

AUGUST 8, 2021 * 19TH SUNDAY IN ORDINARY TIME



I am the living
bread that
came down
from heaven;

**WHOEVER EATS
THIS BREAD WILL
LIVE FOREVER;**

and the bread
that I will give is
my flesh for the
life of the world.



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**OUR LADY
of LOURDES**

Arlington, Virginia



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at our parish

830 23rd Street South Arlington, VA 22202
703-684-9261 | olol@ololcc.net | www.ololcc.net

OUR CHURCH

CLERGY

Reverend Frederick H. Edlefsen, *Pastor*
Reverend Joseph R. Kenna, *Parochial Vicar*
Reverend Paul A. Berghout, *In Residence*

STAFF

Ms. Leigh Hasson, *Director of Religious Education*
Mr. Tom Bartolomeo, *Director of Music*
Ms. Marianne Rodriguez, *Office Manager*
Ms. Tatyana Rasmussen, *Sacramental Secretary*

RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM
Saturday: Closed
Sunday: 9:30 AM – 1:00 PM

PARISHIONER REGISTRATION

If you are a Catholic residing within zip code 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Register online at www.ololcc.net. Paper registration forms are available in the entrance of the church and may be submitted to the parish office.

MASSES

Monday – Friday: 6:45 AM, 12:00 PM
Saturday: 9:00 AM; 5:30 PM (Vigil Mass)
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)
Federal Holidays: 9:00 AM
Holy Days: 12:00 PM, 7:30 PM

CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM
Thursday: 12:30 PM – 1:00 PM
Friday: 12:30 PM – 1:00 PM
Saturday: 4:00 PM – 5:00 PM
Sunday: 4:15 PM – 4:45 PM (Spanish)
Please contact the parish for Confessions by appointment.

DAILY ROSARY

Monday – Friday: 6:15 AM, 11:30 AM
Saturday: 9:30 AM

MIRACULOUS MEDAL NOVENA

Wednesday: 12:30 PM

EXPOSITION OF THE BLESSED SACRAMENT & BENEDICTION

Friday: 12:30 PM – 3:00 PM

COMMUNION FOR HOMEBOUND PARISHIONERS

If you are a homebound parishioner who would like to receive Communion or anointing of the sick, or if you know a parishioner who may be interested, please contact the parish office. All recommended COVID-19 safety precautions must be observed.

OUR SACRAMENTS

BAPTISM

Children's Baptisms and Baptism Preparation Classes are arranged by appointment. Please visit our website at www.ololcc.net to learn more and submit a request.

CONFIRMATION

Children Grades 7 & 8: Religious Education (CCD)

Children are Confirmed in a two-year program via CCD classes in grades 7-8. Visit our website to register for CCD.

Young Adults Ages 14-17: RCIC

The Rite of Christian Initiation for Children (RCIC) is available via our Religious Education program for children ages 7-17 who need the three Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Please contact Leigh Hasson at dre@ololcc.net for more information.

Baptized Adults 18+

Adults who have received both the Sacraments of Baptism and Holy Communion are encouraged to contact our office for assistance in receiving the Sacrament of Confirmation.

SPONSORSHIP REQUIREMENTS

Baptism Godparents & Confirmation Sponsors

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be sacramentally Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

FIRST HOLY COMMUNION

Children receive First Holy Communion in a two-year program via CCD classes in grades 1-2. Visit our website to register for CCD.

MARRIAGE

Please contact a priest 7-8 months prior to your intended wedding date to begin Marriage preparation. Learn more and submit a request for preparation on our website. The Arlington Diocese's Marriage policies are available at www.arlingtondiocese.org.

BECOMING CATHOLIC & ADULT CONFIRMATION

The Rite of Christian Initiation for Adults (RCIA) is available for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall, and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Please visit our website to learn more and submit a request.

ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

FUNERALS

Please contact the Rectory Office to arrange.

OUR PARISH

AUGUST FOOD DRIVE

Help Feed Kids with Summer Meal Packages!

Please help us collect nonperishables for Christ House Food Pantry the weekends of August 7-8 and August 14-15! With our August drive, we have a special opportunity to make Summer Kid's Meal Packages to help children who endure food insecurity when out of school through the summer months.

Summer Kid's Meal Packages

Please assemble the following single serving size items in a one gallon plastic bag to create a Summer Kid's Meal Package:

- ♦ 2 Chewy granola bars
- ♦ 2 fruit gummy snacks
- ♦ 1 bag of microwave popcorn
- ♦ 1 small box of raisins
- ♦ 1 cup microwave Mac & Cheese
- ♦ 1 bag of Goldfish
- ♦ 1 bag of pretzels

Christ House also suggests the following much needed items:

- ♦ Boxed breakfast cereals
- ♦ Peanut butter (16 oz.) and Jelly (15-18 oz.)
- ♦ Canned chicken, corned beef, and spam
- ♦ Canned vegetables (15 oz.)
- ♦ Canned fruits (15 oz.)
- ♦ Red kidney beans, black beans, and baked beans (15 oz.)
- ♦ Canned pasta and chili (15 oz.)
- ♦ Macaroni & cheese (7.25 oz.)
- ♦ Diced or stewed tomatoes, tomato sauce (15 oz.)
- ♦ Sugar, white or brown
- ♦ Flour
- ♦ Canola oil and vegetable oil (48 oz.)
- ♦ Toilet paper
- ♦ Aldi gift cards

Place donations in the collection bins in the church entrance on the designated weekends. Christ House provides food for low-income households, children, the elderly, and the homeless in Alexandria and surrounding areas. Learn more about Christ House at www.cdda.net. Thank you for helping to feed the hungry!

THE ARLINGTON DIOCESE

ENGLISH, COMPTIA, CITIZENSHIP, & GED CLASSES

Catholic Charities' Education and Workforce development program offers English, Citizenship preparation, GED, Computer Literacy, ESOL for Childcare, and CompTIA classes. Registration for classes begins in August. Classes will be available in person in Manassas, Sterling, and Alexandria, as well as online. Many class levels and schedule options! Classes have low fees with some financial assistance available. For more information, call the Education and Workforce Development office at **571-208-1572** or email ewd1@cdda.net.

PRAISE & WORSHIP HOLY HOUR

Aug. 10 | 7:30 PM – 8:30 PM | St. Leo the Great, Fairfax

You are invited to an evening of praise and worship on Tuesday, August 10, from 7:30 PM - 8:30 PM at St. Leo the Great Catholic Church (3700 Old Lee Hwy, Fairfax, VA 22030). Fr. Stephen Vaccaro will lead us in prayer along with musicians Valerie and Rocco Repetski. Our special intention will be for healing in families, especially those wounded by abortion. Confession available. Learn more at www.arlingtondiocese.org/healingandconversion.

PRIME TIME SINGLE CATHOLICS

Prime Time Single Catholics (PTSC) is a social group serving local single Catholics ages 40+. Please join us for the following events:
August 12: Thursday Lunch in Falls Church
August 13: Hot-Dog Social at Lake Accotink Park
August 15: Brunch & Mass at the Basilica of St. Mary
August 18: Dinner & Concert at Lee District Park
August 26: Thursday Lunch in Springfield
August 29: Mini Golf at Upton Hill Regional Park
September 5: Picnic at Occoquan Regional Park
September 19: Nationals Baseball Game
For event details and a full schedule, visit bit.ly/ptsc and read this month's PTSC newsletter! Please send your RSVPs and any questions to Tom at ptscnva@gmail.com.

ONE DAY MISSION TRIPS: VEGGIE FARM GLEANING

Next Event: Aug. 14

Commissioned by Christ is joining Catholic Charities of Arlington's St. Lucy Project to glean crops at Parker Farms in northern Virginia through a series of One-Day Mission trips. These farm gleaning mission trips are great family events, an opportunity to feed the hungry, and a good service project for church groups, bible studies, and confirmation students. The 2021 mission trips will be Saturday, August 14; Saturday, September 11; Saturday, October 9; and Saturday, November 13, weather and crops permitting. Each trip is scheduled to start at 8:00 AM and end no later than 11:00 AM. You need not participate in all five events—just pick the mission trip(s) that fit your schedule! For more info and to sign up, please visit www.commissionedbychrist.org and click on "Get Involved" and "Volunteer Locally." Or email coordinator Tom Pedagno at tcp167@verizon.net.

TRUTH, BEAUTY, GOODNESS: EVENINGS OF JOY

Next Event: Aug. 16 | 6:30 PM – 8:30 PM

Experience T.B.G.—a vibrant evening filled with life and culture! Each T.B.G. night features a speaker to share a short story, a musician to fill the air with jubilation, and an artist to sew the venue with beauty. We also frequently have a charity present to provide an opportunity to give back to the community. Held at various restaurants throughout Northern Virginia from 6:30 PM - 8:30 PM, this is the perfect place for people who are searching for meaning or not sure what they believe. All are welcome to come encounter truth, beauty, and goodness with us. Stay tuned to the diocesan young adult ministry Facebook page for more info: www.facebook.com/pg/arlingtonYAM/events.

ANNUAL FATHER CAPODANNO MASS

Sept. 7 | 6:30 PM | Basilica of the National Shrine of the Immaculate Conception, DC

The Memorial Mass for Father Vincent R. Capodanno, MM, will take place at 6:30 PM Tuesday, September 7, 2021, in the Crypt Church of the Basilica of the National Shrine of the Immaculate Conception (400 Michigan Ave. NE, Washington, DC 20017). The Most Reverend Timothy P. Broglio, J.C.D., Archbishop for the Archdiocese for the Military Services, will be the main celebrant. This annual Mass is celebrated in memory of Father Capodanno, killed in Vietnam on September 4, 1967, as he aided embattled Marines. Father Capodanno posthumously received the Medal of Honor. In May 2006, the Catholic Church formally initiated his Cause for Canonization. For more information, visit www.CapodannoGuild.org. All are invited to attend the Memorial Mass on the 54th anniversary of his death. Open seating; please arrive early. Military members are encouraged to wear uniform of the day, and business attire is appropriate for civilians.

A WEEKEND RETREAT FOR A LIFELONG MARRIAGE

Sep. 24-26 | Virtual

The Worldwide Marriage Encounter Experience is a chance for you and your spouse to look deeply into your relationship with each other and with God. In one weekend, you can learn a technique for communication that will keep your marriage on the right track to be healthy for life. Register now to join the upcoming virtual Worldwide Marriage Encounter Weekend September 24-26, 2021. For more information and additional retreats, please visit www.RenewMarriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org or 703-646-1521.

50TH & 25TH MARRIAGE ANNIVERSARY MASS

Oct. 17 | 3:00 PM | St. Thomas More Cathedral, Arlington

Are you celebrating your silver (25th) or golden (50th) wedding anniversary this year? Couples married in 1971 and 1996 are cordially invited to join Bishop Michael F. Burbidge for the 2021 Mass for Jubilarians! This special Mass to honor your marriage will be celebrated Sunday, October 17, at 3:00 PM at the Cathedral of Saint Thomas More (3901 Cathedral Lane, Arlington, VA 22203). Please register by Thursday, September 30, to participate! Contact Tatyana at the Our Lady of Lourdes parish office to sign up: olol@ololcc.net or 703-684-9261. For more information, visit www.arlingtondiocese.org/MJM.

RELIGIOUS EDUCATION

RELIGIOUS EDUCATION: CCD

Register now—classes begin Sept. 12!

Visit www.ololcc.net to register your child for our 2021-22 CCD Program starting September 12. Classes for the 2021-22 school year will be held in-person on Sunday mornings in our parish hall and supplemented with additional events through the year. The 2021-22 CCD calendar and registration form are available on our website. Please visit www.ololcc.net or contact our Director of Religious Education at dre@ololcc.net for more information.

READY TO JOIN THE CATHOLIC CHURCH?

RCIA Begins Sept. 20!

Adults who wish to become Catholic, or who are in need of First Holy Communion and Confirmation, and anyone interested in learning more about the Catholic faith, are all invited to join our RCIA program beginning Monday, September 20. Please register at ololcc.net or call the parish office for more information.

FORMED: "THE CATHOLIC NETFLIX"

Free Catholic Films, Podcasts, Audio Books, & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to FORMED, a Catholic media streaming service! Enjoy Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Explore the lives of priests, popes, and saints; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your subscription is provided by Our Lady of Lourdes and the Arlington Diocese.

VOCATIONS

"Do not grieve the Holy Spirit." Your faithful response to your vocation gives joy to the heart of God. Perhaps the priesthood or the consecrated life awaits you. Contact Fr. Michael Isenberg at 703-841-2514 or michael.isenberg@arlingtondiocese.org.

STEWARDSHIP

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, and set up recurring payments on your own schedule. To sign up, scan the QR code on the cover of this bulletin, or visit www.faithdirect.net and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

STEWARDSHIP REFLECTION

"Get up and eat or the journey will be too much for you!"

1 KINGS 19:7

God knows that committing to a stewardship lifestyle is difficult. But we were not designed to do it on our own. We need His help. Fortunately, God gave us the greatest gift of all, His son, Jesus. Through the gift of the Eucharist, we join our sacrifice with the sacrifice of the Holy Mass and receive the strength and courage to be His joyful disciples.

SPONSOR OF THE WEEK

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August 8, 2021

The 19th Sunday in Ordinary Time

WEEKLY MASS INTENTIONS

SATURDAY AUGUST 7

9:00 AM Josephine Healy +

5:30 PM (Vigil) Ann King +

SUNDAY AUGUST 8

The 19th Sunday of Ordinary Time

8:00 AM Grace Monaghan +

10:00 AM All Parishioners (L/D)

12:00 PM Virginia & Neil O'Donnell +

5:00 PM (Spanish) TBD

MONDAY AUGUST 9

6:45 AM Viola & Francis Fedewa +
by Joyce & Steve Wahoski

12:00 PM Patricia O'Rourke +

TUESDAY AUGUST 10

Saint Lawrence, Deacon & Martyr

6:45 AM Mary & Casey Wahoski +
by Joyce & Steve Wahoski

12:00 PM Marian Reardon +

WEDNESDAY AUGUST 11

Saint Clare, Virgin

6:45 AM Kristie Harper + by Joyce & Steve Wahoski

12:00 PM Angela Beauchamp Rodriguez +

THURSDAY AUGUST 12

6:45 AM The Family of Gertrude & Julius Fedewa +
by Joyce & Steve Wahoski

12:00 PM Geraldine Schuman +

FRIDAY AUGUST 13

6:45 AM Roger Wyrick & Jim Rowley +
by Joyce & Steve Wahoski

12:00 PM Elizabeth Weimar +

PLEASE PRAY FOR

Wilda Berry, Ed Boehme, Alicia Campi, Rosa Diequez, April Garcia, Dianne Hamilton, Ron Harris, & Jose Silva

Names are published for one month. Please contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange.

PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

WE NEED YOUR MASS INTENTIONS!

You can honor a friend, family member, or loved one with an Our Lady of Lourdes Mass! We accept intentions for all Masses except the 10:00 AM Sunday Mass. Contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange. Bishop Burbidge suggests a voluntary donation of \$10.00 per Mass.

SPONSOR ALTAR FLOWERS

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one, or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or olol@ololcc.net to arrange.

ASSISTED HEARING DEVICES AVAILABLE AT MASS

If you need help hearing the liturgy, please speak to an usher prior to the beginning of Mass to be provided with a hearing device.

VOLUNTEER

VOLUNTEER AT OUR LADY OF LOURDES

Everyone has a unique gift that can be shared with others. Our volunteers make the church ready for Mass, assist the priests in the liturgy, offer hospitality to our parishioners, and more! Scan the QR code on the cover of this bulletin or visit our volunteer page on www.ololcc.net to learn more about our ministries.

FREE CLINIC NEEDS MEDICAL PRACTITIONERS

Catholic Charities Mother of Mercy Free Medical Clinics needs doctors, nurses, and medical assistants. Please consider volunteering to help provide free, quality healthcare to low-income individuals who are uninsured or under-insured. If interested, visit <http://bit.ly/MoMnewvolunteer>. Thank you!

DOCENT AT BASILICA OF THE NATIONAL SHRINE

Are you looking for an opportunity to grow in your own faith and extend that gift to others through your personal witness and service to the Church? We invite you to become a Docent (Tour Guide) at the Basilica of the National Shrine of the Immaculate Conception in Washington, DC. Hours and days are flexible, and training is provided. Anyone interested should please contact Dee Steel via telephone at the Basilica at **202-526-8300 ext. 111** or via email at visitorservices@bnsic.org.

PRO LIFE

PRO-LIFE ROSARY

Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM in the church.

PROJECT RACHEL: HELP AFTER ABORTION

Everyone likely knows someone who has been touched by abortion. The mercy of Jesus and the compassion of others are waiting for these women and men in need of help and healing. For confidential assistance, please call **1-888-456-4673** or visit the Project Rachel website: www.helpafterabortion.org.



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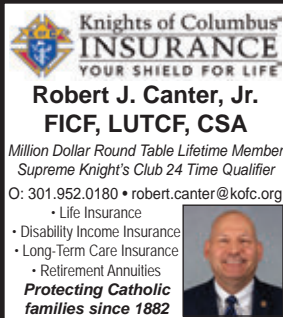
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