

JULY 18, 2021 \* 16TH SUNDAY IN ORDINARY TIME

I myself will gather the remnant of my flock...  
and bring them back to their meadow...  
*and none shall be missing, says the LORD.*



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OUR LADY  
*of* LOURDES

Arlington, Virginia



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at our parish

830 23rd Street South Arlington, VA 22202  
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## OUR CHURCH

### CLERGY

Reverend Frederick H. Edlefsen, *Pastor*  
Reverend Joseph R. Kenna, *Parochial Vicar*  
Reverend Paul A. Berghout, *In Residence*

### STAFF

Ms. Leigh Hasson, *Director of Religious Education*  
Mr. Tom Bartolomeo, *Director of Music*  
Ms. Marianne Rodriguez, *Office Manager*  
Ms. Tatyana Rasmussen, *Sacramental Secretary*

### RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM  
Saturday: Closed  
Sunday: 9:30 AM – 1:00 PM

### PARISHIONER REGISTRATION

If you are a Catholic residing within zip code 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Register online at [www.ololcc.net](http://www.ololcc.net). Paper registration forms are available in the entrance of the church and may be submitted to the parish office.

### MASSES

Monday – Friday: 6:45 AM, 12:00 PM  
Saturday: 9:00 AM; 5:30 PM (Vigil Mass)  
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)  
Federal Holidays: 9:00 AM  
Holy Days: 12:00 PM, 7:30 PM

### CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM  
Thursday: 12:30 PM – 1:00 PM  
Friday: 12:30 PM – 1:00 PM  
Saturday: 4:00 PM – 5:00 PM  
Sunday: 4:15 PM – 4:45 PM (Spanish)  
Please contact the parish for Confessions by appointment.

### DAILY ROSARY

Monday – Friday: 6:15 AM, 11:30 AM  
Saturday: 9:30 AM

### MIRACULOUS MEDAL NOVENA

Wednesday: 12:30 PM

### EXPOSITION OF THE BLESSED SACRAMENT & BENEDICTION

Friday: 12:30 PM – 3:00 PM

### COMMUNION FOR HOMEBOUND PARISHIONERS

If you are a homebound parishioner who would like to receive Communion or anointing of the sick, or if you know a parishioner who may be interested, please contact the parish office. All recommended COVID-19 safety precautions must be observed.

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## OUR SACRAMENTS

### BAPTISM

Children's Baptisms and Baptism Preparation Classes are arranged by appointment. Please visit our website at [www.ololcc.net](http://www.ololcc.net) to learn more and submit a request.

### CONFIRMATION

#### Children Grades 7 & 8: Religious Education (CCD)

Children are Confirmed in a two-year program via CCD classes in grades 7-8. Visit our website to register for CCD.

#### Young Adults Ages 14-17: RCIC

The Rite of Christian Initiation for Children (RCIC) is available via our Religious Education program for children ages 7-17 who need the three Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Please contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

#### Baptized Adults 18+

Adults who have received both the Sacraments of Baptism and Holy Communion are encouraged to contact our office for assistance in receiving the Sacrament of Confirmation.

### SPONSORSHIP REQUIREMENTS

#### Baptism Godparents & Confirmation Sponsors

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be sacramentally Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

### FIRST HOLY COMMUNION

Children receive First Holy Communion in a two-year program via CCD classes in grades 1-2. Visit our website to register for CCD.

### MARRIAGE

Please contact a priest 7-8 months prior to your intended wedding date to begin Marriage preparation. Learn more and submit a request for preparation on our website. The Arlington Diocese's Marriage policies are available at [www.arlingtondiocese.org](http://www.arlingtondiocese.org).

### BECOMING CATHOLIC & ADULT CONFIRMATION

The Rite of Christian Initiation for Adults (RCIA) is available for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall, and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Please visit our website to learn more and submit a request.

### ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

### FUNERALS

Please contact the Rectory Office to arrange.

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## OUR PARISH

### BABY BOTTLE FUNDRAISER RESULTS

Our parish raised \$6,026.18 through our Baby Bottle Fundraiser for A Best Choice Mobile Ultrasound and Pregnancy Resource Center! Thank you to everyone who made a donation, and special thanks to our Pro-Life Committee for organizing the effort. Learn more about A Best Choice at [www.abestchoice.us](http://www.abestchoice.us).

### INVITE OUR LADY OF LOURDES HOME FOR A VISIT

Our parish's Legion of Mary group is offering parishioners the opportunity to host the "Pilgrim Virgin" statue of Mary in their home for 1-2 weeks. Many blessings can arise from a visit from the Virgin! If interested, please contact the Legion of Mary via the Rectory office.

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## THE ARLINGTON DIOCESE

### GMU SUMMER NIGHTS WITH CAMPUS MINISTRY

**Jul. 22 & 29 | 7:00 PM | GMU Campus, Fairfax, VA**

All College students and graduated high school seniors: the Campus Ministry at George Mason University is hosting Summer Thursday Night Gatherings! Come hang out and meet new friends at the St. Robert Bellarmine Chapel (4515 Roberts Rd., Fairfax, VA 22032) on the GMU Campus at 7:00 PM on Thursdays July 22 & 29. To stay up to date on our upcoming events, like us on Facebook @College Summers with GMU CCM or follow us on Instagram: @catholic.patriot. To find out more, visit [www.gmuccm.org](http://www.gmuccm.org) or email [gmuccm@gmail.com](mailto:gmuccm@gmail.com).

### HEALING RETREAT: ADULT CHILDREN OF DIVORCE

**Jul. 30 – Aug. 1 | White Post, VA**

The Arlington Chapter of Life-Giving Wounds is hosting a three-day healing retreat focusing on overcoming the effects of parental divorce, forgiveness, and discovering our true identities as children of God. All adults who have experienced the divorce of a parent are welcome. The weekend includes presentations, small group sharing, adoration, spiritual direction, and Mass. The retreat will take place Friday, July 30, at 6:00 PM through Sunday, August 1, at 1:30 PM, and will be hosted at the San Damiano Retreat Center in White Post, VA. Tickets \$400.00. Register and learn more at [www.arlingtondiocese.org/healingretreat](http://www.arlingtondiocese.org/healingretreat).

### MORNINGS OF MERCY FOR DIVORCED CATHOLICS

**Aug. 7 | 8:30 AM – 11:30 AM | Blessed Sacrament, Alexandria**

Join fellow members of the Diocese who have gone through divorce in a series of Mornings of Mercy retreats. Mornings include Mass, talk, and Benediction. Retreats are led by Rev. Thomas P. Ferguson, Pastor of Good Shepherd. Our next meeting will be Saturday, August 7, 2021, from 8:30 AM - 11:30 AM at Blessed Sacrament (1427 W. Braddock Rd., Alexandria, VA 22302). The retreats are free, but please register/RSVP at [www.arlingtondiocese.org/mornings](http://www.arlingtondiocese.org/mornings).

### PRAISE & WORSHIP HOLY HOUR

**Aug. 10 | 7:30 PM – 8:30 PM | St. Leo the Great, Fairfax**

You are invited to an evening of praise and worship on Tuesday, August 10, from 7:30 PM - 8:30 PM at St. Leo the Great Catholic Church (3700 Old Lee Hwy, Fairfax, VA 22030). Fr. Stephen Vaccaro will lead us in prayer along with musicians Valerie and Rocco Repetski. Our special intention will be for healing in families, especially those wounded by abortion. Confession available. Learn more at [www.arlingtondiocese.org/healingandconversion](http://www.arlingtondiocese.org/healingandconversion).

### ONE DAY MISSION TRIPS: VEGGIE FARM GLEANING

**Next Trip: Aug. 14**

Commissioned by Christ is joining Catholic Charities of Arlington's St. Lucy Project to glean crops at Parker Farms on the northern neck of Virginia through a series of One-Day Mission trips. These vegetable farm gleaning mission trips are great family events, an opportunity to feed the hungry, and a great service project for church groups, bible studies, book clubs, and confirmation students. The 2021 mission trips will be Saturday, August 14; Saturday, September 11; Saturday, October 9; and Saturday, November 13, weather and crops permitting. Each trip is scheduled to start at 8:00 AM and end no later than 11:00 AM. You need not participate in all five events—just pick the mission trip(s) that fit your schedule! For more info and to sign up, please visit [www.commissionedbychrist.org](http://www.commissionedbychrist.org) and click on "Get Involved" and "Volunteer Locally." Or email coordinator Tom Pedagno at [tcp167@verizon.net](mailto:tcp167@verizon.net).

### ANNUAL FATHER CAPODANNO MASS

**Sept. 7 | 6:30 PM | Basilica of the National Shrine of the Immaculate Conception, DC**

The Memorial Mass for Father Vincent R. Capodanno, MM, will take place at 6:30 PM Tuesday, September 7, 2021, in the Crypt Church of the Basilica of the National Shrine of the Immaculate Conception (400 Michigan Ave. NE, Washington, DC 20017). His Excellency, the Most Reverend Timothy P. Broglio, J.C.D., Archbishop for the Archdiocese for the Military Services, will be the main celebrant. This annual Mass is celebrated in memory of Father Capodanno, killed in Vietnam on September 4, 1967, as he aided embattled Marines. Father Capodanno posthumously received the Medal of Honor, and, in May 2006, the Catholic Church officially proclaimed him a Servant of God and thus formally initiated his Cause for Canonization. For more information, visit [www.CapodannoGuild.org](http://www.CapodannoGuild.org). All are invited to attend the Memorial Mass on the 54th anniversary of his death. There will be open seating, so please plan to arrive early. Military members are encouraged to wear uniform of the day, and business attire is appropriate for civilians.

### BISHOP'S PODCAST: WALK HUMBLY

Hosted by Bishop Michael F. Burbidge, the 'Walk Humbly Podcast' spreads the Gospel through interviews and discussions about faith, family, and Catholic culture. Bishop Burbidge offers a Catholic perspective on the most recent events in the news and our society, and he answers questions from the faithful (it's the Bishop's favorite segment!). Tune in via your favorite podcast app, or at [www.arlingtondiocese.org/bishop/on-the-air](http://www.arlingtondiocese.org/bishop/on-the-air).

## A WEEKEND RETREAT FOR A LIFELONG MARRIAGE

Sep. 24-26 | Virtual

The Worldwide Marriage Encounter Experience is a chance for you and your spouse to look deeply into your relationship with each other and with God. In one weekend, you can learn a technique for communication that will keep your marriage on the right track to be healthy for life. Register now to join the upcoming virtual Worldwide Marriage Encounter Weekend September 24-26, 2021. For more information and additional retreats, please visit [www.RenewMarriage-VANorth.org](http://www.RenewMarriage-VANorth.org) or contact us at [applications@renewmarriage-vanorth.org](mailto:applications@renewmarriage-vanorth.org) or 703-646-1521.

## ENGLISH, COMPTIA, CITIZENSHIP, & GED CLASSES

Catholic Charities' Education and Workforce development program offers English, Citizenship preparation, GED, Computer Literacy, ESOL for Childcare, and CompTIA classes. Registration for classes begins in August. Classes will be available in person in Manassas, Sterling, and Alexandria, as well as online. Many class levels and schedule options! Classes have low fees with some financial assistance available. For more information, call the Education and Workforce Development office at 571-208-1572 or email [ewd1@ccda.net](mailto:ewd1@ccda.net).

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## RELIGIOUS EDUCATION

### RELIGIOUS EDUCATION: CCD

**Register now—classes begin Sept. 12!**

Please visit [www.ololcc.net](http://www.ololcc.net) to register your child for our 2021-22 CCD Program starting September 12. Classes for the 2021-22 school year will be held in-person on Sunday mornings in our parish hall and supplemented with additional events through the year. The 2021-22 CCD calendar and registration form are available on our website. Please visit [www.ololcc.net](http://www.ololcc.net) or contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

### READY TO JOIN THE CATHOLIC CHURCH?

**RCIA Begins September 20!**

Adults who wish to become Catholic, or who are in need of First Holy Communion and Confirmation, and anyone interested in learning more about the Catholic faith, are all invited to join our RCIA program beginning Monday, September 20. Please register at [ololcc.net](http://ololcc.net) or call the parish office for more information.

### FORMED: "THE CATHOLIC NETFLIX"

**Free Catholic Films, Podcasts, Audio Books, & More!**

As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED, a Catholic media streaming service! Enjoy Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Explore the lives of priests, popes, and saints; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to [formed.org/signup](http://formed.org/signup) and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your subscription is provided by Our Lady of Lourdes and the Arlington Diocese.

## JOHN PAUL THE GREAT IN-PERSON LEARNING

Saint John Paul the Great looks forward to bringing students back into the building full-time for Fall 2021! Applications are being accepted for the 2021-2022 school year, and we look forward to getting to know your family! Visit [www.jpthegreat.org](http://www.jpthegreat.org) for more information, to schedule a tour, or to begin your application today!

## VOCATIONS

"He had compassion for them, because they were like sheep without a shepherd." Will you serve Christ's flock as a priest, deacon, or in the consecrated life? Contact Fr. Michael Isenberg at 703-841-2514 or [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org).

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## STEWARDSHIP

### FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, and set up recurring payments on your own schedule. To sign up, scan the QR code on the cover of this bulletin, or visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

### SUPPORT SEMINARIAN EDUCATION

Foster the growth of our Arlington Diocese seminarians through the Seminarian Education Endowment Fund (SEEF)! SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance, and books, which total almost \$45,000.00 per seminarian. You can help these young men live their vocations! To donate, please mail a check payable to: "Foundation for the CDA - SEEF" to The Foundation, 200 North Glebe Road, Suite 811, Arlington, VA 22203 or give online at [www.arlingtondiocese.org/Donate\\_SEEF](http://www.arlingtondiocese.org/Donate_SEEF). Please contact Gretchen Koch at [g.koch@arlingtondiocese.org](mailto:g.koch@arlingtondiocese.org) or 703-841-3819 with questions.

### LEAVE A LEGACY OF LOVE & FAITH

Your last will and testament can leave a legacy of your faith by helping to pass it on to others. When drafting your will, after taking care of your loved ones, you may consider naming Our Lady of Lourdes parish and/or the Catholic Diocese of Arlington as a recipient of your estate. For more information, please contact the Diocesan Planned Giving Office at 703-841-3819 or visit [www.arlingtondiocese.planyourlegacy.org](http://www.arlingtondiocese.planyourlegacy.org).

### STEWARDSHIP REFLECTION

"He said to them, 'Come away by yourselves to a deserted place and rest a while.'" – MARK 6:31

Do you spend time every day, alone and in silence, listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and, more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year; spend some "alone time" with God.

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**JULY 18, 2021**

**The 16<sup>th</sup> Sunday in Ordinary Time**

**WEEKLY MASS INTENTIONS**

**SATURDAY JULY 17**

9:00 AM Maria Mendieta  
5:30 PM (Vigil) David & Anna Marie Rasmussen by  
Ron & Dee Artim

**SUNDAY JULY 18**

*The 16<sup>th</sup> Sunday of Ordinary Time*

8:00 AM The Souls of the Faithful Departed +  
10:00 AM All Parishioners (L/D)  
12:00 PM John Walsh + by Sean Walsh  
5:00 PM (Spanish) TBD

**MONDAY JULY 19**

6:45 AM Nick Vetrano by Janet Vetrano  
12:00 PM Justa Songco by Juana Songco

**TUESDAY JULY 20**

6:45 AM Nick Vetrano by Janet Vetrano  
12:00 PM Eleonore Rickover +  
by our Eucharistic Ministers

**WEDNESDAY JULY 21**

6:45 AM The Souls of the Faithful Departed +  
12:00 PM Joan Buonanno + by our Eucharistic Ministers

**THURSDAY JULY 22**

*St. Mary Magdalene*

6:45 AM The Souls of the Faithful Departed +  
12:00 PM Marguerite Stone by our Eucharistic Ministers

**FRIDAY JULY 23**

6:45 AM The Souls of the Faithful Departed +  
12:00 PM Sara Mendieta +

**PLEASE PRAY FOR**

**Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia,  
Ron Harris, Jim McManaman, & Jose Silva**

Names are published for one month. Please contact Tatyana at  
**703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange.

**PRAYER CHAIN**

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

**MASS INTENTIONS—AVAILABILITIES THIS MONTH!**

You can honor a friend, family member, or loved one with an Our Lady of Lourdes Mass! We accept intentions for all Masses except the 10:00 AM Sunday Mass. Contact Tatyana at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

**THIS WEEK'S ALTAR FLOWERS WERE PROVIDED...**

**In Loving Memory of Fedora Saunders**

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one, or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange.

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**VOLUNTEER**

**VOLUNTEER AT OUR LADY OF LOURDES**

Everyone has a unique gift that can be shared with others. Our volunteers make the church ready for Mass, assist the priests in the liturgy, offer hospitality to our parishioners, and more! Scan the QR code on the cover of this bulletin or visit our volunteer page on [www.ololcc.net](http://www.ololcc.net) to learn more about our ministries.

**FREE CLINIC NEEDS MEDICAL PRACTITIONERS**

Catholic Charities Mother of Mercy Free Medical Clinics needs doctors, nurses, and medical assistants. Please consider volunteering to help provide free, quality healthcare to low-income individuals who are uninsured or under-insured. If interested, visit <http://bit.ly/MoMnewvolunteer>. Thank you!

**VOLUNTEER OPPORTUNITIES TO TEACH ADULTS**

Education and Workforce Development of Catholic Charities is seeking teachers, co-teachers, and tutors for Citizenship, GED Prep, and Workforce Development. In-person and online opportunities available! Classes begin in August and September. We provide all training, as well as the curriculum and resources. No second language necessary. If interested, please contact Education and Workforce Development at **571-208-1572**, or email us at [volunteer.newcomer@ccda.net](mailto:volunteer.newcomer@ccda.net).

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**PRO LIFE**

**PRO-LIFE ROSARY**

**Tuesdays | 7:00 PM | Our Lady of Lourdes**

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM in the church.

**PROJECT RACHEL: HELP AFTER ABORTION**

Are you experiencing feelings of shame, guilt, regret, and sadness concerning an abortion? Project Rachel can help with confidential referrals to trained clergy, counselors, retreats, and more. Contact Project Rachel at **1-888-456-4673**, [info@helpafterabortion.org](mailto:info@helpafterabortion.org), or visit [www.helpafterabortion.org](http://www.helpafterabortion.org).




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