First Friday of the Month: 12:30 PM – 1:30 PM

OUR SACRAMENTS

BAPTISM

Baptisms are performed in a group on the third Sunday of the month immediately following the 12:00 PM Mass, at roughly 1:00 PM. Please contact Ms. Tatyana Rasmussen at the rectory office to arrange.

FIRST COMMUNION

Sacramental preparation for First Communion is a 2-year process via CCD classes beginning in Grade 1 and ending in Grade 2. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information.

CONFIRMATION

Confirmation for children is a 2-year process via CCD classes beginning in Grade 6 and ending in Grade 8. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information. Adult Confirmation classes for individuals who have already received the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

RITE OF CHRISTIAN INITIATION (RCIA)

RCIA classes are available for adult parishioners in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

MARRIAGE

Please contact a priest 6 months prior to your intended wedding date to begin marriage preparation. An overview of the Arlington Diocese's marriage preparation policies is available on the diocesan website: www.arlingtondiocese.org.

ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

FUNERALS

Please contact the Rectory Office to arrange.

SPONSORSHIP REQUIREMENTS

For Godparents, Confirmation Sponsors, & Proxies

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

PRO-LIFE ROSARY

Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM at Our Lady of Lourdes.

YOUNG ADULT PRAISE & WORSHIP WITH FR. PASCAL

First Tuesdays | 8:00 PM – 9:00 PM | Our Lady of Lourdes

Come meet our new pastor, Fr. Edlefsen, and other young adults from across our diocese on July 7 and the first Tuesday of every month for evenings of praise and worship! Meetings are from 8:00 PM – 9:00 PM at Our Lady of Lourdes Church. Fr. Pascal will give a brief spiritual talk and hear confessions at each event.

CARD NIGHT

Thursdays | 6:00 PM – 9:00 PM | Our Lady of Lourdes

All are invited to join in for Bridge on Thursday evenings in the Grade 2 Classroom in the Parish Hall from 6:00 PM – 9:00 PM. Come over and play a few hands with fellow parishioners! If interested, please call the Rectory at 703-684-9261 to leave your name and number.

RELIGIOUS EDUCATION—CCD TEACHERS NEEDED!

Do you love your faith? Enjoy working with children? Please come help our Religious Education School Sunday mornings! Class times are listed below. Teachers must submit to a background check, attend a 4-hour Child Protection seminar, and sign an Oath of Fidelity to the Catholic faith. For more information, please contact Mary Beth Harney at dre@ololcc.net.

CCD classes meet every Sunday throughout the academic year. Preschool-grade 5 classes meet from 9:00 AM - 10:15 AM, grade 6-8 classes meet from 10:30 AM - 11:45 AM. High school students meet the last Sunday of each month from 10:30 AM - 12:30 PM. All classes are held in the parish hall. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on www.ololcc.net, or contact Mary Beth Harney at dre@ololcc.net.

ADULT EDUCATION SERIES—VOLUNTEERS NEEDED!

We need volunteers to help run our Adult Education classes. Be as involved as you like—from simply being the person to play the DVD to directing group discussion, or anything in between! For more information, please contact Mary Beth Harney at dre@ololcc.net.

GUADALUPE CATHOLIC RADIO

Tune in to Guadalupe Catholic Radio Network on 1160 AM!

DIOCESAN COVID-19 RESOURCES PAGE

Where to Live Stream Masses & More!

The Arlington Diocese has provided a Covid-19 resource page with links to livestreamed and recorded Masses, prayers, daily readings, and more! Please visit: www.arlingtondiocese.org/covid19resources.

DIOCESAN E-NEWSLETTER

Get the latest on our diocese's response to Covid-19 and all diocesan news straight to your inbox! Sign up for the Diocesan E-Newsletter at <http://bit.ly/CDAsignup>.

ASSISTANCE FOR VICTIMS OF SEXUAL ABUSE

The Catholic Diocese of Arlington provides assistance to anyone sexually abused as a minor by a priest, deacon, teacher, employee, or representative of the Arlington Diocese. Parents, guardians, children, and survivors of sexual abuse are encouraged to contact the diocesan Victim Assistance Coordinator to receive support, consultation, and referrals. Our diocese is committed to assisting victims/survivors throughout the healing process. For more information, please call 703-841-2530 or visit www.arlingtondiocese.org/Child-Protection.

DIOCESAN PODCASTS

Search for these Arlington diocese podcasts on your smart device!

The Walk Humbly Podcast: Hear Bishop Burbidge address recent Church news, listen to his homilies, and enjoy his mini reflections.

Searching for More: Listen to interviews and discussions on a range of topics affecting Catholics in today's world. Some podcasts will emanate from inspiring talks, speeches, homilies, and lectures given throughout the Diocese.

Arlington Catholic Herald Podcast: The Catholic Herald's weekly podcast takes you behind the scenes of the top local Catholic headlines. Listen for in-depth interviews with Catholic leaders and newsmakers, as well as stories of faith and inspiration.

VOLUNTEERS NEEDED: FREE MEDICAL CLINIC

Catholic Charities will open a second free medical clinic for poor, uninsured, and under-insured adults in late April and needs volunteer medical professionals and other volunteers to operate the clinic. The Mother of Mercy Free Medical Clinic, Woodbridge, will open at 13900 Church Hill, Woodbridge, VA 22191. Nurses and doctors, including internists, cardiologists, gynecologists, and other specialists, as well as nutritionists, physical therapists, and others are needed! To learn more, please contact Alexandra Luevano at **703- 335-2779 ext. 15** or alexandra.luevano@ccda.net.

LATIN MASSES AT ST. RITA IN ALEXANDRIA

Latin Masses are celebrated at St. Rita Parish (3815 Russell Road, Alexandria, VA 22305) every Tuesday and Thursday at 7:30 PM. Parishioners of Our Lady of Lourdes are most welcome to participate in these nearby Latin Masses!

2020 BISHOP'S LENTEN APPEAL

♦ **Less than \$10,000 to go!** We have raised **\$139,027.00** and reached **94%** of our parish goal of **\$148,000.00** with **21%** household participation as of May 28!

Have you made your pledge to the Bishop's Lenten Appeal? The BLA supports our Diocese in its mission of sharing the love and mercy of Christ through serving the needy, educating and forming youth, encouraging vocations, promoting a culture of life, and assisting the clergy, religious, and lay people who help build and strengthen our diocesan Church. After such marvelous generosity last year allowed Our Lady of Lourdes to reach our parish's monetary goal, our aim for 2020 is achieving the same success through an increase in the number of individual donations. **We are striving for 100% parishioner participation. Your support is more important than the amount—a donation of \$1.00 is just as vital as a larger sum, and helps us achieve our participation goal!** Please join us to continue God's work of spirituality, education, and charity. Learn more about the many ministries supported by the BLA and make your donation online at www.arlingtondiocese.org/bishops-lenten-appeal.

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own schedule. To sign up, please visit www.faithdirect.net and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

YOU CAN MAIL US YOUR OFFERTORY ENVELOPES!

Want to continue your weekly donations to our parish without signing up for Faith Direct online giving? Simply mail your offertory envelopes and contributions to our rectory office address:

Our Lady of Lourdes Catholic Church
830 23rd Street South
Arlington, VA 22202

STEWARDSHIP REFLECTION

"For my yoke is easy, and my burden light." (Matthew 11:30)

We may sometimes think that God is asking too much of us when He calls us to generously share our time, talent, and treasure. However, we must remember that we are not "owners" of anything; we are merely "stewards" of the gifts God has given us. All He is asking is that we give back a small portion, in gratitude, of what He has already given to us.

OUR LADY OF LOURDES POOR BOX

Did you know that we have a poor box located in the back of the church? All donations placed in our poor box are used to assist our less fortunate neighbors in covering essential expenses such as food, rent, utilities, prescriptions, etc. All recipients are pre-screened by the parish priests. Thank you for your charity!

SPONSOR OF THE WEEK

Clover Services: Plumbing, Heating, & Air Conditioning

SPONSOR ALTAR FLOWERS

You can sponsor altar and tabernacle flowers in honor of or in memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or lol@comcast.net to arrange.

Upcoming Weeks Available: July 12, July 19, July 26, August 2

FORMED: "THE CATHOLIC NETFLIX"

Free Catholic Films, Podcasts, Audio Books, & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy hundreds of Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; watch Catholic documentaries; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

RECENTLY MOVED?

Don't forget to inform the rectory office of your new address so you can continue to receive your offering envelopes! Please call Tatyana at 703-684-9261 or email lol@comcast.net.

HEARING DEVICES AVAILABLE AT MASS

Devices are available to assist those with hearing impairments at all Masses. If you need help hearing the liturgy, please speak to an usher prior to the beginning of Mass.

DONATE & VOLUNTEER AT THE MARIH CENTER

The MaRiH Center, a pro-life crisis pregnancy service offering alternatives to abortion, needs volunteers to assist pregnant women and their babies. We need help operating our Alexandria center, manning our phones, and providing resource outreach research. All training is provided. Weekday and Saturday shifts available. Bilingual volunteers are especially appreciated! We also accept donations of baby clothes and baby care products. If you have questions or would like to visit for a tour, please call us at **703-370-4774**. Learn more about the MaRiH Center at www.marih.org.

VOCATIONS

"You are the spirit, since the Spirit of God dwells in you." Is the Holy Spirit leading you to serve Christ and His Church as a priest, deacon, or in the consecrated life? Call Fr. Michael Isenberg at **703-841-2514** or write to michael.isenberg@arlingtondiocese.org.

PROJECT RACHEL: HELP AFTER ABORTION

Feeling haunted by a past abortion? If you are experiencing spiritual alienation, depression, grief, or suicidal thoughts relating to the loss of a child, you are invited into God's mercy and forgiveness! Please contact Project Rachel healing ministry for confidential care and assistance: **1-888-456-4673**, info@helpafterabortion.org, or visit www.helpafterabortion.org.

JULY 5, 2020

THE 14TH SUNDAY IN ORDINARY TIME

WEEKLY MASS INTENTIONS

SATURDAY VIGIL JULY 4

5:30 PM All Parishioners (L/D)

SUNDAY JULY 5

8:00 AM All Parishioners (L/D)

10:30 AM All Parishioners (L/D)

12:00 PM All Parishioners (L/D)

MONDAY JULY 6

6:45 AM Rev. Msgr. Robert E. Avella
by the Our Lady of Lourdes Legion of Mary, Mother
of Divine Grace Praesidium

12:00 PM Jack Smith +

TUESDAY JULY 7

6:45 AM Zeb Knott + by Rita Knott

12:00 PM Lillie Murdock +

WEDNESDAY JULY 8

6:45 AM Milton Espinoza + by Cecilia Martin

12:00 PM Iluminada dePaz + by the dePaz-Baleros Family

THURSDAY JULY 9

6:45 AM Transito Guzman + by Cecilia Martin

12:00 PM Patricia O'Rourke +

FRIDAY JULY 10

6:45 AM Benito Santiago Virgilio + by Cecilia Martin

12:00 PM Connie Malloy

SATURDAY JULY 11

St. Benedict, Abbot

9:00 AM All Parishioners (L/D)

PLEASE PRAY FOR

**Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia,
Ron Harris, Austin Metz, & Jose Silva**

Names published for one month. Contact the rectory to arrange.

FR. EDLEFSEN'S INSTALLATION MASS

Jul. 15 | 7:00 PM | Our Lady of Lourdes

All are invited to celebrate the arrival of Our Lady of Lourdes' new Pastor, Rev. Frederick H. Edlefsen! Bishop Burbidge will visit our parish to celebrate Fr. Edlefsen's installation Mass on Wednesday, July 15, at 7:00 PM. We welcome our new Pastor on this special occasion!

MASS INTENTIONS

Our Mass calendar is open through the end of 2020!

We are scheduling Mass intentions through December 31, 2020! Would you like to have a Mass offered for a special intention, in honor of a loved one, or for the repose of a soul? Contact the rectory office in person, via phone, or email to arrange. Daily 6:45 AM, 12:00 Noon, and Saturday 9:00 AM Masses only. Sunday Masses are not available. A voluntary donation of \$10.00 per Mass is suggested.

WEEKLY EVENT CALENDAR

SUNDAY JULY 5

MONDAY JULY 6

TUESDAY JULY 7

12:30 PM

Confessions (Church)

7:00 PM

Pro-Life Rosary (Church)

8:00 PM

Young Adult Praise & Worship (Church)

WEDNESDAY JULY 8

12:30 PM

Miraculous Medal Novena (Church)

THURSDAY JULY 9

12:30 PM

Confessions (Church)

FRIDAY JULY 10

SATURDAY JULY 11

10:00 AM

Baptism Class (Rectory) *Registration Required!*

4:00 PM

Confessions (Church)

SUNDAY JULY 12

4:30 PM

Spanish Confessions (Church)

REGULAR MASS SCHEDULE RESUMES

As of Saturday, July 4, 2020, we have resumed our regular schedule of Masses! All Masses are open to the public.

Parishioners are asked to take the following precautions in church:

- ◆ Church capacity must remain under 50%, or below 350 people
- ◆ Face masks must be worn inside the church
- ◆ A social distance of 6 feet must be maintained at all times, including while seated in pews and while in line for Communion
- ◆ Receiving Communion via the hands is recommended
- ◆ Confessions must be heard behind the screen

Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese. This dispensation continues through our reopening and is extended until further notice. Bishop Burbidge respectfully suggests that the following individuals continue to stay home on Sundays:

- ◆ those above the age of 65
- ◆ those with an increased risk due to health conditions
- ◆ anyone experiencing flu-like symptoms or who may have been exposed to COVID-19

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A sample prayer of Spiritual Communion follows:

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

For detailed health and safety recommendations, please see the Arlington Diocese website for an Arlington COVID Response Guide for the Lay Faithful: www.arlingtondiocese.org.