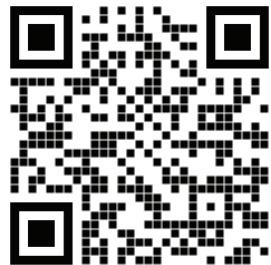


AUGUST 7, 2022 * THE 19TH SUNDAY IN ORDINARY TIME

So it was that there came forth from one man (...)
descendants as numerous as the stars in the sky
and as countless as the sands on the seashore.



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OUR CHURCH

CLERGY

Reverend Frederick H. Edlefsen, *Pastor*
Reverend Joseph R. Kenna, *Parochial Vicar*
Reverend Daniel L. Mode, *In Residence*
Reverend Steven R. Walker, *In Residence*

STAFF

Ms. Leigh Hasson, *Director of Religious Education*
Mr. Tom Bartolomeo, *Director of Music*
Ms. Marianne Rodriguez, *Office Manager*
Ms. Tatyana Rasmussen, *Sacramental Secretary*
Mr. Beauvais Bellevue, *Facilities Manager*

RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM; 12:30 PM – 4:00 PM
Saturday: Closed
Sunday: 9:30 AM – 1:00 PM

PARISHIONER REGISTRATION

If you are a local Catholic, please register as our parishioner! Visit www.ololcc.net and click “I’m New” for a registration form.

MASSES

Monday – Friday: 6:45 AM, 12:00 PM
Saturday: 9:00 AM; 5:30 PM Vigil
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)
Independence Day and Thanksgiving Day: 10:00 AM
All Other Federal Holidays: 9:00 AM
Holy Days: 7:00 PM Vigil, 6:45 AM, 12:00 PM, 7:00 PM

CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM
Thursday: 12:30 PM – 1:00 PM
Friday: 12:30 PM – 1:00 PM
Saturday: 4:00 PM – 5:00 PM
Sunday: 4:15 PM – 4:45 PM (Spanish)
Please contact the parish office for Confessions by appointment.

DAILY ROSARY

Monday – Friday: 6:15 AM, 11:30 AM
Saturday: 9:30 AM

PARISH DEVOTIONS

Miraculous Medal Novena * Wednesday: 12:30 PM
Litany of the Sacred Heart * Friday: 12:30 PM
Divine Mercy Chaplet * Friday: 3:00 PM

EXPOSITION OF THE BLESSED SACRAMENT

Friday: 12:30 PM – 3:00 PM

COMMUNION FOR HOMEBOUND PARISHIONERS

Homebound parishioners who would like to receive Communion or anointing of the sick may contact the parish office.

OUR SACRAMENTS

BAPTISM

Children’s Baptisms and Baptism Preparation Classes are arranged by appointment. Visit www.ololcc.net and click “Mass & More” and “Baptism” to submit a request.

FIRST HOLY COMMUNION

Children in grades 1-2 receive First Holy Communion in a two-year program via CCD classes. Visit www.ololcc.net and click “Get Involved” and “Religious Education” to register for CCD.

CONFIRMATION

Children Grades 7 & 8: Religious Education (CCD)

Children in grades 7-8 are Confirmed in a two-year program via CCD classes. Visit www.ololcc.net and click “Get Involved” and “Religious Education” to register for CCD.

Young Adults Ages 14-17: RCIC

The Rite of Christian Initiation for Children (RCIC) is available for children ages 7-17 who need the three Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Please contact Leigh Hasson at dre@ololcc.net for more information.

Baptized Adults 18+

Adults who have received both the Sacraments of Baptism and Holy Communion are encouraged to contact our office for assistance in receiving the Sacrament of Confirmation.

BECOMING CATHOLIC & ADULT CONFIRMATION

The Rite of Christian Initiation for Adults (RCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall, and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Visit www.ololcc.net and click “Get Involved” and “Explore Catholicism” to register.

SPONSORSHIP REQUIREMENTS

Baptism Godparents & Confirmation Sponsors

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If Married, must be sacramentally Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

MARRIAGE

Please contact a priest 7-8 months prior to your intended wedding date to begin Marriage preparation. Submit a request at www.ololcc.net under “Mass & More” and “Marriage Prep.”

ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

FUNERALS

Please contact the Rectory Office to arrange.

OUR PARISH

RCIA INFORMATION FAIR THIS WEEKEND!

Members of our community will be available after all Masses this weekend August 6-7 to share information about our RCIA program. If you are an adult interested in receiving the sacraments of Baptism, Holy Communion, and Confirmation, please stop by! Details and registration for RCIA classes beginning September 19 are on our website.

AUGUST FOOD DRIVE

Aug. 20-28

Our Lady of Lourdes Helping Hands volunteers will be collecting nonperishables for Christ House Food Pantry the weekends of August 20-21 and August 27-28.

*****Please no bulk items! Items are separately placed in food bags for distribution!**

Christ House suggests the following items.

- ◆ Ground coffee and creamer
- ◆ Boxed breakfast cereals
- ◆ Oatmeal
- ◆ Peanut butter (16 oz.) and Jelly (15-18 oz.)
- ◆ Canned chicken, corned beef, and spam
- ◆ Canned vegetables (15 oz.)
- ◆ Canned fruits (15 oz.)
- ◆ Canned pasta and chili (15 oz.)
- ◆ Dried pasta and pasta sauce
- ◆ Macaroni & cheese (7.25 oz.)
- ◆ Red kidney beans, black beans, and baked beans (15 oz.)
- ◆ Diced or stewed tomatoes, tomato sauce (15 oz.)
- ◆ Sugar, white or brown (32 oz. or 80 oz.)
- ◆ Flour, white or wheat, and Instant Corn Masa Flour
- ◆ Canola oil and vegetable oil (48 oz.)
- ◆ Toilet paper

Place donations in the collection bins in the church entrance on the designated weekends. Christ House provides food for low-income households, children, the elderly, and the homeless in Alexandria and surrounding areas. Learn more about Christ House at www.cdda.net. Thanks for helping to feed the hungry!

THE ARLINGTON DIOCESE

LATIN MASSES AT ST. RITA IN ALEXANDRIA

Latin Masses are celebrated at St. Rita Parish in Alexandria every Sunday at 9:15 AM, and on Tuesday and Thursday at 7:30 PM.

PRAISE & WORSHIP HOLY HOUR

Aug. 9 * 7:30 PM – 8:30 PM * St. Leo the Great, Fairfax

You are invited to an evening of praise and worship on Tuesday, July 12, from 7:30 PM - 8:30 PM at St. Leo the Great Catholic Church in Fairfax. This Holy Hour will be led by Fr. Paul Scalia and will feature music by Kenny Kohlhaas. Our special intention will be for healing in families, especially those affected by abortion. Confession will be available. Learn more and access a livestream at www.arlingtondiocese.org/healingandconversion.

TRUTH, BEAUTY, GOODNESS: EVENINGS OF JOY

Aug. 15 * 6:30 PM – 8:30 PM * Crystal City Sports Pub, Arlington

Experience T.B.G.—a vibrant evening filled with life and culture! Each T.B.G. night features a speaker to share a short story, a musician to fill the air with jubilation, and an artist to sew the venue with beauty. We also frequently have a charity present to provide an opportunity to give back to the community. Held at various restaurants throughout Northern Virginia, this is the perfect place for people who are searching for meaning or not sure what they believe. Our next event will be Monday, August 15, from 6:30 PM - 8:30 PM at Crystal City Sports Pub in Arlington. This celebration of the Feast of the Assumption will feature a reflection by Bishop Burbidge and will benefit the Mother of Light Center. Free wings and appetizers! Stay tuned to the diocesan young adult ministry Facebook page for more info: www.facebook.com/pg/arlingtonYAM/events.

DAY OF PRAYER FOR MENTAL HEALTH

Aug. 27 * 11:00 AM – 3:00 PM * St. Luke, McLean

Join us Saturday, August 27, from 11:00 AM – 3:00 PM for a Day of Prayer for Mental Health at St. Luke Catholic Church in McLean. Father Jamie Workman, Vicar General, will celebrate Mass while Ian Masson, MA, LPC, of IPS Institute will present on "The Communion of Saints: Relationships and Their Role in Mental Health." Email stlabrecommunity@gmail.com for more info.

ST. MARY OF SORROWS LABOR DAY PICNIC

Sep. 5 * 10:00 AM – 2:00 PM * St. Mary of Sorrows, Fairfax

St. Mary of Sorrows Parish invites our diocesan family to attend the longest running picnic in Fairfax County—146 years! This event will be held Labor Day Monday, September 5, starting with Mass at 10:00 AM. Fun and games will follow from 11:00 – 2:00 PM. Bring your own picnic lunch or pre-order the famous Knights of Columbus Chicken Dinner using the QR code and pick up at the picnic. Please contact smoslaborday@gmail.com with any questions.



ANNUAL FATHER CAPODANNO MASS

Sep. 6 | 6:30 PM | Basilica of the National Shrine of the Immaculate Conception, DC

The Memorial Mass for Father Vincent R. Capodanno, MM, will be held Tuesday, September 6 at 6:30 PM in the Crypt Church of the Basilica of the National Shrine of the Immaculate Conception, Washington, D.C. His Excellency, the Most Reverend Timothy P. Broglio, J.C.D., Archbishop for the Military Services, will be the principal celebrant. This annual Mass is celebrated in memory of Father Capodanno, killed in Vietnam on September 4, 1967, as he aided embattled Marines. Father Capodanno posthumously received the Medal of Honor, and, in May 2006, the Catholic Church officially proclaimed him a Servant of God and thus formally initiated his Cause for Canonization. For more info, visit www.CapodannoGuild.org. All are invited to attend the Memorial Mass on the 55th anniversary of his death. Open seating; please plan to arrive early. Military members are encouraged to wear uniform of the day, and business attire is appropriate for civilians.

NATIONAL CONFERENCE FOR SINGLE CATHOLICS

Sep. 16-18 * Chantilly, VA

Join hundreds of single Catholics from across the country (and beyond!) at the 21st National Conference for Single Catholics at the Westfields Marriott in Chantilly, VA September 16-18, 2022. The weekend includes talks by dynamic speakers, music, social events, Mass, adoration, opportunities for confession, fellowship, food, and more. Visit www.NationalCatholicSingles.com for more information and to register. Can't find your question answered on the website? Call **512-766-5798**.

MASS FOR JUBILARIANS

Oct. 16 * 3:00 PM * St. Thomas More, Arlington

Celebrating a golden or silver wedding anniversary this year? Were you married in 1972 or 1997? If so, you are invited to join Bishop Michael F. Burbidge for the 2022 Mass for Jubilarians to be celebrated on Sunday, October 16 at 3:00 PM at the Cathedral of St. Thomas More in Arlington. To register, please contact the Our Lady of Lourdes parish office no later than October 3. For more info, visit www.arlingtondiocese.org/MJM.

ESOL, GED Prep, CompTIA, & CITIZENSHIP CLASSES

Catholic Charities provides English for Speakers of Other Languages (ESOL), ESOL for Childcare, Computer Literacy, GED, CompTIA, and Citizenship preparation! Enrollment is open for classes beginning in August and September 2022. Multiple class levels available; 12-week semesters; materials included. Seats are limited. Please contact Catholic Charities of the Diocese of Arlington at **571-208-1572** or ewd1@ccda.net to schedule an appointment for registration and tuition details.

ASSISTANCE FOR VICTIMS OF SEXUAL ABUSE

The Catholic Diocese of Arlington provides assistance to anyone sexually abused as a minor by a priest, deacon, teacher, employee, or representative of the Arlington Diocese. Parents, guardians, children, and survivors of sexual abuse are encouraged to contact the diocesan Victim Assistance Coordinator to receive support, consultation, and referrals. Our diocese is committed to assisting victims/survivors throughout the healing process. For more information, please call **703-841-2530** or visit www.arlingtondiocese.org/Child-Protection.

RELIGIOUS EDUCATION

REGISTER NOW FOR CCD

It's time to enroll your loved on in our 2022-23 CCD program! CCD classes will be held Sunday mornings beginning September 11. To register, submit the form on our website under "Get Involved" and "Religious Education." Please contact Leigh Hasson, our DRE, at dre@ololcc.net with any questions.

RCIA BEGINS IN SEPTEMBER

For Adults Seeking Baptism and Confirmation

If you or someone you know would like to join the Catholic Church, be confirmed, or just learn more about the faith, the "Rite

of Christian Initiation for Adults" (RCIA) begins Monday, September 19. Classes will be held every Monday at 7:00 PM, with a view to receiving the Sacraments of Initiation at the Easter Vigil in 2023. If interested, please fill out the online registration form on our website or contact the parish office. If you have questions, one of the priests would be happy to speak with you.

FORMED

Free Catholic Films, Podcasts, Audio Books, & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED, a Catholic media streaming service! Enjoy Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Go to www.formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

VOCATIONS

"...for he has prepared a city for them." Are you called to lead the Lord's people to the eternal city that he has prepared for them as a priest, deacon, or in the consecrated life? Contact Fr. Michael Isenberg in the diocesan Office of Vocations at **703-841-2514** or michael.isenberg@arlingtondiocese.org.

STEWARDSHIP

ASSUMPTION COLLECTION NEXT WEEKEND

Aug. 13-14: Assumption of the Blessed Virgin Mary

The Assumption of Blessed Virgin Mary, August 15, is not a Holy day of Obligation this year. Parishioners are welcome to place their holy day envelopes in the first collection basket the weekend of August 13-14.

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code on the cover of this bulletin, or visit www.faithdirect.net and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

PARISH POOR BOX

Our parish poor box is located near the confessionals. Donations placed in the poor box are used to assist our neighbors with essential expenses such as food, rent, utilities, and medical care. All recipients are screened by our parish priests. Thank you for your charity!

SPONSOR OF THE WEEK

Complete Family Dental Care: Agnes B. Fuentes, DDS

August 7, 2022

The 19th Sunday in Ordinary Time

WEEKLY MASS INTENTIONS

SATURDAY AUGUST 6

The Transfiguration of the Lord

9:00 AM Maurice G. Duncan + by Nancy Duncan
5:30 PM Daniel Smith + by Mary Frances Widner

SUNDAY AUGUST 7

The 19th Sunday in Ordinary Time

8:00 AM Fr. Nicholas Schierer
10:00 AM All parishioners, living and deceased
12:00 PM Joseph O'Connell + by Mary Ellen O'Connell
5:00 PM (Spanish) TBD

MONDAY AUGUST 8

St. Dominic, Priest

6:45 AM Fr. Paul Berghout by James & Maryellen Tibbs
12:00 PM Ray & Peggy Dubriske + by Jenny Oldham

TUESDAY AUGUST 9

6:45 AM Jen Frost by James & Maryellen Tibbs
12:00 PM Martin Edlefsen + by Donna Bierlein

WEDNESDAY AUGUST 10

St. Lawrence, Deacon & Martyr

6:45 AM Daniel Smith + by Mary Downey
12:00 PM Beverly Long + by Diane Dusza

THURSDAY AUGUST 11

St. Clare, Virgin

6:45 AM Martin Edlefsen + by Angela Vindel
12:00 PM Peter & Geraldine Filpi by Mary Downey

FRIDAY AUGUST 12

6:45 AM Nick Vetrano by Janet Vetrano
12:00 PM Roque (Rock) Kramer by Eve Kramer

PLEASE PRAY FOR

**Ed Boehme, Rosa Diequez, April Garcia, Ron Harris,
& Jose Silva**

Names are published for one month. Please contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange.

SPONSOR ALTAR FLOWERS

Parishioners are welcome to sponsor our altar and tabernacle flowers in honor/memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange.

VOLUNTEER

CCD TEACHERS NEEDED

Our Lady of Lourdes' CCD program needs teachers. If you are willing to help in the faith formation of our parish youth, this opportunity is for you! Please contact the Rectory or our Director of Religious Education for more information.

PRO LIFE

PRO-LIFE ROSARY

Tuesdays * 7:00 PM * Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM in the church.

MARY'S SHELTER SUMMER SOIREE

Aug. 13 * 6:00 PM – 10:00 PM * Fredericksburg

You're invited to the 12th Annual Mary's Shelter Summer Soiree at the Fredericksburg Expo Center on August 13 from 6:00 PM – 10:00 PM. Mary's Shelter provides housing and a Christ-centered program of guidance and care for women facing a crisis during pregnancy. You can support this pro-life ministry and learn about the great services it provides to mothers and babies at this amazing evening event. Tickets are free; please RSVP by August 8 at www.marysshelterva.org. Contact us at **540-374-3407** or info@marysshelterva.org to learn more.

POST-ABORTION RETREAT FOR WOMEN

Oct. 15

You are not alone. Take the first step toward healing. An After Abortion Retreat for women who have experienced abortion will be held on Saturday, October 15. These group healing events are conducted in a private and peaceful setting, in English and Spanish, and based on the Entering Canaan model. For confidential inquiries, please contact Project Rachel Ministry at **703-841-2504** or info@helpafterabortion.org.

DONATE & VOLUNTEER AT THE MARIH CENTER

The MaRiH Center is a pro-life crisis pregnancy service offering alternatives to abortion and assisting local pregnant women and their babies. We need help operating our Alexandria center, manning our phones, and sorting donations. All training is provided. Bilingual volunteers are especially appreciated! We also accept donations of baby clothes and baby care products. For volunteer opportunities and a list of our most needed items, please visit www.marih.org, or contact us at **703-370-4774** or marihcenter@gmail.com.

PROJECT RACHEL: HELP AFTER ABORTION

"The community should be open to welcome back all who repent of having participated in the grave sin of abortion, and should guide them with pastoral charity to accept the grace of forgiveness, the need for penance, and the joy of entering once more into the new life of Christ." (Pope Benedict XVI) If you or someone you know is suffering after an abortion, please contact Project Rachel for confidential care, counseling, and assistance. Call **1-888-456-4673**, email info@helpafterabortion.org, or visit www.helpafterabortion.org.

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