

## OUR CHURCH

### CONTACT

830 23<sup>rd</sup> Street South, Arlington, VA 22202  
703-684-9261  
olol@ololcc.net (New email! Please update your address book!)  
www.ololcc.net

### CLERGY

Reverend Frederick H. Edlefsen, *Pastor*  
Reverend Joseph R. Kenna, *Parochial Vicar*  
Reverend Paul A. Berghout, *In Residence*

### STAFF

Ms. Mary Beth Harney, *Director of Religious Education*  
Mrs. Leigh Hasson, *Interim Director of Religious Education*  
Mr. Tom Bartolomeo, *Director of Music*  
Ms. Marianne Rodriguez, *Office Manager*  
Ms. Tatyana Rasmussen, *Sacramental Secretary*

### RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM  
Saturday: Closed  
Sunday: 9:30 AM – 1:00 PM

### PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Registration forms are available in the entrance of the church and in the rectory office. Completed forms should be submitted to the rectory office (or put through our mail slot after business hours).

### MASSES

Monday – Friday: 6:45 AM, 12:00 PM  
Saturday: 9:00 AM; 5:30 PM (Vigil Mass)  
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)  
Federal Holidays: 9:00 AM  
Holy Days: 12:00 PM, 7:30 PM

### CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM  
Thursday: 12:30 PM – 1:00 PM  
Saturday: 4:00 PM – 5:00 PM  
Sunday: 4:15 PM – 4:45 PM (Spanish)  
Please contact our office for Confessions by appointment.

### MIRACULOUS MEDAL NOVENA

Wednesday: 12:30 PM

### EUCCHARISTIC HOLY HOUR & BENEDICTION

First Friday of the Month: 12:30 PM – 1:30 PM

## OUR SACRAMENTS

### BAPTISM

Baptisms are performed in a group on the third Sunday of the month immediately following the 12:00 PM Mass, or roughly 1:00 PM. Please contact Tatyana Rasmussen at the rectory office to arrange.

### FIRST COMMUNION

Please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

### CONFIRMATION

Please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net) for more information.

Adult Confirmation classes for individuals who have already received both the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Tatyana Rasmussen at the rectory office to register.

### RITE OF CHRISTIAN INITIATION (RCIA)

RCIA classes are available for adults in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. **Our 2020-21 Program begins Monday, September 21!** Please contact Tatyana Rasmussen at the rectory office to register.

### MARRIAGE

Please contact a priest 6-7 months prior to your intended wedding date to begin Marriage preparation. An overview of the Arlington Diocese's marriage preparation policies is available on the diocesan website: [www.arlingtondiocese.org](http://www.arlingtondiocese.org).

### ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

### FUNERALS

Please contact the Rectory Office to arrange.

### SPONSORSHIP REQUIREMENTS

#### For Baptism Godparents & Confirmation Sponsors

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be sacramentally Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

## LETTER FROM THE PASTOR

Dear Parishioners of Our Lady of Lourdes,

Please pray for our young men and women who were confirmed on Wednesday, September 2:

Yoselin Maydeli Granados	Karyn Margarita Hernandez Morales
Carlos Antonio Ixcoy Ixcoy	Michaela Kateri Marshall
Trevor James Martin	Liam Thomas Merrigan
Eric Daniel Mox	Samuel David Poffenbarger Hasson
Josseline Lineth Quintanilla	Lucas Spelman Sitz
Harrison McKinley Tull	Edward Gabriel Velasquez
Jasmine Alejandra Villalobos Mendez	Madeline Claesa Vitug Miranda
Sarah Anne Wallace	

They've been sealed with the Gift of the Holy Spirit, which turns the grace of their Baptism into the Mission of Jesus Christ. Christ himself was sealed with the Holy Spirit when He was Baptized by John the Baptist in the Jordan River. "For on Him, God the Father has set his seal" (John 6:27). That was the beginning of Christ's public Mission to proclaim the Good News and the forgiveness of sins. Moreover, Confirmation gives a special courage and strength to persevere in holiness during life's trials. In the homily at the Confirmation Mass, I told the confirmandi to pray daily for the Holy Spirit's gift of Wisdom, which gives us intimate knowledge and friendship with Jesus. Wisdom blossoms into the Beatitude, "Blessed are the peacemakers for they shall be called children of God." I also told them to pray for the Holy Spirit's Gift of Counsel, which puts God's word on our lips, God's action in our hearts and God's thoughts in our mind. Counsel blossoms into the Beatitude, "Blessed are the merciful, for they shall receive mercy." Congratulations to our newly Confirmed!

In Christ and His Mother,  
Fr. Edlefsen

## RCIA: ADULT BAPTISM, COMMUNION, & CONFIRMATION Mondays | 7:00 PM – 8:00 PM | Our Lady of Lourdes

Our 2020-21 course of the Rite of Christian Initiation for Adults (RCIA) begins September 21, 2020! Classes will be held on Monday nights from 7:00 PM - 8:00 PM in the lower level of the Parish Hall. A special invitation is extended to all adults who would like to become Catholic and to adult Baptized Catholics who have not yet received First Communion or Confirmation. Sacraments will be conveyed during the Easter Vigil Mass on Saturday, April 3, 2021. To register, please contact Tatyana at **703-684-9261** or [olol@ololcc.net](mailto:olol@ololcc.net).

## ADULT EDUCATION SERIES

Our Lady of Lourdes conducts Adult Education courses on spiritual topics throughout the academic year. Sessions meet two Sunday per month at 9:15 AM in the Parish Hall. Open to all, no registration required, coffee and pastries served! Check this space for upcoming courses and dates. For more information, please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net).

## VOCATIONS

"None of us lives for oneself, and no one dies for oneself." Is God calling you to live for others as a priest, deacon, religious brother, or sister? Call Fr. Michael Isenberg at **703-841-2514** or write to [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org).

## SEPTEMBER FOOD DRIVE FOR CHRIST HOUSE

### Collecting donations through the next 3 weekends!

Our food drive is right around the corner! Our Lady of Lourdes will collect nonperishable food for Christ House at weekend masses the last three weekends in September: September 12/13, 19/20, and 26/27. Requested items include cereal, peanut butter and jelly, canned meat and vegetables, and pasta. A complete list of needed food can be found in the church atrium. Whatever you can provide to help feed the hungry will be greatly appreciated. Additionally, if you have a vehicle and are willing to assist in transporting our food collections to Christ House Food Pantry on Monday, September 21 and/or September 28, please contact Donna Hansberry at [dchansberry@gmail.com](mailto:dchansberry@gmail.com). Thanks to those who have already offered to assist—much obliged!

## RELIGIOUS EDUCATION—CCD STARTS SEPT. 13!

**2020-21 CCD Program (September 13, 2020–May 16, 2021):** This year's CCD program combines virtual instruction with in-person classroom sessions. Students in grade 2 (First Communion candidates) and grade 8 (Confirmation candidates) meet for in-person classes every Sunday. Students in all other grades receive virtual lessons via the Spirit of Truth curriculum and meet monthly for in-person events on their grade's designated Saturday. All in-person activities are conducted in the parish hall with COVID-19 mitigation practices observed. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on [www.ololcc.net](http://www.ololcc.net), or contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net).

**We Need CCD Teachers:** Do you love your faith? Enjoy working with children? Please come help our Religious Education Program! Teachers must submit to a background check, attend a 4-hour Child Protection seminar, and sign an Oath of Fidelity to the Catholic faith. For more information, please contact our Director of Religious Education at [dre@ololcc.net](mailto:dre@ololcc.net).

## PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

## PRO-LIFE ROSARY

### Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM at Our Lady of Lourdes.

## POST-ABORTION HEALING RETREAT FOR WOMEN

An Entering Canaan Day of Prayer & Healing for women who have experienced abortion will be held from 9:00 AM – 5:00 PM Saturday, October 17, in both English and Spanish. Location to be disclosed upon registration. Begin your healing journey, experience God's mercy. For more information and confidential registration, please contact Project Rachel at **888-456-4673** or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

## SECOND COLLECTION NEXT WEEKEND

### Sept. 19 & 20: Parish Religious Education

All donations made toward the second collection next weekend will benefit the Our Lady of Lourdes Religious Education Program. These funds will stay inside our own parish and provide school materials for our CCD students. Thank you for your support for our young Catholics and educators!

## 2020 BISHOP'S LENTEN APPEAL

♦ **Just \$5.5K to go!** We have raised **\$142,462.00** and reached **96%** of our parish goal of **\$148,000.00** with **23%** household participation as of August 13!

Have you made your pledge to the Bishop's Lenten Appeal? The BLA supports our Diocese in its mission of sharing the love and mercy of Christ through serving the needy, educating and forming youth, encouraging vocations, promoting a culture of life, and assisting the clergy, religious, and lay people who help build and strengthen our diocesan Church. Please join us to continue God's work! Learn more about the many ministries supported by the BLA and make your donation online at [www.arlingtondiocese.org/bishops-lenten-appeal](http://www.arlingtondiocese.org/bishops-lenten-appeal).

## FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own schedule. To sign up, please visit [www.faithdirect.net](http://www.faithdirect.net) and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

## STEWARDSHIP REFLECTION

"For if we live, we live for the Lord, and if we die, we die for the Lord; so then, whether we live or die, we are the Lord's." (ROMANS 14:8)

This is the essence of stewardship: everything we have and everything we are is a gift from God. We are not "owners" of anything, we are merely "stewards" of the gifts that God has given us, especially our very own lives. Pray to God daily, and ask Him how He is calling you to live the life that He intended for you.

## HEARING DEVICES AVAILABLE AT MASS

Devices are available to assist those with hearing impairments at Masses. If you need help hearing the liturgy, please speak to an usher prior to the beginning of Mass. All hearing devices are sanitized after each use.

## DIOCESAN COVID-19 RESOURCES PAGE

### Where to Live Stream Masses & More!

The Arlington Diocese has provided a Covid-19 resource page with links to livestreamed and recorded Masses, prayers, daily readings, and more! Please visit: [www.arlingtondiocese.org/covid19resources](http://www.arlingtondiocese.org/covid19resources).

## SPONSOR OF THE WEEK

Hermitage Northern Virginia

## VOLUNTEER: CATHOLIC CHARITIES FARM GLEANING

### Oct. 3 & Nov. 7

Help Catholic Charities feed the hungry by volunteering to glean crops on a one-day mission trip to the northern neck of Virginia. "Gleaning" is the traditional biblical practice of gathering crops that would otherwise be left to rot in the fields or be plowed under after harvest. The freshly gleaned produce will be transported back to Catholic Charities' St. Lucy Project Food Warehouse and given to those in need. Mission trips will be offered on the first Saturday of each month through November and are a great service project for church groups, families, book clubs, and Confirmation students (with parental supervision.) This is physical but very rewarding work! To sign up for a trip, visit [tinyurl.com/farmgleaning2020](http://tinyurl.com/farmgleaning2020). For more information, please contact Commissioned by Christ Farm Gleaning Mission Trip Volunteer Coordinator, Tom Pedagno at [tcp167@verizon.net](mailto:tcp167@verizon.net).

## CHRIST HOUSE THRIFT SHOP VOLUNTEERS NEEDED

Catholic Charities Christ House Thrift Shop needs volunteers for regular shifts (3 hours per week) on Thursdays and Fridays from 10:00 AM - 1:00 PM and 1:00 PM - 4:00 PM. Volunteers will provide support and assistance to shoppers, as well as monitor the maximum number of customers allowed inside the shop at one time. Christ House Thrift Shop is located at 125 South West Street, Alexandria, VA 22314. Please contact [aniliza.juan@ccda.net](mailto:aniliza.juan@ccda.net) to learn more.

## PRAYER WARRIORS FOR OPIOID CRISIS RESPONSE

Catholic Charities needs Prayer Warriors to privately offer petitions of concerns for those who are struggling with the effects of addiction to opioids and other substances. You can pray anytime, anywhere for so many who are struggling. To become a Prayer Warrior and to receive our monthly newsletter containing encouraging advice, helpful resources and prayer requests, please visit: [www.ccda.net/need-help/prayer-warriors](http://www.ccda.net/need-help/prayer-warriors)

## ENGLISH, CITIZENSHIP, & GED CLASSES ONLINE!

Catholic Charities of the Diocese of Arlington's Education and Workforce Development program provides English, Citizenship, GED, and other job skills classes and training. Registration is now open! Registration fee: \$125 for 12 weeks (includes course materials). Please call **571-208-1572** or email [ewd1@ccda.net](mailto:ewd1@ccda.net) for details.

## FORMED: "THE CATHOLIC NETFLIX"

### Free Catholic Films, Podcasts, Audio Books, & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy hundreds of Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; watch Catholic documentaries; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to [formed.org/signup](http://formed.org/signup) and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

# SEPTEMBER 13, 2020

THE 24<sup>TH</sup> SUNDAY IN ORDINARY TIME

## WEEKLY MASS INTENTIONS

### SATURDAY

### SEPTEMBER 12

9:00 AM Rear Admiral F. Neale Smith, USN +  
by Timothy Smith

5:30 PM (Vigil) All Parishioners (L/D)

### SUNDAY

### SEPTEMBER 13

8:00 AM All Parishioners (L/D)

10:00 AM All Parishioners (L/D)

12:00 PM All Parishioners (L/D)

5:00 PM (Spanish) All Parishioners (L/D)

### MONDAY

### SEPTEMBER 14

*The Exaltation of the Holy Cross*

6:45 AM All Souls in Purgatory +

12:00 PM Lila Kritz + by Eve Kramer

### TUESDAY

### SEPTEMBER 15

*Our Lady of Sorrows*

6:45 AM John Kelley +

12:00 PM Bob Kramer + by Eve Kramer

### WEDNESDAY

### SEPTEMBER 16

*Sts. Cornelius, Pope, & Cyprian, Bishop, Martyrs*

6:45 AM Aimee & Katie Fisher by Jasmine Clark

12:00 PM Catherine O'Connell + by Mary Ellen O'Connell

### THURSDAY

### SEPTEMBER 17

6:45 AM Christopher Stuarts & Lauren Cairn  
by Jasmine Clark

12:00 PM Buddy Jose by Eve Kramer

### FRIDAY

### SEPTEMBER 18

6:45 AM George Martin + by Jerry & Cecilia Martin

12:00 PM All Caregivers by Rose Stack

## PLEASE PRAY FOR

**Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia,  
Ron Harris, & Jose Silva**

Names published for one month. Please contact Tatyana at the rectory office to arrange.

## THIS WEEK'S ALTAR FLOWERS WERE PROVIDED...

**In Loving Memory of Rear Admiral F. Neale Smith, USN  
By Timothy Smith**

You can sponsor altar and tabernacle flowers in honor of or in memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or **olol@ololcc.net** to arrange.

Upcoming Weeks Available: Sept. 27, Oct. 4, Oct. 18, Oct. 25

## LIVE IN ZIP CODE 22202?

Be sure to register as a parishioner of Our Lady of Lourdes! Parish registration cards are available in the entrance of the church. Completed cards should be submitted to the rectory office (or put through our mail slot after regular business hours).

## WEEKLY EVENT CALENDAR

### SUNDAY

### SEPTEMBER 13

8:45 AM

CCD Grade 2 (Parish Hall)

10:45 AM

CCD Grade 8 (Parish Hall)

4:15 PM

Spanish Confessions (Church)

### MONDAY

### SEPTEMBER 14

### TUESDAY

### SEPTEMBER 15

12:30 PM

Confessions (Church)

### WEDNESDAY

### SEPTEMBER 16

12:30 PM

Miraculous Medal Novena (Church)

### THURSDAY

### SEPTEMBER 17

12:30 PM

Confessions (Church)

### FRIDAY

### SEPTEMBER 18

### SATURDAY

### SEPTEMBER 19

1:00 PM

CCD Grade 7 (Parish Hall)

4:00 PM

Confessions (Church)

### SUNDAY

### SEPTEMBER 20

8:45 AM

CCD Grade 2 (Parish Hall)

10:45 AM

CCD Grade 8 (Parish Hall)

4:15 PM

Spanish Confessions (Church)

## COVID-19 UPDATES: PUBLIC MASSES RESUMED

We have resumed our regular schedule of Masses! All Masses are open to the public.

**Parishioners are asked to take the following precautions in church:**

- ◆ Face masks must be worn inside the church
- ◆ A social distance of 6 feet must be maintained at all times, including while seated in pews and while in line for Communion
- ◆ Receiving Communion via the hands is recommended
- ◆ Confessions must be heard behind the screen

**Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese. This dispensation continues through our reopening and is extended until further notice.**

Bishop Burbidge respectfully suggests that the following individuals continue to stay home on Sundays:

- ◆ those above the age of 65
- ◆ those with an increased risk due to health conditions
- ◆ anyone experiencing flu-like symptoms or who may have been exposed to COVID-19

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A sample prayer of Spiritual Communion follows:

*My Jesus,*

*I believe that You are present in the Most Holy Sacrament.*

*I love You above all things, and I desire to receive You into my soul.*

*Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.*

*I embrace You as if You were already there and unite myself wholly to You.*

*Never permit me to be separated from You.*

*Amen.*

For detailed health and safety recommendations, please see the Arlington Diocese website for an Arlington COVID Response Guide for the Lay Faithful: **www.arlingtondiocese.org**.