

OUR CHURCH

CONTACT

830 23rd Street South, Arlington, VA 22202
703-684-9261
olol@ololcc.net
www.ololcc.net

CLERGY

Reverend Frederick H. Edlefsen, *Pastor*
Reverend Joseph R. Kenna, *Parochial Vicar*
Reverend Paul A. Berghout, *In Residence*

STAFF

Ms. Mary Beth Harney, *Director of Religious Education*
Mrs. Leigh Hasson, *Interim Director of Religious Education*
Mr. Tom Bartolomeo, *Director of Music*
Ms. Marianne Rodriguez, *Office Manager*
Ms. Tatyana Rasmussen, *Sacramental Secretary*

RECTORY OFFICE HOURS

Monday – Friday: 8:00 AM – 12:00 PM & 12:30 PM – 4:00 PM
Saturday: Closed
Sunday: 9:30 AM – 1:00 PM

PARISHIONER REGISTRATION

If you are a Catholic residing within the zip code of 22202 or regularly attend Our Lady of Lourdes Church, please register as our parishioner! Registration forms are available in the entrance of the church and in the rectory office. Completed forms should be submitted to the rectory office (or put through our mail slot after business hours).

MASSES

Monday – Friday: 6:45 AM, 12:00 PM
Saturday: 9:00 AM; 5:30 PM (Vigil Mass)
Sunday: 8:00 AM, 10:00 AM, 12:00 PM; 5:00 PM (Spanish)
Federal Holidays: 9:00 AM
Holy Days: 12:00 PM, 7:30 PM

CONFESSIONS

Tuesday: 12:30 PM – 1:00 PM
Thursday: 12:30 PM – 1:00 PM
Saturday: 4:00 PM – 5:00 PM
Sunday: 4:15 PM – 4:45 PM (Spanish)
Please contact our office for Confessions by appointment.

MIRACULOUS MEDAL NOVENA

Wednesday: 12:30 PM

EUCCHARISTIC HOLY HOUR & BENEDICTION

First Friday of the Month: 12:30 PM – 1:30 PM

OUR SACRAMENTS

BAPTISM

Baptisms are performed in a group on the third Sunday of the month immediately following the 12:00 PM Mass, or roughly 1:00 PM. Please contact Tatyana Rasmussen at the rectory office to arrange.

FIRST COMMUNION

Please contact our Director of Religious Education at dre@ololcc.net for more information.

CONFIRMATION

Please contact our Director of Religious Education at dre@ololcc.net for more information.
Adult Confirmation classes for individuals who have already received both the Sacraments of Baptism and Holy Communion are available each spring after Easter. Please contact Tatyana Rasmussen at the rectory office to register.

RITE OF CHRISTIAN INITIATION (RCIA)

RCIA classes are available for adults in need of the Sacraments of Baptism, Holy Communion, and Confirmation. Classes begin each fall and Sacraments are received at the Easter Vigil Mass on Holy Saturday of the following year. Our 2020-21 Program has begun, but there is still time to join! Please contact Tatyana Rasmussen at the rectory office to register.

MARRIAGE

Please contact a priest 6-7 months prior to your intended wedding date to begin Marriage preparation. An overview of the Arlington Diocese's Marriage preparation policies is available on the diocesan website: www.arlingtondiocese.org.

ANOINTING OF THE SICK

Please contact the Rectory Office to arrange.

FUNERALS

Please contact the Rectory Office to arrange.

SPONSORSHIP REQUIREMENTS

For Baptism Godparents & Confirmation Sponsors

1. Must be age 16 or older
2. Must not be the mother or father of the candidate
3. Must have received the Sacraments of Baptism, Holy Communion, and Confirmation
4. If married, must be sacramentally Married in (or with the permission of) the Catholic church
5. Must lead a life in keeping with the Catholic faith

PRAYER CHAIN

Have an urgent need for prayers? Members of Our Lady of Lourdes parish will pray for your intention. Please call Eileen at **703-521-0079** with your request. No names or personal details necessary; your confidentiality is assured.

PRO-LIFE ROSARY

Tuesdays | 7:00 PM | Our Lady of Lourdes

Pray a weekly rosary for the unborn! Join our Pro-Life Committee for a rosary to end abortion on Tuesdays at 7:00 PM at Our Lady of Lourdes.

RELIGIOUS EDUCATION

This year's CCD program combines virtual instruction with in-person classroom sessions. Students in grade 2 (First Communion candidates) and grade 8 (Confirmation candidates) meet for in-person classes every Sunday. Students in all other grades receive virtual lessons via the Spirit of Truth curriculum and meet monthly for in-person events on their grade's designated Saturday. All in-person activities are conducted in the parish hall with COVID-19 mitigation practices observed. CCD registration forms and calendars are available at the rectory office and on the parish website. Please submit forms to the rectory office. For more information, visit the "Education" tab on www.ololcc.net, or contact our Director of Religious Education at dre@ololcc.net.

We Need CCD Teachers: Do you love your faith? Enjoy working with children? Please come help our Religious Education Program! Teachers must submit to a background check, attend a 4-hour Child Protection seminar, and sign an Oath of Fidelity to the Catholic faith. For more information, please contact our Director of Religious Education at dre@ololcc.net.

DOES YOUR CHILD NEED FIRST COMMUNION?

If your child is in second grade or above and has not yet received their First Communion, please contact our Director of Religious Education for assistance with this important Sacrament! Email dre@ololcc.net or call the rectory office at **703-684-9261**.

ADULT EDUCATION SERIES

Our Lady of Lourdes conducts Adult Education courses on spiritual topics throughout the academic year. Open to all, no registration required, coffee and pastries served! Check this space for upcoming courses and dates. For more information, please contact our Director of Religious Education at dre@ololcc.net.

FORMED: "THE CATHOLIC NETFLIX"

Free Catholic Films, Podcasts, Audio Books, & More!

As a parishioner of Our Lady of Lourdes, you have pre-paid access to Formed, an online Catholic media streaming service! Enjoy hundreds of Catholic films, audio books, podcasts, study courses, and more on your computer, tablet, and smartphone. Learn about the lives of priests, popes, and saints; watch Catholic documentaries; enrich your prayer life with meditations; and hear the bible come alive through audio dramas. Go to formed.org/signup and enter zip code "22202" or "Our Lady of Lourdes VA" to start. Your pre-paid subscription has been provided by Our Lady of Lourdes and the Arlington Diocese.

FIRST SUNDAY BREAKFAST: OMELETE TAKE OUT

Nov. 1 | 9:00 AM – 12:00 PM | Our Lady of Lourdes

The Knights of Columbus are bringing back their First Sunday Breakfasts with an Omelet Take Out Station! Omelet orders will be taken near the 23rd Street entrance of Parish Hall from 9:00 AM – 12:00 PM this Sunday, November 1. All omelets are cooked to order; \$5.00 each! We hope to see you there!

ALL SOULS NOVENA OF MASSES

The following Masses will be celebrated for the departed loved ones submitted by Our Lady of Lourdes parishioners:

1. 12:00 PM Monday, November 2
2. 6:45 AM Tuesday, November 3
3. 12:00 PM Wednesday, November 4
4. 6:45 AM Thursday, November 5
5. 12:00 PM Friday, November 6
6. 9:00 AM Saturday, November 7
7. 10:00 AM Sunday, November 8
8. 6:45 AM Monday, November 9
9. 12:00 PM Tuesday, November 10

THANKSGIVING FOOD BASKETS FOR CHRIST HOUSE

Our Lady of Lourdes will be assembling Thanksgiving food baskets for Christ House Food Pantry this November! We will collect basket donations at all Masses on the weekends of November 7/8 and November 14/15. Please help us reach our goal of 50 baskets!

Please include the following items in your Thanksgiving basket:

- | | |
|---|----------------------------|
| 1 bag stuffing (14 oz.) | 1 can cranberry sauce |
| 1 box mashed potatoes | 1 can yams |
| 1 can turkey gravy | 1 can fruit |
| 1 box spaghetti pasta | 1 jar apple sauce (23 oz.) |
| 1 can spaghetti sauce | 1 box cookies |
| 1 container parmesan cheese,
grated (shelf stable) | |

Thank you for helping to feed the hungry this Thanksgiving!

COMMUNION FOR HOMEBOUND PARISHIONERS

Bishop Burbidge has given permission for priests to make visits to the homebound as long as they observe COVID-19 guidelines. If you are a homebound parishioner of Our Lady of Lourdes who would like a priest to bring you Communion or the sacraments of the sick, or if you know of someone who may be interested in a visit, please contact the parish office at **703-684-9261** or olol@ololcc.net.

OUR LADY OF LOURDES POOR BOX

Did you know that we have a poor box located in the back of the church? All donations placed in our poor box are used to assist our less fortunate neighbors with essential expenses such as food, rent, utilities, prescriptions, etc. All recipients are pre-screened by the parish priests. Thank you for your charity!

RECENTLY MOVED?

Please share your new address with the rectory office so you may continue to receive your offertory envelopes and parish mailings! Please call Tatyana at **703-684-9261** or email olol@ololcc.net.

SECOND COLLECTION NEXT WEEKEND

Nov. 7 & 8: Retirement Fund for Religious

Please help our elderly religious! In good times and bad, Catholic sisters, brothers, and religious order priests have dedicated themselves to service and acts of mercy. Those who have lived sacrificial lives now depend on your aid in their retirement. Next weekend, we will collect gifts for the Retirement Fund for Religious, which helps provide medications, nursing care, and other necessities. Thank you for your support!

FAITH DIRECT ONLINE GIVING

Our Lady of Lourdes accepts online donations via Faith Direct! You can donate to all of our parish's first and second collections, as well as set up recurring payments on your own schedule. To sign up, please visit www.faithdirect.net and enter parish code **VA327**. Online giving is quick and secure for you, and the easiest way for our church to receive and process your contributions. Thank you!

STEWARDSHIP REFLECTION

"Blessed are you when they insult you and persecute you and utter every kind of evil against you (falsely) because of me."
(MATTHEW 5:11)

We are all at different points on the path to holiness—on getting to Heaven and becoming a saint. Part of the journey is being mocked and ridiculed by others. When this happens, how do you respond? Do you become silent? Do you react in anger or do you react with love? Fortunately, as one Body of Christ, we are united with the saints already in Heaven. Ask your favorite saint for guidance in defending the Faith.

SPONSOR OF THE WEEK

Caffi Services, Inc.: Plumbing, Heating, HVAC, Remodeling

VOCATIONS

This Sunday, November 1, begins National Vocations Awareness Week! Let us unite in prayer for all those discerning a vocation to imitate the humility of Christ. Do you feel that God is offering you the grace of a vocation to the priesthood, diaconate, or the consecrated life? Call Fr. Michael Isenberg at **703-841-2514** or write to michael.isenberg@arlingtondiocese.org.

PROJECT RACHEL: HELP AFTER ABORTION

Do you know someone who may be carrying the grief, pain, and sorrow of an abortion? Please contact Project Rachel Healing Ministry for a confidential referral to a priest and/or counselor at **1-888-456-4673**, info@helpafterabortion.org, or visit www.helpafterabortion.org.

MOLC CENTER NEEDS VOLUNTEERS & A VAN

The Mother of Light Center (MOLC) is a Catholic organization which helps the poor throughout Northern Virginia by delivering food to those in need. MOLC needs volunteer drivers to deliver food Monday - Saturday from 11:00 AM – 1:00 PM and 1:00 PM – 3:00 PM. MOLC DESPERATELY needs a van, as we regularly transport up to 60 bags of food at a time for deliveries! Please email motheroflightcenter@gmail.com for more information.

ASSISTANCE FOR VICTIMS OF SEXUAL ABUSE

The Catholic Diocese of Arlington provides assistance to anyone sexually abused as a minor by a priest, deacon, teacher, employee, or representative of the Arlington Diocese. Parents, guardians, children, and survivors of sexual abuse are encouraged to contact the diocesan Victim Assistance Coordinator to receive support, consultation, and referrals. Our diocese is committed to assisting victims/survivors throughout the healing process. For more information, please call 703-841-2530 or visit www.arlingtondiocese.org/Child-Protection.

CATHOLIC VOTERS GUIDE

Wednesday, November 3, is Election Day! The Arlington Diocese has made available the Virginia Catholic Conference's side-by-side comparison of the positions of the two candidates in this year's Presidential Election at: www.arlingtondiocese.org/2020-presidential-election-resources

DIOCESAN COVID-19 RESOURCES PAGE

The Arlington Diocese has a Covid-19 resource page with links to livestreamed and recorded Masses, prayers, daily readings, and more! Please visit: www.arlingtondiocese.org/covid19resources.

BISHOP TO HOST PRAISE & WORSHIP HOLY HOUR

Nov. 10 | 7:30 PM – 8:30 PM | St. Leo the Great, Fairfax

Join us for prayer, praise, and worship from 7:30 PM - 8:30 PM on the second Tuesday of each month at St. Leo the Great Catholic Church (3700 Old Lee Hwy, Fairfax, VA 22030). Our Holy Hour on Tuesday, November 10, will be led by Deacon Marques Silva and feature musician Sara Prince. Confessions available. To learn more, email info@helpafterabortion.org. Join us virtually at www.arlingtondiocese.org/healingandconversion.

LATIN MASSES AT ST. RITA IN ALEXANDRIA

Latin Masses are celebrated at St. Rita Parish (3815 Russell Road, Alexandria, VA 22305) every Tuesday and Thursday at 7:30 PM. Parishioners of Our Lady of Lourdes are most welcome to participate in these nearby Latin Masses!

ADORERS NEEDED AT ST. AGNES

Can you make a once-per-month commitment to adore the Blessed Sacrament for an hour? Adoration is being held at the St. Agnes Adoration Chapel from 1:00 PM – 9:00 PM daily, with a goal to restore perpetual Adoration as soon as enough adorers are available. Please visit www.saintagnes.org/adorationchapel to sign up. St. Agnes is located at 1910 North Randolph Street, Arlington, VA, 22207.

PRAYER WARRIORS FOR OPIOID CRISIS RESPONSE

Catholic Charities needs Prayer Warriors to pray for those struggling with the effects of addiction to opioids and addictive substances. You can pray anytime, anywhere for so many who are struggling. To become a Prayer Warrior and to receive our monthly newsletter containing encouraging advice, helpful resources and prayer requests, please visit: www.cdda.net/need-help/prayer-warriors

NOVEMBER 1, 2020

All Saints Day

WEEKLY MASS INTENTIONS

SATURDAY OCTOBER 31

9:00 AM Maritza Roedan + by Monika Burgios
5:30 PM (Vigil) Rito G. & Angelita S. Baylon (L/D)
by Hubert Baylon

SUNDAY NOVEMBER 1

All Saints Day

8:00 AM Rev. Msgr. Robert E. Avella by Jasmine Clark
10:00 AM All Parishioners (L/D)
12:00 PM All Deceased Members of the Legion of Mary +
5:00 PM (Spanish) Special Intention

MONDAY NOVEMBER 2

All Souls' Day

6:45 AM All Aborted Babies +
by James & Mary Ellen Tibbs
12:00 PM All Souls Novena Mass

TUESDAY NOVEMBER 3

6:45 AM All Souls Novena Mass
12:00 PM Raymond & Reba Diggs by Barbara Benoit

WEDNESDAY NOVEMBER 4

St. Charles Borromeo, Bishop

6:45 AM John Billerbeck by James & Mary Ellen Tibbs
12:00 PM All Souls Novena Mass

THURSDAY NOVEMBER 5

6:45 AM All Souls Novena Mass
12:00 PM Ruth Kramer + by Eve Kramer

FRIDAY NOVEMBER 6

6:45 AM William & Jane Fischetti + by the Fischetti Family
12:00 PM All Souls Novena Mass

PLEASE PRAY FOR

Rev. Msgr. Robert E. Avella, Wilda Berry, Ed Boehme, Rosa Diequez, April Garcia, Ron Harris, & Jose Silva

Names published for one month. Please contact Tatyana at the rectory office to arrange.

SPONSOR ALTAR FLOWERS

Parishioners are welcome to sponsor altar and tabernacle flowers in honor of or in memory of a loved one or to commemorate a special event! Sponsorship is \$50.00 per week. Please contact Tatyana at **703-684-9261** or **olol@ololcc.net** to arrange.

Upcoming Weeks Available: Nov. 8, Nov. 15, Nov. 22, Nov. 29

FIRST FRIDAY ADORATION & HOLY HOUR

This Friday, November 6, and every first Friday of the month, we will have a Holy Hour with Adoration beginning with Exposition of the Blessed Sacrament immediately following the 12:00 PM Mass and concluding with Benediction at 1:30 PM. No sign up required!

NEW PARISH EMAIL

Our new parish email for all general inquiries is **olol@ololcc.net!**

WEEKLY EVENT CALENDAR

SUNDAY

8:45 AM CCD Grade 2 (Parish Hall)
10:45 AM CCD Grade 8 (Parish Hall)
4:15 PM Spanish Confessions (Church)

MONDAY

7:00 PM RCIA (Parish Hall)

TUESDAY

12:30 PM Confessions (Church)
7:00 PM Pro-Life Rosary (Church)

WEDNESDAY

12:30 PM Miraculous Medal Novena (Church)

THURSDAY

12:30 PM Confessions (Church)

FRIDAY

12:30 PM Exposition of the Blessed Sacrament (Church)
1:30 PM Benediction of the Blessed Sacrament (Church)

SATURDAY

1:00 PM CCD Grade 3 & 4 (Parish Hall)
4:00 PM Confessions (Church)

SUNDAY

8:45 AM CCD Grade 2 (Parish Hall)
10:45 AM CCD Grade 8 (Parish Hall)
4:15 PM Spanish Confessions (Church)

NOVEMBER 1

CCD Grade 2 (Parish Hall)
CCD Grade 8 (Parish Hall)
Spanish Confessions (Church)

NOVEMBER 2

RCIA (Parish Hall)

NOVEMBER 3

Confessions (Church)
Pro-Life Rosary (Church)

NOVEMBER 4

Miraculous Medal Novena (Church)

NOVEMBER 5

Confessions (Church)

NOVEMBER 6

Exposition of the Blessed Sacrament (Church)
Benediction of the Blessed Sacrament (Church)

NOVEMBER 7

CCD Grade 3 & 4 (Parish Hall)
Confessions (Church)

NOVEMBER 8

CCD Grade 2 (Parish Hall)
CCD Grade 8 (Parish Hall)
Spanish Confessions (Church)

COVID-19 NEWS: PUBLIC MASSES RESUMED

Please take the following precautions while in church:

- ◆ Face masks must be worn inside the church
- ◆ A social distance of 6 feet must be maintained at all times, including while seated in pews and while in line for Communion
- ◆ Receiving Communion via the hands is recommended
- ◆ Confessions must be heard behind the screen

Bishop Burbidge has granted a dispensation from the Sunday Mass obligation to all Catholics in the Arlington Diocese. This dispensation continues through our reopening and is extended until further notice.

Bishop Burbidge respectfully suggests that the following individuals continue to stay home on Sundays:

- ◆ those above the age of 65
- ◆ those with an increased risk due to health conditions
- ◆ anyone experiencing flu-like symptoms or who may have been exposed to COVID-19

While unable to attend Mass, observing the Sabbath with prayer or another devotion, such as a holy hour or rosary, demonstrates good will and sincerity. A prayer of Spiritual Communion follows:

My Jesus,

I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.

For detailed health and safety recommendations, please see the Arlington Diocese website for an Arlington COVID Response Guide for the Lay Faithful: **www.arlingtondiocese.org**.