

OUR CHURCH

CONTACT

830 23rd Street South, Arlington, VA 22202
703-684-9261
olol@ololcc.net
www.ololcc.net

CLERGY

Reverend Frederick H. Edlefsen, *Pastor*
Reverend Joseph R. Kenna, *Parochial Vicar*
Reverend Paul A. Berghout, *In Residence*

STAFF

Ms. Mary Beth Harney, *Director of Religious Education*
Mr. Tom Bartolomeo, *Director of Music*
Ms. Marianne Rodriguez, *Office Manager*
Ms. Tatyana Rasmussen, *Sacramental Secretary*

RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM
Saturday: Closed
Sunday: 9:30 AM – 1:00 PM

PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Registration forms are available in the entrance of the church and in the rectory office. Completed forms should be submitted to the rectory office (or put through our mail slot after business hours).

MASSES

Monday – Friday: 6:45 AM, 12:00 PM
Saturday: 9:00 AM; 5:30 PM (Vigil Mass)
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)
Federal Holidays: 9:00 AM
Holy Days: 12:00 PM, 7:30 PM

CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM
Thursday: 12:30 PM – 1:00 PM
Saturday: 4:00 PM – 5:00 PM
Sunday: 4:15 PM – 4:45 PM (Spanish)
Please contact our office for Confessions by appointment.

MIRACULOUS MEDAL NOVENA

Wednesday: 12:30 PM

EUCCHARISTIC HOLY HOUR & BENEDICTION

First Friday of the Month: 12:30 PM – 1:30 PM

OUR SACRAMENTS

BAPTISM

Baptisms are performed in a group on the third Sunday of the month immediately following the 12:00 PM Mass, at roughly 1:00 PM. Please contact Ms. Tatyana Rasmussen at the rectory office to arrange.

FIRST COMMUNION

Sacramental preparation for First Communion is a 2-year process via CCD classes beginning in Grade 1 and ending in Grade 2. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information.

CONFIRMATION

Confirmation for children is a 2-year process via CCD classes beginning in Grade 6 and ending in Grade 8. Please contact Ms. Mary Beth Harney at dre@ololcc.net for more information. Adult Confirmation classes for individuals who have already received the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

RITE OF CHRISTIAN INITIATION (RCIA)

RCIA classes are available for adult parishioners in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Please contact Ms. Tatyana Rasmussen at the rectory office to register.

MARRIAGE

Please contact a priest 6 months prior to your intended wedding date to begin marriage preparation. An overview of the Arlington Diocese's marriage preparation policies is available on the diocesan website: www.arlingtondiocese.org.

ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

FUNERALS

Please contact the Rectory Office to arrange.

SPONSORSHIP REQUIREMENTS

For Godparents, Confirmation Sponsors, & Proxies

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

PRO-LIFE ROSARY

Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM at Our Lady of Lourdes.

YOUNG ADULT PRAISE & WORSHIP WITH FR. PASCAL

First Tuesdays | 8:00 PM – 9:00 PM | Our Lady of Lourdes

Come meet our new pastor, Fr. Edlefsen, and other young adults from across our diocese on August 4 and the first Tuesday of every month for evenings of praise and worship! Meetings are from 8:00 PM – 9:00 PM at Our Lady of Lourdes Church. Fr. Pascal will give a brief spiritual talk and hear confessions at each event.

CARD NIGHT

Thursdays | 6:00 PM – 9:00 PM | Our Lady of Lourdes

All are invited to join in for Bridge on Thursday evenings in the Grade 2 Classroom in the Parish Hall from 6:00 PM – 9:00 PM. Come over and play a few hands with fellow parishioners! If interested, please call the Rectory at 703-684-9261 to leave your name and number.

RELIGIOUS EDUCATION—CCD TEACHERS NEEDED!

Do you love your faith? Enjoy working with children? Please come help our Religious Education School Sunday mornings! Class times are listed below. Teachers must submit to a background check, attend a 4-hour Child Protection seminar, and sign an Oath of Fidelity to the Catholic faith. For more information, please contact Mary Beth Harney at dre@ololcc.net.

CCD classes meet every Sunday throughout the academic year. Preschool-grade 5 classes meet from 9:00 AM - 10:15 AM, grade 6-8 classes meet from 10:30 AM - 11:45 AM. High school students meet the last Sunday of each month from 10:30 AM - 12:30 PM. All classes are held in the parish hall. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on www.ololcc.net, or contact Mary Beth Harney at dre@ololcc.net.

ADULT EDUCATION SERIES—VOLUNTEERS NEEDED!

We need volunteers to help run our Adult Education classes. Be as involved as you like—from simply being the person to play the DVD to directing group discussion, or anything in between! For more information, please contact Mary Beth Harney at dre@ololcc.net.

HEARING DEVICES AVAILABLE AT MASS

Devices are available to assist those with hearing impairments at all Masses. If you need help hearing the liturgy, please speak to an usher prior to the beginning of Mass.

DIOCESAN COVID-19 RESOURCES PAGE

Where to Live Stream Masses & More!

The Arlington Diocese has provided a Covid-19 resource page with links to livestreamed and recorded Masses, prayers, daily readings, and more! Please visit: www.arlingtondiocese.org/covid19resources.

DIOCESAN E-NEWSLETTER

Get the latest on our diocese's response to Covid-19 and all diocesan news straight to your inbox! Sign up for the Diocesan E-Newsletter at <http://bit.ly/CDAsignup>.

DIOCESAN PODCASTS

Search for these Arlington diocese podcasts on your smart device!

The Walk Humbly Podcast: Hear Bishop Burbidge address recent Church news, listen to his homilies, and enjoy his mini reflections.

Searching for More: Listen to interviews and discussions on a range of topics affecting Catholics in today's world. Some podcasts will emanate from inspiring talks, speeches, homilies, and lectures given throughout the Diocese.

Arlington Catholic Herald Podcast: The Catholic Herald's weekly podcast takes you behind the scenes of the top local Catholic headlines. Listen for in-depth interviews with Catholic leaders and newsmakers, as well as stories of faith and inspiration.

DIVORCED CATHOLICS: MORNINGS OF MERCY

Aug. 8 | 8:30 AM – 11:30 AM | Blessed Sacrament

Divorced Catholics are invited to Mornings of Mercy at Blessed Sacrament. Join us on August 8 from 8:30 AM - 11:30 AM for Mass, prayer, Benediction, and a reflection led by Fr. Thomas Ferguson, pastor of Good Shepherd. Blessed Sacrament is located at 1427 West Braddock Road, Alexandria, VA 22302. The retreats are free, but please RSVP at www.arlingtondiocese.org/morningsofmercy.

RETREAT FOR ADULT CHILDREN OF DIVORCE

Recovering Origins is a unique healing retreat for adult children of divorce where retreatants discover their identity as children of God. Retreatants will receive insight into dealing with the earthly realities of their parents' divorce. Whether you have struggled with this issue for a long time or have tried not to think about it, we invite you to join us this summer. The next Recovering Origins retreat will be held from 6:00 PM Friday, August 21 – 1:30 PM Sunday, August 23 at San Damiano Spiritual Life Center in White Post, VA. The retreat includes presentations, adoration, confession, small group sharing, and daily Mass. Register at www.arlingtondiocese.org/recoveringorigins. \$350.00 before July 31, and \$400.00 thereafter.

ATTENTION: INCOMING COLLEGE FRESHMEN

College Campus Ministries depend on summer orientation to learn the names of the incoming freshmen. With many of these orientations cancelled, CCMs do not have the ability to reach out to your students in the Fall! Please complete this survey so that we can get your graduate connected to the Catholic Campus Ministry at their school: www.surveymonkey.com/r/Z9PXMQD

SECOND COLLECTION NEXT WEEKEND

Aug. 1 & 2: Maintenance & Improvement Fund

Help us keep our church strong, safe, clean, and comfortable by donating to our parish Maintenance and Improvement Fund! Your donations will help us cover the costs of extra cleaning supplies and equipment, contracts with professional disinfecting services, and hiring extra personnel to combat COVID-19. Thank you!

2020 BISHOP'S LENTEN APPEAL

♦ **Less than \$7,000 to go!** We have raised **\$141,867.00** and reached **96%** of our parish goal of **\$148,000.00** with **23%** household participation as of June 25!

Have you made your pledge to the Bishop's Lenten Appeal? The BLA supports our Diocese in its mission of sharing the love and mercy of Christ through serving the needy, educating and forming youth, encouraging vocations, promoting a culture of life, and assisting the clergy, religious, and lay people who help build and strengthen our diocesan Church. After such marvelous generosity last year allowed Our Lady of Lourdes to reach our parish's monetary goal, our aim for 2020 is achieving the same success through an increase in the number of individual donations. **We are striving for 100% parishioner participation. Your support is more important than the amount—a donation of \$1.00 is just as vital as a larger sum, and helps us achieve our participation goal!** Please join us to continue God's work of spirituality, education, and charity. Learn more about the many ministries supported by the BLA and make your donation online at www.arlingtondiocese.org/bishops-lenten-appeal.

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own schedule. To sign up, please visit www.faithdirect.net and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

STEWARDSHIP REFLECTION

"We know that all things work for good for those who love God, who are called according to his purpose." (Romans 8:28)

Do you really trust God? Do you really believe that God will provide all that you need? Faith is a challenge for everyone at times. Putting our trust in God, in everything we do, in good times and in bad, means we accept that God's plan for our lives may be quite different than what we planned. When one door closes, another one opens. Trust in God; His plan is always better.

NEW PARISH EMAIL: OLOL@OLOLCC.NET

Our Lady of Lourdes has a new parish email! Please update your address books. Our office is now receiving emails at: olol@ololcc.net. Please direct all inquiries to this new email address.

SPONSOR OF THE WEEK

Athena Pallas Restaurant

BISHOP'S MASS FOR MENTAL HEALTH WORKERS

Aug. 22 | 9:00 AM | Cathedral of St. Thomas More

Bishop Michael Burbidge will celebrate a Mass for Mental Health Workers at 9:00 AM on Saturday, August 22, 2020, at the Cathedral of St. Thomas More (3901 Cathedral Lane, Arlington, VA 22203). This Mass is open to all. Those who support people with mental health conditions, including those who work with families affected by opioids or other addictions, are especially encouraged to attend!

FORMED: "THE CATHOLIC NETFLIX"

Free Catholic Films, Podcasts, Audio Books, & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy hundreds of Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; watch Catholic documentaries; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

OUR LADY OF LOURDES POOR BOX

All donations placed in our poor box in the back of our church are used to assist our less fortunate neighbors in covering essential expenses such as food, rent, utilities, prescriptions, etc. All recipients are pre-screened by the parish priests. Thank you for your charity!

VOCATIONS

"Ask and you shall receive. Seek and you shall find. Knock and it will be opened to you." Ask in prayer to know your vocation! Seek and find ways to serve! Knock on the doors of those who can help guide you! Might God be offering you the grace of a vocation to the priesthood or the consecrated life? Call Fr. Michael Isenberg at **703-841-2514** or write to michael.isenberg@arlingtondiocese.org.

DONATE & VOLUNTEER AT THE MARIH CENTER

The MaRiH Center, a pro-life crisis pregnancy service offering alternatives to abortion, needs volunteers to assist pregnant women and their babies. We need help operating our Alexandria center, manning our phones, and providing resource outreach research. All training is provided. Weekday and Saturday shifts available. Bilingual volunteers are especially appreciated! We also accept donations of baby clothes and baby care products. If you have questions or would like to visit for a tour, please call us at **703-370-4774**. Learn more about the MaRiH Center at www.marih.org.

PROJECT RACHEL: HELP AFTER ABORTION

"Do not give in to discouragement and do not lose hope. The Father of mercies is ready to give you His forgiveness and His peace in the sacrament of Reconciliation." (The Gospel of Life, Pope Saint John Paul II) You are invited to heal from the pain of abortion. For a confidential referral to a priest and/or counselor, please contact Project Rachel at **1-888-456-4673**, info@helpafterabortion.org, or visit www.helpafterabortion.org.

JULY 26, 2020

THE 17TH SUNDAY IN ORDINARY TIME

WEEKLY MASS INTENTIONS

SATURDAY VIGIL JULY 25

5:30 PM All Parishioners (L/D)

SUNDAY JULY 26

8:00 AM All Parishioners (L/D)

10:00 AM All Parishioners (L/D)

12:00 PM All Parishioners (L/D)

5:00 PM (Spanish) All Parishioners (L/D)

MONDAY JULY 27

6:45 AM John & Marge Shaughnessy +

12:00 PM Cira Carbo De Tirado + by Cecilia Martin

TUESDAY JULY 28

6:45 AM The Springer Family (L/D)

12:00 PM Victor Enrique Tirado Bonilla + by Cecilia Martin

WEDNESDAY JULY 29

St. Martha

6:45 AM The Residents of Regency Care (L/D)

12:00 PM Mr. & Mrs. John Firko + by Diane Dusza

THURSDAY JULY 30

6:45 AM Isabel Saenz Montañez + by Cecilia Martin

12:00 PM Justa Songco by Juana Songco

FRIDAY JULY 31

St. Ignatius of Loyola, Priest

6:45 AM Prospine Dende + by Maryann Rowe

12:00 PM Teodoro Liñan Rodriguez + by Cecilia Martin

SATURDAY AUGUST 1

St. Alphonsus Liguori, Bishop & Doctor of the Church

9:00 AM Michaela Bonilla + by Cecilia Martin

THIS WEEK'S ALTAR FLOWERS WERE PROVIDED...

In Loving Memory of Roberta Clara Beriganti Abbruzzese By Michael & Linda Abbruzzese

You can sponsor altar and tabernacle flowers in honor of or in memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or **olol@ololcc.net** to arrange.

Upcoming Weeks Available: Aug. 2, Aug. 9, Aug. 16, Aug. 23, Aug. 30

PLEASE PRAY FOR

Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, Austin Metz, & Jose Silva

Names published for one month. Contact the rectory to arrange.

RECENTLY MOVED?

Don't forget to inform the rectory office of your new address so you can continue to receive your offering envelopes! Please call Tatyana at 703-684-9261 or email olol@ololcc.net.

WEEKLY EVENT CALENDAR

SUNDAY JULY 26

4:30 PM Spanish Confessions (Church)

MONDAY JULY 27

TUESDAY JULY 28

12:30 PM Confessions (Church)

7:00 PM Pro-Life Rosary (Church)

WEDNESDAY JULY 29

12:30 PM Miraculous Medal Novena (Church)

THURSDAY JULY 30

12:30 PM Confessions (Church)

FRIDAY JULY 31

SATURDAY AUGUST 1

4:00 PM Confessions (Church)

SUNDAY AUGUST 2

4:30 PM Spanish Confessions (Church)

REGULAR PUBLIC MASS SCHEDULE RESUMES

We have resumed our regular schedule of Masses! All Masses are open to the public.

Parishioners are asked to take the following precautions in church:

- ◆ Face masks must be worn inside the church
- ◆ A social distance of 6 feet must be maintained at all times, including while seated in pews and while in line for Communion
- ◆ Receiving Communion via the hands is recommended
- ◆ Confessions must be heard behind the screen

Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese. This dispensation continues through our reopening and is extended until further notice.

Bishop Burbidge respectfully suggests that the following individuals continue to stay home on Sundays:

- ◆ those above the age of 65
- ◆ those with an increased risk due to health conditions
- ◆ anyone experiencing flu-like symptoms or who may have been exposed to COVID-19

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A sample prayer of Spiritual Communion follows:

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

For detailed health and safety recommendations, please see the Arlington Diocese website for an Arlington COVID Response Guide for the Lay Faithful: www.arlingtondiocese.org.

GUADALUPE CATHOLIC RADIO

Tune in to Guadalupe Catholic Radio Network on 1160 AM!