

# OUR CHURCH

## CONTACT

830 23<sup>rd</sup> Street South, Arlington, VA 22202  
703-684-9261  
olol@ololcc.net  
www.ololcc.net

## CLERGY

Reverend Frederick H. Edlefsen, *Pastor*  
Reverend Joseph R. Kenna, *Parochial Vicar*  
Reverend Paul A. Berghout, *In Residence*

## STAFF

Ms. Mary Beth Harney, *Director of Religious Education*  
Mr. Tom Bartolomeo, *Director of Music*  
Ms. Marianne Rodriguez, *Office Manager*  
Ms. Tatyana Rasmussen, *Sacramental Secretary*

## RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM  
Saturday: Closed  
Sunday: 9:30 AM – 1:00 PM

## PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Registration forms are available in the entrance of the church and in the rectory office. Completed forms should be submitted to the rectory office (or put through our mail slot after business hours).

## MASSES

Monday – Friday: 6:45 AM, 12:00 PM  
Saturday: 9:00 AM; 5:30 PM (Vigil Mass)  
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)  
Federal Holidays: 9:00 AM  
Holy Days: 12:00 PM, 7:30 PM

## CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM  
Thursday: 12:30 PM – 1:00 PM  
Saturday: 4:00 PM – 5:00 PM  
Sunday: 4:15 PM – 4:45 PM (Spanish)  
Please contact our office for Confessions by appointment.

## MIRACULOUS MEDAL NOVENA

Wednesday: 12:30 PM

## EUCCHARISTIC HOLY HOUR & BENEDICTION

First Friday of the Month: 12:30 PM – 1:30 PM

# OUR SACRAMENTS

## BAPTISM

Baptisms are performed in a group on the third Sunday of the month immediately following the 12:00 PM Mass, or roughly 1:00 PM. Please contact Tatyana Rasmussen at the rectory office to arrange.

## FIRST COMMUNION

Sacramental preparation for First Communion is a 2-year process via CCD classes beginning in Grade 1 and concluding in Grade 2. Please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

## CONFIRMATION

Confirmation for children is a 2-year process via CCD classes beginning in Grade 6 and concluding in Grade 8. Please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

Adult Confirmation classes for individuals who have already received both the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Tatyana Rasmussen at the rectory office to register.

## RITE OF CHRISTIAN INITIATION (RCIA)

RCIA classes are available for adults in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Please contact Tatyana Rasmussen at the rectory office to register.

## MARRIAGE

Please contact a priest 6-7 months prior to your intended wedding date to begin Marriage preparation. An overview of the Arlington Diocese's marriage preparation policies is available on the diocesan website: [www.arlingtondiocese.org](http://www.arlingtondiocese.org).

## ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

## FUNERALS

Please contact the Rectory Office to arrange.

## SPONSORSHIP REQUIREMENTS

### For Godparents, Confirmation Sponsors, & Proxies

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

## NEW PARISH EMAIL: [OLOL@OLOLCC.NET](mailto:OLOL@OLOLCC.NET)

Our Lady of Lourdes has a new parish email! Please update your address books. Our office is now receiving emails at: [olol@ololcc.net](mailto:olol@ololcc.net). Please direct all inquiries to this new email address.

## PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

## PRO-LIFE ROSARY

### Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM at Our Lady of Lourdes.

## RELIGIOUS EDUCATION—CCD TEACHERS NEEDED!

Do you love your faith? Enjoy working with children? Please come help our Religious Education School Sunday mornings! Class times are listed below. Teachers must submit to a background check, attend a 4-hour Child Protection seminar, and sign an Oath of Fidelity to the Catholic faith. For more information, please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net).

CCD classes meet every Sunday throughout the academic year. Preschool-grade 5 classes meet from 9:00 AM - 10:15 AM, grade 6-8 classes meet from 10:30 AM - 11:45 AM. High school students meet the last Sunday of each month from 10:30 AM - 12:30 PM. All classes are held in the parish hall. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on [www.ololcc.net](http://www.ololcc.net), or contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net).

## ADULT EDUCATION SERIES

Our Lady of Lourdes conducts Adult Education courses on spiritual topics throughout the academic year. Sessions meet two Sunday per month at 9:15 AM in the Parish Hall. Open to all, no registration required, coffee and pastries served! Check this space for upcoming courses and dates. For more information, please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net).

## HEARING DEVICES AVAILABLE AT MASS

Devices are available to assist those with hearing impairments at all Masses. If you need help hearing the liturgy, please speak to an usher prior to the beginning of Mass.

## LEAVE A LEGACY OF LOVE & FAITH

Your last will and testament can leave a legacy of your faith by helping to pass it on to others. When drafting your will, after taking care of your family, you may consider naming Our Lady of Lourdes parish and/or the Catholic Diocese of Arlington as a recipient of your estate. For more info, please contact the Diocesan Planned Giving Office at **703-841-3819** or visit [www.arlingtondiocese.planyourlegacy.org](http://www.arlingtondiocese.planyourlegacy.org).

## 2020 BISHOP'S LENTEN APPEAL

♦ **Just \$6,000 to go!** We have raised **\$142,212.00** and reached **96%** of our parish goal of **\$148,000.00** with **23%** household participation as of July 23!

Have you made your pledge to the Bishop's Lenten Appeal? The BLA supports our Diocese in its mission of sharing the love and mercy of Christ through serving the needy, educating and forming youth, encouraging vocations, promoting a culture of life, and assisting the clergy, religious, and lay people who help build and strengthen our diocesan Church. After such marvelous generosity last year allowed Our Lady of Lourdes to reach our parish's monetary goal, our aim for 2020 is achieving the same success through an increase in the number of individual donations. **We are striving for 100% parishioner participation. Your support is more important than the amount—a donation of \$1.00 is just as vital as a larger sum, and helps us achieve our participation goal!** Please join us to continue God's work of spirituality, education, and charity. Learn more about the many ministries supported by the BLA and make your donation online at [www.arlingtondiocese.org/bishops-lenten-appeal](http://www.arlingtondiocese.org/bishops-lenten-appeal).

## FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own schedule. To sign up, please visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

## SPONSOR ALTAR FLOWERS

You can sponsor altar and tabernacle flowers in honor of or in memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange.

Upcoming Weeks Available: Aug. 16, Aug. 23, Aug. 30, Sept. 6

## OUR LADY OF LOURDES POOR BOX

Did you know that we have a poor box located in the back of the church? All donations placed in our poor box are used to assist our less fortunate neighbors in covering essential expenses such as food, rent, utilities, prescriptions, etc. All recipients are pre-screened by the parish priests. Thank you for your charity!

## STEWARDSHIP REFLECTION

"He said, 'Come.' Peter got out of the boat and began to walk on the water toward Jesus." (MATTHEW 14:29)

When you hear Jesus calling, do you responded immediately and trust Him absolutely? If so, you are walking on water! When we say "yes" to Jesus, we can feel the power of His presence in our lives. We can feel the freedom He gives us. Listen to how Jesus is calling you to live the extraordinary life He intends for you.

## SPONSOR OF THE WEEK

**Murphy Funeral Homes**

## WMET DINNER TO HONOR BISHOP BURBIDGE

**Aug. 20 | 7:00 PM | Belle Haven Country Club**

Guadalupe Radio Network will host its 'Fishers of Men' Dinner at Belle Haven Country Club in Alexandria on Thursday, August 20, 2020. WMET will honor Bishop Michael F. Burbidge for his works of evangelization. The network will host this event aligned with all civil and diocesan health protocols. Fr. Hezekias Carnazzo, founder of the Institute of Catholic Culture and the 2012 'Fishers of Men' Award Winner, will be keynote speaker. The annual dinner supports WMET 1160 AM & 103.1 FM in the Guadalupe Radio Network, Radio for Your Soul! The 10-year-old Catholic radio station, the first in the National Capital Region, draws people closer to Christ and His Church by providing hope, inspiration, and the true teachings of our Faith, wherever the listener is on his or her journey. WMET's signal reaches 6.5 million souls in four (arch)dioceses. Guadalupe Radio Network also is celebrating its 20th anniversary as a network! \$175.00 per ticket, sponsorship tables available. To learn more, please call **877-646-1160** or visit **GRNonline.com** and click on the "Events" tab for details.

## BISHOP'S MASS FOR MENTAL HEALTH WORKERS

**Aug. 22 | 9:00 AM | Cathedral of St. Thomas More**

Bishop Michael Burbidge will celebrate a Mass for Mental Health Workers at 9:00 AM on Saturday, August 22, 2020, at the Cathedral of St. Thomas More (3901 Cathedral Lane, Arlington, VA 22203). This Mass is open to all. Those who support people with mental health conditions, including those who work with families affected by opioids or other addictions, are especially encouraged to attend!

## RESPONDING TO RACISM: A DIOCESAN DIALOGUE

**Aug. 25 | 7:00 PM | Church of the Nativity**

How is our diocese responding to racism? Join us for a diocesan dialogue at 7:00 PM on Tuesday, August 25, at Church of the Nativity (Church of the Nativity, 6400 Nativity Lane, Burke, VA 22015). Sponsored by Catholic Charities, the panel and talks will include Bishop Burbidge and Father Scott Woods, a priest in the Archdiocese of Washington, and Father Bob Cilinski, diocesan episcopal vicar of Charitable Works and Nativity pastor. The event will be livestreamed on the Arlington Diocese YouTube channel (search "Catholic Diocese of Arlington on YouTube.") Face masks and social distancing required. In-person capacity limited to 100 attendees. To register, please email [volunteer@ccda.net](mailto:volunteer@ccda.net).

## ATTENTION: INCOMING COLLEGE FRESHMEN

College Campus Ministries depend on summer orientation to learn the names of the incoming freshmen. With many of these orientations cancelled, CCM will be unable to reach out to your students in the fall! Please complete this survey so that we can get your high school graduate connected to the Catholic Campus Ministry at their college or university: [www.surveymonkey.com/r/Z9PXMQD](http://www.surveymonkey.com/r/Z9PXMQD)

## DIOCESAN E-NEWSLETTER

Get the latest on our diocese's response to Covid-19 and all diocesan news straight to your inbox! Sign up for the Diocesan E-Newsletter at <http://bit.ly/CDAsignup>.

## RETREAT FOR ADULT CHILDREN OF DIVORCE

Recovering Origins is a unique healing retreat for adult children of divorce where retreatants discover their identity as children of God. Retreatants will receive insight into dealing with the earthly realities of their parents' divorce. Whether you have struggled with this issue for a long time or have tried not to think about it, we invite you to join us this summer. The next Recovering Origins retreat will be held from 6:00 PM Friday, August 21 – 1:30 PM Sunday, August 23 at San Damiano Spiritual Life Center in White Post, VA. The retreat includes presentations, adoration, confession, small group sharing, and daily Mass. Registration is \$400.00 and may be completed online at [www.arlingtondiocese.org/recoveringorigins](http://www.arlingtondiocese.org/recoveringorigins).

## DIOCESAN COVID-19 RESOURCES PAGE

### Where to Live Stream Masses & More!

The Arlington Diocese has provided a Covid-19 resource page with links to livestreamed and recorded Masses, prayers, daily readings, and more! Please visit: [www.arlingtondiocese.org/covid19resources](http://www.arlingtondiocese.org/covid19resources).

## FORMED: "THE CATHOLIC NETFLIX"

### Free Catholic Films, Podcasts, Audio Books, & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy hundreds of Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; watch Catholic documentaries; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to [formed.org/signup](http://formed.org/signup) and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

## VOCATIONS

"Get hold of yourselves! It is I. Do not be afraid!" When the Lord truly calls you, you need to trust in Him. Is the voice of Jesus leading you to a life in the priesthood, diaconate, or the consecrated life? Call Fr. Michael Isenberg at **703-841-2514** or write to [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org).

## PROJECT RACHEL: HELP AFTER ABORTION

"The community should be open to welcome back all who repent of having participated in the grave sin of abortion, and should guide them with pastoral charity to accept the grace of forgiveness, the need for penance, and the joy of entering once more into the new life of Christ." (Pope Benedict XVI) If you or someone you know is suffering after an abortion, contact Project Rachel for confidential care and assistance. Please call **1-888-456-4673**, email [info@helpafterabortion.org](mailto:info@helpafterabortion.org), or visit [www.helpafterabortion.org](http://www.helpafterabortion.org).

## PICK UP YOUR PURSE FOR COMMUNION!

As a general safety precaution, we recommend that our parishioners never leave purses, bags, or any valuables in the pews while in the Communion line!

# AUGUST 9, 2020

THE 19<sup>TH</sup> SUNDAY IN ORDINARY TIME

## WEEKLY MASS INTENTIONS

### SATURDAY VIGIL AUGUST 8

5:30 PM All Parishioners (L/D)

### SUNDAY AUGUST 9

8:00 AM All Parishioners (L/D)

10:00 AM All Parishioners (L/D)

12:00 PM All Parishioners (L/D)

5:00 PM (Spanish) All Parishioners (L/D)

### MONDAY AUGUST 10

*St. Lawrence, Deacon & Martyr*

6:45 AM Sarah Kelley

12:00 PM Eufemia Dedios + by Juana Songco

### TUESDAY AUGUST 11

*St. Clare, Virgin*

6:45 AM Renee Berry by Jasmine Clark

12:00 PM Patricia O'Brien Weissenborn +  
by Georgianne O'Connor

### WEDNESDAY AUGUST 12

6:45 AM John & Marge Shaughnessy

12:00 PM The H.B. Long Family + by Diane Dusza

### THURSDAY AUGUST 13

6:45 AM Therese Tieso

12:00 PM Mary Elizabeth Heverin + by Georgianne O'Connor

### FRIDAY AUGUST 14

*St. Maximilian Kolbe, Priest & Martyr*

6:45 AM John Henry + by Mary Ellen O'Connell

12:00 PM Chelle DeGrasse by Eve Kramer

### SATURDAY AUGUST 15

*The Assumption of the Blessed Virgin Mary*

9:00 AM Zeb Knott + by Rita Knott

## THE ASSUMPTION—NOT A HOLY DAY OF OBLIGATION

The Assumption of the Blessed Virgin Mary on Saturday, August 15, is not a Holy Day of Obligation in the year 2020. Masses will be celebrated at 9:00 AM and 12:00 PM for those who wish to attend.

## PLEASE PRAY FOR

**Lia Nicholasa Argandona Vargas, Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, & Jose Silva**

Names published for one month. Please contact the rectory office to arrange.

## MASS INTENTIONS

Would you like to have a Mass offered for a special intention, in honor of a loved one, or for the repose of the soul of someone departed? Please contact the rectory office to arrange a Mass intention. Weekday 6:45 AM, 12:00 PM, and Saturday 9:00 AM Masses only. Sunday and Saturday Vigil Masses not available. A voluntary donation of \$10.00 per Mass is suggested.

## WEEKLY EVENT CALENDAR

### SUNDAY

4:30 PM

### AUGUST 9

Spanish Confessions (Church)

### MONDAY

TUESDAY

12:30 PM

7:00 PM

### AUGUST 10

### AUGUST 11

Confessions (Church)

Pro-Life Rosary (Church)

### WEDNESDAY

12:30 PM

THURSDAY

12:30 PM

FRIDAY

SATURDAY

4:00 PM

SUNDAY

4:30 PM

### AUGUST 12

Miraculous Medal Novena (Church)

### AUGUST 13

Confessions (Church)

### AUGUST 14

### AUGUST 15

Confessions (Church)

### AUGUST 16

Spanish Confessions (Church)

## REGULAR PUBLIC MASS SCHEDULE RESUMES

We have resumed our regular schedule of Masses! All Masses are open to the public.

**Parishioners are asked to take the following precautions in church:**

- ◆ Face masks must be worn inside the church
- ◆ A social distance of 6 feet must be maintained at all times, including while seated in pews and while in line for Communion
- ◆ Receiving Communion via the hands is recommended
- ◆ Confessions must be heard behind the screen

**Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese. This dispensation continues through our reopening and is extended until further notice.**

Bishop Burbidge respectfully suggests that the following individuals continue to stay home on Sundays:

- ◆ those above the age of 65
- ◆ those with an increased risk due to health conditions
- ◆ anyone experiencing flu-like symptoms or who may have been exposed to COVID-19

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A sample prayer of Spiritual Communion follows:

*My Jesus,*

*I believe that You are present in the Most Holy Sacrament.*

*I love You above all things, and I desire to receive You into my soul.*

*Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.*

*I embrace You as if You were already there and unite myself wholly to You.*

*Never permit me to be separated from You.*

*Amen.*

For detailed health and safety recommendations, please see the Arlington Diocese website for an Arlington COVID Response Guide for the Lay Faithful: [www.arlingtondiocese.org](http://www.arlingtondiocese.org).

## GUADALUPE CATHOLIC RADIO

Tune in to Guadalupe Catholic Radio Network on 1160 AM!