

## OUR CHURCH

### CONTACT

830 23<sup>rd</sup> Street South, Arlington, VA 22202  
703-684-9261  
olol@ololcc.net (**New email! Please update your address book!**)  
www.ololcc.net

### CLERGY

Reverend Frederick H. Edlefsen, *Pastor*  
Reverend Joseph R. Kenna, *Parochial Vicar*  
Reverend Paul A. Berghout, *In Residence*

### STAFF

Ms. Mary Beth Harney, *Director of Religious Education*  
Mrs. Leigh Hasson, *Interim Director of Religious Education*  
Mr. Tom Bartolomeo, *Director of Music*  
Ms. Marianne Rodriguez, *Office Manager*  
Ms. Tatyana Rasmussen, *Sacramental Secretary*

### RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM  
Saturday: Closed  
Sunday: 9:30 AM – 1:00 PM

### PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Registration forms are available in the entrance of the church and in the rectory office. Completed forms should be submitted to the rectory office (or put through our mail slot after business hours).

### MASSES

Monday – Friday: 6:45 AM, 12:00 PM  
Saturday: 9:00 AM; 5:30 PM (Vigil Mass)  
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)  
Federal Holidays: 9:00 AM  
Holy Days: 12:00 PM, 7:30 PM

### CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM  
Thursday: 12:30 PM – 1:00 PM  
Saturday: 4:00 PM – 5:00 PM  
Sunday: 4:15 PM – 4:45 PM (Spanish)  
Please contact our office for Confessions by appointment.

### MIRACULOUS MEDAL NOVENA

Wednesday: 12:30 PM

### EUCCHARISTIC HOLY HOUR & BENEDICTION

First Friday of the Month: 12:30 PM – 1:30 PM

## OUR SACRAMENTS

### BAPTISM

Baptisms are performed in a group on the third Sunday of the month immediately following the 12:00 PM Mass, or roughly 1:00 PM. Please contact Tatyana Rasmussen at the rectory office to arrange.

### FIRST COMMUNION

Please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

### CONFIRMATION

Please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

Adult Confirmation classes for individuals who have already received both the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Tatyana Rasmussen at the rectory office to register.

### RITE OF CHRISTIAN INITIATION (RCIA)

RCIA classes are available for adults in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. **Our 2020-21 Program begins Monday, September 21!** Please contact Tatyana Rasmussen at the rectory office to register.

### MARRIAGE

Please contact a priest 6-7 months prior to your intended wedding date to begin Marriage preparation. An overview of the Arlington Diocese's marriage preparation policies is available on the diocesan website: [www.arlingtondiocese.org](http://www.arlingtondiocese.org).

### ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

### FUNERALS

Please contact the Rectory Office to arrange.

### SPONSORSHIP REQUIREMENTS

#### For Godparents, Confirmation Sponsors, & Proxies

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

## PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

## RCIA: ADULT BAPTISM, COMMUNION, & CONFIRMATION

### **Mondays | 7:00 PM – 8:00 PM | Our Lady of Lourdes**

Our 2020-21 course of the Rite of Christian Initiation for Adults (RCIA) begins September 21, 2020! Classes will be held on Monday nights from 7:00 PM - 8:00 PM in the lower level of the Parish Hall. A special invitation is extended to all adults who would like to become Catholic and to adult Baptized Catholics who have not yet received First Communion or Confirmation. Sacraments will be conveyed during the Easter Vigil Mass on Saturday, April 3, 2021. To register, please contact Tatyana at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net).

## PRO-LIFE ROSARY

### **Tuesdays | 7:00 PM | Our Lady of Lourdes**

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM at Our Lady of Lourdes.

## RELIGIOUS EDUCATION—CCD STARTS SEPT. 13!

**2020-21 CCD Program (September 13, 2020–May 16, 2021):** This year's CCD program combines virtual instruction with in-person classroom sessions. Students in grade 2 (First Communion candidates) and grade 8 (Confirmation candidates) meet for in-person classes every Sunday. Students in all other grades receive virtual lessons via the Spirit of Truth curriculum and meet monthly for in-person events on their grade's designated Saturday. All in-person activities are conducted in the parish hall with COVID-19 mitigation practices observed. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on [www.ololcc.net](http://www.ololcc.net), or contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net).

Our Director of Religious Education will be available after all weekend Masses on August 22 and 23 to answer questions and facilitate registration.

**We Need CCD Teachers:** Do you love your faith? Enjoy working with children? Please come help our Religious Education Program! Teachers must submit to a background check, attend a 4-hour Child Protection seminar, and sign an Oath of Fidelity to the Catholic faith. For more information, please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net).

## ADULT EDUCATION SERIES

Our Lady of Lourdes conducts Adult Education courses on spiritual topics throughout the academic year. Sessions meet two Sunday per month at 9:15 AM in the Parish Hall. Open to all, no registration required, coffee and pastries served! Check this space for upcoming courses and dates. For more information, please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net).

## SEPTEMBER FOOD DRIVE FOR CHRIST HOUSE

### **Seeking volunteer drivers to transport donations!**

Our Lady of Lourdes is conducting a food drive next month to support Christ House Food Pantry! Many of you are familiar with Christ House in Alexandria; for years, the Knights of Columbus at Our Lady of Lourdes have collected donations for this local pantry. In today's trying times, Christ House and the people they serve could really use our help! Details about the food drive will be included in upcoming bulletins. In the meantime, do you have a vehicle and are you willing to assist in transporting our food collections from Our Lady of Lourdes church to Christ House Food Pantry on Monday, September 28? Please contact Donna Hansberry at [dchansberry@gmail.com](mailto:dchansberry@gmail.com) if you are able to help out. Thanks in advance!

## FORMED: "THE CATHOLIC NETFLIX"

### **Free Catholic Films, Podcasts, Audio Books, & More!**

As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy hundreds of Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; watch Catholic documentaries; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to [formed.org/signup](http://formed.org/signup) and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

## VOCATIONS

"What profit would a man show if he were to gain the whole world and ruin himself in the process?" What might you gain through a life of loving service as a priest, deacon, religious brother, or religious sister? Call Fr. Michael Isenberg at **703-841-2514** or write to [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org).

## PROJECT RACHEL: HELP AFTER ABORTION

Feeling haunted by a past abortion? If you are experiencing spiritual alienation, depression, grief, or suicidal thoughts relating to the loss of a child, you are invited into God's mercy and forgiveness! Please contact Project Rachel healing ministry for confidential care and assistance: **1-888-456-4673**, [info@helpafterabortion.org](mailto:info@helpafterabortion.org), or visit [www.helpafterabortion.org](http://www.helpafterabortion.org).

## POST-ABORTION HEALING RETREAT FOR WOMEN

An Entering Canaan Day of Prayer & Healing for women who have experienced abortion will be held on **Saturday, October 17, 2020** in both English and Spanish. Come begin your healing journey and experience God's hope and mercy. You are not alone. There is hope. There is healing. For more information and confidential registration, please contact Project Rachel Ministry at **888-456-4673** or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

## GUADALUPE CATHOLIC RADIO

Tune in to Guadalupe Catholic Radio Network on 1160 AM!

## SECOND COLLECTION NEXT WEEKEND

### Sept. 5 & 6: Maintenance & Improvement Fund

Help us keep our church strong, safe, clean, and comfortable by donating to our parish Maintenance and Improvement Fund! Your donations will help us cover the costs of extra cleaning supplies and equipment, contracts with professional disinfecting services, and hiring extra personnel to combat COVID-19. Thank you!

## 2020 BISHOP'S LENTEN APPEAL

♦ **Just \$5.5K to go!** We have raised **\$142,462.00** and reached **96%** of our parish goal of **\$148,000.00** with **23%** household participation as of August 13!

Have you made your pledge to the Bishop's Lenten Appeal? The BLA supports our Diocese in its mission of sharing the love and mercy of Christ through serving the needy, educating and forming youth, encouraging vocations, promoting a culture of life, and assisting the clergy, religious, and lay people who help build and strengthen our diocesan Church. Please join us to continue God's work! Learn more about the many ministries supported by the BLA and make your donation online at [www.arlingtondiocese.org/bishops-lenten-appeal](http://www.arlingtondiocese.org/bishops-lenten-appeal).

## FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own schedule. To sign up, please visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

## STEWARDSHIP REFLECTION

"What profit would there be for one to gain the whole world and forfeit his life?" (MATTHEW 16:26)

St. Francis of Assisi once said, "Remember, you are what you are in the eyes of God, and nothing else." We often forget this bit of stewardship wisdom when we spend all of our time, talent, and treasure to gain more of the world's riches. Set your priorities based on God's values, not on the values of the material world.

## VOLUNTEER: CATHOLIC CHARITIES FARM GLEANING

### First Saturdays of the Month September – November

Help Catholic Charities feed the hungry by volunteering to glean crops on a one-day mission trip to the northern neck of Virginia. "Gleaning" is the traditional biblical practice of gathering crops that would otherwise be left to rot in the fields or be plowed under after harvest. The freshly gleaned produce will be transported back to Catholic Charities' St. Lucy Project Food Warehouse and given to those in need. Mission trips will be offered on the first Saturday of each month through November and are a great service project for church groups, families, book clubs, and Confirmation students (with parental supervision.) This is physical but very rewarding work! To sign up for a trip, visit [tinyurl.com/farmgleaning2020](http://tinyurl.com/farmgleaning2020). For more information, please contact Commissioned by Christ Farm Gleaning Mission Trip Volunteer Coordinator, Tom Pedagno at [tcp167@verizon.net](mailto:tcp167@verizon.net).

## PRAISE & WORSHIP HOLY HOUR

### Sept. 8 | 7:30 PM – 8:30 PM | St. Leo the Great, Fairfax

Join us for prayer, praise, and worship from 7:30 PM - 8:30 PM on the second Tuesday of each month at St. Leo the Great Catholic Church (3700 Old Lee Hwy, Fairfax, VA 22030.) Our Holy Hour on Tuesday, September 8, will feature popular musical artists Valerie and Rocco Repetski and homilist Fr. Stephen Vaccaro. Confessions will be available. All are welcome, so please bring a friend. To learn more, visit [www.arlingtondiocese.org/healingandconversion](http://www.arlingtondiocese.org/healingandconversion) or email [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

## 50<sup>TH</sup> & 25<sup>TH</sup> MARRIAGE ANNIVERSARY MASS

### Oct. 4 | 2:30 PM – 5:00 PM | Cathedral of St. Thomas More

**Register by Friday, September 11, to participate!** Are you celebrating a silver (25) or golden (50) wedding anniversary this year? Couples married in 1970 or 1995 are invited to join Bishop Michael F. Burbidge for the 2019 Mass for Jubilarians to be celebrated on Sunday, October 4, at 2:30 PM at the Cathedral of Saint Thomas More (3901 Cathedral Lane, Arlington, VA 22203). Registration is required; please register by Friday, September 11, via Tatyana at the Our Lady of Lourdes parish office at 703-684-9261 or [olol@ololcc.net](mailto:olol@ololcc.net). For more information, visit [www.arlingtondiocese.org/MJM](http://www.arlingtondiocese.org/MJM).

## RESPECT LIFE CONFERENCE WITH BISHOP

### Sept. 12 | 8:00 AM – 12:30 PM | Holy Spirit, Annandale

What do respect life outreach and advocacy look like now that the laws passed in the Virginia General Assembly 2020 session have taken effect? Join us Saturday, September 12, for an assessment of threats to human life and dignity and suggestions for effective practical grassroots response at Holy Spirit Catholic Church (5121 Woodland Way, Annandale, VA 22003.) Mass will be celebrated at 8:00 AM in the church. Our program will be held from 8:45 AM - 12:30 PM in the gymnasium. Bishop Michael Burbidge will offer opening prayer. Our keynote speaker is Victoria Cobb, President, Family Foundation. Guest speakers are Olivia Turner Gans, President Virginia Society for Human Life and Jeff Caruso, J.D., Executive Director, Virginia Catholic Conference. Light refreshments served. Tickets are \$10.00. Please register at [www.arlingtondiocese.org/RLC](http://www.arlingtondiocese.org/RLC).

## DIOCESAN COVID-19 RESOURCES PAGE

### Where to Live Stream Masses & More!

The Arlington Diocese has provided a Covid-19 resource page with links to livestreamed and recorded Masses, prayers, daily readings, and more! Please visit: [www.arlingtondiocese.org/covid19resources](http://www.arlingtondiocese.org/covid19resources).

## PRAYER WARRIORS FOR OPIOID CRISIS RESPONSE

Catholic Charities needs Prayer Warriors to privately offer petitions of concerns for those who are struggling with the effects of addiction to opioids and other substances. You can pray anytime, anywhere for so many who are struggling. To become a Prayer Warrior and to receive our monthly newsletter containing encouraging advice, helpful resources and prayer requests, please visit: [www.cdda.net/need-help/prayer-warriors](http://www.cdda.net/need-help/prayer-warriors)

# AUGUST 30, 2020

THE 22<sup>ND</sup> SUNDAY IN ORDINARY TIME

## WEEKLY MASS INTENTIONS

### SATURDAY VIGIL AUGUST 29

5:30 PM All Parishioners (L/D)

### SUNDAY AUGUST 30

8:00 AM All Parishioners (L/D)

10:00 AM All Parishioners (L/D)

12:00 PM All Parishioners (L/D)

5:00 PM (Spanish) All Parishioners (L/D)

### MONDAY AUGUST 31

6:45 AM Bill & Maureen Billerbeck +  
by James & Mary Ellen Tibbs

12:00 PM Maria Wallace + by William Wallace & Family

### TUESDAY SEPTEMBER 1

6:45 AM Jim Billerbeck + by James & Mary Ellen Tibbs

12:00 PM Zacarias Songco + by Juana Songco

### WEDNESDAY SEPTEMBER 2

6:45 AM Barbara Billerbeck Proctor +  
by James & Mary Ellen Tibbs

12:00 PM John McHale + Diane Dusza

### THURSDAY SEPTEMBER 3

*St. Gregory the Great, Pope & Doctor of the Church*

6:45 AM All Souls in Purgatory +

12:00 PM Antoinette Fargo + by Rose Stack

### FRIDAY SEPTEMBER 4

6:45 AM William V. Fischetti + by the Fischetti Family

12:00 PM Jane Bellizzi Fischetti + by the Fischetti Family

### SATURDAY SEPTEMBER 5

9:00 AM The Songco Family by Juana Songco

## PLEASE PRAY FOR

**Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia,  
Ron Harris, & Jose Silva**

Names published for one month. Please contact Tatyana at the rectory office to arrange.

## SPONSOR ALTAR FLOWERS

You can sponsor altar and tabernacle flowers in honor of or in memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or **olol@ololcc.net** to arrange.

Upcoming Weeks Available: Sept. 13, Sept. 20, Sept. 27, Oct. 4

## FIRST FRIDAY ADORATION & HOLY HOUR

This Friday, September 4, and every first Friday of the month, we will have a Holy Hour with Adoration beginning with Exposition of the Blessed Sacrament immediately following the 12:00 PM Mass and concluding with Benediction at 1:30 PM. No sign up required!

## SPONSOR OF THE WEEK

**Arlington Reality: Sales, Notary, & Property Management**

## WEEKLY EVENT CALENDAR

### SUNDAY

8:00 AM

4:15 PM

5:00 PM

### MONDAY

TUESDAY

12:30 PM

7:00 PM

### WEDNESDAY

12:30 PM

7:00 PM

### THURSDAY

12:30 PM

### FRIDAY

12:30 PM

1:30 PM

### SATURDAY

4:00 PM

### SUNDAY

4:15 PM

### AUGUST 30

CCD First Communion (Church)

Spanish Confessions (Church)

Spanish CCD First Communion (Church)

### AUGUST 31

### SEPTEMBER 1

Confessions (Church)

CCD Confirmation Meeting (Church)

### SEPTEMBER 2

Miraculous Medal Novena (Church)

CCD Confirmation (Church)

### SEPTEMBER 3

Confessions (Church)

### SEPTEMBER 4

Exposition of the Blessed Sacrament (Church)

Benediction of the Blessed Sacrament (Church)

### SEPTEMBER 5

Confessions (Church)

### SEPTEMBER 6

Spanish Confessions (Church)

## COVID-19 UPDATES: PUBLIC MASSES RESUMED

We have resumed our regular schedule of Masses! All Masses are open to the public.

**Parishioners are asked to take the following precautions in church:**

- ◆ Face masks must be worn inside the church
- ◆ A social distance of 6 feet must be maintained at all times, including while seated in pews and while in line for Communion
- ◆ Receiving Communion via the hands is recommended
- ◆ Confessions must be heard behind the screen

**Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese. This dispensation continues through our reopening and is extended until further notice.**

Bishop Burbidge respectfully suggests that the following individuals continue to stay home on Sundays:

- ◆ those above the age of 65
- ◆ those with an increased risk due to health conditions
- ◆ anyone experiencing flu-like symptoms or who may have been exposed to COVID-19

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A sample prayer of Spiritual Communion follows:

*My Jesus,*

*I believe that You are present in the Most Holy Sacrament.*

*I love You above all things, and I desire to receive You into my soul.*

*Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.*

*I embrace You as if You were already there and unite myself wholly to You.*

*Never permit me to be separated from You.*

*Amen.*

For detailed health and safety recommendations, please see the Arlington Diocese website for an Arlington COVID Response Guide for the Lay Faithful: **www.arlingtondiocese.org**.