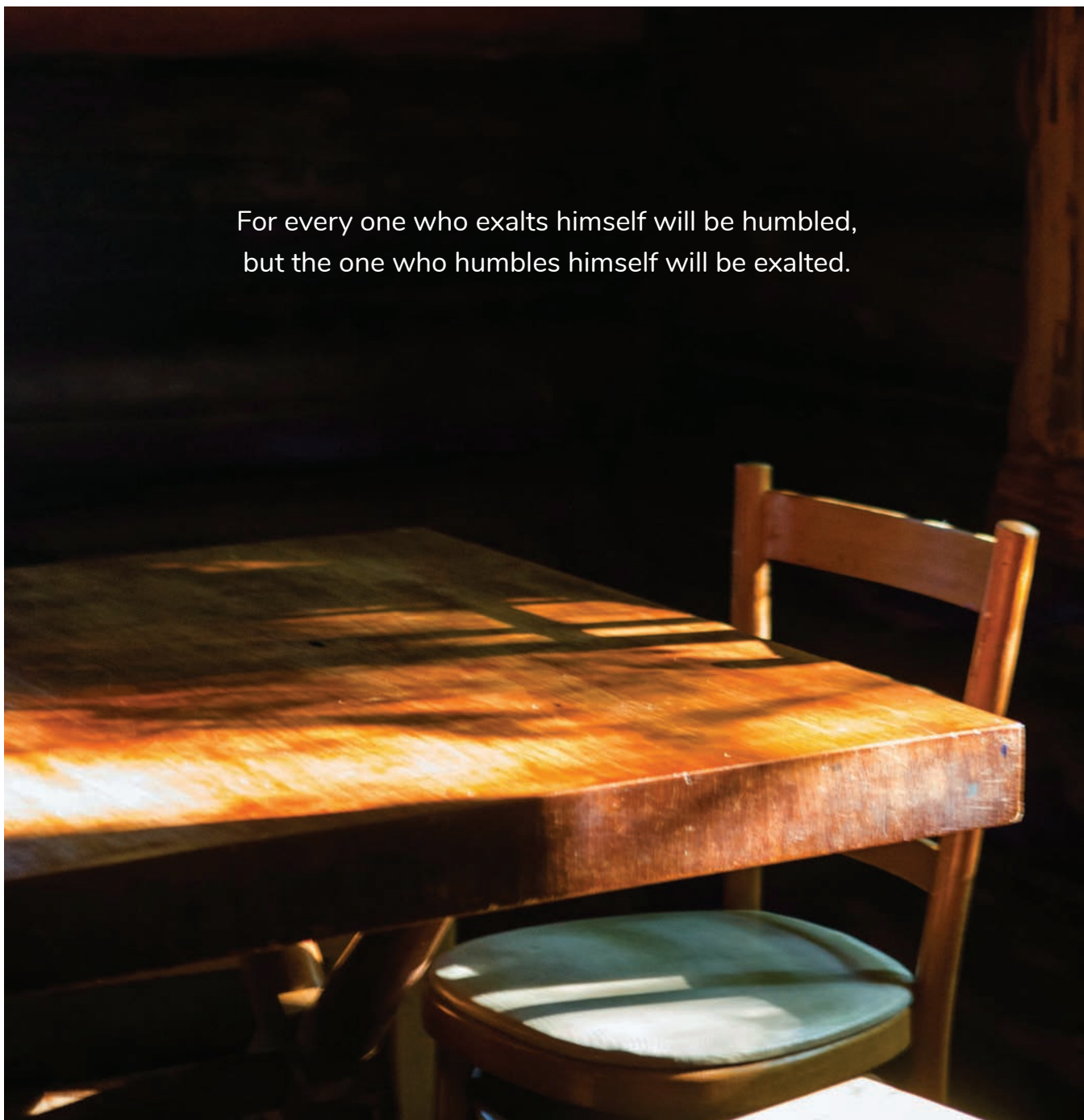


AUGUST 28, 2022 \* THE 22ND SUNDAY IN ORDINARY TIME

For every one who exalts himself will be humbled,  
but the one who humbles himself will be exalted.



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Volunteer  
at our parish

---

## OUR CHURCH

### CLERGY

Reverend Frederick H. Edlefsen, *Pastor*  
Reverend Joseph R. Kenna, *Parochial Vicar*  
Reverend Daniel L. Mode, *In Residence*  
Reverend Steven R. Walker, *In Residence*

### STAFF

Ms. Leigh Hasson, *Director of Religious Education*  
Mr. Tom Bartolomeo, *Director of Music*  
Ms. Marianne Rodriguez, *Office Manager*  
Ms. Tatyana Rasmussen, *Sacramental Secretary*  
Mr. Beauvais Bellevue, *Facilities Manager*

### RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM; 12:30 PM – 4:00 PM  
Saturday: Closed  
Sunday: 9:30 AM – 1:00 PM

### PARISHIONER REGISTRATION

If you are a local Catholic, please register as our parishioner! Visit [www.ololcc.net](http://www.ololcc.net) and click “I’m New” for a registration form.

### MASSES

Monday – Friday: 6:45 AM, 12:00 PM  
Saturday: 9:00 AM; 5:30 PM Vigil  
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)  
Independence Day and Thanksgiving Day: 10:00 AM  
All Other Federal Holidays: 9:00 AM  
Holy Days: 7:00 PM Vigil, 6:45 AM, 12:00 PM, 7:00 PM

### CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM  
Thursday: 12:30 PM – 1:00 PM  
Friday: 12:30 PM – 1:00 PM  
Saturday: 4:00 PM – 5:00 PM  
Sunday: 4:15 PM – 4:45 PM (Spanish)  
Please contact the parish office for Confessions by appointment.

### DAILY ROSARY

Monday – Friday: 6:15 AM, 11:30 AM  
Saturday: 9:30 AM

### PARISH DEVOTIONS

Miraculous Medal Novena \* Wednesday: 12:30 PM  
Litany of the Sacred Heart \* Friday: 12:30 PM  
Divine Mercy Chaplet \* Friday: 3:00 PM

### EXPOSITION OF THE BLESSED SACRAMENT

Friday: 12:30 PM – 3:00 PM

### COMMUNION FOR HOMEBOUND PARISHIONERS

Homebound parishioners who would like to receive Communion or anointing of the sick may contact the parish office.

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## OUR SACRAMENTS

### BAPTISM

Children’s Baptisms and Baptism Preparation Classes are arranged by appointment. Visit [www.ololcc.net](http://www.ololcc.net) and click “Mass & More” and “Baptism” to submit a request.

### FIRST HOLY COMMUNION

Children in grades 1-2 receive First Holy Communion in a two-year program via CCD classes. Visit [www.ololcc.net](http://www.ololcc.net) and click “Get Involved” and “Religious Education” to register for CCD.

### CONFIRMATION

#### Children Grades 7 & 8: Religious Education (CCD)

Children in grades 7-8 are Confirmed in a two-year program via CCD classes. Visit [www.ololcc.net](http://www.ololcc.net) and click “Get Involved” and “Religious Education” to register for CCD.

#### Young Adults Ages 14-17: RCIC

The Rite of Christian Initiation for Children (RCIC) is available for children ages 7-17 who need the three Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Please contact Leigh Hasson at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

#### Baptized Adults 18+

Adults who have received both the Sacraments of Baptism and Holy Communion are encouraged to contact our office for assistance in receiving the Sacrament of Confirmation.

### BECOMING CATHOLIC & ADULT CONFIRMATION

The Rite of Christian Initiation for Adults (RCIA) is for adults age 18+ seeking the Sacraments of initiation: Baptism, Holy Communion, and Confirmation. Classes begin each fall, and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Visit [www.ololcc.net](http://www.ololcc.net) and click “Get Involved” and “Explore Catholicism” to register.

### SPONSORSHIP REQUIREMENTS

#### Baptism Godparents & Confirmation Sponsors

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If Married, must be sacramentally Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

### MARRIAGE

Please contact a priest 7-8 months prior to your intended wedding date to begin Marriage preparation. Submit a request at [www.ololcc.net](http://www.ololcc.net) under “Mass & More” and “Marriage Prep.”

### ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

### FUNERALS

Please contact the Rectory Office to arrange.

## OUR PARISH

### GOING AWAY PARTY FOR MR. BELLEVUE

**Aug. 28 \* 1:00 PM \* Parish Hall**

Mr. Bellevue's parish retirement party this weekend! We shall gather in the Parish Hall following the Noon Mass Sunday, August 28, to bid him farewell and thank him for his many years of service at Our Lady of Lourdes.

### AUGUST FOOD DRIVE

**Aug. 20-28**

Our Lady of Lourdes Helping Hands volunteers will be collecting nonperishables for Christ House Food Pantry the weekends of August 20-21 and August 27-28.

**\*\*\*Please no bulk items! Items are separately placed in food bags for distribution!**

Christ House suggests the following items.

- ◆ Ground coffee and creamer
- ◆ Boxed breakfast cereals
- ◆ Oatmeal
- ◆ Peanut butter (16 oz.) and Jelly (15-18 oz.)
- ◆ Canned chicken, corned beef, and spam
- ◆ Canned vegetables (15 oz.)
- ◆ Canned fruits (15 oz.)
- ◆ Canned pasta and chili (15 oz.)
- ◆ Dried pasta and pasta sauce
- ◆ Macaroni & cheese (7.25 oz.)
- ◆ Red kidney beans, black beans, and baked beans (15 oz.)
- ◆ Diced or stewed tomatoes, tomato sauce (15 oz.)
- ◆ Sugar, white or brown (32 oz. or 80 oz.)
- ◆ Flour, white or wheat, and Instant Corn Masa Flour
- ◆ Canola oil and vegetable oil (48 oz.)
- ◆ Toilet paper

Place donations in the collection bins in the church entrance on the designated weekends. Christ House provides food for low-income households, children, the elderly, and the homeless in Alexandria and surrounding areas. Learn more about Christ House at [www.cdda.net](http://www.cdda.net). Thanks for helping to feed the hungry!



### YOU'RE INVITED: PARISH PICNIC

**FOOD \* GAMES \* FUN**

**Sep. 18 \* 1:00 PM – 5:00 PM**

Everyone—all parishioners, neighbors, and friends—are invited for lunch following the Noon Mass Sunday, September 18 from 1:00 PM until 5:00 PM. The Knights of Columbus will be grilling hamburgers and hot dogs, gift certificates and handmade items will be raffled off (bring cash!), plus face painting and games!

## THE ARLINGTON DIOCESE

### ANNUAL FATHER CAPODANNO MASS

**Sep. 6 | 6:30 PM | Basilica of the National Shrine of the Immaculate Conception, DC**

The Memorial Mass for Father Vincent R. Capodanno, MM, will be held on Tuesday, September 6 at 6:30 PM in the Crypt Church of the Basilica of the National Shrine of the Immaculate Conception, 400 Michigan Avenue, NE, Washington, D.C. His Excellency, the Most Reverend Timothy P. Broglio, J.C.D., Archbishop for the Military Services, will be the principal celebrant. This annual Mass is celebrated in memory of Father Capodanno, killed in Vietnam on September 4, 1967, as he aided embattled Marines. Father Capodanno posthumously received the Medal of Honor, and, in May 2006, the Catholic Church officially proclaimed him a Servant of God and thus formally initiated his Cause for Canonization. For more information, visit [www.CapodannoGuild.org](http://www.CapodannoGuild.org). All are invited to attend the Memorial Mass on the 55<sup>th</sup> anniversary of his death. Open seating; please plan to arrive early. Military members are encouraged to wear uniform of the day, and business attire is appropriate for civilians.

### BISHOP'S MASS HONORING MILITARY & FIRST RESPONDERS

**Sep. 11 \* 11:00 AM \* St. Leo the Great, Fairfax**

The Fr. Diamond Council and Fr. Malloy Assembly of the Knights of Columbus will host the 7<sup>th</sup> Annual Mass Honoring Military and First Responders on Sunday, September 11, 2022, at 11:00 AM at St. Leo the Great Catholic Church in Fairfax. All active-duty military and reservists, law enforcement, and fire and rescue Personnel are welcome to attend in dress uniform with their families. The principal celebrant and homilist will be Bishop Michael F. Burbidge. A group photo will be taken with Bishop Burbidge and Bishop Emeritus Paul S. Loverde and a reception will follow in the school gym. Please RSVP to Dave Todd, Jr., at [djtoddjr@gmail.com](mailto:djtoddjr@gmail.com).

### PRAISE & WORSHIP HOLY HOUR

**Sep. 13 \* 7:30 PM – 8:30 PM \* St. Leo the Great, Fairfax**

You are invited to an evening of praise and worship on Tuesday, September 13, from 7:30 PM - 8:30 PM at St. Leo the Great Catholic Church in Fairfax. This month's Holy Hour will be led by Fr. Michael Taylor and will feature music by Valerie and Rocco Reperski. Our special intention is for healing in families, especially those affected by abortion. Confessions available. Visit [www.arlingtondiocese.org/healingandconversion](http://www.arlingtondiocese.org/healingandconversion) for a livestream and more information.

### NATIONAL SINGLE CATHOLICS HEALING RETREAT FROM THE WOUNDS CAUSED BY DIVORCE

**Sep. 15 \* 4:30 PM – 9:30 PM \* Chantilly**

All are welcome to attend the National Single Catholics Evening Healing Retreat Thursday, September 15, 2022, from 4:30 PM - 9:30 PM at the Westfields Marriott, Chantilly, VA. If you have been affected by a divorce/broken trust/abuse/deficiency of love or have wounds that are affecting your identity or self-worth, you

are especially invited to this encounter with the healing power of Christ. Anyone who has been married and divorced/annulled, their children, family, friends, and anyone touched by divorce may attend. This retreat will focus on the beauty and power in our God-given identity, inner healing, forgiveness, and drawing closer to God through surrender and trust. Register at [www.nationalcatholicsingles.com/evening-healing-retreat](http://www.nationalcatholicsingles.com/evening-healing-retreat).

### **NATIONAL CONFERENCE FOR SINGLE CATHOLICS Sep. 16-18 \* Chantilly, VA**

Join hundreds of single Catholics from across the country (and beyond!) at the 21<sup>st</sup> National Conference for Single Catholics at the Westfields Marriott in Chantilly, VA September 16-18, 2022. The weekend includes talks by dynamic speakers, music, social events, Mass, adoration, opportunities for confession, fellowship, food, and more. Visit [www.NationalCatholicSingles.com](http://www.NationalCatholicSingles.com) for more info and registration. Call **512-766-5798** with any questions.

### **NATIONAL MIGRATION WEEK & BISHOP'S MASS Sep. 19-25**

How—and why—does the Church welcome migrants, refugees, and other newcomers to the Diocese of Arlington? Join Catholic Charities of the Diocese of Arlington during National Migration Week, Monday, September 19 - Sunday, September 25, for a series of events throughout the diocese. Events will include opportunities to learn more about the refugee experience, immigration law and citizenship, a job fair, opportunities to volunteer, a soccer tournament, and virtual cooking class for Afghan cuisine. Bishop Michael F. Burbidge will celebrate a Mass for the 108<sup>th</sup> World Day of Migrants at St. Ann Catholic Church on Sunday, September 25 at 11:00 AM. Learn more at [www.cdda.net/nationalmigrationweek](http://www.cdda.net/nationalmigrationweek).

### **WEEKEND RETREAT FOR MARRIED COUPLES Sep. 23-25 \* Crown Plaza, Reston**

Getting ready for the new school year means lots of time and focus spent on your children. Once school begins, why not give yourselves some time together? Make a Worldwide Marriage Encounter Weekend Experience! Our next retreat will be held September 23-25 at the Crowne Plaza in Reston, VA. Only a few spots are available, so sign up soon! To register, go to [www.WWME.org](http://www.WWME.org), click "Apply" and search on Virginia. Feel free to contact Mark and Cathy Stangler at **703-378-4150** or [mstang1987@aol.com](mailto:mstang1987@aol.com) with any questions.

### **MASS FOR JUBILARIANS**

#### **Oct. 16 \* 3:00 PM \* St. Thomas More, Arlington**

Celebrating a golden or silver wedding anniversary this year? Married in 1972 or 1997? If so, you are invited to join Bishop Michael F. Burbidge for the 2022 Mass for Jubilarians to be celebrated on Sunday, October 16 at 3:00 PM at the Cathedral of St. Thomas More in Arlington. To register, please contact Tatyana at the Our Lady of Lourdes parish office no later than October 3. For more info, visit [www.arlingtondiocese.org/MJM](http://www.arlingtondiocese.org/MJM).

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## RELIGIOUS EDUCATION

### **REGISTER NOW FOR CCD**

It's time to enroll your loved one in our 2022-23 CCD program! CCD classes will be held Sunday mornings beginning September 11. To register, submit the form on our website under "Get Involved" and "Religious Education." Please contact Leigh Hasson, our DRE, at [dre@ololcc.net](mailto:dre@ololcc.net) with any questions.

### **RCIA BEGINS IN SEPTEMBER**

#### **For Adults Seeking Baptism and Confirmation**

If you or someone you know would like to join the Catholic Church, be confirmed, or just learn more about the faith, the "Rite of Christian Initiation for Adults" (RCIA) begins Monday, September 19. Classes will be held every Monday at 7:00 PM, with a view to receiving the Sacraments of Initiation at the Easter Vigil in 2023. If interested, please fill out the online registration form on our website or contact the parish office. If you have questions, one of the priests would be happy to speak with you.

### **VOCATIONS**

"Take my yoke upon you, says the Lord." Are you willing to accept the yoke of the Lord through a vocation as a priest, deacon, religious sister, or brother? Contact Fr. Michael Isenberg in the diocesan Office of Vocations at **703-841-2514** or [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org).

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## STEWARDSHIP

### **SECOND COLLECTION NEXT WEEKEND**

#### **Sep. 3-4: Catholic University of America**

The collection for The Catholic University of America underwrites scholarships to assist financially deserving students in completing their education at the Catholic University of America, the national university of the Catholic Church, located in Washington, DC! Learn more at [www.catholic.edu](http://www.catholic.edu).

### **FAITH DIRECT ONLINE GIVING**

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all our parish's first and second collections and set up recurring payments on your own schedule. To sign up, scan the QR code on the cover of this bulletin, or visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

### **PARISH POOR BOX**

Our parish poor box is located near the confessionals. Donations to the poor box are used to assist our neighbors with essential expenses such as food, rent, utilities, and medical care. Recipients are screened by our parish priests. Thank you for your charity!

### **SPONSOR OF THE WEEK**

**Mallory's Army Foundation**

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**August 28, 2022**

**The 22<sup>nd</sup> Sunday in Ordinary Time**

**WEEKLY MASS INTENTIONS**

**SATURDAY AUGUST 27**

*St. Monica*

9:00 AM Sarah Kelley by Mary Downey

5:30 PM Robert Kelley by Mary Downey

**SUNDAY AUGUST 28**

*The 22<sup>nd</sup> Sunday in Ordinary Time*

8:00 AM Edward Lebiecz + by Mary Downey

10:00 AM All parishioners, living and deceased

12:00 PM Norberto Ochoa Rillo + by Rina Rillo

5:00 PM (Spanish) TBD

**MONDAY AUGUST 29**

*The Passion of St. John the Baptist*

6:45 AM Maurice G. Duncan + by Nancy Duncan

12:00 PM Harvey Lalk + by Mary Downey

**TUESDAY AUGUST 30**

6:45 AM Al Hooser + by Mary Downey

12:00 PM Kathleen Dianne Johnson + by Shirley Kalich

**WEDNESDAY AUGUST 31**

6:45 AM Marge & John Milan + by Mary Downey

12:00 PM Peggy & Frank Brew + by Mary Downey

**THURSDAY SEPTEMBER 1**

6:45 AM Fr. Nicholas Schierer

12:00 PM Beauvais Bellevue

**FRIDAY SEPTEMBER 2**

6:45 AM Fr. Christopher Christensen

12:00 PM The Dichoso-Marticio Family by Jenny Oldham

**PLEASE PRAY FOR**

**Ed Boehme, Rosa Diequez, April Garcia, Ron Harris,  
Jim & Becky McManaman, & Jose Silva**

Names are published for one month. Please contact Tatyana at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange.

**SPONSOR ALTAR FLOWERS**

Parishioners are welcome to sponsor our altar and tabernacle flowers in honor/memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net) to arrange.

**INVITE OUR LADY OF LOURDES HOME FOR A VISIT**

Our parish's Legion of Mary group is offering parishioners the opportunity to host the "Pilgrim Virgin" statue of Mary in their home for 1-2 weeks. Many blessings can arise from a visit from the Virgin! If interested, please contact the Legion of Mary at [csb1789@hotmail.com](mailto:csb1789@hotmail.com).

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**VOLUNTEER**

**CCD TEACHERS NEEDED**

Our Lady of Lourdes' CCD program needs teachers. If you are willing to help in the faith formation of our parish youth, this opportunity is for you! Please contact the Rectory or our Director of Religious Education for more information.

**VOLUNTEER AT MOTHER OF LIGHT CENTER**

Do you feel passionately about serving the poor, homeless, and less fortunate in our local community? Looking for a flexible volunteer opportunity? Become part of Mother of Light Center, a registered charity in Alexandria! There are many ways to get involved: serving at the Center; sorting, packaging, and delivering food, clothing, and spiritual items; visits with trained volunteers to the poor and homeless; counseling and social needs; meal preparation; yard work; prayer; and more! Learn about all our opportunities at [www.motheroflightcenter.com](http://www.motheroflightcenter.com). Questions? Call **703-508-5289** or email [motheroflightcenter@gmail.com](mailto:motheroflightcenter@gmail.com).

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**PRO LIFE**

**PRO-LIFE ROSARY**

**Tuesdays \* 7:00 PM \* Our Lady of Lourdes**

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM in the church.

**POST-ABORTION RETREAT FOR WOMEN**

**Oct. 15**

You are not alone. Take the first step toward healing. An After Abortion Retreat for women who have experienced abortion will be held on Saturday, October 15. These group healing events are conducted in a private and peaceful setting, in English and Spanish, and based on the Entering Canaan model. For confidential inquiries, please contact Project Rachel Ministry at **703-841-2504** or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

**DONATE & VOLUNTEER AT THE MARIH CENTER**

The MaRiH Center is a pro-life crisis pregnancy service offering alternatives to abortion and assisting local pregnant women and their babies. We need help operating our Alexandria center, manning our phones, and sorting donations. All training is provided. Bilingual volunteers are especially appreciated! We also accept donations of baby clothes and baby care products. For volunteer opportunities and a list of our most needed items, please visit [www.marih.org](http://www.marih.org), or contact us at **703-370-4774** or [marihcenter@gmail.com](mailto:marihcenter@gmail.com).

**PROJECT RACHEL: HELP AFTER ABORTION**

You are not alone. The pain and sorrow of past abortions need not endure for a lifetime. Contact Project Rachel for confidential referrals to trained clergy, professional counselors, and healing retreats at **1-888-456-4673**, [info@helpafterabortion.org](mailto:info@helpafterabortion.org), or visit [www.helpafterabortion.org](http://www.helpafterabortion.org).

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